

~*~* MEN RESULTS *~*~

1 # 100 m

M.R.:PIYUSH KUMAR DELHI 10.35

N.R.:ANIL KUMAR P. NEW DELHI 10.30 24.08.05

RESULTS OF FINALS

1	299	B.G.NAGRAJ .	JHARKHAND	+0.1 m/s	10.70 Sec
2	337	JAMALLUDIN .	KARNATKA		10.81 Sec
3	311	RITESH ANAND .	JHARKHAND		10.87 Sec
4	442	KRISHANA KUMAR RANE	MAHARASTRA		10.88 Sec
5	320	AJAY KUMAR NAIK	JHARKHAND		10.90 Sec
6	349	VILAS NELGUND .	KARNATKA		10.91 Sec
	15	K.B.SIVADEVAN .	A.S.C.B.		DNS

RESULTS OF SEMIS Heat 1

1	349	VILAS NELGUND .	KARNATKA		10.91 Sec
2	442	KRISHANA KUMAR RANE	MAHARASTRA		10.93 Sec
3	15	K.B.SIVADEVAN .	A.S.C.B.		11.17 Sec
4	86	AMIT SHARMA .	BIHAR		11.19 Sec
5	588	HARI OM SHARMA .	UTTAR PRADESH		11.20 Sec
6	128	MOHIT PRIYANK DHAMMI	CHANDIGARH		11.20 Sec
7	70	MD ABDUL NAJEEB QURESHI	ANDHRA PRADESH		13.54 Sec
	541	N.SELVAN .	TAMIL NADU		DNS

RESULTS OF SEMIS Heat 2

1	337	JAMALLUDIN .	KARNATKA		10.79 Sec
2	299	B.G.NAGRAJ .	JHARKHAND		10.82 Sec
3	311	RITESH ANAND .	JHARKHAND		10.89 Sec
4	71	B.PRASANNA RAMCHANDER	ANDHRA PRADESH		10.96 Sec
5	320	AJAY KUMAR NAIK	JHARKHAND		10.97 Sec
6	30	SAMEER MON .	A.S.C.B.		11.05 Sec
7	40	SRINIVASAN R. .	A.S.C.B.		11.35 Sec
8	466	RANJIT SINGH .	P.S.E.B.PATIALA		11.35 Sec

RESULTS OF PRELIMS Heat 1

1	349	VILAS NELGUND .	KARNATKA		11.04 Sec
2	70	MD ABDUL NAJEEB QURESHI	ANDHRA PRADESH		11.08 Sec
3	442	KRISHANA KUMAR RANE	MAHARASTRA		11.11 Sec
4	320	AJAY KUMAR NAIK	JHARKHAND		11.15 Sec
5	541	N.SELVAN .	TAMIL NADU		11.24 Sec
6	102	RAJEEV KUMAR SINGH	BIHAR		11.50 Sec

	460	SANDEEP SARKARIA	ONGC	DNF
RESULTS OF PRELIMS Heat 2				
1	337	JAMALLUDIN .	KARNATKA	10.88 Sec
2	30	SAMEER MON .	A.S.C.B.	11.02 Sec
3	311	RITESH ANAND .	JHARKHAND	11.09 Sec
4	86	AMIT SHARMA .	BIHAR	11.35 Sec
5	628	RAKESH KUMAR .	UTTARA KHAND	11.51 Sec
6	606	HARI NARAYAN BHIST	UTTAR PRADESH	11.61 Sec
7	186	MANOJ .	GUJRAT	13.14 Sec
RESULTS OF PRELIMS Heat 3				
1	299	B.G.NAGRAJ .	JHARKHAND	11.26 Sec
2	71	B.PRASANNA RAMCHANDER	ANDHRA PRADESH	11.37 Sec
3	40	SRINIVASAN R. .	A.S.C.B.	11.44 Sec
4	618	SUMIT KUMAR SRIVASATVA	UTTAR PRADESH	11.90 Sec
5	123	V.SRINIVASA RAO .	BSNL	12.36 Sec
6	240	RAVINDER .	HARYANA	12.52 Sec
7	251	S.SATHYA .	INDIAN BANK	13.82 Sec
RESULTS OF PRELIMS Heat 4				
1	128	MOHIT PRIYANK DHAMMI	CHANDIGARH	11.26 Sec
2	588	HARI OM SHARMA .	UTTAR PRADESH	11.28 Sec
3	15	K.B.SIVADEVAN .	A.S.C.B.	11.28 Sec
4	466	RANJIT SINGH .	P.S.E.B.PATIALA	11.49 Sec
5	409	T.GOGI .	MADHYA PRADESH	11.74 Sec
6	217	ANIL KUMAR .	HARYANA	11.93 Sec
7	219	GURPREET SINGH .	HARYANA	16.97 Sec

2 # 200 m

M.R.:ANAND MENEZES AP 20.79

N.R.:ANIL KUMAR P. BANGLORE 20.73 17/07/00

RESULTS OF FINALS

1	544	P.MUTHU SAMY .	TAMIL NADU	+1.2 m/s	21.79 Sec
2	311	RITESH ANAND .	JHARKHAND		21.82 Sec
3	349	VILAS NELGUND .	KARNATKA		22.05 Sec
4	71	B.PRASANNA RAMCHANDER	ANDHRA PRADESH		22.10 Sec
5	164	RAJESH KUMAR .	DELHI		22.31 Sec
6	86	AMIT SHARMA .	BIHAR		22.71 Sec
7	395	AMISH POTHEN .	MADHYA PRADESH		22.89 Sec
8	423	DEEPAK BASARKAR .	MAHARASTRA		22.90 Sec

RESULTS OF SEMIS Heat 1

1	544	P.MUTHU SAMY .	TAMIL NADU		22.05 Sec
2	71	B.PRASANNA RAMCHANDER	ANDHRA PRADESH		22.61 Sec
3	86	AMIT SHARMA .	BIHAR		22.83 Sec
4	423	DEEPAK BASARKAR .	MAHARASTRA		22.84 Sec

5	395	AMISH POTHEN .	MADHYA PRADESH	23.10 Sec
6	340	NIRANJAN MC .	KARNATKA	23.46 Sec
7	95	MD FAIYAZ AHMED .	BIHAR	24.58 Sec
	194	RASHMI KANT .	GUJRAT	DNF

RESULTS OF SEMIS Heat 2

1	311	RITESH ANAND .	JHARKHAND	22.31 Sec
2	349	VILAS NELGUND .	KARNATKA	22.42 Sec
3	164	RAJESH KUMAR .	DELHI	22.59 Sec
4	625	KAL CHAND .	UTTARA KHAND	23.52 Sec
	133	PERMESHWARRM BHAGAT	CHATTIS GARH	DNS
	128	MOHIT PRIYANK DHAMMI	CHANDIGARH	DNS

RESULTS OF PRELIMS Heat 1

1	103	AJAY KUMAR .	BSF	22.03 Sec
2	349	VILAS NELGUND .	KARNATKA	22.40 Sec
3	311	RITESH ANAND .	JHARKHAND	22.50 Sec
4	164	RAJESH KUMAR .	DELHI	22.59 Sec
5	128	MOHIT PRIYANK DHAMMI	CHANDIGARH	22.99 Sec

RESULTS OF PRELIMS Heat 2

1	71	B.PRASANNA RAMCHANDER	ANDHRA PRADESH	23.00 Sec
2	340	NIRANJAN MC .	KARNATKA	23.68 Sec
3	194	RASHMI KANT .	GUJRAT	24.51 Sec
4	95	MD FAIYAZ AHMED .	BIHAR	24.70 Sec
5	673	SHABIR KUMAR .	JAMMU & KASHMIR	25.37 Sec
	582	AMREEK RANA .	UTTAR PRADESH	DN Sec

RESULTS OF PRELIMS Heat 3

1	544	P.MUTHU SAMY .	TAMIL NADU	22.62 Sec
2	423	DEEPAK BASARKAR .	MAHARASTRA	23.02 Sec
3	86	AMIT SHARMA .	BIHAR	23.25 Sec
4	395	AMISH POTHEN .	MADHYA PRADESH	23.53 Sec
5	186	MANOJ .	GUJRAT	26.81 Sec
	299	B.G.NAGRAJ .	JHARKHAND	DNS

RESULTS OF PRELIMS Heat 4

1	625	KAL CHAND .	UTTARA KHAND	23.81 Sec
2	133	PERMESHWARRM BHAGAT	CHATTIS GARH	24.51 Sec
	308	MANJU NATH GODI .	JHARKHAND	DNS

3 # 400 m

M.R.:P.RAMA CHANDRAN TN 45.66

N.R.:K.M. BINU ATHENS 45.48 20/08/04

RESULTS OF FINALS

RESULTS OF FINALS

1	611	VIRENDER KUMAR PANKAJ	UTTAR PRADESH	47.10 Sec
2	456	P.SHANKAR .	ONGC	47.40 Sec

3	693	V.B.BINEESH .	KERLA	47.52 Sec
4	605	VINAY CHAUHARY .	UTTAR PRADESH	47.78 Sec
5	243	SUNIL KUMAR .	HARYANA	47.91 Sec
6	582	AMREEK RANA .	UTTAR PRADESH	47.99 Sec
7	515	GURVENDER PAL SINGH	RAJASTHAN	48.12 Sec
8	124	VIKAS PUTHRAN .	BSNL	48.55 Sec
RESULTS OF SEMIS Heat 1				
1	611	VIRENDER KUMAR PANKAJ	UTTAR PRADESH	48.14 Sec
2	693	V.B.BINEESH .	KERLA	48.29 Sec
3	605	VINAY CHAUHARY .	UTTAR PRADESH	48.39 Sec
4	582	AMREEK RANA .	UTTAR PRADESH	48.42 Sec
5	120	SUNIL JOSEPH .	BSNL	49.41 Sec
6	3	ARUN RAJ .	A.S.C.B.	49.54 Sec
7	114	A.SHABEER .	BSNL	51.73 Sec
	193	RAJESH KUMAR .	GUJRAT	DNF
RESULTS OF SEMIS Heat 2				
1	456	P.SHANKAR .	ONGC	48.07 Sec
2	243	SUNIL KUMAR .	HARYANA	48.18 Sec
3	515	GURVENDER PAL SINGH	RAJASTHAN	48.38 Sec
4	124	VIKAS PUTHRAN .	BSNL	48.63 Sec
5	33	SARISH PAUL .	A.S.C.B.	49.05 Sec
6	2	ABUBAKAR .	A.S.C.B.	49.16 Sec
7	536	M.P.PARTHIBAN .	TAMIL NADU	50.09 Sec
8	479	AZADBIR SINGH .	PUNJAB	50.25 Sec
RESULTS OF PRELIMS Heat 1				
1	693	V.B.BINEESH .	KERLA	48.41 Sec
2	515	GURVENDER PAL SINGH	RAJASTHAN	48.78 Sec
3	124	VIKAS PUTHRAN .	BSNL	49.15 Sec
4	120	SUNIL JOSEPH .	BSNL	49.71 Sec
5	33	SARISH PAUL .	A.S.C.B.	50.28 Sec
6	269	T.G.AJESH .	INDIAN NAVY	51.08 Sec
7	198	SURENDER SINGH .	GUJRAT	52.90 Sec
RESULTS OF PRELIMS Heat 2				
1	456	P.SHANKAR .	ONGC	48.98 Sec
2	582	AMREEK RANA .	UTTAR PRADESH	49.11 Sec
3	193	RAJESH KUMAR .	GUJRAT	49.85 Sec
4	266	S.RAJAN .	INDIAN NAVY	52.12 Sec
	340	NIRANJAN MC .	KARNATKA	DNF
	660	RAJ KUMAR YADAV .	AIR FORCE	DNF
	309	MD HUSSAIN ASIF .	JHARKHAND	DNS
RESULTS OF PRELIMS Heat 3				
1	611	VIRENDER KUMAR PANKAJ	UTTAR PRADESH	49.50 Sec
2	3	ARUN RAJ .	A.S.C.B.	50.10 Sec

3	533	GNANASEKARAN .	TAMIL NADU	51.50 Sec
4	305	KHILESHWAR SAHU .	JHARKHAND	51.61 Sec
5	225	KANHA RAM .	HARYANA	51.87 Sec
6	181	ASHOK KUMAR .	GUJRAT	52.55 Sec
7	674	ANIL LODHI .	JAMMU & KASHMIR	54.32 Sec
	423	DEEPAK BASARKAR .	MAHARASTRA	DNF

RESULTS OF PRELIMS Heat 4

1	243	SUNIL KUMAR .	HARYANA	48.81 Sec
2	2	ABUBAKAR .	A.S.C.B.	48.85 Sec
3	536	M.P.PARTHIBAN .	TAMIL NADU	50.54 Sec
4	407	SHAZI V.K. .	MADHYA PRADESH	51.06 Sec
5	295	ANIL KUJUR .	JHARKHAND	52.12 Sec
6	132	GAJENDER SINGH .	CHATTIS GARH	52.74 Sec
7	96	RAGVENDRA KUMAR .	BIHAR	1:00.11 Sec

RESULTS OF PRELIMS Heat 5

1	605	VINAY CHAUHARY .	UTTAR PRADESH	50.08 Sec
2	479	AZADBIR SINGH .	PUNJAB	50.68 Sec
3	114	A.SHABEER .	BSNL	50.96 Sec
4	652	R K GEORGE .	AIR FORCE	51.08 Sec
5	455	KARAN DUTTA .	ONGC	53.13 Sec
	501	KULDEV SINGH .	PUNJAB POLICE	DNF
	133	PERMESHWARRM BHAGAT	CHATTIS GARH	DNS

4 # 800 m

M.R.:GHAMNDA RAM ARMY 1:47.74

N.R.:SRIRAM SINGH MONTREAL 1:45.77 27/07/76

RESULTS OF FINALS

1	687	RAMESHAN RAJEEV .	KERLA	1:54.15 Sec
2	686	SAJEESH JOSEPH .	KERLA	1:54.18 Sec
3	11	GHANNDIA RAM .	A.S.C.B.	1:54.78 Sec
4	48	FRANSIS SAGHAYA RAI	A.S.C.B.	1:54.92 Sec
5	166	S.PRAKASH VERMA .	DELHI	1:55.17 Sec
6	484	SATNAM SINGH .	PUNJAB	1:56.81 Sec
7	222	JASKARAN .	HARYANA	1:57.99 Sec
8	180	ARVIND RANA .	GUJRAT	1:59.68 Sec

RESULTS OF PRELIMS Heat 2

1	686	SAJEESH JOSEPH .	KERLA	1:53.70 Sec
2	484	SATNAM SINGH .	PUNJAB	1:54.68 Sec
3	180	ARVIND RANA .	GUJRAT	1:56.08 Sec
4	604	VIKAS SINGH .	UTTAR PRADESH	1:56.78 Sec
5	551	T.KARU PANNAN .	TAMIL NADU	1:57.49 Sec
6	316	VIKASH KUMAR SINGH	JHARKHAND	2:04.51 Sec
7	629	RAMAN JHA .	UTTARA KHAND	2:06.55 Sec

8	221	JASBIR SINGH .	P.S.E.B.PATIALA	2:08.69 Sec
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RESULTS OF PRELIMS Heat 3

1	687	RAMESHAN RAJEEV .	KERLA	1:56.70 Sec
2	11	GHANNDAM RAM .	A.S.C.B.	1:56.82 Sec
3	143	NIRVAIR SINGH .	CRPF	1:56.92 Sec
4	119	ROHIT .	BSNL	1:57.34 Sec
5	420	BABU LAL YADAV .	MAHARASTRA	2:01.57 Sec
6	343	ROHIT V. .	KARNATKA	2:04.84 Sec
7	185	GURJEET SINGH .	GUJRAT	2:06.15 Sec
8	313	SANDEEP KUMAR .	JHARKHAND	2:06.92 Sec

RESULTS OF PRELIMS Heat 4

1	48	FRANSIS SAGHAYA RAI	A.S.C.B.	1:55.23 Sec
2	166	S.PRAKASH VERMA .	DELHI	1:55.26 Sec
3	222	JASKARAN .	HARYANA	1:55.82 Sec
4	487	VISHWAJIT SINGH .	PUNJAB	1:56.17 Sec
5	539	N.PRABA KARAN .	TAMIL NADU	1:59.26 Sec
6	93	KULDEEP KUMAR .	BIHAR	1:59.82 Sec
7	675	AMRISH SHARMA .	JAMMU & KASHMIR	2:01.93 Sec
8	132	GAJENDER SINGH .	CHATTIS GARH	2:05.42 Sec

5 # 1500 m

M.R.:C.HAMZA . ARMY 3:41.12

N.R.:BAHADUR PRASAD CHENNAI 3:38.00 23/12/95

1	165	RAVINDER .	DELHI	3:52.01 Sec
2	8	C.HAMZA. .	A.S.C.B.	3:52.38 Sec
3	458	PRITAM BIND .	ONGC	3:52.66 Sec
4	31	SANDEEP KUMAR .	A.S.C.B.	3:53.30 Sec
5	200	NARESH YADAV .	GUJRAT	3:54.87 Sec
6	27	RAJAN K.K.. .	A.S.C.B.	3:57.70 Sec
7	343	ROHIT V. .	KARNATKA	3:59.83 Sec
8	384	SHEYMON JOSEPH .	KERLA	4:04.70 Sec
9	300	DHEERAJ SONI .	JHARKHAND	4:05.80 Sec
10	432	NEMI CHAND .	MAHARASTRA	4:10.18 Sec
11	662	VIKAS REDHU .	AIR FORCE	4:36.92 Sec
11	224	KAILASH KUMAR .	HARYANA	4:36.92 Sec
13	88	CHANDRA BHUSHAN .	BIHAR	4:56.30 Sec

6 # 5000 m

M.R.:SURENDER AINGH ARMY :13:51.64

N.R.:BAHADUR PRASAD BIRMINGHAM :13:29.70 25/06/92

1	44	SURENDER SINGH .	A.S.C.B.	14:16.18 Sec
2	406	SANDEEP BATHAM .	MADHYA PRADESH	14:23.79 Sec
3	314	SANTOSH PATEL .	JHARKHAND	14:24.74 Sec

4	386	SOJI MATHEW .	KERLA	14:33.01 Sec
5	22	NARESH KUMAR .	A.S.C.B.	14:44.29 Sec
6	612	AJAI KUMAR PATEL	UTTAR PRADESH	14:51.12 Sec
7	20	MD YUNUS .	A.S.C.B.	14:53.88 Sec
8	426	GURSEVAK SINGH .	MAHARASTRA	14:57.45 Sec
9	632	RAVINDER RAUTELLA	UTTARA KHAND	15:06.85 Sec
10	338	MANJUNATH M.D. .	KARNATKA	15:15.46 Sec
11	461	ARVIND KUMAR YADAV	ONGC	15:26.30 Sec
12	410	VIJAY NATH .	MADHYA PRADESH	15:43.19 Sec
13	118	RAKESH NISHAD .	BSNL	17:03.35 Sec
14	235	RAKESH KUMAR .	P.S.E.B.PATIALA	17:21.61 Sec
15	90	JAWAHAR KUMAR .	BIHAR	17:25.75 Sec
16	397	DURGA SHANKAR .	MADHYA PRADESH	17:26.99 Sec

7 # 10000 m

M.R.:SURENDER SINGH ARMY :28:57.90

N.R.:HARI CHAND MONTREAL :28:48.72 23/07/76

1	44	SURENDER SINGH .	A.S.C.B.	29:52.69 Sec
2	314	SANTOSH PATEL .	JHARKHAND	30:10.91 Sec
3	386	SOJI MATHEW .	KERLA	30:29.42 Sec
4	21	MUKESH KUMAR .	A.S.C.B.	30:30.63 Sec
5	192	PARAS KUMAR .	GUJRAT	31:09.42 Sec
6	431	NEERAJ PAL .	MAHARASTRA	31:14.28 Sec
7	612	AJAI KUMAR PATEL	UTTAR PRADESH	31:21.12 Sec
8	39	SITA RAM .	A.S.C.B.	31:31.06 Sec
9	430	KHETA RAM .	MAHARASTRA	31:57.41 Sec
10	394	AJAY VEER SINGH .	MADHYA PRADESH	32:16.99 Sec
11	627	PREM SINGH .	UTTARA KHAND	34:26.41 Sec
12	89	DILIP KUMAR .	BIHAR	36:36.63 Sec
13	679	NIRMAL MAHTO .	WEST BANGAL	36:38.97 Sec
14	90	JAWAHAR KUMAR .	BIHAR	38:16.16 Sec
15	513	SATISH KUMAR GURJAR	RAJASTHAN	38:16.80 Sec

8 # 3000m Steeplechase

M.R.:A m DeSOUZA AP 8:51.77

N.R.:GOPAL SAINI TOKYO 8:30.88 5/6/1981

1	24	OM PRAKASH .	A.S.C.B.	8:53.54 Sec
1	24	OM PRAKASH .	A.S.C.B.	8:53.54 Sec
2	66	ARUN DE SOUZA .	ANDHRA PRADESH	9:00.91 Sec
2	66	ARUN DE SOUZA .	ANDHRA PRADESH	9:00.91 Sec
3	10	ELAM SING .	A.S.C.B.	9:01.12 Sec
3	10	ELAM SING .	A.S.C.B.	9:01.12 Sec
4	344	SANTHOSH B.N. .	KARNATKA	9:28.82 Sec

4	344	SANTHOSH B.N. .	KARNATKA	9:28.82 Sec
5	197	SATISH KUMAR .	GUJRAT	9:42.38 Sec
5	197	SATISH KUMAR .	GUJRAT	9:42.38 Sec
6	424	DEV DAN SINGH .	MAHARASTRA	9:43.99 Sec
6	424	DEV DAN SINGH .	MAHARASTRA	9:43.99 Sec
7	439	TEJ BALI YADAV .	MAHARASTRA	9:46.95 Sec
7	439	TEJ BALI YADAV .	MAHARASTRA	9:46.95 Sec
8	168	VIENDER .	DELHI	9:51.69 Sec
8	168	VIENDER .	DELHI	9:51.69 Sec
9	258	D.KUMAR .	INDIAN NAVY	9:54.94 Sec

9 # 110m Hurdles

M.R.:NAUNIDH SINGH BSF 14.21

N.R.:NAUNIDH SINGH HYDRABAD 14.05 10.11.05

RESULTS OF FINALS

1	17	KRISHNA MOHAN .	A.S.C.B.	+1.3 m/s	14.27 Sec
2	544	P.MUTHU SAMY .	TAMIL NADU		14.37 Sec
3	67	D.PRASAD .	ANDHRA PRADESH		14.70 Sec
4	308	MANJU NATH GODI .	JHARKHAND		14.85 Sec
5	494	AMANDEEP SINGH .	PUNJAB POLICE		15.07 Sec
6	550	T.BALAMURUGAN .	TAMIL NADU		15.28 Sec
7	312	ROHIT HAWAL .	JHARKHAND		16.53 Sec
	528	A.KARUPPUSAMY .	TAMIL NADU		DNF

RESULTS OF PRELIMS Heat 1

1	17	KRISHNA MOHAN .	A.S.C.B.	14.50 Sec
2	544	P.MUTHU SAMY .	TAMIL NADU	14.67 Sec
3	550	T.BALAMURUGAN .	TAMIL NADU	15.24 Sec
4	308	MANJU NATH GODI .	JHARKHAND	15.26 Sec
5	503	SARABJIT SINGH .	PUNJAB POLICE	15.53 Sec
6	335	AMITH YADAV .	KARNATKA	15.67 Sec

RESULTS OF PRELIMS Heat 2

1	67	D.PRASAD .	ANDHRA PRADESH	14.79 Sec
2	528	A.KARUPPUSAMY .	TAMIL NADU	14.95 Sec
3	312	ROHIT HAWAL .	JHARKHAND	15.01 Sec
4	494	AMANDEEP SINGH .	PUNJAB POLICE	15.02 Sec
5	1	A JOSHI .	A.S.C.B.	15.76 Sec
6	453	GURINDER SINGH .	ONGC	15.87 Sec
7	256	B.NIMESH .	INDIAN NAVY	15.98 Sec
	617	RAGHVENDER SINGH	UTTAR PRADESH	DNF

10 # 400m Hurdles

M.R.:JOSEPH ABRAHAM CRPF 50.04

N.R.:JOSEPH G.ABRAHAM OSAKA 49.51 AUG.-2007

RESULTS OF FINALS

1	501	KULDEV SINGH .	PUNJAB POLICE	50.48 Sec
2	457	P.SHANKER .	ONGC	51.01 Sec
3	502	RANJODH SINGH .	PUNJAB POLICE	52.54 Sec
4	377	JOMON P.P. .	KERLA	53.13 Sec
5	14	JITENDER SINGH .	A.S.C.B.	53.44 Sec
6	550	T.BALAMURUGAN .	TAMIL NADU	53.54 Sec
7	370	AVIN A THOMAS .	KERLA	55.25 Sec

RESULTS OF PRELIMS Heat 1

1	550	T.BALAMURUGAN .	TAMIL NADU	54.05 Sec
2	370	AVIN A THOMAS .	KERLA	55.21 Sec
3	108	BHAGI RATH YADAV	BSF	56.20 Sec
4	6	BHAGBIR SINGH .	A.S.C.B.	56.81 Sec
5	256	B.NIMESH .	INDIAN NAVY	58.56 Sec

RESULTS OF PRELIMS Heat 2

1	502	RANJODH SINGH .	PUNJAB POLICE	53.89 Sec
2	14	JITENDER SINGH .	A.S.C.B.	53.95 Sec
3	377	JOMON P.P. .	KERLA	53.96 Sec
4	444	SHUBHAM SURYAVANSHI	MAHARASTRA	56.98 Sec
5	45	VIJOY N J .	A.S.C.B.	57.64 Sec
	647	R K YADAV .	AIR FORCE	DNF

RESULTS OF PRELIMS Heat 3

1	501	KULDEV SINGH .	PUNJAB POLICE	50.73 Sec
2	457	P.SHANKER .	ONGC	53.99 Sec
3	260	K.T.TONY .	INDIAN NAVY	59.46 Sec
	646	VIKRAM .	AIR FORCE	DNF

RESULTS OF PRELIMS

1	501	KULDEV SINGH .	PUNJAB POLICE	50.73 Sec
2	502	RANJODH SINGH .	PUNJAB POLICE	53.89 Sec
3	14	JITENDER SINGH .	A.S.C.B.	53.95 Sec
4	377	JOMON P.P. .	KERLA	53.96 Sec
5	457	P.SHANKER .	ONGC	53.99 Sec
6	550	T.BALAMURUGAN .	TAMIL NADU	54.05 Sec
7	370	AVIN A THOMAS .	KERLA	55.21 Sec
8	108	BHAGI RATH YADAV	BSF	56.20 Sec
9	6	BHAGBIR SINGH .	A.S.C.B.	56.81 Sec
10	444	SHUBHAM SURYAVANSHI	MAHARASTRA	56.98 Sec
11	45	VIJOY N J .	A.S.C.B.	57.64 Sec
12	256	B.NIMESH .	INDIAN NAVY	58.56 Sec
13	260	K.T.TONY .	INDIAN NAVY	59.46 Sec
	646	VIKRAM .	AIR FORCE	DNF
	647	R K YADAV .	AIR FORCE	DNF

11 # High Jump**M.R.:HARI SHANKER ROY WB 2.21****N.R.:HARI SHANKER ROY SINGAPORE 2.25 28.09.04**

1	321	HARI SHANKER ROY	JHARKHAND	2.15 M
2	530	BEATICSTARLEY .	TAMIL NADU	2.11 M
3	534	L.YOGARAJ .	TAMIL NADU	2.08 M
4	531	ELANGUMARAN .	TAMIL NADU	2.08 M
5	261	M.LORANS .	INDIAN NAVY	2.05 M
6	383	SHANKAR P. .	KERLA	2.00 M
7	378	MANOJ T THOMAS .	KERLA	2.00 M
8	435	RUPENDER SINGH .	MAHARASTRA	1.95 M
8	428	JITHIN C.THOMAS .	MAHARASTRA	1.95 M
8	234	RAJESH KUMAR .	HARYANA	1.95 M
11	672	PAWAN PRAKASH .	DELHI	1.95 M

12 # Pole Vault**M.R.:GAJANAN UPADHYA UP 5.00****N.R.:VIJAY PAL SINGH TRIVENDRAM 5.10 27/12/87**

1	324	GAJANAN UPADHHAY	JHARKHAND	4.90 M
2	371	BIMIN K.P. .	KERLA	4.80 M
3	107	SUNDER SINGH .	BSF	4.60 M
4	504	SATPAL SINGH .	PUNJAB POLICE	4.50 M
5	388	VIJA VARGHESE .	KERLA	4.50 M
6	23	NAVEEN KUMAR .	A.S.C.B.	4.40 M
7	238	RAMPAL SINGH .	HARYANA	4.40 M

13 # Long Jump**M.R.:AMRIT PAL SINGH PUN 8.08****N.R.:AMRIT PAL SINGH DELHI 8.08 16/03/04**

1	481	MAHA SINGH .	PUNJAB	-0.8 m/s	7.57 M
2	616	PUSHPENDER SINGH	UTTAR PRADESH	-0.7 m/s	7.44 M
3	496	AMRIT PAL SINGH .	PUNJAB POLICE	-0.6 m/s	7.42 M
4	488	SHAMSHER PRATAP SINGH	PUNJAB	-0.7 m/s	7.39 M
5	615	SANJAY KUMAR RAI	UTTAR PRADESH	-0.2m/s	7.35 M
6	552	V.ASHOK KUMAR .	TAMIL NADU	-0.1 m/s	7.27 M
7	653	HARI KRISHANA .	AIR FORCE	-0.3 m/s	7.11 M
8	586	GAJENDER SINGH .	UTTAR PRADESH	-0.2 m/s	6.95 M
9	252	WAYNE PEPPIN .	INDIAN BANK	-0.7 m/s	6.91 M
10	442	KRISHANA KUMAR RANE	MAHARASTRA	-0.2 m/s	6.90 M
11	145	RAJEEV KUMAR .	CRPF	-0.1 m/s	6.71 M
12	480	GURJANT SINGH .	PUNJAB	-0.0 m/s	6.68 M
13	665	SHIV SINGH YADAV	AIR FORCE	-0.1 m/s	6.60 M
13	643	NIKHIL ROY .	WEST BANGAL	-0.8 m/s	6.60 M

15	239	RANJIT SINGH .	P.S.E.B.PATIALA	-0.3 m/s	6.52 M
16	259	G.CLEMENT .	INDIAN NAVY	-0.5 m/s	6.33 M
17	177	AMIT KUMAR .	GUJRAT	-0.2 m/s	6.01 M

14 # Triple Jump

M.R.:RENJITH MAHESHWARY KER 16.72

N.R.:RENJITH MAHESHWARY GUWAHATI 17.04 2007

1	294	AMAR JEET SINGH .	JHARKHAND	+0.2 m/s	16.19 M
2	255	B.MATHEW .	INDIAN NAVY	+0.1 m/s	15.74 M
3	482	MALKIAT SINGH .	PUNJAB	+1.1 m/s	15.53 M
4	598	SAURABH SINGH .	UTTAR PRADESH	+0.3 m/s	15.27 M
5	147	SHAIENDER KUMAR	CRPF	+0.0m/s	14.92 M
6	223	JASPAL SINGH .	P.S.E.B.PATIALA	+0.1 m/s	14.72 M
7	586	GAJENDER SINGH .	UTTAR PRADESH	+0.3 m/s	14.61 M
8	387	SUDHEEP M P .	KERLA	+1.0 m/s	14.50 M
9	262	N.MOHANAN .	INDIAN NAVY	+0.5 m/s	14.49 M
10	581	ALPESH SINGH .	UTTAR PRADESH	+0.2 m/s	14.42 M

15 # Discus Throw

M.R.:ANIL KUMAR TELCO 59.55

N.R.:VIKAS GOWDA SALINAS 64.96 17/5/07

1	106	SIMRANJIT SINGH .	BSF	51.00 M
2	505	SUKHBIR SINGH .	PUNJAB POLICE	49.89 M
3	28	RAMBIR SINGH .	A.S.C.B.	49.52 M
4	489	SIMRANJEET SINGH	PUNJAB	48.24 M
5	233	RAHUL .	HARYANA	47.45 M
6	207	GANGANDEEP SINGH	GUJRAT	47.00 M
7	163	PUNIT VIJ .	DELHI	46.80 M
8	156	ANKUSH POONIA .	DELHI	46.76 M
9	510	JAIVEER .	RAJASTHAN	46.65 M
10	695	AMRIT PAL SINGH .	PUNJAB	46.64 M
11	226	KARAN SINGH .	HARYANA	46.41 M
12	191	NAVIN SINGH .	GUJRAT	45.63 M
13	478	AMRINDER SINGH .	PUNJAB	45.56 M
14	495	AMARDIP SINGH .	PUNJAB POLICE	44.02 M
15	144	PRAVEEN SHARMA .	CRPF	43.55 M
16	146	SANDEEP DAGAR .	CRPF	43.38 M
17	179	ANKIT KUMAR .	GUJRAT	37.85 M

16 # Hammer Throw

M.R.:ISTIYAQ AHMED UP 67.41

N.R.:RAKESH KUMAR YADAV BANGLORE 70.16 17/07/03

1	601	SHANAWAJ KHAN .	UTTAR PRADESH	59.64 M
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2	229	MADHU KUMAR .	HARYANA	59.11 M
3	142	JITENDER SINGH .	CRPF	58.22 M
4	47	YOGESH KUMAR .	A.S.C.B.	57.39 M
5	591	JOGINDER .	UTTAR PRADESH	56.74 M
6	506	PUSHPINDER SINGH	PUNJAB POLICE	55.07 M
7	514	SUNIL PUNIA .	RAJASTHAN	54.69 M
8	630	SHIV KUMAR .	UTTARA KHAND	50.71 M
9	467	SAHIB SINGH .	P.S.E.B.PATIALA	50.51 M
10	35	SATYAVIR SINGH .	A.S.C.B.	49.88 M
11	400	HARMESH .	MADHYA PRADESH	46.58 M
12	434	RAKESH B.POONIA .	MAHARASTRA	46.12 M
13	402	JAYESH .	MADHYA PRADESH	42.16 M

17 # Javelin Throw

M.R.:RAMAN DEEP SINGH POL 78.79

N.R.:SATVIR SINGH KOLKATTA 79.68 27/10/98

1	16	KASHI NATH NAIK .	A.S.C.B.	73.02 M
2	341	PURANDAR P.J. .	KARNATKA	70.51 M
3	597	SANDEEP YADAV .	UTTAR PRADESH	69.78 M
4	231	OM NARAIN .	HARYANA	69.52 M
5	159	HANUMAN SINGH. .	DELHI	68.48 M
6	512	SAMERJEET SINGH .	RAJASTHAN	68.29 M
7	202	VIPIN KASANA .	GUJRAT	67.65 M
8	346	SHARATHRAJ R. .	KARNATKA	67.19 M
9	500	JATINDER SINGH .	PUNJAB POLICE	66.56 M
10	497	AVTAR SINGH .	PUNJAB POLICE	64.51 M
11	417	AJEET SINGH .	MAHARASTRA	63.38 M
12	167	SUNIL GOSWAMI .	DELHI	63.25 M
13	613	DINESH KUMAR PATEL	UTTAR PRADESH	63.16 M
14	158	DURGESH .	DELHI	62.34 M
15	483	RAVINDER SINGH .	PUNJAB	60.81 M
16	306	MANISH TYAGI .	JHARKHAND	57.62 M

18 # Shot Put

M.R.:BAHADUR SINGH P.POL 19.68

N.R.:SHAKTI SINGH CHENNAI 20.42 29/07/00

1	694	OM PRAKASH .	HARYANA	18.44 M
2	25	P.B.GIRI .	A.S.C.B.	17.66 M
3	322	SATYENDER KUMAR SINGH	JHARKHAND	17.47 M
4	161	KULWINDER SINGH .	DELHI	17.21 M
5	485	SUKHDEV SINGH .	PUNJAB	16.65 M
6	32	SANTOSH KUMAR .	A.S.C.B.	16.39 M
7	600	SHAILENDER .	UTTAR PRADESH	16.14 M

8	157	ASHWANI SOLANKI .	DELHI	15.93 M
9	593	MOHD UJJID .	UTTAR PRADESH	15.52 M
10	208	AVINASH VASHISHTA	GUJRAT	15.38 M
11	421	BALJINDER SINGH .	MAHARASTRA	15.00 M
12	429	K.SANDEEP SINGH .	MAHARASTRA	14.87 M
13	190	NAVIN KUMAR .	GUJRAT	9.53 M

19 # 4x100m Relay

M.R.:AFI . NATIONAL TEAM 40.27

N.R.:INDIAN NATIONAL TEAM BUSAN 39.36 13/10/02

1	JHARKHAND			41.12 Sec
		B.G.NAGRAJ .	AJAY KUMAR NAIK	
		ASHU BHATIA .	RITESH ANAND .	
2	A.S.C.B.			42.66 Sec
		K.B.SIVADEVAN .	SAMEER MON .	
		SRINIVASAN R. .	KRISHNA MOHAN .	
3	KERLA			42.88 Sec
		ROSHAN ISSAC JOHN	JIBY PETER .	
		JALI P.I. .	FREJI JOSE .	
4	UTTAR PRADESH			43.48 Sec
		DUSHYANT SINGH .	HARI OM SHARMA .	
		MANEESH CHAUDHARY	HARI NARAYAN BHIST	
5	BIHAR			45.17 Sec
		AMIT SHARMA .	KRISHAN KUNAL .	
		MD FAIYAZ AHMED .	RAGVENDRA KUMAR .	
6	INDIAN BANK			46.65 Sec
		S.SATHYA .	WAYNE PEPPIN .	
		K.SATISH KUMAR .	C.BALASUBRAMANIYUAM	
	BSNL			DQ
	TAMIL NADU			DNS

20 # 4x 400m Relay

M.R.:AFI . NATIONAL TEAM 3:04.40

N.R.:INDIAN NATIONAL TEAM BANGKOK 3:02.62 19/12/98

1	A.S.C.B.			3:18.60 Sec
		ABUBAKAR .	ARUN RAJ .	
		SARISH PAUL .	SIJU S R .	
2	BSNL			3:18.87 Sec
		ROHIT	SUNIL JOSEPH .	
		VIKAS PUTHRAN .	A.SEBEER	
3	TAMIL NADU			3:19.66 Sec
		M.P.PARTHIBAN .	T.BALAMURUGAN .	
		GNANASEKARAN .	T.KARU PANNAN .	

4	JHARKHAND			3:27.11 Sec
		MD HUSSAIN ASIF . ATHAR FAHIM .	KHILESHWAR SAHU . ANIL KUJUR .	
5	INDIAN NAVY			3:28.10 Sec
		T.G.AJESH . BUSI VIJAY .	S.RAJAN . ARUN K.J. .	
	JAMMU & KASHMIR			DNF
		AJAY SHARMA . SHABIR KUMAR .	AMRISH SHARMA . ANIL LODHI .	
	UTTAR PRADESH			DNS
		AMREEK RANA . V PANKAJ	VINAY CHAUHARY . NEERAJ PANWAR .	

21 # 20000m Race Walk

M.R.:GURDEV SINGH ARMY 1:31:33.90

1	499	GURMEET SINGH .	PUNJAB POLICE	1::34:04.23 Sec
2	135	ASHOK KUMAR PATEL	CHATTIS GARH	1::34:36.05 Sec
3	589	HARI RAM YADAV .	UTTAR PRADESH	1::36:22.53 Sec
4	369	ABDUL JALEEL M. .	KERLA	1::41:30.03 Sec
5	399	ANAND SHARMA .	MADHYA PRADESH	1::42:46.64 Sec
6	661	AJAY .	AIR FORCE	1::44:51.17 Sec
	584	DEEPAK .	UTTAR PRADESH	DNF

. # Decathlon

M.R.:JORA SINGH HAR 7502

N.R.:JORA SINGH DELHI 7502 2/3/03/06

1	9	DAYA RAM .	A.S.C.B.	6511 Pts.
2	381	RANEESH V V .	KERLA	5774 Pts.
3	532	G.KOSALANATH .	TAMIL NADU	5768 Pts.
4	427	JASPAL S. SINGH .	MAHARASTRA	5744 Pts.
5	162	NAVEEN .	DELHI	5517 Pts.
6	250	P.KANNAN .	INDIAN BANK	4200 Pts.
7	236	RAM NIWAS .	HARYANA	2656 Pts.
8	376	JIJO P V .	KERLA	2350 Pts.
9	121	UPENDER SINGH .	BSNL	532 Pts.

100m Decathlon

1	9	DAYA RAM .	A.S.C.B.	+0.2 m/s	11.45 Sec
2	236	RAM NIWAS .	HARYANA		11.69 Sec
3	532	G.KOSALANATH .	TAMIL NADU		11.73 Sec
4	427	JASPAL S. SINGH .	MAHARASTRA		11.80 Sec
5	162	NAVEEN .	DELHI		11.81 Sec
6	376	JIJO P V .	KERLA		11.82 Sec
7	381	RANEESH V V .	KERLA		12.13 Sec

8	250	P.KANNAN .	INDIAN BANK		12.57 Sec
9	121	UPENDER SINGH .	BSNL		12.63 Sec
	317	VINAY KUMAR .	JHARKHAND		DNS
# Decathlon Long Jump					
1	236	RAM NIWAS .	HARYANA	-0.2 m/s	6.46 M
2	9	DAYA RAM .	A.S.C.B.	-0.1 m/s	6.42 M
3	250	P.KANNAN .	INDIAN BANK	-0.0 m/s	6.30 M
4	532	G.KOSALANATH .	TAMIL NADU	-0.1 m/s	6.22 M
5	376	JIJO P V .	KERLA	-0.1 m/s	6.15 M
6	427	JASPAL S. SINGH .	MAHARASTRA	-0.0 m/s	6.08 M
7	162	NAVEEN .	DELHI	-0.0 m/s	5.85 M
8	381	RANEESH V V .	KERLA	-0.1 m/s	5.60 M
	317	VINAY KUMAR .	JHARKHAND		NM
	104	BHUPINDER SINGH .	BSF		NM
	121	UPENDER SINGH .	BSNL		NM
	389	VINOD P.J. .	KERLA		NM
# Decathlon Shot Put					
1	236	RAM NIWAS .	HARYANA		12.77 M
2	9	DAYA RAM .	A.S.C.B.		12.62 M
3	162	NAVEEN .	DELHI		10.65 M
4	250	P.KANNAN .	INDIAN BANK		10.52 M
5	427	JASPAL S. SINGH .	MAHARASTRA		10.39 M
6	532	G.KOSALANATH .	TAMIL NADU		9.63 M
7	381	RANEESH V V .	KERLA		9.32 M
8	376	JIJO P V .	KERLA		9.27 M
	317	VINAY KUMAR .	JHARKHAND		NM
	104	BHUPINDER SINGH .	BSF		NM
	121	UPENDER SINGH .	BSNL		NM
	389	VINOD P.J. .	KERLA		NM
# Decathlon High Jump					
1	532	G.KOSALANATH .	TAMIL NADU		1.89 M
2	427	JASPAL S. SINGH .	MAHARASTRA		1.83 M
3	9	DAYA RAM .	A.S.C.B.		1.77 M
3	376	JIJO P V .	KERLA		1.77 M
3	250	P.KANNAN .	INDIAN BANK		1.77 M
3	236	RAM NIWAS .	HARYANA		1.77 M
7	381	RANEESH V V .	KERLA		1.65 M
8	162	NAVEEN .	DELHI		1.62 M
	317	VINAY KUMAR .	JHARKHAND		NM
	104	BHUPINDER SINGH .	BSF		NM
	121	UPENDER SINGH .	BSNL		NM
	389	VINOD P.J. .	KERLA		NM
# 400m Decathlon					

1	381	RANEESH V V .	KERLA		52.14 Sec
2	532	G.KOSALANATH .	TAMIL NADU		52.84 Sec
3	162	NAVEEN .	DELHI		53.55 Sec
4	9	DAYA RAM .	A.S.C.B.		53.82 Sec
5	427	JASPAL S. SINGH .	MAHARASTRA		54.25 Sec
6	250	P.KANNAN .	INDIAN BANK		57.21 Sec
	236	RAM NIWAS .	HARYANA		DNS
	376	JIJO P V .	KERLA		DNS
# 110m Decathlon Hurdles					
1	9	DAYA RAM .	A.S.C.B.	+0.1 m/s	15.53 Sec
2	532	G.KOSALANATH .	TAMIL NADU		16.47 Sec
3	162	NAVEEN .	DELHI		16.78 Sec
4	381	RANEESH V V .	KERLA		16.85 Sec
5	427	JASPAL S. SINGH .	MAHARASTRA		17.34 Sec
6	250	P.KANNAN .	INDIAN BANK		17.40 Sec
# Decathlon Discus Throw					
1	9	DAYA RAM .	A.S.C.B.		37.68 M
2	427	JASPAL S. SINGH .	MAHARASTRA		33.28 M
3	250	P.KANNAN .	INDIAN BANK		32.00 M
4	532	G.KOSALANATH .	TAMIL NADU		29.62 M
5	162	NAVEEN .	DELHI		28.29 M
6	381	RANEESH V V .	KERLA		26.72 M
	236	RAM NIWAS .	HARYANA		NM
	317	VINAY KUMAR .	JHARKHAND		NM
	104	BHUPINDER SINGH .	BSF		NM
	121	UPENDER SINGH .	BSNL		NM
	389	VINOD P.J. .	KERLA		NM
	376	JIJO P V .	KERLA		NM
# Decathlon Pole Vault					
1	381	RANEESH V V .	KERLA		4.00 M
2	9	DAYA RAM .	A.S.C.B.		3.90 M
3	427	JASPAL S. SINGH .	MAHARASTRA		2.90 M
3	532	G.KOSALANATH .	TAMIL NADU		2.90 M
5	250	P.KANNAN .	INDIAN BANK		2.70 M
6	162	NAVEEN .	DELHI		2.50 M
	236	RAM NIWAS .	HARYANA		NM
	317	VINAY KUMAR .	JHARKHAND		NM
	104	BHUPINDER SINGH .	BSF		NM
	121	UPENDER SINGH .	BSNL		NM
	389	VINOD P.J. .	KERLA		NM
	376	JIJO P V .	KERLA		NM
# Decathlon Javelin Throw					
1	162	NAVEEN .	DELHI		57.55 M

2	9	DAYA RAM .	A.S.C.B.	52.49 M
3	427	JASPAL S. SINGH .	MAHARASTRA	51.93 M
4	381	RANEESH V V .	KERLA	49.04 M
5	532	G.KOSALANATH .	TAMIL NADU	42.18 M
	236	RAM NIWAS .	HARYANA	NM
	317	VINAY KUMAR .	JHARKHAND	NM
	104	BHUPINDER SINGH .	BSF	NM
	121	UPENDER SINGH .	BSNL	NM
	250	P.KANNAN .	INDIAN BANK	NM
	389	VINOD P.J. .	KERLA	NM
	376	JIJO P V .	KERLA	NM
# 1500m Decathlon				
1	381	RANEESH V V .	KERLA	4:29.69 Sec
2	532	G.KOSALANATH .	TAMIL NADU	4:48.65 Sec
3	427	JASPAL S. SINGH .	MAHARASTRA	4:54.75 Sec
4	162	NAVEEN .	DELHI	4:54.82 Sec
5	9	DAYA RAM .	A.S.C.B.	5:00.76 Sec

~*~* WOMEN RESULTS *~*~

1 # 100 m

M.R.:RACHITA MISTRY MAH 11.30

N.R.:RACHITA MISTRY TRIVANDRAM 11.38 12.08.00

RESULTS OF FINALS

1	50	H.M.JYOTHI .	ANDHRA PRADESH	+0.1 m/s	11.89 Sec
2	473	MANDEEP KAUR .	PUNJAB		11.93 Sec
3	56	K.SOWJANYA .	ANDHRA PRADESH		11.98 Sec
4	357	PRIYA P.K. .	KERLA		12.21 Sec
5	275	G.D.GORAMMA .	JHARKHAND		12.32 Sec
6	562	NAMITA SAMAL .	UTTAR PRADESH		12.37 Sec
7	60	N.SUDHA. .	ANDHRA PRADESH		12.76 Sec
	575	VINITA SAHNI .	UTTAR PRADESH		DNS

RESULTS OF PRELIMS Heat 1

1	56	K.SOWJANYA .	ANDHRA PRADESH	12.14 Sec
2	357	PRIYA P.K. .	KERLA	12.35 Sec
3	60	N.SUDHA. .	ANDHRA PRADESH	12.39 Sec
4	575	VINITA SAHNI .	UTTAR PRADESH	12.59 Sec
	683	KIRTI SHARMA .	GUJRAT	DNF

RESULTS OF PRELIMS Heat 2

1	50	H.M.JYOTHI .	ANDHRA PRADESH	12.02 Sec
2	473	MANDEEP KAUR .	PUNJAB	12.12 Sec

3	562	NAMITA SAMAL .	UTTAR PRADESH	12.41 Sec
4	275	G.D.GORAMMA .	JHARKHAND	12.50 Sec
5	172	MONIKA .	GUJRAT	15.03 Sec

2 # 200 m

M.R.:P.T. USHA S.RAILWAY 23.30

N.R.:SARASWATI SAHA LUDHIANA 22.82 28/08/02

RESULTS OF FINALS

1	56	K.SOWJANYA .	ANDHRA PRADESH	+1.2 m/s	24.39 Sec
2	50	H.M.JYOTHI .	ANDHRA PRADESH		24.51 Sec
3	330	POOVAMMA MR .	KARNATKA		24.75 Sec
4	54	K.MIRDULA .	ANDHRA PRADESH		24.76 Sec
5	562	NAMITA SAMAL .	UTTAR PRADESH		25.38 Sec
6	247	R.ELAVARASI .	INDIAN BANK		25.59 Sec
7	353	BINDHU B. .	KERLA		25.94 Sec
	473	MANDEEP KAUR .	PUNJAB		DNS

RESULTS OF PRELIMS Heat 1

1	56	K.SOWJANYA .	ANDHRA PRADESH	25.10 Sec
2	54	K.MIRDULA .	ANDHRA PRADESH	25.31 Sec
3	562	NAMITA SAMAL .	UTTAR PRADESH	25.72 Sec
4	247	R.ELAVARASI .	INDIAN BANK	25.94 Sec
5	174	PARUL BEN PATEL .	GUJRAT	34.56 Sec

RESULTS OF PRELIMS Heat 2

1	50	H.M.JYOTHI .	ANDHRA PRADESH	25.20 Sec
2	330	POOVAMMA MR .	KARNATKA	25.31 Sec
3	473	MANDEEP KAUR .	PUNJAB	25.55 Sec
4	353	BINDHU B. .	KERLA	26.41 Sec
5	352	BEEVI RAJAN .	KERLA	26.70 Sec

3 # 400 m

M.R.:K.M. BINAMOL KER 51.81

N.R.:MANJIT KAUR CHENNAI 51.05 16/06/04

RESULTS OF FINALS

1	447	CHITRA K.SOMAON .	ONGC	53.59 Sec
2	448	MANDEEP KAUR .	ONGC	53.88 Sec
3	63	S.GEETHA .	ANDHRA PRADESH	54.23 Sec
4	692	MANJEET KAUR .	PUNJAB	54.82 Sec
5	54	K.MIRDULA .	ANDHRA PRADESH	54.93 Sec
6	330	POOVAMMA MR .	KARNATKA	55.04 Sec
7	641	SUSMITA SINGHA ROY	WEST BANGAL	55.21 Sec
8	351	ANU MARIAM JOSE .	KERLA	56.94 Sec

RESULTS OF PRELIMS Heat 1

1	448	MANDEEP KAUR .	ONGC	54.47 Sec
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2	54	K.MIRDULA .	ANDHRA PRADESH	55.51 Sec
3	330	POOVAMMA MR .	KARNATKA	55.53 Sec
4	681	SINI JOSE .	KERLA	56.18 Sec
5	638	SUTAPA DAS .	WEST BANGAL	58.25 Sec
6	82	NEETI .	BIHAR	1:01.23 Sec

RESULTS OF PRELIMS Heat 2

1	692	MANJEET KAUR .	PUNJAB	55.49 Sec
2	351	ANU MARIAM JOSE .	KERLA	56.62 Sec
3	248	V.LEELAVATHY .	INDIAN BANK	57.38 Sec
4	51	IYLEEN SAMANTHA .	ANDHRA PRADESH	57.85 Sec
5	636	REKHA HALDER .	WEST BANGAL	1:02.60 Sec
6	557	ASHMA .	UTTAR PRADESH	1:05.21 Sec
	277	HARPREET KAUR .	JHARKHAND	DNS
	393	SAVITA PATEL .	MADHYA PRADESH	DNS

RESULTS OF PRELIMS Heat 3

1	447	CHITRA K.SOMAON .	ONGC	54.46 Sec
2	63	S.GEETHA .	ANDHRA PRADESH	55.34 Sec
3	641	SUSMITA SINGHA ROY	WEST BANGAL	55.96 Sec
4	464	SARASWATI CHAND .	ORRISA	56.13 Sec
5	247	R.ELAVARASI .	INDIAN BANK	57.87 Sec
6	354	CHINCHU JOSE .	KERLA	58.21 Sec

4 # 800 m

M.R.:JYOTIRMOYEE SIKDAR E.RAILWAY 2:02.28

N.R.:SHINY WILSON CHENNAI 1:59.85 20/12/95

RESULTS OF FINALS

1	293	SINIMOLE PAULOSE	JHARKHAND	2:03.25 Sec
2	155	SUSHMA .	DELHI	2:03.81 Sec
3	682	BINDHU S.R. .	KERLA	2:08.48 Sec
4	578	PRIYANKA SINGH PATEL	UTTAR PRADESH	2:12.00 Sec
5	464	SARASWATI CHAND .	ORRISA	2:13.00 Sec
6	130	PRATHIBHA TOPPO .	CHATTIS GARH	2:39.11 Sec
7	393	SAVITA PATEL .	MADHYA PRADESH	2:41.34 Sec

RESULTS OF PRELIMS

1	293	SINIMOLE PAULOSE	JHARKHAND	2:03.25 Sec
2	155	SUSHMA .	DELHI	2:03.81 Sec
3	682	BINDHU S.R. .	KERLA	2:08.48 Sec
4	578	PRIYANKA SINGH PATEL	UTTAR PRADESH	2:12.00 Sec
5	464	SARASWATI CHAND .	ORRISA	2:13.00 Sec
6	130	PRATHIBHA TOPPO .	CHATTIS GARH	2:39.11 Sec
7	393	SAVITA PATEL .	MADHYA PRADESH	2:41.34 Sec

5 # 1500 m

M.R.:SUNITA RANI PUN 4:08.01

N.R.:SUNITA RANI BUSAN 4:06.03 10.10.02

1	293	SINIMOLE PAULOSE	JHARKHAND	4:23.71 Sec
2	682	BINDHU S.R. .	KERLA	4:33.75 Sec
3	578	PRIYANKA SINGH PATEL	UTTAR PRADESH	4:34.22 Sec
4	568	SANGEETA YADAV .	UTTAR PRADESH	4:38.04 Sec
5	289	SUDHA SINGH .	JHARKHAND	4:38.75 Sec

6 # 5000 m

M.R.:SUNITA RANI PUN :15:41.40

N.R.:SUNITA RANI BUSAN :15:18.77 12.10.02

1	413	KAVITA RAUT .	MAHARASTRA	16:48.37 Sec
2	685	PREEJA SREEDHARAN	KERLA	16:48.69 Sec
3	283	PREETI L. RAO .	JHARKHAND	17:12.95 Sec
4	59	M.SUDHA .	TAMIL NADU	18:29.29 Sec
5	635	NEHERA KHATUN .	WEST BANGAL	18:40.94 Sec
6	623	SAROJ JOSHI .	UTTARA KHAND	19:36.97 Sec
7	556	ARCHANA PAL .	UTTAR PRADESH	19:44.47 Sec
8	148	ANITA .	DELHI	19:51.17 Sec
9	331	SAROJA GOWDA .	KARNATKA	20:23.27 Sec
10	214	RENU .	HARYANA	20:45.58 Sec
11	213	POONAM .	HARYANA	21:50.23 Sec

7 # 10000 m

M.R.:PREEJA SHREEDHARAN KER :33:19.71

N.R.:PREEJA SRIDHARAN KOLKATTA :33:19.71 2007

1	685	PREEJA SREEDHARAN	KERLA	36:36.22 Sec
2	413	KAVITA RAUT .	MAHARASTRA	37:03.96 Sec
3	283	PREETI L. RAO .	JHARKHAND	38:07.17 Sec
4	635	NEHERA KHATUN .	WEST BANGAL	41:16.26 Sec

8 # 3000m Steeplechase

M.R.:S. SHANTHI TN :10:44.76

N.R.:SUDHA SINGH JAMSHED PUR :10:18.76 25/10/07

1	289	SUDHA SINGH .	JHARKHAND	10:29.92 Sec **NMR
2	414	RAJASHREE PATIL .	MAHARASTRA	10:50.99 Sec
3	278	KAMLESH BHAGEL .	JHARKHAND	11:01.07 Sec

9 # 100m Hurdles

M.R.:ANURADHA BISWAL ORI :13.44

N.R.:ANURADHA BISWAL NEW DELHI 13.38 8/9/2002

1	282	POONAM BOJANNA .	JHARKHAND	+1.1 m/s	14.13 Sec
2	333	SHREEMA PRIYADARSHINI	KARNATKA		14.22 Sec

3	521	P.LAKSHMI .	TAMIL NADU	14.91 Sec
4	332	SHILPA SUNDAR .	KARNATKA	15.37 Sec
5	526	V.HANI .	TAMIL NADU	15.41 Sec
6	291	TRIPTI PRABHA DASS	JHARKHAND	15.65 Sec

10 # 400m Hurdles

M.R.:SAHEBANI ORAM ORI 57.60

N.R.:P.T. USHA LOS ANGELS 55.42 8/8/1984

RESULTS OF FINALS

1	248	V.LEELAVATHY .	INDIAN BANK	59.84 Sec
2	277	HARPREET KAUR .	JHARKHAND	1:00.08 Sec
3	360	SHIJI JOHN C. .	KERLA	1:02.58 Sec
4	449	POOJA JAKHAR .	ONGC	1:03.61 Sec
5	62	PRATHIBA .	TAMIL NADU	1:04.54 Sec
6	638	SUTAPA DAS .	WEST BANGAL	1:05.49 Sec
7	82	NEETI .	BIHAR	1:05.54 Sec

RESULTS OF PRELIMS Heat 1

1	277	HARPREET KAUR .	JHARKHAND	1:01.23 Sec
2	62	PRATHIBA .	TAMIL NADU	1:04.74 Sec
3	638	SUTAPA DAS .	WEST BANGAL	1:04.85 Sec
4	64	T.NOOKA RATNA KUMARI	ANDHRA PRADESH	1:09.14 Sec

RESULTS OF PRELIMS Heat 2

1	248	V.LEELAVATHY .	INDIAN BANK	1:02.20 Sec
2	360	SHIJI JOHN C. .	KERLA	1:03.82 Sec
3	449	POOJA JAKHAR .	ONGC	1:04.08 Sec
4	82	NEETI .	BIHAR	1:06.46 Sec
5	636	REKHA HALDER .	WEST BANGAL	1:09.43 Sec
6	109	GEETANJALI JENA .	BSNL	1:14.64 Sec

11 # High Jump

M.R.:BOBBY ALOYSIUS KER 1.89

N.R.:BOBBY ALOYSIUS CHENNAI 1.91 18/07/04

1	286	SAHANA KUMARI .	JHARKHAND	1.81 M
2	362	SIJI N K .	KERLA	1.70 M
3	634	MALLIKA MONDAL .	WEST BANGAL	1.65 M
4	141	MARIYAN C. THARIYAN	CRPF	1.65 M
5	365	TESSYMOL JOSEPH .	KERLA	1.65 M
6	328	CHANDANA .	KARNATKA	1.65 M
8	366	TINTU VARGHESE .	KERLA	1.60 M
9	517	DIVYA PRIYA .	TAMIL NADU	1.60 M

12 # Pole Vault

M.R.:V.S. SUREKHA TN 3.85

CANCELLED DUE TO LESS ENTRIES

13 # Long Jump

M.R.:ANJU . GEORGE TN 6.59

N.R.:ANJU B.GEORGE ATHENS 6.83 27/08/04

1	355	MAYOOKHA JOHNY .	KERLA	+0.0 m/s	6.32 M
2	52	J.J.SHOBHA .	ANDHRA PRADESH	+0.6 m/s	6.22 M
3	356	PRAJUSHA M A .	KERLA	+0.0 m/s	6.19 M
4	521	P.LAKSHMI .	TAMIL NADU	+0.5 m/s	6.05 M
5	359	RESMI BOSE .	KERLA	+0.0 m/s	5.98 M
6	326	AKSHAYA .	KARNATKA	+0.0 m/s	5.92 M
7	332	SHILPA SUNDAR .	KARNATKA	+0.0 m/s	5.54 M
8	564	RAKHI TOMAR .	UTTAR PRADESH	+0.0 m/s	5.44 M
9	153	SHALU CHAUDHARY .	DELHI	+0.0 m/s	5.32 M

14 # Triple Jump

M.R.:ANISHA K. VIJYAN CRPF 13.57

N.R.:ANJU B. GEORGE HYDRABAD 13.67 18/12/02

1	355	MAYOOKHA JOHNY .	KERLA	+1.0 m/s	13.34 M
2	356	PRAJUSHA M A .	KERLA	+1.1 m/s	12.65 M
3	350	ALKA CHIKILI A.P.	KERLA	+0.8 m/s	12.44 M
4	326	AKSHAYA .	KARNATKA	+0.4 m/s	12.43 M

15 # Discus Throw

M.R.:NEELAM J. SINGH AP 60.95

N.R.:SEEMA ANTIL CHENNAI 64.64 16/06/04

1	138	SEEMA ANTIL .	CRPF		57.54 M
2	491	HARWANT KAUR .	PUNJAB POLICE		56.16 M
3	137	SAROJ SIHAG .	CRPF		48.79 M
4	475	NEELAM J.SINGH .	PUNJAB		47.10 M
5	576	SAVITA CHAUDHARY	UTTAR PRADESH		46.81 M
6	463	PARBATI SETHI .	ORRISA		42.54 M
7	469	AMANPREET KAUR .	PUNJAB		40.88 M

16 # Hammer Throw

M.R.:KARDEEP KAUR PUN 61.31

N.R.:HARDEEP KAUR NEW DELHI 61.67 8/9/2002

1	573	SUKANYA MISHRA .	UTTAR PRADESH		49.33 M
2	559	GUNJAN SINGH .	UTTAR PRADESH		47.72 M
3	139	VIPIN KUMARI .	CRPF		47.57 M
4	570	SHILPA CHAUHAN .	UTTAR PRADESH		46.79 M

5	392	FIROZ BEE .	MADHYA PRADESH	46.50 M
6	171	MANJU BALA .	GUJRAT	46.04 M
7	136	C.SUSHILA DEVI .	CRPF	45.85 M
8	471	HARINDER KAUR .	PUNJAB	44.83 M
9	84	SAJJAN KANWER .	BIHAR	34.16 M

17 # Javelin Throw

M.R.:GURMEET KAUR DEL 55.88

N.R.:GURMEET KAUR BANGLORE 58.64 17/07/00

1	574	SUMAN DEVI .	UTTAR PRADESH	46.28 M
2	210	GURPREET KAUR .	HARYANA	45.05 M
3	140	CHUNKI CHAUDHARY	CRPF	42.78 M
4	212	NEESHA RANI .	HARYANA	42.44 M
5	209	APLESH .	HARYANA	42.15 M
6	555	ANITA PATEL .	UTTAR PRADESH	39.94 M

18 # Shot Put

M.R.:HARBANS KAUR TN 16.94

N.R.:HARBANS KAUR MUMBAI 17.43 24/11/97

1	138	SEEMA ANTIL .	CRPF	14.17 M
2	137	SAROJ SIHAG .	CRPF	13.64 M
3	476	PATWANT KAUR .	PUNJAB	12.64 M
4	154	SUSHMA DEVI .	DELHI	12.58 M
5	209	APLESH .	HARYANA	12.36 M
6	358	RAJASREE R L .	KERLA	11.92 M
7	463	PARBATI SETHI .	ORRISA	10.50 M
8	576	SAVITA CHAUDHARY	UTTAR PRADESH	8.98 M

19 # 4x100m Relay

M.R.:AFI . NATIONAL TEAM 44.31

N.R.:INDIAN NATIONAL TEAM FUKUKA 44.43 22/07/98

1	ANDHRA PRADESH			47.34 Sec
		K.RAMASARWANI .	K.SOWJANYA .	
		N.SUDHA .	H.M.JYOTHI .	
2	KERLA			47.40 Sec
		SAUMYA MOHAN .	BINDHU B .	
		BEEVI RAJAN .	PRIYA P.K. .	
3	JHARKHAND			49.60 Sec
		TRIPTI PRABHA DASS	POONAM BOJANNA .	
		G.D.GORAMMA .	GURBARI SOY .	
4	BSNL			52.85 Sec
		K.MEENA KUMARI .	SUMANA MAZUMDAR .	
		GEETANJALI JENA .	K.UMA DEVI .	

20 # 4x400m Relay**M.R.:AFI . NATIONAL TEAM 3:36.74****N.R.:INDIAN NATIONAL TEAM ATHENS 3:26.89 27/08/04**

1	ANDHRA PRADESH				3:48.70 Sec
		K.SOWJANYA .	IYLEEN SAMANTHA .		
		K.MIRDULA .	S.GEETHA .		
2	KERLA				3:50.72 Sec
		ANU MARIAM JOSE .	CHINCHU JOSE .		
		SONA V J .	DAYANA JOHN SELVAN		
3	WEST BANGAL				4:08.14 Sec
		REKHA HALDAR	SUTAPA DAS		
		MALLIKA MANDOL	SUSMITA SINGHA ROY		
4	BSNL				4:32.31 Sec
		GEETANJALI JENA .	SUMANA MAZUMDAR .		
		K.MEENA KUMARI .	T.SANJU .		

21 # 20000m Race Walk**N.R.:L.DEEPMA LA DEVI CHENNAI 1:39:00.60 2006**

1	290	Y.BALADEVI .	JHARKHAND	1::43:33.69 Sec
2	445	L.DEEPMA LA DEVI .	MANIPUR	1::46:45.53 Sec
3	680	SANDHYA K J .	CRPF	1::57:21.58 Sec
4	508	NIRMALA KUMARI .	RAJASTHAN	2::06:56.57 Sec
5	287	SOMA SRIVASTAVA .	JHARKHAND	2::10:49.05 Sec
6	465	SABITA PATTANAYAK	ORRISA	2::18:46.41 Sec

22 # Heptathlon**M.R.: J.J.SHOBHA A.P. 6211****N.R.: J.J.SHOBHA DELHI 6211 17.3.04**

1	641	SUSMITA SINGHA ROY	WEST BANGAL	5866 Pts.
2	637	SOMA BISWAS .	WEST BANGAL	5779 Pts.
3	52	J.J.SHOBHA .	ANDHRA PRADESH	5575 Pts.
4	474	NAVPREET KAUR .	PUNJAB	2754 Pts.

100 Heptathlon Hurdles

1	52	J.J.SHOBHA .	ANDHRA PRADESH	+1.0 m/s	14.09 Sec
2	637	SOMA BISWAS .	WEST BANGAL		14.13 Sec
3	641	SUSMITA SINGHA ROY	WEST BANGAL		14.39 Sec
4	474	NAVPREET KAUR .	PUNJAB		15.27 Sec

Heptathlon High Jump

1	641	SUSMITA SINGHA ROY	WEST BANGAL	1.73 M
2	637	SOMA BISWAS .	WEST BANGAL	1.61 M
3	52	J.J.SHOBHA .	ANDHRA PRADESH	1.58 M
4	474	NAVPREET KAUR .	PUNJAB	1.55 M

Heptathlon Shot Put

1	637	SOMA BISWAS .	WEST BANGAL	13.00 M
2	52	J.J.SHOBHA .	ANDHRA PRADESH	12.53 M
3	641	SUSMITA SINGHA ROY	WEST BANGAL	11.44 M
4	474	NAVPREET KAUR .	PUNJAB	8.84 M

200m Heptathlon

1	641	SUSMITA SINGHA ROY	WEST BANGAL	+0.1 m/s	23.97 Sec
2	637	SOMA BISWAS .	WEST BANGAL		25.01 Sec
3	52	J.J.SHOBHA .	ANDHRA PRADESH		25.37 Sec
4	474	NAVPREET KAUR .	PUNJAB		25.79 Sec

Heptathlon Long Jump

1	641	SUSMITA SINGHA ROY	WEST BANGAL	+0.1 m/s	6.25 M
2	52	J.J.SHOBHA .	ANDHRA PRADESH	+0.2 m/s	6.04 M
3	637	SOMA BISWAS .	WEST BANGAL	+0.1 m/s	6.00 M

Heptathlon Javelin Throw

1	637	SOMA BISWAS .	WEST BANGAL	45.60 M
2	52	J.J.SHOBHA .	ANDHRA PRADESH	44.46 M
3	641	SUSMITA SINGHA ROY	WEST BANGAL	40.11 M

800m Heptathlon

1	641	SUSMITA SINGHA ROY	WEST BANGAL	2:18.28 Sec
2	637	SOMA BISWAS .	WEST BANGAL	2:19.22 Sec
3	52	J.J.SHOBHA .	ANDHRA PRADESH	2:26.84 Sec
	333	SHREEMA PRIYADARSHINI	KARNATKA	NT
	526	V.HANI .	TAMIL NADU	NT
	361	SHINIMOL M P .	KERLA	NT
	474	NAVPREET KAUR .	PUNJAB	NT