



58th NATIONAL INTER STATE SENIOR ATHLETICS CHAMPIONSHIPS 2018

26 - 29 JUNE 2018 GUWAHATI, ASSAM

Competition Schedule

*Note: This is a tentative competition schedule. Likely to be changed based on ground realities.
LOC will try to follow the same during the competition days. Ver1.0 (07th June 2018)*

DAY 1 (Tuesday), 26th June 2018

E. No.	Time	Event	Gender	Round	
101	06:45 HRS	800m	WOMEN	HEATS	
102	07:00 HRS	LONG JUMP	WOMEN	Q.ROUND	
103	07:15 HRS	800m	MEN	HEATS	
104	07:30 HRS	100m	MEN	DECA 1	
106	07:30 HRS	JAVELIN THROW	MEN	Q. ROUND	
107	08:00 HRS	LONG JUMP	MEN	DECA 2	
108	08:30 HRS	SHOT PUT	MEN	Q. ROUND	
109	08:30 HRS	200m	MEN	HEATS	
110	08:30 HRS	HIGH JUMP	MEN	Q. ROUND	
111	08:50 HRS	200m	WOMEN	HEATS	
112	09:10 HRS	400m HURDLES	MEN	HEATS	
113	09:30 HRS	LONG JUMP	MEN	Q. ROUNDS	
114	09:30 HRS	SHOT PUT	MEN	DECA 3	
115	09:30 HRS	400m HURDLES	WOMEN	HEATS	
AFTERNOON SESSION					
116	17:00 HRS.	POLE VAULT	MEN	FINAL	
117	18:00 HRS	HAMMER THROW	WOMEN	FINAL	
118	18:30 HRS	HIGH JUMP	MEN	DECA 4	
119	19:10 HRS	DISCUS THROW	WOMEN	FINAL	
120	19:30 HRS	400m HURDLES	WOMEN	FINAL	
121	19:45 HRS	400m HURDLES	MEN	FINAL	
MC-1	19:50 HRS	400m HURDLES	WOMEN	MC	
MC-2	19:55 HRS	400m HURDLES	MEN	MC	
122	20:00 HRS	200m	MEN	SEMIFINAL	
123	20:00 HRS	HIGH JUMP	WOMEN	FINAL	
124	20:10 HRS	400m	MEN	DECA 5	
MC-3	20:20 HRS.	POLE VAULT	MEN	MC	
MC-4	20:30 HRS	HAMMER THROW	WOMEN	MC	
125	20:40 HRS	5000m	WOMEN	FINAL	
MC-5	21:10 HRS	DISCUS THROW	WOMEN	MC	
MC-6	21:15 HRS	HIGH JUMP	WOMEN	MC	
126	21.20 HRS	5000m	MEN	FINAL	
15.30 Hrs. MARCH PAST AND OPENING CEREMONY					



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DAY 2 (Wednesday), 27th June, 2018

E. No.	Time	Event	Gender	Round	
201	07.30 HRS	DISCUS THROW	MEN	Q. ROUND	
202	08.00 HRS	110m HURDLES	MEN	DECA 6	
203	08:15 HRS	4X100m Relay	MEN	HEATS	
204	08.30 HRS	TRIPLE JUMP	MEN	Q. ROUND	
205	08.45 HRS	4X100m Relay	WOMEN	HEATS	
206	08:45 HRS	DISCUS THROW	MEN	DECA 7	
207	09:45 HRS	POLE VAULT	MEN	DECA 8	
BREAK					
208	17:55 HRS	200m	MEN	FINAL	
209	18:00 HRS	LONG JUMP	MEN	FINAL	
MC-1	18:10 HRS	5000m	WOMEN	MC	
MC-2	18:15 HRS	5000m	MEN	MC	
MC-3	18:20 HRS	200m	MEN	MC	
210	18:30 HRS	JAVELIN	MEN	DECA 9	
211	18:50 HRS	200m	WOMEN	FINAL	
212	19:00 HRS	SHOT PUT	MEN	FINAL	
MC-4	19:10 HRS	200m	WOMEN	MC	
213	19:20 HRS	800m	WOMEN	FINAL	
214	19.30 HRS.	JAVELIN THROW	WOMEN	FINAL	
215	19:40 HRS	800m	MEN	FINAL	
216	19:45 HRS	LONG JUMP	WOMEN	FINAL	
MC-5	19:50 HRS	LONG JUMP	MEN	MC	
MC-6	20:00 HRS	SHOT PUT	MEN	MC	
MC-7	20:10 HRS	800m	WOMEN	MC	
217	20.15 HRS	1500m	MEN	DECA 10	
MC-8	20.20 HRS	800m	MEN	MC	
MC-9	20:35 HRS	JAVELIN THROW	WOMEN	MC	
MC-10	20:40 HRS	DECATHLON	MEN	MC	
MC-11	20:45 HRS	LONG JUMP	WOMEN	MC	
218	20:55 HRS	4X400m Relay	MEN	HEATS	
219	21:10 HRS	4X400m Relay	WOMEN	HEATS	



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DAY 3 (Thursday), 28th June 2018

E. No.	Time	Event	Gender	Round	
301	08:00 HRS	HAMMER THROW	MEN	Q. ROUNDS	
302	08:00 HRS	100m HURDLES	WOMEN	HEPTA 1	
303	08:15 HRS	1500m	WOMEN	HEATS	
304	08:30 HRS	1500m	MEN	HEATS	
305	08:45 HRS	400m	WOMEN	HEATS	
306	08:45 HRS	HIGH JUMP	WOMEN	HEPTA 2	
307	09:00 HRS	400m	MEN	HEATS	
308	09:30 HRS	100m	WOMEN	HEATS	
309	09:50 HRS	100m	MEN	HEATS	
BREAK					
310	15:00 HRS	POLE VAULT	WOMEN	FINAL	
311	18:00 HRS	TRIPLE JUMP	WOMEN	FINAL	
312	18:00 HRS	HIGH JUMP	MEN	FINAL	
313	18:00 HRS	SHOT PUT	WOMEN	HEPTA 3	
314	18:30 HRS	JAVELIN THROW	MEN	FINAL	
315	19:00 HRS	400m	WOMEN	SEMIFINAL	
MC-1	19:05 HRS	TRIPLE JUMP	WOMEN	MC	
316	19:15 HRS.	400m	MEN	SEMI FINAL	
MC-2	19:20 HRS	POLE VAULT	WOMEN	MC	
317	19:25 HRS	DISCUS THROW	MEN	FINAL	
MC-3	19:30 HRS	JAVELIN THROW	MEN	MC	
318	19:35 HRS	200M	WOMEN	HEPTA 4	
MC-4	19:45 HRS	HIGH JUMP	MEN	MC	
319	19:55 HRS	3000m SC	WOMEN	FINAL	
320	20:10 HRS.	3000m. SC	MEN	FINAL	
MC-5	20:20 HRS	DISCUS THROW	MEN	MC	
MC-6	20:30 HRS	3000m SC	WOMEN	MC	
MC-7	20:40 HRS	3000m. SC	MEN	MC	
321	20:50 HRS	4X100m Relay	MEN	FINAL	
322	21:00 HRS	4X100m Relay	WOMEN	FINAL	
MC-8	21:10 HRS	4X100m Relay	MEN	MC	
MC-9	21:20 HRS	4X100m Relay	WOMEN	MC	



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DAY 4 (Friday), 29th June 2018

E. No.	Time	Event	Gender	Round	
401	07.00 HRS	LONG JUMP	WOMEN	HEPTA 5	
402	08:15 HRS	100m HURDLES	WOMEN	HEATS	
403	08:40 HRS	110m HURDLES	MEN	HEATS	
404	09.00HRS	100m	WOMEN	SEMIFINAL	
405	09:15 HRS	JAVELIN THROW	WOMEN	HEPTA 6	
406	09:15 HRS	100m	MEN	SEMIFINAL	
BREAK					
407	18:00 HRS	HAMMER THROW	MEN	FINAL	
408	18:00 HRS	TRIPLE JUMP	MEN	FINAL	
409	18:00 HRS	110M HURDLES	MEN	FINAL	
410	18:15 HRS	100M HURDLES	WOMEN	FINAL	
MC-1	18:20 HRS	110M HURDLES	MEN	MC	
411	18:30 HRS	400M	WOMEN	FINAL	
MC-2	18:35 HRS	100M HURDLES	WOMEN	MC	
412	18:45 HRS	400M	MEN	FINAL	
MC-3	18:50 HRS	400M	WOMEN	MC	
413	19:00 HRS	100M	WOMEN	FINAL	
MC-4	19:05 HRS	TRIPLE JUMP	MEN	MC	
414	19:15 HRS	100 M	MEN	FINAL	
MC-5	19:20 HRS	HAMMER THROW	MEN	MC	
415	19:25 HRS	800m	WOMEN	HEPTA 7	
416	19:30 HRS	SHOT PUT	WOMEN	FINAL	
MC-6	19:30 HRS	400M	MEN	MC	
417	19:35 HRS	1500M	MEN	FINAL	
MC-7	19:40 HRS	100 M	WOMEN	MC	
418	19:45 HRS	1500M	WOMEN	FINAL	
419	19:50 HRS	10,000m	WOMEN	FINAL	
MC-8	20:00 HRS	100 M	MEN	MC	
MC-9	20:10 HRS	1500M	MEN	MC	
MC-10	20:20 HRS	1500M	WOMEN	MC	
420	20:35 HRS	10,000m	MEN	FINAL	
MC-11	20:40 HRS	HEPTATHLON	WOMEN	MC	
421	20:50 HRS	4X400m Relay	MEN	FINAL	
422	21:00 HRS	4X400m Relay	WOMEN	FINAL	
MC-12	21:10 HRS	SHOT PUT	WOMEN	MC	
MC-13	21:20 HRS	10,000m	WOMEN	MC	
MC-14	21:30 HRS	10,000m	MEN	MC	
MC-15	21:40 HRS	4X400m Relay	MEN	MC	
MC-16	21:50 HRS	4X400m Relay	WOMEN	MC	