



## AFF QUALIFYING GUIDELINES FOR ASIAN GAMES 2018

MEN	EVENT	WOMEN
10.18	100 M (secs)	11.67
20.87	200 M (secs)	23.50
46.04	400 M (secs)	52.47
01:47.50	800 M (mins.secs)	2:03.00
03:45.00	1500 M (mins.secs)	4:16.88
13:50.00	5000 M (mins.secs)	15:45.00
29:10.00	10000 M (mins.secs)	33:00.00
2::13:21	MARATHON (hours.mins)	2::33.14
	100 M H (secs)	13.39
13.67	110 M H (secs)	
50.80	400 M H (secs)	57.52
08:41.40	3000 M SC (mins.secs)	9:50.00
05.45	POLE VAULT (mts)	4.10
2.25	HIGH JUMP (mts)	1.87
7.81	LONG JUMP (mts)	6.34
16.62	TRIPLE JUMP (mts)	13.75
19.50	SHOTPUT (mts)	17.00
61.00	DISCUS THROW (mts)	57.00
81.00	JAVELIN THROW (mts)	59.00
70.36	HAMMER THROW (mts)	60.00
7749	DECATHALON (pts)	
	HEPTATHLON (pts)	5400
1::22:00	20 KM WALK (hours.mins)	1::34:54
3::55:00	50 KM WALK (hours.mins)	
38.98	4X100 M RELAY (secs)	44.50
3:04.50	4X400 M RELAY(mins.secs)	3:32.50

\*contd...

**Important information related to Qualification Standards:**

1) The 58<sup>th</sup> National Inter-State Senior Athletics Championships (NISSAC) is the final selection trial for Asian Games 2018. Participation in this final selection trail is mandatory for all athletes to be considered for selection in the Indian team until and unless AFI exempts an athlete from participation on his/her request due to specified reason or as per the advice of an AFI expert.

2) ONLY one athlete per event attaining qualifying standards set by AFI will be selected in the team. However, in case more than one athlete attains the qualifying standards set by AFI, it is the prerogative of selection committee to include or reject the entry of second athlete. If deemed tactically or technically necessary or in cases where chances/probability of winning more than one medal in the same event, more than one athlete attaining qualifying standard may be selected in the team. The decision of selection committee will be final in such cases.

3) If none of the athletes achieve the qualification standard in a particular event as mentioned in the qualifying guidelines chart above, the Selection Committee may select the best athlete if there are chances/probability of winning a medal in the Asian Games 2018.

4) Those athletes who are not present at the National Coaching Camps and training elsewhere, their final selection in the team will be subject to their repeat performance in the confirmatory trials to be held on 15th August 2018. The venue for confirmatory trials will be intimated to such athletes by the Chief Coach. Under no circumstances, an unaccredited athlete will be allowed to attain these trials.

5) Athletes who are not part of the National Coaching Camps and are not monitored by the AFI coaches will not be permitted to attend the selection trials if they have not submitted their details for accreditation for the Asian Games before the [deadline](#).

