

COMPETITION CALENDAR FOR THE YEAR 2019

SN	EVENT	DATE	VENUE
1	National Cross Country Championships 2019	20 January 2019	Mathura (UP)
2	International Race Walking Championship 2019	16-17 February 2019	Chennai
3	National Youth Championship 2019	19-21 February 2019	Raipur (Chhattisgarh)
4	Indian Grand Prix - 1	23 February 2019	Patiala
5	Indian Grand Prix -2	27 February 2019	Delhi
6	Indian Grand Prix -3	02 March 2019	Sangrur (Punjab)
7	Indian Grand Prix -4	06 March 2019	Panchkula (Chandigarh)
8	Federation Cup National Sr. Athletics Championships	15 -18 March 2019	Patiala
9	National Javelin Challenge	15 -16 April 2019	Sonepat (Haryana)
10	400 M Nationals	15 -16 April 2019	Lucknow (UP)
11	59th National Inter State Senior Athletics Championships 2019	14 -17 July 2019	Kolkata (WB)
12	Indian Grand Prix -5	01 September 2019	Chennai (TN)
13	North Zone Junior Athletics Championships 2019	10 -13 September 2019	Jammu (J&K)
14	South Zone Junior Athletics Championships 2019	10 -13 September 2019	Mysore (Karnataka)
15	East Zone Junior Athletics Championships 2019	10 -13 September 2019	Ranchi (Jharkhand)
16	West Zone Junior Athletics Championships 2019	10 -13 September 2019	Alwar (Rajsthan)
17	16th Federation Cup National Junior Athletics Championships	24 -26 September 2019	Tiruvannamalai (TN)
18	59th National Open Athletics Championships 2019	10 -13 October 2019	Bengaluru (Karnataka)
19	National Junior Athletics Championships 2019	02 -06 November 2019	Vijaywada (AP)
20	National Inter District Junior Athletics Championships	24-26 November 2019	TBD