

RUN-ADAM 22nd FEDERATION CUP NATIONAL SENIOR ATHLETICS CHAMPIONSHIPS 2018			
PATIALA - PUNJAB			
5-8 MARCH 2018			
START LIST DAY 3 (07 MARCH 2018)			
Event # 34 WOMENS 1500m Run			HEATS
NR:SUNITA RANI BUSAN 4:06.03 11/10/2002			TIME: 08:00 AM
MR:SUNITA RANI BANGALORE 4:08.10 1999			
AFI-CWG Q.MARK: 4:10.00			
FINAL AS PER SCHEDULE			
Event # 5 MENS 1500m Run			HEATS
NR:BAHADUR PRASAD CHENNAI 3:38.00 23/12/1995			TIME: 08:00 AM
MR:Chatholi Hamza Kolkata 3:41.12 2007			
AFI-CWG Q.MARK: 3:39.50			
2 HEATS: 4Q + 4q			
Heat 1			
1	SHASHI SINGH	756	WEST BENGAL
2	SUJUMON KS	515	KERALA
3	BIR SINGH	458	HARYANA
4	MOHAMMED AFSAL P	497	KERALA
5	AJAY KUMAR SAROJ	720	UTTAR PRADESH
6	MANJIT SINGH	463	HARYANA
7	SAJEESH JOSEPH	511	KERALA
8	KORANGA HARISH	747	UTTARAKHAND
9	SONY SINGH	787	PUNJAB
10	MUKESH MEENA	626	RAJASTHAN
11	SUNIL BIND	565	PUNJAB
Heat 2			
1	ANKIT .	382	HARYANA
2	SATISH KUMAR	625	RAJASTHAN
3	RAJENDRA SINGH	370	DELHI
4	JINSON JHONSON	508	KERALA
5	PRITAM SINGH SHEKHAWAT	631	RAJASTHAN
6	AJAY K BIND BIND	683	UTTAR PRADESH
7	SAHIL THAKRAN	470	HARYANA
8	MUKESH KUMAR YADAV	785	UTTAR PRADESH
9	SANJAY KUMAR YADAV	813	UTTAR PRADESH
10	RAHUL RAHUL	717	UTTAR PRADESH
11	PAWAN KUMAR	749	UTTARAKHAND
12	PAWAN VERMA	373	DELHI
Event # 49 WOMENS 100m Hurdles Heptathlon-1			TIME: 08:40 AM
FINAL			
3	PURNIMA HEMBRAM	205	ODISHA
4	M. SOWMIYA	245	TAMIL NADU
5	LIKSY JOSEPH	169	KERALA
6	ABHA KHATUA	273	WEST BENGAL
Event # 17 MENS Hammer Throw			QUALIFYING ROUND
NR:NEERAJ KUMAR HYDERABAD 70.73 29/06/2016			TIME: 09:00 AM
MR:Niraj Kumar New Delhi 68.46 2016			
AFI-CWG Q.MARK: 71.00			
FINAL AS PER SCHEDULE			
Event # 31 WOMENS 200m Run			HEATS
NR:SARASWATI SAHA LUDHIANA 22.82 28/08/2002			TIME: 09:10 AM
MR:PT USHA CHENNAI 23.30 1998			
AFI-CWG Q.MARK: 22.60			
3 HEATS: 2Q + 2q			
Heat 1			
3	KAVITA KAVITA	129	HARYANA
4	VISMAYA V.K.	181	KERALA
5	CHAITRALI GUJAR	193	MAHARASHTRA

6	HINA .	226	RAJASTHAN
7	PRIYANKA KALAGI	150	KARNATAKA
8	NAVAMI H R	146	KARNATAKA
Heat 2			
3	HARIKA DEVI ANTARAM	101	TELANGANA
4	HIMA DAS	107	ASSAM
5	CHHAVI SHARAWAT	260	UTTAR PRADESH
6	JAUNA MURMU	206	ODISHA
7	SNEHA P J	156	KARNATAKA
Heat 3			
3	APSANA BEGAM	102	ANDHRA PRADESH
4	MANVIR KAUR	218	PUNJAB
5	HIMASHREE ROY	278	WEST BENGAL
6	DUTEE CHAND	204	ODISHA
7	REVATHI V	247	TAMIL NADU
8	NIRUPAMA SUNDERRAJ	163	KARNATAKA
Event # 49 WOMENS High Jump Heptathlon-2			
FINAL			TIME: 09:30 AM
3	PURNIMA HEMBRAM	205	ODISHA
4	M. SOWMIYA	245	TAMIL NADU
5	LIKSY JOSEPH	169	KERALA
6	ABHA KHATUA	273	WEST BENGAL
Event # 2 MENS 200m Run			
NR:DHARAMBIR SINGH WUHAN 20.66 07/06/2015			TIME: 09:30 AM
MR:Anand Menezes CHENNAI 20.79 2002			
AFI-CWG Q.MARK: 20.35			
7 HEATS: 3Q + 3q			
Heat 1			
1	HARINDER SINGH	587	PUNJAB
2	AKASH PERUMAL	661	TAMIL NADU
3	ARJUN TOMAR	735	UTTAR PRADESH
4	MUHAMMED ANAS Y	498	KERALA
5	JATINDER SINGH.	614	PUNJAB
6	ASHWIN M J	487	KARNATAKA
7	KAMBERDEEP SINGH	596	PUNJAB
8	PRATIEK NINAWA	546	MAHARASHTRA
Heat 2			
1	NIKIL PETER DSILVA	481	KARNATAKA
2	RAMAN DEEP	416	HARYANA
3	KAMALMANDEEP SINGH	595	PUNJAB
4	SIVA KUMAR	653	TAMIL NADU
5	ROMAL CHANDI	620	RAJASTHAN
6	SALEEM SHEKH	794	KARNATAKA
7	VIKASH .	399	HARYANA
8	MANEESH M	517	KERALA
Heat 3			
1	MAHESH KUMAR	623	RAJASTHAN
2	HITESH DESHWAL	621	RAJASTHAN
3	SANDEEP SEHRAWAT	449	HARYANA
4	SANJEET .	396	HARYANA
5	JATIN JAIN	566	PUNJAB
6	ADESH GARSA	622	RAJASTHAN
7	DEEPAK DHILLON	774	HARYANA
8	NUPESH .	388	HARYANA
Heat 4			
1	ANKIT TIWARI	536	MADHYA PRADESH
2	MONU .	326	ANDHRA PRADESH
3	RISHWANTH S	670	TAMIL NADU
4	RAMCHANDER .	393	HARYANA
5	AKASH BHATI	682	UTTAR PRADESH
6	VIDYASAGAR S	490	KARNATAKA
7	GANESH S	791	KARNATAKA
8	SANJAY V	495	KARNATAKA

Heat 5			
1	MOHD MOHSIN	707	UTTAR PRADESH
2	ANIL KUMAR	424	HARYANA
3	PANKAJ MALIK	439	HARYANA
4	SOURAV SAHA	755	WEST BENGAL
5	DATTATRAY ZODGE	557	MAHARASHTRA
6	ASHISH LOHAN	341	CHANDIGARH
7	KUSHAL V AMBORE	476	KARNATAKA
8	NATAWAR SINGH	535	MADHYA PRADESH
Heat 6			
2	HEMANT BANSAL	347	DELHI
3	PARVEEN KUMAR	431	HARYANA
4	MANIKANDA ARUMUGAN	642	TAMIL NADU
5	AVINASH SHAHI	721	UTTAR PRADESH
6	VISHAL .	400	HARYANA
7	SANDEEP KUMAR	701	UTTAR PRADESH
8	SAHIL SAHIL	447	HARYANA
Heat 7			
2	SAWAN DEOL	689	UTTAR PRADESH
3	AKSHAY NAIN	362	DELHI
4	SHAHBAZ KHAN	545	MAHARASHTRA
5	AMIYA KUMAR MALLICK	559	ODISHA
6	PRAVEEN DOLLIA	417	HARYANA
7	PARMVIR SINGH	464	HARYANA
8	HIMANSHU MISHRA	705	UTTAR PRADESH
Event # 9 MENS 400m Hurdles			HEATS
NR:JOSEPH G ABRAHAM OSAKA 49.51 26/08/2007			TIME: 10:00 AM
MR:Jithin Paul New Delhi 49.94 2016			
AFI-CWG Q.MARK: 49.45			
3 HEATS: 2Q + 2q			
Heat 1			
2	DEEPAK DP DP	480	KARNATAKA
3	ANURAG .	340	CHANDIGARH
4	DHARUN AYYASAMY	644	TAMIL NADU
5	AMARANTH DUKKARWADKAR	482	KARNATAKA
6	KRISHNAT PATIL	547	MAHARASHTRA
7	JASHANJOT SINGH	593	PUNJAB
8	SURENDER .	398	HARYANA
Heat 2			
1	BASTIN JOSEPH	510	KERALA
2	AFTAB ALAM	681	UTTAR PRADESH
3	SURESH .	639	TAMIL NADU
4	JABIR MP	523	KERALA
5	SANTHOSH KUMAR T	654	TAMIL NADU
6	VISHAL .	400	HARYANA
7	SAHIL ..	403	HARYANA
8	RAMACHANDRAN M	806	TAMIL NADU
Heat 3			
2	GULABSING VASAVE	556	MAHARASHTRA
3	BINU JOSE	509	KERALA
4	SIVA PRAKASH	662	TAMIL NADU
5	R.CHANDRA KUMAR	652	TAMIL NADU
6	AMIT SINGH	724	UTTAR PRADESH
7	JAGDEESH CHANDRA	479	KARNATAKA
8	M ALKEN SINGH	558	MANIPUR
Event # 38 WOMENS 400m Hurdles			HEATS
NR:PT USHA LOS ANGELES 55.42 08/08/1984			TIME: 10:40 AM
MR:R ANU PATIALA 57.39 2017			
AFI-CWG Q.MARK: 56.00			
FINAL AS PER SCHEDULE			

Event # 43 WOMENS Triple Jump			TIME: 15:00 HRS
NR:MAYOOKHA JOHNY KOBE 14.11 09/07/2011			
MR:ANISHA K VIJAYAN NEW DELHI 13.57 2006			
AFI-CWG Q.MARK: 13.90			
FINAL			
1	PUNITHA .	233	TAMIL NADU
2	M.A. SIVA ANBARASI	235	TAMIL NADU
3	SHILPA CHACKO	166	KERALA
4	JENIMOL JOY	104	ANDHRA PRADESH
5	RINTU MATHEW	175	KERALA
6	SHEENA N V	176	KERALA
7	KAIRI PURTY	819	DELHI
8	AKILA R	242	TAMIL NADU
9	RENU RENU	134	HARYANA
10	BHAIRABI ROY	277	WEST BENGAL
11	NIHARIKA VASHISHT	225	PUNJAB
12	VINIJA VIJAYAN	106	ANDHRA PRADESH
Event # 41 WOMENS Pole Vault			TIME: 15:00 HRS
NR:VS SUREKHA NEW DELHI 4.15 04/11/2014			
MR:VS SUREKHA PATIALA 4.05 2014			
AFI-CWG Q.MARK: 4.00			
FINAL			
1	BARANICA ELANGO VAN	236	TAMIL NADU
2	MARIYA JAISON	167	KERALA
3	KRISHNA RACHAN	286	KERALA
4	A. ESTHER JEMMI SHARON	244	TAMIL NADU
5	SUREKA V S	248	TAMIL NADU
6	KHYATI VAKHARIA	165	KARNATAKA
Event # 11 MENS High Jump			TIME: 15:00 HRS
NR:TEJASWIN SHANKAR COIMBATORE # 2.26 10/11/2016			
MR:Nikhil Chittara Patiala 2.21 2014			
AFI-CWG Q.MARK: 2.25			
FINAL			
1	MOTHI ARUN	643	TAMIL NADU
2	SRINEESH C	505	KERALA
3	RAJESH KALIRAMANA	352	DELHI
4	RITESH KUMAR	700	UTTAR PRADESH
5	SARVESH KUSHARE	790	MAHARASHTRA
6	TEJASWIN SHANKAR	368	DELHI
7	JESSE SINDESH	494	KARNATAKA
8	SIDDHARTH YADAV	471	HARYANA
Event # 49 WOMENS Shot Put Heptathlon-3			TIME: 15:00 HRS
FINAL			
3	PURNIMA HEMBRAM	205	ODISHA
4	M. SOWMIYA	245	TAMIL NADU
5	LIKSY JOSEPH	169	KERALA
6	ABHA KHATUA	273	WEST BENGAL
Event # 47 WOMENS Javelin Throw			TIME: 15:00 HRS
NR:ANNU RANI PATIALA 61.86 04/06/2017			
MR:ANNU RANI PATIALA 61.86 2017			
AFI-CWG Q.MARK: 62.50			
FINAL			
1	MINU SOREN	109	BIHAR
2	MONIKA .	122	HARYANA
3	PRIYANKA .	123	HARYANA
4	SANGEETA CHOUDHARY	229	RAJASTHAN
5	ANUSHA G POOJARY	143	KARNATAKA
6	PUSHPA JAKHAR	820	HARYANA
7	RASHMI K	148	KARNATAKA
8	ANNU RANI	257	UTTAR PRADESH
9	POONAM RANI	133	HARYANA
10	KUMARI SHARMILA	232	RAJASTHAN

Event # 37 WOMENS 100m Hurdles			HEATS
NR:ANURADHA BISWAL NEW DELHI 13.38 08/09/2002			TIME: 15:35 HRS
MR:ANURADHA BISWAL NEW DELHI 13.48 2006			
AFI-CWG Q.MARK: 13.05			
FINAL AS PER SCHEDULE			
Event # 8 MENS 110m Hurdles			HEATS
NR:SIDDHANT THINGALAYA MESA 13.48 10/06/2017			TIME: 15:50 HRS
MR:Siddhant Thingalaya Patiala 13.65 2012			
AFI-CWG Q.MARK: 13.55			
3 HEATS: 2Q + 2q			
Heat 1			
2	JATINDER SINGH	594	PUNJAB
3	AMANDEEP SINGH	571	PUNJAB
4	VISHAVJEER VISHAVJEET SINGH	617	PUNJAB
5	AKASH VASANTHAN	676	TAMIL NADU
6	MAYMON POULOSE MAYMON	521	KERALA
7	AMRUT TIWALE	797	MAHARASHTRA
8	AJIT KUMAR	354	DELHI
Heat 2			
3	SHARANBIR SINGH	610	PUNJAB
4	SHIVA KUMAR C	478	KARNATAKA
5	LOKENDRA PACHERA	333	ANDHRA PRADESH
6	PINTO MATHEW	520	KERALA
7	PREM KUMAR K	331	ANDHRA PRADESH
8	NARESH YADAV	744	UTTAR PRADESH
Heat 3			
2	AMANDEEP SINGH.	612	PUNJAB
3	ANUPENDRA KUMAR	355	DELHI
4	AMRINDER SINGH AULAKH	564	PUNJAB
5	ANGREJ SINGH	576	PUNJAB
6	SIDDHANTH THINGALAYA	555	MAHARASHTRA
7	VIVEKANANTHAN N	658	TAMIL NADU
Event # 16 MENS Discus Throw			TIME: 16:15 HRS
NR:VIKAS GOWDA NORMAN 66.28 12/04/2012			
MR:Anil Kumar Lucknow 59.55 2000			
AFI-CWG Q.MARK: 62.00			
FINAL			
1	RAHUL .	391	HARYANA
2	SUMIT .	397	HARYANA
3	SACHIN ..	402	HARYANA
4	ABHILASH SAXENA ABHI	532	MADHYA PRADESH
5	VIKAS AHLAWAT	404	HARYANA
6	AAKASH ANTIL	405	HARYANA
7	KIRTIKUMAR BENAKE	537	MAHARASHTRA
8	DILAWAR SINGH GILL	418	HARYANA
9	KSHETRAPAL MISHRA	706	UTTAR PRADESH
10	PARVEEN KUMAR NEHRA	628	RAJASTHAN
11	VIKAS POONIA	629	RAJASTHAN
12	ANSHU RAI	782	UTTAR PRADESH
13	ARVIND RATHEE	443	HARYANA
14	MITHRAVARUN S	669	TAMIL NADU
15	BANVIR SINGH	725	UTTAR PRADESH
16	KARAN SINGH	460	HARYANA
17	KIRPAL SINGH	598	PUNJAB
18	MANDEEP SINGH	600	PUNJAB
19	VIKRAM SINGH	634	RAJASTHAN
20	GOVIND VIJAY RAI	374	DELHI
21	DHARAMRAJ YADAV	741	UTTAR PRADESH

Event # 49 WOMENS 200m Heptathlon-4			TIME: 16:15 HRS
FINAL			
3	PURNIMA HEMBRAM	205	ODISHA
4	M. SOWMIYA	245	TAMIL NADU
5	LIKSY JOSEPH	169	KERALA
6	ABHA KHATUA	273	WEST BENGAL
Event # 36 WOMENS 10000m Run			TIME: 17:45 HRS
NR:PREEJA SREEDHARAN GUANGZHOU 31:50.47 21/11/2010			
MR:SWATI GADHAVE NEW DELHI 32:53.73 2016			
AFI-CWG Q.MARK: 32:30.00			
FINAL			
1	SUNITA R JAT	296	RAJASTHAN
2	SAIGEETA NAIK	198	MAHARASHTRA
3	KIRAN SAHDEV	259	UTTAR PRADESH
4	MEENU .	227	RAJASTHAN
5	SWATI GADHAVE	192	MAHARASHTRA
6	L. SURIYA	246	TAMIL NADU
7	KIRANJEET KOUR	130	HARYANA
8	AARTI PATIL	199	MAHARASHTRA
9	NIKITA RAUT	200	MAHARASHTRA
10	SANJEEVINI JADHAV	195	MAHARASHTRA
11	PARUL CHAUDHARY	252	UTTAR PRADESH
Event # 7 MENS 10000m Run			TIME: 18:20 HRS
NR:SURENDRA SINGH VIGO 28:02.89 12/07/2008			
MR:Surendra Singh Kolkata 28:57.90 2007			
AFI-CWG Q.MARK: 28:00.00			
FINAL			
1	RAVINDRA KUMAR TIWARI	734	UTTAR PRADESH
2	BAHADUR PATEL	380	GUJARAT
3	ABHISHEK PAL	711	UTTAR PRADESH
4	KANDI SRINIVAS	337	ANDHRA PRADESH
5	GURPREET .	531	MADHYA PRADESH
6	SUBHASH CHAND	684	UTTAR PRADESH
7	GAVIT MURLI	379	GUJARAT
8	SURESH KUMAR	803	UTTARAKHAND
9	KALIDAS HIRAVE	542	MAHARASHTRA
10	RAVINDER SINGH	371	DELHI
11	VASUDEV NISHAD	710	UTTAR PRADESH
12	RAHUL KUMAR SHARMA	704	UTTAR PRADESH
13	DEEPAK SINGH	728	UTTAR PRADESH
14	PRADEEP. SINGH	766	UTTARAKHAND
15	SACHIN PATIL	778	MAHARASHTRA
16	SHRAWAN KUMAR BENIWAL	783	RAJASTHAN
17	RAHUL KUMAR PAL	804	MAHARASHTRA
18	KISAN TADVI TADVI	554	MAHARASHTRA
19	BIPIN KUMAR PATEL	712	UTTAR PRADESH
20	ARJUN KUMAR	695	UTTAR PRADESH
21	RAKESH KUMAR MEENA	627	RAJASTHAN
22	BELLIAPPA AB	475	KARNATAKA
23	MANOJ SINGH	751	UTTARAKHAND
24	G LAKSHMANAN	655	TAMIL NADU
25	RANJEET KUMAR PATEL	714	UTTAR PRADESH
26	ANIL PAWAR	548	MAHARASHTRA