

ATHLETICS FEDERATION OF INDIA

TECHNICAL COMMITTEE

~ ENTRY STANDARDS 2017 *~*

~ U 20 WOMEN & GIRLS *~*

EVENTS		U 20 WOMEN (20 years)	U 18 GIRLS (18 years)	U 16 GIRLS (16 years)	
		<i>Minimum Standards for Entry</i>			
100m.		13.50 s.	14.00 s.	14.50 s.	
200m.		29.00 s.	30.00 s.	31.00 s.	
400m.		1:10.00 s.	1:15.00 s.	1:20.00 s.	
800m.		2:35.00 s.	2:40.00 s.	2:50.00 s.	
1,500m.		5:50.00 s.	5:30.00 s.		
2,000m.				8:30.00 s.	
3,000m.		13:00.00 s.	13:00.00 s.		
5,000m.		24:00.00 s.			
100m. Hurdles		76.2 cms.		19.00 s.	19.20 s.
100m. Hurdles		84.0 cms.	18.00 s.		
400m. Hurdles	76.2 cms.	1:12.00 s.	1:20.00 s.		
3,000m. Steeple Chase	76.2 cms.	13:00.00 s.			
2,000m. Steeple Chase	76.2 cms.		10:05.00 s.		
LONG JUMP		4.25 m.	4.10 m.	4.00 m.	
TRIPLE JUMP		10.50 m.	9.50 m.		
HIGH JUMP		1.40 m.	1.20 m.	1.15 m.	
POLE VAULT		2.60 m.	2.30 m.		
SHOT PUT		3.00 Kgs.		9.00 m.	8.50 m.
SHOT PUT		4.00 Kgs.	7.50 m.		
DISCUS THROW		1.00 Kgs.	25.0 m.	23.00 m.	20.00 m.
HAMMER THROW		3.00 Kgs.		30.00 m.	
HAMMER THROW		4.00 Kgs.	28.00 m.		
JAVELIN THROW		500 gms.		25.00 m.	22.00 m.
JAVELIN THROW	600 gms.	25.0 m.			
MEDLAY RELAY			*	*	
4x100m. Relay		*			
4x400m. Relay		*			
PENTATHLON				*	
HEPTATHLON		*	*		
3,000m. Race Walking				25:00.0 s.	
5,000m. Race Walking			38:00.0 s.		
10,000m. Race Walking			1::10:00.0 s.		

* - No restriction of qualifying standards