



Athletics Federation of India

TECHNICAL COMMITTEE

~ ENTRY STANDARDS ~* FEMALE ATHLETES ~* 2018 *~*

Events & Specifications		GROUPS & STANDARDS				
		WOMEN OPEN	U 20 * WOMEN Below 20 Years	U 18 * GIRLS Below 18 Years	U 16 * GIRLS Below 16 Years	U 14 * GIRLS Below 14 Years
Events	Specifications					
100m .		12.60s.	13.50s.	14.00s.	14.50s.	15.00s.
200m.		24.50s.	29.00s.	30.00s.	31.00s.	
400m.		57.50s.	1:10.00s.	1:15.00s.	1:20.00s.	
600m.						*
800m.		2:18.00s.	2:35.00s.	2:40.00s.	2:50.00s.	
1500m.		4:40.00s.	5:50.00s.	5:30.00s.		
2000m.					8:30.00s.	
3000m.			13:00.00s.	13:00.00s.		
5000m.		18:30.00s.	24:00.00s.			
10,000m.		38:00.00s.				
100m. Hurdles	0.762m			19.00s.	19.20s.	
100m. Hurdles	0.838m.	15.00s.	18.00s.			
400m. Hurdles	0.762m.	1:05.00s.	1:12.00s.	1:20.00s.		
2000m. Steeplechase	0.762m.		13:00.00s.	10:05.00s.		
3000m. Steeplechase	0.762m.	12:30.00s.				
High Jump		1.55m.	1.40m.	1.20m.	1.15m.	*
Pole Vault		3.10m.	2.60m.	2.30m.		
Long Jump		5.50m.	4.25m.	4.10m.	4.00m.	*
Triple Jump		11.50m.	10.50m.	9.50m.		
Shot Put	3.000kg			9.00m.	8.50m.	*
Shot Put	4.000kg	12.00m.	7.50m.			
Discus Throw	1.000kg	35.00m.	25.00m.	23.00m.	20.00m.	
Hammer Throw	3.000kg			30.00m.		
Hammer Throw	4.000kg	45.00m.	28.00m.			
Javelin Throw	500g.			25.00m.	22.00m.	
Javelin Throw	600g.	38.00m.	25.00m.			
Medlay Relay				*	*	
4 x 100m. Relay Race		*	*			
4 x 400m. Relaly Race		*	*			
Trithlon (One Day)						*
Pentathlon (Two Days)					*	
Heptathlon		*	*	*		
3000m. Race Walking (Track)					25:00.0s.	
5000m. Race Walking (Track)				38:00.0s.		
10,000m. Race Walking (Track)			1::10:00.0s.			
20,000m. Race Walking (Track)						
20km. Race Walking (Road)		2::00:00s.				

* - No restriction of qualifying standards.