



INDIAN GRAND PRIX SERIES 2019
EVENTS & QUALIFYING STANDARDS

IGP-1	IGP-2	IGP-3	IGP-4
23 RD FEB. (PATIALA)	27 TH FEB. (DELHI)	2 ND MARCH (SANGRUR)	6 TH MARCH (PANCHKULA)
100M (M&W)	200M (M&W)	100M (M&W)	200M (M&W)
400M (M&W)	400M (M&W)	400M (M&W)	400M (M&W)
800M (M&W)	1500M (M&W)	800M (M&W)	1500M (M&W)
3000M SC (M&W)		5000M (M&W)	
400M HURDLES (M&W)	400M HURDLES (M&W)	400M HURDLES (M&W)	400M HURDLES (M&W)
LONG JUMP (M&W)	TRIPLE JUMP (M&W)	LONG JUMP (M&W)	TRIPLE JUMP (M&W)
HIGH JUMP (M)	HIGH JUMP (M)	HIGH JUMP (M)	HIGH JUMP (M)
SHOT PUT (M&W)	SHOT PUT (M&W)	SHOT PUT (M&W)	SHOT PUT (M&W)
JAVELIN THROW (M&W)	JAVELIN THROW (M&W)	JAVELIN THROW (M&W)	JAVELIN THROW (M&W)
DISCUS THROW (M&W)	DISCUS THROW (M&W)	DISCUS THROW (M&W)	DISCUS THROW (M&W)

QUALIFYING STANDARDS		
MEN	EVENT	WOMEN
10.80s	100M	12.30s
22.00s	200M	24.70s
48.50s	400M	56.50s
1:52.00	800M	2:18.00
3:55.00	1500M	4:35.00
15:00.00	5000M	17:00.00
52.50s	400M HURDLES	1:02.50
9:00.00	3000M SC	10:10.00
7.20m	LONG JUMP	5.90m
14.50m	TRIPLE JUMP	11.75m
2.05m	HIGH JUMP	
16.00m	SHOT PUT	12.00m
65.00m	JAVELIN THROW	42.00m
48.00m	DISCUS THROW	40.00m