

16th Federation Cup Junior National Athletics Championship 2018					
20-22 April 2018, Nehru Stadium, Kovai (Coimbatore)					
Note: This is a tentative competition schedule. Likely to be changed based on ground realities.					
LOC will try to follow the same during the competition days. Ver2.6 (19th Apr. 2018)					
Day 1, 20th April 2018					
101	06.00 Hrs	10km RW	Under 20 Women	Final	1
102	07.00 Hrs	5000m	Under 20 Men	Final	2
103	07.30 Hrs	3000m	Under 20 Women	Final	3
104	08.00 Hrs	Shot Put (4.00kg)	Under 20 Women	Final	4
105	08.00 Hrs.	100m	Under 20 Men	Deca 1	
106	08.15 Hrs	100m	Under 20 Men	Heats	
107	08.30 Hrs	100m	Under 20 Women	Heats	
108	08.45 Hrs	400m	Under 20 Men	Heats	
109	08.50 Hrs	Long Jump	Under 20 Men	Deca 2	
110	09.00 Hrs	400m	Under 20 Women	Heats	
111	10.00 Hrs	Shot Put (6.00 kg)	Under 20 Men	Deca 3	
Break					
16.30 Hrs. Opening Ceremony					
111	17.30 Hrs	High Jump	Under 20 Men	Deca 4	
112	17.30 Hrs	100m	Under 20 Men	Semi Finals	
114	17.30 Hrs	Javelin Throw (600g)	Under 20 Women	Final	5
MC1	<i>17.35 Hrs</i>	<i>10km RW</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	
MC2	<i>17.40 Hrs</i>	<i>5000m</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
115	17.45 Hrs	Long Jump	Under 20 Women	Final	6
116	17.45 HRS	100m	Under 20 Women	Semi Finals	
MC3	<i>17.50 Hrs</i>	<i>3000m</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	
117	18.00 Hrs	400m	Under 20 Men	Semi Finals	
118	18.15 Hrs	400m	Under 20 Women	Semi Finals	
119	18.30 Hrs	400m	Under 20 Men	Deca 5	
120	18.30 Hrs	High Jump	Under 20 Men	Final	7
MC4	<i>18.35 Hrs</i>	<i>Shot Put</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	
121	18.45 Hrs	1500m	Under 20 Men	Final	8
122	18.45 Hrs	Discus Throw (1.00kg)	Under 20 Women	Final	9
123	18.55 Hrs	800m	Under 20 Women	Heats	
124	19.05 HRS	100m	Under 20 Men	Final	10
125	19.15 Hrs	100m	Under 20 Women	Final	11
MC5	<i>19.25 Hrs</i>	<i>Long Jump</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	
MC6	<i>19.30 Hrs</i>	<i>Javelin Throw</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	
MC7	<i>19.35 Hrs</i>	<i>1500m</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
MC8	<i>19.45 HRS</i>	<i>100m</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
MC09	<i>19.50 Hrs</i>	<i>100m</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	
MC10	<i>19.55 Hrs</i>	<i>High Jump</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
MC11	<i>20.00 Hrs</i>	<i>Discus Throw</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	

Day 2, 21st April 2018

201	06.00 Hrs.	10km RW	Under 20 Men	Final	12
202	07.00 Hrs	110mH (0.991m)	Under 20 Men	Deca 6	
203	07.15 Hrs	110mH (0.991m)	Under 20 Men	Heats	
204	07.45 Hrs	Discus Throw (1.75kg)	Under 20 Men	Deca 7	
205	08.00 Hrs	Shot Put (6.00kg)	Under 20 Men	Final	13
206	08.00Hrs	100mH (0.838m)	Under 20 Women	Hepta 1	
207	08.15 Hrs	100mH (0.838m)	Under 20 Women	Heats	
208	08.30 Hrs	1500m	Under 20 Women	Final	14
209	08.30 Hrs	High Jump	Under 20 Women	Hepta 2	
210	08.45 Hrs	800m	Under 20 Men	Heats	
211	08.45 Hrs	Pole Vault	Under 20 Men	Deca 8	
212	09.00 Hrs	4x100m Relay	Under 20 Men	Heats	
213	09.15 Hrs	4x100m Relay	Under 20 Women	Heats	
Break					
214	16.00 Hrs	Long Jump	Under 20 Men	Final	15
215	16.00 Hrs	Javelin Throw (800g)	Under 20 Men	Deca 9	
216	16.00 Hrs	Shot Put (4.00kg)	Under 20 Women	Hepta 3	
217	16.00 Hrs	Pole Vault	Under 20 Women	Final	16
218	16.00 Hrs	100mH (0.838m)	Under 20 Women	Final	17
MC12	<i>16.05 Hrs.</i>	<i>10km RW</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
219	16.15 Hrs	110mH (0.991m)	Under 20 Men	Final	18
MC13	<i>16.20 Hrs</i>	<i>100mH</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	
MC14	<i>16.25 Hrs</i>	<i>110mH</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
MC15	<i>16.50 Hrs</i>	<i>Long Jump</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
220	16.55 Hrs	200m	Under 20 Women	Hepta 4	
221	17.00 Hrs	Triple Jump	Under 20 Women	Final	19
222	17.00 Hrs	Discus Throw (1.75kg)	Under 20 Men	Final	20
223	17.10 Hrs	400m	Under 20 Women	Final	21
224	17.20 Hrs	400m	Under 20 Men	Final	22
MC16	<i>17.35 Hrs</i>	<i>400m</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	
MC17	<i>17.45 Hrs</i>	<i>400m</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
225	17.30 Hrs	1500m	Under 20 Men	Deca 10	23
226	17.40 Hrs.	4x100m Relay	Under 20 Women	Final	24
227	17.50 Hrs	4x100m Relay	Under 20 Men	Final	25
MC18	<i>17.35 Hrs</i>	<i>Pole Vault</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	
MC19	<i>17.40 Hrs</i>	<i>Triple Jump</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	
MC20	<i>17.45 Hrs</i>	<i>Discus Throw</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
MC21	<i>17.50 Hrs</i>	<i>Shot Put</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
MC22	<i>17.55 Hrs</i>	<i>DECATHLON</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
MC23	<i>18.00 Hrs.</i>	<i>4x100m Relay</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	
MC24	<i>18.05 Hrs</i>	<i>4x100m Relay</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
MC25	<i>18.10 Hrs</i>	<i>1500m</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	

Day 3, 22nd April 2018

301	06.00 Hrs.	10000m	Under 20 Men	Final	26
302	06.45Hrs	5000m	Under 20 Women	Final	27
303	07.00 Hrs	Long Jump	Under 20 Women	Hepta	
304	07.00 Hrs	Hammer Throw (4.0 kg)	Under 20 Women	Final	28
305	07.30 Hrs	Pole Vault	Under 20 Men	Final	29
306	07.30 Hrs	200m	Under 20 Men	Heats	
307	07.50Hrs	200m	Under 20 Women	Heats	
308	08.00 Hrs	Javelin Throw (600g)	Under 20 Women	Hepta	
309	08.40 Hrs	200m	Under 20 Men	Semi Finals	
310	08.55 Hrs	200m	Under 20 Women	Semi Finals	
311	09.15Hrs	Hammer Throw (6.0kg)	Under 20 Men	Final	30
312	09.15Hrs	4x400m Relay	Under 20 Women	Heats	
313	09.30 Hrs	4x400m Relay	Under 20 Men	Heats	
314	09.45Hrs	400mH (0.914m)	Under 20 Men	Heats	
315	10.00Hrs	400mH (0.762m)	Under 20 Women	Heats	
Break					
316	16.00 Hrs	400mH (0.762m)	Under 20 Women	Final	31
317	16.00 Hrs	Triple Jump	Under 20 Men	Final	32
MC26	<i>16.05 Hrs.</i>	<i>10000m</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
MC27	<i>16.10 Hrs</i>	<i>400mH</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	
318	16.15 Hrs	High Jump	Under 20 Women	Final	33
319	16.15 Hrs	400mH (0.914m)	Under 20 Men	Final	34
MC28	<i>16.20 Hrs</i>	<i>400mH</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
320	16.25 Hrs	200m	Under 20 Men	Final	35
321	16.30 Hrs	200m	Under 20 Women	Final	36
322	16.35 Hrs	800m	Under 20 Men	Final	37
MC29	<i>16.40 Hrs</i>	<i>Pole Vault</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
MC30	<i>16.45 Hrs</i>	<i>Hammer Throw</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
MC31	<i>16.50 Hrs</i>	<i>200m</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
MC32	<i>16.55 Hrs</i>	<i>200m</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	
323	17.00 Hrs	Javelin Throw (800g)	Under 20 Men	Final	38
324	16.45 Hrs	800m	Under 20 Women	Final	39
325	16.55 Hrs	800m	Under 20 Women	Hepta 7	40
326	17.05 Hrs	3000m SC (0.762m)	Under 20 Women	Final	41
327	17.25 Hrs	3000m SC (0.914m)	Under 20 Men	Final	42
328	17.45 Hrs	4x400m Relay	Under 20 Women	Final	43
329	17.50 Hrs	4x400m Relay	Under 20 Men	Final	44
18.00 Hrs. Valedictory Function					
MC33		<i>Heptathlon</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	
MC34		<i>High Jump</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	
MC35		<i>Triple Jump</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
MC36		<i>Hammer Throw</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	
MC37		<i>Javelin Throw</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
MC38		<i>800m</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	
MC39		<i>800m</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	
MC40		<i>2000m SC</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	
MC41		<i>3000m SC</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
MC42		<i>4x400m Relay</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	
MC43		<i>4x400m Relay</i>	<i>Under 20 Men</i>	<i>Medal Ceremony</i>	
MC44		<i>5000M</i>	<i>Under 20 Women</i>	<i>Medal Ceremony</i>	