

**LIST OF COACHING CAMP TO BE COMMENCED ON 10TH OCTOBER 2018**

**ALL ATHLETES ARE ADVISED TO REPORT ON 10TH OCTOBER 2018 AT THEIR RESPECTIVE VENUE OF CAMP**

**SAI NS NIS PATIALA**

<b>MEN 400 M</b>						
<b>SLNO</b>	<b>NAME</b>	<b>DOB</b>	<b>PB</b>	<b>SB</b>	<b>UNIT</b>	<b>REMARKS</b>
1	MOHAMMED ANAS	17.09.1994	45.32	45.24	SSCB	
2	AROKIA RAJIV	22.05.1991	45.47	45.78	SSCB	
3	AMOJ JACOB	02.05.1998	46.26	46.74	DEL	
4	KUNHU MOHAMMED	05.03.1987	46.02	46.3	SSCB	
5	JEEVAN KS	26.01.1993	46.37	46.37	KAR	
6	NIRMAL NOHA TOM	13.1.1994	46.39 S	46.39	SSCB	
7	A DHARUN	31.12.1996	46.3/48.96	46./48.96	TN	
8	JITHU BABY	1.04.1993	46.78	46.78	SSCB	
9	NIHAL JOEL	13.07.2000	48.16	47.02	KAR	JUNIOR
10	HARSH KUMAR	25.12.1999	46.99 S	47.59	HRA	JUNIOR
11	RAVINDER.	05.07.1998	47.07	47.07	HRA	JUNIOR
12	ALEX A	03.09.1994	47.36	47.36	SSCB	
13	SARTHAK BHAMBRI	21.10.1999	48.30/21.70	47.40/21.70	DEL	
14	T SANTHOSH	05.03.1997	47.77/50.64/H	49.68	TN	
15	JABIR MP	08.06.1996	47.47/50.22/H	50.02	SSCB	
16	ARSH DEEP SINGH #	08.01.1998	47.08	47.13	PUNJAB	JUNIOR
17	JITHIN PAUL	05.06.1990	49.98	49.98	INCOME TAX	
18	MOHAN KUMAR #	14.12.1996	46.65	48.6	TN	
19	JASHANJOT SINGH	02.07.1995	50.25 s	50.25	PUNJAB	
20	GOURAV #	30.06.1999	46.93	46.93 S	HRA	JUNIOR
21	RAJESH RAMESH #	28.08.1999	47.52	47.52	TN	JUNIOR
22	AYUSH DABAS #	28.09.1999	47.65	47.65	HRA	JUNIOR
23	DEVENDER KUMAR #	25.12.1999	47.94	47.94	UP	JUNIOR
24	CIBIN KUMAR SS#	10.02.2000	48.11	48.11	TN	JUNIOR
25	AKSHYA NAIN #	04.06.2000	48.36	48.36	DELHI	JUNIOR

**# Will have to attend assement tests after Joining the Camp**

<b>JAVELIN THROW</b>						
1	NEERAJ CHOPRA	24.12.1997	86.48 M	88.06 M	SSCB	
2	SHIVPAL SINGH	06.07.1995	82.63 M	82.63 M	SSCB	
3	RAJINDER SINGH	06.11.1987	82.23 M	80.60 M	RSPB	
4	VIPIN KASANA	08.04.1987	80.04 M	80.04 M	UP	
5	ABHISHEK SINGH	20.05.1995	77.00 M	77.00 M	SSCB	
6	ABHISHEK DRALL	05.12.1998	72.00 M	73.06 M	DEL	JUNIOR
7	SAHIL SILVEL	17.12.2000	75.38 M	75.38 M	HYA	JUNIOR
8	VIKAS YADAV	22.12.2001	74.34 M/700 GM	74.34 M/700 GM	MAH	JUNIOR
9	AJAYRAJ SINGH RANA	13.01.2002	76.13/700 GM	76.13/700 GM	PUNJAB	JUNIOR
10	YASHVEER SINGH	22.10.2001	73.87 /700 GM	73.87 /700 GM	HRA	JUNIOR
<b>SHOT PUT</b>						
1	TEJENDER SINGH TOOR	11.05.1992	20.45	20.45	SSCB	
2	JASDEEP SINGH	06.10.1990	18.99 M	18.99 M	PUNJAB	
3	NAVEEN CHIKARA	14.12.1996	19.57 M	19.57 M	SSCB	
4	PARVEEN	10.10.1993	18.76+			
<b>DISCUS THROW</b>						
1	VANAM SHARMA	13.04.1998	20.04M/51.06 M	20.40 M	RAJ	JUNIOR
2	MITHRA VARUN	09.07.1997	52.09/1.75	52.09	TN	

<b>DECATHALON</b>						
1	ABHISHEK SHETTY	06.03.1992	7021	7021	RSPB	
2	BHUTA SINGH	01 .04.1191	6953	6953	SSCB	

<b>TRIPLE JUMP &amp; LONG JUMP</b>						
1	ARPINDER SINGH	16.2.1992	17.19	17.09 M	ONGC	
2	MEHPREET SINGH	26.03.1995	7.63 M	7.63 M	PUNJAB	

**WOMEN 400 M 400 M H**

<b>400 M</b>						
1	HIMA DAS	09.01.2000	51.97	50.79	ASM	
2	NIRMLA		51.28	51.28	HRA	
3	ANJALI DEVI #		51.79	51.79	HAR	
4	M.R. POOVAMMA	05.06.1990	51.7	52.94	ONGC	
5	PRACHI	20.12.1996	52.96	52.96	UP	
6	CHHAVI SARAVAT	12.07. 1992	53.22	52.98	RSPB	
7	VIJAYA KUMARI	05.08.1996	53.03	53.03	KAR	
8	VISMAYA VK	14.05.1997	53.67	53.21	KER	
9	SARITHA GAIKWARD	01.06.1994	53.87	53.24	GUJ	
10	SONIA BAISYA	15.10.1995	54.96	53.44	WB	
11	ANILDA THOMAS #	02.04.1993	52.23	54.02	KERALA	
12	NITHYA SHREE	08.01.1994	54.76	53.52	KAR	
13	ANU RAGHAVAN	20.04.1993	53.68/57.30 HS	56.95 H	KER	
14	JAUNA MURMU	16.08.1990	57.05/H	57.02	ONGC	
15	SUBHA #	31.08.1999	55.3	55.3	TN	JUNIOR
16	SNEHA	08.10.1998	55.92	55.92	KERALA	JUNIOR
17	RACHNA #	30.07.2000	55.59	55.59	HAR	JUNIOR
18	NIDHI SINGH #	31.01.1999	57.15	57.15	MAH	JUNIOR
19	RITIKA #	18.01.2001	57.54	57.54	DEL	JUNIOR
20	SUNIL KUMARI #	12.08.1999	57.60	57.6	HAR	JUNIOR
21	FLORENCE BARLA #	01.01.2003	56.70	56.70	JHAR	JUNIOR
22	KAVITA #	30.12.97	54.37	54.37	HAR	

# Will have to attend assesment tests

**TRIPLE JUMP**

1	RENU	21.12.1998	13.63	13.63	HRA	
<b>SHOT PUT</b>						
1	ANAMIKA DAS	28.03.1999	14.96 M	14.96	UP	JUNIOR
2	KANCHAR CHAUDHARY	17.05.1999	14.15 M	14.15	RAJ	JUNIOR
3	KIRAN BALIYAN	06.03.1999	15.23 M	15.23 M	UP	JUNIOR
<b>DISCUS THROW</b>						
1	NAVJEET KAUR	06.03.1995	59.08	59.08	RSPB	
2	SEEMA PUNIA	27.07.1983 TRG	62.62 M	61.05	AISPB	
3	KAMAL PREET KAUR	03.04.1996	56.11	56.11	PUNJAB	
4	SANDEEP KUMARI	10.12.1992	58.06 M	58.06 M	RSPB	
5	NIDHI RANI	03.01.1997	49.98 M	49.98 M	ONGC	
<b>JAVELIN THROW</b>						
1	ANNU RANI	29.08.1992	61.86 M	61.86	RSPB	
2	KUMARI SHARMILA	02.03.1995	54.21 M	54.84 M	RSPB	

**HAMMER THROW**

1	SARITA P SINGH	26.10.1989	65.25 M	65.25	RSPB	
2	NIDHI	20.03.1996	58.14 M	58.14 M	AISPB	
<b>HEPTAHLON</b>						
1	SWAPNA BARMAN	29.10.1996	5942 PTS	5942	WB	
2	LIKSY JOSEPH	17.02.1990	5633 PTS	5633	RSPB	
3	PURNIMA HEMBRAM	10.07.1993	5798 PTS	5864	RSPB	
4	SOUMIYA	25.03.1996	5394	5394	TN	
5	MAREENA GEORGE	10.9.1995	5030	5030	KER	

**SAI NS SC BANGALORE****MEN****800 M &1500 M MEN**

1	JHINSON JHONSON	13.05.1991	01:45.3	01:45.7	SSCB	
2	MANJIT SINGH	01.09.1989	01:46.4	01:46.4	ONGC	
3	MOHD AFSAL	03.02.1996	01:46.8	01:46.8	SSCB	
4	BEANT SINGH	10.01.1999	01:46.9	01:46.9	DELHI	JUNIOR
5	ANKIT	01.12.1999	01:51.4	1;51.40	HYA	JUNIOR
6	ARUN KUMAR	12.10.1995	01:52.0	01:52.1	SSCB	
7	JEEVA SARAN A	13.12.1996	01:51.7	01:58.7	TN	
8	AJAY KUMAR SAROJ	01.05.1997	03:44.6	03:46.5	UP	

9	SATISH KUMAR	06.05.1994	3:45.15 S	03:49.5	SSCB	
10	SAHIL THAKRAN	15.07.1998	03:57.2	03:57.2	HYA	JUNIOR
11	BIR SINGH	20.07.1990	3:42.28 S	3:42.28 S	AISPB	
12	RAHUL	01.12.1996	03:43.4	03:43.4	DELHI	
<b>5000 M&amp;10000 M</b>						
1	G. LAKSHMANAN	05.06.1990	13:35.5	13:35.5	SSCB	
2	AJIT KUMAR	03.07.1999	14:06.0	14:06.0	GUJ	JUNIOR
3	RAHUL	01.12.1996	14:36.71 S	14:36.71 S	DELHI	
4	ARJUNKUMAR	03.12.1997	14.06.98	14.06.98	UP	
<b>3000M SC</b>						
1	AVINASH SABLE	22.10.1996	8.39.49	08:49.5	SSCB	
2	DURGA BAHADUR BUDHA	03.05.1990	08:46.2	08:46.2	SSCB	
3	RAKESH KUMAR SWAMY	07.01.1994	08.47.31	08.47.31	SSCB	
4	SHANKAR LAL SWAMY	07.05.1996	08:43.9	08:43.9	SSCB	
<b>20 KM WALK</b>						
1	K.T. IRFAN	08.02.1990	01:20.2	00:01:21	SSCB	
2	MANISH SINGH RAWAT	05.05.1991	01:20.3	01:21.4	UKD	
3	VIKASH SINGH	06.7.1996	01:22.4	01:22.4	JKD	
4	EKNATH	18.1.1998	01:21.5	01:21.5	RSPB	
5	NEERAJ.	15.8.1994	01:21.4	01:21.4	SSCB	
6	GANAPATHY					

#### WOMEN

<b>800 M</b>						
1	ARCHANA ADHAV	14.07.1995	2:08.44 S	02:05.4	MAH	
2	PRIYA K	15.06.1997	2:08.19 S	02:08.2	INCOME TAX	
3	LILY DAS		02:03.5	04:13.2	RSPB	JUNIOR
4	SHIPRA SARKAR	10.10.1995	02:05.8	02:05.8	WB	
5	KOMAL CHOUDHARY	01.06.1995	02:06.7	02.06.68	HRA	
<b>1500 M</b>						
1	CHITHRA PU	09.06.1995	04:17.9	04:11.6	KER	
2	JUMA KHATUN	28.06.1988	04:12.8	04:12.8	RSPB	
<b>5000 &amp;1000 M</b>						
1	L.SURYA	07.07.1990	15:46.9	34:12.0	RSPB	
2	SANJIVINI JADHAV	12.07.1996	15:38.8	15:38.8	RSPB	
3	MEENU MEENU	01.07.1995	34:17.0	34:41.5	RAJ	
4	PARUL CHAUDHARY	15.04.1995	33:57.2	16:07.6	RSPB	
5	POONAM SONAWANE	04.04.2000	17:03.3	17.:03.30	MAH	JUNIOR
6	KIRANJIT KAUR					
7	SUMAN RANI	01.01.2000	17:02.7	17:02.7	UP	JUNIOR
<b>3000 M SC</b>						
1	SUDHA SINGH	25.06.1986	09:26.6	09:59.5	UP	
2	CHINTA YADAV	26.03.1993	10.10.22/SC	09:58.3	UP	
3	RICHA BADURIA	28.1.1997	10.28.37	10.28.37	UP	
4	SUGANDA GURJAR	02.08.96	10.27.80	10.27.80	AISPB	
<b>20 KM WALK</b>						
1	KUSHBIR KAUR	9.7.1993	01:31.6	1::32;28	PUNJAB	
2	SOUMYA B	10.5.1991	1::31:28	1::31:28	AISPB	
3	SHANTHI KUMARI	15.08.1994	1::34:56	1::34:56	RSPB	
4	RAVINA	21.05.1997	1::35:45	1::35:45	HRA	

#### LNCP TRIVANDRUM

<b>LONG JUMP</b>						
1	SREESHANKAR M	27.03.1999	7.99 M	7.99 M	KER	JUNIOR
2	RISHABH RISHISWAR	09.03.2000	7.44 M	7.44 M	UP	JUNIOR
3	LOKESH	21.12.1999	7.38 M	7.38 M	KAR	JUNIOR

<b>TRIPLE JUMP</b>						
1	MOHAMDED SALHADIN	24.03.1995	16.10 M	16.32	CUSTOMS	
2	RAKESH BABU	20.2.1992	16.52 M	16.63 M	SSCB	
3	PRAVEEN CHITHRAVEL	05.06.2001	16.26 M	16.26 M	TN	JUNIOR
4	KAMAL RAJ	03.10.1999	16.46	16.46 M	TN	JUNIOR
<b>HIGH JUMP</b>						
1	SIDDHARTH YADAV	30.11.1993	2.25 M	2.25 M	HAR	
2	CHE TAN B	18.08.1992	2.25 M	2.25 M	SSCB	
3	SARVESH ANIL KISHORE	17.06.1995	2.24 M	2.24M	SSCB	
4	BHARTHI V	25.05.1999	2.21 M	2.21 M	TN	JUNIOR
<b>LONG JUMP WOMEN</b>						
1	V. NEENA	02.05.1991	6.66 M	6.51	RSPB	
<b>TRIPLE JUMP</b>						
1	NV SHEENA	22.11.1992	13.58 M	13.38 M	KER	
2	ANOSHA POOJARI	10.06.1996	12.98	12.95	KAR	
3	SONAM KM	15.05.1998	13.33 M	13.33 M	TEL	JUNIOR
<b>PT USHA SCHOOL OF ATHLETICS</b>						
1	JISNA MATHEW	07.01.1999	52.65 S	53.26	KER	
2	SNEHA	08.10.1998	55.92	55.92	KERALA	JUNIOR
3	TINTU LUKA	26.04.1989	1;59.19	NO SB 2017-	RSPB	
4	ABITHA MARY	24.11.1998	02.:07.33	02:07.3	KER	JUNIOR

# Subject to approval of Sports Authority of India