

MIHIRA IX NATIONAL FEDERATION CUP {Seniors} ATHLETIC CHAMPIONSHIPS 2003
G.M.C. BALAYOGI ATHLETIC STADIUM, GACHIBOWLI, HYDERABAD

28th TO 30th JULY 2003

RESULTS

28.7.2003 *DAY-1*

0915 HRS		100M	MEN	RECORD
		HEAT-1		National: 10.33S
W/S:				Meet: 10.3S
Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	616	Sandeep Sarkaria	DEL	10.70s
2	439	Ganesh Satpute	MAH	10.78s
3	474	Alex Antony Raj	TN	10.90s
4	163	S.M.Karthigeyan	I. BANK	11.03s
5	347	Surinder Singh	HAR	11.10s
6	638	Vilas Nilagund	KAR	11.30s
7	112	P.Narendranath	AP	11.42s
8	420	S. S. Sreenath	NAVY	11.58s
		HEAT-2		
1	617	Piyush Kumar	DEL	10.66s
2	637	Md. Muddassir	KAR	10.80s
3	119	Arashad Hussain	AP	10.81s
4	440	R. Srinivasan	MAH	10.81s
5	195	Vikas Prasher	PP	10.96s
6	313	Sameer Mon	ARMY	11.08s
7	639	Parameshwar	KAR	11.09s
8	196	Manjinder Singh	PP	11.28s
		HEAT-3		
1	290	Sanjoy Ghosh	ARMY	10.68s
2	131	Amit Saha	WB	10.81s
3	291	Parashuram	ARMY	10.88s
4	473	Wayne Peppin	TN	10.98s
5	687	Rahmutalla Molla	AAFI	11.02s
6	250	Saraj Singh	PP	11.90s
7	475	C. Thirun Nanadu Rai	TN	11.94s

**100M
FINAL****MEN****RECORD**

National: 10.33S

Meet: 10.3S

W/S:

+ 0.1 M/S

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	616	SANDEEP SARKARIA	DEL	10.51 S.
2	290	SANJAY GHOSH	ARMY	10.52 S.
3	617	PIYUSH KUMAR	DEL	10.61 S.
4	131	AMIT SAHA	W.B.	10.73 S.
5	440	R. SRINIVASAN	MAH	10.81 S.
6	637	Md. MUDDASSIR	KAR	10.82 S.
7	439	GANESH SATPUTE	MAH	10.84 S.
8	119	ARSHAD HUSSAIN	A.P.	10.92 S.

Women's team ch
Overall team char
Best individual ath
Team champion n**0930 HRS****100M
HEAT-1****WOMEN****RECORD**

National: 11.38S

Meet: 11.39S

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	141	Mukti Saha	WB	12.24s
2	505	K.N.Priya	TN	12.25s
3	657	G.D.Gowramma	KAR	12.48s
4	124	Iyleen Samantha	AP	12.82s
5	387	Smithamol Joseph	KER	13.28s

HEAT-2

1	142	Rakhi Saha	WB	12.18s
2	388	Greeshma K.M.	KER	12.38s
3	658	H.M. Jyothi	KAR	12.39s
4	129	K. Ramadevi	AP	12.51s

HEAT-3

1	130	K. Arunakumari	AP	12.70s
2	575	Nidhi Chaudhary.	UP	12.88s
3	507	Anju Kumari	TN	12.90s
4	389	Dhanya Purushothaman	KER	12.93s

5 586 Seena Abraham CRPF 13.51s

0930 HRS

**100M
FINAL**

WOMEN

RECORD

National: 11.38S
Meet: 11.39S

Position	Chest No.	Name of Athlete
1	142	RAKHI SAHA
2	141	MUKTI SAHA
3	388	GREESHMA K. M.
4	658	H. M. JYOTHI
5	505	K. N. PRIYA
6	130	K. ARUNA KUMRI
7	657	G. D. GOWRANNA
8	575	NIDHI CHAUDHARY

State/ Unit	Performance
W.B.	12.06 S.
W.B.	12.12 S.
KER	12.16 S.
KAR	12.20 S.
T.N.	12.28 S.
A.P.	12.51 S.
KAR	12.56 S.
U.P.	12.66 S.

W/S:
- 0.5 M/S

1500 HRS

**1500M
FINAL**

MEN

RECORD

National: 3:38.00S
Meet: 3:46.8S

Position	Chest No.	Name of Athlete
1	542	Kuldip Kumar
2	328	Pritam Bind
3	349	Sunil Kumar
4	300	C. Hamza
5	299	Lekh Raj
6	656	B.B. Manju Nath
7	298	Ghamanda Ram
8	206	Bhajan Lal

State/ Unit	Performance
UP	3:50.63s
UTTA	3:52.73s
HAR	3:52.96s
ARMY	3:54.45s
ARMY	3:55.57s
KAR	3:58.67s
ARMY	3:59.24s
PP	4:00.56s

1515 HRS

**1500M
FINAL**

WOMEN

RECORD

National: 4:06.03S
Meet: 4:08.01S

Position	Chest No.	Name of Athlete
1	472	Madhuri A. Singh

State/ Unit	Performance
AIESCB	4:26.18s

2	661 Hemlatha	KAR	4:32.98s
3	510 S. Santhi	TN	4:45.75s
4	264 Sarda Chandel	PP	4:55.04s
5	394 Mini V.V.	KER	4:58.42s
6	262 Ramla Devi	PP	4:59.46s
7	265 Surjit Kaur	PP	5:00.01s
8	592 Salma M.C.	CRPF	5:04.22s
9	635 Jayanthi Negi	DEL	5:04.67s

1500 HRS

**DISCUS
FINAL**

WOMEN

RECORD

National: 64.55M
Meet: 60.95M

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	372	Neelam J. Singh	HAR	58.95m
2	275	Harwant Kaur	PP	56.88m
3	605	Seema Antil	CRPF	54.59m
4	371	Krishna Punia	HAR	52.51m

1540 HRS

**SHOT PUT
FINAL**

MEN

RECORD

National: 20.42M
Meet: 19.68M

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	320	Jayveer Singh	ARMY	18.30m
2	241	Kulwinder Singh	PP	17.88m
3	357	Malkhan Singh	HAR	17.62m
4	676	Kuldeep Mann	AAFI	17.44m
5	242	Gurpreet Singh (Jr.)	PP	16.59m
6	174	Pakinder Singh	ONGC	15.90m

1500 HRS

**LONG JUMP
FINAL**

WOMEN

RECORD

National: 6.74M
Meet: 6.59M

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	121	J.J. Shobha	AP	6.23m +1.1
2	390	Jetty C. Joseph	KER	6.03m +0.6

3	192	Ruta Patkar	JHAR	5.86m -0.2
4	521	K. Revathi	TN	5.77m +0.4
5	151	Kalpana Das	WB	5.69m 0.0
6	396	Tincy Philip	KER	5.56m -1.0
7	516	A. Amudha	TN	5.46m 0.0
8	596	Anisha K. Vijayan	CRPF	5.38m -0.7

1550 HRS

10000M
FINAL

MEN

RECORD

National: 28:48.72S

Meet: 29:40.70S

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	102	Shivanand	AP	32:31.32s
2	431	Baliram Disale	MAH	32:33.94s
3	376	Soji Mathew	KER	32:34.93s
4	647	Shanwaz	KAR	33:13.25s
5	136	Lingappa Sargar	MAH	33:30.00s
6	642	Balakrishna Avalakki	KAR	35:06.77s

1630 HRS

10000M
FINAL

WOMEN

RECORD

National: 34:30.2S

Meet: 35:05.18S

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	146	L.Aruna Devi	WB	36:32.66s
2	462	Ashwini Dukandar	MAH	39:13.93s
3	145	Basanti Biswas	WB	40:02.39s
4	269	Asha Rani	PP	41:30.46s
5	663	D.Pushpavathi	KAR	42:10.37s
6	265	Surjit kaur	PP	43:04.29s
7	513	S.Ramya	TN	44:07.89s
8	147	Mamta Singh	WB	44:55.13s

1630 HRS

JAVELIN
FINAL

MEN

RECORD

National: 79.68M

Meet: 78.79M

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	323	Fajal Ansari	ARMY	75.07m
2	233	Ramandeep Singh	PP	73.96m

3	324	Lijesh Kumar	ARMY	73.29m
4	361	Rai Singh	HAR	69.15m
5	678	Avtar Singh	AAFI	69.15m
6	325	Rajnath Singh	ARMY	68.49m
7	688	Mukesh Kr. Nehra	AAFI	67.49m
8	631	Gajinder	DEL	67.38m

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G.M.C. BALAYOGI ATHLETIC STADIUM, GACHIBOWLI, HYDERABAD
28th TO 30th JULY 2003

COMPILED FINAL RESULTS

		100M FINAL	MEN	RECORD	
				National:	10.33S
				Meet:	10.3S
Position	Chest No.	Name of Athlete	State/ Unit	Performance	W/S:
1	616	SANDEEP SARKARIA	DEL	10.51 S.	+ 0.1 M/S
2	290	SANJAY GHOSH	ARMY	10.52 S.	
3	617	PIYUSH KUMAR	DEL	10.61 S.	
4	131	AMIT SAHA	W.B.	10.73 S.	
5	440	R. SRINIVASAN	MAH	10.81 S.	
6	637	Md. MUDDASSIR	KAR	10.82 S.	
7	439	GANESH SATPUTE	MAH	10.84 S.	
8	119	ARSHAD HUSSAIN	A.P.	10.92 S.	
0930 HRS		100M FINAL	WOMEN	National:	11.38S
				Meet:	11.39S
Position	Chest No.	Name of Athlete	State/ Unit	Performance	W/S:
1	142	RAKHI SAHA	W.B.	12.06 S.	- 0.5 M/S
2	141	MUKTI SAHA	W.B.	12.12 S.	
3	388	GREESHMA K. M.	KER	12.16 S.	
4	658	H. M. JYOTHI	KAR	12.20 S.	
5	505	K. N. PRIYA	T.N.	12.28 S.	
6	130	K. ARUNA KUMRI	A.P.	12.51 S.	
7	657	G. D. GOWRANNA	KAR	12.56 S.	
8	575	NIDHI CHAUDHARY	U.P.	12.66 S.	

Event No."321" * 15.30 Hrs.

200m. - MEN ~ FINAL
FINAL

W/S: +0.6

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	289	ANIL KUMAR	ARMY	20.95S
2	290	SANJAY GHOSH	ARMY	21.02S
3	131	AMIT SAHA	WB	21.15S
4	638	VILAS NILAGUND	KAR	21.30S
5	637	MD. MUDDASSIR	KAR	21.58S
5	670	ASHU BHATIA	HAR	21.58S
7	292	IBRAT ALI	ARMY	21.99S
8	119	ARSHAD HUSSAIN	AP	22.05S

Event No."322" * 15.40 Hrs.

200m. - WOMEN ~ FINAL

W/S: +0.8

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	256	MANJEET KAUR	PP	23.79S
2	141	MUKTI SAHA	WB	24.11S
3	257	SAGARDEEP KAUR	PP	24.33S
4	125	S. GEETHA	AP	24.50S
5	142	RAKHI SAHA	WB	24.53S
6	658	H.M. JYOTHI	KAR	24.94S
7	696	MANDEEP KAUR	AAFI	26.02S

Event No."217" * 15.00 Hrs.

MEN * 400m.

FINAL

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	671	MANOJ LAL K.J.	KER	46.84S
2	293	SATBIR SINGH	ARMY	47.60S
3	294	ANIL KUMAR ROHIL	ARMY	47.60S
4	479	K. SURESH	T.N.	47.87S
5	418	T. G. AJESH	NAVY	48.40S
6	175	SHIVPRATAP SINGH	ONGC	48.43S
7	680	PRAMOD KUMAR	AAFI	48.77S
8	327	ABOO BACKER	ARMY	51.13S

Event No."220" * 1515 Hrs.

WOMEN * 400m.

FINAL

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	125	S. GEETHA	A.P.	53.73S
2	141	MUKTI SAHA	W.B.	54.01S
3	257	SAGARDEEP KAUR	P.P.	54.60S
4	122	KALPANA REDDY	A.P.	54.81S
5	191	CHITRA K. SOMAN	JHA	55.36S

6	391	REKHA M. K.		KER	55.56S
Event No."328" * 16.25 Hrs.		800m. - MEN		FINAL	
Position	Chest No.	Name of Athlete		State/ Unit	Performance
1	374	PARMESH P.S.		KER	1:49.16S
2	296	SUHESH S. J.		ARMY	1:51.55S
3	441	NARAYAN SINGH		MAH	1:52.22S
4	110	P. SUNNY SHARMA		A.P.	1:52.55S
5	297	VINODAM		ARMY	1:53.15S
6	384	BINU MICHAEL		KER	1:58.92S

Event No."327" * 16.20 Hrs.		800m. - WOMEN			
Position	Chest No.	Name of Athlete		State/ Unit	Performance
1	472	MADHURI A. SINGH		AIESCB	2:03.70S
2	144	PINKI PARMANIK		WB	2:05.15S
3	510	S. SANTHI		TN	2:09.44S
4	682	TEJINDER KAUR		AAFI	2:11.79S
5	394	MINI V.V.		KER	2:12.69S
6	262	RAMLA DEVI		PP	2:13.65S
7	393	A. VIJILA		KER	2:21.47S
8	261	KAMALJIT KAUR		PP	2:24.87S
9	263	NIRMALAJIT KAUR		PP	2:41.74S
1500 HRS		1500M		MEN	RECORD
		FINAL			National: 3:38.00S
					Meet: 3:46.8S

Position	Chest No.	Name of Athlete		State/ Unit	Performance
1	542	Kuldip Kumar		UP	3:50.63s
2	328	Pritam Bind		UTTA	3:52.73s
3	349	Sunil Kumar		HAR	3:52.96s
4	300	C. Hamza		ARMY	3:54.45s
5	299	Lekh Raj		ARMY	3:55.57s
6	656	B.B. Manju Nath		KAR	3:58.67s
7	298	Ghamanda Ram		ARMY	3:59.24s
8	206	Bhajan Lal		PP	4:00.56s
1515 HRS		1500M		WOMEN	RECORD
		FINAL			National: 4:06.03S
					Meet: 4:08.01S

Position	Chest No.	Name of Athlete		State/ Unit	Performance
1	472	Madhuri A. Singh		AIESCB	4:26.18s

2	661 Hemlatha	KAR	4:32.98s
3	510 S. Santhi	TN	4:45.75s
4	264 Sarda Chandel	PP	4:55.04s
5	394 Mini V.V.	KER	4:58.42s
6	262 Ramla Devi	PP	4:59.46s
7	265 Surjit Kaur	PP	5:00.01s
8	592 Salma M.C.	CRPF	5:04.22s
9	635 Jayanthi Negi	DEL	5:04.67s

Event No."230" * 17.30 Hrs.

5,000m. - MEN

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	542	KULDIP KUMAR	UP	14:34.06S
2	349	SUNIL KUMAR	HAR	14:57.77S
3	328	PRITAM BIND	UTT	15:20.64S
4	544	AJAI KUMAR	UP	15:21.78S
5	329	GOPAL SINGH	UTT	15:29.79S
6	642	BALAKRISHNA AVALAKKI	KAR	15:29.95S
7	641	R. YELLAPPA	KAR	15:38.42S
8	136	BABLU GHOSH	WB	15:40.84S

Event No."229" * 17.00 Hrs.

5,000m. - WOMEN

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	456	MADHURI GURNULE	MAH	17:31.93S
2	662	L. MANJULA	KAR	17:58.61S
3	266	VANITA THAKUR	PP	18:21.47S
4	265	SURJIT KAUR	PP	18:40.84S
5	145	BASANTI BISWAS	WB	19:22.48S
6	513	S. RAMYA	TN	20:02.87S

1550 HRS

10000M

MEN

RECORD

FINAL

National:

28:48.72S

Meet:

29:40.70S

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	102	Shivanand	AP	32:31.32s
2	431	Baliram Disale	MAH	32:33.94s
3	376	Soji Mathew	KER	32:34.93s
4	647	Shanwaz	KAR	33:13.25s
5	136	Shailendra Thakur	MAH	33:30.00s
6	642	Balakrishna Avalakki	KAR	35:06.77s

1630 HRS

10000M

WOMEN

RECORD

FINAL

National: 34:30.2S
Meet: 35:05.18S

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	146	L.Aruna Devi	WB	36:32.66s
2	462	Ashwini Dukandar	MAH	39:13.93s
3	145	Basanti Biswas	WB	40:02.39s
4	269	Asha Rani	PP	41:30.46s
5	663	D.Pushpavathi	KAR	42:10.37s
6	265	Surjit kaur	PP	43:04.29s
7	513	S.Ramya	TN	44:07.89s
8	147	Mamta Singh	WB	44:55.13s

Event No."323" * 15.45 Hrs. **3,000m. STEEPLE CHASE - MEN**

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	103	ARUN D'SOUZA	AP	8:52.21S
2	303	RANJAN KUMAR JHA	ARMY	9:10.81S
3	301	R. SURESH	ARMY	9:16.48S
4	547	VIJAY PAL	UP	9:17.11S
5	548	VIKAS SINGH	UP	9:31.67S
6	212	BALVINDER SINGH	P.P.	9:35.43S
7	331	BITTU KUMAR	UTT	9:42.82S
8	214	BHAGWAN DIWAKAR GIRI	P.P.	10:09.52S

Event No."324" * 16.00 Hrs. **3,000m. STEEPLE CHASE - WOMEN**

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	661	HEMALATHA	KAR	11:05.67S
2	266	VANITA THAKUR	P.P.	11:18.63S
3	414	JASWINDER KAUR	PUN	11:46.87S
4	267	SARABJIT KAUR	P.P.	11:59.05S
5	127	G. LAXMI	AP	12:18.68S

Event No."221" * 15.30 Hrs. **MEN * 110m. HURDLES**

FINAL

W/S: +.8m/S

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	4	NAUNIDH SINGH	B.S.F.	14.21S NMR
2	306	K. KRISHNAMOHAN	ARMY	14.54S
3	307	PRASAD REDDY	ARMY	14.64S

4	645	HARISH KUSHALAPPA	KAR	14.92S
5	216	GURVINDERPAL SINGH	P.P.	14.98S
6	215	SAHIB SINGH	P.P.	15.01S
*	476	P. MUTHUSWAMI	T.N.	14.54S

WOMEN * 100m. HURDLES

Event No."222" * 15.45 Hrs.

FINAL

W/S:

+ .7m/S

Position	Chest No.	Name of Athlete	State/ Unit	Performance
	505	K. N. PRIYA	T.N.	14.56S
1	184	DEEPTI VAIDYA	ONGC	14.80S
2	259	RAJWINDER KAUR	P.P.	15.15S
3	389	DHANYA PURUSHOTHAMAN	KER	15.36S
4	148	TUCY DESHMUKH	W.B.	15.39S
5	260	AARWINDA RATHVA	P.P.	15.46S
6	532	AMITA KUMARI SETHI	ORI	15.61S
7	387	SMITHAMOL JOSEPH	KER	15.69S

Event No."315" * 15.00 Hrs.

400m. HURDLES - MEN

FINAL

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	307	PRASAD REDDY	ARMY	51.24S NMR
2	105	P. SHANKAR	A.P	51.53S NMR
3	218	RANJODH SINGH	PP	52.09S
4	308	KANWAR RAKESH	ARMY	52.23S
5	217	DILJOT SINGH	PP	52.99S
6	219	KULDEO SINGH	PP	53.23S
7	490	A. JAYASHANKAR	T.N.	54.08S

Event No."320" * 15.15 Hrs.

400m. HURDLES - WOMEN

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	517	S. ROSALINE AROKIAMARY	TN	1:00.72S
2	259	RAJWINDER KAUR	PP	1:02.33S
3	392	BIJIMOL K. CHACKO	KER	1:03.23S
4	613	CHAITALI NANDINI	GOA	1:03.83S
5	518	V. VANSHREE	TN	1:05.33S
6	666	VIJAYA LAKSHMI	KAR	1:07.11S

7 411 BALJIT KAUR PUN 1:09.02S
8

Event No."216" * 15.00 Hrs.

HIGH JUMP - MEN

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	491	Benadict Starli	TN	2.11M EMR
2	137	Harishankar Roy	WB	2.08M
3	623	Vinod Kumar	DEL	2.08M
3	378	Roshan.K.R	KER	2.08M
5	318	Alex Thomas	ARMY	2.05M
6	227	Balraj Singh.	PP	2.05M

Event No."319" * 15.00 Hrs.

HIGH JUMP - WOMEN

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	395	BOBY ALOYOSIUS	KER	1.89M
2	667	SAHANA KUMARI	KAR	1.75M
3	520	A. AMUDHA	TN	1.70M
4	463	SARITA PATIL	MAH	1.65M
4	150	MALIKA MONDAL	WB	1.65M
6	459	LIMIKA TAKALE	MAH	1.65M
7	516	A. AMUDHA	TN	1.65M

Event No."223" * 16.00 Hrs.

LONG JUMP - MEN

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	220	AMRIT PAL SINGH	P.P.	7.79M -0.1
2	473	WAYNE PEPPIN	TN	7.75M -0.3
3	353	MAHA SINGH	HAR	7.52M -0.3
4	138	SANJAI RAI	W.B.	7.46M -0.2
5	315	RAMACHANDRAN	ARMY	7.38M -0.3
6	488	M. SARAVANA KUMAR	TN	7.33M -0.1

1500 HRS

LONG JUMP

WOMEN

National: 6.74M
Meet: 6.59M

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	121	J.J. Shobha	AP	6.23m +1.1
2	390	Jetty C. Joseph	KER	6.03m +0.6
3	192	Ruta Patkar	JHAR	5.86m -0.2
4	521	K. Revathi	TN	5.77m +0.4
5	151	Kalpana Das	WB	5.69m 0.0

6	396	Tincy Philip	KER	5.56m -1.0
7	516	A. Amudha	TN	5.46m 0.0
8	596	Anisha K. Vijayan	CRPF	5.38m -0.7

Event No."316" * 15.00 Hrs. **TRIPLE JUMP - MEN**

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	316	SANTISON K.C.	ARMY	15.47M
2	385	SHYJU V.	KER	15.46M
3	225	PRITPAL SINGH	P.P.	15.36M
4	404	HARGOVIND SINGH	PUN	15.29M
5	405	SUKHWINDER SINGH	PUN	15.11M
6	494	SURESH BABU	TN	15.02M

Event No."309" * 9.00 Hrs. **TRIPLE JUMP - WOMEN**

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	152	MANISHA DEY	WB	12.93M
2	151	KALPANA DAS	WB	12.43M
3	505	K. N. PRIYA	TN	12.19M
4	521	K.REVATHI	TN	12.18M

Event No."305" * 08.00 Hrs. **POLE VAULT - MEN**

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	381	GEESH KUMAR	KER	4.90M NMR
2	354	SHAMSHER SINGH	HAR	4.85M
3	566	GAJANAN KR. UPADYAY	UP	4.80M
4	557	JITENDER KUMAR	UP	4.70M
5	626	RAMDHARI	DEL	4.60M
6	229	SATPAL SINGH	P.P.	4.60M

Event No."318" * 15.00 Hrs. **POLE VAULT - WOMEN**

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	274	KARAMJIT KAUR	P.P.	3.50M NNR
2	599	CHETNA SOLANKI	CRPF	3.45M ENR
3	524	V. S. SUREKHA	TN	3.45M ENR
4	600	DEEPA CHAUDHARY	CRPF	3.10M
5	153	TAPASI NANDI	WB	2.80M

1540 HRS

SHOT PUT

MEN

RECORD

National: 20.42M

Meet: 19.68M

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	320	Jayveer Singh	ARMY	18.30m

2	241	Kulwinder Singh	PP	17.88m
3	357	Malkhan Singh	HAR	17.62m
4	676	Kuldeep Mann	AAFI	17.44m
5	242	Gurpreet Singh (Jr.)	PP	16.59m
6	174	Pakinder Singh	ONGC	15.90m

Event No."219" * 15.00 Hrs.

SHOT PUT - WOMEN

FINAL

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	156	Archana MondaL	WB	11.61M
2	276	Narinder Kaur	PP	11.35M
3	277	Manjit Kaur	PP	11.12M
4	604	Binitha Kumari	CRPF	11.04M

Event No."226" * 16.30 Hrs.

DISCUS - MEN

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	238	DEVENDER SINGH	PP	53.01M
2	239	GURUSEWAK SINGH	PP	52.88M
3	321	RANBIR SINGH	ARMY	51.97M
4	407	AMANDEEP SINGH	PUN	51.74M
5	10	AMARDEEP SINGH	AAFI	51.45M
6	173	JAGJIT SINGH	ONGC	50.49M
7	561	HRIDAYANAND SINGH	U.P.	50.37M
8	677	AMRIT PAL SINGH	AAFI	49.88M

1500 HRS

DISCUS
FINAL

WOMEN

RECORD

National: 64.55M
Meet: 60.95M

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	372	Neelam J. Singh	HAR	58.95m
2	275	Harwant Kaur	PP	56.88m
3	605	Seema Antil	CRPF	54.59m
4	371	Krishna Punia	HAR	52.51m

1630 HRS

JAVELIN
FINAL

MEN

RECORD

National: 79.68M
Meet: 78.79M

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	323	Fajal Ansari	ARMY	75.07m

2	233	Ramandeep Singh	PP	73.96m
3	324	Lijesh Kumar	ARMY	73.29m
4	361	Rai Singh	HAR	69.15m
5	678	Avtar Singh	AAFI	69.15m
6	325	Rajnath Singh	ARMY	68.49m
7	688	Mukesh Kr. Nehra	AAFI	67.49m
8	631	Gajinder	DEL	67.38m

Event No."325" * 16.00 Hrs.

JAVELIN - WOMEN

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	370	GURPREET KAUR	HAR	46.46 M
2	602	SHEEJA MATHEW	CRPF	44.80M
3	669	N. M. HEMALATHA	KAR	43.72M
4	526	S. SARASWATHI	TN	43.68M
5	601	ANNAMMA N.P.	CRPF	41.94M
6	280	KASHMIR KAUR	P.P.	39.59M
	510	S. SANTHI	TN	37.80M

Event No."317" * 15.00 Hrs.

HAMMER - MEN

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	563	RAKESH KUMAR	UP	66.44M
2	416	NIRBHAY SINGH	NAVY	64.50M
3	679	KULWINDER SINGH	AAFI	64.06M
4	235	BIRKARAN SINGH	P.P.	62.72M
5	237	HARPAL SINGH	P.P.	62.32M
6	236	GURINDERJIT SINGH	P.P.	58.38M
7	360	MADHU KUMAR	HAR	57.55M
8	446	PRADEEP KUMAR	MAH	54.44M

Event No."304" * 08.00 Hrs.

HAMMER - WOMEN

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	634	RITU RANI	DEL	56.20M
2	281	RAJWINDER KAUR	P.P.	54.59M
3	283	HARDEEP KAUR	P.P.	46.04M
4	466	SNEHAL PAWAR	MAH	41.38M
5	460	RAKHI GAUD	MAH	40.95M
6	284	SARABJIT KAUR	P.P.	39.58M

Event No."330" * 16.40 Hrs.

4x100m. RELAY - MEN

Position	Chest No.	Name of Athlete	State/ Unit	Performance
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1	ARMY	289, 290, 291, 313.	ARMY S.C.B.	40.95S
2	AP	112, 119, 113, 120.	ANDHRA PRADESH	42.01S
3	PP	250, 196, 197, 249,	PUNJAB POLICE	42.23S
4	TN	473, 474, 501, 476	TAMILNADU	42.78S
5	IB	163, 166, 169, 170.	INDIAN BANK	43.81S

Event No."329" * 16.30 Hrs. 4x100m. RELAY - WOMEN

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	AP	121, 122, 125, 130.	ANDHRA PRADESH	46.44S
2	WB	141, 142, 143, 151	WEST BENGAL	47.15S
3	PP	258, 254, 255, 257	PUNJAB POLICE	47.31S
4	KAR	657, 658, 665, 660.	KARNATAKA	47.82S
5	TN	505, 507, 509, 521	TAMILNADU	48.78S
6	CRPF	585, 586, 584, 595	C.R.P.F.	49.29S

Event No."332" * 17.00 Hrs. 4x400m. RELAY - MEN

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	ARMY	293, 294, 295, 327.	ARMY S.C.B.	3:12.98S
2	PP	200, 201, 202, 199,	PUNJAB POLICE.	3:15.52S
3	AP	105, 106, 120, 111.	ANDHRA PRADESH	3:15.53S
4	TN	479, 480, 502, 503	TAMILNADU	3:15.57S
5	NAVY	418, 421, 425, 427.	NAVY	3:18.14S
6	WB	133, 135, 134, 139.	WEST BENGAL	3:26.25S
7	ONGC	175, 176, 177, 181	O.N.G.C. SCB.	3:28.52S

Event No."331" * 16.50 Hrs. 4x400m. RELAY - WOMEN

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	AP	122, 125, 128, 124	ANDHRA PRADESH	3:49.01S
2	PP	256, 257, 261, 262	PUNJAB POLICE	3:50.67S
3	WB	141, 144, 143, 149.	WEST BENGAL	3:51.11S
4	TN	517, 509, 510, 518	TAMILNADU	3:52.70S
5	CRPF	607, 589, 598, 608	C.R.P.F.	4:25.93S

Event no."201" - 06.30 Hrs. 20,000m. WALK * MEN

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	310	Gurudev Singh	ARMY	1::31:33.9 S.
2	311	Sita Ram	ARMY	1::31:50.6 S.
3	247	Gurmeet Singh	PP	1::33:49.2 S.

4	614	Kh. Ratan Singh	MAN	1::34:28.5 S.
5	572	Vipin Kumar	UP	1::36:52.3 S.
6	654	K.J. Mathew	KAR	1::37:52.2 S.
7	312	Sekar	ARMY	1::38:06.1 S.
8	364	Anil Kumar	HAR	1::38:47.7 S.

Event no."301" - 06.30 Hrs. **20,000m. WALK * WOMEN**

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	158	Y. BALA DEVI	WB	1::43:06.03S NNR
2	285	JASMINE KAUR	PP	1::46:19.54S NNR
3	288	AMANDEEP KAUR	PP	1::50.12.09S
4	527	M. MANJULA	TN	1:56:34.71S
5	457	SUNITA RAWAT	MAH	2::00:28.0S

**DECATHLON-FINAL
MEN**

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	326	KULWINDER SINGH	ARMY	7034PTS. NMR
2	187	VINOD P.J.	JHAR	6674PTS
3	569	DHANANJAY KR. RAI	UP	6459PTS
4	245	HARINDEER SINGH	PP	6342PTS.
5	160	P. KANNAN	I.BANK	5824PTS
6	651	VINOD KUMAR	KAR	5252PTS
7	167	A.S. RANJITH	I.BANK	5221PTS

Event No."326" * 16.15 Hrs. **WOMEN ~ HEPTATHLON- FINAL**

Position	Chest No.	Name of Athlete	State/ Unit	Performance
1	121	J. J. SHOBHA	A.P.	5758 PTS
2	515	R. SNEHA PRINCY	T.N.	4750 PTS
3	398	JYOTHI E.S.	KER	3847 PTS
4	659	SACHITHA MONAPPA	KAR	3716 PTS
5	273	KULWINDER KAUR	P.P.	3205 PTS

Champion: Punjab Police.
Runner-up: Punjab Police.
Volleyball (men): Kuldeep Kumar (UP).
Women: Army.