

**Day Three 3rd Dec 2018**

301	07.00 hrs	1000 m	Girls 16	Final
302	07.10 hrs	Javelin Throw	Girls 16	Final
303	07.00 hrs	Long Jump	Girls 14	Final
304	07.30 hrs	1000 m	Boys 16	Final
305	07.45 hrs	600 m	Girls 14	Final
306	08.00 hrs	High Jump	Girls 14	Final
307	08.00 hrs	600 m	Boys 14	Final
308	08.15 hrs	200 m	Girls 16	Semi Final
309	08.30 hrs	200 m	Boys 16	Semi Final
310	08.30 hrs	Long Jump	Boys 14	Final

**Aftrenoon Session**

311	14.00 hrs	Javelin Throw	Boys 16	Final
312	14.05 hrs	High Jump	Boys 16	Final
313	14.10 hrs	100 m Hurdles	Girls 16	Final
314	14.10 hrs	Shot Put	Boys 16	Final
315	14.15 hrs	Long Jump	Girls 16	Final
316	14.30 hrs	100 m Hurdles	Boys 16	Final
317	15.00 hrs	100 m	Boys 14	Final
318	15.15 hrs	100 m	Girls 14	Final
319	15.45 hrs	200 m	Girls 16	Final
320	16.00 hrs	200 m	Boys 16	Final