

**23rd Federation Cup National Senior Athletics Championship 2019****NSNIS - PATIALA****15th - 18th March 2019****COMPETITION SCHEDULE**

Note: Provisional Time Table. Likely to change, depending on the number of participants &amp; climatic condition (Version 1.2)

Updated as on 11 March 2019 at 14:00 hrs

**Day One - 15th March 2019 (FRIDAY)**

<b>Event No</b>	<b>Time</b>	<b>Event</b>	<b>Men/Women</b>	<b>Round</b>
101	<b>08.00 hrs</b>	<b>Long Jump</b>	<b>Women</b>	<b>Q.Round</b>
102	08.10 hrs	800 m	Men	Heats
103	<b>08.15 hrs</b>	<b>Shot Put</b>	<b>Men</b>	<b>Q. Round</b>
104	08.25 hrs	800 m	Women	Heats
105	08.40 hrs	100 m	Men	Decathlon-1
106	<b>08.50 hrs</b>	<b>Triple Jump</b>	<b>Men</b>	<b>Q.Round</b>
107	09.10 hrs	200 m	Men	Heats
108	09.30 hrs	200 m	Women	Heats
109	09.30 hrs	Long Jump	Men	Decathlon-2
110	<b>09.40 hrs</b>	<b>Javelin Throw</b>	<b>Men</b>	<b>Q.Round</b>
111	09.50 hrs	400 m Hurdles	Men	Heats
112	10.10 hrs	400 m Hurdles	Women	Heats
113	10.15 hrs	Shot Put	Men	Decathlon-3
<b>BREAK</b>				
114	15.00 hrs	High Jump	Men	Decathlon-4
115	15.00 hrs	400 m Hurdles	Women	Semi Final
116	15.05 hrs	Discus Throw	Women	Final
117	15.30 hrs	400 m Hurdles	Men	Semi Final
118	15.50 hrs	200 m	Women	Semi Final
119	16.00 hrs	Pole Vault	Men	Final
120	16.10 hrs	200 m	Men	Semi Final
121	16.15 hrs	High Jump	Women	Final
122	16.30 hrs	Hammer Throw	Women	Final
123	17.15 hrs	400 m	Men	Decathlon-5
124	17.30 hrs	5000 m	Women	Final
125	17.50 hrs	5000 m	Men	Final

**23rd Federation Cup National Senior Athletics Championship 2019****NSNIS - PATIALA****15th - 18th March 2019****START LIST DAY 1 (15 MARCH 2019)**

<b>Event # 31 WOMENS Long Jump</b>				
<b>NR:ANJU B GEORGE ATHENS 6.83 27/08/2004</b>				
<b>MR:ANJU B GEORGE CHENNAI 6.59 2002</b>				
<b>AFI-AC Q.MARK: 6.45</b>				
<b>FINAL AS PER SCHEDULE</b>				
1	KOLLI ACHYUTA KUMARI	703	10/01/94	ANDHRA PRADESH
2	RIMPI BURAGOHAIN	774	12/10/99	ASSAM
3	LATA GANGWAR	710	13/05/00	UTTAR PRADESH
4	SHRADDHA GHULE	796	06/03/91	GUJARAT
5	NAYANA JAMES	730	18/10/95	KERALA
6	G KARTHIKA	667	02/01/96	TAMIL NADU
7	PRIYANKA KERKETTA	761	13/10/98	JHARKHAND
8	SAUJANYA KG	789	24/04/95	KARNATAKA
9	RINTU MATHEW	777	27/05/92	KERALA
10	AISHWARYA NAIDU	629	15/06/97	KARNATAKA
11	SUPA PARVIN	815	21/12/95	WEST BENGAL
12	NEENA PINTO	732	02/05/91	KERALA
13	HARSHINI SARAVANAN	835	10/08/99	TAMIL NADU
<b>Event # 4 MENS 800m Run</b>				
<b>NR:JINSON JOHNSON GUWAHATI 1:45.65 27/06/2018</b>				
<b>MR:JINSON JOHNSON PATIALA 1:46.32 2018</b>				
<b>AFI-AC Q.MARK: 1:48.00</b>				
<b>3 HEATS: 2Q + 2q</b>				
<b>Heat 1</b>				
1	NIKESH RATHOD	376	09/09/97	MAHARASHTRA
1	SHYAMRAO DAUNDKAR	516	09/09/92	MAHARASHTRA
2	SAJEESH JOSEPH	486	14/01/87	KERALA
3	ANKESH CHAUDHARY	155	28/12/98	HIMACHAL PRADESH
3	MOHAMMED AFSAL	353	03/02/96	KERALA
4	JINSON JOHNSON	291	15/03/91	KERALA
5	SOM BAHADUR KUMAL	604	28-05-1992	NEPAL
5	NITIN .	384	24/02/99	DELHI
6	PARVESH .	401	18/07/97	HARYANA
7	JEEVA SARAN A	288	13/12/96	TAMIL NADU
7	DEVAIAH T H	218	01/02/98	KARNATAKA
8	ANKIT .	157	01/12/99	HARYANA
<b>Heat 2</b>				
1	ARUN KUMAR	172	01/12/95	DELHI
1	SACHIN BHATI	472	29/12/02	DELHI
2	AMOJ JACOB	145	02/05/98	DELHI
3	ANNU KUMAR	159	02/11/02	UTTARAKHAND
3	NIKHIL ARORA	377	12/01/96	PUNJAB
4	PUSHPENDRA SINGH	420	15/12/99	MAHARASHTRA
5	MONU SHARMA	363	07/08/00	MAHARASHTRA
5	RINKU .	456	10/10/94	HARYANA
6	AJAY MATHUR	112	01/08/01	HARYANA
7	JAGBIR .	278	21/07/99	HARYANA
7	AMIT KUMAR	140	20/06/98	RAJASTHAN
8	KUMARA SWAMY BK	320	13/09/89	KARNATAKA
<b>Heat 3</b>				
1	UMESH SHARMA	562	01/05/99	HARYANA
1	BEANT SINGH	190	10/01/99	HARYANA
2	VISHWAMBHAR KOLEKAR	592	28/07/91	KARNATAKA
3	SHASHI SINGH	509	01/10/96	WEST BENGAL
3	BHARATH K	193	09/08/91	KARNATAKA
4	ALOKE BANERJEE	131	25/04/93	WEST BENGAL
5	MANDEEP GOYAT	335	20/12/95	MAHARASHTRA
5	MANJIT SINGH	342	01/09/89	HARYANA

6	SANJAY KUMAR	493	01/01/92	RAJASTHAN
7	VIPIN KUMAR	588	25/12/95	DELHI
7	KRISHAN KUMAR	313	12/10/97	HARYANA
8	SUKHANPREET SINGH	538	30/04/98	PUNJAB
8	NIRVAIR SINGH	380	29/03/86	DELHI
<b>Event # 15 MENS Shot Put</b>				<b>Q.ROUND</b>
<b>NR:T.SINGH TOOR JAKARTA 20.75 25/08/2018</b>				
<b>MR:INDERJEET SINGH MANGALORE 20.65 2015</b>				<b>TIME: 08:15 HRS</b>
<b>AFI-AC Q.MARK: 19.50</b>				
<b>FINAL AS PER SCHEDULE</b>				
1	ANUJ .	162	28/12/97	HARYANA
2	RAM CHANDRA	444	01/01/99	UTTAR PRADESH
3	RAJIV CHEEMA	435	25/12/94	UTTAR PRADESH
4	G VENKATESH NAI G VENKATESH NA	240	10/10/92	ANDHRA PRADESH
5	PARVEEN PARVEEN	396	10/10/93	HARYANA
6	PRASENJEIT PATRA	410	02/11/93	WEST BENGAL
7	VANAM SHARMA	565	13/04/98	RAJASTHAN
8	DEVINDER SINGH	221	30/10/92	PUNJAB
9	INDERJEET SINGH	274	19/04/88	HARYANA
10	JASDEEP SINGH	285	06/10/90	PUNJAB
11	KARANVEER SINGH	304	24/07/97	PUNJAB
12	MALKEET SINGH	332	12/02/96	PUNJAB
13	PARAMJEET SINGH	391	11/11/93	CHANDIGARH
14	SAHIB SINGH	480	05/11/00	DELHI
15	SHAKTI SINGH	507	07/02/89	RAJASTHAN
16	TAJINDER SINGH	557	13/05/88	PUNJAB
17	SOURABH VIJ	524	14/06/87	DELHI
18	ALFIN VP	130	09/05/93	KERALA
19	SUMIT KUMAR	608	13-12-1998	HARYANA
<b>Event # 22 WOMENS 800m Run</b>				<b>HEATS</b>
<b>NR:TINTU LUKA SPLIT 1:59.17 04/09/2010</b>				
<b>MR:TINTU LUKA NEW DELHI 2:01.84 2016</b>				<b>TIME: 08:25 HRS</b>
<b>AFI-AC Q.MARK: 2:05.00</b>				
<b>3 HEATS: 2Q+2q</b>				
<b>Heat 1</b>				
1	SHRUTHI KC	797	10/08/91	KARNATAKA
2	USHA SATI	826	08/11/95	DELHI
3	TWINKLE CHAUDHARY	824	17/10/95	PUNJAB
4	VIJAYAKUMARI GK	827	05/08/96	KARNATAKA
5	CHITRA P U	655	09/06/95	KERALA
6	JESSY JOSEPH	681	08/12/95	ANDAMAN & NICOBAR
7	PRAMILA YADAV	756	20/07/94	UTTAR PRADESH
8	KOMAL CHAUDHARY	705	01/06/95	ANDAMAN & NICOBAR
<b>Heat 2</b>				
2	HARMILAN BAINS	674	23/07/98	PUNJAB
3	ABITHA MARY MANUEL	627	24/11/98	KERALA
4	DEBASHRI MAZUMDAR	657	06/04/91	WEST BENGAL
5	APARNA K	641	05/01/93	KERALA
6	PRIYA K PRIYA	759	15/06/97	TAMIL NADU
7	SHIPRA SARKAR	795	10/10/95	WEST BENGAL
8	GOMATHI MARIMUTHU	669	08/02/89	TAMIL NADU
<b>Heat 3</b>				
2	YAMUNA LADKAT	832	20/04/98	MAHARASHTRA
3	DURGA DEORE	663	08/06/99	MAHARASHTRA
4	JISNA MATHEW	684	07/01/99	KERALA
5	LILI DAS	714	18/03/88	WEST BENGAL
6	ARCHANA ADHAV	646	14/07/95	MAHARASHTRA
7	SHALU CHAUDHARY	790	27/01/94	DELHI
8	SNEHA K	801	19/05/99	KERALA
<b>Event # 46 MENS 100m Decathlon - 1</b>				<b>TIME: 08:40 HRS</b>
<b>Heat 1</b>				
2	USMAAN CHOUDHARY	563	12/06/99	HARYANA
3	DINESH KUMAR	231	14/12/88	HARYANA

4	AMAL SHAJI	132	20/02/93	KERALA
5	NAVJOR SINGH	373	05/05/94	PUNJAB
6	VIKAS KAUSHIK	580	01/09/95	HARYANA
7	PARVEEN RATHEE	394	02/02/97	HARYANA
8	GURLAL SINGH	256	12/10/94	PUNJAB
<b>Heat 2</b>				
2	GURSHARN SINGH	259	28/01/93	PUNJAB
3	MOHIT SAINI	361	21/08/95	HARYANA
4	MANGESH KADAM	337	23/09/99	MAHARASHTRA
5	AJITH KUMARA KARUNATHILAKA R	603	01-01-1995	SRILANKA
6	BOOTA SINGH	199	04/01/91	HARYANA
7	MINAJ MONDAL	351	03/07/95	WEST BENGAL
8	ABHISHEK N SHETTY	107	03/06/92	KARNATAKA
<b>Event # 14 MENS Triple Jump</b>				
<b>NR:RANJITH MAHESWARY BANGALORE 17.30 11/07/2016</b>				<b>Q.ROUND</b>
<b>MR:RENJITH MAHESHWARY PATIALA 16.85 2012</b>				<b>TIME: 08:50 HRS</b>
<b>AFI-AC Q.MARK: 16.50</b>				
<b>FINAL AS PER SCHEDULE</b>				
1	D ARIVUSELVAM	209	28/05/91	TAMIL NADU
2	RAKESH BABU AV	441	20/03/90	KERALA
3	AKHIL BIJU	125	16/07/95	MAHARASHTRA
4	TUSHAR CHHIBBER	560	02/03/99	DELHI
5	PRAVEEN CHITHRAVEL	416	05/06/01	TAMIL NADU
6	SREEJITH MON K	527	16/10/89	KERALA
7	ELDHOSE PAUL	236	07/11/96	KERALA
8	RAHUL RAHUL	430	31/10/98	PUNJAB
9	DANIEL RANJITH	211	02/08/93	TAMIL NADU
10	BOBY SABU	198	23/01/98	KERALA
11	ANIL SAHOO	154	19/04/98	MAHARASHTRA
12	S.N.MOHAMMED SALAHUDDIN	469	24/03/94	TAMIL NADU
13	RAJA SEKAR	432	22/01/93	TAMIL NADU
14	JAY SHAH	287	11/10/97	MAHARASHTRA
15	ARPINDER SINGH	169	30/12/92	PUNJAB
16	HARPREET SINGH	268	16/01/98	PUNJAB
17	NAVJOT SINGH	374	15/09/89	PUNJAB
18	RANJIT SINGH	449	05/10/93	PUNJAB
19	KARTHIK U	305	03/06/93	KERALA
20	D GAILEY VENISTER	210	31/01/00	ANDHRA PRADESH
21	MOHD ZUBER	358	02/03/96	UTTAR PRADESH
<b>Event # 2 MENS 200m Run</b>				
<b>NR:M.ANAS JABLONEC NAD NISOU 20.63 15/08/2018</b>				<b>HEATS</b>
<b>MR:ANAND MENEZES CHENNAI 20.79 2002</b>				<b>TIME: 09:10 HRS</b>
<b>AFI-AC Q.MARK: 20.60</b>				
<b>8 HEATS: 2Q + 8q</b>				
<b>Heat 1</b>				
1	SATHYA S	501	07/09/87	TAMIL NADU
2	VIKAS CHHILLAR	579	15/02/99	DELHI
3	IMRAN USMANI	273	29/12/96	DELHI
4	AKASH KUMAR	120	01/01/99	UTTAR PRADESH
5	VIJAY SINGH BANGARI	576	02/06/95	DELHI
6	RAHUL KADAM	427	03/10/98	MAHARASHTRA
7	PARVESH KUMAR	400	14/02/99	UTTAR PRADESH
8	GURMEET SINGH	257	12/01/99	ANDAMAN & NICOBAR
<b>Heat 2</b>				
1	A VIGNESH	101	04-07-1996	TAMIL NADU
2	SHIEK ABDUL KADHAR	510	27/12/96	TAMIL NADU
3	SATYENDRA YADAV	505	05/05/99	UTTAR PRADESH
4	GURLAL SINGH	255	22/09/89	PUNJAB
5	ROMAL CHANDI	465	22/02/96	RAJASTHAN
6	VINAY TOMAR	584	11/12/95	UTTAR PRADESH
7	HARJIT SINGH	265	28/08/97	PUNJAB
8	RAVINDER KHASA	452	09/11/93	HARYANA

<b>Heat 3</b>				
1	AKSHU SINDHU	128	13/08/98	HARYANA
2	AMRITDEEP SINGH	148	21/05/98	PUNJAB
3	SOURAV SAHA	525	24/03/99	WEST BENGAL
4	LOVEPREET SINGH	327	27/11/99	PUNJAB
5	GAJANAND MISTRY	242	08/05/92	GUJARAT
6	ROHIT .	463	05/08/98	HARYANA
7	AKSHAY TARALE	126	08/07/96	KARNATAKA
8	AMIT .	138	16/12/00	HARYANA
<b>Heat 4</b>				
1	DEEPAK DHILLON	214	10/10/94	HARYANA
2	PRATIK KADAM	412	03/11/95	MAHARASHTRA
3	AMIYA KUMAR MALLICK	144	14/11/92	ODISHA
4	NUZRAT NUZRAT	387	22/11/99	DELHI
5	NUPESH .	386	06/08/95	HARYANA
6	ASHISH .	173	28/09/97	HARYANA
7	DATTATRAY ZODGE	212	12/11/91	MAHARASHTRA
8	BHARATH L	192	31/03/97	KARNATAKA
<b>Heat 5</b>				
2	RISHWANTH S	460	28/08/98	TAMIL NADU
3	KARAN HEGISTE	302	23/03/02	MAHARASHTRA
4	S. LOGESHWARAN	468	24/05/98	TAMIL NADU
5	NISHAR AHMAD	383	17/05/02	DELHI
6	MD ALAMGIR HOSSAIN	348	25/08/99	WEST BENGAL
7	SIVA KUMAR	520	13/10/94	TAMIL NADU
8	YOGESH YOGESH	598	30/12/01	HARYANA
<b>Heat 6</b>				
2	SUHAS S GOWDA	536	25/03/94	KARNATAKA
3	SUBHADIP BAG	533	26/06/99	DELHI
4	ASHISH CHHIKARA	174	29/08/96	HARYANA
5	GANESH S	243	06/12/91	KARNATAKA
6	AKSHAY KHOT	127	05/07/94	MAHARASHTRA
7	SANDEEP .	491	15/11/97	HARYANA
8	SUBHAM BALIYAN	534	19/12/95	UTTAR PRADESH
<b>Heat 7</b>				
2	ARJUN TOMER	166	25/09/97	UTTAR PRADESH
3	AROKIA RAJIV	168	22/05/91	TAMIL NADU
4	MONU .	362	05/05/95	HARYANA
5	VIJAY KUMAR	574	11/02/95	DELHI
6	V.K.ELAKKIYA DASAN	564	31/01/95	TAMIL NADU
7	AYUSH TIWARI	182	30/10/99	MADHYA PRADESH
8	PRAVEEN .	414	15/07/94	ANDAMAN & NICOBAR
<b>Heat 8</b>				
2	PRASHANTA HALOI	411	25/08/98	ASSAM
3	EMMANUEL PAUL	237	10/07/99	MADHYA PRADESH
4	PRAVEEN RAJ	413	26/08/96	TAMIL NADU
5	MUFID KHAN	364	01/07/99	ANDAMAN & NICOBAR
6	GURINDERVIR SINGH	253	24/12/00	PUNJAB
7	ROHIT RATHI	462	20/10/99	DELHI
8	NIDARSHAN K E	375	12/04/97	KARNATAKA
<b>Event # 20 WOMENS 200m Run</b>				<b>HEATS</b>
<b>NR:SARASWATI SAHA LUDHIANA 22.82 28/08/2002</b>				
<b>MR:P.T. USHA CHENNAI 23.30 1998</b>				<b>TIME: 09:30 HRS</b>
<b>AFI-AC Q.MARK: 23.30</b>				
<b>3 HEATS: 2Q + 2q</b>				
<b>Heat 1</b>				
2	SWATI .	819	13/09/98	UTTAR PRADESH
3	SNEHA P J	800	05/06/92	KARNATAKA
4	DHANALAKSHMI S	660	05/06/98	TAMIL NADU
5	LIKITH M	713	02/02/97	KARNATAKA
6	APSANA BEGAM	642	01-07-1994	KARNATAKA
7	FARHENA PARVIN	666	04/12/96	ASSAM
<b>Heat 2</b>				
2	BALJOT KAUR	650	06/09/96	PUNJAB
3	VRUTI RATHOD	831	05/05/00	ANDAMAN & NICOBAR

4	JYOTHI H M	686	01/07/83	ANDHRA PRADESH
5	DUTEE CHAND	664	03/02/96	ODISHA
6	SABHYA PATEL	783	08/08/96	UTTAR PRADESH
7	HINA .	678	18/10/95	RAJASTHAN
<b>Heat 3</b>				
3	NIRUPAMA SUNDERRAJ	737	24/11/92	KARNATAKA
4	INCHARA N S	679	06/06/97	KARNATAKA
5	REVATHI V	772	23/11/97	TAMIL NADU
6	HARIKA DEVI ANTHARAM	673	20/12/96	TELANGANA
7	NEELOO YADAV	731	10/07/95	UTTAR PRADESH
<b>Event # 47 MENS Long Jump Decathlon - 2</b>				
				<b>TIME: 09:30 HRS</b>
<b>Event # 18 MENS Javelin Throw</b>				
<b>NR:NEERAJ CHOPRA JAKARTA 88.06 27/08/2018</b>				
<b>MR:NEERAJ CHOPRA PATIALA 85.94 2018</b>				<b>TIME: 09:40 HRS</b>
<b>AFI-AC Q.MARK: 80.75</b>				
<b>Q.MARK: 75.00 M</b>				
<b>GROUP A</b>				
1	SACHIN PANWAR	475	15/07/85	DELHI
2	VIPIN PANWAR	590	09/11/90	UTTAR PRADESH
3	ARAVIND KUMAR PATEL	165	01/09/95	UTTAR PRADESH
4	SANDEEP POONIA POONIA	492	20/01/96	RAJASTHAN
5	MAYANK SHARMA	346	20/12/95	HARYANA
6	SAHIL SILWAL	483	17/12/00	HARYANA
7	ABHISHEK SINGH	106	20/05/95	UTTAR PRADESH
8	AMRENDRA SINGH	146	15/08/91	UTTAR PRADESH
9	ARSHDEEP SINGH	170	05/04/99	PUNJAB
10	ASHISH SINGH	176	29/11/94	UTTAR PRADESH
11	GURPARTAP SINGH	258	26/01/93	PUNJAB
12	KHADAK SINGH	308	30/08/97	RAJASTHAN
13	MANJINDER SINGH	341	09/12/98	PUNJAB
14	MANVINDER SINGH	345	10/12/92	PUNJAB
15	RAJENDER SINGH	433	05/04/86	HARYANA
16	SHIVPAL SINGH	513	07/06/95	UTTAR PRADESH
17	YASHVIR SINGH	596	22/10/01	RAJASTHAN
18	KRISHNA NAND TRIPATHI	315	17/07/89	UTTAR PRADESH
19	ROHIT YADAV	464	06/06/01	UTTAR PRADESH
20	VIJAY YADAV	575	01/10/94	UTTAR PRADESH
<b>GROUP B</b>				
1	SAGAR .	479	30/06/97	HARYANA
2	SUNIL KUMAR BISHNOI	546	14/10/90	RAJASTHAN
3	S BRAVEMAN HEART	467	20/09/98	TAMIL NADU
4	VIPULKUMAR CHAUDHARI	591	16/05/91	GUJARAT
5	JAI CHOUDHARY	282	19/09/92	HARYANA
6	BHUPENDRA DEV	601	05/04/95	UTTAR PRADESH
7	ABHISHEK DRALL	108	11/05/98	DELHI
8	SUJIT GHOSH	537	09/05/93	WEST BENGAL
9	CHINMAYA RANJAN JENA	205	14/11/95	ODISHA
10	KISHORE KUMAR JENA	312	06/09/95	ODISHA
11	DAVINDER SINGH KANG	213	18/12/88	PUNJAB
12	VIPIN KASANA	589	04/08/87	DELHI
13	AAKULA V G KRISHNAMA NAIDU	606	20-05-1996	ANDHRA PRADESH
14	DHARMENDER KUMAR	223	12/10/93	RAJASTHAN
15	HARISH KUMAR	264	30/10/96	RAJASTHAN
16	PARVINDER KUMAR	402	08/03/95	HARYANA
17	SATENDRA KUMAR	497	19/07/95	UTTAR PRADESH
18	YASHJEET KUMAR	594	07/06/87	UTTARAKHAND
19	VIKRANT MALIK	583	02/01/96	HARYANA
20	RISHABH NEHRA	458	10/12/99	UTTAR PRADESH

<b>Event # 9 MENS 400m Hurdles</b>				<b>HEATS</b>
<b>NR:AYYASAMY DHARUN JAKARTA 48.96 27/08/2018</b>				
<b>MR:A. DHARUN PATIALA 49.45 2018</b>				<b>TIME: 09:50 HRS</b>
<b>AFI-AC Q.MARK: 50.00</b>				
<b>3 HEATS: 2Q + 2q</b>				
<b>Heat 1</b>				
2	HARSHVARDHAN BHOSALE	271	05/04/00	MAHARASHTRA
3	JAGDEESH CHANDR CHANDRA	279	05/03/94	KARNATAKA
4	DHARUN AYYASAMY	226	31/12/96	TAMIL NADU
5	VIJAY SINGH MALIK	577	10/01/93	HARYANA
6	AFTAB ALAM	110	05/03/97	UTTAR PRADESH
7	HARIHARAN R	262	06/07/97	TAMIL NADU
<b>Heat 2</b>				
2	MANJEET .	340	10/10/97	HARYANA
3	MUHAMMED ANAS K	365	05/01/98	MAHARASHTRA
4	SATHISH K	500	01/09/94	TAMIL NADU
5	SANTHOSH KUMAR T	494	01/01/98	TAMIL NADU
6	JITHIN PAUL	294	13/03/90	KERALA
7	ANUP KUMAR	163	03/04/98	HARYANA
8	MAYENGBAM ALKEN SINGH	347	16/05/97	MANIPUR
<b>Heat 3</b>				
2	ANMOL SINGH	158	31/07/96	HARYANA
3	RAMACHANDRAN M	445	29/12/91	TAMIL NADU
4	JABIR MP	276	06/08/96	KERALA
5	JASHANJOT SINGH	286	07/02/95	PUNJAB
6	AMARNATH DUKKARWADKAR	136	04/08/97	KARNATAKA
7	SURENDER .	549	30/12/96	HARYANA
8	AMARJEET .	135	14/11/98	HARYANA
<b>Event # 27 WOMENS 400m Hurdles</b>				<b>HEATS</b>
<b>NR:P.T. USHA LOS ANGELES 55.42 08/08/1984</b>				
<b>MR:R. ANU PATIALA 57.39 2017</b>				<b>TIME: 10:10 HRS</b>
<b>AFI-AC Q.MARK: 57.50</b>				
<b>2 HEATS: 3Q + 2q</b>				
<b>Heat 1</b>				
2	RAJNI .	834	07/11/90	PUNJAB
3	ARPITHA M	647	11/02/93	KARNATAKA
4	RAJI AUSTIN	764	01/08/88	KERALA
5	ANU R	639	20/04/93	KERALA
6	NANHI .	727	16/10/99	HARYANA
7	VEERPAL KAUR	833	24/03/94	PUNJAB
8	DAMINI PEDNEKAR	656	26/09/97	MAHARASHTRA
<b>Heat 2</b>				
2	VITHYA R	830	20/09/98	TAMIL NADU
3	TIASHA SAMADDER	822	20/05/98	WEST BENGAL
4	SARITABEN GAYAKWAD	788	01/06/94	GUJARAT
5	SALINI V K	785	10/01/98	KERALA
6	JAUNA MURMU	680	16/08/90	ODISHA
7	R.V.VISHWA PRIY VISHWA PRIYA	763	28/10/95	TAMIL NADU
8	DHIVYA JAYARAM	661	31/01/98	TAMIL NADU
<b>Event # 48 MENS Shot Put Decathlon - 3</b>				<b>TIME: 10:15 HRS</b>
<b>Event # 49 MENS High Jump Decathlon - 4</b>				<b>TIME: 15:00 HRS</b>
<b>Event # 27 WOMENS 400m Hurdles</b>				<b>SEMI FINAL</b>
<b>NR:P.T. USHA LOS ANGELES 55.42 08/08/1984</b>				
<b>MR:R. ANU PATIALA 57.39 2017</b>				<b>TIME: 15:00 HRS</b>
<b>AFI-AC Q.MARK: 57.50</b>				
<b>FINAL AS PER SCHEDULE</b>				

<b>Event # 34 WOMENS Discus Throw</b>				<b>FINAL</b>
<b>NR:KRISHNA POONIA MAUI 64.76 05/05/2012</b>				
<b>MR:SEEMA PUNIA PATIALA 61.05 2018</b>				<b>TIME: 15:05 HRS</b>
<b>AFI-AC Q.MARK: 58.50</b>				
<b>FINAL</b>				
1	PARMILA .	744	15/05/91	HARYANA
2	JHUMA BASU	682	11/12/96	WEST BENGAL
3	SURAVI BISWAS	817	13/10/97	WEST BENGAL
4	NAVJEET KAUR DHILLON	729	06/03/95	PUNJAB
5	GURVEER KAUR	671	19/10/95	PUNJAB
6	KAMALPREET KAUR	691	04/03/96	PUNJAB
7	NISHIGANDHA MORE	739	11/12/98	MAHARASHTRA
8	NIDHI RANI	733	03/01/97	HARYANA
9	MADHU RENU	717	01/05/97	RAJASTHAN
10	SRISHTI VIG	807	15/07/95	DELHI
<b>Event # 9 MENS 400m Hurdles</b>				<b>SEMI FINAL</b>
<b>NR:AYYASAMY DHARUN JAKARTA 48.96 27/08/2018</b>				
<b>MR:A. DHARUN PATIALA 49.45 2018</b>				<b>TIME: 15:30 HRS</b>
<b>AFI-AC Q.MARK: 50.00</b>				
<b>FINAL AS PER SCHEDULE</b>				
<b>Event # 20 WOMENS 200m Run</b>				<b>SEMI FINAL</b>
<b>NR:SARASWATI SAHA LUDHIANA 22.82 28/08/2002</b>				
<b>MR:P.T. USHA CHENNAI 23.30 1998</b>				<b>TIME: 15:50 HRS</b>
<b>AFI-AC Q.MARK: 23.30</b>				
<b>FINAL AS PER SCHEDULE</b>				
<b>Event # 12 MENS Pole Vault</b>				<b>FINAL</b>
<b>NR:S. SIVA JALAHALLI 5.30 19/09/2018</b>				
<b>MR:S. SIVA PATIALA 5.15 2018</b>				<b>TIME: 16:00 HRS</b>
<b>AFI-AC Q.MARK: 5.40</b>				
<b>FINAL</b>				
1	MOHIT .	360	20/03/00	HARYANA
2	ANAS BABU EB	150	09/10/95	KERALA
3	BINEESH JACOB	195	17/03/86	KERALA
4	PARSHANT SINGH KANHIYA	393	14/02/00	HARYANA
5	DHIRENDRA KUMAR	227	28/08/99	UTTAR PRADESH
6	SUMIT KUMAR	541	21/12/98	HARYANA
7	PRADHYUMN NARBAR	409	01/08/94	UTTAR PRADESH
8	KRISHNA PRASATH	314	30/09/91	TAMIL NADU
9	SUREN R	548	16/06/93	TAMIL NADU
10	SIVA S	521	05/06/96	TAMIL NADU
11	KUNDAN SINGH	322	10/07/94	HARYANA
12	SOMBEER SINGH	523	25/11/94	HARYANA
13	EBIN SUNNY	235	20/10/94	KERALA
14	GOKULNATH UDHYAKUMAR	248	15/02/97	TAMIL NADU
<b>Event # 2 MENS 200m Run</b>				<b>SEMI FINAL</b>
<b>NR:M.ANAS JABLONEC NAD NISOU 20.63 15/08/2018</b>				
<b>MR:ANAND MENEZES CHENNAI 20.79 2002</b>				<b>TIME: 16:10 HRS</b>
<b>AFI-AC Q.MARK: 20.60</b>				
<b>SEMI FINAL</b>				
<b>Event # 29 WOMENS High Jump</b>				<b>FINAL</b>
<b>NR:SAHANA KUMARI HYDERABAD 1.92 23/06/2012</b>				
<b>MR:BOBBY ALOYSIUS HYDERABAD 1.89 2003</b>				<b>TIME: 16:15 HRS</b>
<b>AFI-AC Q.MARK: 1.85</b>				
<b>FINAL</b>				
1	SONU .	806	07/07/93	HARYANA
2	JINU MARIA MANUEL	683	15/02/93	KERALA
3	GRACENA MERLY	670	23/05/00	TAMIL NADU



4	LAIMWN NARZARY	709	21/03/98	ASSAM
5	ANGEL P DEVASIA	634	06/12/94	KERALA
6	SUPRIYA S B	816	11/03/01	KARNATAKA
7	ABHINAYA S SHETTY	626	16/06/99	KARNATAKA
8	LIBIA SHAJI	712	16/04/97	KERALA
9	ATHIRA SOMARAJ	648	26/10/98	KERALA
10	RUBINA YADAV	779	14/01/01	HARYANA
<b>Event # 35 WOMENS Hammer Throw</b>				<b>FINAL</b>
<b>NR:SARITA SINGH PATIALA 65.25 01/06/2017</b>				
<b>MR:SARITA R. SINGH PATIALA 65.25 2017</b>				<b>TIME: 16:30 HRS</b>
<b>AFI-AC Q.MARK: 63.00</b>				
<b>FINAL</b>				
1	ANITA .	635	01/01/90	DELHI
2	MANJU BALA	719	01/07/89	RAJASTHAN
3	PRAJAKTA BHOSALE	755	21/03/97	MAHARASHTRA
4	NAMEIRAKPAM ICH DEVI	726	03/11/92	MANIPUR
5	POONAM DEVI	749	10/01/93	HARYANA
6	JYOTI JAKHAR RANA	687	25/03/93	HARYANA
7	ANMOL KAUR	637	04/01/92	PUNJAB
8	SARBJEET KAUR	787	12/04/84	PUNJAB
9	NIDHI KUTHAR	734	20/03/96	UTTAR PRADESH
10	LAXAY SHARMA	711	20/09/97	HARYANA
11	REKHA SINGH	770	30/12/97	UTTARAKHAND
12	HARSHITHA WR	836	19-06-1996	KARNATAKA
<b>Event # 50 MENS 400M Decathlon - 5</b>				<b>TIME: 17:15 HRS</b>
<b>Event # 24 WOMENS 5000m Run</b>				<b>FINAL</b>
<b>NR:PREEJA SREEDHARAN GUANGZHOU 15:15.89 26/11/2010</b>				
<b>MR:SURIYA LOGANATHAN NEW DELHI 15:39.59 2016</b>				<b>TIME: 17:30 HRS</b>
<b>AFI-AC Q.MARK: 15:50.00</b>				
<b>FINAL</b>				
1	VINAYA MALUSARE	828	18/09/94	MAHARASHTRA
2	MEENU .	722	01-07-1995	UTTAR PRADESH
3	KIRANJEET KOUR	701	14/06/88	HARYANA
4	POONAM SONUNE	748	04/04/00	MAHARASHTRA
5	SANJIVANI JADHAV	786	12/07/96	MAHARASHTRA
6	L. SURIYA	708	07/07/90	TAMIL NADU
7	KIRAN .	699	04/01/01	HARYANA
8	ARCHANA K M	645	29/09/93	KARNATAKA
9	PRITI LAMBA	758	18/12/95	HARYANA
10	UJALA .	825	12/07/98	UTTAR PRADESH
11	SHYAMALI SINGH	798	02/05/99	WEST BENGAL
12	SUKHANDEEP KAUR	814	17/01/95	PUNJAB
13	MUNNI DEVI	725	16/07/98	HARYANA
14	PARUL CHAUDHARY	745	15/04/95	UTTAR PRADESH
15	REENA PATEL	769	15/04/99	GUJARAT
16	ARATI PATIL	643	26/03/97	MAHARASHTRA
17	SWATI GADHAVE	820	01/06/90	MAHARASHTRA
<b>Event # 6 MENS 5000m Run</b>				<b>FINAL</b>
<b>NR:BAHADUR PRASAD BIRMINGHAM 13:29.70 27/06/1992</b>				
<b>MR:G. LAKSHMANAN PATIALA 13:47.28 2018</b>				<b>TIME: 17:50 HRS</b>
<b>AFI-AC Q.MARK: 13:50.00</b>				
<b>FINAL</b>				
1	DHARMENDRA KUMAR YADAV	225	02/12/98	UTTAR PRADESH
2	ARJUN KUMAR	167	03/12/97	UTTAR PRADESH
3	SURESH KUMAR	554	07/01/91	UTTARAKHAND
4	HARSHAD MHATRE	270	09/08/97	MAHARASHTRA
5	INDRAJEET PATEL	275	15/01/94	UTTARAKHAND
6	RAKESH MANDAL	438	16/04/99	UTTARAKHAND
7	G LAKSHMANAN	238	05/06/90	TAMIL NADU
8	AJAY KUMAR BIND	116	02/04/99	UTTAR PRADESH
9	ANIL PAWAR	152	23/01/90	MAHARASHTRA

10	RAJESH KUMAR	434	01/06/94	UTTARAKHAND
11	ABHISHEK PAL	105	15/07/97	UTTAR PRADESH
12	SATHEESH J	498	04/01/96	MAHARASHTRA
13	SURESH KUMAR	553	15/08/97	UTTAR PRADESH
14	MAN SINGH	333	20/06/89	UTTARAKHAND
15	BELLIAPPA AB	191	11/02/92	KARNATAKA
16	AJEET KUMAR	117	03/07/99	GUJARAT
17	PREETAM .	417	13/08/98	HARYANA
18	SHIVAM YADAV	512	16/01/01	UTTAR PRADESH
19	SHRAWAN KUMAR BENIWAL	514	16/08/98	RAJASTHAN
20	GAVIT MURLI KUMAR	246	01/08/97	GUJARAT
21	HITESH KUMAR YADAV	272	10/07/98	UTTAR PRADESH
22	PANKAJ .	389	17/08/95	PUNJAB
23	KISAN TADVI	310	10/01/98	MAHARASHTRA