

56th NATIONAL INTER STATE Sr ATHLETICS CHAMPIONSHIPS-2016

HYDRABAD * 28th June TO 02nd July 2016 *

~~* FINAL RESULTS *~*~*

Event # 1 MENS 100m

TIME=19:15 HRS

30.06.2016

N.R.:AMIYA KUMAR MALLICK NEW DELHI 10.26 2016

% M.R.:KRISHNA KUMAR RANE MAH 10.32 2014

FINAL

1	SHAMEERMON NA	532	20/10/83	MANIPUR	+0.0m/s	10.60
2	M.D. ABDUL NAJEEB QURESHI	741	25/02/88	TELANGANA	+0.0m/s	10.63
3	ANIRUDHHA GUJAR	479	14/11/90	MAHARASTRA	+0.0m/s	10.66
4	TAMILVANAN .	713	28/08/91	TAMILNADU	+0.0m/s	10.67
5	MANIKANTA .	121		ANDHRA PRADESH	+0.0m/s	10.69
6	GAURANG AMBRE	475	01/04/95	MAHARASTRA	+0.0m/s	10.71
7	ANUROOP JOHN	425	15/02/91	KERALA	+0.0m/s	10.72
	MANISH .	284	17/09/93	HARYANA		DNS

Semi Final-1

1	TAMILVANAN .	713	28/08/91	TAMILNADU	+0.0m/s	10.67
2	MANIKANTA .	121		ANDHRA PRADESH	+0.0m/s	10.68
3	MANISH .	284	17/09/93	HARYANA	+0.0m/s	10.76
4	SHALIN PATEL .	857	19/12/93	GUJRAT	+0.0m/s	10.98
5	M.VELLADURAI PANDIAN	742	06/02/91	TELANGANA	+0.0m/s	11.02
6	REJAUL MOLLA .	838	31/12/98	WEST BENGAL	+0.0m/s	11.22
	JITHESH KUMAR	525	03/11/91	MANIPUR		DNF
	ASWIN K P	430	16/09/96	KERALA		DNS

Semi Final-2

1	ANIRUDHHA GUJAR	479	14/11/90	MAHARASTRA	+0.0m/s	10.71
2	M.D. ABDUL NAJEEB QURESHI	741	25/02/88	TELANGANA	+0.0m/s	10.73
3	ANUROOP JOHN	425	15/02/91	KERALA	+0.0m/s	10.74
4	PRAVEEN MUTHU KUMARAN	724	15/12/93	TAMILNADU	+0.0m/s	10.81
5	SHAFIKUL MONDAL	841	08/07/96	WEST BENGAL	+0.0m/s	10.94
6	RADESH.M.G. .	361		KARNATAKA	+0.0m/s	11.05
7	JATINDER SINGH .	595	24/08/91	PUNJAB	+0.0m/s	11.15
	ASHWANI SHARMA	262	08/07/92	GUJRAT		DNS

Semi Final-3

1	SHAMEERMON NA	532	20/10/83	MANIPUR	+0.0m/s	10.73
2	GAURANG AMBRE	475	01/04/95	MAHARASTRA	+0.0m/s	10.75
3	ADITYAVARDHAN SINGH	648	24/02/96	RAJASTHAN	+0.0m/s	10.86
4	BHASKARYA BHARALI	225	18/11/94	DELHI	+0.0m/s	10.87
5	INDERJEET SINGH .	590	04/10/91	PUNJAB	+0.0m/s	10.91
6	C.H. SUDHAKAR .	737	18/05/97	TELANGANA	+0.0m/s	10.96
7	WAYNE PEPPIN .	717	02/09/83	TAMILNADU	+0.0m/s	11.24
	MAJGUL RASUL	260	20/12/93	GUJRAT		DNS

Heat-1

1	INDERJEET SINGH .	590	04/10/91	PUNJAB	+0.0m/s	10.69
2	TAMILVANAN .	713	28/08/91	TAMILNADU	+0.0m/s	10.71
3	ASWIN K P	430	16/09/96	KERALA	+0.0m/s	10.92
4	SANDEEP KUMAR .	312	14/07/93	HIMACHAL PRADESH	+0.0m/s	11.15
5	SANJAY.V .	362		KARNATAKA	+0.0m/s	11.39
6	DILIP TIWARY TIWARI	180	14/10/93	BIHAR	+0.0m/s	11.66
7	RAVINDER KHASA	296	09/11/93	HARYANA	+0.0m/s	12.59
	DEEPAK .	204	31/08/92	DELHI		DNS

Heat-2

1	M.D. ABDUL NAJEEB QURESHI	741	25/02/88	TELANGANA	+0.0m/s	10.70
2	SHAMEERMON NA	532	20/10/83	MANIPUR	+0.0m/s	10.74
3	ANIRUDHHA GUJAR	479	14/11/90	MAHARASTRA	+0.0m/s	10.76
4	ASHWANI SHARMA	262	08/07/92	GUJRAT	+0.0m/s	11.08
5	MOHNISH POOJARY	314	22/09/95	HIMACHAL PRADESH	+0.0m/s	11.17
6	MOHAMMED YASIN C H	453	01/04/94	KERALA	+0.0m/s	11.35
7	A.P. FAZLUL RAHMAN	108	12/07/95	ANDAMAN & NICOBAR	+0.0m/s	11.75
	CHAUDHARY PALENDRA KUMAR	791	01/12/00	UTTAR PRADESH		DNS

Heat-3

1	MANIKANTA .	121		ANDHRA PRADESH	+0.0m/s	10.59
2	RADESH.M.G. .	361		KARNATAKA	+0.0m/s	10.73
3	C.H. SUDHAKAR .	737	18/05/97	TELANGANA	+0.0m/s	10.82
4	REJAUL MOLLA .	838	31/12/98	WEST BENGAL	+0.0m/s	11.15
5	AJAY KALMOO	186	20/10/95	CHHATTISGARH	+0.0m/s	11.55
6	K.P. MAMMU	107	25/12/73	ANDAMAN & NICOBAR	+0.0m/s	11.88
7	AVINASH SHAHI .	245	06/01/98	GUJRAT	+0.0m/s	11.90
	AMARJEET KUMAR	166		BIHAR		DQ

Heat-4

1	ANUROOP JOHN	425	15/02/91	KERALA	+0.0m/s	10.78
2	PRAVEEN MUTHU KUMARAN	724	15/12/93	TAMILNADU	+0.0m/s	10.98
3	MAJGUL RASUL	260	20/12/93	GUJRAT	+0.0m/s	11.14
4	MEWA SINGH .	598	04/02/90	PUNJAB	+0.0m/s	11.19
5	SHANU CHOPRA .	218	07/09/91	DELHI	+0.0m/s	11.25
6	RITESH ANAND .	333	___/___/___	JHARKHAND	+0.0m/s	11.55
7	N MOHD SAMEER	110	03/06/95	ANDAMAN & NICOBAR	+0.0m/s	11.89
	KRISHNAKUMAR RANE	491		MAHARASTRA		DNS

Heat-5

1	GAURANG AMBRE	475	01/04/95	MAHARASTRA	+0.0m/s	10.73
2	ADITYAVARDHAN SINGH	648	24/02/96	RAJASTHAN	+0.0m/s	10.74
3	SHALIN PATEL .	857	19/12/93	GUJRAT	+0.0m/s	10.88
4	BHASKARYA BHARALI	225	18/11/94	DELHI	+0.0m/s	10.92
5	SHAFIKUL MONDAL	841	08/07/96	WEST BENGAL	+0.0m/s	10.99

6	B. SURYANARAYANA	131	15/06/94	ANDHRA PRADESH	+0.0m/s	11.20
7	AMISH KHAMKAR	229	15/06/95	GOA	+0.0m/s	11.23
	SWAPNIL MANKAR	145	09/12/94	ASSAM		DNS

Heat-6

1	JITHESH KUMAR	525	03/11/91	MANIPUR	+0.0m/s	10.85
2	MANISH .	284	17/09/93	HARYANA	+0.0m/s	10.87
3	JATINDER SINGH .	595	24/08/91	PUNJAB	+0.0m/s	10.94
4	M.VELLADURAI PANDIAN	742	06/02/91	TELANGANA	+0.0m/s	11.03
5	WAYNE PEPPIN .	717	02/09/83	TAMILNADU	+0.0m/s	11.14
6	SHASHANK SHINDE	187	08/07/94	CHHATTISGARH	+0.0m/s	11.20
7	M. ABDUL KADHAR	563	15/06/97	PUDUCHERRY	+0.0m/s	11.60
	GANESH.S .	357	12/06/91	KARNATAKA		DQ

Event # 2 MENS 200m

TIME=17:45 HRS

02.07.2016

N.R.:DHARAMBIR SINGH WUHAN 20.66 7-6-2015

% M.R.:ANIL P.KUMAR KER 20.80 JUL 2000

FINAL

1	DHARAMBIR .	282	10/12/90	HARYANA	+0.0m/s	20.90
2	SANJEET .	291	26/01/95	HARYANA	+0.0m/s	21.04
3	MANIKANDA ARUMUGAM	719	05/07/89	TAMILNADU	+0.0m/s	21.69
4	GANESH.S .	357	12/06/91	KARNATAKA	+0.0m/s	21.90
5	GAURANG AMBRE	475	01/04/95	MAHARASTRA	+0.0m/s	21.97
6	RENGARAJ .	707	08/09/91	TAMILNADU	+0.0m/s	22.11
7	PAUL JOSEPH	427	24/06/92	KERALA	+0.0m/s	22.15
8	HITESH DESHWAL	632	01/02/92	RAJASTHAN		DNF

Semi Final-1

1	DHARAMBIR .	282	10/12/90	HARYANA	+0.0m/s	21.10
2	MANIKANDA ARUMUGAM	719	05/07/89	TAMILNADU	+0.0m/s	21.88
3	GAURANG AMBRE	475	01/04/95	MAHARASTRA	+0.0m/s	22.03
4	REJAUL MOLLA .	838	31/12/98	WEST BENGAL	+0.0m/s	22.54
5	MANEESH M	434	06/02/93	KERALA	+0.0m/s	22.58
6	SHASHANK SHINDE	187	08/07/94	CHHATTISGARH	+0.0m/s	22.70
7	MOHD JABIR	102	09/06/94	ANDAMAN & NICOBAR	+0.0m/s	26.02
	AKASH PATEL .	243	13/07/93	GUJRAT		DNS

Semi Final-2

1	SANJEET .	291	26/01/95	HARYANA	+0.0m/s	21.58
2	GANESH.S .	357	12/06/91	KARNATAKA	+0.0m/s	22.08
3	MAJGUL RASUL	260	20/12/93	GUJRAT	+0.0m/s	22.60
4	NITHIN .	705		TAMILNADU	+0.0m/s	22.71
5	SANDEEP KUMAR .	312	14/07/93	HIMACHAL PRADESH	+0.0m/s	22.72
6	JATINDER SINGH .	595	24/08/91	PUNJAB	+0.0m/s	22.78
7	ATIKUR RAHAMAN	843	09/05/92	WEST BENGAL	+0.0m/s	22.92

8	SHAH KEYUR .	251	01/05/96	GUJRAT	+0.0m/s	23.41
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Semi Final-3

1	HITESH DESHWAL	632	01/02/92	RAJASTHAN	+0.0m/s	21.96
2	PAUL JOSEPH	427	24/06/92	KERALA	+0.0m/s	22.02
3	RENGARAJ .	707	08/09/91	TAMILNADU	+0.0m/s	22.13
4	AMISH KHAMKAR	229	15/06/95	GOA	+0.0m/s	22.75
5	BABASAHEB MANDLIK	485	___/___/___	MAHARASTRA	+0.0m/s	22.75
6	MOHNISH POOJARY	314	22/09/95	HIMACHAL PRADESH	+0.0m/s	23.07
	SEWA SINGH .	611	05/02/95	PUNJAB		DNS
	RITESH ANAND .	333	___/___/___	JHARKHAND		DNS

Heat-1

1	DHARMBIR .	282	10/12/90	HARYANA	+0.0m/s	21.08
2	GANESH.S .	357	12/06/91	KARNATAKA	+0.0m/s	21.90
3	GAURANG AMBRE	475	01/04/95	MAHARASTRA	+0.0m/s	22.01
4	MANEESH M	434	06/02/93	KERALA	+0.0m/s	22.32
5	AMISH KHAMKAR	229	15/06/95	GOA	+0.0m/s	22.54
6	SEWA SINGH .	611	05/02/95	PUNJAB	+0.0m/s	23.29
7	SHAH KEYUR .	251	01/05/96	GUJRAT	+0.0m/s	23.37

Heat-2

1	PAUL JOSEPH	427	24/06/92	KERALA	+0.0m/s	22.09
2	BABASAHEB MANDLIK	485	___/___/___	MAHARASTRA	+0.0m/s	22.61
3	MOHNISH POOJARY	314	22/09/95	HIMACHAL PRADESH	+0.0m/s	22.99
4	AKASH PATEL .	243	13/07/93	GUJRAT	+0.0m/s	23.45
5	ABID HUSSAIN	320	05/03/98	JAMMU & KASHMIR	+0.0m/s	24.66
	M.VELLADURAI PANDIAN	742	06/02/91	TELANGANA		DNS
	MANIKANTA .	121		ANDHRA PRADESH		DNS

Heat-3

1	SHASHANK SHINDE	187	08/07/94	CHHATTISGARH	+0.0m/s	22.88
2	REJAUL MOLLA .	838	31/12/98	WEST BENGAL	+0.0m/s	22.97
3	RITESH ANAND .	333	___/___/___	JHARKHAND	+0.0m/s	23.48
4	K.P. MAMMU	107	25/12/73	ANDAMAN & NICOBAR	+0.0m/s	24.92
5	V. BALAKUMARAN .	561	28/03/98	PUDUCHERRY	+0.0m/s	25.14
	ASHWIN.M.J .	355	25/05/96	KARNATAKA		DNS
	SATNAM SINGH	542	27/03/91	MANIPUR		DNS

Heat-4

1	HITESH DESHWAL	632	01/02/92	RAJASTHAN	+0.0m/s	22.03
2	RENGARAJ .	707	08/09/91	TAMILNADU	+0.0m/s	22.23
3	ATIKUR RAHAMAN	843	09/05/92	WEST BENGAL	+0.0m/s	22.48
4	MAJGUL RASUL	260	20/12/93	GUJRAT	+0.0m/s	22.53
5	AJAY KALMOO	186	20/10/95	CHHATTISGARH	+0.0m/s	23.77
6	N MOHD SAMEER	110	03/06/95	ANDAMAN & NICOBAR	+0.0m/s	24.72
	NARINDER SINGH .	599	15/07/96	PUNJAB		DQ

Heat-5

1	NITHIN .	705		TAMILNADU	+0.0m/s	22.54
2	SANDEEP KUMAR .	312	14/07/93	HIMACHAL PRADESH	+0.0m/s	22.76
3	JATINDER SINGH .	595	24/08/91	PUNJAB	+0.0m/s	23.94
	SANJAY.V .	362		KARNATAKA		DNS
	GURMEET SINGH	801	01/12/99	UTTAR PRADESH		DNS
	SHANU CHOPRA .	218	07/09/91	DELHI		DNS

Heat-6

1	SANJEET .	291	26/01/95	HARYANA	+0.0m/s	21.36
2	MANIKANDA ARUMUGAM	719	05/07/89	TAMILNADU	+0.0m/s	21.53
3	MOHD JABIR	102	09/06/94	ANDAMAN & NICOBAR	+0.0m/s	25.70
	ADITYAVARDHAN SINGH	648	24/02/96	RAJASTHAN		DNS
	M.D. ABDUL NAJEEB QURESHI	741	25/02/88	TELANGANA		DNS
	M. ALKEN .	508	16/04/97	MANIPUR		DNS
	SWAPNIL MANKAR	145	09/12/94	ASSAM		DNS

Event # 3 MENS 400m**TIME= 18:15 HRS****01.07.2016****# N.R.:AROKYA RAJIV NEW DELHI 45.47 2016****% M.R.:PARAMJIT SINGH PUN 45.56 JUL 2000****FINAL**

1	PANKAJ MALIK	183	03/07/98	CHANDIGARH		47.40
2	NOAH NIRMAL TOM	440	13/11/94	KERALA		47.47
3	NAGARJ KUDUBHAVI	368	06/01/90	KARNATAKA		47.67
4	SOUVIK SOMANTA	858	___/___/___	AFI		47.99
5	MOHAN JOSE .	701	18/01/95	TAMILNADU		48.45
6	VIKAS SINGH	497	01/05/90	MAHARASTRA		48.57
7	ASHWIN.M.J .	355	25/05/96	KARNATAKA		49.71
	AKASH PARMAR	302	25/07/96	HARYANA		DNS

Semi Final-1

1	AKASH PARMAR	302	25/07/96	HARYANA		47.93
2	MOHAN JOSE .	701	18/01/95	TAMILNADU		48.46
3	KAMBERDEEP SINGH	618	12/06/95	PUNJAB		48.98
4	THARUN .	363		KARNATAKA		49.19
5	HARSH PANWAR	859	___/___/___	AFI		49.49
6	SUMIT .	220	25/02/92	DELHI		51.60
7	SHAH KEYUR .	251	01/05/96	GUJRAT		51.81
8	ABHINAV KUNDAL	325	14/12/99	JAMMU & KASHMIR		52.02

Semi Final-2

1	NOAH NIRMAL TOM	440	13/11/94	KERALA		47.79
2	NAGARJ KUDUBHAVI	368	06/01/90	KARNATAKA		47.89
3	PANKAJ MALIK	183	03/07/98	CHANDIGARH		48.23

4	VIKAS SINGH	497	01/05/90	MAHARASTRA	48.80
5	MOHAMMED SHERSHAD. P	538	04/09/94	MANIPUR	49.04
6	NARINDER SINGH .	599	15/07/96	PUNJAB	50.05
7	D.BHARATHA REDDY	128	18/03/96	ANDHRA PRADESH	52.08
8	DANISH YOUSUF	327	18/04/89	JAMMU & KASHMIR	55.43

Semi Final-3

1	SOUVIK SOMANTA	858	___/___/___	AFI	48.30
2	ASHWIN.M.J .	355	25/05/96	KARNATAKA	49.05
3	DEEPU NANU	486		MAHARASTRA	49.42
4	VIJAY SINGH	309	03/06/97	HARYANA	49.63
5	JAGMEET SINGH .	593	28/12/96	PUNJAB	50.36
6	OM PRAKASH GURJAR	633	06/09/94	RAJASTHAN	50.45
7	K.THIRUPATHI .	846	___/___/___	TELANGANA	51.64
	AKHIL P H	441	21/04/93	KERALA	DNS

Heat-1

1	NOAH NIRMAL TOM	440	13/11/94	KERALA	48.64
2	VIKAS SINGH	497	01/05/90	MAHARASTRA	48.94
3	PANKAJ MALIK	183	03/07/98	CHANDIGARH	49.73
4	DANISH YOUSUF	327	18/04/89	JAMMU & KASHMIR	54.09
5	S. MANIKANDAN .	558	27/05/95	PUDUCHERRY	58.70
	DHARUN .	696	31/12/96	TAMILNADU	DNS
	AJAY .	280	05/11/96	HARYANA	DNS
	EUSUP ALI	141	01/01/90	ASSAM	DNS

Heat-2

1	NAGARJ KUDUBHAVI	368	06/01/90	KARNATAKA	49.36
2	MOHAMMED SHERSHAD. P	538	04/09/94	MANIPUR	50.25
3	KAMBERDEEP SINGH	618	12/06/95	PUNJAB	51.03
4	SUMIT .	220	25/02/92	DELHI	52.47
5	SHAH KEYUR .	251	01/05/96	GUJRAT	52.73
6	G KALI DAS	103	25/01/93	ANDAMAN & NICOBAR	1:00.53
	PARVEEN KUMAR	782	02/02/94	UTTAR PRADESH	DNS
	AROKIARAJIV .	691	22/05/91	TAMILNADU	DNS

Heat-3

1	AKASH PARMAR	302	25/07/96	HARYANA	48.20
2	MOHAN JOSE .	701	18/01/95	TAMILNADU	48.74
3	ASHWIN.M.J .	355	25/05/96	KARNATAKA	49.30
4	NARINDER SINGH .	599	15/07/96	PUNJAB	49.94
5	SUNIL YASHODHAR SHETTY	173	29/09/85	BIHAR	55.57
6	S. PAWAN KUMAR	104	10/04/98	ANDAMAN & NICOBAR	58.44
	SAJAL MANDAL	226	01/12/98	DELHI	DNS
	K.RAMULU .	845	___/___/___	TELANGANA	DNS

Heat-4

1	SOUVIK SOMANTA	858	___/___/___	AFI	49.15
2	JAGMEET SINGH .	593	28/12/96	PUNJAB	50.16
3	OM PRAKASH GURJAR	633	06/09/94	RAJASTHAN	51.04
4	ABHINAV KUNDAL	325	14/12/99	JAMMU & KASHMIR	51.77
5	RAHUL CHATTHA	772	23/02/95	UTTAR PRADESH	52.84
6	MOHD JABIR	102	09/06/94	ANDAMAN & NICOBAR	1:00.11
	SACHIN ROBY	446	27/04/92	KERALA	DNS
	VIKAS SINGH	544	05/01/96	MANIPUR	DNS

Heat-5

1	VIJAY SINGH	309	03/06/97	HARYANA	49.23
2	THARUN .	363		KARNATAKA	49.34
3	HARSH PANWAR	859	___/___/___	AFI	49.39
4	DEEPU NANU	486		MAHARASTRA	49.40
5	AKHIL P H	441	21/04/93	KERALA	49.67
6	K.THIRUPATHI .	846	___/___/___	TELANGANA	50.58
7	D.BHARATHA REDDY	128	18/03/96	ANDHRA PRADESH	51.18
	PARMOD RAGHAV	211	14/04/99	DELHI	DNS

Event # 4 MENS 800m

TIME= 18:30 HRS

29.06.2016

N.R.:SRIRAM SINGH MONTREAL 1:45.77 27/07/76

% M.R.:PANKAJ DIMRI UTT 1:46.26 6/8/2010

FINAL

1	JINSON JOHNSON	426	15/03/91	KERALA	1:46.43
2	MANJIT SINGH .	597	09/01/89	PUNJAB	1:48.61
3	BHARATH.K.A. .	356	08/09/92	KARNATAKA	1:50.10
4	AMOJ JACOB .	200	02/05/98	DELHI	1:51.54
5	TWINLE TOMY .	252	16/11/95	GUJRAT	1:55.57
6	MANDEEP GOYAT	143	20/12/95	ASSAM	1:56.01
	SAJEESH JOSEPH	428	14/01/87	KERALA	DNF
	NAGARJ KUDUBHAVI	368	06/01/90	KARNATAKA	DNF

Heat-1

1	JINSON JOHNSON	426	15/03/91	KERALA	1:53.86
2	AMOJ JACOB .	200	02/05/98	DELHI	1:54.12
3	TWINLE TOMY .	252	16/11/95	GUJRAT	1:54.27
4	MANOJ KUMAR	299	15/11/92	HARYANA	1:55.02
5	AMEESH. NA	531	26/04/88	MANIPUR	1:55.52
6	MANJIT SINGH	153	08/07/97	ASSAM	1:56.07
7	BENYAMIN DANIEL	720	28/12/92	TAMILNADU	1:56.12
8	NIKHIL ARORA .	601	01/12/96	PUNJAB	1:59.26
9	ABDUL AZIZ	101	04/03/98	ANDAMAN & NICOBAR	2:08.61
10	K.THIRUPATHI .	846	___/___/___	TELANGANA	2:14.54
	DEEPAK KUMAR	780	26/08/99	UTTAR PRADESH	DNS

Heat-2

1	MANJIT SINGH .	597	09/01/89	PUNJAB	1:54.61
2	BHARATH.K.A. .	356	08/09/92	KARNATAKA	1:54.73
3	MOHAN YADAV	181	01/08/92	BIHAR	1:54.88
4	SHIJU. R	536	05/02/89	MANIPUR	1:55.41
5	K.RAMULU .	845	___/___/___	TELANGANA	1:57.36
6	AJAY PROJA	151	09/09/91	ASSAM	1:59.81
7	G KALI DAS	103	25/01/93	ANDAMAN & NICOBAR	2:21.20
	SACHIN ROBY	446	27/04/92	KERALA	DNS
	ASHISH KUMAR	298	06/07/94	HARYANA	DNS
	RAJ KUMAR	639	05/01/98	RAJASTHAN	DNS

Heat-3

1	MANDEEP GOYAT	143	20/12/95	ASSAM	1:51.59
2	SAJEESH JOSEPH	428	14/01/87	KERALA	1:52.70
3	NAGARJ KUDUBHAVI	368	06/01/90	KARNATAKA	1:53.89
4	NITIN CHANDRAN .	210	04/12/92	DELHI	1:54.29
5	MD. SAKIL .	837	10/05/93	WEST BENGAL	1:54.34
6	JAYARAJ .	698	17/10/98	TAMILNADU	1:55.73
7	MAHAMMED AFSAL.P	512	02/03/96	MANIPUR	1:55.80
8	SHEJO VARGHESE	808	16/07/96	UTTAR PRADESH	1:56.93
9	JASHANDEEP SINGH	617	30/03/94	PUNJAB	1:59.88
10	BASKAR RAO	109	01/01/95	ANDAMAN & NICOBAR	2:14.10

Event # 5 MENS 1500m

TIME= 18:05 HRS

02.07.2016

N.R.:BAHADUR PRASAD CHENNAI 3:38.00 23/12/95

% M.R.:BAHADUR PRASAD DEL 3:40.10 DEC 1995

FINAL

1	SIDDHANT ADHIKAR	139	19/10/92	ASSAM	3:54.64
2	SANDEEP .	290	05/12/85	HARYANA	3:54.94
3	RAHUL .	213	01/12/96	DELHI	3:56.01
4	RAJENDER SINGH .	740	26/11/94	TELANGANA	3:57.10
5	KULDEEP .	507	20/05/91	MANIPUR	3:57.12
6	RAHUL P R	442	19/02/96	KERALA	3:57.73
7	BIR SINGH .	203	20/07/90	DELHI	3:58.19
8	SONY SINGH	543	04/03/88	MANIPUR	4:00.79
9	RAKESH KUMAR SWAMI	655	01/07/94	RAJASTHAN	4:02.89
10	TWINLE TOMY .	252	16/11/95	GUJRAT	4:03.14
11	PRANJAL GOGOI	142	01/07/89	ASSAM	4:03.24
	HARSHAD MHATRE	146	09/08/97	ASSAM	DNS

Heat-1

1	SANDEEP .	290	05/12/85	HARYANA	4:01.00
2	RAHUL .	213	01/12/96	DELHI	4:01.05
3	SIDDHANT ADHIKAR	139	19/10/92	ASSAM	4:01.07

4	KULDEEP .	507	20/05/91	MANIPUR	4:01.27
5	SONY SINGH	543	04/03/88	MANIPUR	4:01.41
6	RAKESH KUMAR SWAMI	655	01/07/94	RAJASTHAN	4:02.65
7	TWINLE TOMY .	252	16/11/95	GUJRAT	4:05.06
8	SEHAJDEEP SINGH .	610	17/07/96	PUNJAB	4:07.85
9	SHEJO VARGHESE	808	16/07/96	UTTAR PRADESH	4:12.39
10	JAYARAJ .	698	17/10/98	TAMILNADU	4:12.63
11	GIRACH IMRAN .	246	05/08/96	GUJRAT	4:45.44
12	ABDUL AZIZ	101	04/03/98	ANDAMAN & NICOBAR	4:52.90
	JINSON JOHNSON	426	15/03/91	KERALA	DNS
	SACHIN .	217	08/11/96	DELHI	DNS

Heat-2

1	PRANJAL GOGOI	142	01/07/89	ASSAM	4:04.31
2	RAJENDER SINGH .	740	26/11/94	TELANGANA	4:04.62
3	BIR SINGH .	203	20/07/90	DELHI	4:04.65
4	RAHUL P R	442	19/02/96	KERALA	4:04.89
5	HARSHAD MHATRE	146	09/08/97	ASSAM	4:04.99
6	RAJENDER YADAV .	215	___/___/___	DELHI	4:05.37
7	ARUN KUMAR	778	27/07/96	UTTAR PRADESH	4:06.05
8	ASHAWIN MER .	244	13/04/92	GUJRAT	4:44.87
9	BASKAR RAO	109	01/01/95	ANDAMAN & NICOBAR	4:47.82
10	V. THAMIZHVANAN .	562	04/11/95	PUDUCHERRY	5:06.16
	AJITH. G	515	08/08/94	MANIPUR	DNS
	AJAY KUMAR SAROJ	797	01/05/97	UTTAR PRADESH	DNS
	JASDEV SINGH	650	13/03/93	RAJASTHAN	DNS
	SAJEESH JOSEPH	428	14/01/87	KERALA	DNS

Event # 6 MENS 5000m

TIME= 6:15 HRS

28.06.2016

N.R.:BAHADUR PRASAD BIRMINGHAM 13:29.70 25/06/92

% M.R.:SURENDER SINGH UTT 13:51.31 OCT-2009

1	LAKSHMANAN .	700	05/06/90	TAMILNADU	14:06.04
2	SURESH KUMAR PATEL	795	01/07/91	UTTAR PRADESH	14:11.45
3	YUNUS MOHAMMAD	789	09/09/88	UTTAR PRADESH	14:24.07
4	RAHUL .	213	01/12/96	DELHI	14:36.71
5	MAN SINGH	822	20/06/89	UTTRAKHAND	14:43.23
6	BIPIN KUMAR PATEL	144	12/12/96	ASSAM	14:58.10
7	SUBHANKAR GHOSH	840	15/10/90	WEST BENGAL	14:58.92
8	ALBIN SUNNY .	198	02/01/94	DELHI	15:02.64
9	RAKASH KUMAR .	311	29/01/90	HIMACHAL PRADESH	15:18.34
10	VIKASH KUMAR	433	05/06/94	KERALA	15:21.45
11	ARJUN TUDU .	331		JHARKHAND	15:41.02
12	PINTU KUMAR YADAV	334		JHARKHAND	15:41.68
13	UDAY KUMAR MEHTA	169	02/06/93	BIHAR	16:07.94

14	VISHNU MOHANAN	529	11/10/91	MANIPUR	16:19.43
15	PUKALARASAN .	706	25/06/96	TAMILNADU	16:28.69
16	VIPIN KUMAR	527	11/09/96	MANIPUR	18:24.85

Event # 7 MENS 10000m

TIME=6:30 HRS

02.07.2016

N.R.:SURENDER SINGH VIGO-SPAIN 28:02.89 12.07.08

% M.R.:SURENDER SINGH UTT 29:06.17 SEP 2007

1	LAKSHMANAN .	700	05/06/90	TAMILNADU	29:38.49
2	KHETA RAM .	862	_/_/_/	RAJASTHAN	29:57.54
3	GOPI T	861	_/_/_/	UTTRAKHAND	30:37.69
4	PRADEEP SINGH CHAUDHARY	818	06/06/90	UTTRAKHAND	30:40.05
5	MURLI GAVIT .	247	08/01/97	GUJRAT	30:47.06
6	NITENDRA SINGH RAWAT	860	_/_/_/	UTTRAKHAND	30:54.41
7	ABISHEK PAL	147	15/07/97	ASSAM	30:56.55
8	VASHUDEV NISHAD	790	12/02/93	UTTAR PRADESH	31:08.44
9	PRAMOD KUMAR	526	15/05/89	MANIPUR	31:18.35
10	V.L. DANGI	514	05/05/81	MANIPUR	31:30.98
11	SUBHANKAR GHOSH	840	15/10/90	WEST BENGAL	31:35.98
12	KISAN TADVI	498	10/01/98	MAHARASTRA	31:53.48
13	KANTILAL KUMBHAR	484		MAHARASTRA	31:55.49
14	VIRENDRA PAL	148	15/10/96	ASSAM	32:11.46
15	ARJUN KUMAR	777	03/12/97	UTTAR PRADESH	32:11.50
16	ARJUN TUDU .	331		JHARKHAND	32:14.13
17	TARA CHAND .	313	27/08/86	HIMACHAL PRADESH	32:24.26
18	SACHIN .	217	08/11/96	DELHI	32:55.94
19	NIKIL KUMAR .	703	29/04/93	TAMILNADU	33:24.99
20	SHABIR S	447	23/07/96	KERALA	33:37.81
21	KARTHICK .	699	31/10/95	TAMILNADU	33:40.06
22	BIJAY J	423	25/09/94	KERALA	33:53.01
23	SUNIL KUMAR	324	07/02/93	JAMMU & KASHMIR	36:41.23
	PINTU KUMAR YADAV	334		JHARKHAND	DNF
	RAKASH KUMAR .	311	29/01/90	HIMACHAL PRADESH	DNF
	YUNUS MOHAMMAD	789	09/09/88	UTTAR PRADESH	DNF
	CHHINDER SINGH .	585	22/10/89	PUNJAB	DNF
	RAHIL RAJ M R	445	10/11/94	KERALA	DNF
	MOHAMMAD YUNUS	500		MAHARASTRA	DNF
	JITENDER .	206	15/06/96	DELHI	DNS
	AMIT KHANDURI .	199	06/09/97	DELHI	DNS
	UDAY KUMAR MEHTA	169	02/06/93	BIHAR	DNS

Event # 8 MENS 3000m Steeplechase

TIME= 19:15 HRS

29.06.2016

N.R.:GOPAL SAINI TOKYO 8:30.88 5/6/1981

% M.R.:RAMA CHANDRAN KER 8:42.58 12-6-2011

1	NAVEEN .	286	20/01/88	HARYANA	8:44.33
2	RAMESH KUMAR BISHNOI	476	10/07/85	MAHARASTRA	8:56.17
3	KARAMVIR .	283	24/04/85	HARYANA	9:00.79
4	DURGA BAHADUR BUDHA	817	02/06/92	UTTRAKHAND	9:06.59
5	SHANKAR LAL SWAMI	656	07/05/96	RAJASTHAN	9:13.58
6	VICKY TOMAR .	221	10/04/97	DELHI	9:15.30
7	MANJU .	208	01/06/85	DELHI	9:25.50
8	ASWIN ANTONY	416	10/04/99	KERALA	9:47.64
9	RAMAN YADAV	452	10/10/92	KERALA	9:56.78
10	AKASH S	537	16/06/94	MANIPUR	10:14.28
11	TAJPREET SINGH .	613	15/05/96	PUNJAB	10:22.43
12	SANDEEP SINGH .	609	28/08/95	PUNJAB	10:51.10
	HARI BIKASH SINGH	152	15/08/97	ASSAM	DNF
	R. RAMACHANDRAN	726	07/02/86	TAMILNADU	DNS
	NARESH PAWAR	150	24/04/85	ASSAM	DNS
	VIPIN KUMAR	527	11/09/96	MANIPUR	DNS
	VIKASH KUMAR	433	05/06/94	KERALA	DNS
	IMMANUVEL. V	546	17/05/91	MANIPUR	DNS
	KULDEEP --	768	09/04/98	UTTAR PRADESH	DNS

Event # 9 MENS 110m Hurdles

TIME= 17:15 HRS

30.06.2016

N.R.:SIDHANT THINGALIYA CLERMONT 13.59 2016

% M.R.:SIDHANTH THINGALYA MAH 13.81 7.8.2010

1	SREEKANTH D	420	09/05/96	KERALA	+0.0m/s	14.54
2	K.PREM KUMAR .	738	23/08/90	TELANGANA	+0.0m/s	14.60
3	AKSHAY R	444	30/08/97	KERALA	+0.0m/s	15.29
4	SATYAJIT SAREN	844	21/11/95	WEST BENGAL	+0.0m/s	15.33
5	DEBASISH DEBNATH	839	19/01/88	WEST BENGAL	+0.0m/s	15.67
6	AMARANATH .M.D	365	08/04/97	KARNATAKA	+0.0m/s	16.41
	D.PREM KUMAR .	118	20/01/90	ANDHRA PRADESH		DNF
	PINTO MATHEW	439	10/05/92	KERALA		DNS

Event # 10 MENS 400m Hurdles

TIME=20:00 HRS HRS

01.07.2016

N.R.:JOSEPH G.ABRAHAM OSAKA 49.51 26.08.07

% M.R.:JOSEPH G.ABRAHAM KER 49.91 OCT-2009

FINAL

1	JITHIN PAUL	443	13/03/90	KERALA	50.41
2	JABIR M P	436	06/08/96	KERALA	51.34
3	SANTHOSH KUMAR	721	01/01/98	TAMILNADU	51.71
4	JASDEEP SINGH ..	614	19/02/92	PUNJAB	52.83

5	BINU JOSE	517	14/05/91	MANIPUR	54.03
6	AMAL MANOHAR	438	10/12/94	KERALA	54.72
7	ANMOL .	582	13/02/94	PUNJAB	54.74
	DURGESH KUMAR PAL	786	20/04/94	UTTAR PRADESH	DNF

Heat-1

1	BINU JOSE	517	14/05/91	MANIPUR	54.55
2	AMAL MANOHAR	438	10/12/94	KERALA	54.75
3	ANMOL .	582	13/02/94	PUNJAB	54.82
4	SATHISH .	708	01/09/94	TAMILNADU	54.93
5	GULABSINGH VASAVE	231	11/02/92	GOA	58.60
6	SAJAL MANDAL	226	01/12/98	DELHI	59.23
	PRATEEK PANDEY	792	01/10/98	UTTAR PRADESH	DNS
	AMAL MANOHAR	256	12/10/94	GUJRAT	DNS

Heat-2

1	JITHIN PAUL	443	13/03/90	KERALA	52.16
2	SANTHOSH KUMAR	721	01/01/98	TAMILNADU	53.11
3	NIKHIL BHARDWAJ .	602	24/05/96	PUNJAB	54.97
4	JAGADEESH CHANDRA	367	03/05/94	KARNATAKA	55.31
5	M. ALKEN .	508	16/04/97	MANIPUR	57.96
6	BANTY CHAUDHARY	773	05/03/96	UTTAR PRADESH	59.68
7	PARMOD RAGHAV	211	14/04/99	DELHI	1:01.07
	NIGAM PANKAJ .	248	30/12/93	GUJRAT	DNF

Heat-3

1	DURGESH KUMAR PAL	786	20/04/94	UTTAR PRADESH	51.45
2	JABIR M P	436	06/08/96	KERALA	51.83
3	JASDEEP SINGH ..	614	19/02/92	PUNJAB	53.40
4	NAGABHUSHAN .C.P	364	19/06/95	KARNATAKA	55.16
5	YADAV PRADEEP	259	15/08/95	GUJRAT	1:04.48
	KARTHIK. K	519	15/05/95	MANIPUR	DNS
	D.PREM KUMAR .	118	20/01/90	ANDHRA PRADESH	DNS

Event # 11 MENS High Jump

TIME= 17:00 HRS

01.07.2016

S-1.85P-1.80,2m,1.85-5-2.05-32.17-2

N.R.:HARI SHANKER ROY SINGAPORE 2.25 28.09.04

% M.R.:HARI SHANKER ROY WB 2.22 SEP 2007

1	AJAY KUMAR	297	07/03/96	HARYANA	2.17m
2	RITESH KUMAR	784	15/05/90	UTTAR PRADESH	2.17m
3	JAGDEEP SINGH .	591	30/10/92	PUNJAB	2.17m
4	SARVESH KHUSARE	483	17/06/95	MAHARASTRA	2.17m
5	MANU FRANCIS	421	11/04/98	KERALA	2.08m
6	RAHUL.. .	214	24/10/95	DELHI	2.05m

7	AADARSHRAM .	690	27/09/97	TAMILNADU	2.05m
8	VINITH .	716	08/11/95	TAMILNADU	2.00m
8	ARUN PRASANTH .	116	23/03/91	ANDHRA PRADESH	2.00m
10	SANDEEP KUMAR	369	05/07/93	KARNATAKA	2.00m
11	ABHIMANU SINGH	174	20/07/95	BIHAR	1.95m
12	S. VEERAMANI .	559	28/08/94	PUDUCHERRY	1.90m

Event # 12 MENS Pole Vault

TIME= 17:00 HRS

28.06.2016

S-4mP-3.90,4.40m,4-10-4.70-5cm

N.R.:K.P. BIMIN NEW DELHI 5.13 2012

% M.R.:GAJANAN UPADHAYA JHAR 5.05 SEP 2007

1	SIVA .	709	05/06/96	TAMILNADU	4.90m
2	PARVEEN KUMAR .	604	10/10/92	PUNJAB	4.80m
3	BIMIN K P	431	01/04/85	KERALA	4.70m
4	THANGA VASANTH	728	18/06/93	TAMILNADU	4.70m
5	KUNWAR GYANENDRA SINGH	775	30/06/97	UTTAR PRADESH	4.60m
6	SONU .	293	19/07/96	HARYANA	4.50m
7	PRADHYUMN .	212	01/08/94	DELHI	4.50m
8	JESSAN K.G.	520	03/01/98	MANIPUR	4.50m
9	DHARMARAJ .	695	24/11/93	TAMILNADU	4.50m
10	ANOOP C B	419	03/02/90	KERALA	4.50m
	P.BALAKRISHNA .	360	23/03/90	KARNATAKA	NM
	BINEESH JACOB	424	17/03/86	KERALA	NM
	DEEPAK .	506	05/08/96	MANIPUR	NM
	MANJEET .	509	07/01/92	MANIPUR	NM
	SUMIT KUMAR	641	10/02/94	RAJASTHAN	NM
	JITENDER. ..	224	12/12/92	DELHI	DNS

Event # 13 MENS Long Jump

TIME=17:30 HRS

01.07.2016

N.R.:K.PREM KUMAR TN 8.09 AUG-2013

% M.R.:K.PREM KUMAR TN 8.00 2013

1	YUGANT SHEKHAR SINGH	799	02/10/97	UTTAR PRADESH	+0.0m/s	7.74m
	7.64, 7.57, 7.74, 7.66, NM, 7.56					
2	MUHAMMED ANEES	254	12/03/95	GUJRAT	+0.0m/s	7.64m
	7.32, 7.40, 7.37, NM, 7.44, 7.64					
3	SHAMSHEER .S.E	366	06/10/86	KARNATAKA	+0.0m/s	7.49m
	7.27, 7.40, 7.37, 7.47, NM, 7.49					
4	ELAKKIYADASAN .	697	31/01/95	TAMILNADU	+0.0m/s	7.47m
5	SWAMINATHAN .	712	07/04/96	TAMILNADU	+0.0m/s	7.33m
6	WAYNE PEPPIN .	717	02/09/83	TAMILNADU	+0.0m/s	7.16m
7	SUDHIR .	294	14/07/90	HARYANA	+0.0m/s	7.15m

8	SAHIL MAHABALI	301	27/12/97	HARYANA	+0.0m/s	7.12m
9	AMAR SHINDE	493	28/10/96	MAHARASTRA	+0.0m/s	6.77m
10	JOGARANA NAVGHAN	257	14/11/92	GUJRAT	+0.0m/s	6.41m
11	A.P. FAZLUL RAHMAN	108	12/07/95	ANDAMAN & NICOBAR	+0.0m/s	5.96m

Event # 14 MENS Triple Jump

TIME= 17:00 HRS

29.06.2016

N.R.:ARPINDER SINGH LUCKNOW 17.17 2014

% M.R.:ARPINDER SINGH PUN 17.17 2014

1	RENJITH MAHESWARY	437	30/01/86	KERALA	+0.0m/s	16.56m
	16.17, 15.49, 15.51, 16.08, 16.49, 16.56					
2	RAKESH BABU A V	417	20/03/90	KERALA	+0.0m/s	16.20m
	15.96, NM, 15.72, 15.82, 16.20, NM					
3	BHEESHM SINGH	539	01/11/91	MANIPUR	+0.0m/s	16.16m
	16.03, 15.97, 16.16, NM, NM, NM					
4	KARTHIK .	359		KARNATAKA	+0.0m/s	16.08m
5	ARPINDER SINGH .	583	30/12/92	PUNJAB	+0.0m/s	15.98m
6	D.ARIVUSELVAM .	117	28/05/91	ANDHRA PRADESH	+0.0m/s	15.94m
7	MOHAMMED SALAHUDDIN	727	24/03/94	TAMILNADU	+0.0m/s	15.88m
8	SREEJITHMON K	429	16/10/89	KERALA	+0.5m/s	15.34m
9	BIBIN DEV D	513	30/05/89	MANIPUR	-0.2m/s	15.03m
10	VIMAL MUKESH .	715	25/03/96	TAMILNADU	+0.0m/s	14.74m
11	KAMAL MANN	788	08/09/96	UTTAR PRADESH	+0.0m/s	14.62m
12	RANJIT SINGH .	608	10/05/93	PUNJAB	+0.0m/s	14.43m
13	RAMDEO TIGGA .	332		JHARKHAND	+0.0m/s	14.35m
14	RAHUL BORSE	477	01/06/91	MAHARASTRA	+0.0m/s	14.07m
15	SAURABH --	769	06/07/86	UTTAR PRADESH	+0.0m/s	14.06m
16	DEEPANKAR .	281	24/11/94	HARYANA	+0.0m/s	13.81m
	NISHIL JADHAV .	249	03/07/94	GUJRAT		NM

Event # 15 MENS Discus Throw

TIME=17:00 HRS

29.06.2016

N.R.:VIKAS GOWDA Norman 66.28 12-4-2012

% M.R.:ANIL KUMAR HAR 59.70 JUL 2000

1	KIRPAL SINGH .	596	19/05/92	PUNJAB		59.74m *NMR
	59.37, 58.52, 59.74, 58.51, 59.17, 59.62					
2	BALJINDER SINGH .	584	23/07/89	PUNJAB		54.08m
	47.71, 50.54, 54.08, 52.03, 52.38, 51.31					
3	DHARAM RAJ YADAV	810	26/01/91	UTTAR PRADESH		53.64m
	53.64, NM, NM, NM, NM, 51.35					
4	PARABHJOT SINGH .	603	05/05/92	PUNJAB		52.74m
5	RASHPAL SINGH .	216	04/02/86	DELHI		50.89m
6	ABHISHEK CHAUDHARY	164	25/01/93	BIHAR		49.69m

7	MONTY DHANKAR .	209	25/12/94	DELHI	49.24m
8	VIKAS..	295	22/10/91	HARYANA	47.94m
9	ASHISH RATHI .	202	21/10/94	DELHI	47.22m
10	ANSHU RAI	796	03/08/89	UTTAR PRADESH	45.28m
11	MANOJ KUMAR MAHARANA	550	25/12/92	ODISHA	44.28m
12	GOVIND SINGH	540	05/05/91	MANIPUR	39.06m
	ANISH LAKRA	105	01/06/99	ANDAMAN & NICOBAR	NM
	ABHILASH SAKSHENA	261	07/05/93	GUJRAT	NM

Event # 16 MENS Hammer Throw

TIME= 18:30 HRS

29.06.2016

N.R.:RAKESH KUMAR YADAV BANGLORE 70.16 17/07/03

% M.R.:CHANDRODAYA N.SINGH UP 69.38 2014

1	NIRAJ KUMAR	637	17/09/90	RAJASTHAN	70.73m *NR
	NM, 61.59, 68.04, NM, 70.73, 67.17				
2	KAUSHAL SINGH	803	16/11/88	UTTAR PRADESH	65.16m
	59.96, 62.56, 62.45, 63.81, NM, 65.16				
3	RANJEET SINGH	178	16/02/90	BIHAR	62.01m
	59.05, 59.16, NM, 58.86, 60.85, 62.01				
4	KAPIL MAAN	642	02/01/95	RAJASTHAN	57.68m
5	SHIV KUMAR	819	02/07/86	UTTRAKHAND	56.82m
6	RAHUL KUMAR	638	07/12/96	RAJASTHAN	56.77m
7	ARJUN TOMAR .	201		DELHI	54.08m
8	GOVIND SINGH .	815	26/04/93	UTTRAKHAND	49.48m
9	NIRMAL RAJ .	704	05/05/96	TAMILNADU	47.93m
10	MURALIDHARAN .	702	18/04/95	TAMILNADU	45.99m
11	RANJAN KHADE	482		MAHARASTRA	44.19m
12	V.BHAVANI PRASAD	126	03/04/84	ANDHRA PRADESH	39.82m
13	SONU SINGH	230	08/12/98	GOA	37.95m
	VIKRAN RAINA	490		MAHARASTRA	DNS
	AMAR SINGH RANA	303	08/07/94	HARYANA	DNS
	SHIVAM YADAV	499		MAHARASTRA	DNS
	GURJODH SINGH .	587	05/04/85	PUNJAB	DNS
	VIVEK YADAV .	223	13/10/96	DELHI	DNS
	VIKRANTA --	770	30/12/99	UTTAR PRADESH	DNS
	VIKAS CHAUDHARY	774	10/04/93	UTTAR PRADESH	DNS

Event # 17 MENS Javelin Throw

TIME= 15:30 HRS

02.07.2016

N.R.:NEERAJ CHOPRA GUWAHATI 82.23 2016

% M.R.:JAGDISH BISHNOI PUN 79.67 JUL 2000

FINAL

1	AMIT KUMAR .	115	18/09/92	ANDHRA PRADESH	79.14m
	79.14, 75.85, 75.58, NM, NM, NM				
2	RAVINDER SINGH KHERA	616	19/03/86	PUNJAB	78.11m

72.24, 74.41, 70.67, 75.55, 73.78, 78.11

3	VIPIN KASANA	776	04/08/87	UTTAR PRADESH	77.94m
77.42, 75.34, 72.16, 73.32, 77.45, 77.94					
4	RAJINDER SINGH	863	___/___/___	HARYANA	76.65m
5	ABHISHEK SINGH .	197	20/05/95	DELHI	76.35m
6	DEVINDER SINGH KANG	615	18/12/88	PUNJAB	75.99m
7	SAMARJEET SINGH	653	11/07/88	RAJASTHAN	73.04m
8	AMRENDRA SINGH	800	15/08/91	UTTAR PRADESH	72.73m
9	DHARMENDRA KUMAR	635	12/10/93	RAJASTHAN	66.70m
10	ANIMESH MUKHERJEE	842	05/08/92	WEST BENGAL	66.69m
11	ASHUTOSH KUMAR SINGH	175	20/02/92	BIHAR	65.00m
	JAGMOHAN SINGH .	205	20/08/84	DELHI	NM

QUALFY ROUND

1	AMIT KUMAR .	115	18/09/92	ANDHRA PRADESH	72.64m
2	RAJINDER SINGH	863	___/___/___	HARYANA	71.75m
3	DEVINDER SINGH KANG	615	18/12/88	PUNJAB	70.55m
4	ANIMESH MUKHERJEE	842	05/08/92	WEST BENGAL	69.94m
5	RAVINDER SINGH KHERA	616	19/03/86	PUNJAB	69.84m
6	ABHISHEK SINGH .	197	20/05/95	DELHI	69.04m
7	JAGMOHAN SINGH .	205	20/08/84	DELHI	68.70m
8	AMRENDRA SINGH	800	15/08/91	UTTAR PRADESH	67.96m
9	DHARMENDRA KUMAR	635	12/10/93	RAJASTHAN	67.49m
10	VIPIN KASANA	776	04/08/87	UTTAR PRADESH	66.90m
11	ASHUTOSH KUMAR SINGH	175	20/02/92	BIHAR	66.73m
12	SAMARJEET SINGH	653	11/07/88	RAJASTHAN	66.64m
13	ARUN BABY	418	30/04/93	KERALA	66.61m
14	ABHISHEK DRALL .	196	11/05/98	DELHI	65.55m
15	CHINMAYA RANJAN JENA	555	14/11/95	ODISHA	64.54m
16	AJAY KUMAR	634	11/01/93	RAJASTHAN	64.35m
17	KRISHNA NAND TRIPATHI	806	17/07/89	UTTAR PRADESH	63.88m
18	MAYANK SHARMA	306	20/12/95	HARYANA	63.56m
19	PARVINDER KUMAR	300	08/03/95	HARYANA	62.72m
20	DINESH KUMAR RAO	820	07/02/88	UTTRAKHAND	60.64m
21	UTTAM PATIL	488	01/11/94	MAHARASTRA	60.61m
22	MANJEET SINGH	496		MAHARASTRA	60.58m
23	SATHYA NARAYANAN	725	20/07/90	TAMILNADU	60.52m
24	DHARANI .	694	07/02/95	TAMILNADU	51.41m

Event # 18 MENS Shot Put

TIME= 18:10 HRS

29.06.2016

#N.R.:O.PRAKASH Szombathely-Hungary 20.69 12-05-2012

% M.R.:INDERJEET SINGH HARYANA 20.44 10/07/2015

1	INDERJEET SINGH	308	19/04/88	HARYANA	19.28m
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18.75, 18.83, 18.54, NM, 19.28, 19.26

2	TAJINDERPAL SINGH TOOR	620	13/11/94	PUNJAB	19.21m
18.31, 18.72, 19.21, NM, 18.91, 18.52					
3	JASDEEP SINGH .	594	10/06/90	PUNJAB	18.48m
17.95, 17.58, 18.48, 18.33, 18.23, 18.30					
4	OM PARKASH .	288	11/01/87	HARYANA	18.39m
5	SATISH .	292	06/12/92	HARYANA	16.71m
6	ALFIN .	354		KARNATAKA	16.61m
7	GAGANDEEP SINGH	184	23/03/90	CHANDIGARH	16.53m
8	AKSHAY .	631	28/12/98	RAJASTHAN	15.84m
9	MANOJ KUMAR MAHARANA	550	25/12/92	ODISHA	13.25m
10	G.SRIKANTH .	119	16/12/89	ANDHRA PRADESH	10.03m
	ABHILASH SAKSHENA	261	07/05/93	GUJRAT	DNS

Event # 19 MENS 4x100m Relay

TIME= 20:00 HRS

30.06.2016

N.R.:INDIAN NATIONAL TEAM DELHI 38.89 12-10-2010

% M.R.:KERALA TEAM KER 40.49 2013

FINAL

1	TAMILNADU				40.72
693	R.SWAMINATHAN .	31/03/1994	713	TAMILVANAN . 28/08/1991	
719	MANIKANDA ARUMUGAM	05/07/1989	724	P MUTHU KUMAR 15/12/1993	
2	KERALA				41.12
420	SREEKANTH D	09/05/1996	453	MOHAMMED YAS 01/04/1994	
427	PAUL JOSEPH	24/06/1992	425	ANUROOP JOHN 15/02/1991	
3	MANIPUR				41.35
542	SATNAM SINGH	27/03/1991	534	RAHUL G PILLAI 04/04/1990	
525	JITHESH KUMAR	03/11/1991	532	SHAMEERMON N. 20/10/1983	
4	PUNJAB				41.42
605	RAGHUVEER SINGH .	09/05/1996	598	MEWA SINGH . 04/02/1990	
590	INDERJEET SINGH .	04/10/1991	595	JATINDER SINGH 24/08/1991	
5	TELANGANA				41.62
739	P. SARVESH .	28/01/1988	742	M PANDIAN 06/02/1991	
737	C.H. SUDHAKAR .	18/05/1997	741	M NAJEEB QUREŞ 25/02/1988	
6	WEST BENGAL				42.49
838	REJAUL MOLLA .	31/12/1998	844	SATYAJIT SAREN 21/11/1995	
843	ATIKUR RAHAMAN	09/05/1992	841	SHAFIKUL MOND 08/07/1996	
7	ANDHRA PRADESH				43.04
125	H.M. MANIKANTA	23/03/1993	127	L.JANARDHANA F 28/12/1995	
131	B. SURYANARAYANA	15/06/1994	121	MANIKANTA .	
	KARNATAKA				DNS
355	ASHWIN.M.J .	25/05/1996	361	RADESH.M.G. .	
353	AIYAPPA.K.M .	03/09/1991	357	GANESH.S . 12/06/1991	

Heat-1

1	MANIPUR				42.21
542	SATNAM SINGH	27/03/1991	525	JITHESH KUMAR 03/11/1991	

532	SHAMEERMON NA	20/10/1983	534	RAHUL G PILLAI	04/04/1990	
2	KERALA					42.37
430	ASWIN K P	16/09/1996	453	MOHAMMED YAS	01/04/1994	
427	PAUL JOSEPH	24/06/1992	425	ANUROOP JOHN	15/02/1991	
3	KARNATAKA					42.80
355	ASHWIN.M.J .	25/05/1996	361	RADESH.M.G. .		
353	AIYAPPA.K.M .	03/09/1991	357	GANESH.S .	12/06/1991	
4	TELANGANA					43.15
739	P. SARVESH .	28/01/1988	738	K.PREM KUMAR .	23/08/1990	
742	M PANDIAN	06/02/1991	737	C.H. SUDHAKAR .	18/05/1997	
5	WEST BENGAL					43.46
838	REJAUL MOLLA .	31/12/1998	844	SATYAJIT SAREN	21/11/1995	
843	ATIKUR RAHAMAN	09/05/1992	841	SHAFIKUL MOND	08/07/1996	
	HARYANA					DNS
	MAHARASTRA					DNS
Heat-2						
1	TAMILNADU					41.86
693	R.SWAMINATHAN .	31/03/1994	713	TAMILVANAN .	28/08/1991	
719	MANIKANDA ARUMUGAM	05/07/1989	724	P MUTHU KUMAR	15/12/1993	
2	PUNJAB					43.01
605	RAGHUVEER SINGH .	09/05/1996	598	MEWA SINGH .	04/02/1990	
590	INDERJEET SINGH .	04/10/1991	595	JATINDER SINGH	24/08/1991	
3	ANDHRA PRADESH					43.83
125	H.M. MANIKANTA	23/03/1993	127	L.JANARDHANA F	28/12/1995	
131	B. SURYANARAYANA	15/06/1994	121	MANIKANTA .		
4	PUDUCHERRY					47.10
562	V. THAMIZHVANAN .	04/11/1995	561	V. BALAKUMARA	28/03/1998	
558	S. MANIKANDAN .	27/05/1995	563	M. ABDUL KADHA	15/06/1997	
5	JAMMU & KASHMIR					47.56
322	JAI KUMAR	07/01/1989	323	SHABIR KUMAR	23/10/1985	
320	ABID HUSSAIN	05/03/1998	321	SHOWKAT AHMA	02/05/1993	
	GUJRAT					DNS
	BIHAR			BIHAR		DNS

Event # 20 MENS 4x400m Relay

TIME=18:15 HRS

02.07.2016

N.R.:INDIAN NATIONAL TEAM ERZURUM 3:02.17 2016

% M.R.:KERALA TEAM KER 3:09.29 NOV-2006

1	TAMILNADU					3:12.90
721	SANTHOSH KUMAR	01/01/1998	708	SATHISH .	01/09/1994	
707	RENGARAJ .	08/09/1991	701	MOHAN JOSE .	18/01/1995	
2	KERALA					3:15.24
438	AMAL MANOHAR	10/12/1994	434	MANEESH M	06/02/1993	
441	AKHIL P H	21/04/1993	436	JABIR M P	06/08/1996	

3	PUNJAB					3:16.50
618	KAMBERDEEP SINGH	12/06/1995	593	JAGMEET SINGH	28/12/1996	
586	GURDEEP SINGH .	12/04/1987	599	NARINDER SINGH	15/07/1996	
4	ANDHRA PRADESH					3:19.48
903	JIDHIN GEORGE .		128	D.BHARATHA REI	18/03/1996	
120	HARSHPANWAR .	03/10/1989	130	HARVENDER SINI	07/03/1994	
5	JAMMU & KASHMIR					3:30.54
327	DANISH YOUSUF	18/04/1989	325	ABHINAV KUNDAI	14/12/1999	
326	AMRISH SHARMA	24/09/1981	322	JAI KUMAR	07/01/1989	
6	PUDUCHERRY					3:47.91
556	E. SOUNDARRAJAN .	30/05/1996	560	S. VELMURUGAN	01/11/1996	
562	V. THAMIZHVANAN .	04/11/1995	558	S. MANIKANDAN .	27/05/1995	
7	ANDAMAN & NICOBAR					3:50.49
109	BASKAR RAO	01/01/1995	102	MOHD JABIR	09/06/1994	
103	G KALI DAS	25/01/1993	104	S. PAWAN KUMAR	10/04/1998	

Event # 21 MENS 20K Walk

TIME= 6:00 HRS

30.06.2016

N.R.:DEVNDER SINGH NOMI 1:20.21 2016

% M.R.:BABU BHAI GUJ 1:25:09.36 SEP 2007

1	BABHUBHAI PANUCHA	258	08/10/78	GUJRAT		1:31:26.0
2	SAGAR JOSHI .	250	18/06/87	GUJRAT		1:31:30.0
3	GAURAV KUMAR	524	08/12/95	MANIPUR		1:31:39.0
4	YUMNAM BICKEY MEITEI	228	18/11/96	GOA		1:32:22.0
5	SURINDER SINGH .	612	07/04/88	PUNJAB		1:33:51.0
6	MANI RAM PATEL	794	16/09/91	UTTAR PRADESH		1:34:00.0
7	Y. KHAMBA SINGH	545	06/12/93	MANIPUR		1:37:06.0
8	SARAVANA KUMAR	722	28/10/93	TAMILNADU		1:38:15.0
9	RAJESH KUMAR .	607	29/10/93	PUNJAB		1:38:35.0
10	MAHENDRA PRATAP SINGH	176	08/07/97	BIHAR		1:43:28.0
11	RAJANPREET SING .	606	02/11/98	PUNJAB		1:49:27.0
	RHYTHU BINDUJI	132	07/03/92	ASSAM		DQ
	S. DAMEN SINGH	541	15/10/89	MANIPUR		DNF
	JITENDRA SINGH	651	20/03/89	RAJASTHAN		DNF
	KARAN RATHEE	304	27/01/94	HARYANA		DNF
	SURAJ S	448	21/03/92	KERALA		DNF
	CHANDAN SINGH	821	08/06/87	UTTRAKHAND		DNS
	NEERAJ .	287	15/08/94	HARYANA		DNS
	DHANANJAY YADAV	809	07/05/98	UTTAR PRADESH		DNS

Event # 43 MENS Decathlon

N.R.:BHARTINDER SINGH BANGLORE 7658 12-6-2011

% M.R.:BHARTINDER SINGH HAR 7658 12-6-2011

1	ANKIT SAINI	305	24/05/95	HARYANA		6807pts
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11.40,6.68,10.86,1.98,50.00,15.95,35.77,4.00,51.93,4:52.06

2	DAYA RAM	645	07/05/85	RAJASTHAN	6669pts
					11.63,6.46,13.22,1.79,54.73,15.28,42.20,4.20,55.63,5:15.02
3	NARENDER .	285	04/08/94	HARYANA	6637pts
					11.58,6.43,12.04,1.83,52.33,16.36,38.09,4.30,58.76,5:09.42
4	MUHAMMED HAFSEER P P	422	30/07/96	KERALA	6572pts
5	INDRAJIT SINGH	495	03/08/91	MAHARASTRA	6330pts
6	NAVJOR SINGH .	600	05/05/94	PUNJAB	6155pts
7	THEIVENDRAN .	714	26/07/94	TAMILNADU	6151pts
8	SONU KUMAR .	219	05/04/95	DELHI	6015pts
9	GUARPEET SINGH	494	___/___/___	MAHARASTRA	6008pts
10	DHARMENDER SINGH	307	18/12/93	HARYANA	5556pts
11	VIVEK P.S. .	253	01/01/93	GUJRAT	5438pts
12	VIKASH .	222	25/12/91	DELHI	5384pts
13	GURLAL SINGH .	588	10/12/94	PUNJAB	5356pts
	RANEESH V V	451	25/03/87	KERALA	DNF
	SUREN .	710	16/06/93	TAMILNADU	DNF
	DURAI MURUGAN	723	14/08/94	TAMILNADU	DNF
	ASHOK KUMAR	779	10/04/88	UTTAR PRADESH	DNF
	MUKESH KUMAR BAJPAI	771	01/06/84	UTTAR PRADESH	DNF
	NARENDRA KUMAR	636	12/01/88	RAJASTHAN	DNF

Event # 22 WOMENS 100m

TIME= 19:05 HRS

30.06.2016

N.R.:DUTEE CHAND NEW DELHI 11.33 2016

% M.R.:SARADHA NARAYANA TN 11.39 2014

FINAL

1	REENA GEORGE .	339	15/10/93	KARNATAKA	+0.0m/s	11.99
2	ARCHANA .	659	09/06/94	TAMILNADU	+0.0m/s	12.15
3	RUCHA PATIL	469	14/10/90	MAHARASTRA	+0.0m/s	12.30
4	SHRADDHA GHULE	462	06/03/91	MAHARASTRA	+0.0m/s	12.33
5	RUMA SARKAR .	826	10/04/95	WEST BENGAL	+0.0m/s	12.35
6	BHAGYASHREE SHIRKE	473		MAHARASTRA	+0.0m/s	12.42
7	RAJASHREE MONDAL	833	30/11/94	WEST BENGAL	+0.0m/s	12.54
8	G. NITHYA .	731	10/11/99	TELANGANA	+0.0m/s	12.67

Heat-1

1	REENA GEORGE .	339	15/10/93	KARNATAKA	+0.1m/s	11.99
2	BHAGYASHREE SHIRKE	473		MAHARASTRA	+0.1m/s	12.30
3	SHRADDHA GHULE	462	06/03/91	MAHARASTRA	+0.1m/s	12.30
4	RAJASHREE MONDAL	833	30/11/94	WEST BENGAL	+0.1m/s	12.43
5	SHILBI A P	371	16/05/96	KERALA	+0.1m/s	12.51
6	SUNANDA SARKAR	160	21/07/94	BIHAR	+0.1m/s	12.66
7	A. HARIKA DEVI .	729	20/12/93	TELANGANA	+0.1m/s	12.69
8	MANDEEP KOUR	316	21/10/89	JAMMU & KASHMIR	+0.1m/s	14.24
	TAMIL SELVI .	683	14/09/99	TAMILNADU		DNS

Heat-2

1	RUMA SARKAR .	826	10/04/95	WEST BENGAL	+0.1m/s	12.34
2	G. NITHYA .	731	10/11/99	TELANGANA	+0.1m/s	12.55
3	PRAJNA. S.PRAKASH	348	03/04/93	KARNATAKA	+0.1m/s	12.59
4	ARTHI .	660	01/04/92	TAMILNADU	+0.1m/s	12.83
5	B. BHAVANI YADAV	114	19/12/98	ANDHRA PRADESH	+0.1m/s	13.21
6	VASHALE DEVI .	852	17/05/97	ANDAMAN & NICOBAR	+0.1m/s	15.22
	STUTI SINGH	763	17/07/96	UTTAR PRADESH		DNS
	SINI S	406	18/10/89	KERALA		DNS

Heat-3

1	RUCHA PATIL	469	14/10/90	MAHARASTRA	+0.0m/s	12.20
2	ARCHANA .	659	09/06/94	TAMILNADU	+0.0m/s	12.32
3	GARGI GANGWAR	754	07/01/95	UTTAR PRADESH	+0.0m/s	13.18
4	S. SUJATHA .	733	21/05/98	TELANGANA	+0.0m/s	13.34
5	NISHA SHARMA	317	06/03/88	JAMMU & KASHMIR	+0.0m/s	13.40
6	BIRSHI BAY .	849	25/11/89	ANDAMAN & NICOBAR	+0.0m/s	14.67
	SANTINI V.S. .	238	06/10/89	GUJRAT		DQ
	H.M.JYOTHI .	337	07/01/83	KARNATAKA		DNS

Event # 23 WOMENS 200m

TIME=17:30 HRS

02.07.2016

N.R.:SARASWATI SAHA LUDHIANA 22.82 28/08/02

% M.R.:RACHITA MISTRY MAH 23.10 JUL 2000

FINAL

1	SANTINI V.S. .	238	06/10/89	GUJRAT	+0.0m/s	23.88
2	REENA GEORGE .	339	15/10/93	KARNATAKA	+0.0m/s	24.25
3	ARCHANA .	659	09/06/94	TAMILNADU	+0.0m/s	24.74
4	SONIYA BAISHYA .	827	31/12/95	WEST BENGAL	+0.0m/s	24.91
5	VIJAYA KUMARI.G.K	345	08/05/96	KARNATAKA	+0.0m/s	25.13
6	RUCHA PATIL	469	14/10/90	MAHARASTRA	+0.0m/s	25.14
7	CHANDRA LEKHA	685	28/03/97	TAMILNADU	+0.0m/s	25.25
8	RANGA K	379	24/04/95	KERALA	+0.0m/s	25.79

Heat-1

1	REENA GEORGE .	339	15/10/93	KARNATAKA	+0.0m/s	24.48
2	CHANDRA LEKHA	685	28/03/97	TAMILNADU	+0.0m/s	25.26
3	RANGA K	379	24/04/95	KERALA	+0.0m/s	25.31
4	MANPREET KAUR..	580	02/02/95	PUNJAB	+0.0m/s	25.83
5	L. BHANU CHANDRIKA	736	26/10/99	TELANGANA	+0.0m/s	27.98
6	BIRSHI BAY .	849	25/11/89	ANDAMAN & NICOBAR	+0.0m/s	31.03
	DIPTI CHUTIA	133	12/12/88	ASSAM		DNS
	SHABHYA PATEL	759	08/08/96	UTTAR PRADESH		DNS

Heat-2

1	SONIYA BAISHYA .	827	31/12/95	WEST BENGAL	+0.0m/s	25.19
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2	RUCHA PATIL	469	14/10/90	MAHARASTRA	+0.0m/s	25.35
3	NEELU YADAV .	571	07/10/95	PUNJAB	+0.0m/s	25.45
4	A. HARIKA DEVI .	729	20/12/93	TELANGANA	+0.0m/s	26.12
5	SAYANA P O	401	11/03/98	KERALA	+0.0m/s	26.67
6	GARGI GANGWAR	754	07/01/95	UTTAR PRADESH	+0.0m/s	27.72
7	SUSHILA .	851	30/07/91	ANDAMAN & NICOBAR	+0.0m/s	34.28
	H.M.JYOTHI .	337	07/01/83	KARNATAKA		DNS

Heat-3

1	SANTINI V.S. .	238	06/10/89	GUJRAT	+0.0m/s	24.39
2	ARCHANA .	659	09/06/94	TAMILNADU	+0.0m/s	24.67
3	VIJAYA KUMARI.G.K	345	08/05/96	KARNATAKA	+0.0m/s	24.80
4	AKSHAYA IYAR	455	03/05/96	MAHARASTRA	+0.0m/s	25.39
5	RAJASHREE MONDAL	833	30/11/94	WEST BENGAL	+0.0m/s	26.30
6	G. NITHYA .	731	10/11/99	TELANGANA	+0.0m/s	26.81
7	VASHALE DEVI .	852	17/05/97	ANDAMAN & NICOBAR	+0.0m/s	33.72
	SUNANDA SARKAR	160	21/07/94	BIHAR		DNS

Event # 24 WOMENS 400m

TIME= 18:30 HRS

01.07.2016

N.R.:MANJIT KAUR CHENNAI 51.05 16/06/04

% M.R.:M.R. POOVAMMA KAR 51.73 2014

FINAL

1	NIRMALA .	266	15/07/95	HARYANA		51.48 *NM
2	JISNA MATHEW	393	07/01/99	KERALA		53.14
3	SOWNDHARYA P.N.	681	22/11/94	TAMILNADU		53.85
4	NITHYA SHREE.A	351	01/08/94	KARNATAKA		54.76
5	SANTOSH KUMARI	276	15/01/90	HARYANA		54.82
6	LIKSY JOSEPH .	234	17/02/90	GUJRAT		56.09
7	SHAHARBANA SIDHIQUE T P	409	03/09/97	KERALA		56.66
8	TWINKLE CHAUDHARY	576	17/10/95	PUNJAB		58.39

Heat-1

1	SANTOSH KUMARI	276	15/01/90	HARYANA		54.04
2	SOWNDHARYA P.N.	681	22/11/94	TAMILNADU		54.53
3	LIKSY JOSEPH .	234	17/02/90	GUJRAT		56.14
4	TWINKLE CHAUDHARY	576	17/10/95	PUNJAB		58.62
5	SMRUTHIMOL V RAJENDRAN	414	07/08/96	KERALA		59.98
6	P. KAVYA .	732	22/08/98	TELANGANA		1:00.32
7	PRIYANKA DAS .	847	23/02/01	ANDAMAN & NICOBAR		1:15.75

Heat-2

1	NIRMALA .	266	15/07/95	HARYANA		52.35
2	JISNA MATHEW	393	07/01/99	KERALA		54.58
3	NITHYA SHREE.A	351	01/08/94	KARNATAKA		56.00
4	SHAHARBANA SIDHIQUE T P	409	03/09/97	KERALA		57.57

5	NEELU YADAV .	571	07/10/95	PUNJAB	58.71
6	VANDANA KUMARI	157	10/01/93	BIHAR	59.68
7	B. JYOTHI .	730	27/05/98	TELANGANA	1:02.87
8	PHOOL KUMARI .	848	25/11/94	ANDAMAN & NICOBAR	1:13.58

Event # 25 WOMENS 800m

TIME= 18:20 HRS

29.06.2016

N.R.:TINTU LUKA BRUSSLES 1:59.17 04-09-2010

% M.R.:ROZA KUTTY KAR 2:00.49 Dec-1997

1	GOMATHI .	664	08/02/89	TAMILNADU	2:06.28
2	SINI A MARKOSE	370	24/06/83	KERALA	2:07.61
3	ARCHANA ADHAV	454	14/07/95	MAHARASTRA	2:08.44
4	ABITHA MARY MANUEL	392	24/11/98	KERALA	2:09.00
5	SUGANDHA KUMARI	830	10/12/95	WEST BENGAL	2:09.44
6	VIJAYA LAXMI	756	15/07/94	UTTAR PRADESH	2:14.66
7	SHALU CHAUDHARY .	191	27/01/94	DELHI	2:15.36
8	SHRUTHI.K.C. .	341	08/10/91	KARNATAKA	2:19.33
9	YOGITA GAWALI	461	01/01/97	MAHARASTRA	2:20.33

Event # 26 WOMENS 1500m

TIME= 17:55 HRS

02.07.2016

N.R.:SUNITA RANI BUSAN 4:06.03 10.10.02

% M.R.:SINIMOL PAULOSE JHAR 4:10.51 2/11/2006

1	GOMATHI .	664	08/02/89	TAMILNADU	4:22.42
2	CHITRA P U	403	09/06/95	KERALA	4:24.47
3	SUGANDHA KUMARI	830	10/12/95	WEST BENGAL	4:25.54
4	SINI A MARKOSE	370	24/06/83	KERALA	4:27.80
5	PRATIMA TUDU	836	13/07/87	WEST BENGAL	4:46.89
6	NANDINI GUPTA	755	04/11/97	UTTAR PRADESH	4:58.82
	NAVEEN KUMARI	274	01/04/93	HARYANA	DNF
	ARCHANA ADHAV	454	14/07/95	MAHARASTRA	DNF
	ADESH .	263	14/02/93	HARYANA	DNF
	PHOOL KUMARI .	848	25/11/94	ANDAMAN & NICOBAR	DNS
	SHRUTHI.K.C. .	341	08/10/91	KARNATAKA	DNS

Event # 27 WOMENS 5000m

TIME= 6:00 HRS

02.07.2016

#N.R.:P.SRIDHARAN GUANGZHOU 15:15.89 26-11-2010

% M.R.:O.P. JAISHA PUN 15:57.05 2014

1	L. SURYA .	671	07/07/90	TAMILNADU	15:59.6
2	SWATI GADHAVE	460		MAHARASTRA	16:08.3

3	SANJIVANI JADHAV	465	12/07/96	MAHARASTRA	16:47.8
4	SUDHA PAL	757	03/05/97	UTTAR PRADESH	18:02.3
5	DIMPLE SINGH .	748	12/07/95	UTTAR PRADESH	18:04.4
6	THIPPAVVA SANNAKKI	350	15/06/89	KARNATAKA	18:26.9
7	KM. MAMTA .	502	17/01/96	MANIPUR	18:33.7
8	KHUSHBU KUMARI	156	15/01/95	BIHAR	18:51.9
	DALJEET KAUR	272	12/12/94	HARYANA	DNF
	JOTHI .	666	04/01/97	TAMILNADU	DNF
	CHITRA P U	403	09/06/95	KERALA	DNF
	KULJIT KAUR .	567	04/10/95	PUNJAB	DNF
	SHOBHA RANA	813	01/12/94	UTTRAKHAND	DNS
	PHOOLAN PAL	136	05/01/96	ASSAM	DNS
	RUPALI B PATHARE	137	05/03/89	ASSAM	DNS

Event # 28 WOMENS 10000m

TIME= 5:30 HRS

28.06.2016

#N.R.:P.SRIDHARAN GUANGZHOU 31:50.47 21-11-2010

% M.R.:PREEJA SRIDHARAN KER 32:36.53 Aug-2010

1	L. SURYA .	671	07/07/90	TAMILNADU	33:27.01
2	SWATI GADHAVE	460		MAHARASTRA	33:45.40
3	SANJIVANI JADHAV	465	12/07/96	MAHARASTRA	33:54.77
4	SUDHA PAL	757	03/05/97	UTTAR PRADESH	38:18.16
5	THIPPAVVA SANNAKKI	350	15/06/89	KARNATAKA	38:48.50
6	KM. MAMTA .	502	17/01/96	MANIPUR	40:00.88
7	NEETHU U	412	08/02/96	KERALA	41:04.56
8	GEETHU MOHANAN	394	26/03/97	KERALA	41:35.00

Event # 29 WOMENS 3000m Steeplechase

TIME= 18:55 HRS

29.06.2016

N.R.:SUDHA SINGH SHANGHAI 9:26.55 2016

% M.R.:SUDHA SINGH UP 9:45.60 2013

1	PARUL CHAUDHARY	750	15/04/95	UTTAR PRADESH	10:46.92
2	NANDINI GUPTA	755	04/11/97	UTTAR PRADESH	11:08.92
3	ANGEL JAMES	373	14/03/96	KERALA	11:13.21
4	MONIKA RAUT	470	28/06/90	MAHARASTRA	11:20.09
5	KHUSHBU KUMARI	156	15/01/95	BIHAR	11:41.63
6	VIJAYA LAXMI	756	15/07/94	UTTAR PRADESH	11:59.85
7	AISHWARYA KALYANKAR	466	15/12/96	MAHARASTRA	12:07.41
8	SAFEEDA M P	390	05/10/94	KERALA	12:31.42

Event # 30 WOMENS 100m Hurdles

TIME= 17:00 HRS

30.06.2016

N.R.:ANURADHA BISWAL NEW DELHI 13.38 8/9/2002

% M.R.:ANURADHA BISWAL ORI 13.44 JUL 2000

FINAL

1	SUGINA M	388	22/08/93	KERALA	+0.0m/s	14.17
2	DHANALAKSHMI .	662	31/08/95	TAMILNADU	+0.0m/s	14.28
3	KEERTHANA .	661	21/08/94	TAMILNADU	+0.0m/s	14.33
4	DIBI SEBASTIAN	407	13/09/97	KERALA	+0.0m/s	14.33
5	ROKIA KHATUN	829	15/07/96	WEST BENGAL	+0.0m/s	14.41
6	ANKITA GOSAVI	464	13/05/97	MAHARASTRA	+0.0m/s	14.43
7	JYOTHI KRISHNA	385	09/07/92	KERALA	+0.0m/s	14.76
8	PUJA KOLEY .	825	31/07/94	WEST BENGAL	+0.0m/s	15.34

Heat-1

1	SUGINA M	388	22/08/93	KERALA	+0.0m/s	14.50
2	ROKIA KHATUN	829	15/07/96	WEST BENGAL	+0.0m/s	14.64
3	JYOTHI KRISHNA	385	09/07/92	KERALA	+0.0m/s	14.91
4	KEERTHANA .	661	21/08/94	TAMILNADU	+0.0m/s	14.92
5	SARANYA DEVI .	676	18/12/97	TAMILNADU	+0.0m/s	15.40
	PRAJNA. S.PRAKASH	348	03/04/93	KARNATAKA		DNF
	VIBHA --	747	10/08/94	UTTAR PRADESH		DNS

Heat-2

1	DIBI SEBASTIAN	407	13/09/97	KERALA	+0.0m/s	14.50
2	DHANALAKSHMI .	662	31/08/95	TAMILNADU	+0.0m/s	14.51
3	ANKITA GOSAVI	464	13/05/97	MAHARASTRA	+0.0m/s	14.55
4	PUJA KOLEY .	825	31/07/94	WEST BENGAL	+0.0m/s	15.03
5	PINKI RANI	277	19/08/95	HARYANA	+0.0m/s	15.13
6	Y. JYOTHI .	735	28/08/99	TELANGANA	+0.0m/s	15.51
	JASPREET KAUR .	564	05/07/94	PUNJAB		DNS

Event # 31 WOMENS 400m Hurdles

TIME=18:00 HRS

29.06.2016

N.R.:P.T. USHA LOS ANGELS 55.42 8/8/1984

% M.R.:A.C. ASHWINI KAR 57.43 2014

FINAL

1	PURNIMA HEMBRAM	549	10/07/93	ODISHA		59.27
2	AYANA THOMAS .	188	20/01/93	DELHI		59.63
3	AARTHI .	657	_/_/_	TAMILNADU		1:00.60
4	NIKSY JOSEPH .	236	17/02/90	GUJRAT		1:00.75
5	LOGANAYAKI .	672	03/06/97	TAMILNADU		1:01.50
6	DHANALAKSHMI .	662	31/08/95	TAMILNADU		1:06.13
7	SAYANA P O	401	11/03/98	KERALA		1:06.73
8	JAIS RANI SEBASTIAN	405	12/06/95	KERALA		1:07.57

Heat-1

1	PURNIMA HEMBRAM	549	10/07/93	ODISHA		59.12
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2	AYANA THOMAS .	188	20/01/93	DELHI	1:00.82
3	NIKSY JOSEPH .	236	17/02/90	GUJRAT	1:01.36
4	DHANALAKSHMI .	662	31/08/95	TAMILNADU	1:02.30
5	LOGANAYAKI .	672	03/06/97	TAMILNADU	1:02.49
6	ADHEENA P G	399	22/01/93	KERALA	1:05.06
	SANTOSH KUMARI	276	15/01/90	HARYANA	DNF

Heat-2

1	AARTHI .	657	___/___/___	TAMILNADU	1:02.97
2	SAYANA P O	401	11/03/98	KERALA	1:07.02
3	JAIS RANI SEBASTIAN	405	12/06/95	KERALA	1:07.37
4	V. VISHALAKSHI .	734	07/08/98	TELANGANA	1:08.43
5	SARMISTHA MONDAL	158	21/12/90	BIHAR	1:10.31
6	URMILA GORAD	463	___/___/___	MAHARASTRA	1:12.30

Event # 32 WOMENS High Jump

TIME=17:00 HRS

02.07.2016

S1.50P1.40,1.55,1.50-5-1.65-3-171-2

N.R.:SAHANA KUMARI HYDRABAD 1.92 2012

% M.R.:SAHANA KUMARI KAR 1.92 2012

			Wind		
1	SAHANA KUMARI	344	03/06/81	KARNATAKA	1.79m
2	ANGEL P DEVASIA	398	06/12/94	KERALA	1.73m
3	VINOTHA .	684	08/06/96	TAMILNADU	1.60m
4	SHIBANI .	679	18/08/96	TAMILNADU	1.55m
5	KRISHNA REKHA	688	05/06/85	TAMILNADU	1.55m
6	LIBIA SHAJI	408	16/04/97	KERALA	1.55m
7	JUEELY BADHE	456	09/02/97	MAHARASTRA	1.55m
8	POOJA SHINDE	471		MAHARASTRA	1.50m

Event # 33 WOMENS Pole Vault

TIME= 17:00 HRS

30.06.2016

S-2.70P-2.60,3m,2.70-10-3.40-5cm

N.R.:V.S. SUREKHA NEW DELHI 4.15 4-11-2014

% M.R.:KHYATI VAKHARIA KAR 4.00 2013

1	KHYATHI. S.VAKHARIA	349		KARNATAKA	3.80m
2	KIRANBIR KAUR .	566	16/06/90	PUNJAB	3.40m
3	SINJU PRAKASH M K	404	27/12/93	KERALA	3.40m
4	DIJA K C	381	03/01/91	KERALA	3.30m
5	MELBY T MANUAL	410	04/09/93	KERALA	3.30m
6	RAMYA R. .	237	29/01/90	GUJRAT	3.20m
7	NISHA BANU .	673	24/01/97	TAMILNADU	3.00m

Event # 34 WOMENS Long Jump

TIME= 18:30 HRS

28.06.2016

N.R.:ANJU B.GEORGE ATHENS 6.83 27/08/04

% M.R.:MAYOOKHA JOHNY KER 6.63 11-6-2011

1	NEENA V	413	02/05/91	KERALA	+0.0m/s	6.45m
5.88, 6.28, 6.18, 6.45, 6.43, 6.29						
2	PRAJUSHA M A	389	20/05/87	KERALA	+0.0m/s	6.29m
6.05, 6.29, NM, 6.26, 6.15, NM						
3	SHRADDHA GHULE	462	06/03/91	MAHARASTRA	+0.0m/s	5.98m
5.86, 5.98, NM, NM, 5.96, NM						
4	PRIYANKA KERKETA	329		JHARKHAND	+0.0m/s	5.96m
5	KARTHIKA .	668	02/01/96	TAMILNADU	+0.0m/s	5.89m
6	SOMA KARMAKAR	828	05/03/99	WEST BENGAL	+0.0m/s	5.62m
7	UMA MAHESWARI	687	01/06/95	TAMILNADU	+0.0m/s	5.51m
8	RUBI GOGOI	134	16/09/96	ASSAM	+0.0m/s	5.25m
9	B. BHAVANI YADAV	114	19/12/98	ANDHRA PRADESH	+0.0m/s	5.17m
10	S. SUJATHA .	733	21/05/98	TELANGANA	+0.0m/s	5.15m
11	S.RADHIKA .	113	18/06/96	ANDHRA PRADESH	+0.0m/s	5.12m
12	ASMITA DHAWARE	459	___/___/___	MAHARASTRA	+0.0m/s	5.01m
13	NARMITA KATOCH	315	26/01/98	JAMMU & KASHMIR	+0.0m/s	4.45m
14	TANJU MONDAL .	855	27/09/95	ANDAMAN & NICOBAR	+0.0m/s	4.06m
15	SASHITA BHENGRA .	856	15/10/00	ANDAMAN & NICOBAR	+0.0m/s	4.00m

Event # 35 WOMENS Triple Jump

TIME= 18:15 HRS

30.06.2016

N.R.:MAYOOKHA JOHNY INDIA 14.11 2011

% M.R.:MAYOOKHA JOHNEY KER 13.72 2014

1	SHILPA CHACKO	372	18/12/92	KERALA	+0.0m/s	13.22m
12.76, 12.99, 13.20, 13.22, 13.14, 13.11						
2	JENIMOL JOY .	232	29/12/95	GUJRAT	+0.0m/s	12.97m
12.85, 12.93, 12.97, NM, NM, 12.43						
3	KARTHIKA .	668	02/01/96	TAMILNADU	+0.0m/s	12.75m
12.67, 12.75, NM, 12.30, NM, 12.75						
4	JOYLINE. M.LOBO	346	11/06/91	KARNATAKA	+0.0m/s	12.61m

Event # 36 WOMENS Discus Throw

TIME= 18:45 HRS

01.07.2016

#N.R.:K.PONIA Maui Island-Hawaii 64.76 5-5-2012

% M.R.:NEELAM J.SINGH PUN 62.49 JUL 2000

1	NAVJEET KAUR .	569	06/03/95	PUNJAB		55.07m
52.71, 51.53, 54.26, NM, 55.07, 51.27						
2	SANDEEP KUMARI	275	10/12/92	HARYANA		53.88m

51.52, 53.88, 51.78, NM, NM, 51.76

3	KAMALPREET KAUR	577	03/04/96	PUNJAB	50.02m
47.04, 50.02, 49.27, 49.70, NM, 47.48					
4	ANUSHI SANJU DESAI	458	16/07/96	MAHARASTRA	42.04m
5	SONAL GOYAL .	192	27/03/98	DELHI	41.81m
6	KARUNIYA M.	669	___/___/___	TAMILNADU	40.02m
7	K.ANITHA DEVI .	111	02/05/90	ANDHRA PRADESH	38.13m
8	CHETANA .	621	12/07/00	RAJASTHAN	34.47m
9	DEEPA ..	270	02/08/95	HARYANA	28.16m

Event # 37 WOMENS Hammer Throw

TIME=18:30 HRS

28.06.2016

N.R.:MANJU BALA LUCKNOW 62.74 5-6-2014

% M.R.:MANJU BALA RAJ 62.74 2014

1	SARITA PRAKASH SINGH	762	26/10/89	UTTAR PRADESH	61.19m
NM, 61.19, 56.95, 60.35, NM, 60.08					
2	REENA .	269	01/04/94	HARYANA	54.23m
50.57, 54.23, 53.62, NM, 52.03, 53.55					
3	ATHIRA MURALIDHARAN	395	16/01/95	KERALA	48.52m
48.10, NM, 46.23, NM, 48.52, 44.74					
4	SRINITHI .	682	14/01/97	TAMILNADU	45.37m
5	HARSHITHA. W.R	352	19/09/96	KARNATAKA	38.58m
6	VIJAYA LAKSHMI	686	___/___/___	TAMILNADU	37.67m
7	TUKFI KHAN .	239	22/12/97	GUJRAT	36.77m
8	DEEPA JOSHY	377	25/06/98	KERALA	36.71m

Event # 38 WOMENS Javelin Throw

TIME=17:15 HRS

02.07.2016

N.R.:ANNU RANI INCHEON 59.53 1-10-2014

% M.R.:ANNU RANI UP 58.83 2014

1	ANNU RANI	760	29/08/92	UTTAR PRADESH	59.87m *NR
59.06, 58.78, 56.89, 59.87, NM, 55.98					
2	SUMAN DEVI	752	15/07/85	UTTAR PRADESH	55.88m
52.43, NM, 55.30, 52.48, 55.88, 54.05					
3	KUMARI SARMILA	279	02/03/95	HARYANA	53.80m
43.36, 49.77, 46.92, 46.77, 48.19, 53.80					
4	POONAM RANI	278	10/05/94	HARYANA	52.38m
5	RASHMI.K .	338		KARNATAKA	48.94m
6	SHAHEJAHANI .	340	24/05/91	KARNATAKA	46.99m
	GURPREET KAUR	273	11/05/81	HARYANA	NM

Event # 39 WOMENS Shot Put

TIME= 18:10 Hrs

28.06.2016

N.R.:HARBANS KAUR MUMBAI 17.43 24/11/97

% M.R.:HARBANS KAUR TN 16.98 NOV 1998

1	MANPREET KAUR	578	05/03/96	PUNJAB	16.78m
16.19, NM, 16.01, 16.78, 15.93, 16.60					
2	NAVJEET KAUR .	569	06/03/95	PUNJAB	15.36m
14.57, 15.36, 14.92, NM, NM, NM					
3	SONAL GOYAL .	192	27/03/98	DELHI	13.43m
13.43, 12.95, NM, 12.87, NM, 13.34					
4	UMA.P.S. .	342	15/11/96	KARNATAKA	13.19m
5	RAKHI .	268	10/07/95	HARYANA	12.53m
6	T.ANISHA KALA .	850	20/01/94	ANDAMAN & NICOBAR	6.09m
	MANPREET KAUR...	581	06/07/90	PUNJAB	DNS

Event # 40 WOMENS 4x100m Relay

TIME= 10:00 HRS

30.06.2016

N.R.:INDIAN NATIONAL TEAM BEIJING 44.03 2016

% M.R.:KERALA TEAM KER 45.96 JUL 2000

1	MAHARASTRA				47.26
455	AKSHAYA IYAR	03/05/1996	462	SHRADDHA GHUL 06/03/1991	
473	BHAGYASHREE SHIRKE		469	RUCHA PATIL 14/10/1990	
2	KARNATAKA				47.57
335	APSANA BEGAM .	07/01/1994	348	PRAJNA. S.PRAK/ 03/04/1993	
345	VIJAYA KUMARI.G.K	08/05/1996	339	REENA GEORGE 15/10/1993	
3	TAMILNADU				47.75
662	DHANALAKSHMI .	31/08/1995	660	ARTHI . 01/04/1992	
685	CHANDRA LEKHA	28/03/1997	659	ARCHANA . 09/06/1994	
4	KERALA				47.91
379	RANGA K	24/04/1995	407	DIBI SEBASTIAN 13/09/1997	
371	SHILBI A P	16/05/1996	388	SUGINA M 22/08/1993	
5	WEST BENGAL				48.43
833	RAJASHREE MONDAL	30/11/1994	825	PUJA KOLEY . 31/07/1994	
829	ROKIA KHATUN	15/07/1996	826	RUMA SARKAR . 10/04/1995	
6	TELANGANA				48.89
733	S. SUJATHA .	21/05/1998	735	Y. JYOTHI . 28/08/1999	
729	A. HARIKA DEVI .	20/12/1993	731	G. NITHYA . 10/11/1999	
7	JAMMU & KASHMIR				54.92
316	MANDEEP KOUR	21/10/1989	317	NISHA SHARMA 06/03/1988	
315	NARMITA KATOCH	26/01/1998	318	INSHA WADOO 01/10/1994	
8	ANDAMAN & NICOBAR				58.96
856	SASHITA BHENGRA .	15/10/2000	852	VASHALE DEVI . 17/05/1997	
847	PRIYANKA DAS .	23/02/2001	849	BIRSHI BAY . 25/11/1989	

Event # 41 WOMENS 4x400m Relay

TIME=18:25 HRS

02.07.2016

#N.R.:I.NATIONAL TEAM ATHENS 3:26.89 27/08/04

% M.R.:KERALA TEAM KER 3:38.40 2014

1	KARNATAKA					3:48.29
345	VIJAYA KUMARI.G.K	08/05/1996	335	APSANA BEGAM .	07/01/1994	
339	REENA GEORGE .	15/10/1993	351	NITHYA SHREE.A	01/08/1994	
2	KERALA					3:52.14
414	S V RAJENDRAN	07/08/1996	376	JERIN JOSEPH	03/01/1996	
400	ARUNIMA P M	05/02/1994	409	S SIDHIQUE T P	03/09/1997	
3	TAMILNADU					3:54.27
676	SARANYA DEVI .	18/12/1997	667	KANIMOZHI .	08/11/1997	
672	LOGANAYAKI .	03/06/1997	657	AARTHI .		
4	PUNJAB					3:58.55
580	MANPREET KAUR..	02/02/1995	576	TWINKLE CHAUD	17/10/1995	
570	NAVJOT KAUR .	27/07/1984	571	NEELU YADAV .	07/10/1995	
5	TELANGANA					4:09.16
730	B. JYOTHI .	27/05/1998	736	L. BHANU CHAND	26/10/1999	

Event # 42 WOMENS 20K Walk

TIME= 6:00 HRS

29.06.2016

N.R.:KHUSHBIR KAUR TAICANG 1:31:40.00 3-5-2014

% M.R.:L. DEEPMALA DEVI MAN 1:39:00.60 AUG-1990

1	SOUMYA .B .	193		DELHI		1:42:55.2
2	PRIYANKA --	745	10/03/96	UTTAR PRADESH		1:45:43.6
3	RANI YADAV .	749	31/07/90	UTTAR PRADESH		1:49:19.7
4	SHANTI KUMARI .	575	15/08/94	PUNJAB		1:51:32.6
5	BHAWANA JAT	627	03/01/96	RAJASTHAN		1:52:38.2
6	ALPHONSA P S	402	16/06/95	KERALA		1:59:36.6
7	PUSHPA.. .	267	02/05/99	HARYANA		2:00:38.1
8	K. BIBICHA .	501	02/12/89	MANIPUR		2:09:02.5
9	ANUMOL VIJAYAN	415	11/08/96	KERALA		2:09:24.5
10	SARASWATI PATI	554	10/06/86	ODISHA		2:15:18.9
	SANDHYA K J	383	21/05/83	KERALA		DQ
	SUMEDHA YADAV	766	10/07/91	UTTAR PRADESH		DNF
	MARY MARGARAT K.	242	18/01/96	GUJRAT		DNF
	SANTHAYI .	675	___/___/___	TAMILNADU		DNF
	RITU YADAV	162	10/07/96	BIHAR		DNS
	BANDANA .	328		JHARKHAND		DNS
	MAJARI JOSHI .	568	01/01/96	PUNJAB		DNS

Event # 54 WOMENS Heptathlon

N.R.:J.J. SHOBHA DELHI 6211 17.03.04

% M.R.:SOMA BISWAS WB 6186 JUL 2000

1	SINDHU K D 15.65,1.60,9.33,27.95,4.97,35.60,2:30.08	382	20/01/84 KERALA	4441pts
2	KANIMOZHI . 15.17,1.54,8.60,26.12,5.29,20.10,2:38.19	667	08/11/97 TAMILNADU	4235pts
3	ANILA JOSE 15.42,1.54,8.73,26.52,5.36,17.44,2:34.65	375	10/08/93 KERALA	4189pts
4	NAYANA JAMES	374	18/10/95 KERALA	3973pts
5	JAYANTHI .	665	15/07/95 TAMILNADU	3953pts
	PURNIMA HEMBRAM	549	10/07/93 ODISHA	DNF
	SOWMIYA .	680	25/03/96 TAMILNADU	DNF

R