

## 1ST NATIONAL 400M CHAMPIONSHIPS

DHARAMSHALA, HIMACHAL PRADESH

09-09-2018

9/8/18 - 9/9/18

**Event # 1 MENS 400m Run****RESULTS OF FINALS**

1	DEEPAK SINGH	106	11/08/96	MAHARASHTRA	50.52
2	SHRIKANT MALIK	114	12/03/97	UTTAR PRADESH	51.09
3	RAVI KUMAR SINGH	105	27/11/97	JHARKHAND	51.21
4	GULSHAN THAKUR	104	01/02/98	HIMACHAL PRADESH	54.53
5	KRISTEN RODRIQUIES	107	29/03/97	MAHARASHTRA	55.69
6	NITESH KUMAR	115	16/04/98	UTTAR PRADESH	56.51
	MOHIT .	101	26/12/96	HARYANA	DNS
	ABHISHEK SHARMA	102	21/03/95	HIMACHAL PRADESH	DNS

**Event # 2 UNDER 20 BOYS 400m Run****RESULTS OF FINALS**

1	VIKARANT PANCHAL	124	30/01/00	HARYANA	47.68
2	RAHUL KADAM	139	03/10/98	MAHARASHTRA	48.53
3	MUFID KHAN	116	07/01/99	ANDAMAN & NICOBAR IS	49.69
4	ABHINAV KUNDAL	137	14/12/99	JAMMU & KASHMIR	49.93
5	AYUSH KUMAR	145	23/03/99	UTTARAKHAND	51.20
6	SHUBHAM KUMAR	138	23/11/98	MAHARASHTRA	51.78
7	ANIKET PATHANIA	131	02/11/00	HIMACHAL PRADESH	53.54
8	PRAVEEN THAKUR	125	15/05/00	HIMACHAL PRADESH	54.11

**Event # 3 UNDER 18 BOYS 400m Run****RESULTS OF FINALS**

1	ADESH GARSA	158	12/07/00	RAJASTHAN	48.81
2	K. AVINASH	160	12/03/00	TAMIL NADU	48.88
3	SHARUP KHAN	159	12/10/01	RAJASTHAN	50.40
4	ANSH ANSH	146	28/08/01	DELHI	50.44
5	YADWINDER SINGH	157	31/03/01	PUNJAB	50.95
6	AISHRAJ SINGH	147	14/05/01	DELHI	50.98
7	VIPIN KUMAR VERMA	161	24/03/01	UTTAR PRADESH	55.16
8	ABRAR CHOUDHARY	155	16/02/02	JAMMU & KASHMIR	55.40

**Event # 4 UNDER 16 BOYS 400m Run****RESULTS OF FINALS**

1	RAMCHANDRA SANGA	173	03/12/03	JHARKHAND	50.06
2	ARAVINDH AKASH K R	178	01/03/03	TAMIL NADU	50.48
3	HARDEEP KUMAR	177	27/06/03	PUNJAB	51.26
4	ARJUN SINGH	165	09/02/03	GUJARAT	52.42
5	SHUBHAM KUMAR	179	24/01/04	UTTAR PRADESH	53.53
6	VASU SAPOLIA	172	12/06/03	JAMMU & KASHMIR	54.09
7	GURNOOR SINGH	201	07/02/03	PUNJAB	54.23
	ANSHUL .	164	04/04/04	DELHI	DNS

**Event # 5 WOMENS 400m Run**

1	NEESHU KUMARI	182	29/10/97	DELHI	59.27
2	KRITIKA SHARMA	183	08/09/98	HIMACHAL PRADESH	1:04.58
3	ANURADHA NA	181	21/08/96	DELHI	1:10.39
	TARANPREET KAUR	184	01/05/94	PUNJAB	DNS

**Event # 6 UNDER 20 GIRLS 400m Run**

1	ANJANA .	197	10/02/00	HIMACHAL PRADESH	1:08.93
2	POOJA .	199		HIMACHAL PRADESH	1:09.42
3	ANITA THAKUR	193	17/01/00	HIMACHAL PRADESH	1:18.46
4	SHARDA .	195	08/03/00	HIMACHAL PRADESH	1:20.23
5	KUSMA .	194	27/07/00	HIMACHAL PRADESH	1:21.32

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**Event # 7 UNDER 18 GIRLS 400m Run**

1	CERLIN ROHETA	186	27/06/01	TAMIL NADU	<b>1:03.69</b>
2	TAMANNA .	196	01/09/01	HIMACHAL PRADESH	<b>1:08.75</b>
3	GANGA .	198	18/02/02	HIMACHAL PRADESH	<b>1:16.67</b>
	YUKTA GHOSALKAR	185	03/06/02	MADHYA PRADESH	<b>DNS</b>

**Event # 8 UNDER 16 GIRLS 400m Run**

1	FLORENCE BARLA	190	01/01/03	JHARKHAND	<b>56.70</b>
2	PAYAL VOHRA	187	04/06/03	DELHI	<b>58.30</b>
3	JYOTI .	192	04/02/04	HIMACHAL PRADESH	<b>1:07.75</b>
4	ASTHA .	200	01/11/04	HIMACHAL PRADESH	<b>1:08.62</b>
5	ANKITA SHARMA	204	10/09/03	HIMACHAL PRADESH	<b>1:12.14</b>
6	TANVI KOHLI	189	12/09/03	JAMMU & KASHMIR	<b>1:17.52</b>
7	AASTHA .	188	17/12/02	HARYANA	<b>1:36.13</b>
	DIVYA SINGH	191	17/08/03	UTTAR PRADESH	<b>DNS</b>