



# ATHLETICS FEDERATION OF INDIA

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F. No. 4-13/AFI/18

February 05, 2018

All Affiliated State Units – AFI

**Subject :- 22nd Federation Cup National Senior Athletics Championships 2018**

Dear Sir,

I am pleased to inform you that 22<sup>nd</sup> Edition of Federation Cup National Senior Athletics Championships will be held at **NS-NIS, Patiala** from **5-8 March 2018**. This Championships will serve as trials for selection of athletes for **21<sup>st</sup> Commonwealth Games** to be held at **Gold Coast-Australia** from **4-15 April 2018**.

**Organiser:** AFI will organise this Championships.

**Entry:** - The Athletes will have to visit AFI Website from **6<sup>th</sup> Feb** to **25<sup>th</sup> Feb 2018** and submit ONLINE entry. Entry sent otherwise will not be accepted under any circumstances. The entry should be made indicating the following:

**Name:-**

**Date of Birth:-**

**Event (s):-**

**Performance indicating name of championships, venue, date (s).**

**Complete Postal Address:-**

**Mob No. :-**

**Email Id:-**

**Events to be conducted:-**

**Men** – 100m, 200m 400m, 800m, 1500m, 5000m, 10000m, 110mH, 400mH, 3000m SC, Long Jump, High Jump, Triple Jump, Pole Vault, Shot Put, Discus Throw, Hammer Throw, Javelin Throw, Decathlon

**Women** -100m, 200m 400m, 800m, 1500m, 5000m, 10000m, 100mH, 400mH, 3000m SC, Long Jump, High Jump, Triple Jump, Pole Vault, Shot Put, Discus Throw, Hammer Throw, Javelin Throw, Heptathlon

**Eligibility:-**

Athletes who meet the entry standard fixed by AFI (copy enclosed) are eligible to participate. This performance must have been achieved either in National Championships or State Championships where electronic system had been used. An athlete can participate in **maximum two events**.

**Last date of Entry:** - The last date of entry is **25<sup>th</sup> February 2018**.

**Failure to Participate:** - If any athlete fails to participate after sending the entry without any valid reason, he/she may not be allowed to take part in any event in subsequent competitions. The entry fee paid is non-refundable and decision of AFI Competition Committee will be final regarding refunds of the entry fee in case an athlete fails to participate. The Federation has the right to reject any entry without assigning any reason.

**Entry Fee & BIB No. :** - An entry fee of **Rs. 750/- per event** will have to be deposited **Online** only. No cash will be accepted at the competition venue. Bib nos. will be issued a day before the competition at the venue.

**Accommodation/Transport:** - Athletes will have to make their own arrangements for transport and accommodation. No other logistics will be provided.

**Dope:** - Dope Samples will be collected by the officials of National Anti-Doping Agency (NADA).

**Victory Ceremony:** - Medals to winners of 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place will be awarded soon after the Event is over. The medals winners are, therefore, advised to remain in the stadium till the victory ceremony of their Event.

**Merit Certificates:** - Merit Certificates will be sent to the concerned units after two months of the conclusion of the Championships.

**Participation Certificates:** - Participation Certificates will be issued during the course of the Competition. Participation Certificates will be issued ONLY to those athletes who achieve the qualification standards set by AFI. The exact time for distributions of certificates will be notified. It is, therefore, the responsibility of Athletes to collect the Participation Certificates by depositing the BIB Number with the concerned official.

You are, requested to bring it to the notice of your athletes.

Your cooperation in this regard is solicited.

Thanking You

Yours Sincerely



(C.K. VALSON)  
Secretary, AFI

**ATHLETICS FEDERATION OF INDIA**  
**TECHNICAL COMMITTEE**  
**ENTRY STANDARDS 2018**  
**MEN & WOMEN**

**22<sup>st</sup> Federation Cup National Senior Athletics Championships 2018**

<b>MEN</b>			<b>WOMEN</b>		
Events & Specifications		Standards	Events & Specifications		Standards
100m		<b>11.00 s</b>	100m		<b>13.00 s</b>
200m		<b>22.50 s</b>	200m		<b>25.80 s</b>
400m		<b>49.00 s</b>	400m		<b>58.50 s</b>
800m		<b>1:54.00 s</b>	800m		<b>2:18.00 s</b>
1500m		<b>3:56.00 s</b>	1500m		<b>4:56.00 s</b>
5000m		<b>15:00.00 s</b>	5000m		<b>20:00.00 s</b>
10000m		<b>31.20.00 s</b>	10000m		<b>40:00.00 s</b>
110m Hurdles	106.7 cms	<b>15.10 s</b>	100m Hurdles	84.0 cms	<b>15.50 s</b>
400m Hurdles	91.4 cms	<b>54.50 s</b>	400m Hurdles	76.2 cms	<b>1:07.00 s</b>
3000m Steeple Chase	91.4 cms	<b>9:20.00 s</b>	3000m Steeple Chase	76.2 cms	<b>12:30.00 s</b>
Long Jump		<b>7.00 m</b>	Long Jump		<b>5.60 m</b>
Triple Jump		<b>14.80 m</b>	Triple Jump		<b>11.50 m</b>
High Jump		<b>2.00 m</b>	High Jump		<b>1.50 m</b>
Pole Vault		<b>4.30 m</b>	Pole Vault		<b>3.00 m</b>
Shot Put	7.26 kgs	<b>16.00 m</b>	Shot Put	4.00 Kgs	<b>12.50 m</b>
Discus Throw	2.00 kgs	<b>46.00 m</b>	Discus Throw	1.00 Kgs	<b>40.00 m</b>
Hammer Throw	7.26 kgs	<b>56.00 m</b>	Hammer Throw	4.00 Kgs	<b>45.00 m</b>
Javelin Throw	800 gms	<b>65.00 m</b>	Javelin Throw	6000 gms	<b>40.00 m</b>
Decathlon		<b>5500 pts</b>	Heptathlon		<b>4500 pts</b>