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February 09, 2018

All Affiliated Units-AFI & Individual Athletes meeting criteria for selection

Subject:- <u>Participation of Ultra Runners in 2018 World Trail</u>
<u>Championships - Spain</u>

Dear Sir,

The Athletics Federation of India (AFI) is associated with International Association of Ultrarunners (IAU) and International Trail Running Association (ITRA) invites entries for the 2018 World Trail Championships.

Ultra Runners of India who fulfill the guidelines laid down by the AFI viz-a-viz the quota allotted to AFI by the IAU, will officially represent India after selection by the duly constituted AFI Committee. As per international rules, a maximum of 9 athletes each in Men & Women Section can be sent for participation provided all of them meet the selection criteria fixed by the AFI Committee.

In this regard, the detailed guidelines/instructions/eligibility criteria for selection and participation of Ultra Runners are enclosed as **Annexure 'A'** to this letter. The interested Runners, both from AFI Affiliated Units & **Individuals practicing Ultra Running meeting selection criteria**, may send their entry on the prescribed format contacted at **Annexure 'B'** of this letter.

AFI is only facilitating the participation of Indian Ultra Runners who can meet qualification levels, which are comparable with athletes of IAU and ITRA member countries, participating in the World Trail Championships. The **selected athletes will have to bear all expenses** of training, kitting, air travel, visa, boarding and lodging and any other related expenses. Selected athletes are expected to deposit with AFI the advances required to be paid by AFI to the LOC, Spain for their participation.

The last date for receipt of entry online is <u>25th February 2018</u>, <u>1700 hrs (IST)</u>. No request for entry beyond the target date will be accepted. The completed entry forms must be submitted to-<u>ultramarathon@indianathletics.in</u> before the deadline.

Thanking You

Yours Sincerely

(C.K. VALSON) Secretary, AFI

ANNEXURE-A

2018 TRAIL WORLD CHAMPIONSHIPS PENYAGOLOSA/CASTELLON, SPAIN 12TH MAY 2018 INVITATION OF APPLICATIONS

Introduction

1. The 2018 World Trail Championships is to be held on 12 May 2018, at Penyagolosa / Castellon Spain. (http://www.iau-ultramarathon.org/). This is an International Association of Ultrarunners (IAU) Competition in conjunction with the International Trail Running Association (ITRA). Athletics Federation of India (AFI) herein has set out the criteria for selecting athletes to represent India at the 2018 Trail World Championships.

The Course

- 2. The course is a Trail, of 85 km, with a total height of 4900 meter, having a cutoff time of 15 hours and with intermediary cutoff timings, as mentioned in the General Information Sheet given on the IAU website. . As certified by the ITRA (http://itra.run/page/349/2018_TWC Penyagolosa Trails SportHG.html), the track has the following characteristics:
 - (a) Distance: 85,3 km
 - (b) Positive elevation: 4900 m
 - (c) Negative elevation: 3690 m
 - (d) Endurance difficulty: 4 ITRA points
 - (e) Mountain level: 7
 - (f) Finisher criteria: 500 (corresponding to a cut-off time of 15 hours)

Selection Criteria

- 3. ITRA certifies race routes based on the distance and elevation loss / gain. ITRA then awards a route with Endurance difficulty points; Mountain level points and a Finisher Criteria. The finishers of these races are awarded a 'score' or 'cotation points' on the **ITRA performance index**, which is an intended tool for evaluating the speed level of trail runners. In particular, the performance index can be used for comparing the speed of runners around the world, including athletes who may never have run in the same event. (http://www.i-tra.org/page/269/FAQ Performance index and scores.html)
- 4. The 2018 Trail World Championships has been certified by ITRA and ITRA Performance Index is the tool that AFI (Ultra-running Sub Committee) is applying to select the Athletes to represent India at the 2018 Trail World Championships. The performance of Athletes who would be selected to represent India will be based on evaluation of individual athlete's performance as per the General cotation awarded to them by ITRA and given on the ITRA Website. Indian Ultra Trail

Athletes can check their individual performance / cotation, under 'Search a runner' section of the ITRA Web site given at http://www.i-tra.org/community/, if they have participated in races certified by ITRA.

- 5. <u>Invitation of Application.</u> Applications are invited from Indian athletes who meet the following criteria:
 - (a) Should be Citizen of India and holding an Indian Passport.
 - (b) They should have participated in at least one ultra race (of 50 km and above) in the last one year i.e. from 25 February 2017 to 24 February 2018) **AND** should have participated in at least one Trail Ultra Race between 25 February 2016 to 24 February 2018 and should have at least the following ITRA cotation points / score:

(i) Men : General Cotation of 600 and above

(ii) Women : General Cotation of 550 and above

Note: 1. Individual athlete cotation in ITRA rated races can be obtained at http://www.i-tra.org/community/

- 2. Athletes who do not have Individual Athlete ITRA cotation, **WILL NOT BE CONSIDERED**
- 6. Only those athletes meeting the criteria given at para 5 above need to send in their application in the format given below (ANNEXURE B) along with this notification latest by **25 FEBRUARY 2018, 1700 hrs** by **email only** (printed copy NOT TO BE SENT) to **ultramarathon@indianathletics.in**
- 7. Selected athletes will be intimated by e-mail and result of the selection will be posted on the official website of AFI- www.indianathletics.in
- 8. Athletes selected will be responsible for their own training in consultation with the Ultra-Running Sub-committee of the AFI.
- 9. If a selected athlete gets injured during the preparation before the event, and his participation in the event is at risk, he / she must inform the Ultra-Running Sub-committee of the AFI by e-mail at the earliest.
- 10. Selected Athletes- A team of up to 06 Women and 06 Men may be selected, in the order of their ITRA cotation points and having meet the criteria given at para 5.
- 11. <u>Selected Athletes to note:</u> Athletics Federation of India is only facilitating the participation of ultra trail runners <u>who meet the selection criteria laid down in this document</u>. The selected Athletes will have to bear all cost of training, kitting, travel, visa, accommodation, and any other expenses related to this 2018 Trail World Championship.
 - (a) For boarding, lodging and Airport transfer, the selected Athletes will be required to deposit in advance with Athletics Federation of India, by bank transfer:
 - (i) by 05 Mar 18, Indian Rupees equivalent to Euro 140
 - (i) by 10 Apr 18, Indian Rupees equivalent to Euro 325

Note Please refer the GIS available on the IAU website for the charges of Single Occupancy Rooms (@ Euro 90 per day from 08 May 18 to 12 May 18) and Airport Transfer (@Euro 15).

- (b) Athletes will be responsible for booking their flight tickets to and fro.
- (c) Athletes will be responsible to obtain visa directly from the Embassy of Spain as per the Embassy visa rules. AFI will only provide the necessary documentary proof that an individual is representing AFI at the World Trail Championships. If an individual is unable to process his or her visa application or Visa application is rejected, the AFI will not be held responsible. Money paid in advance as given at para 11 (a) above will NOT be refunded, as this is would be transfered in advance by AFI to the LOC of the 2018 Trail World Championships. (Please refer page 10 of the GIS available at http://www.iau-ultramarathon.org/)

12. **IMPORTANT DATES**

(f)

(a) Publication of Invitation : 09 February 2018

(b) Cut off date at 1700 h to

receive completed applications : 25 February 2018

(c) Announcement of team : 05 March 2018

(d) First installment of Advance

payment by selected athletes : 08 March 2018

(e) Final installment of Advance

payment by selected athletes : 10 April 2018 Processing of visa : 0n receipt of

Invitation letter from

the LOC, Spain

(g) Departure for Spain : 07/08 May 2018
(h) 2018 Trail World Championships : 12 May 2018
(j) Departure from Spain for India : 13 May 2018

APPLICATION FORM: TRAIL WORLD CHAMPIONSHIPS 2018

| 1. | Full Name of Applicant | |
|----|--|--|
| 2. | Race Name of Applicant (If any) | |
| 3. | Gender | |
| 4. | Date of Birth (Such a 01 Jan 1966) | |
| 5. | Age (in Years and Months) | |
| 6. | Nationality | |
| 7. | Do you hold an Indian Passport? If Yes please give Passport Number | |
| 8. | e-mail Address | |
| 9 | Cell Phone Number | |
| | Land Line Number (If any) | |

| 10. | Permanent Address (As per Passport) | | |
|-----|---|--------------------|--------------------------------------|
| 11. | Present Address | | |
| 12. | Have you participated in Ultra- Races over the last one year (01 February 2017 to 31 January 2018). If Yes provide details of up to 03 best performances | Name of Ultra Race | Web Link to the official race result |
| 13. | Have you participated in Trail Race which is rated by ITRA between 01 February 2016 to 31 January 2018 (Please answer YES or NO) | | |

| 14. | If YES to 13 above, please provide the following details | | | | |
|-----|---|---|--|----------------------------------|--|
| | Name of Trail Race (Please provide details up to top 6 races only) | Date of Race (Should be between 25 February 2016 to 24 February 2018) | Trail Category (TUM / TUL / TUXL)\$ | Link to the official Race Result | |
| (a) | | - | | | |
| (b) | | | | | |
| (c) | | | | | |
| (d) | | | | | |
| (e) | | | | | |
| (f) | | | | | |
| 15. | Please provide General Cotation' ONLY as given on the ITRA web site http://www.i-tra.org/community/ against your name. (Please note: Men 600 and above Women 550 and above need to apply) | | | | |

| 16. | Please paste the hyperlink after selecting your name at http://www.i-tra.org/community/ | | |
|-----|---|--|---|
| 17. | Undertaking by applicant who submits this application form | (a) If selected, I undertake to bear all expenditure associated with my participation in the 2018 Trail World Championships. (b) If I am unable to bear my expenses, I will not claim as my right nor will I insist that AFI should bear my expenses. (c) I undertake to pay the advance required and as mentioned at para 11 (a) of Annexure A (d) I undertake to make necessary arrangements to obtain my air ticket and visa required for travel for the 2018 Trail World Championships (e) Incase I am unable to obtain my air tickets and visa in time, I am aware that I stand to forfeit the advances paid by me and will not insist on a refund from the | (PLEASE MENTION IF YOU AGREE OR NOT INTERESTED) |
| | | AFI or the Organisers of the 2018 Trail World Championships. | |

*** Trail Ultra M (42 to 69 km) – TUM
Trail Ultra L (70 to 99 km) – TUL
Trail Ultra XL (>=100 km) – TUXL