



ATHLETICS FEDERATION OF INDIA

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13 March 2020

All Affiliated Units-AFI & Individual Athletes meeting criteria for selection

Subject:- Participation of Ultra Runners in the 2020 IAU 24 Hour Asia & Oceania Championships Bengaluru, 18th – 19th July 2020, in Bengaluru, India

In three years since ultrarunners from India started representing the country at International Ultrarunning Championships, India will for the first time host an IAU ultra running championship - the 2020 **IAU 24 Hours Asia & Oceania Championships Bengaluru**. Up to 06 Men and 06 Women, **meeting criteria laid down by the AFI** could be selected to form the team.

The AFI Ultrarunning Selection Policy dated 01 February 2020 has the detailed guidelines/ instructions/ eligibility criteria for selection and participation of ultra runners. The same has been published on the AFI Web site and its details are also placed as Annexure 'A' to this letter. Interested ultra runners, meeting selection criteria, may apply online through the link which will be available on the AFI website from 13 March 2020 to 12 April 2020 (1700 h IST). Requests to accept applications beyond the stipulated date and time will not be entertained. The details required to be filled in the online form is placed as Annexure 'B' of this letter.

AFI is only facilitating the participation of Indian Ultra Runners who meet-qualification levels. The participation is **Athlete Funded** and **selected athletes will have to bear all expenses** of training, travel, boarding and lodging and any other related expenses. Selected athletes are expected to deposit with AFI the advances required to be paid by AFI to the LOC, for their accommodation.

Thanking You
Yours Sincerely

(C.K. VALSON)

Secretary General
Athletics Federation of India

ANNEXURE-A

2020 IAU 24 Hour Asia & Oceania Championships Bengaluru, 18th – 19th July 2020, Bengaluru, India

INVITATION OF APPLICATIONS

Introduction

1. '2020 IAU 24 Hour Asia & Oceania Championships Bengaluru', is to be held on 18th – 19th July 2020 at Bengaluru, India. This is an International Association of Ultrarunners (IAU) Competition.

The Course

2. The course is a 400 m synthetic track.

Selection Criteria

3. **Race Specific Benchmark.** The AFI Ultrarunning Selection Policy was published on 01 February 2020 on the AFI website and the race specific benchmark and qualifying period mentioned therein is as given in the table below:-

	Race	Gender	Specific Benchmark	Qualifying Period
(a)	24 Hour Race	M	205 Km	01 January 2019 to 12 April 2020
(b)	24 Hour Race	F	165 Km	01 January 2019 to 12 April 2020

4. **Selection Process**

(a) Only Indian Citizens will be considered and the athlete must be holding a valid Indian passport.

(b) Qualifying period. As specified in the table above.

(c) Race Results. The results of the races run by the athlete must be available on the website of the organizer as on the date of submission of the application. Results, which are made available after the last date for submission of the application, will not be considered. Results of Races, which have a minimum of 05 participants in the applicable race category, would be considered.

(d) Proof of Fitness. If the race in which the athlete qualified has been run more than 9 months before the championships (before 18 Oct 19), in this case, in addition to meeting the Race Specific Benchmark during the qualifying period, the concerned athlete will also have to provide as proof of fitness, details of a race run during the period up to nine months from the date of Championships till the cutoff date of submitting the online application, which is from 18 Oct 2019 to 12 April 2020. If not available, the athlete may not be considered for the selection process solely on the basis of having met the Race Specific Benchmarks and Qualifying Period. Races and timings / distances which will be considered as proof of fitness are as under:

(i) 100 Km Race : Men 12h; Women 13h

(ii) 24 Hour Race : Men 155 Km ; Women 140 Km

(iii) 12 Hour Race : Men 100 Km; Women 92 Km

(iv) Any trail or road race of 50 K+ with minimum 1000 m elevation gain to be finished within race cutoff times.

(e) Team Composition. Up to 06 Men and 06 Women, meeting the standards set by AFI could be selected to represent India.

(f) Selection Trials. No selection trials are envisaged for the Championships to be held in 2020. However, if there is a tie between athletes meeting the criteria, the selection of the athlete would be solely at the discretion of the selection committee.

5. **Participation in races after selection.** Once selected for the team, the restrictions given below will be applicable. Athletes are not permitted to participate in races/ sporting tournaments as given below without explicit permission of the selection committee.

(a) less than 02 months from the date of Championships races longer than 12 hours /100 km are not permitted.

(b) less than 01 month from date of Championships, races longer than 21 K is not permitted.

(c) less than 15 days from date of Championships, racing / participation in any sporting event is not permitted.

6. **Expenditure for participation.** The 2020 IAU 24 Hour Asia & Oceania Championships Bengaluru is an athlete funded event. All expenditure towards the participation is to be borne by individual athletes. Details are as given:-

(a) Athletics Federation of India will facilitate the participation of athletes who meet the selection criteria laid down in this document.

(b) The selected athletes will have to bear cost of training, nutrition supplements, travel, accommodation, and any other expenses related to these events. Athletes will be responsible for booking their travel tickets in time.

(c) Basic kitting requirements will be met by AFI, and athletes will wear the kit provided by AFI at the Championships. Any specific gear required for the race would need to be procured by the athletes.

(d) Although the IAU / LOC provides free boarding and lodging for up to 02 Men and 02 Women athletes, the cost for accommodation will be shared among all athletes (men and women) selected and all athletes will be required to pay for accommodation equally. Accommodation payments will be done through AFI.

(e) Selected athletes will be required to make a deposit of INR 20,000/- through the AFI towards accommodation and miscellaneous expenditure. Athletes who opt to make their own arrangements for accommodation will require to make a deposit of Rs 5000/- towards miscellaneous expenditure. Athletes are required to give their willingness to fund their participation in the event at the time of submission of the application form and make the necessary deposit on time. Failure to make the deposit on time will result in withdrawal of the athlete's entry.

(f) If an athlete withdraws his / her name and is unable to proceed for the event once the final payments have been done by the AFI, the refund of payment made on account of accommodation will be subject to the same being refunded by the LOC and other expenditure incurred in the process.

(g) If the Championship attracts a sponsor, in which the travel and accommodation is either fully or largely paid by the sponsor, then the athlete would be required to abide by certain conditions laid down by the AFI to meet the requirements of the sponsor. Details would be intimated at the appropriate stage.

7. Announcement of Results. Selected athletes will be intimated by e-mail and result of the selection will be posted on the official website of AFI- www.indianathletics.in by 18 April 20.

8. **Additional Information.**

(a) The AFI Ultra Running Committee may be contacted at ultramathon@indianathletics.in

(b) Training. Athletes selected will be responsible for their own training in consultation with the Ultra-Running Committee of the AFI.

(c) Injuries sustained prior to the Championships. If a selected athlete gets injured during the preparation before the event, and his participation in the event is at risk, he / she must inform the Ultra-Running Committee of the AFI at the earliest.

IMPORTANT DATES

S No.	ACTIVITY	DATE and TIME
1.	Cut off date and time to receive completed online Application Forms	12 April 2020 - 1700 h
2.	Announcement of Selection Results	18 April 2020
3.	Payment for Accommodation and miscellaneous expenditure.	18 June 2020
4	Arrival at Bengaluru	16 July 2020
6.	IAU 24 Asia & Oceania Championships Bengaluru 2020	18th - 19th July 2020
7.	Departure Bengaluru	19/20 th July 2020

**DETAILS REQUIRED FOR THE ONLINE FORM WHICH WILL
BE AVAILABLE ON AFI WEBSITE FROM
13 MARCH 2020 TO 12 APRIL 2020 (1700 H)**

1.	Full Name of the Applicant (as per passport)	
2.	Date of Birth (DD/MM/YYYY)	
3.	Gender	
5.	Nationality	
6.	Do you hold an Indian Passport (Please upload the first and last page of the passport scanned / jpeg file)	
	Passport Number	
	Date of Expiry	
7	Address (As per Passport)	
8	Current Address	

9	Cell Phone Number	
10	E - Mail Id	

11.		Name of Race	Specific Bench Mark Achieved by the Athlete (Refer to para 3 in Annexure A)	Web Link to the official race result
	Qualifying Period 01 January 2019 to 12 April 2020	24 Hour		
12.	Proof of Fitness. Detail of Ultra Races Run during the Period 18 October 2019 to 12 April 2020			

13.	UNDERTAKING BY ATHLETE	<p>1. If selected, I undertake to bear all expenses towards my participation in the event.</p> <p>2. If I am unable to bear my expenses, I will not claim as my right nor will I insist that AFI should bear my expenses.</p> <p>3. I undertake to pay the required deposits as mentioned at para 6 (e) of Annexure A.</p> <p>4. I undertake to make necessary arrangements for my travel to Bengaluru.</p> <p>5. In case I am unable to arrange my travel in time, I am aware that I stand to forfeit the advances paid by me and will not claim a refund from the AFI or the Organisers of the event.</p> <p>6. If I am injured prior to the event I shall inform the AFI Ultra Running Committee immediately.</p> <p>7. Once selected, I undertake not to participate in a race which is longer than 12 hours/ 100 Km less than 02 months from the date of Championships; in races longer than 21 Km less than 01 month from date of Championships; racing / participation in any sporting event less than 15 days from date of Championships without the permission of the Selection Committee, whose decision will be final. I also understand by doing so, I could be dropped from the team.</p> <p>8. I will abide with the directions of the AFI Ultra Running Committee with regards to all activities involving my participation in the event.</p>	
	Please type Agree or Disagree.		