

**26TH OPEN NATIONAL ATHLETIC CHAMPIONSHIPS  
8 TO 10 MAY 1987 MANGALORE**

**DISCUS THROW WOMEN**

POS	NAME	UNIT	PERF
1	VIJAYA MALA BHANOT	DELHI	43.44 Mts
2	TAYABUN NISHA	RLY	39.38 Mts
3	PARAMJIT KAUR	RLY	35.52 Mts
4	SHOBHA CHATURVEDI	LIC	34.52 Mts
5	VIDYA S. UDIPI	KAR	31.56 Mts
6	SALOMI	KER	29.56 Mts

**400 M RUN WOMEN**

POS	NAME	UNIT	PERF
1	P.T. USHA	RLY	54.3 Sec
2	VANDANA P. SHANBAGH	RLY	54.6 Sec
3	SHINY K ABRAHAM	FCI	54.9 Sec
4	ASHWINI NACHAPPA	KAR	55.7 Sec
5	MERY KUTTAN	BIH	59.6 Sec
6	SAROJ LAKRA	BIH	60.3 Sec
7	RENU ARORA	LIC	60.7 Sec

**400 M RUN MEN**

POS	NAME	UNIT	PERF
1	GULAM KIBERIA	CIL	48.5 Sec
2	IYYAPPAN DURAI	T.N	49.0 Sec
3	MURALIDHARAN	SSCB	49.3 Sec
4	SIBIRAJ PAUL	ECI	49.5 Sec
5	K. BALASUBRAMANIAM	T.N	49.9 Sec
6	S.K. SINGH	POL	50.0 Sec
7	IBRAHIM CHEENIKA	RLY	50.1 Sec
8	VENKATESH	W.B	50.4Sec

**SHOT PUT MEN**

POS	NAME	UNIT	PERF
1	BALWINDER SINGH	SPSB	17.17 Mts
2	S.D EASHEN	RLY	17.07 Mts
3	IQBAL SINGH	SPSB	17.01 Mts
4	JASPAL SINGH	RLY	16.26 Mts
5	AVTAR SINGH	POL	16.18 Mts
6	GURMEET SINGH	POL	15.99 Mts
7	M.S GILL	SSCB	15.23 Mts
8	S. RANDHAWA	SSCB	14.72 Mts

**1500 M RUN WOMEN**

POS	NAME	UNIT	PERF
1	VIJAY NILMANI KHALKO	RLY	4.35.8 Sec
2	N.S JADAV	AIU	4.44.3 Sec
3	K.A MOLLY	RLY	4.48.4 Sec
4	PURABI DAS	W.B	4.54.3 Sec
5	SODHARI K.M	KER	5.04.5 Sec
6	KALAVATHY	KAR	5.04.7 Sec
7	MEENAKSHI LODH	MAH	5.04.7 Sec

8	N.B JAYATHA	KAR	5.17.1 Sec
---	-------------	-----	------------

#### LONG JUMP MEN

POS	NAME	UNIT	PERF
1	H.K PATEL	SPSB	7.58 Mts
2	T. WILSON	POL	7.46 Mts
3	M.C SEBASTIAN	RLY	7.45 Mts
4	SHIVCHARAN SINGH	SSCB	7.34 Mts
5	SHYAM KUMAR	ECI	7.33 Mts
6	AUGUSTINE	T.N	7.13 Mts
7	ATTAR SINGH	SSCB	7.05 Mts
8	JASWANT SINGH	ELEC BD	6.97 Mts

#### 10,000 M RUN MEN

POS	NAME	UNIT	PERF
1	K.M SURESH	RLY	30.50.4 Sec
2	GANPAT SINGH	SSCB	31.44.6 Sec
3	SUJIT MUKHERJEE	W.B	32.03.0 Sec
4	DANVEER SINGH	RLY	32.15.4 Sec
5	DUNA RAM	SSCB	32.52.6 Sec
6	SHIV DAYAL SHARMA	POL	33.16.8 Sec
7	L.J RODRIGUES	LIC	33.18.8 Sec

#### POLE VAULT MEN

POS	NAME	UNIT	PERF
1	RAJINDER KUMAR	RLY	4.20 Mts
2	PARMESHWAR LAL	SSCB	4.00 Mts
3	Y.N SINGH	AIU	4.00 Mts

#### SHOT PUT WOMEN

POS	NAME	UNIT	PERF
1	VIJAY MALA BHANOT	DLI	12.92 Mts
2	SHYAMA UPADHYAY	BIH	11.98 Mts
3	JYOTSANA DUTTA	RLY	11.92 Mts
4	REENA RAIDANGA	RLY	11.20 Mts
5	LIPI MUKHERJEE	W.B	11.17 Mts
6	M. DAS	FCI	10.69 Mts
7	PURNIMA ARITE	LIC	7.96 Mts

#### DISCUS THROW MEN

POS	NAME	UNIT	PERF
1	R.P SINGH	DLI	54.30 Mts
2	MANJIT SINGH	POL	53.76 Mts
3	KULDEEP SINGH	POL	53.64 Mts
4	BALKAR SINGH	HESB	53.50 Mts
5	S.D EASHEN	RLY	52.08 Mts
6	SHAMUNDER SINGH	SSCB	48.48 Mts
7	YOGINER SINGH	U.P	47.42 Mts
8	JASPAL SINGH	RLY	46.74 Mts

#### 110 M HURDLES MEN

POS	BIB.NO	NAME	UNIT	PERF
1	226	M.V RAJASEKAR	AIU	14.6 Sec

2	123	BHUWAN SINGH	RLY	14.7 Sec
3	438	BENNY JOHN	SSCB	14.7 Sec
4	537	VIJAY KUMAR	SSCB	14.9 Sec
5	181	HARDEEP SINGH	E.B	14.9 Sec
6	739	ERROL HART	T.N	14.9 Sec
7	206	F. L MECHARY	AIU	15.3 Sec

#### 100 M HURDLES WOMEN

POS	BIB.NO	NAME	UNIT	PERF
1	149	M.D VALSAMMA	RLY	14.2 Sec
2	242	MONICA FERNANDEZ	AIU	14.7 Sec
3	241	MEENA GOPAL	AIU	15.2 Sec
4	745	MUJITHA	T.N	15.4 Sec
5	694	P. SASHIKALA	P&T	18.5 Sec

#### 1500 M RUN MEN

POS	BIB.NO	NAME	UNIT	PERF
1	532	SHOLAMUTHU	SSCB	3.49.2 Sec
2	529	SUKHWANT SINGH	SSCB	3.50.7 Sec
3	401	RAM NIWAS	LIC	3.51.1 Sec
4	398	MAHINDER SINGH	LIC	3.52.0 Sec
5	533	SUBHASH MATHEW	CHA	3.53.5 Sec
6	111	HAKAM SINGH	RLY	3.57.9 Sec
7	755	GURMUKH SINGH	POL	3.57.9 Sec
8	754	BHUPINDER SINGH	POL	4.03.9 Sec

#### 200 M RUN WOMEN

POS	BIB.NO	NAME	UNIT	PERF
1	145	P.T USHA	RLY	24.3 Sec
2	650	ASHWINI NACHAPPA	KAR	24.7 Sec
3	146	VANDANA SHANBAGH	RLY	24.9 Sec
4	311	SANY JOSEPH	FCI	25.1 Sec
5	652	VANDANA RAO	KAR	25.2 Sec
6	725	SAROJ LAKRA	BTH	26.3 Sec
7	91	JEMMA JOSEPH	T.N	26.4 Sec
8	414	A.C AKKAMMA	LIC	26.4 Sec

#### 200 M RUN MEN

POS	BIB.NO	NAME	UNIT	PERF
1	193	ANANDA SHETTY	HESB	21.8 Sec
2	748	P.G SAJIMON	POL	22.0 Sec
3	733	JAYARAMAN	T.N	22.0 Sec
4	632	GNANSHEKHRAN	KAR	22.1 Sec
5	391	P. BAIJU	LIC	22.3 Sec
6	103	ANIL SHETTY	RLY	22.3 Sec
7	623	PARTHIBHAN	KAR	22.5 Sec
8	573	BALBIR SINGH	SPSB	22.7 Sec

#### 800 M RUN WOMEN

POS	BIB.NO	NAME	UNIT	PERF
1	310	SHINY ABRAHAM	KCI	2.09.5 Sec
2	95	BEENA PETER	KER	2.14.3 Sec
3	743	ROSA KUTTY	T.N	2.18.5 Sec

4	154	SHYAMALI MONDAL	RLY	2.22.3 Sec
5	153	SUJATA DAS	RLY	2.24.6 Sec
6	255	MINIMOL T PHILLIP	AIU	2.39.6 Sec
7	197	SHANTA SETTY	KAR	2.40.0 Sec

#### LONG JUMP WOMEN

POS	BIB.NO	NAME	UNIT	PERF
1	724	MERCY KUTTAN	BIHAR	5.97 Mts
2	163	B.S KALA	RLY	5.78 Mts
3	307	LISSY CHERIAN	FCI	5.71 Mts
4	164	K.C VALSA	RLY	5.69 Mts
5	97	REKHA LAL	KER	5.44 Mts
6	745	MUJITHA	T.N	5.31 Mts
7	387	CICILY PETER	KER	5.23 Mts
8	661	HAJEL CONCESSIO	KAR	4.98 Mts

#### HIGH JUMP MEN

POS	BIB.NO	NAME	UNIT	PERF
1	348	SHEDPAT SINGH	HAR	2.05 Mts
2	127	N. ANNAVI	RLY	2.05 Mts
3	129	VINAY KUMAR Y	A.P	1.90Mts
4	207	K. RAMA CHANDRAN	HESB	1.90 Mts
5	475	T. PUTHURAJA	PORTS	1.90 Mts
6	499	PURAN SINGH	PUNJAB	1.90 Mts

#### 3000 M MEN STEEPLECHASE

POS	BIB.NO	NAME	UNIT	PERF
1	543	P.S PICHAIAN	SSCB	8.57.6 Sec
2	544	VISHWANATH SINGH	SSCB	9.03.1 Sec
3	756	SHAMSUDDIN	POL	9.09.6 Sec
4	117	E. RAJINER	RLY	9.11.6 Sec
5	113	JASBIR SINGH	RLY	9.26.3 Sec
6	646	SAMPATH KUMAR	KAR	9.41.7 Sec
7	227	DINESH SINGH	AIU	9.42.6 Sec
8	205	S.V.S TOMAR	HESB	9.58.7 Sec

#### 4X100 M RELAY WOMEN

POS	TEAM NAME	PERF
1	RLY	47.3 Sec
2	FCI	48.5 Sec
3	KAR	48.5 Sec
4	DIC	50.1 Sec

#### 4X100 M RELAY MEN

POS	TEAM NAME	PERF
1	RLY	41.9 Sec
2	T.N	42.0 Sec
3	LIC	42.7 Sec
4	KAR	42.9 Sec
5	STEEL PLANTS	42.9 Sec
6	SERVICES	43.2 Sec

#### DECATHLON MEN

POS	NAME	UNIT	PERF
1	SATYADEV SINGH	SERVICES	6282 Points
2	ANIL KUMAR	SERVICES	6091 Points
3	A.N ARI		5980 Points
4	HARPAL SINGH	DLI	5808 Points
5	BABU SHETTY	KAR	5769 Points
6	BAHADUR SINGH	PUNJAB	5619 Points

#### JAVELIN THROW MEN

POS	NAME	UNIT	PERF
1	OMPALSINGH	HSEB	63.96 Mts
2	P.S MANN	DELHI	63.04 Mts
3	S.B MISHRA	LIC	62.18 Mts
4	B.D MANDAL	SERVICES	61.78 Mts
5	JAYBIR SINGH	HAR	61.72 Mts
6	CHANDRASHEKAR RAI	KAR	61.56 Mts

#### JAVELIN THROW WOMEN

POS	NAME	UNIT	PERF
1	SHINY VERGHESE	KER	44.38 Mts
2	ALOKA HAZRA	RLY	42.32 Mts
3	GURBART HAMBRON	BIH	41.38 Mts
4	RAZIA SHIEKH	RLY	40.80 Mts
5	PROVATI SHILL	LIC	39.10 Mts
6	BHAGIRATHI	KER	36.14 Mts
7	H.R PUSHPALATHA	KAR	35.86 Mts
8	JOLLY JAMES	FCI	35.52 Mts

#### 400 M HURDLES WOMEN

POS	NAME	UNIT	PERF
1	SHANTIMOL PHILIPS	RLY	68.7 Sec
2	DOOLY K. JOSEPH	KER	68.8 Sec
3	ABIAMMA JACOB	LIC	69.1 Sec
4	VIJAYA BHARATI SHETTY	KAR	70.7 Sec
5	LAVINA PAIS	KAR	75.3 Sec

#### 400 M HURDLES MEN

POS	BIB.NO	NAME	UNIT	PERF
1	347	SUKHMINDER MOHAN SINGH	HAR	55.1 Sec
2	123	BHUWAN SINGH	RLY	55.4 Sec
3	482	TUTAM SHOME	ORD	55.9 Sec
4	541	JAGIR SINGH	SSCB	56.1 Sec
5	301	SEENAPPA GOWDA	FCI	56.2 Sec
6	370	C. HARIDAS	KER	56.3 Sec
7	277	BACHU SINGH	DLI	56.3 Sec
8	377	P.D DINESHAN	KER	56.7 Sec

#### 800 M RUN MEN

POS	BIB.NO	NAME	UNIT	PERF
1	530	RAJAN	SSCB	1.53.8 Sec
2	200	DAMODAR GOWDA	HESB	1.53.8 Sec
3	298	RAJI LAL	FCI	1.55.0 Sec
4	529	SUKHWANT SINGH	SSCB	1.55.5 Sec

5	108	RAJINDER SHARMA	RLY	1.56.8 Sec
6	111	HAKAM SINGH	RLY	1.57.3 Sec
7	629	DIRENDER SUDEV	KAR	2.03.6 Sec

#### 100 M RUN MEN

POS	BIB.NO	NAME	UNIT	PERF
1	193	ANAND SHETTY	HESB	10.7 Sec
2	295	DILIP SARKAR	FCI	10.9 Sec
3	120	SOMASHEKAR	RLY	10.9 Sec
4	391	P. BIJU	LIC	10.9 Sec
5	104	SUNIL RAO	RLY	11.0 Sec
6	748	P. SHAJIMON	KER	11.0 Sec
7	731	NISHAR PASHA	T.N	11.0 Sec
8	92	VENKATESH M	W.B	11.1 Sec

#### HIGH JUMP WOMEN

POS	BIB.NO	NAME	UNIT	PERF
1	744	N. ANGELA LINCY	T.N	1.58 Mts
2	161	ELSAMMA	RLY	1.50 Mts
3	695	CHAITALI SIKDAR	P&T	1.50 Mts
4	160	MARY SILINA PRINCE	RLY	1.50 Mts
5	619	HIRA DEBNATH	W.B	1.50 Mts
6	386	JANCY MATHEW	KER	1.45 Mts

#### HEPTATHLON WOMEN

POS	BIB.NO	NAME	UNIT	PERF
1	656	REETH ABRAHAM	KAR	4549 Points
2	174	ANEES VERGHESE	RLY	4326 Points
3	241	MEENA GOPAL	T.N	4309 Points
4	746	TERESAMMA BABY	T.N	3700 Points
5	81	K.K GEETHA	KAR	3008 Points

#### 100 M RUN WOMEN

POS	BIB.NO	NAME	UNIT	PERF
1	650	ASHWINI NACHAPPA	KAR	11.7 Sec
2	311	SANY JOSEPH	FCI	11.7 Sec
3	146	VANDANA SHANBAGH	RLY	11.9 Sec
4	310	SHINY ABRAHAM	FCI	11.9 Sec
5	471	ZENIA AYRTON	MAH	12.2 Sec
6	413	NIYAT SINHA	LIC	12.2 Sec
7	725	SAROJ LALRA	BIH	12.2 Sec
8	91	JEMMA JOSEPH	T.N	12.6 Sec

#### 3000 M RUN WOMEN

POS	BIB.NO	NAME	UNIT	PERF
1	155	VIJAY NILMONI KHALKO	RLY	10.03.7 Sec
2	240	N.S JADAV	UNI	10.12.1 Sec
3	382	MOLLY CHACKO	KER	10.19.7 Sec
4	157	CHARULATA NAIGAONKAR	RLY	10.19.7 Sec
5	618	PURABI DAS	W.B	10.49.2 Sec
6	654	KALAWATHI	KAR	11.13.2 Sec
7	492	MEENAKSHMI LODH	MAH	11.23.3 Sec
8	747	NAGALAKSHMI	A.P	11.23.6 Sec

**HAMMER THROW MEN**

POS	BIB.NO	NAME	UNIT	PERF
1	563	SURENDRA SINGH	SSCB	58.40 Sec
2	764	R.S BAL	POL	56.80 Sec
3	765	PYARE LAL	POL	56.48 Sec
4	600	RADHE SHYAM	AAFI	56.14 Sec
5	234	BHUPENDRA SINGH	AIU	54.98 Sec
6	215	NACHATTAR SINGH	HESB	54.98 Sec
7	141	SATNAM SINGH	RLYS	52.94 Sec
8	565	SHANKAR SINGH	SSCB	51.92 Sec

**TRIPLE JUMP MEN**

POS	BIB.NO	NAME	UNIT	PERF
1	132	B.MURALI	RLY	15.70 Mts
2	582	RAJENDRA SINGH	S.P	15.62 Mts
3	771	SUBASH GEORGE	POL	15.17 Mts
4	186	VIKRAM SINGH	ELE	15.15 Mts
5	93	P.T RAJIV	W.B	15.05 Mts
6	406	JOHN MUTHU	LIC	14.96 Mts
7	374	P. ANTHONY	KER	14.90 Mts
8	373	JAYA KUMAR	KER	14.69 Mts

**5000 M RUN MEN**

POS	BIB.NO	NAME	UNIT	PERF
1	115	K.M SURESH	RLY	14.38.2 Sec
2	532	SOLA MUTH	SSCB	14.58.2 Sec
3	401	RAM NIWAS	LIC	15.10.5 Sec
4	534	GANPATH SINGH	SSCB	15.12.0 Sec
5	118	PREM SINGH	RLY	15.33.7 Sec
6	515	KAILASH YADAV	RAJ	15.42.7 Sec
7	516	SHAMSHIR SINGH	RAJ	15.50.6 Sec
8	204	J.P MINZ	HESB	15.54.6 Sec

**4X400 M RELAY WOMEN**

POS	TEAM NAME	PERF
1	RLY	3.53.5 Sec
2	FCI	3.58.1 Sec
3	LIC	4.14.7 Sec
4	KAR	4.24.5 Sec

**4X400 M RELAY MEN**

POS	TEAM NAME	PERF
1	T.N	3.19.4 Sec
2	RLY	3.20.2 Sec
3	FCI	3.22.8 Sec
4	SER	3.25.0 Sec
5	KAR	3.28.6 Sec
6	LIC	3.35.3 Sec