

**29 ALL INDIA INTER STATE ATHLETIC CHAMPIONSHIP
GANDHINAGAR**

MEN

Event : 100 M

Pos	Athletes Name	Unit / State	Perf
1	SAIBOL ROY	BIHAR	10.7 S
2	ROY P JOSEPH	KERALA	10.7 S
3	M S SRIDHARAN	TAMIL NADU	10.7 S
4	ROY P VERGHESE	KERALA	10.8 S
5	S K PRADHAN	ORISSA	10.9 S
6	HOMIYAR MISTRY	MAHARASHTRA	11.2 S

MEN

Event : 200 M

Pos	Athletes Name	Unit / State	Perf
1	M S SRIDHARAN	TAMIL NADU	21.7 S
2	ROY P JOSEPH	KERALA	21.8 S
3	AVININDERJEET SINGH	UTTAR PRADESH	22.0 S
4	BALBIR SINGH	BIHAR	22.4 S
5	HOMIYAR MISTRY	MAHARASTRA	22.4 S
6	FEDERICK	TAMIL NADU	22.7 S

MEN

Event : 400 M

Pos	Athletes Name	Unit / State	Perf
1	AMARJEET SINGH	BIHAR	48.2 S
2	MALVIYA D K	KERALA	48.5 S
3	JUDE WILLIAM	TAMIL NADU	49.0 S
4	HARMIK SINGH	KERALA	49.5 S
5	ISHWINDER SINGH	ORISSA	49.9 S
6	RAJI LAL E P	KERALA	50.2 S

MEN**Event : 800 M**

Pos	Athletes Name	Unit / State	Perf
1	RAM PRATAP PATEL	MADHYA PRADESH	1:51.2 S
2	JOSSY MATHEW	KERALA	1:51.5 S
3	RAJBIR SINGH	RAJASTHAN	1:53.1 S
4	SURESH BABU	GOA	1:53.6 S
5	PETER KINDO	BIHAR	1:53.9 S
6	DANVEER SINGH	UTTAR PRADESH	1:55.0 S

MEN**Event : 1500 M**

Pos	Athletes Name	Unit / State	Perf
1	RAJBIR SINGH	RAJASTHAN	3:53.1 S
2	KULWANT RAI	PUNJAB	3:53.3 S
3	AMANDEEP SNGH	PUNJAB	3:53.5 S
4	RAM PRATAP PATEL	MADHYA PRADESH	3:54.0 S
5	RAM NIWAS	RAJASTHAN	3:55.3 S
6	VIRENDER SINGH	HARYANA	3:56.3 S

MEN

Event : 5000 M

Pos	Athletes Name	Unit / State	Perf
1	MADAN SINGH	DELHI	14:38.8 S
2	SUJIT MUKHERJEE	WEST BENGAL	14:38.9 S
3	AMRIT PAL SINGH	DELHI	15:13.5 S
4	BHARON SINGH LONE	MADHYA PRADESH	15:13.8 S
5	AHIWALE SIDDATH	MAHARASHTRA	15:32.3 S
6	SUDHIR KUMAR SINGH	BIHAR	15:32.8 S

MEN

Event : 10000 M RUN

Pos	Athletes Name	Unit / State	Perf
1	MADAN SINGH	DELHI	30:43.0 S
2	U L SAINI	DELHI	31:40.7 S
3	SUBASH CHAND	UTTAR PRADESH	31:41.8 S
4	TIKKA RAM	MADHYA PRADESH	33:00.7 S
5	JASWINDER SINGH	PUNJAB	33:51.0 S

MEN

Event : 110 M HURDLE

Pos	Athletes Name	Unit / State	Perf
1	ASHISH MONDAL	WEST BENGAL	14.6 S
2	PRAVEEN JOLLY	DELHI	14.7 S

3	DENZIL FERNANDES	KARNATAKA	15.3 S
4	R RAVI CHANDERAN	TAMIL NADU	15.4 S
5	F L MERCHARY	AAFI	15.7 S
6	RAHIL SARBJEET	GUJARAT	15.7 S

MEN

Event : 400 M HURDLE

Pos	Athletes Name	Unit / State	Perf
1	ISHWINDER SINGH	DELHI	54.3 S
2	P JAGADEESHAN	AAFI	55.3 S
3	RAVI KANT	CHANDIGARH	55.3 S
4	ROY JACOB	DELHI	55.5 S
5	S PRABHU	KERALA	56.2 S
6	U K TIWARI	BIHAR	57.4 S

MEN

Event : 3000 M STEEPLE CHASE

Pos	Athletes Name	Unit / State	Perf
1	KULWANT RAI	PUNJAB	9:20.0 S
2	AMRIT PAL SINGH	DELHI	9:23.6 S
3	REBELLO JOSE MANUEL	GOA	9:37.0 S
4	LAL BAHADUR SINGH	MADHYA PRADESH	9:49.0 S
5	KISHORE SINGH	DELHI	9:59.0 S
6	JENA RAJNIKANTA	ORISSA	10:52.5 S

MEN

Event : 4 X 100 M HURDLE

Pos	Athletes Name	Unit / State	Perf
1	M S SEBASTIAN, ROY JOSEPH, ROY P VERGHESE, M B SADASHIVAN	KERALA	41.9 S
2	SAIBOL ROY, BALBIR SINGH, ABRAHAM MATHEW, SALUDDIN	BIHAR	42.4 S
3	KULWINDER SINGH, SUNIL DOGRA, ISHWINDER SINGH, TAPAS MANDAL	DELHI	42.7 S
4		ORISSA	42.8 S
5		TAMIL NADU	42.9 S
6		GUJARAT	43.7 S

MEN**Event : 4 X 400 M RELAY**

Pos	Athletes Name	Unit / State	Perf
1	ISHWINDER SING, SUNIL DOGRA, K P WILSON, ROY JACOB	DELHI	3:17.1 S
2	ROY P JOSEPH, JOSSY MATHEW, REGILAL E P, PAUL P P	KERALA	3:17.2 S
3	MURLI KRISHANA, SHEKHAR D CONNA JOHNSON, JUDE WILLIAM	ANDHRA PRADESH	3:19.4 S

MEN

Event : 20 KM WALK

Pos	Athletes Name	Unit / State	Perf
1	BALDEV SINGH	PUNJAB	1::34:14.3 S
2	SUCHA SINGH	J & K	1::34:43.3 S
3	SUBASH SINGH	UTTAR PRADESH	1::34:52.7 S
4	SHOV CHARAN	DELHI	1::35:21.8 S
5	MITHU SINGH	PUNJAB	1::42:25.5 S
6	ARVIND SINGH	AAFI	1::42:28.1 S

MEN**Event : LONG JUMP**

Pos	Athletes Name	Unit / State	Perf
1	M B SADASHIVAN	AAFI	7.63 M
2	M C SEBASTIAN	KERALA	7.56 M
3	R BHARDHWAJ	TAMIL NADU	7.44 M
4	SABU JOSEPH	AAFI	7.39 M
5	KUNJUMOD	PUNJAB	7.37 M
6	VINOD JOSEPH	BIHAR	7.30 M

MEN**Event : HIGH JUMP**

Pos	Athletes Name	Unit / State	Perf
1	N ANAVI	TAMIL NADU	2.12 M NMR
2	B K SINGH	AAFI	1.95 M
3	MATHEW C CHERIA	KARNATAKA	1.90 M
4	KAUSHIK JOHN	MAHARASHTRA	1.90 M
5	SURINDER SINGH	HARYANA	1.90 M
6	BLOOSIS EKKA	BIHAR	1.85 M

MEN

Event : TRIPLE JUMP

Pos	Athletes Name	Unit / State	Perf
1	S MURALI	KERALA	15.49 M
2	KESHWER SAHU	BIHAR	15.40 M
3	MD NIZAMMUDIN	TAMIL NADU	15.37 M
4	MARTIN	KERALA	15.06 M
5	SATNAM SINGH	PUNJAB	15.02 M

MEN

Event : POLE VAULT

Pos	Athletes Name	Unit / State	Perf
1	VIJAY PAL SINGH	DELHI	4.91 M NMR
2	P C TYAGI	DELHI	4.60 M
3	GURJANT SINGH	PUNJAB	4.50 M
4	SRI MRIDUL DEORAH	ASSAM	4.40 M
5	TAMIL RASAN	TAMIL NADU	4.20 M
6	SATPAL SINGH	AAFI	4.10 M

MEN

Event : DISCUS THROW

Pos	Athletes Name	Unit / State	Perf
1	AJIT BHADORIA	BIHAR	49.54 M
2	BALKAR SINGH	AAFI	48.52 M

3	UTTAR PRADESHKAR SINGH	BIHAR	48.30 M
4	SURJIT SINGH	PUNJAB	47.90 M
5	DEO KUMAR RAI	AAFI	46.62 M
6	R P SINGH	DELHI	46.34 M

MEN

Event : JAVELIN THROW

Pos	Athletes Name	Unit / State	Perf
1	SATBIR SINGH	PUNJAB	69.48 M NMR
2	S B MISHRA	MAHARASHTRA	67.26 M
3	YOSUF KHAN	BIHAR	65.44 M
4	SATBIR SINGH	HARYANA	65.06 M
5	LAHAN KAUSHAL	ASSAM	62.66 M
6	M S BAJWA	CHANDIGARH	61.54 M

MEN

Event : HAMMER THROW

Pos	Athletes Name	Unit / State	Perf
1	RAJESH BHARDWAJ	DELHI	62.90 M
2	OM PRAKASH	DELHI	62.90 M
3	WARAICH J S	GUJARAT	61.10 M
4	RAKESH K PATHAK	BIHAR	59.22 M
5	ANOOP SINGH YADAV	UTTAR PRADESH	59.12 M
6	SUBASH SHARMA	MADHYA PRADESH	48.92 M

MEN

Event : DECATHLON

Pos	Athletes Name	Unit / State	Perf
1	A K SINGH	UTTAR PRADESH	6243 POINTS
2	SUKHJINDER SINGH	PUNJAB	6094 POINTS
3	HARMOHAN MATHEW	DELHI	6002 POINTS
4	GAMDOOR SINGH	PUNJAB	5681 POINTS
5	RAJURAJAN SINGH	BIHAR	5225 POINTS
6	K B POONACHA	TAMIL NADU	4887 POINTS

WOMEN

Event : 100 M

Pos	Athletes Name	Unit / State	Perf
1	ZENAI AYRTON	MAHARASHTRA	11.7 S
2	RACHITA PANDA	ORISSA	11.8 S
3	P V LEENA	TAMIL NADU	12.2 S
4	DEY LAKSHMI	WEST BENGAL	12.3 S
5	DEEPA K R	KERALA	12.4 S
6	SUNITHA K K	KERALA	12.4 S

WOMEN

Event : 200 M

Pos	Athletes Name	Unit / State	Perf
1	ZENAI AYRTON	MAHARASHTRA	23.9 S
2	RACHITA PANDA	ORISSA	24.5 S
3	PUSHPAVATI	ANDHRA PRADESH	24.9 S
4	P V LEENA	TAMIL NADU	25.5 S
5	SUNITHA K K	KERALA	25.8 S
6	FERNANDEZ NANCY	MAHARASHTRA	26.1 S

WOMEN

Event : 400 M

Pos	Athletes Name	Unit / State	Perf
1	PUSHPAVATI	ANDHRA PRADESH	55.8 S
2	ALPHONSA RAYAN	TAMIL NADU	56.0 S
3	BEEN AUGUSTIAN	KERALA	56.5 S
4	FERNANDEZ NANCY	MAHARASHTRA	58.3 S
5	SRIDEVI K R	KARNATAKA	58.5 S
6	BALWINDER KAUR	PUNJAB	1:00.2 S

WOMEN

Event : 800 M

Pos	Athletes Name	Unit / State	Perf
1	ALPHONSA RAYAN	TAMIL NADU	2:09.7 S
2	SURESH BALA	DELHI	2:10.7 S
3	SIKDAR JYOTIR MOYEE	WEST BENGAL	2:12.3 S
4	ATTA RINKU	AAFI	2:14.3 S
5	BIJIMOL K S	KERALA	2:18.9 S
6	MEENA K	WEST BENGAL	2:21.4 S

WOMEN

Event : 3000 M

Pos	Athletes Name	Unit / State	Perf
1	SURESH BALA	DELHI	10:09.1 S
2	SATHYA BHAMA	MAHARASHTRA	10:11.4 S
3	APARANA BHOYAR	MAHARASHTRA	10:14.5 S
4	B S SUJATHA	KARNATAKA	10:20.8 S
5	MAHANTA PARBATI	ORISSA	10:42.3 S
6	C JOSEPHEN	TAMIL NADU	10:54.7 S

WOMEN

Event : 1500 M

Pos	Athletes Name	Unit / State	Perf
1	SURESH BALA	DELHI	4:45.0 S
2	SIKDAR JYOTIR MOYEE	WEST BENGAL	4:45.3 S
3	ATTA RINKU	AAFI	4:45.8 S
4	MEENA K	WEST BENGAL	4:48.5 S
5	APARANA BHOYAR	MAHARASHTRA	4:49.1 S

6	MOLLY CHACKO	KERALA	4:50.7 S
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WOMEN

Event : 10000 M RUN

Pos	Athletes Name	Unit / State	Perf
1	SATHYA BHAMA	MAHARASHTRA	36:50.0 S
2	RIGZEN ANGMO	HIMACHAL PRADESH	37:10.8 S
3	KALAWATI THAKUR	HIMACHAL PRADESH	37:28.0 S
4	JOSEPHEN	AAFI	37:56.2 S
5	RAJSHREE	DELHI	38:09.0 S
6	PRATIMA MOHANTA	ORISSA	39:36.6 S

WOMEN

Event : 100 M HURDLE

Pos	Athletes Name	Unit / State	Perf
1	SADHU KHAN MITA	WEST BENGAL	14.4 S
2	MUJHITHA BEGUM	TAMIL NADU	14.6 S
3	ANCY JOSEPH	KERALA	14.9 S
4	R CHITRA	TAMIL NADU	15.3 S
5	SAROJ LAKRA	BIHAR	15.3 S
6	MOHANTY MILIN	ORISSA	15.6 S

WOMEN

Event : 400 M HURDLE

Pos	Athletes Name	Unit / State	Perf
1	APSARA H G	KARNATAKA	1:01.9 S
2	REGI P MATHEW	KERALA	1:2.6 S
3	N K THERASA	TAMIL NADU	1:03.7 S
4	JOB GINI M T	GOA	1:06.3 S
5	C G SAROJA	KARNATAKA	1:07.0 S
6	SATPATHY MADHU MITTA	ORISSA	1:08.0 S

WOMEN

Event : 4 X 100 M RELAY

Pos	Athletes Name	Unit / State	Perf
1	SMITHA, DEEPA K R, BEENA AUGUSTIAN, SUNITHA K K	KERALA	48.2 S
2	SRIDEVI K R , MALATHI S G. APSARA H G, MRIDULA HAVARE	KARNATAKA	49.0 S
3	P V LEENA, SANDRA SATTUR, MINIMOL KURI KOS, C JAYANTHI	TAMIL NADU	49.1 S
4		MAHARASHTRA	50.2 S
5		BIHAR	50.3 S
6		ORISSA	50.3 S

WOMEN

Event : 10 KM WALK

Pos	Athletes Name	Unit / State	Perf
1	KABITA GARARI	WEST BENGAL	54:51.8 S
2	CHOWDHURY CHITRA	WEST BENGAL	56:48.2 S
3	NANDY POLY	WEST BENGAL	58:45.0 S
4	ASHA SEBASTIAN	KERALA	1::2:09.6 S
5	MINIMOL AUGUSTIAN	KERALA	1::2:54.6 S
6	KOITES TARAMMA	ANDHRA PRADESH	1::5:42.6 S

WOMEN

Event : LONG JUMP

Pos	Athletes Name	Unit / State	Perf
1	VARSHA PATEL	GUJARAT	5.86 M
2	MUJITHA BEGUM	TAMIL NADU	5.79 M
3	SMITHA	KERALA	5.68 M
4	G CHRISTY	AAFI	5.50 M
5	MOHANTY SWARAN	ORISSA	5.38 M
6	D SINGHU	TAMIL NADU	5.37 M

WOMEN

Event : HIGH JUMP

Pos	Athletes Name	Unit / State	Perf
1	N ANGELA LINCY	TAMIL NADU	1.71 M
2	BINDU P S	KERALA	1.61 M
3	N BHAGYA LAKSHMI	TAMIL NADU	1.61 M
4	MARY CELINA PRINCE	AAFI	1.61 M
5	PAUL CHAMELI	WEST BENGAL	1.61 M
6	MANJHLI JAJI	MAHARASHTRA	1.58 M

WOMEN

Event : SHOTP UT

Pos	Athletes Name	Unit / State	Perf
1	AMANDEEP KAUR	PUNJAB	13.50 M
2	MUKTI DAS	WEST BENGAL	13.20 M
3	NEELA BASUMATRY	ASSAM	13.08 M
4	BARALI PRAMILA	ASSAM	12.75 M
5	SHYAMA UTTAR PRADESHADHAYA	BIHAR	12.04 M
6	REETHA RAI	KARNATAKA	11.36 M

WOMEN

Event : DISCUS THROW

Pos	Athletes Name	Unit / State	Perf
1	AMANDEEP KAUR	PUNJAB	41.30 M
2	BALJEET SIDDHU	RAJASTHAN	41.08 M
3	NEELA BASUMATRY	ASSAM	40.18 M

4	HARPREET KAUR	PUNJAB	39.60 M
5	BHARALI PRAMILA	ASSAM	38.50 M
6	GURBARI HEMRAN	BIHAR	37.70 M

WOMEN

Event : JAVELIN

Pos	Athletes Name	Unit / State	Perf
1	RAZIA SHAIKH	GUJARAT	45.18 M
2	GARBARI HEMRAN	BIHAR	44.60 M
3	SUSAMA BEHERA	ORISSA	42.58 M
4	EMELTINA EKKA	BIHAR	38.62 M
5	DEORI RANJHITA	ASSAM	38.40 M

WOMEN

Event : HEPTATHLON

Pos	Athletes Name	Unit / State	Perf
1	K K GEETHA	KARNATAKA	4616 POINTS
2	R CHITRA	TAMIL NADU	4214 POINTS
3	GEETHA MANI K K	KERALA	4034 POINTS
4	PEREIRA LOUELLA	MAHARASHTRA	3965 POINTS
5	ANITHA MASCARNES	KARNATAKA	3874 POINTS

6	MUJITHA BEGUM	TAMIL NADU	3683 POINTS
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WOMEN

Event : 4 X 400 M RELAY

Pos	Athletes Name	Unit / State	Perf
1	GEETHA MANI K K, REGI P MATHEW, BIJIMOL K S, BEENA AUGUSTIAN	KERALA	3:51.9 S
2	S N K THERASA, SHANDY V J, SANDRA SATUR, ANPHONSA RAYAN	TAMIL NADU	3:55.9 S
3	SAROJ LAKRA, SHOBHA KUMARI, EMELDA EKKA, JANE BHIBA JON	BIHAR	D.N.F