

4th NATIONAL ATHLETICS CHAMPIONSHIP 1996-19997

JAN 29th - 30th, 1997

RAVI SHANKAR STADIUM

JABALPUR

Men

**Event : 100 Mtrs**

Pos	Athletes Name	Unit	Perf
1	AMIT SAHA	W.B	10.77
2	MANOJ KUMAR	HAR.	10.91
3	T. SHNADRA MOHAN	PONDICHERRRY	11.14
4	AVINASH MANE	DEL.	11.20
5	JASWINDER SINGH	CHN.	11.27
6	JORAVAR SINGH	CHN.	11.33

**Event : 200 Mtrs**

Pos	Athletes Name	Unit	Perf
1	KULDEEP	HAR.	22.19
2	SUNIL KUMAR	UP	22.66
3	AJAY KASHYAP	UP	22.67
4	JORAVAR SINGH	CHN.	22.74
5	TRILOCHAN SINGH	J&K	23.15
6	MANOJ KUMAR	HAR.	23.17

**Event : 400 Mtrs**

Pos	Athletes Name	Unit	Perf
1	PRABJYOT SINGH	PUN.	48.78
2	J.PREM KUMAR	PONDICHERRY	49.76
3	AJIT NAYAK	MAH.	49.95

4	REGI AUGUSTEEN	KER.	49.95
5	RAMESH YADAV	UP	50.96
6	BIJU THOMAS	MAH.	51.23

**Event : 800 Mtrs**

Pos	Athletes Name	Unit	Perf
1	BAIJU MARANDI	ORISSA	1.55.92
2	AJIT NAYAK	MAH.	1.56.03
3	SUBHASH CHANDRA	PUN.	1.57.42
4	RAJESH	HAR.	1.57.47
5	S. SRINIVAS REDDY	A.P.	1.58.09
6	C.R. MANOJ	KER.	2.01.24

**Event : 1500 Mtrs**

Pos	Athletes Name	Unit	Perf
1	ARUN D'SOUZA	KAR.	4.02.67
2	SUBHASH CHANDRA	PUN.	4.02.89
3	ROBERT MARTIN	M.P.	4.03.94
4	C.R. MANOJ	KER.	4.07.69

**Event : 5000 Mtrs**

Pos	Athletes Name	Unit	Perf
1	HARISH TEWARI	M.P.	14.44.95
2	NITIN PADMARE	MAH.	14.59.86
3	JOSEPH	M.P.	15.17.41
4	BAHADUR SINGH	CHN.	15.25.06
5	RAKESH	HAR.	15.42.00
6	JASWINDER SINGH	PUN.	15.43.25

NMR

**Event : 10000 Mtrs**

Pos	Athletes Name	Unit	Perf	
1	HARISH TEWARI	M.P.	31.29.84	NMR
2	NITIN PADMARE	MAH.	32.09.45	
3	DEVENDRA	DEL.	32.42.88	
4	BHASKAR BHOSALE	MAH.	33.08.65	
5	PRAKASH B.	KAR.	33.28.69	

**Event : 3000 Mtrs STEEPLE CHASE**

Pos	Athletes Name	Unit	Perf
1	HARI PRAKASH	HAR.	9.34.67
2	ARUN D'SOUZA	KAR.	9.34.81
3	S. PATIL	MAH.	9.46.55
4	RAM MURTY	UP	9.54.78
5	RAM CHANDRA PATIL	MAH.	10.09.36
6	AJAY SHARMA	H.P.	10.20.40

**Event : 110 Mtrs HURDLES**

Pos	Athletes Name	Unit	Perf
1	NAVIN FERNANDES	MAH.	15.38
2	S. LIAQUAT	MAH.	15.43
3	BISHWAROOP SINGH	W.B.	15.73
4	JAVA SINGH	HAR.	15.99
5	PRABHAT KUMAR	BHR.	16.79
6	K. VENKETESH	KAR.	16.96

**Event : 400 Mtrs HURDLES**

Pos	Athletes Name	Unit	Perf	
1	SHISH PAL	HAR.	53.74	NMR
2	SANDEEP YADAV	MAH.	55.44	

3	VIKRAM JEET SINGH	CHN.	56.47
4	E.J. SEBESTIAN	KER.	56.70
5	MANOJ K.S.	DEL.	56.81
6	SATPAL SINGH	HAR.	58.10

**Event : 20KM WALK**

Pos	Athletes Name	Unit	Perf	
1	SUDHIR NANDAL	HAR.	1.35.46.7	NMR
2	KULDEEP	HAR.	1.37.42.9	
3	NARESH	DEL.	1.38.27.6	
4	SATWEER SINGH	DEL.	1.41.03.9	
5	SATISH	UP	1.50.53.1	
6	ANAND BHASHKAR	KAR.		

**Event : LONG JUMP**

Pos	Athletes Name	Unit	Perf	
1	AMIT SAHA	W.B.	7.02	NMR
2	SATISH	DEL.	7.08	
3	SIKANDAR SINGH	CHN.	6.97	
4	ANANT P. MADHVAN	KAR.	6.93	
5	RAVINDER SINGH	HAR.	6.91	
6	PRAMOD JACOB	KER.	6.90	

**Event : HIGH JUMP**

Pos	Athletes Name	Unit	Perf
1	SATYA PRAKASH	DEL.	1.95
2	DENIS D'SOUZA	MAH.	1.90
3	JUBY THOMAS	KER.	1.90
4	KULDEEP SINGH	HAR.	1.85

5	MAHENDRA NARVIR	MAH.	1.85
6	BALJIT SINGH	CHN.	1..85

**Event : TRIPLE JUMP**

Pos	Athletes Name	Unit	Perf	
1	RAMESHWAR MURMU	ORISSA	15.10	NMR
2	SHUSHIL GIRI	M.P.	14.77	
3	ROBIN M. VERGHESE	KER.	14.75	
4	JITENDRA PANDEY	DEL.	14.62	
5	GURMEET SINGH	PUN.	14.50	
6	GURSHARAN SINGH	PUN.	14.48	

**Event : POLE VAULT**

Pos	Athletes Name	Unit	Perf	
1	JITENDRA	DEL.	4.40	NNMR
2	ABDUL RASHEED	GUJ.	4.30	
3	SUBHASH YADAV	UP	4.10	
4	MANOJ YADAV	UP	4.00	

**Event : SHOT PUT**

Pos	Athletes Name	Unit	Perf
1	HARDEV SINGH	DEL.	16.36
2	DALJEET SINGH	CHN.	15.50
3	LAKHVINDER ISNGH	HAR.	15.40
4	YOGESH KUMAR	DEL.	14.92
5	PAWAN KUMAR	HAR.	14.34
6	RAJIV KUMAR	PUN.	14.31

**Event : DISCUS THROW**

Pos	Athletes Name	Unit	Perf
1	SURESH YADAV	DEL.	48.14
2	GURPREET SINGH	CHN.	47.80
3	PAWAN KUMAR	HAR.	47.16
4	PRAMOD KUMAR	UP	45.22
5	BRAJESH KUMAR	UP	43.26
6	ARUN KUMAR	MAH.	39.20

**Event : JAVELIN THROW**

Pos	Athletes Name	Unit	Perf	
1	DEEPENDRA	UP	66.86	NMR
2	SUNIL KUMAR	DEL.	65.30	
3	NAVAL SINGH	DEL.	63.90	
4	KRISHNA KUMAR	UP	60.04	
5	RAJESH YADAV	HAR.	59.40	
6	BRAHM DUBEY	MAH.	59.30	

**Event : HAMMER THROW**

Pos	Athletes Name	Unit	Perf	
1	PRAMOD TEWARI	UP	62.50	NMR
2	SATISH	HAR.	60.52	
3	AMARJEET	CHN.	54.12	
4	RUPINDER SINGH	CHN.	53.70	
5	DHARMENDRA SINGH	BHR.	51.78	
6	VINOD KUMAR	UP	50.80	

**Event : DECATHLON**

Pos	Athletes Name	Unit	Perf	
1	PETER THOMAS	GUJ.	5625.00	NMR
2	K. RAMLOO	A.P.	5189.00	

3	BAIJU K.G.	KER.	5090.00
4	DAMODAR REDDY	A.P.	5009.00
5	ROHIT	MAH.	4535.00
6	JEETENDRA	M.P.	4100.00

**Event : 4X100 MTR RELAY**

Pos	Unit	Perf
1	DELHI	43.92
2	KARNATAKA	44.36
3	A.P.	44.62
4	MAHARASHTRA	45.87
5	UP	46.29
6	M.P.	47.46

**Event : 4X400 MTR RELAY**

Pos	Unit	Perf	
1	MAH.	3.21.15	NMR
2	KER.	3.21.23	
3	A.P.	3.25.04	
4	DEL.	3.26.12	
5	UP	3.27.39	
6	KAR.	3.32.34	

**WOMEN**

**Event : 100 Mtrs**

Pos	Athletes Name	Unit	Perf
1	DIENZY LEWIS	MAH.	12.38

2	SARASWATI DEY	W.B.	12.48
3	SUKLA BISWAS	W.B.	12.58
4	SINDHU V.T.	KER.	12.87
5	SANGHUMITRA LINKA	ORISSA	13.20
6	KAREN D'SOUZA	MAH.	13.47

**Event : 200 Mtrs**

Pos	Athletes Name	Unit	Perf
1	PARANJEET KAUR	RAJ.	25.36
2	SUKLA BISWAS	W.B	26.31
3	SINDHU V.T.	KER.	26..58
4	SANTOSH	HAR.	27.19
5	LAXMI SALUNKE	MAH.	27.53

**Event : 400 Mtrs**

Pos	Athletes Name	Unit	Perf
1	PARAMJEET KAUR	RAJ.	55.88
2	LOUSY KURIAN	KER.	58.74
3	SHANTI CLEVER	KAR.	59.05
4	SANDHYA RANI	ORISSA	1.00.86
5	BINA SINGH	UP	1.00.99
6	KALPITA KANVINDE	MAH.	1.01.48

NMR

**Event : 800 Mtrs**

Pos	Athletes Name	Unit	Perf
1	RAJWATI	HAR.	2.19.29
2	KAVITA SHARMA	RAJ.	2.19.80
3	JOLLY A.J.	KER.	2.20.90
4	RASHMI PATING	MAH.	2.22.58
5	KHIRAMANI NAYAK	ORISSA	2.24.11



6	DEEPA PULICKAL	KER.	2.24.99
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**Event : 1500 Mtrs**

Pos	Athletes Name	Unit	Perf
1	ITIKA HALDAR	W.B.	4.45.13
2	VIJAYA SONAVANE	MAH.	4.45.18
3	MADHURI GURNILE	MAH.	4.46.78
4	LAXMI BIDAPA	KAR.	4.48.58
5	KAVITA SHARMA	RAJ.	4.50.24
6	RAJWATI	HAR.	4.58.28

**Event : 3000 Mtrs**

Pos	Athletes Name	Unit	Perf	
1	RANI SAINI	PUN.	10.13.60	NMR
2	VIJAYA SONAVANE	MAH.	10.24.96	
3	ITIKA HALDAR	W.B.	10.34.74	
4	RUPALI CHANDA	W.B.	10.53.58	
5	G. PANGAD JAME	PONDICHERRY	11.27.65	
6	NEETA JAGTAP	MAH.	11..39.16	

**Event : 5000 Mtrs**

Pos	Athletes Name	Unit	Perf	
1	RANI SAINI	PUN.	17.49.95	NMR
2	VIJAYA SONAVANE	MAH.	18.06.91	
3	GEETA	KAR.	18.11.28	
4	MADHURI GURNILE	MAH.	18.17.12	
5	GEETA MANRAL	DEL.	18.47.43	
6	PUSHPA	DEL.	18.55.36	

**Event : 100 Mtrs HURDLES**

Pos	Athletes Name	Unit	Perf
1	SWARANLATA PARIDA	RAJ.	15.36
2	MANJARI HARIP	W.B.	15.56
3	CHANDRA KANTA	KER.	15.79
4	DIPTI VAIDYA	HAR.	16.55
5	BALJEET KAUR	MAH.	17.63
6	EVA NUTAN LAL	M.P.	18.10

**Event : 400 Mtrs HURDLES**

Pos	Athletes Name	Unit	Perf
1	ARTI RAI	M.P.	1.03.61
2	BABITA	PUNJAB	1.09.05
3	UPYA LAXMI	A.P.	1.10.35
4	BANI DIKTA LINKE	ORISSA	1.11.38
5	REETA GUPTA	M.P.	1.19.74
6	KAMINI J.	MAH.	1.21.25

**Event : 10000MTR WALK**

Pos	Athletes Name	Unit	Perf
1	PARAMJEET KAUR	PUN.	54.58.1
2	JASMIN	CHN.	56.25.2
3	AMARPREET KAUR	PUN.	58.54.7
4	SOMA BHATTACHARYA	W.B.	1.01.38
5	REENA	HAR.	1.06.22
6	U.S. VINUTHA	KAR.	1.18.54

NMR

**Event : LONG JUMP**

Pos	Athletes Name	Unit	Perf
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1	TAPSI	W.B.	6.01	NMR
2	BINDU	KER.	5.65	
3	REKHA K.V.	KER.	5.57	
4	LAKSHMI	MAH.	5.16	
5	SANTOSH	HAR.	5.04	
6	DEEPTI	MAH.	4.91	

**Event : HIGH JUMP**

Pos	Athletes Name	Unit	Perf	NMR
1	SRIKALA	KER.	1.65	
2	MANJARI HARIP	MAH.	1.60	

**Event : TRIPLE JUMP**

Pos	Athletes Name	Unit	Perf	NMR
1	TAPASI BARUA	W.B.	11.85	
2	SWARANLATA	ORISSA	11.35	
3	JEEJA	KAR.	11.31	
4	DEEPTI VAIDYA	MAH.	10.87	
5	DEEP SHARMA	PUN.	10.87	
6	RUPINDER KAUR	PUN.	10.71	

**Event : SHOT PUT**

Pos	Athletes Name	Unit	Perf
1	SUGAN YADAV	HAR.	12.68
2	ARCHANA	ASSAM	11.95
3	POONAM	HAR.	10.27
4	EISSY T.P.	KER.	10.03
5	K. DUTTA	W.B.	9.92
6	PANCHALI	MAH.	9.40

**Event : DISCUS THROW**

Pos	Athletes Name	Unit	Perf	NMR
1	SUGAN YADAV	HAR.	49.62	
2	KAKALI DUTTA	W.B.	37.18	
3	MANGESH RATAN	UP	34.38	
4	EISSY T.P.	KER.	32.46	
5	SAROVER PATEL	M.P.	31.64	
6	D. KAVITA	A.P.	30.32	

**Event : JAVELIN THROW**

Pos	Athletes Name	Unit	Perf
1	TILLU GOGOI	ASSAM	41.90
2	D.K. PUSPWATHI	KAR.	41.16
3	MANISHA MONDAL	W.B.	38.00
4	D. PUNYAWATI	A.P.	35.74
5	CHANDANI	M.P.	33.70
6	PANCHALI	MAH.	30.40

**Event : HAMMER THROW**

Pos	Athletes Name	Unit	Perf	NMR
1	ALKA PANDEY	UP	39.76	
2	MANGESH RATAN	UP	37.34	
3	C. SUKANYA	A.P.	34.40	
4	PHOOL WATI	DEL.	34.20	
5	DAISY MOLE	KER.	31.90	
6	SARVAR PATEL	M.P.	30.50	

**Event : HEPTATHLON**

Pos	Athletes Name	Unit	Perf
1	MANJIRI HARIP	MAH.	3892.00
2	ASHIK BEEVI P.H.	KER.	3511.00
3	MADHURI	M.P.	2539.00
4	RUBY USMANI	M.P.	1929.00

**Event : 4X100 MTR RELAY**

Pos	Unit	Perf
1	KERAL	49.74
2	WEST BENGAL	51.27
3	MAHARASHTRA	52.10
4	ORISSA	54.20

**Event : 4X400 MTR RELAY**

Pos	Unit	Perf
1	KERAL	4.00.97
2	ORISSA	4.02.31
3	MAHARASHTRA	4.02.79
4	HARYANA	4.13.81

## CHAMPIONSHIP

INDIVIDUAL	MEN	AMIT SAHA	10 POINTS
		HARISH TEWARI	10 POINTS

<b>WOMEN</b>	VIJAYA SONVANE	15 POINTS
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<b>TEAM</b>	<b>MEN</b>	DELHI	74 POINTS
		HARYANA	70 POINTS
		MAHARASHTRA	67 POINTS

<b>WOMEN</b>	MAHARASHTRA	75 POINTS
	WEST BENGAL	61 POINTS
	KERALA	60 POINTS

<b>OVERALL</b>	MAHARASHTRA	142 POINTS
	HARYANA	106 POINTS