

**4th NATIONAL GAMES  
31st MAY - 11th JUNE, 1997  
BANGALORE**

**Men**

**Event : 100 Mtrs**

Pos	Athletes Name	Unit	Perf	
1	AMIT KHANNA	DEL.	10.54	NNR & NGR
2	ANIL KUMAR	SERVICES	10.74	
3	MANOJ KUMAR	MAH.	10.84	
4	G. BALASUBRAMANIAN	T.N.	11.06	
5	S. MOHAN	PONDY.	11.08	
6	AMIT SAHA	W.B.	11.14	

**Event : 200 Mtrs**

Pos	Athletes Name	Unit	Perf	
1	AMIT KHANNA	DEL.	21.40	NGR
2	ANIL KUMAR	SER.	21.53	
3	PARAMJIT SINGH	PUN.	21.78	
4	MANOJ KUMAR	HAR.	21.89	
5	AJIT KUMAR	KAR.	22.10	
6	S. BASAK	MAH.	22.14	

**Event : 400 Mtrs**

Pos	Athletes Name	Unit	Perf	
1	PARAMJIT SINGH	PUN.	46.97	NMR
2	SIDHARTA BASAK	MAH.	47.63	
3	LIZO DAVID	KER.	47.73	

4	DINSH RAWAT	DEL.	47.96
5	SANJEEV PRACHAN	ORI.	48.31
6	AVTAR SINGH	PUN.	48.44

**Event : 800 Mtrs**

Pos	Athletes Name	Unit	Perf
1	A. MATHEW	KER.	1.51.74
2	AVTAR SINGH	PUN.	1.51.88
3	VELAYUDHAN	T.N.	1.53.18
4	GIRISON	SER.	1.53.61
5	DIWAN SINGH	SER.	1.54.22
6	BAIJU MARANDI	ORI	1.56.51

**Event : 1500 Mtrs**

Pos	Athletes Name	Unit	Perf
1	BAHADUR PRASAD	DEL.	3.50.34
2	SATISH KUMAR	SER.	3.50.42
3	JAI RATHNA SINGH	BIH.	3.55.21
4	KULWANT RAI	PUN.	4.00.77
5	VARINDAR SINGH	DEL.	4.02.85
6	SARAJUDDIN A	T.N.	4.03.45

**Event : 5000 Mtrs**

Pos	Athletes Name	Unit	Perf
1	K. SHANKAR	T.N.	14.40.61
2	GULAB CHAND	DEL.	14.40.90
3	B.S. LENE	BIH.	14.45.09
4	AMRISH KUMAR	SER.	14.51.79
5	RIDMAL SINGH	SER.	14.58.84
6	SHIVANAND	KAR.	14.59.66

**Event : 10000 Mtrs**

Pos	Athletes Name	Unit	Perf
1	K. SHANKAR	T.N.	30.22.20
2	B.S. LONE	BIH.	30.27.76
3	AMANESH KUMAR	SER.	30.39.16
4	SHESHA MANI	SER.	31.33.75
5	SANJEEVA NAIR	MAH.	32.36.86
6	W JOY KUMAR	MANI.	32.50.63

**Event : 3000 Mtrs STEEPLE CHASE**

Pos	Athletes Name	Unit	Perf
1	B. SINGH	SER.	9.08.35
2	A. D'SOUZA	KAR.	9.09.07
3	SARAVAN KUMAR	RAJ.	9.13.95
4	N. ISNGH	SER.	9.14.16
5	RAMESH KUMAR YADAV	UP	9.39.22
6	H. PRAKASH	HAR.	10.18.13

**Event : 110 Mtrs HURDLES**

Pos	Athletes Name	Unit	Perf
1	HARISH KHUSALAPPA	KAR.	14.77
2	LINESH PATHAK	MAH.	14.88
3	SAHIB SINGH H.	PUN.	14.98
4	YESUDAS	KAR.	14.93
5	JHONSON SLIVA	T.N.	14.97
6	UGMA RAM	SER.	15.09

**Event : 400 Mtrs HURDLES**

Pos	Athletes Name	Unit	Perf
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1	MANJINDER M. PAL SINGH	PUN.	52.89
2	SUBHASH PATIL	MAH.	53.74
3	SAHIB SINGH	PUN.	53.95
4	K. SRINIVASA RAO	A.P.	54.06
5	RAVINDRA S. MAHAMUNI	MAH.	55.28
6	M. KULKARNI	KAR.	55.60

**Event : MARATHON**

Pos	Athletes Name	Unit	Perf
1	ABHEY SINGH	SER.	2.34.04
2	SATPAL SINGH	MAH.	2.37.14
3	SUGAR SINGH	SER.	2.40.06
4	KEHAR PAL SINGH	DEL.	2.42.09
5	PRABHU K. K.	KAR.	2.51.32
6	ARVIND KUMAR	T.N.	2.56.55

**Event : 20KM WALK**

Pos	Athletes Name	Unit	Perf	
1	GURUDEEP SINGH	SER.	1.34.29	NMR
2	AMRIT SINGH	SER.	1.35.25	
3	GURUDEV SINGH	T.N.	1.36.23	
4	SUDHIR NANDAL	HAR.	1.38.04	
5	K. DEVENDRA SINGH	MAN.	1.42.10	
6	M. SHANKAR	T.N.	1.42.40	

**Event : 50KM WALK**

Pos	Athletes Name	Unit	Perf
1	SANTHOSH	KAR.	4.28.26
2	ASHOK KUMAR	SER.	4.32.41
3	KRISHANAN SINGH	T.N.	4.34.03

4	RAMKARAN SINGH	SER.	4.37.06
5	SATBIR	HAR.	4.51.52
6	ANGRUDHA	M.P.	5.18.09

**Event : LONG JUMP**

Pos	Athletes Name	Unit	Perf
1	SANJEEVAN	SER.	7.70
2	VINOD B.S.	KER.	7.49
3	SANJOY RAI	W.B.	7.46
4	SADASHIVAM M.B.	KER.	7.42
5	D. SANJEEV KUMAR	BIH.	737.00
6	BIJO JOSEPH	T.N.	7.36

**Event : HIGH JUMP**

Pos	Athletes Name	Unit	Perf	
1	NAGENDRA PRASAD	KAR.	2.11	NGR
2	SANTHOSH KUMAR	KER.	2.06	
3	SUNIL KUMAR AZAD	ORI.	2.06	
4	MADAN SINGH	HAR.	2.06	
5	LESUE DIAS	MAH.	2.03	
6	UMED SINGH	SER.	2.03	

**Event : TRIPLE JUMP**

Pos	Athletes Name	Unit	Perf
1	SNAJAY RAI	W.B.	15.81
2	B.S. VINOD	KER.	15.25
3	JITENDER PANDEY	HAR.	15.08
4	BALJIT SINGH	PUN.	14.98
5	I RAJESH	T.N.	14.87
6	JAISON	T.N.	14.75

**Event : POLE VAULT**

Pos	Athletes Name	Unit	Perf
1	PRABHJOT SINGH	HER.	4.60
2	M.A. ELDO	KER.	4.50
3	V.R. BABY	KER.	4.50
4	GURUJANT SINGH	HAR.	4.40
	SATPAL SAINI	BIH.	4.30
6	TAMILARSAN	T.N.	4.30

**Event : SHOT PUT**

Pos	Athletes Name	Unit	Perf	
1	SHAKTHI SINGH	HAR.	16.36	NGR
2	YOGESH KUMAR	DEL.	15.50	
3	MANJIT SINGH	PUN.	15.40	
4	AVTAR SINGH	PUN.	14.92	
5	GURU DEV SINGH	CHN.	14.34	
6	BHUPINDER SINGH	DEL.	14.31	

**Event : DISCUS THROW**

Pos	Athletes Name	Unit	Perf	
1	SHAKTHI SINGH	HAR.	58.56	NGR
2	AJIT BHADURIA	BIH.	57.14	
3	ANIL KUMAR	HAR.	56.86	
4	HRIDYANAND	DEL.	54.76	
5	DAVINDER SINGH	PUN.	54.68	
6	RAHUL KUMAR	UP	49.50	

**Event : JAVELIN THROW**

Pos	Athletes Name	Unit	Perf
1	SATBIR SINGH	PUN.	73.70
2	DALICET SINGH	DEL.	73.62
3	OM PRAKASH	DEL.	71.30
4	DAVINDER ISNGH	M.P.	69.08
5	JAGDISH VASHNOI	PUN.	68.58
6	HERMINDER SINGH	CHN.	66.98

**Event : HAMMER THROW**

Pos	Athletes Name	Unit	Perf
1	VARINDER PUNIA	DEL.	63.02
2	PRAMOOD TIWARI	UP	62.98
3	BHUPINDER SINGH	PUN.	61.86
4	S.K. TOMAR	BIH.	59.60
5	RAKESH HARI PRASAD	BIH.	58.34
6	SATISH SINGH	HAR.	55.72

**Event : DECATHLON**

Pos	Athletes Name	Unit	Perf
1	RAJESH YADAV	DEL.	6435.00
2	BHOOP SINGH	SER.	6374.00
3	R. MATHEW	KER.	6164.00
4	H. SINGH	PUN.	6110.00
5	ANTONY K.G.	KER.	4906.00

**Event : 4X400 MTR RELAY**

Pos	Athletes Name	Unit	Perf
1	RAKESH PAUL PERIRA, P. RAMACHANDRAN, B. BAIJU, P.H. ABDULLA	KERALA	3.09.82

NGR

2	MANJINDER PAUL SINGH, AVTAR SINGH, PARAMJIT SINGH, PROBJOT SINGH	PUNJAB	3.11.92
3	JOHNSON SELVAKUMAR D., S. KAMARAJ, K MURALIDASS, C. VELAYUDHAN	TAMIL NADU	3.15.34
4		SERVICES	3.15.26
5		ORISSA	3.16.74
6		KARNATAKA	3.16.96

**Event : 4X100 MTR RELAY**

Pos	Unit	Perf
1	DELHI	41.42
2	SERVICES	41.52
3	TAMIL NADU	41.74
4	KERALA	42.42
5	PUNJAB	42.50
6	WEST BENGAL	42.62

**WOMEN**

**Event : 100 Mtrs**

Pos	Athletes Name	Unit	Perf
1	RACHITA MISTRY	MAH.	11.86
2	V. PANDESHWARI	T.N.	11.88
3	E.B. SHYLA	KAR.	11.89
4	P.T. USHA	KER.	11.98
5	VINITA TRIPATHI	DEL.	12.13



6	SARASWATHY DEV	W.B.	12.16
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**Event : 200 Mtrs**

Pos	Athletes Name	Unit	Perf
1	PANDESHWARI	T.N.	24.06
2	E.B. SHYLA	KAR.	24.09
3	VINITHA TRIPATHI	DEL.	24.40
4	P.T. USHA	KER.	24.44
5	SARASWATHI DEV	W.B.	25.01
6	T. LAVANYA	A.P.	25.13
7	BEENA AUGUSTINE	KER.	DNF
8	PARAMJIT KAUR	RAJ.	DNF

**Event : 400 Mtrs**

Pos	Athletes Name	Unit	Perf
1	ROSA KUTTY	KAR.	53.24
2	JYOTHIRMOYSIKHDAR	DEL.	53.58
3	K.M. BEENA MOL	KER.	55.29
4	D. VANAJA	DEL.	55.85
5	E.B. SHYLA	KAR.	56.63
6	PARAMJIT KAUR	RAJ.	56.95

**Event : 800 Mtrs**

Pos	Athletes Name	Unit	Perf
1	ROSA KUTTY	KAR.	2.03.08
2	JYOTIRMAI SIKDAR	DEL.	2.08.04
3	BEENA MOL	KER.	2.10.74
4	VANAJ	DEL.	2.15.06
5	M. ROY	M.P.	2.17.85
6	SONAL BIMANI	GUJ.	2.22.21

NMR

**Event : 1500 Mtrs**

Pos	Athletes Name	Unit	Perf	
1	ROSA KUTTY	KAR.	4.30.33	NGR
2	MADHURI A. SINGH	PUN.	4.14.46	
3	VAISHALI F.A.	MAH.	4.26.54	
4	DAYAMANI I.	DEL.	4.38.27	
5	MANJULA	KAR.	4.52.04	

**Event : 5000 Mtrs**

Pos	Athletes Name	Unit	Perf
1	MADHURI A. SINGH	PUN.	17.23.17
2	M.A. MOLLY	MAH.	17.35.61
3	L. ARUNA DEVI	MAN.	18.06.39
4	GEETA MANSUR	UP	18.22.77
5	BHAGYASREE BILE	MAH.	18.51.12
6	JABA DAM	ORI.	19.09.41

**Event : 10000 Mtrs**

Pos	Athletes Name	Unit	Perf
1	MADHURI A. SINGH	PUN.	37.36.02
2	NEELAM RAI	CHN.	37.55.27
3	L. ARUNA DEVI	MAN.	38.07.92
4	GEETA MANRAL	UP	38.16.60
5	G. PANGADJAME	PONDY.	40.36.09
6	K. JAYALAKSHMI	T.N.	42.57.22

**Event : 100 Mtrs HURDLES**

Pos	Athletes Name	Unit	Perf	
1	M.K. ASHA	KAR.	13.83	NMR
2	D. BOSE	W.B.	13.88	
3	POONAM BELLIAPPA	DEL.	14.17	
4	B.N. SUMAVATHI	KAR.	14.36	
5	C. MATHEWS	KER.	14.51	
6	A. BISWAS	ORI.	14.71	

**Event : 400 Mtrs HURDLES**

Pos	Athletes Name	Unit	Perf
1	M.K. ASHA	KAR.	58.46
2	SHAHABARI ORAM	ORI.	59.58
3	DEBI BOSE	W.B.	59.76
4	ARTI ROY	M.P.	1.03.35
5	SAVITA	PUN.	1.04.14
6	ANCY E.A.	W.B.	1.04.35

**Event : 10KM WALK**

Pos	Athletes Name	Unit	Perf
1	PARAMJEET KAUR (JR)	PUN.	54.00.00
2	JASMINE	CHN.	54.08.50
3	JEJI JOSE	KER.	54.12.00
4	K.M. RANIBALA DEVI	MAN.	54.42.20
5	RUPABHOMNICK	W.B.	60.07.40
6	MARY SURYAKUMARI	T.N.	65.45.20

**Event : MARATHON**

Pos	Athletes Name	Unit	Perf
1	HARSHADA JOSHI	MAH.	3.18.42
2	PUTTAMMA	KAR.	3.47.32

3	RAGINI KAUR	UP	3.50.06
4	RAMURANI	KAR.	4.32.49

**Event : LONG JUMP**

Pos	Athletes Name	Unit	Perf	
1	LEKHA THOMAS	KER.	6.24	NMR
2	ANJU K. MARKOSE	KER.	5.99	
3	TAPASI BAUR	W.B.	5.92	
4	ANUSUYA C. ROY	T.N.	5.58	
5	J.N. SHOBHA	KAR.	5.51	
6	E.L. JULIE	KAR.	5.51	

**Event : HIGH JUMP**

Pos	Athletes Name	Unit	Perf	
1	JAICY THOMAS	KAR.	1.79	NGR
2	JAYANTHI	T.N.	1.76	
3	B. ALOYSIUA	KER.	1.73	
4	SREEKALA	KER.	1.70	
5	A. LINCY	T.N.	1.70	
6	SUKHDEEP KAUR	PUN.	1.70	

**Event : TRIPLE JUMP**

Pos	Athletes Name	Unit	Perf
1	LEKHA THOMAS	KER.	13.08
2	ANJU K. MARKOSE	KER.	12.84
3	ANASUYA C. ROY	T.N.	12.37
4	G.G. PRAMEELA	KAR.	12.11
5	SHILPA SEQUERA	KAR.	11.55

**Event : SHOT PUT**

Pos	Athletes Name	Unit	Perf	
1	HERBANS KAUR	PUN.	16.37	NNR
2	AMANDEEP KAUR	PUN.	16.37	
3	HARPEET KAUR	HAR.	15.39	
4	CHAITALI DEV	W.B.	13.73	
5	PRAMILA BHARALI	ASSAM	11.66	

**Event : DISCUS THROW**

Pos	Athletes Name	Unit	Perf	
1	NEELAM J. SINGH	PUN.	53.78	NNR
2	HARJEET KAUR	PUN.	51.38	
3	SWARANJEET KAUR	HAR.	50.78	
4	SUGUN YADAV	HAR.	47.70	
5	PRAMILA HARALI	ASSAM	45.66	
6	MANMEET BAINS	CHN.	39.70	

**Event : JAVELIN THROW**

Pos	Athletes Name	Unit	Perf	
1	GURUMEET KAUR	DEL.	49.68	NMR
2	SUSUMA BEHERE	ORI.	44.26	
3	V. VENKATARATNA	MAH.	43.54	
4	GURUBARI HEABREN	BIH.	42.68	
5	HEMALATHA N.M.	KAR.	42.38	
6	PUSHPAVATHI	KAR.	41.10	

**Event : HAMMER THROW**

Pos	Athletes Name	Unit	Perf
1	SWARANDIRJET KAUR	PUN.	51.30
2	K. JEBESHWARI	MAN.	49.62

3	D. PADMA	T.N.	40.36
4	HERBANS KAUR	PUN.	40.26
5	SURESH	DEL.	39.58
6	C.V. MANJULA	T.N.	38.70