

Best & Co
A.A.F.I. DOMESTIC ATHLETIC CIRCUIT 3
NOVEMBER 15-17 , 1993
DELHI

Women

Event : 100 Mtrs

Pos	BIB	Athletes Name	Unit	Perf
1	415	E.B. SHYLA	KAR	11.89 S
2	413	RACHITA PANDA	ORI	12.11 S
3	434	ZENIA ARYTON	MAH	12.12 S
4	417	BEENA AUGUSTINE	KER	12.14 S
5	364	LEKHA THOMAS	KER	12.41 S
6	361	K.K. SUMITA	T N	12.45 S
7	359	P.V. LEENA	TN	12.45 S

Event : 200 Mtr

Pos	BIB	Athletes Name	Unit	Perf
1	416	K. SARAMMA	RLY	23.80 S
2	415	E.B. SHYLA	KAR	24.18 S
3	417	BEENA AUGUSTINE	KER	24.58 S
4	356	SANDRA SATTUR	TN	25.77 S
5	443	PARAMJIT KAUR	PUN	25.88 S

Event : 400 Mtrs

Pos	BIB	Athletes Name	Unit	Perf
1	416	K. SARMMMA	RLYS	53.49 S
2	420	SHINY WILSON	FCI	54.20 S
3	423	H.G. APSARA	KAR	54.71 S

4	422	SYLVINA PAIS	KAR	55.18 S
5	418	DHANALAXMI	AP	55.71 S
6	442	BEENAMOL K.M.	KER	55.88 S

Event : 800 Mtrs

Pos	BIB	Athletes Name	Unit	Perf
1	420	SHINY WILSON	FCI	2:04.86 S
2	425	K. ROSA KUTTY	TN	2:05.11 S
3	424	J. SIKDHAR	RLYS	2:08.13 S
4	460	MINIMOL PHILLIPS	GUJ	2:09.14 S
5	442	K.M. BEENAMOL	KER	2:09.58 S
6	426	K.S. BIJIMOL	FCI	2:10.56 S

Event : 3000 Mtrs

Pos	BIB	Athletes Name	Unit	Perf
1	427	MOLLY CHACKO	RLYS	9:16.67 S
2	179	PROTIMA BHANDARI	UP	9:32.40 S
3	296	MADHURI SAXENA	UP	9:42.78 S
4	412	DAXAYANI ASUTI	KAR	9:49.92 S

Event : 10000 Mtrs

Pos	BIB	Athletes Name	Unit	Perf
1	101	CHITRA DHILLON	RLYS	53:52.3 S
2	102	RUPA BHOWMIC	WB	1:00:45.6 S

Event : 400 Mtrs HURDLES

Pos	BIB	Athletes Name	Unit	Perf
1	422	SYLVANIA PAIS	KAR	58.58 S
2	423	H.G. APSARA	KAR	59.05 S

3	372	M.K. ASHA	KAR	59.14 S
4	370	KAMLA B. SIDDI	KAR	1:05.20 S
5	408	JASPREET BAJWA	PUN	1:20.21 S
6	402	AJITHA MADHAVAN	KER	1:20.32 S

Event : LONG JUMP

Pos	BIB	Athletes Name	Unit	Perf
1	364	LEKHA THOMAS	KER	5.94 M
2	350	TAPSI BAUR	WB	5.91 M
3	267	HAZEL D' CUNHA	LIC	5.70 M
4	358	G. CHRISTY	TN	5.60 M
5	360	ANCY PHILLIP	TN	5.60 M
6	365	BOBY ALOYSIUS	KER	5.57 M
7	351	RINA DEBNATH	WB	5.51 M

Event : HIGH JUMP

Pos	BIB	Athletes Name	Unit	Perf
1	365	BOBY ALOYSIUS	KER	1.71 M
2	355	ANGELA LINCY	TN	1.68 M
3	368	P.S. BINDU	KER	1.65 M

Event : DISCUSS THROW

Pos	BIB	Athletes Name	Unit	Perf
1	387	AMANDEEP KAUR	PUN	45.90 m
2	389	HARJEET KAUR	PUN	45.18 m
3	409	PORMILA BHARALI	ASM	44.80 m
4	405	SWARANJIT KAUR	PUN	43.80 m
	388	NEELAM J. SINGH	RLY	43.24 m

Event : SHOT PUT

Pos	BIB	Athletes Name	Unit	Perf	
1	387	AMANDEEP KAUR	PUN	14.92 M	NR
2	403	HARBANS KAUR	RLYS	13.72 M	
3	483	CHETNA	MAH	13.50 M	
4	471	MUKTI DASS	RLYS	12.75 M	
5	392	HARPREET KAUR	PUN	12.52 M	
6	410	NEELA BASUMATRI	ASS	12.50 M	

Men**Event : 100 Mtrs**

Pos	BIB	Athletes Name	Unit	Perf
1	208	S. ROBERTS	SSCB	10.87 S
2	137	R. BHARDWAJ	TN	10.91 S
3	300	VIKRAM SINGH	DELHI	10.96 S
4	270	GURVINDER SINGH	PUN	10.97 S
5	301	AMIT KHANNA	DELHI	11.03 S
6	308	T.C. JAMES	RSCB	11.04 S
7	138	M.S. SHREEDHARAN	TN	11.05 S
8	271	SHANE NYSS	BIH	11.09 S

Event : 200 Mtrs

Pos	BIB	Athletes Name	Unit	Perf
1	208	S. ROBERTS	TN	21.74 S
2	147	JAYACHANDRAN	TN	21.87 S
3	232	ANAND NATRAJAN	TN	21.90 S
4	138	SRIDHARAN M.S.	TN	21.98 S
5	207	LIKONEL JONES	KAR	22.08 S
6	103	JAYANTA ROY	WB	22.12 S
7	271	SHYNE NYSS	WB	25.01 S

Event : 400 Mtrs

Pos	BIB	Athletes Name	Unit	Perf
1	233	JATA SHANKAR	DEL	47.49 S
2	234	P.I. SEBASTIAN	BIHAR	47.79 S
3	236	D.K. MALAVIYA	GUJ	47.94 S
4	235	NARSI RAM	RLYS	48.53 S
5	152	HOMIYAR MISTRY	MAH	48.59 S
6	237	AVTAR SINGH	PUN	49.06 S
7	131	SAJI THOMAS	KER	49.41 S
8	202	B.P. IYYAPPA	KAR	51.64 S

Event : 800 Mtrs

Pos	BIB	Athletes Name	Unit	Perf
1	237	AVTAR SINGH	SSCB	1:49.98 S
2	256	JASWANT SINGH	PUN	1:50.00 S
3	164	DIWAN SINGH	SSCB	1:52.01 S
4	165	JAIRATH SINGH	SSCB	1:52.06 S
5	166	B. GREESHAN	SSCB	1:52.82 S
6	112	L.M. MOHANTA	BIH	1:53.87 S

Event : 1500 Mtrs

Pos	BIB	Athletes Name	Unit	Perf
1	243	BHADUR PRASAD	RLYS	3:42.31 S
2	242	RAM NIWAS	RLYS	3:46.30 S
3	216	SATISH KUMAR	SSCB	3:47.72 S
4	241	RANJIT SINGH	POL	3:49.05 S
5	277	VIKRAM SINGH	RLYS	3:49.72 S
6	113	AMANDEEP SINGH	BIH	3:49.85 S
7	482	RAHUL SHOKEEN	DEL	3:49.88 S

8	302	VIRENDER SINGH	DEL	3:55.26 S
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Event : 5000 Mtrs

Pos	BIB	Athletes Name	Unit	Perf
1	243	BAHADUR PRASHAD	RLYS	14:07.88 S
2	146	SHANKER	TN	14:13.61 S
3	245	GULAB CHAND	RLYS	14:24.88 S
4	309	RAJVIR SINGH	RAJ	14:25.57 S
5	279	BHUPINDER TYAGI	DEL	14:40.73 S
6	171	SUBASH	SSCB	14:42.69 S
7	293	JAI KISHAN	DEL	14:50.91 S
8	142	MD. SHERIF	TN	15:04.12 S

Event : 10000 Mtrs

Pos	BIB	Athletes Name	Unit	Perf
1	150	KAILASH MANE	MAH	29:58.40 S
2	309	RAJVEER SINGH	RAJ	29:58.71 S
3	170	PRAHLAD	SSCB	30:07.14 S
4	146	SHANKER	TN	30:18.74 S
5	310	SATENDER SINGH	RAJ	30:33.87 S
6	171	SUBASH CHANDER	SSCB	30:42.84 S
7	244	DINESH KUMAR	SNC	30:54.62 S
8	214	SUBASH CHANDER	SSCB	31:13.60 S

Event : Shot Put

Pos	BIB	Athletes Name	Unit	Perf
1	256	MANJIT SINGH	PUN	17.18 M
2	257	SATKARAN SINGH	RLY	16.99 M

3	269	JASPAL SINGH	DEL	16.88 M
4	447	AVTAR SINGH	PUN	16.74 M
5	254	SHAKTI SINGH	POL	16.39 M
6	295	BABU MATHEW	KER	16.38 M
7	29	JAGBIR SINGH	HARA	16.12 M
8	334	GURPREET SINGH	PUN	15.78 M

Event : Discus Throw

Pos	BIB	Athletes Name	Unit	Perf
1	254	SHAKTI SINGH	POL	54.86 M
2	253	AJIT BADHURIA	BIH	54.68 M
3	252	BAHADUR SINGH	POL	52.80 M
4	291	RAJIV KUMAR	DEL	50.30 M

Event : Hammer Throw

Pos	BIB	Athletes Name	Unit	Perf
1	263	J.S. WARAICH	GUJ	63.68 M
2	262	RAJESH BHARDWAJ		63.08 M
3		NARESH CHAUDHARY	DEL	58.88 M

Event : JAVELIN Throw

Pos	BIB	Athletes Name	Unit	Perf
1	261	SATBIR SINGH	PUN	73.60 M
2	260	DALJIT SINGH	PUN	73.58 M
3	292	VINOD KUMAR	DEL	66.40 M
4	259	BALRAJ SINGH	PUN	65.94 M

5	227	ROOP LAL	SSCB	63.96 M
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Event : LONG JUMP

Pos	BIB	Athletes Name	Unit	Perf
1	135	M.P. SADASIVAN	KER	7.49 M
2	264	SHYAM KUMAR	KER	7.42 M
3	180	C. KUNJUMON	POL	7.29 M
4	314	ANU KUMAR	UP	7.26 M
5	285	BIDHAN MARANDI	BIH	7.13 M
6	129	BIJU JOSEPH	KER	7.06 M
7	134	SIBI THOMAS	KER	7.01 M
8	149	ELANGO VAN	TN	6.90 M

Event : TRIPLE JUMP

Pos	BIB	Athletes Name	Unit	Perf
1	121	PREM CHAND SINGH	BIH	15.47 M
2	120	RAJINDER SINGH	BIH	15.22 M
3	127	ROBERT BOBBY GEORGE	KER	15.06 M
4	128	MUJIB REHMAN	KER	14.92 M
5	287	NAVREET SINGH	DEL	14.80 M
6	143	THANGAVELU	TN	14.80 M
7	478	PALTU SAHA	WB	14.54 M

Event : HIGH JUMP

Pos	BIB	Athletes Name	Unit	Perf
1	265	CHANDER PAL	RLYS	2.15 M

2	224	BUPIAH KM	SSCB	2.05 M
3	283	VIKAS SHEORAN	HAR	2.00 M
4	181	JOHN V.T.	POL	2.00 M
5	303	DESH DEEPAK	DEL	1.95 M
6	335	SATYA PRAKASH	DEL	1.95 M

Event : POLE VAULT

Pos	BIB	Athletes Name	Unit	Perf
1	288	PRABHJYOT SINGH	DEL	4.80 M
2	477	VIJAY PAL SINGH	DEL	4.50 M
3	177	RAJ KUMAR	SSCB	4.30 M
4	288	RONEL DUARAH	ASM	4.10 M
5	229	A.K. SINGH	SSCB	4.00 M

Event : 4X100 M RELAY

Pos	BIB	Athletes Name	Unit	Perf
1	208	S. ROBERTSS	SSCB	41.60 S
2	138	M.S. SHREEDHARAN	RLYS	
3	300	VIKRAM	DEL	
4	137	R. BHARDWAJ	TN	