

Best & Co
A.A.F.I. DOMESTIC ATHLETIC CIRCUIT
8TH NOVEMBER 1993
BOMBAY

Women

Event : 100 Mtrs

Pos	Athletes Name	Unit	Perf
1	K. SARAMMA	RSCB	11.6 S
2	ZENIA ARYTON	MAH	11.6 S
3	RACHITA PANDA	RSCB	11.9 S
4	K.K. SUMITA		12.2 S
5	RENU MEHTA	POLICE	12.6 S
6	P.V. LEENA	T N	12.8 S

Event : 400 Mtrs

Pos	Athletes Name	Unit	Perf
1	K. SARAMMA	RSCB	53.9 S
2	H.G. APSARA	LIC	54.7 S
3	SYLVINA PAIS	LIC	55.3 S
4	DHANALAXMI	AP	55.4 S
5	ALPHANSA RAJAN		57.2 S
6	PARAMJIT KAUR	RAJ	58.5 S

Event : 800 Mtrs

Pos	Athletes Name	Unit	Perf
1	ROSSY KUTTY	FCI	2:06.3 S
2	J. SIKDHAR	RSCB	2:07.8 S
3	MINIMOL PHILLIPS	RSCB	2:08.1 S
4	K.S. BIJIMOL	KER	2:09.3 S
5	MANJEET KAUR	PUN	2:16.3 S

6	RINKU ATTA	WB	2:17.3 S
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Event : 3000 Mtrs

Pos	Athletes Name	Unit	Perf
1	MOLY CHACKO	KER	9:30.0 S
2	MADHURI SAXENA	P&T	9:58.6 S
3	APURVA BHOYAR	MAH	9:59.9 S

Event : 400 Mtrs HURDLES

Pos	Athletes Name	Unit	Perf
1	SYLVIA PAIS	LIC	58.8 S
2	H.G. APSARA	LIC	60.9 S
3	JASPREET BAJWA	PUN	61.1 S
4	ANITA MADHAVAN	KER	61.6 S
5	KAMLA SIDHI	POLICE	62.2 S
6	V.K. SINDHU	RSCB	65.4 S

Event : LONG JUMP

Pos	Athletes Name	Unit	Perf
1	K.K. GEETHA	RSCB	5.67 M
2	HAZEL D' CUNHA	MAHARASHTRA	5.60 M
3	G. CHRISTY	RSCB	5.41M
4	POONAM	PORTS	5.25 M

Men

Event : 100 Mtrs

Pos	Athletes Name	Unit	Perf
1	S. ROBERTS	SSCB	10.3 S
2	M.S.	TN	10.5 S
3	S. BHARDWAJ	TN	10.7 S
4	AMIT KHANNA	DELHI	11.0 S
5	LINOL H.J.	KAR	11.3 S
6	JERRY DAVIS	T N	11.6 S

Event : 400 Mtrs

Pos	Athletes Name	Unit	Perf
1	P.I. SEBASSTIAN	BIHAR	47.4 S
2	D.K. MALAVIJA	GUJ	47.9 S
3	HOMIYAR MISTRY	MAH	48.2 S
4	NARSI RAM	RSCB	48.5 S
5	JATA SHANKAR	DEL	49.0 S
6	RAJEEV GUPTA	RSCB	49.6 S

Event : 800 Mtrs

Pos	Athletes Name	Unit	Perf
1	AVTAR SINGH	SSCB	1:49.9 S
2	DEWAN SINGH	SSCB	1:50.5 S
3	JAIRATH SINGH	SSCB	1:51.0 S
4	JOSSEY MATHEW	T.N.	1:53.8 S
5	JNANESHWAR	MANIPUR	1:55.7 S
6	BHUPINDER SINGH	SSCB	1:58.5 S

Event : 1500 Mtrs

Pos	Athletes Name	Unit	Perf
1	BHADUR PRASAD	RSCB	3:43.7 S
2	RAM NIOWAS	RSCB	3:48.9 S

3	RANJITH SINGH	POLICE	3:50.1 S
4	NARENDRA SINGH	SSCB	3:51.0 S
5	VEERANDRA		3:57.3 S
6	SATISH KUMAR	SSCB	3:57.7 S

Event : 5000 Mtrs

Pos	Athletes Name	Unit	Perf
1	BAHADUR	RSCB	14:05.1 S
2	K. SHANKAR	LIC	14:20.8 S
3	GULAB CHAND	SRCB	14:31.6 S
4	NARENDAR SINGH	SSCB	14:49.4 S
5	SANJEEV KUMAR		15:03.2 S
6	REEDMEAL SINGH		15:06.2 S

Event : Shot Put

Pos	Athletes Name	Unit	Perf
1	AVTAR SINGH	POLICE	17.83 M
2	MANJIT SINGH	POLICE	17.75 M
3	SHAKTI SINGH	POLICE	17.04 M
4	JAGBIR SINGH	HARA	16.42 M
5	BABU MATHEW	POLICE	16.37 M
6	BHUPINDER SINGH	POLICE	15.77 M

Event : Discus Throw

Pos	Athletes Name	Unit	Perf
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1	A. BHADHURIA	HESB	56.12 M
2	SHAKTI SINGH	POLICE	55.28 M
3	BAHADUR SINGH	POLICE	53.62 M
4	RAJIV KUMAR	TISCO	49.20 M
5	KISHAN KUMAR	SSCB	43.36 M

Event : Hammer Throw

Pos	Athletes Name	Unit	Perf
1	RAJESH	HESB	64.94 M
2	J.S. WARAICH	GUJ	62.62 M

Event : JAVELIN Throw

Pos	Athletes Name	Unit	Perf
1	SATBIR SINGH	POLICE	69.48 M
2	DALJIT SINGH	POLICE	68.62 M
3	BALRAJ SINGH	SSCB	67.90 M
4	VINOD KUMAR		63.02 M