

**Best & Co**  
**AAFI 3RD**  
**AAFI 3RD DOMESTIC CIRCUIT MEET**  
**1994**

**Women**

**Event : 100 Mtrs GROUP 1**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	103	E.B. SHYLA	FCI	11.8 S
2	104	K. SARAMMA	RLY	11.9 S
3	105	K.K. SUNITHA	TN	12.0 S
4	106	BINA AUGUSTINE	RLY	12.1 S
5	107	V. JAYALAKSHMI	TN	12.2 S
6	111	P. V. LEENA	TN	12.3 S
7	110	SUKHLA BISWAS	WB	12.7S
8	109	FEROZE KHATUN	WB	12.7 S

**Event : 400 Mtrs**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	119	SHINY WILSON	FCI	53.7 S
2	108	SLYVINA PAIS	LIC	54.3 S
3	104	K. SARAMMA	RLY	55.1 S
4	118	P.T. USHA	RLY	55.2 S
5	120	H.G. APSARA	LIC	56.4 S
6	890	K.K. GEETHA	RLY	57.0 S
7	125	KAMALA SIDDI	KAR	57.8 S
8	124	PARAMJIT KAUR		58.0 S

**Event : 1500 Mtr**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
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1	127	ROSA KUTTY	RLY	4:27.1 S
2	126	JYOTHIRMOY SIKDAR	RLY	4:38.5 S
3	135	SURBALI HANSDA	BIH	4:45.0 S
4	131	MINIMOL PHILIPS	RLY	4:45.7 S
5	134	KHIRMANI NAIK	ORI	4:55.0 S
6	140	LINTHONI GAMBI	MANI	5:03.2 S
7				

**Event : 5000 Mtr**

Pos	BIB	Athletes Name	Unit	Perf
1	128	MOLLY CHACKO	RLY	16:57.3 s
2	136	L. LEELAMMA	RLY	17:14.4 s
3	130	PRATHINA DHANDARY	DEL	17:22.1 s
4	129	KAMLESH	HP	17:29.0 s
5	137	REENA DAS	WB	18:06.7 s
6	139	SATYABHANA	RLY	18:31.6 s
7	139	SHELJI JOSEPH	KER	19:04.5 s

**MEN**

**Event : 400 Mtr**

Pos	BIB	Athletes Name	Unit	Perf
1	164	JATA SHANKAR	POL	47.6 S
2	159	PARAMJEETH SINGH	POL	47.6 S
3	162	P.I. SEBASTIAN	HESB	47.8 S
4	165	RAJIV BALAKRISHAN	MAH	48.1 S
5	160	D.K. MALAVIYA	GUJ	48.1 S
6	161	B.P.AIYAPPA	KAR	48.7 S
7	163	BENEDICT EKKA	ORI	49.2 S
8	190	AVATAR SINGH	SSCB	49.4 S

**Event : SHOT PUT**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	144	SHAKTI SINGH	POL	18.60 M
2	199	BHUPINDER SINGH	PUN	17.21 M
3	197	JAGBIR SINGH	HAR	17.01M
4	198	BABU MATHEW	KER	16.48 M
5	196	GURUPREETHSINGH	PUN	15.93 M
6	200	PRITHAM SINGH	HAR	14.88 M

**Event : 1500 Mtr**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	153	RAJVIR SINGH	UP	3:52.4 S
2	149	RANJITH SINGH	SSCB	3:52.9 S
3	150	SUKHWANTH SINGH	SSCB	3:53.6 S
4	151	VARINDER SINGH	DEL	3:56.1 S
5	155	VIKRAM SINGH	HAR	3:56.3 S
6	152	AMANDEEP SINGH	BIH	3:58.8 S
7	156	SANJAY GAUND	BIH	4:03.4 S
8	157	NARENDER SINGH	SSCB	4:04.6 S

**Event : 1000 Mtrs**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	210	K. SHANKAR	TN/LIC	30:10.7 S
2	207	ANIL KUMAR	HESB	30:21.5 S
3	203	MADAN SINGH	POL	30:26.0 S
4	204	BHAIRON SINGH LONE	BIH	31:11.1 S

**Event : 800 Mtr**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	167	DIWAN SINGH	SSCB	1:51.4 S
2	188	R.P. PATEL	POL	1:52.0 S
3	192	K.J. JOISAN	KER	1:53.4 S
4	250	HIDASAN	KER	1:53.8 S
5	195	DEVENDER RAM	PUN	1:57.6 S
6	194	JOSE K. MATHEW	KER	2:00.4 S

**Event : Discus Throw**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	144	SHAKTI SINGH	POL	60.84 M
2	980	AJITH BAHADURIA	SPSB	60.30 M
3	148	RAJIV KUMAR	DEL	53.42 M
4	147	V.K. SINGH	MP	47.20 M
5	145	ANIL KUMAR	HAR	46.20 M
6	143	VIPIN KUMAR	RLY	43.46 M

**Event : JAVELIN THROW**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	182	SATVIR SINGH	POL	67.88 M
2	181	VINOT KUMAR	SPSB	67.58 M
3	185	TENNY VERGHESE	KER	66.48 M
4	186	MALKIAT SINGH	ELEC	65.58 M

5	180	JAGJIT SINGH	HAR	64.22 M
6	183	RAMESHWAR SINGH	POL	61.60 M
7	184	HARMINDER SINGH	PUNE	60.18 M
8	179	SURESH KUMAR	PUNE	59.98 M

**Event : 4X400 Mtr RELAY**

Pos	Athletes Name	Unit	Perf
1	RAJIV BALAKRISHNAN		
	PARAMJIT SINGH	SENIOR TEAM	3:13.0 S
	D.K. MALAVIYA		
	SEBASTIN		
2	AMEETH KHANNA		
	NARSI RAM	JUNIOR TEAM	3:25.6 S
	BP IYYAPPA		
	B. EKKA		
3	PT USHA		
	HG APSARO	WOMEN TEAM	3:43.6 S
	SYLVANIA PAIS		
	SHINY WILSON		