

Best & Co
AAFI 5th
DOMESTIC CIRCUIT MEET
3rd &4th SEPTEMBER1994
GURU NANAK STADIUM , LUDHIANA

Event : 100 Mtr JUNIOR MEN RACE A

Pos	BIB	Athletes Name	Perf
1	2	VINU VIZAYAN	11.02 S
2	1	MANOJ KUMAR	11.07 S
3	115	OOMMEN THOMAS	11.12 S
4	3	PRASHANT	11.13 S
5	113	FAROOQ ALI	11.35 S
6	114	T. SIVABALAN	11.63 S

Event : 100 Mtrs JUNIOR MEN RACE B

Pos	BIB	Athletes Name	Perf
1	116	VIKRAM SINGH	10.81 S
2	117	GURVINDER SINGH	11.14 S
3	156		11.21 S
4	145	DEEPAK SWAMY	11.30 S

Event : 100 Mtrs WOMEN RACE A

Pos	BIB	Athletes Name	Perf
1	126	RACHI THE PANDA	11.57 S
2	130	E.B. SHYLA	11.94 S
3	131	K.SOLAIMATHI	12.16 S
4	129	BEENA AUGUSTINE	12.36 S
5	140	P.V. LEENA	12.79 S
6	143	MAMTA GODGRA	13.27 S

Event : 100Mtr JUNIOR WOMEN RACE B

Pos	BIB	Athletes Name	Perf
1	144	T. LAVANYA	12.43 S
2	134	POONAM BALLYAPPA	12.64 S
3	143	MAMTA DOGRA	12.68 S
4	136	PARAMJIT KAUR	12.68 S
5	132	TRIPTI NAIK	12.81 S
6	135	VINOD R. SIDDI	12.84 S
7	137	ANURADHA BISWAL	12.85 S
8	133	T.V. VIJAYANTHIMALA	12.86 S

Event : 400 Mtr JUNIOR WOMEN

Pos	BIB	Athletes Name	Perf
1	32	BEENAMOL	55.84 S
2	85	B. VANAJA	56.45 S
3	83	SUMAVATHY	56.48 S
4	86	MANDEEP KAUR	56.84 S
5	84	JYOTSANA PRADHAN	57.12 S
6	87	M.K. ASHA	57.44 S
7	139	KAMLA SIDDHI	57.69 S
8	131	K.SOLAIMATHI	57.83 S

Event : 400Mtr SENIOR WOMEN RACE A

Pos	BIB	Athletes Name	Perf
1	78	K. SARAMMA	53.93 S
2	80	SYLVANIA PAIS	55.22 S
3	81	H.G. APSARA	56.36 S

4	144	T. LAVANYA	57.85 S
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Event : 400 Mtrs SENIOR MEN

Pos	BIB	Athletes Name	Perf
1	10	PARAMJIT SINGH	47.45 S
2	14	NARSI RAM	48.09 S
3	8	P.I.SEBASTIAN	48.15 S
4	6	SIDDARTH BASAK	48.19 S
5	16	AVTAR SINGH	48.54 S
6	9	AMARJEET SINGH	50.03 S

Event : 400 Mtr JUNIOR MEN

Pos	BIB	Athletes Name	Perf
1	12	HOMIYAR MISTRY	49.01 S
2	118	SANJAY PRADHAN	49.73 S
3	18	RAJESH KUMAR	50.07 S
4	20	MILAN BAG	50.38 S
5	119	CV. VINOD	50.57 S
6	19	J.PREM KUMAR	51.73 S

Event : 5000 Mtrs WOMEN

Pos	BIB	Athletes Name	Perf
1	95	L. LEELAMMA	17:15.7 S
2	7	RANI SAINI	17:47.7 S
3	101	GURBARI BEHERA	18:00.7 S
4	102	MILA NAIK	18:20.0 S
5	103	ARUNA DEVI	18:45.6 S

Event : 1000 Mtr MEN

Pos	BIB	Athletes Name	Perf
1	40	K. SHANKER	30:35.82 S
2		B.S. LONEY	30:41.60 S
3	41	MANDAN SINGH	31:03.12 S
4	44	SANJEEV KUMAR	31:36.86 S
5	155	SATPAL	31:45.92 S
6	49	BALA SAHEB	32:15.59 S

Event : JAVELIN THROW MEN

Pos	BIB	Athletes Name	Perf
1	51	SATVIR SINGH	68.86 M
2	53	VINOD KUMAR	67.06 M
3	56	HARMINDER SINGH	64.74 M
4	54	TINY VERGESE	63.34 M
5	148	MALKIAT SINGH	60.12 M

Event : SHOT PUT MEN

Pos	BIB	Athletes Name	Perf
1	59	AVTAR SINGH	18.14 M
2	58	MANJIT SINGH	17.88 M
3	61	JAGBIR SINGH	16.81 M
4	60	BHUPINDER SINGH	16.80 M
5	63	BABU MATHEW	16.72 M
6		GURPRIT SINGH	16.29 M
7	64	PERITAM SINGH	15.55 M

Event : 1500 Mtr SENIOR MEN

Pos	BIB	Athletes Name	Perf
1	31	RANJIT SINGH	3:49.51 S
2	33	MALKIAT SINGH	3:50.85 S
3	34	VIKRAM SINGH	3:52.52 S
4	32	SUKHWANT SINGH	3:54.22 S
5	37	RAJBEER SINGH	3:55.64 S
6	36	VIRENDER SSINGH	3:59.49 S
7	35	P.C. JUSTIN	3:59.65 S
8	120	SATISH	4:06.55 S

Event : HAMMER THROW SENIOR AND JUNIOR MEN

Pos	BIB	Athletes Name	Unit	Perf
1	74	JASWINDER SINGH	PUNJAB	65.52 M
2	111	RAJESH BHARDWAJ	BIH	64.38 M
3	72	SHUBHDEEP SINGH	PUNJAB	62.56 M
4	73	PROMOD KUMAR TIWARI	U.P.	60.18 M
5	122	VIRINDER SINGH	RAJASTHAN	58.88 M

Event : 800Mtr men

Pos	BIB	Athletes Name	Perf
1	16	AVTAR SINGH	1:49.23 S
2	23	JOSSEY MATHEW	1:50.30 S
3	27	B. GIRISHAN	1:52.58 S
4	26	L.M. MAHONTA	1:55.95 S

5	30	JAYRATH	2:00.64 S
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Event : 3000 Mtr WOMEN

Pos	BIB	Athletes Name	Unit	Perf
1	97	KAMLESH	HIM	10:08.55 S
2	146	RADAMANI	MANI	10:12.91 S
3	98	RINA DAS	RLY	10:20.90 S
4	94	DAMAN THI	RAJ	10:31.09 S
5	103	ARUNA DEVI	MANI	11:02.89 S

Event : 4X100 Mtr RELAY WOMEN

Pos	BIB	Athletes Name	Unit	Perf
1	113	S. BASAK		
	114	SEBASTIN	junior men	3:13.5 S
	2	BUNA		
	115	THOMIS		
2	129	B. AUGUSTINE		
	126	RICHITA	WOMEN	45.59 S
	78	SARMMA		
	130	SHYLA		
3	144	LAVANYA		
	131	SOLAMATHI	JUNIOR WOMEN	47.64 S
	134	POONAM		
	136	PARAMJIT		

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