

## ASIAN TRACK & FIELD MEET

DELHI 1989

### MEN

#### SHOT PUT MEN FINAL

POSITION	NAME	COUNTRY	PERFORMANCE
1	BALWINDER SINGH	INDIA	18.16 Mtr

#### DISCUS THROW MEN FINAL

POSITION	NAME	COUNTRY	PERFORMANCE
3	SHAKTI SINGH	INDIA	55.60 Mtr

#### HAMMER THROW MEN FINAL

POSITION	NAME	COUNTRY	PERFORMANCE
4	R.S BAL	INDIA	64.54 Mtr

#### 20KM WALK MEN FINAL

POSITION	NAME	COUNTRY	PERFORMANCE
3	BALDER SINGH	INDIA	1:35.52 Sec

### WOMEN

#### SHOT PUT WOMEN FINAL

POSITION	NAME	COUNTRY	PERFORMANCE
5	RAJWINDER KAUR	INDIA	13.71 Mtr
6	AMANDEEP KAUR	INDIA	13.57 Mtr

#### DISCUS THROW WOMEN FINAL

POSITION	NAME	COUNTRY	PERFORMANCE
5	NEELAM KUMARI	INDIA	42.96 Mtr
6	HARPREET KAUR	INDIA	41.96 Mtr