

FEDERATION CUP ATHLETIC MEET 1996
05-07 SEPTEMBER 1996

WOMEN

Event : JAVELIN THROW

Pos	BIB	Athletes Name	Unit	Perf
1	20	GURMEET KAUR	DELHI	49.80 M
2	16	SUSHMA BEHARA	ORISSA	47.02 M
3	70	VARDHA VENKATRATNA	MAHARASHTRA	37.12 M
4	254	MANJIRI HARIP	MAHARASHTRA	36.84 M
5	72	PANCHALI TATKE	MAHARASHTRA	26.06 M
6	241	C V MANJULA	TAMIL NADU	25.16 M

MEN

Event : SHOT PUT

Pos	BIB	Athletes Name	Unit	Perf
1	207	BAHADUR SINGH	PUNJAB POLICE	17.96 M
2	208	MANJIT SINGH	PUNJAB POLICE	16.82 M
3	998	GURUDEV SINGH	PUNJAB	16.80 M
4	144	BALDIP SINGH	B S F	14.28 M
5	860	MAHESH SHINDE	MAHARASHTRA	13.64 M

MEN

Event : 100 M

Pos	BIB	Athletes Name	Unit	Perf
1	186	AMIT KHANNA	DELHI	10.5 S
2	385	P ARNOLD	TAMIL NADU	10.7 S
3	880	CHISTI BASHA	AP	10.8 S
4	476	VINU VIJAYAN	TELCO	11.0 S
5	265	C BHALASUBRAMANIA N	INDIAN BANK	11.1 S
6	384	KALAISELVAN	TAMIL NADU	11.2 S

WOMEN

Event : 800 M

Pos	BIB	Athletes Name	Unit	Perf
1	47	ROSA KUTTY	KARNATAKA	2:07.6 S
2	57	M A MOLLY	MAHARASHTRA	2:13.4 S
3	208	INDERJIT KAUR	PUNJAB POLICE	2:15.3 S
4	232	SANAN THAGAM	TAMIL NADU	2:19.8 S

WOMEN

Event : 100 M

Pos	BIB	Athletes Name	Unit	Perf
1	14	P T USHA	KERALA	11.5 S
2	34	E B SHAILA	KARNATAKA	11.6 S
3	2	LEKHA THOMAS	KERALA	11.7 S
4	226	PANDESHWARI	TAMIL NADU	12.0 S
5	35	VASANTHI	KARNATAKA	12.5 S
6	250	G SANTHI	TAMIL NADU	12.8 S

MEN

Event : 5000 M

Pos	BIB	Athletes Name	Unit	Perf
1	974	GULAB CHANU	UTTAR PRADESH	14:39.7 S
2	478	B S LONE	TELCO	14:41.0 S
3	742	SANJIV NAIR	MAHARASHTRA	14:41.1 S
4	441	SHIVANANDA	KARNATAKA	14:41.2 S
5	964	P DUTTA	C R P F	14:41.3 S
6	747	SATISH KUMAR	TAMIL NADU	14:41.4 S

WOMEN

Event : 5000 M

Pos	BIB	Athletes Name	Unit	Perf
1	95	SUNIA RANI	JR CAMP	17:04.1 S
2	96	MADHURI SAXENA	UTTAR PRADESH	17:55.0 S
3	58	BHAGYESHREE BILE	MAHARASHTRA	17:55.1 S
4	224	SHELJI JOSEPH	MAHARASHTRA	17:55.2 S
5	23	U GUNAVATHY	INDIAN BANK	17:55.3 S
6	77	JOAQUINHA DAS	GOA	17:55.4 S

MEN

Event : 800 M

Pos	BIB	Athletes Name	Unit	Perf
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1	211	ANIL MATHEW	GUJRAT	1:53.0 S
2	177	ANIL KUMAR MINZ	ORISSA	1:53.3 S
3	629	AJIT NAIK	MAHARASHTRA	1:53.9 S
4	113	KULWANT RAI	PUNJAB POLICE	1:54.2 S
5	200	P C JESTINE	GUJARAT	1:54.4 S
6	991	S VINOD	MADHYA PRADESH	1:56.9 S

MEN

Event : 20 KM WALK

Pos	BIB	Athletes Name	Unit	Perf
1	875	MANGLEMBA	GOA	1::37:18.7 S
2	1411	SANTOSH	TAMIL NADU	1::38:09.5 S
3	361	GURUDEV SINGH	PUNJAB POLICE	1::42:16.7 S
4	987	OMARAM	RAJASTHAN	1::46:45.2 S
5	172	MATHEW MANJERI	KERALA	1::48:13.5 S
6	970	SABANAIALA	KARNATAKA	1::54:31.3 S

WOMEN

Event : 10 KM WALK

Pos	BIB	Athletes Name	Unit	Perf
1	12	ASHA SABESTIAN	KERALA	55:39.5 S
2	13	JOJI JOSE	KERALA	55:58.6 S
3	99	SHIKHA SARKAR	MAHARASHTRA	61:17.2 S

MEN

Event : LONG JUMP

Pos	BIB	Athletes Name	Unit	Perf
1	132	S I C KUNJUMAN	B S F	7.25 M
2	791	JERRY DEVIS	TAMIL NADU	7.25 M
3	967	ROBERT BOBBY GEORGE	KARNATAKA	6.93 M
4	905	P NISHANT	AP	6.84 M
5	381	P KANNAN	INDIAN BANK	6.75 M
6	800	NITIN KOLI	MAHARASHTRA	6.75 M

WOMEN

Event : HIGH JUMP

Pos	BIB	Athletes Name	Unit	Perf
1	27	S JAYANTHI	INDIAN BANK	1.75 M
2	235	BOBY A	TAMIL NADU	1.70 M
3	66	J J MANJALI	MAHARASHTRA	1.65 M
4	41	J C THOMAS	KARNATAKA	1.65 M
5	218	PARAMJIT KAUR	PUNJAB POLICE	1.65 M
6	254	MANJIRI HARIP	MAHARASHTRA	1.60 M

MEN

Event : POLE VAULT

Pos	BIB	Athletes Name	Unit	Perf
1	908	M A ELDO	TAMIL NADU	4.60 M
2	480	SATPAL	TELCO	4.50 M
3	1408	BAJRANGI PRASAD	UTTAR PRADESH UTTAR PRADESH	4.30 M
4	1409	SUBHASH CHANDRA		4.10 M

MEN

Event : HAMMER THROW

Pos	BIB	Athletes Name	Unit	Perf
1	983	VIRENDRA S PUNIA	RAJASTHAN	62.50 M
2	881	S S MANN	TAMIL NADU	60.80 M
3	1410	PRAMOD TIWARI	UTTAR PRADESH	59.66
4	359	GURBINDERJIT SINGH	PUNJAB POLICE	58.70 M
5	952	PRADIP KUMAR	C R P F	58.30 M
6	951	SATISH SUHAG	C R P F	57.62 M

WOMEN

Event : 100 M HURDLE

Pos	BIB	Athletes Name	Unit	Perf
1	37	SUMAVATHI	KARNATAKA	14.0 S
2	17	ANURADHA BISWAL	ORISSA	14.5 S
3	22	SANGEETA S KUMAR	INDIAN BANK	14.7 S
4	204	DIPINDER KAUR	PUNJAB POLICE	14.9 S
5	18	SWARANLATA PARIDA	ORISSA	15.2 S
6	254	MANJIRI HARIP	MAHARASHTRA	15.9 S

MEN

Event : 110 M HURDLE

Pos	BIB	Athletes Name	Unit	Perf
1	136	SAHIB SINGH	PUNJAB POLICE	14.5 S
2	194	ASHOK	DELHI	14.8 S
3	435	HARISH C K	KARNATAKA	14.9 S
4	880	CHISTI BASHA	AP	15.1 S
5	266	T SIVABALAN	INDIAN BANK	15.2 S
6	137	JASPINDER SINGH	PUNJAB POLICE	15.7 S

WOMEN

Event : 400 M

Pos	BIB	Athletes Name	Unit	Perf
1	14	P T USHA	KERALA	53.3 S
2	47	ROSA KUTTY	KARNATAKA	54.9 S
3	34	E B SHYLA	KARNATAKA	56.4 S
4	232	SANAM THAGAM	TAMIL NADU	60.1 S
5	56	SHILPA MANKANI	MAHARASHTRA	62.7 S
6	55	MANJIRI BHATE	MAHARASHTRA	62.8 S

MEN

Event : 400 M

Pos	BIB	Athletes Name	Unit	Perf
1	946	PARANJIT SINGH	C R P F	47.3 S
2	166	L D THOTTAN	KERALA	48.2 S
3	167	ABDULLA P H	KERALA	48.9 S
4	175	SANJAY PRADHAN	ORISSA	49.1 S

5	105	AMRIK SINGH	PUNJAB POLICE	50.0 S
6	104	JASWINDER SINGH	PUNJAB POLICE	50.2 S

MEN

Event : 3000 M STEEPLE CHASE

Pos	BIB	Athletes Name	Unit	Perf
1	924	RAMPAL JHAT	RAJASTHAN	9:03.6 S
2	1417	KULWANT	TAMIL NADU	9:08.1 S
3	962	AMRITPAL SINGH	C R P F	9:16.0 S
4	436	SANJAY	KARNATAKA	9:18.6 S
5	973	NARENDRA SINGH	UTTAR PRADESH	9:18.9 S
6	189	RAHUL SHOKEEN	DELHI	9:40.9 S

WOMEN

Event : LONG JUMP

Pos	BIB	Athletes Name	Unit	Perf
1	6	ANJU MARKOSE	KERALA	6.13 M
2	2	LEKHA THOMAS	KERALA	6.11 M
3	235	BOBY A	TAMIL NADU	5.98 M
4	234	ANCY PHILIPS	TAMIL NADU	5.60 M
5	26	ANUSAYA C ROY	INDIAN BANK	5.60 M
6	41	J C THOMAS	KARNATAKA	5.40 M

MEN

Event : JAVELIN

Pos	BIB	Athletes Name	Unit	Perf
1	341	DALJIT SINGH	PUNJAB POLICE	70.82 M
2	982	JAGDISH SINGH	RAJASTHAN	67.70 M
3	1407	DIPINDER KUMAR	UTTAR PRADESH	66.98 M
4	981	OM PRAKASH DUDI	RAJASTHAN	66.06 M
5	933	TINY VARGHESE	TAMIL NADU	64.76 M
6	342	RAMANDIP SINGH	PUNJAB POLICE	64.68 M

MEN

Event : HIGH JUMP

Pos	BIB	Athletes Name	Unit	Perf
1	126	H C MANAO SINGH	B S F	2.05 M
2	1418	UMED	TAMIL NADU	1.95 M
3	125	S I JOHN K T	B S F	1.95 M
4	955	LANGA MARANDI	C R P F	1.95 M
5	822	LESLIE DAS	MAHARASHTRA	1.90 M
6	849	MAHINDRE NARVEER	MAHARASHTRA	1.90 M

MEN

Event : 4 X 100 M RELAY

Pos	BIB	Unit	Perf
1	H	TAMIL NADU	41.7 S
2	B	DELHI	42.6 S
3	D	KARNATAKA	42.8 S
4	G	PUNJAB POLICE	43.1 S
5	A	B S F	43.2 S

6	I	CRPF	43.4 S
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WOMEN

Event : 4 X 100 M RELAY

Pos	BIB	Unit	Perf
1	J	KARNATAKA	47.4 S
2	O	KERALA	49.0 S
3	L	TAMIL NADU	49.4 S
4	N	PUNJAB POLICE	51.4 S
5	K	MAHARASHTRA	54.2 S

WOMEN

Event : DISCUS

Pos	BIB	Athletes Name	Unit	Perf
1	97	NILAM V SINGH	PUNJAB POLICE	48.16 M
2	239	TROMILA	TAMIL NADU	45.98 M
3	98	HARJIT KAUR	PUNJAB POLICE	45.08 M
4	223	SWARANJIT KAUR	PUNJAB POLICE	44.72 M
5	222	SURENDERJIT KAUR	PUNJAB POLICE	44.42 M
6	241	C V MANJULA	TAMIL NADU	34.84 M

MEN

Event : 10000 M RUN

Pos	BIB	Athletes Name	Unit	Perf
1	931	REDEMAL	RAJASTHAN	30:21.5 S

2	478	B S LONE	TELCO	30:23.7 S
3	972	N G SINGH	JR NAT CAMP	30:32.4 S
4	974	GULAB CHAND	UTTAR PRADESH	30:43.9 S
5	115	S I MANU	B S F	30:47.9 S
6	135	S P SINGH	PUNJAB POLICE	30:50.4 S

WOMEN

Event : 10000 M RUN

Pos	BIB	Athletes Name	Unit	Perf
1	59	L LEELAMMA	MAHARASHTRA	36:13.1 S
2	60	V SATYABIAMA	MAHARASHTRA	38:17.4 S
3	23	U GUNAVANTHY	INDIAN BANK	41:04.9 S
4	77	JAQUINHA DIAS	GOA	44:14.3 S

WOMEN

Event : HAMMER

Pos	BIB	Athletes Name	Unit	Perf
1	222	SURENDERJIT KAUR	PUNJAB POLICE	49.88 M
2	248	K JEBESHOI DEVI	TAMIL NADU	44.46 M
3	241	C V MANJULA	TAMIL NADU	37.10 M
4	70	VARDHA VENKATRATNA	MAHARASHTRA	24.14 M
5	72	PANCHALI TATKE	MAHARASHTRA	18.58 M

WOMEN

Event : 400 M HURDLE

Pos	BIB	Athletes Name	Unit	Perf
1	40	SAROJA	KARNATAKA	61.9 S
2	227	ARATI ROY	PUNJAB POLICE	62.8 S
3	22	SANGEETA S KUMAR	INDIAN BANK	64.3 S
4	214	RUPINDER KAUR	PUNJAB POLICE	67.3 S

MEN**Event : 400 M HURDLE**

Pos	BIB	Athletes Name	Unit	Perf
1	136	SAHIB SINGH	PUNJAB POLICE	51.8 S
2	138	MANJINDER SINGH	PUNJAB POLICE	52.4 S
3	883	BALA MURGAN	TAMIL NADU	53.0 S
4	1424	PURUSHOTAM	TAMIL NADU	53.8 S
5	976	RAJINDER SINGH	PUNJAB	54.5 S
6	123	C T JAYARAJAN	B S F	54.8 S

MEN**Event : 200 M**

Pos	BIB	Athletes Name	Unit	Perf
1	186	AMIT KHANNA	DELHI	21.6 S
2	388	JAYCHANDRAN	TAMIL NADU	21.8 S
3	48	KAMALJIT SINGH	PUNJAB POLICE	22.0 S
4	434	AJIT KUMAR	KARNATAKA	22.1 S
5	390	VENKATESH BABU	TAMIL NADU	22.3 S
6	192	D RAWAT	DELHI	22.7 S

WOMEN

Event : TRIPLE JUMP

Pos	BIB	Athletes Name	Unit	Perf
1	2	LEKHA THOMAS	KERALA	13.26 M
2	6	ANJU MARKOSE	KERALA	12.87 M
3	235	BOBY A	TAMIL NADU	12.83 M
4	26	ANUSAYA G ROY	INDIAN BANK	12.31 M
5	234	ANCY PHILIPS	TAMIL NADU	11.62 M

WOMEN

Event : 200 M

Pos	BIB	Athletes Name	Unit	Perf
1	14	P T USHA	KERALA	23.3 S
2	34	E B SHYLA	KARNATAKA	23.8 S
3	226	PANDESHWARI	TAMIL NADU	24.5 S
4	35	VASANTHI	KARNATAKA	25.1 S
5	250	G SANTHI	TAMIL NADU	26.0 S
6	206	SEEMA	PUNJAB POLICE	26.4 S

WOMEN

Event : SHOT PUT

Pos	BIB	Athletes Name	Unit	Perf
1	237	H KAUR	TAMIL NADU	15.05 M
2	221	HARPRIT AUR	PUNJAB POLICE	14.73 M
3	222	SURENDERJIT KAUR	PUNJAB POLICE	13.27 M
4	239	TROMILA	TAMIL NADU	13.19 M

MEN

Event : DISCUS THROW

Pos	BIB	Athletes Name	Unit	Perf
1	486	ANIL KUMAR	TELCO	53.92 M
2	547	D K ROY	BIHAR	51.46 M
3	548	HIRDAYANAND SINGH	BIHAR	51.22 M
4	318	DAVINDER SINGH	PUNJAB POLICE	50.32 M
5	319	UPKAR SINGH	PUNJAB POLICE	49.06 M
6	146	KULDEEP SINGH	B S F	44.26 M

MEN

Event : 1500 M

Pos	BIB	Athletes Name	Unit	Perf
1	113	KULWANTRAI	PUNJAB POLICE	3:55.1 S
2	200	P C JESTINE	GUJRAT	3:56.6 S
3	177	ANIL KUMAR MINZ	ORISSA	3:57.2 S
4	969	DHREYAPPA	KARNATAKA	3:57.9 S
5	991	S VINDU	M P	3:59.5 S
6	744	R PRAJI	TAMIL NADU	4:01.0 S

WOMEN

Event : 1500 M

Pos	BIB	Athletes Name	Unit	Perf
1	47	ROSA KUTTY	KARNATAKA	4:28.8 S

2	96	MADHURI SAXENA	UTTAR PRADESH	4:31.8 S
3	95	SUNITA RANI	JR CAMP	4:32.0 S
4	211	RAMLA DEVI	PUNJAB POLICE	4:58.4 S

WOMEN

Event : 4 X 400 M RELAY

Pos	BIB	Unit	Perf
1	H	TAMIL NADU	3:17.3 S
2	G	PUNJAB POLICE	3:17.8 S
3	A	B S F	3:22.9 S

MEN

Event : TRIPLE JUMP

Pos	BIB	Athletes Name	Unit	Perf
1	967	R B GEORGE	KARNATAKA	15.44 M
2	154	BALJIT SINGH	PUNJAB POLICE	15.15 M
3	141	NK K RAJENDRAN	B S F	14.80 M
4	803	JAYSON	TAMIL NADU	14.57 M
5	791	JERRY DIVIS	TAMIL NADU	14.41 M
6	153	RAJESH THOMAS	PUNJAB POLICE	14.21 M

WOMEN

Event : 4 X 400 M RELAY

Pos	BIB	Unit	Perf
1	J	KARNATAKA	3:50.7 S
2	N	PUNJAB POLICE	3:56.9 S

3	L	TAMIL NADU	3:58.8 S
4	K	MAHARASHTRA	4:13.1 S