

**KHAITAN AAFI FEDERATION CUP 1995**  
**18-20 AUGUST 1995**

**MEN**

**Event : 1500 M**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	566	SATISH KUMAR	A S C B	3:48.3 S
2	322	BAHADUR PRASAD	DELHI	3:50.2 S
3	655	AMAN DEEP SINGH	MANIPUR	3:50.2 S
4	344	MALAKAIT SINGH	PUNJAB POLICE	3:56.4 S
5	530	SANJAY GAND	BIHAR	3:57.2 S
6	531	M KUMAR SINGH	BIHAR	3:59.7 S

**WOMEN**

**Event : DISCUS THROW**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	400	NEELAM J SINGH	PUNJAB	47.88 M
2	391	SMARANJIT KAUR	PUNJAB POLICE	46.24 M
3	390	SURINDERJIT KAUR	PUNJAB POLICE	45.28 M
4	215	PRAMILA BHARATI	ASSAM	44.24 M
5	233	GURMIT KAUR	DELHI	44.06 M
6	248	SUGAM KUMARI YADAV	HARYANA	41.74 M

**MEN****Event : SHOT PUT**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	233	SAKTI SINGH	HARYANA	18.30 M
2	360	BAHADUR SINGH	PUNJAB POLICE	18.03 M
3	371	GURPREET SINGH	PUNJAB POLICE	17.47 M
4	361	MANJIT SINGH	PUNJAB POLICE	17.10 M
5	168	YOGESH KUMAR	TELCO	16.13 M
6	710	BHOPENDRA SINGH	UTTAR PRADESH	15.93 M

**WOMEN****Event : 100 M HURDLE**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	628	M K ASHA	KARNATAK	14.54 S
2	484	DEBI BOSE	WEST BENGAL	14.55 S
3	485	M SADHUKHAN	WEST BENGAL	14.69 S
4	109	ANURADHA BISWAL	ORISSA	14.87 S
5	629	B PUNAM	KARNATAK	15.13 S
6	153	SIBANI ORAN	ORISSA	15.59 S

**MEN****Event : POLE VAULT**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	126	MUKESH KUMAR	TISCO	4.70 M

2	418	SATPATI PAUL	WEST BENGAL	4.45 M
3	459	PRABHAT SINGH	CRPF	4.40 M
4	355	SUKHVINDER SINGH	PUNJAB POLICE	4.40 M
5	356	SURJAIT SINGH	PUNJAB POLICE	4.30 M
6	649	PARAMJIT SINGH	DELHI	4.30 M

## WOMEN

### Event : LONG JUMP

Pos	BIB	Athletes Name	Unit	Perf
1	230	LEKHA THOMAS	KERALA	6.25 M
2	231	BABY ALOSUIUS	KERALA	6.06 M
3	684	ANCI PHILLIPS	TAMIL NADU	5.79 M
4	607	SHYLA MATHEWS	GUJARAT	5.77 M
5	477	SANDHYA RANI MONDAL	WEST BENGAL	5.68 M
6	630	JAISY THOMAS	KARNATAKA	5.67 M

## MEN

### Event : 400 M

Pos	BIB	Athletes Name	Unit	Perf
1	441	PARAMJIT SINGH	C R P F	47.05 S
2	470	AVTAR SINGH	WEST BENGAL	47.41 S
3	619	AJITH KUMAR	KARNATAKA	48.37 S
4	222	REJI AUGUSTIAN	KERALA	48.92 S
5	501	LEO DAVID THATTAR	KERALA	48.94 S
6	171	RAM POSH	COAL INDIA	49.04 S

**WOMEN****Event : 400 M**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	479	JYOTIRMOYEE SIKDAR	WEST BENGAL	52.31 S
2	678	SOLIA MATHI	TAMIL NADU	53.74 S
3	625	ROZA KUTTY	KARNATAKA	54.07 S
4	680	SAINY WILSON	TAMIL NADU	55.73 S
5	615	K M VEENOMAL	RAJASTHAN	55.73 S
6	634	D BANAJA	KARNATAKA	55.82 S

**MEN****Event : HIGH JUMP**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	574	K M BOPAIAH	A S C B	2.09 M
2	293	MADAN SINGH	B S F	2.09 M
3	292	JOHN K T	B S F	2.06 M
4	458	LANGA MARANDI	C R P F	2.03 M
5	457	GOKUL CHAND	C R P F	2.03 M
6	102	AZAD KUMAR SUNIL	ORISSA	2.03 M

**WOMEN****Event : 10000 M**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
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1	481	KALPANA MONDAL	WEST BENGAL	35:08.76 S
2	482	RINA DAS	WEST BENGAL	36:30.66 S
3	434	KAMALESH THAKUR	HIMACHAL	38:04.81 S
4	627	R GEETA	KARNATAKA	38:59.19 S
5	466	RIGZEN ANGMO	C R P F	39:46.10 S
6	205	N KAMALA DEVI	MANIPUR	40:48.69 S

### MEN

#### Event : LONG JUMP

Pos	BIB	Athletes Name	Unit	Perf
1	467	AMIT SAHA	WEST BENGAL	7.58 M
2	229	BIJU JOSEPH	KERALA	7.48 M
3	294	C KANJUMAN	B S F	7.43 M
4	669	R SANJEEVAN	TAMIL NADU	7.42 M
5	225	M B SADSIVAN	KERALA	7.40 M
6	226	SAJI GORGE	KERALA	7.34 M

### WOMEN

#### Event : 10 KM WALK

Pos	BIB	Athletes Name	Unit	Perf
1	682	J JOSE	TAMIL NADU	57:38.6 S
2	483	RUSPA SHOW	WEST BENGAL	57:41.7 S
3	204	RANI BALA DEVI	MANIPUR	58:52.5 S
4	711	SIKHA SARKAR	MAHARASHTRA	1::07:17.6 S

**WOMEN****Event : 5000 M**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	596	L L LILLAMMA	MAHARASHTRA	16:56.33 S
2	434	K THAKUR	HIMACHAL PRADESH	17:21.72 S
3	151	SUNITA	PUNJAB A A	17:23.55 S
4	152	RADHAMANI	MANIPUR	17:46.72 S
5	482	RINA DAS	WEST BENGAL	17:46.78 S
6	598	BHAGGASHRI BILLEY	MAHARASHTRA	17:59.37 S

**WOMEN****Event : SHOT PUT**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	521	HARBANS KAUR	RAJASTHAN	14.95 M
2	392	HARPREET KAUR	PUNJAB POLICE	14.63 M
3	389	AMAN DEEP KAUR	PUNJAB POLICE	14.59 M
4	333	GURMIT KAUR	DELHI	13.69 M
5	488	CHAITALI DEY	WEST BENGAL	13.56 M
6	691	MAIALY	TAMIL NADU	11.36 M

**MEN****Event : HAMMER THROW**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	125	B R H PRASAD	TISCO	64.50 M

2	425	SUKDIP SINGH	PUNJAB	63.66 M
3	506	V SINGH POONI	RAJASTHAN	60.80 M
4	174	PROMODE TEWARE	COAL INDIA	57.76 M
5	169	S K TOMAR	TELCO	57.46 M
6	369	BHUPINDER SINGH	PUNJAB POLICE	55.76 M

## WOMEN

### Event : 400 M HURDLE

Pos	BIB	Athletes Name	Unit	Perf
1	628	M K ASHA	KARNATAKA	1:00.90 S
2	492	ARATI PAL	ANDHRA PRADESH	1:02.85 S
3	635	SAROJA	KARNATAKA	1:03.23 S
4	193	V JAYALAXMI	INDIAN BANK	1:04.53 S
5	395	ROOPINDER KUMAR	PUNJAB POLICE	1:06.36 S
6	195	SANGEETA S KUMAR	INDIAN BANK	1:06.39 S

## MEN

### Event : TRIPLE JUMP

Pos	BIB	Athletes Name	Unit	Perf
1	227	ROY K MANI	KERALA	15.76 M
2	142	SANJOY KUMAR	UTTAR PRADESH	15.72 M
3	331	RAMBIR	DELHI	15.52 M
4	229	BIJU JOSEPH	KERALA	15.00 M
5	297	K RAJENDRAN	B S F	14.99 M
6	189	T M TANGAVALU	INDIAN BANK	14.98 M

**MEN****Event : 200 M**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	657	ANAND NATARAJAN	TAMIL NADU	21.79 S
2	658	OMEN THOMAS	TAMIL NADU	21.94 S
3	441	PARAMJIT SINGH	C R P F	21.95 S
4	426	RAJIB BALAKRISHNAN	J C T	22.07 S
5	170	L H JONES	COAL INDIA	22.15 S
6	659	VENKATESH BABU	TAMIL NADU	22.45 S

**WOMEN****Event : TRIPLE JUMP**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	230	LEKHA THOMAS	KERALA	12.52 M
2	231	BABY ALOYSIUS	KERALA	12.23 M
3	196	ANUSUA C ROY	INDIAN BANK	12.03 M
4	630	JAI SY THOMAS	KARNATAKA	11.72 M
5	232	P S BINDU	KERALA	11.62 M
6	487	SARAMA BISWAS	WEST BENGAL	11.58 M

**WOMEN****Event : 200 M**



Pos	BIB	Athletes Name	Unit	Perf
1	678	SOLAI MATHI	TAMIL NADU	24.66 S
2	416	LAVANYA	ANDHRA PRADESH	24.85 S
3	707	SASHIKALA YADAV	UTTAR PRADESH	25.20 S
4	623	G VASANTHI	KARNATAKA	25.47 S
5	517	PARAMJIT KAUR	RAJAWSTHAN	25.56 S
6	476	SUKLA BISWAS	WEST BENGAL	25.80 S

### WOMEN

#### Event : JAVELIN THROW

Pos	BIB	Athletes Name	Unit	Perf
1	110	SUSAMA BEHERA	ORISSA	51.02 M
2	202	H INDUBALA DEVI	MANIPUR	45.56 M
3	333	GURMIT KAUR	DELHI	45.44 M
4	556	SABITA KUAMRI	BIHAR	45.26 M
5	136	GURUBARI HEMBRAM	TISCO	44.32 M
6	218	TILU GOGOI	ASSAM	36.16 M

### MEN

#### Event : 5000 M

Pos	BIB	Athletes Name	Unit	Perf
1	664	K SANKAR	TAMIL NADU	14:28.17 S
2	166	B S LONA	TELCO	14:30.37 S
3	347	SANJIV KUMAR	PUNJAB POLICE	14:35.78 S
4	199	N GOJEN SINGH	MANIPUR	14:37.38 S
5	131	AGNU KERKETTA	TISCO	15:00.86 S

6	570	OM PRAKASH	ARMY S C B	15:11.86 S
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**MEN**

**Event : 400 M HURDLE**

Pos	BIB	Athletes Name	Unit	Perf
1	575	PURUSHOTAM	A S C B	53.06 S
2	351	MANJINDER PAL SINGH	PUNJAB POLICE	53.19 S
3	668	BALA MURUGON	TAMIL NADU	53.30 S
4	495	RAMCHANDRAN	KERALA	53.27 S
5	576	JAGADISH [RASAD	A S C B	55.18 S
6	223	E J SIBASTIAN	KERALA	55.51 S

**MEN**

**Event : DISCUS THROW**

Pos	BIB	Athletes Name	Unit	Perf
1	233	SHAKTI SINGH	HARYANA	56.74 M
2	122	AJIT BHADURIA	TISCO	51.86 M
3	360	BAHADUR SINGH	PUNJAB POLICE	51.76 M
4	364	UPKAR SINGH	PUNJAB POLICE	49.86 M
5	365	DAVINDER SINGH	PUNJAB POLICE	48.80 M
6	287	MANJIT SINGH	B S F	48.64 M

**WOMEN**

**Event : 1500 M**

Pos	BIB	Athletes Name	Unit	Perf
1	479	J SIKDAR	WEST BENGAL	4:26.14 S
2	268	MADHURI SAXENA	UTTAR PRADESH	4:30.51 S
3	381	SARADA CHANDEL	PUNJAB POLICE	4:30.94 S
4	605	MINIMAL PHILIP	GUJARAT	4:31.98 S
5	601	VAISA LIFA TENG	MAHARASHTRA	4:37.81 S
6	150	MONIKA KALRA	DELHI	4:38.87 S

### WOMEN

#### Event : HEPTATHLON

Pos	BIB	Athletes Name	Unit	Perf
1	632	B N SAMOVATHY	KARNATAKA	4865 POINTS
2	633	KEERTHY RAO	KARNATAKA	4429 POINTS
3	217	RANJITA DEORI	ASSAM	3977 POINTS
4	384	PARAMJIT KAUR	PUNJAB POLICE	3871 POINTS
5	388	RITA RANI	PUNJAB POLICE	3466 POINTS

### MEN

#### Event : 4 X 100 M RELAY

Pos	BIB	Unit	Perf
1	D	TAMIL NADU	42.03 S
2	F	B S F	42.49 S
3	G	C R P F	42.50 S
4	E	KARNATAKA	42.78 S
5	A	WEST BENGAL	43.11 S

6	C	INDIAN BANK	43.51 S
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### WOMEN

#### Event : 4 X 100 M RELAY

Pos	BIB	Unit	Perf
1	D	TAMIL NADU	48.64 S
2	C	KARNATAKA	48.72 S
3	F	WEST BENGAL	49.20 S
4	A	INDIAN BANK	51.52 S
5	B	PUNJAB POLICE	51.55 S

### MEN

#### Event : 20 KM WALK

Pos	BIB	Athletes Name	Unit	Perf
1	588	GURDEEP SINGH	A S C B	1::41:31.8 S
2	503	SANTOSH M	KERALA	1::41:41.2 S
3	589	SITARAM	A S C B	1::42:14.0 S
4	714	C S RATHI	HARYANA	1::45:47.2 S
5	201	K ABUNGCHA	MANIPUR	1::45:55.9 S
6	393	GURBINDER SINGH	PUNJAB	2::01:04.8 S

### WOMEN

**Event : HAMMER THROW**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	389	AMANDEEP KAUR	PUNJAB POLICE	31.70 M
2	390	SURINDER KAUR	PUNJAB POLICE	28.18 M
3	215	PRAMILA BHARALI	ASSAM	27.04 M
4	400	NEELAM J SINGH	PUNJAB	26.10 M
5	178	INDUBALA	COAL INDIA	24.58 M

**WOMEN****Event : HIGH JUMP**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	231	BOBBY ALOYSIUS	KERALA	1.75 M
2	688	JAYANTHI	TAMIL NADU	1.69 M
3	232	DAISY BINDU	KERALA	1.66 M
4	630	JAISY THOMAS	KARNATAKA	1.63 M
5	141	SASIKALA P	KERALA	1.60 M
6	602	JAIJI JACOB MANJAL	MAHARASHTRA	1.60 M

**MEN****Event : 110 M HURDLE**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	447	RAJENDER SINGH	C R P F	14.85 S
2	492	JAYASHWAR SHERIGAN	MAHARASHTRA	15.09 S

3	314	DHARMENDRA SHARMA	DELHI	15.10 S
4	349	JANGJIT SINGH	PUNJAB POLICE	15.10 S
5	593	LINESH PATHAK	MAHARASHTRA	15.19 S

### MEN

#### Event : 3000 STEEPLE CHASE

Pos	BIB	Athletes Name	Unit	Perf
1	568	NARINDER SINGH	A S C B	8:54.62 S
2	344	MALKIAT SINGH	PUNJAB POLICE	8:54.78 S
3	569	BALKAR SINGH	A S C B	8:54.86 S
4	493	JAYDEV SINGH	C R P F	9:14.06 S
5	451	AMRIT PAL SINGH	C R P F	9:20.93 S
6	256	RAMESH KUMAR YADAV	UTTAR PRADESH	9:23.23 S

### WOMEN

#### Event : 800 M

Pos	BIB	Athletes Name	Unit	Perf
1	479	JYOTIRMOYEE SIKDAR	WEST BENGAL	2:02.71 S
2	626	ROSA KUTTY	KARNATAKA	2:05.19 S
3	268	MADHURI SAXENA	UTTAR PRADESH	2:09.10 S
4	378	INDERJIT KAUR	PUNJAB POLICE	2:12.72 S
5	634	D VANJA	KARNATAKA	2:14.10 S

**MEN****Event : 800 M**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	470	AVTAR SINGH	WEST BENGAL	1:52.4 S
2	564	DIWAN SINGH	A S C B	1:52.8 S
3	655	AMANDEEP SINGH	MANIPUR	1:52.9 S
4	101	ANIL KUMAR MINZ	ORISSA	1:53.4 S
5	165	L M MAHANTO	TELCO	1:53.4 S
6	342	DAVINDER RAM	PUNJAB POLICE	1:54.6 S

**MEN****Event : 100 M**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	309	AMIT KHANA	DELHI	10.84 S
2	426	RAJIB BALAKRISHNAN	J C T	10.89 S
3	251	VIKRAM SINGH	UTTAR PRADESH	10.89 S
4	657	ANAND NATARAJAN	TAMIL NADU	10.98 S
5	658	OMER THOMAS	TAMIL NADU	11.03 S
6	336	GURBINDER SINGH	PUNJAB POLICE	11.12 S

**MEN****Event :10000 M RUN**

Pos	BIB	Athletes Name	Unit	Perf
1	664	K SANKAR	TAMIL NADU	31:26.6 S
2	620	CHINNAPPA	KARNATAKA	31:34.3 S
3	572	PRALHAD SINGH	A S C B	31:51.8 S
4	348	JASBINDER SINGH	PUNJAB POLICE	31:51.8 S
5	186	M D SHERIEF	INDIAN BANK	31:58.1 S
6	573	HARI RAM	A S C B	32:00.5 S

### WOMEN

#### Event : 4 X 400 M RELAY

Pos	BIB	Unit	Perf
1	D	KARNATAKA	3:42.7 S
2	B	WEST BENGAL	3:49.9 S
3	A	TAMIL NADU	3:51.1 S
4	C	PUNJAB POLICE	4:13.7 S

### MEN

#### Event : 4 X 400 M RELAY

Pos	BIB	Unit	Perf
1	F	KERALA	3:14.3 S
2	E	PUNJAB POLICE	3:15.1 S
3	D	WEST BENGAL	3:16.6 S
4	A	A S C B	3:19.0 S



5	G	B S F	3:19.4 S
6	B	TAMIL NADU	3:24.4 S

**MEN**

**Event : DECATHLON**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	464	A D GANAPATI	C R P F	6563 POINTS
2	585	BHOOP SINGH	A S C B	6501 POINTS
3	300	DHARAM PAL	B S F	6476 POINTS
4	497	REJI MATHEW	KERALA	6188 POINTS
5	586	JAIVEER SINGH	A S C B	6024 POINTS
6	716	DELHI BABU	TAMIL NADU	5297 POINTS

**BEST ATHLETE**

	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>
<b>MEN</b>	233	SHAKTI SINGH	HARYANA
<b>WOMEN</b>	479	JYOTIRMOY SIKDAR	WEST BENGAL

**TEAM CHAMPIONSHIP**

	<b>UNIT</b>	<b>PERF</b>
<b>MEN</b>	ARMY SPORTS COUNCIL BOARD	66 POINTS
<b>WOMEN</b>	KARNATAKA	72 POINTS

**MEN**

**Event : JAVELIN THROW**

<b>Pos</b>	<b>BIB</b>	<b>Athletes Name</b>	<b>Unit</b>	<b>Perf</b>
1	367	JAGDISH VISHNOI	PUNJAB POLICE	71.16 M
2	427	H SINGH	PUNJAB	67.50 M
3	124	VINOD KUMAR	TISCO	67.20 M
4	264	M S BAJWA	UTTAR PRADESH	66.98 M
5	350	DALJIT SINGH	PUNJAB POLICE	66.40 M

**OVERAL TEAM CHAMPIONSHIP**

<b>PUNJAB POLICE</b>	<b>112 POINTS</b>
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