

**XXVII INTER STATE NATIONAL ATHLETIC CHAMPIONSHIPS  
24 TO 26 MARCH,1989 GUNTUR**

**110 M HURDLES MEN**

POS	NAME	UNIT	PERF
1	BENNY JOHN	KERALA	14.6 Sec
2	SHANNY JOSEPH	KERALA	14.6 Sec
3	ASISH MANDAL	W.B	14.6 Sec
4	ENROLHERT	T.N	15.2 Sec
5	B. DASMOH PATHROW	ORISSA	15.5 Sec
6	EDWIN FERNADES	MAHARASTRA	15.6 Sec

**1500 M RUN MEN**

POS	NAME	UNIT	PERF
1	SUKHJANT SINGH	CHANDIGARH	3.52.1 Sec
2	DILDAG SINGH	H.P	3.52.5 Sec
3	H.C SATISH SHA	T.N	3.53.7 Sec
4	KARTAR SINGH	DELHI	3.54.1 Sec
5	SATYANARAYANA	KARNATAKA	3.55.7 Sec
6	AMIN DEEP SINGH	PUNJAB	4.01.4 Sec

**HAMMER THROW MEN**

POS	NAME	UNIT	PERF
1	R.S BAL	PUNJAB	62.08 Mtr
2	PYARELAL	HARYANA	60.42 Mtr
3	RADHY SHYAM	U.P	58.56 Mtr
4	OMPRAKASH	DELHI	58.04 Mtr
5	BHUPENDER SINGH	PUNJAB	57.88 Mtr
6	NACHATTAR SINGH	BIHAR	51.36 Mtr

**400 M RUN MEN**

POS	NAME	UNIT	PERF
1	AYAPPAN DORAI	T.N	47.8 Sec

2	ARJUN DEVAIAH	KARNATAK	48.0 Sec
3	P.V RAJU	KERALA	48.3 Sec
4	SIBI RAJ PAUL	BIHAR	49.0 Sec
5	M. SOMA SEK HAR	KARNATAK	49.3 Sec
6	C.S MURALIDHARAN	KERALA	49.3Sec
7	S.K SINGH	M.P	49.3 Sec

#### 400 M RUN WOMEN

POS	NAME	UNIT	PERF
1	SARAMMA K.	KERALA	56.0 Sec
2	SAJDA BEGUM	W.B	56.2 Sec
3	PRASANTI MISHRA	ORISSA	56.4 Sec
4	ALPHONSA ROYAN	T.N	58.4 Sec
5	VANDANA EMBARWAR	MAHARAS	59.9 Sec

#### DISCUS THROW WOMEN

POS	NAME	UNIT	PERF
1	NEELAM KUMAI	PUNJAB	42.34 Mtr
2	GURMEET KAUR	PUNJAB	40.54 Mtr
3	KIRAN RANI SAHU	BIHAR	38.66 Mtr
4	M. LAXMI RAJYAM	A.P	37.34 Mtr
5	MANISHA WAGH	MAHARAS	34.58 Mtr
6	MANJU BALA	DELHI	32.20 Mtr

#### LONG JUMP MEN

POS	NAME	UNIT	PERF
1	M.C SUBSTEEN	KERALA	7.82 Mtr
2	P.V WILSON	KERALA	7.74 Mtr
3	H.K PATEL	ORISSA	7.60 Mtr
4	SANJEEVAN	KARNATAK	7.50 Mtr
5	NIZAMUDDIN	T.N	7.29 Mtr
6	SYAM KUMAR	A.A.F.I	7.07 Mtr

**HEPTATHLON WOMEN**

POS	NAME	UNIT	PERF
1	K.K GEETHA	KARNATAK	4123 Points
2	BHARATHI BANERJI	W.B	3801 Points
3	JOLLY JOSEPH	T.N	3715 Points
4	SAROJINI LAKRA	BIHAR	3477 Points
5	MULLY KUTTY JOSEPH	KERALA	3456 Points
6	MANJIT KAUR	PUNJAB	2527 Points

4X100 M RELAY MEN		
POS	TEAM NAME	PERF
1	KERALA	41.04 Sec <b>N.M.R</b>
2	KARNATAKA	41.05 Sec
3	BIHAR	42.03 Sec
4	T.N	42.06 Sec
5	ORISSA	43.00 Sec

**4X100 M RELAY WOMEN**

POS	TEAM NAME	PERF
1	KERALA	48.0 Sec
2	WEST BENGAL	49.0 Sec
3	KARNATAKA	50.0 Sec
4	TAMIL NADU	50.0 Sec

**3000 M STEEPLE CHASE MEN**

POS	NAME	UNIT	PERF
1	GOPI SINGH	TAMIL.NADU	9.05.6 Sec
2	MAN SINGH	CHANDIGARH	9.11.3 Sec
3	PYRELAL	U.P	9.11.3 Sec
4	DINA RAM	RAJASTHAN	9.13.1 Sec
5	SAM SUDIN	DELHI	9.17.8 Sec
6	AMERJIT	H.P	9.20.2 Sec

**20KM WALK MEN**

POS	NAME	UNIT	PERF
1	BALDEV SINGH	PUNJAB	1::38:41.3 Sec
2	C.S RATAI	HARYANA	1::38:42.0 Sec
3	SHIVCHARAN SINGH	RAJ	1::38:43.4 Sec
4	SUCHA SINGH	J&K	1::40:27.2 Sec
5	M.L CHATARJEE	BIHAR	1::53:12.5 Sec
6	K.K KANNA	BIHAR	1::58:55.3 Sec

**DISCUS THROW MEN**

POS	NAME	UNIT	PERF
1	KANWAL PREET SINGH	PUNJAB	52.90 Mtr
2	SURJIT SINGH	PUNJAB	51.38 Mtr
3	R.P SINGH	DELHI	48.44 Mtr
4	UPKAR SINGH	BHIAR	47.40 Mtr
5	DEO KUMAR RAI	BHIAR	46.16 Mtr
6	JAIBIR SINGH	HARYANA	44.30 Mtr

**400 M HURDLES MEN**

POS	NAME	UNIT	PERF
1	HARI DAS. C	KERALA	52.9 Sec
2	SHASHDHARAN	BIHAR	54.0 Sec
3	G. BHASKARAN	T.N	54.8 Sec
4	RAMESHWAR LAL	CHANDI	55.2 Sec
5	MURALIDHRAN	KARNATAKA	56.0 Sec
6	KAMAL SETT	W.B	56.0 Sec

**400 M HURDLES WOMEN**

POS	NAME	UNIT	PERF
1	KUM KUM MANDAL	W.B	61.6 Sec
2	A.R AIPHONSA	T.N	63.8 Sec
3	REJI P. MATHEW	KERALA	64.1 Sec
4	BINNAMA KURIAN	GUJARAT	65.6 Sec

5	NIRMALA K. TERESSA	T.N	65.9 Sec
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#### 100 M RUN MEN

POS	NAME	UNIT	PERF
1	CANUTE MEGHALES	MAHARASHTRA	10.6 Sec
2	P. BIJU	KERALA	10.6 Sec
3	ANAND SHETTY	A.A.F.I	10.7 Sec
4	ANAND NATARAJAN	T.N	10.7 Sec
5	GUNASEKHARAN	KARNATAKA	10.7Sec
6	SANJEEVAN	KARNATAKA	10.7 Sec

#### 100 M RUN MEN

POS	NAME	UNIT	PERF
1	P.T USHA	KERALA	11.7 Sec <b>N.M.R</b>
2	SUNY JOSEPH	KERALA	12.0 Sec
3	SAROJ LAKRA	BIHAR	12.2 Sec
4	REKHA CHAKRABORTHY	W.B	12.2 Sec
5	LAXMI DEY	W.B	12.7 Sec
6	MRIDULAH	KARNATAKA	12.7 Sec
7	T. SIMLA NATHAN	A.A.F.I	12.7 Sec

#### LONG JUMP WOMEN

POS	NAME	UNIT	PERF
1	REETH ABRAHAM	KARNATAKA	5.90 Mtr
2	SALIAMMA K.	T.N	5.88 Mtr
3	MUJEETHA BEGUM	T.N	5.73 Mtr
4	REKHA LAL	KERALA	5.65 Mtr
5	ASHA KALYANI	A.P	5.44 Mtr
6	ALLEY KURIA KOSE	KERALA	5.37 Mtr

#### 800 M RUN MEN

POS	NAME	UNIT	PERF
1	AVTAR SINGH	PUNJAB	1.51.6 Sec

2	BUDHW ORAON	BIHAR	1.52.2 Sec
3	SUKCHARAN SINGH	CHANDIGARH	1.52.9 Sec
4	SUKCHWANT SINGH	RAJASTHAN	1.57.4 Sec
5	K.S CHAUBE	U.P	1.58.4 Sec
6	A. SURESH BABU	T.N	1.59.1 Sec

#### JAVELIN THROW MEN

POS	NAME	UNIT	PERF
1	S.B MISHRA	MAHARASHTRA	68.80 Mtr <b>N.M.R</b>
2	SATBIR SINGH	HARYANA	64.96 Mtr
3	RAM SHANKAR	DELHI	64.64 Mtr
4	CHANDRA SHEKAR RAI	KARNATAKA	36.34 Mtr
5	BALBIR SINGH	RAJASTHAN	62.78 Mtr
6	SARNAM SINGH	U.P	62.66 Mtr
7	YOUSUF KHAN	BIHAR	62.38 Mtr
8	RUPINDER SINGH	DELHI	59.70 Mtr

#### HIGH JUMP MEN

POS	NAME	UNIT	PERF
1	N. ANNAVI	T.N	2.08 Mtr
2	BRIKESH K.R SINGH	BIHAR	2.00 Mtr
3	PERUMALVALAU	T.N	1.95 Mtr
4	A. VIRAPPAN	A.A.F.I	1.95 Mtr
5	SUKHDEV SINGH	PUNJAB	1.95 Mtr
6	CHANDER PAL	HARYANA	1.90 Mtr
7	Y. VINAY KUMAR	A.P	1.90 Mtr

#### 5000 M RUN MEN

POS	NAME	UNIT	PERF
1	BAHADUR PRASAD	U.P	14.39.1 Sec
2	K.M SURESH	KARNATAKA	14.55.5 Sec
3	ANNADURAI	T.N	15.06.6 Sec
4	DINARAM	RAJASTHAN	15.11.3 Sec

5	THEYENGOI	NAGALAND	15.32.2 Sec
6	HARI DAS C.	KERALA	15.46.6 Sec

4X400 M RELAY WOMEN		
POS	TEAM NAME	PERF
1	KERALA	3.50.3 Sec
2	WEST BENGAL	3.53.8 Sec
3	TAMIL NADU	4.05.8 Sec
4	BIHAR	4.15.5 Sec

4X400 M RELAY MEN		
POS	TEAM NAME	PERF
1	KERALA	3.17.5 Sec
2	TAMIL NADU	3.19.9 Sec
3	BIHAR	3.21.1 Sec
4	ANDHRA PRADESH	3.27.9 Sec
5	WEST BENGAL	3.30.2 Sec

#### DECATHLON MEN

POS	NAME	UNIT	PERF
1	T.K SABASTIAN	KERALA	6323 Points
2	K. SUYODHANAN	DELHI	5952 Points
3	A.N RAI	U.P	5831 Points
4	NASRUL HASSAN	DELHI	5613 Points
5	K.V PUNACHA	T.N	5607 Points
6	SATNAM SINGH	PUNJAB	5601 Points

TEAM CHAMPIONSHIPS MEN		
POS	TEAM NAME	POINTS
1	KERALA	85
2	TAMIL NADU	72
3	KARNATAKA	49
4	PUNJAB	39

<b>TEAM CHAMPIONSHIPS WOMEN</b>		
<b>POS</b>	<b>TEAM NAME</b>	<b>POINTS</b>
1	WEST BENGAL	100
2	KERALA	85
3	TAMIL NADU	72
4	MAHARASHTRA	49

#### **200 M RUN MEN**

<b>POS</b>	<b>NAME</b>	<b>UNIT</b>	<b>PERF</b>
1	ARJUN DEVAIAH	KARNATAKA	21.3 Sec <b>N.M.R</b>
2	ANAND NATARAJAN	T.N	21.7 Sec
3	M.S SRIDHARAN	T.N	21.8 Sec
4	N. RAMIREDDY	A.P	21.9 Sec
5	ROY P. JOSEPH	A.A.F.I	22.1 Sec
6	BALBIR SINGH	BIHAR	23.1 Sec

#### **200 M RUN WOMEN**

<b>POS</b>	<b>NAME</b>	<b>UNIT</b>	<b>PERF</b>
1	P.T USHA	KERALA	24.1 Sec
2	SAJIDA BAGUM	W.B	25.2 Sec
3	SANI JOSEPH	KERALA	25.2 Sec
4	PRANTI MISRA	ORISSA	25.6 Sec
5	REKHA CHAKRABORTY	W.B	25.7 Sec
6	NANCY FERNANDES	MAHARASHTRA	26.2 Sec

#### **1500 M RUN WOMEN**

<b>POS</b>	<b>NAME</b>	<b>UNIT</b>	<b>PERF</b>
1	ROSSA KUTTY	KERALA	4.41.9 Sec
2	RINKU DATTA	W.B	4.45.4 Sec
3	MOLLY CHACKO	KERALA	4.46.1 Sec
4	L. LEELAMMA	MAHARASHTRA	4.51.5 Sec
5	KAMLESH	H.P	4.51.7 Sec



6	NIRMALA NAIR	A.P	4.53.0 Sec
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#### 10,000 M RUN MEN

POS	NAME	UNIT	PERF
1	BAHADUR PRASAD	U.P	30.59.8 Sec
2	K.M SURESH	KARNATAKA	31.32.6 Sec
3	E. RAJENDER	A.P	32.17.9 Sec
4	AJMEER SINGH	HARYANA	33.08.3 Sec
5	PACKIRI SWAMY	T.N	33.20.0 Sec
6	R.P VARMA	DELHI	33.41.3 Sec

#### 10,000 M RUN WOMEN

POS	NAME	UNIT	PERF
1	CHARULATA NAIGAONKAR	MAHARASHTRA	37.38.1 Sec <b>N.M.R</b>
2	PURABI DAS	W.B	38.52.0 Sec
3	SANGITA SATPUTE	MAHARASHTRA	39.35.0 Sec
4	DEEPA DAS	W.B	41.04.6 Sec
5	P. UMA	A.P	47.19.9 Sec

#### 100 M HURDLES WOMEN

POS	NAME	UNIT	PERF
1	KUMKUM MONDAL	W.B	14.7 Sec
2	REETH ABRAHAM	KARNATAKA	14.9 Sec
3	MUJITHA BEGUM	T.N	15.1 Sec
4	ASHA KALYANI	A.P	15.5 Sec
5	MANISHI GHOSH	W.B	15.9 Sec
6	S.D SHERLY	KERALA	17.0 Sec

#### SHOT PUT WOMEN

POS	NAME	UNIT	PERF
1	RAJINDER KAUR	PUNJAB	14.02 Mtr <b>N.M.R</b>
2	GURMEET KAUR	PUNJAB	13.67 Mtr
3	MANJULATA	DELHI	11.86 Mtr

4	MUKTI DAS	W.B	11.26 Mtr
5	SUSHAMA RANDEY	MAHARASHTRA	11.24 Mtr
6	REETA ROY	KARNATAKA	11.06 Mtr

#### SHOT PUT MEN

POS	NAME	UNIT	PERF
1	S.D EASHAN	KARNATAK	18.20 Mtr
2	IQBAL SINGH	PUNJAB	17.86 Mtr
3	AVTAR SINGH	CHANDIGARH	17.41 Mtr
4	SATKARAM SINGH	CHANDIGARH	15.64 Mtr
5	HARIVINDER SINGH	DELHI	15.26 Mtr
6	JITENDERPAL SINGH	A.P	14.02 Mtr

#### HIGH JUMP WOMEN

POS	NAME	UNIT	PERF
1	ANGELA LINCAY	T.N	1.68 Mtr <b>N.M.R</b>
2	CHEMELIPAL	W.B	1.61 Mtr
3	S.K SHANTI	A.A.F.I	1.59 Mtr
4	SAVITRA	KARNATAKA	1.56 Mtr
5	DONELA FALCAO	MAHARASHTRA	1.53 Mtr
6	MANISH ROY	W.B	1.50 Mtr

#### POLE VAULT MEN

POS	NAME	UNIT	PERF
1	M.A ELDO	KERALA	4.72 Mtr
2	A. RAJAN	KERALA	4.30 Mtr
3	YESHPAL SINGH	DELHI	4.10 Mtr

#### TRIPLE JUMP MEN

POS	NAME	UNIT	PERF
1	S. MURALI	KERALA	15.47 Mtr
2	THANGAVELU	T.N	14.97 Mtr
3	P.P VINAY KUMAR	A.A.F.I	14.92 Mtr

4	ANIL KUMAR	KERALA	14.87 Mtr
5	K. RAVI	T.N	14.76 Mtr
6	KESHWARSAHU	BIHAR	14.72 Mtr

#### JAVELIN THROW WOMEN

POS	NAME	UNIT	PERF
1	RAZIA SHAIKH	GUJARAT	48.42 Mtr <b>N.M.R</b>
2	PUSHPA EKKA	A.A.F.I	44.12 Mtr
3	EMELTINA EKKA	BIHAR	41.76 Mtr
4	GURBARI HEMBRUM	BIHAR	40.34 Mtr
5	GURMEET KAUR	PUNJAB	39.90 Mtr
6	SUJAPA MAJUMDAR	W.B	37.32 Mtr

#### 10KM WLK WOMEN

POS	NAME	UNIT	PERF
1	KABITA GARARI	W.B	55.44.3 Sec
2	POLLY NANDI	W.B	58.53.5 Sec
3	CHITRA CHOWDARY	BIHAR	59.48.7 Sec
4	KRISHAN DUTTA	W.B	1::04:23 Sec
5	ANJU KUMARI	BIHAR	1::06:19. Sec
6	MONICA KARMAKAR	BIHAR	1::09:09 Sec

#### 3000 M RUN WOMEN

POS	NAME	UNIT	PERF
1	PURABI DAS	W.B	10.13.9 Sec
2	L. LEELAMNA	MAHARASHTRA	10.18.5 Sec
3	NIRMALA NAIR	A.P	10.20.9 Sec
4	T. JOHN	KERALA	10.25.1 Sec
5	ARCHANA POTAY	MAHARASHTRA	10.30.8 Sec
6	MANJIT KAUR	BIHAR	10.36.3 Sec