



# ATHLETICS FEDERATION OF INDIA

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**Circular No: - 04/01-2021**

**F.No. 10-20/AFI/2021**

**January 02, 2021**

**ALL AFFILIATED UNITS – AFI**

**Subject – Revised Entry Standard for the year 2021**

Dear Sir,

This to inform you that Athletics Federation of India has revised and finalized the Entry Standard for the year 2021 keeping in mind Covid-19 pandemic. The Entry Standard & Events to be organised will be assessed time to time till situation becomes normal.

In this connection, please find enclosed Revised Entry Standards prescribed for all the age categories for Men and Women.

You are requested to adhere to the prescribed entry standard and send entry of eligible athletes only for participation in National Athletics Championships for Juniors and Seniors.

Your cooperation in this regard will definitely help in uplifting the standard of Athletics.

Thanking You

Yours Sincerely

*Ravinder Chaudhry*

**Ravinder Chaudhry**  
**Secretary, AFI**



# Athletics Federation of India

## TECHNICAL COMMITTEE

### ENTRY STANDARDS ~ MALE ATHLETES ~ 2021

Details of EVENTS & Specifications		Groups & Minimum Entry Standards				
EVENTS	Specifications	Men	U20 Men	U18 Men	U16 Boys	U14 Boys
100m		10.60s.	10.90s.	11.50s.	11.80s.	12.70s.
200m		21.70s.	23.00s.	23.60s.	24.10s.	
400m		48.50s.	49.00s.	51.70s.	53.00s.	
600m						1:45.00s.
800m		1:52.00s.	1:53.00s.	2:00.00s.	2:04.00s.	
1500m		3:50.00s.	4:00.00s.	4:15.00s.		
2000m					6:10.00s.	
3000m				9:15.00s.		
5000m		14:40.00s.	15:10.00s.			
10000m		31:30.00s.	32:50.00s.			
100m Hurdles	0.914m.				15.50s.	
110m Hurdles	0.914m.			15.40s.		
110m Hurdles	0.991m.		15.00s.			
110m Hurdles	1.067m.	14.50s.				
400m Hurdles	0.838m.			57.50s.		
400m Hurdles	0.914m.	51.30s.	54.00s.			
High Jump		2.00m.	1.90m.	1.80m.	1.65m.	1.50m.
Pole Vault		4.40m.	3.80m.	3.70m.		
Long Jump		7.30m.	6.80m.	6.50m.	5.80m.	5.40m.
Triple Jump		15.30m.	14.50m.	13.50m.		
Shot Put	4.000kg.					10.70m.
Shot Put	5.000kg.			14.50m.	12.50m.	
Shot Put	6.000kg.		15.50m.			
Shot Put	7.260kg.	16.20m.				
Dicus Throw	1.5000kg.			46.00m.	42.00m.	
Dicus Throw	1.750kg.		44.00m.			
Dicus Throw	2.000kg.	50.00m.				
Hammer Throw	5.000kg.			48.50m.	44.00m.	
Hammer Throw	6.000kg.		60.00m.			
Hammer Throw	7.260kg.	60.00m.				
Javelin Throw	700g.			58.00m.	44.00m.	
Javelin Throw	800g.	75.00m.	65.00m.			
5000m Race Walk [Track]					28:50.00s.	
10,000m Race Walk [Track]			50.00.00s.	54.00.00s.		
10km Race Walk [Road]			50.00.00s.	54.00.00s.		
20,000m Race Walk [Track]		1:35:00s.				
20km Race Walk [Road]		1:35:00s.				
50km Race Walk [Road]		*				



**Athletics Federation of India**  
**TECHNICAL COMMITTEE**

**ENTRY STANDARDS ~ FEMALE ATHLETES ~ 2021**

Details of EVENTS & Specifications		Groups & Minimum Entry Standards				
EVENTS	Specifications	Women	U20 Women	U18 Women	U16 Girls	U14 Girls
100m		12.10s.	12.75s.	13.25s.	13.80s.	14.70s.
200m		24.50s.	26.50s.	27.20s.	28.10s.	
400m		55.00s.	58.50s.	1:03.00s.	1:07.00s.	
600m						1:50.00s.
800m		2:15.00s.	2:20.00s.	2:30.00s.	2:35.00s.	
1500m		4:30.00s.	4:50.00s.	5:20.00s.		
2000m					7:70.00s.	
3000m			11:40.00s.	12:10.00s.		
5000m		17:00.00s.	18:50.00s.			
10000m		35:00.00s.				
100m Hurdles	0.762m.			16.50s.	17.30s.	
100m Hurdles	0.838m.	15.00s.	16.20s.			
400m Hurdles	0.762m.	1:02.00s.	1:07.50s.	1:12.00s.		
High Jump		1.60m.	1.55m.	1.45m.	1.40m.	1.35m.
Pole Vault		3.30m.	2.80m.	2.70m.		
Long Jump		5.85m.	5.30m.	5.00m.	4.75m.	4.25m.
Triple Jump		12.50m.	11.60m.	11.00m.		
Shot Put	3.000kg			11.50m.	10.00m.	8.60m.
Shot Put	4.000kg	13.50m.	10.50m.			
Dicus Throw	1.000kg	43.00m.	35.00m.	32.50m.	30.00m.	
Hammer Throw	3.000kg			38.00m.		
Hammer Throw	4.000kg	45.00m.	38.00m.			
Javelin Throw	500g.			35.00m.	30.00m.	
Javelin Throw	600g.	46.00m.	38.50m.			
3000m Race Walk [Track]					22:30.00s.	
5000m Race Walk [Track]				33:30.00s.		
10,000m Race Walk [Track]			1::06:00.0s.			
10km Race Walk [Road]			1::06:00.0s.			
20,000m Race Walk [Track]		1:45:00s.				
20km Race Walk [Road]		1:45:00s.				

**Ravinder Chaudhry**  
Secretary AFI