

24th National Federation Cup Senior Athletics Championships 2021**NSNIS - Patiala (Punjab)****15th to 19th March 2021****Event Schedule***Ver 1.1 updated as on 13 March*

| SN | Time | Event | Specifications | Section | Round | Group |
|---|-----------|---------------|----------------|---------|------------------|-------------|
| Day 1 - 15th March 2021 (Monday) | | | | | | |
| 1.01 | 07.00 hrs | 10000m | | Women | Final 1 | |
| 1.02 | 07.45 hrs | 10000m | | Men | Round 1 | |
| 1.03 | 09.00 hrs | 100m | | Men | Decathlon 1 | |
| 1.04 | 09.15 hrs | 100m | | Men | Round 1 | |
| 1.05 | 09.30 hrs | Long Jump | | Men | Decathlon 2 | Group A & B |
| 1.06 | 09.45 hrs | 100m | | Women | Round 1 | |
| 1.07 | 10.10 hrs | 400m | | Men | Round 1 | |
| 1.08 | 10.20 hrs | Long Jump | | Men | Qualifying Round | Group A & B |
| 1.09 | 10.30 hrs | Shot Put | 7.26 kg | Men | Decathlon 3 | Group A |
| 1.10 | 10.35 hrs | 400m | | Women | Round 1 | |
| 1.11 | 11.15 hrs | Shot Put | 7.26 kg | Men | Decathlon 3 | Group B |
| Break | | | | | | |
| 1.12 | 15.00 hrs | Pole Vault | | Women | Final 2 | |
| 1.13 | 15.10 hrs | High Jump | | Men | Decathlon 4 | |
| 1.14 | 15.30 hrs | 100m | | Men | Semi Final | |
| 1.15 | 15.45 hrs | 100m | | Women | Semi Final | |
| 1.16 | 15.50 hrs | Shot Put | 4.0 kg | Women | Final 3 | |
| 1.17 | 17.00 hrs | Javelin Throw | 600 gm | Women | Final 4 | |
| 1.18 | 17.10 hrs | 400m | | Men | Semi Final | |
| 1.19 | 17.25 hrs | 400m | | Men | Decathlon 5 | |
| 1.20 | 17.45 hrs | 1500m | | Men | Round 1 | |
| <p>Entry to NIS Campus will be given 2 hours prior of their event with RTPCR Negative Report. No Spectators are allowed inside the Campus. Athletes have to leave the campus immediately after their event. BIB nos will be distributed at NIS Gate everyday after showing the Entry confirmation.</p> <p style="text-align: right;">Ver 1.1 updated as on 13 March 2021</p> | | | | | | |

| 24th National Federation Cup Senior Athletics Championships 2021 | | | | |
|---|------------------------|-----|----------|------------------------|
| NS NIS - Patiala (Punjab) | | | | |
| 15th to 19th March 2021 | | | | |
| Start list Day-1 (15th March 2021) | | | | |
| Event # 25 WOMENS 10000m Run | | | | FINAL |
| NR:PREEJA SREEDHARAN GUANGZHOU 31:50.47 21/11/2010 | | | | TIME: 07:00 HRS |
| MR:SURIYA LOGANATHAN PATIALA 32:23.96 2018 | | | | |
| OLY.Q MARK: 31:25.00 | | | | |
| | | | | |
| 1 | CHAITRA DEVADIGA | 741 | 13/10/99 | KARNATAKA |
| 2 | SEEMA - | 720 | 01/10/01 | HIMACHAL PRADESH |
| 3 | JYOTI - | 719 | 07/05/97 | UTTAR PRADESH |
| 4 | CHATRU . | 483 | 07/05/01 | RAJASTHAN |
| 5 | SAVITA PAL | 620 | 15/12/99 | UTTAR PRADESH |
| 6 | PHOOLAN PAL | 619 | 01/05/96 | UTTAR PRADESH |
| 7 | SANJIVANI BABUR JADHAV | 397 | 07/12/96 | MAHARASHTRA |
| 8 | SEEMA . | 310 | 01/10/01 | HIMACHAL PRADESH |
| 9 | KAVITA YADAV | 627 | 11/08/98 | UTTAR PRADESH |
| 10 | ARATI DATTATRAY PATIL | 401 | 26/03/97 | MAHARASHTRA |
| | | | | |
| Event # 7 MENS 10000m Run | | | | HEATS |
| NR:SURENDRA SINGH VIGO 28:02.89 12/07/2008 | | | | TIME: 07:45 HRS |
| MR:SURENDRA SINGH KOLKATA 28:57.90 2007 | | | | |
| OLY.Q MARK: 27:28.00 | | | | |
| 2 HEATS: 4Q + 4q | | | | |
| Heat 1 | | | | |
| 1 | JITENDER . | 728 | 01/01/96 | HARYANA |
| 2 | KARTIK JAYRAJ KARKERA | 417 | 17/03/97 | MAHARASHTRA |
| 3 | ARJUN KUMAR | 648 | 12/03/97 | UTTAR PRADESH |
| 4 | PRINCE KUMAR | 657 | 25/02/00 | UTTAR PRADESH |
| 5 | ABHISHEK PAL | 664 | 15/07/97 | UTTAR PRADESH |
| 6 | AMIT JANGIR | 506 | 20/07/02 | RAJASTHAN |
| 7 | SATYENDRA KUMAR PATEL | 666 | 12/10/92 | UTTAR PRADESH |
| 8 | HARMAN JOT SINGH | 388 | 10/10/95 | MADHYA PRADESH |
| 9 | RAJ SHEKHAR PATHAK | 667 | 01/12/00 | UTTAR PRADESH |
| 10 | GURPREET . | 204 | 24/12/99 | HARYANA |
| 11 | MURLI KUMAR GAVIT | 161 | 08/01/97 | GUJARAT |
| 12 | LOKESH CHAUDHARY | 640 | 07/01/99 | UTTAR PRADESH |
| 13 | KARTIK KUMAR | 653 | 05/12/99 | UTTAR PRADESH |
| 14 | ROHIT YADAV | 430 | 07/02/98 | MAHARASHTRA |
| 15 | HARSHAD MHATRE | 730 | 08/09/97 | MAHARASHTRA |
| 16 | MAHENDRA KUMAR DUDI | 520 | 18/11/92 | RAJASTHAN |
| Heat 2 | | | | |
| 1 | KISAN NARSHI TADVI | 427 | 01/10/98 | MAHARASHTRA |
| 2 | RAHUL KUMAR RAJBHAR | 660 | 25/12/00 | UTTAR PRADESH |
| 3 | RAM BAHADUR NEOPANEY | 538 | 20/04/99 | SIKKIM |
| 4 | RAKESH KUMAR MEENA | 524 | 15/02/89 | RAJASTHAN |
| 5 | SHRAWAN KUMAR BENIWAL | 519 | 16/08/98 | RAJASTHAN |
| 6 | SUSHANT MANOHAR JEDHE | 415 | 11/05/01 | MAHARASHTRA |
| 7 | RANJEET KUMAR PATEL | 113 | 17/12/93 | CHHATTISGARH |
| 8 | SATHISH KUMAR M | 579 | 07/12/01 | TAMIL NADU |
| 9 | ASHOK DANDASENA | 438 | 07/05/94 | ODISHA |

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| 10 | KALIDAS HIRAVE | 413 | 24/09/91 | MAHARASHTRA |
| 11 | BELLIAPPA AB | 332 | 02/11/92 | KARNATAKA |
| 12 | ANKIT DESHWAL | 251 | 25/12/01 | HARYANA |
| 13 | MANOJ KUMAR | 263 | 05/10/93 | HARYANA |
| 14 | NEERAJ KUMAR MAURYA | 273 | 20/05/95 | HARYANA |
| 15 | PRINCE NAGAR | 280 | 04/02/01 | HARYANA |
| 16 | DINESH . | 409 | 05/09/99 | MAHARASHTRA |
| 17 | VIKAS . | 231 | 19/12/00 | HARYANA |
| Event # 46 MENS 100m Decathlon - 1 | | | | TIME: 09:00 HRS |
| NR: JORA SINGH NEW DELHI 7502 2006 | | | | |
| MR: B.SINGH BANG 7658 12/06/2011 | | | | |
| OLY.Q MARK: 8350 | | | | |
| Heat 1 | | | | |
| 2 | NAVEEN V | 600 | 10/13/99 | TAMIL NADU |
| 3 | NAVJOR SINGH | 478 | 05/05/94 | PUNJAB |
| 4 | MANPREET SINGH | 295 | 08/11/03 | HARYANA |
| 5 | UMESH LAMBA | 522 | 02/25/00 | RAJASTHAN |
| 6 | MAYENGBAM ALKEN SINGH | 431 | 05/16/97 | MANIPUR |
| 7 | RAVI KUMAR | 731 | 07/10/98 | RAJASTHAN |
| 8 | LOGESHKUMAAR A.S | 562 | 01/13/03 | TAMIL NADU |
| Heat 2 | | | | |
| 1 | GOKUL S | 372 | 12/17/96 | KERALA |
| 2 | SOURABH RATHI | 670 | 01/02/01 | UTTAR PRADESH |
| 3 | SUNIL KUMAR. | 276 | 02/02/97 | HARYANA |
| 4 | SANJEV S | 598 | 02/16/02 | TAMIL NADU |
| 5 | AMANDEEP . | 198 | 06/12/01 | HARYANA |
| 6 | SUNIL .. | 243 | 10/22/95 | HARYANA |
| 7 | ROHIT SHARMA | 455 | 10/28/03 | PUNJAB |
| 8 | MOHIT SAINI | 283 | 08/21/95 | HARYANA |
| Heat 3 | | | | |
| 1 | ANKIT SAINI | 729 | 05/24/95 | HARYANA |
| 2 | USAID KHAN | 647 | 03/19/02 | UTTAR PRADESH |
| 3 | ANUJ SANGWAN | 284 | 12/12/99 | HARYANA |
| 4 | SONU KUMAR | 269 | 04/05/95 | HARYANA |
| 5 | AJIT SINGH | 287 | 11/25/93 | HARYANA |
| 6 | LOKESH RATHOD | 340 | 04/06/02 | KARNATAKA |
| 7 | MOHIT . | 213 | 10/09/01 | HARYANA |
| 8 | YAMAN DEEP SHARMA | 533 | 03/10/99 | RAJASTHAN |
| Event # 1 MENS 100m Run | | | | HEATS |
| NR:AMIYA KUMAR MALLICK NEW DELHI 10.26 28/04/2016 | | | | TIME: 09:15 HRS |
| MR:AMIYA KUMAR MALLICK NEW DELHI 10.26 2016 | | | | |
| OLY.Q MARK: 10.05 | | | | |
| 7 HEATS: 3Q + 3q | | | | |
| Heat 1 | | | | |
| 1 | SURAJ SINGH RATHORE | 529 | 20/11/96 | RAJASTHAN |
| 2 | AKASH SINGH | 288 | 19/09/95 | HARYANA |
| 3 | SUDHAKAR CHINTHA | 610 | 18/05/97 | TELANGANA |
| 4 | RAJKANWAR SINGH GREWAL | 452 | 18/10/99 | PUNJAB |
| 5 | AISH RAJ SINGH | 154 | 14/05/01 | DELHI |
| 6 | ROHIT KUMAR | 145 | 15/08/96 | DELHI |
| 7 | SACHIN . | 222 | 12/10/01 | HARYANA |
| 8 | YASHWANT . | 235 | 14/01/00 | HARYANA |

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| Heat 2 | | | | |
| 1 | PARMVIR SINGH | 296 | 07/10/96 | HARYANA |
| 2 | HIMANSHU TYAGI | 705 | 02/06/96 | UTTARKHAND |
| 3 | HARJIT SINGH | 465 | 28/08/97 | PUNJAB |
| 4 | NEERAJ NAGDEVE | 385 | 26/03/98 | MADHYA PRADESH |
| 5 | VEERINDER SINGH | 299 | 12/10/00 | HARYANA |
| 6 | AMIT TIWARI | 156 | 16/09/97 | DELHI |
| 7 | SUNIL JAT | 507 | 20/05/01 | RAJASTHAN |
| 8 | AJITH PARTHIBAN MURUGAN | 584 | 26/11/98 | TAMIL NADU |
| Heat 3 | | | | |
| 2 | GAURAV KUMAR | 652 | 17/01/97 | UTTAR PRADESH |
| 3 | ROHIT GORKHA | 451 | 21/10/99 | PUNJAB |
| 4 | SAURABH RAJESH NAITAM | 420 | 23/03/01 | MAHARASHTRA |
| 5 | AKASHDEEP SINGH | 456 | 15/05/95 | PUNJAB |
| 6 | SHASHANK BALWAN SHINDE | 114 | 08/07/94 | CHHATTISGARH |
| 7 | ASHISH . | 200 | 28/09/97 | HARYANA |
| 8 | PARAS . | 311 | 24/06/98 | HIMACHAL PRADESH |
| Heat 4 | | | | |
| 2 | AJIT CHAUHAN | 641 | 19/09/99 | UTTAR PRADESH |
| 3 | NUZRAT . | 215 | 22/11/99 | HARYANA |
| 4 | JAI BHOIR | 411 | 18/09/00 | MAHARASHTRA |
| 5 | ELAKKIYADASAN KANNADASAN | 574 | 31/01/95 | TAMIL NADU |
| 6 | RAVINDER KHASA | 258 | 11/09/93 | HARYANA |
| 7 | VIGNESH A | 561 | 07/04/96 | TAMIL NADU |
| 8 | RISHWANTH S | 596 | 28/08/98 | TAMIL NADU |
| Heat 5 | | | | |
| 2 | ASHVANI KUMAR SINGH | 677 | 02/01/94 | UTTAR PRADESH |
| 3 | LOVE SINGH | 476 | 27/11/99 | PUNJAB |
| 4 | BHASKARYA BHARALI | 110 | 18/11/94 | ASSAM |
| 5 | GURINDERVIR SINGH | 463 | 24/12/00 | PUNJAB |
| 6 | AUGUSTINE YESUDAS | 603 | 03/01/95 | TAMIL NADU |
| 7 | ANSHUL . | 128 | 04/04/04 | DELHI |
| 8 | NISHANT KUMAR | 655 | 22/06/01 | UTTAR PRADESH |
| Heat 6 | | | | |
| 2 | NISHANT . | 629 | 15/10/96 | UTTAR PRADESH |
| 3 | DHANANJAY . | 499 | 07/02/00 | RAJASTHAN |
| 4 | SANDEEP . | 223 | 08/10/97 | HARYANA |
| 5 | KRISHNAKUMAR SATISH RANE | 424 | 25/03/88 | MAHARASHTRA |
| 6 | NARINDER SINGH | 477 | 17/05/93 | PUNJAB |
| 7 | AMLAN BORGHAIN | 609 | 25/04/98 | TELANGANA |
| 8 | KULDEEP KUMAR | 654 | 09/08/96 | UTTAR PRADESH |
| Heat 7 | | | | |
| 2 | MEJAR SINGH | 682 | 22/10/98 | UTTAR PRADESH |
| 3 | SUNIL KUMAR | 270 | 27/12/99 | HARYANA |
| 4 | KATHIRAVAN G | 571 | 12/09/98 | TAMIL NADU |
| 5 | AMIYA KUMAR MALLICK | 439 | 14/11/92 | ODISHA |
| 6 | AMARJEET - | 196 | 11/20/98 | HARYANA |
| 7 | ABHINAV PANWAR | 151 | 08/03/99 | DELHI |
| 8 | PARVESH KUMAR | 656 | 14/02/99 | UTTAR PRADESH |
| | | | | |
| Event # 47 MENS Long Jump Decathlon - 2 | | | | TIME: 09:30 HRS |
| GROUP A & B | | | | |
| | | | | |

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| Event # 19 WOMENS 100m Run | | | | HEATS |
| NR:DUTEE CHAND RANCHI 11.22 11/10/2019 | | | | TIME: 09:45 HRS |
| MR:DUTEE CHAND NEW DELHI 11.33 2016 | | | | |
| OLY.Q MARK: 11.15 | | | | |
| 4 HEATS: 3Q + 4q | | | | |
| Heat 1 | | | | |
| 2 | KANIMOZHI C | 541 | 11/08/97 | TAMIL NADU |
| 3 | PADMINI MOOKALE GANAPATHI | 322 | 22/02/92 | KARNATAKA |
| 4 | ARCHANA S SUSEENDRAN | 557 | 06/09/94 | TAMIL NADU |
| 5 | HARIKA DEVI ANTARAM | 605 | 07/01/94 | TELANGANA |
| 6 | RAJASHREE PRASAD | 713 | 02/03/00 | WEST BENGAL |
| 7 | SNEHA PJ | 328 | 06/05/92 | KARNATAKA |
| Heat 2 | | | | |
| 2 | PRIYANKA S KALAGI | 721 | 31/10/92 | KARNATAKA |
| 3 | MANISHA . | 169 | 14/03/98 | HARYANA |
| 4 | SIDDHI SANJAY HIRAY | 396 | 24/08/99 | MAHARASHTRA |
| 5 | HIMASHREE ROY | 715 | 15/03/95 | WEST BENGAL |
| 6 | DIANDRA DUDLEY VALLADARES | 407 | 13/01/98 | MAHARASHTRA |
| 7 | JEEVANJI DEEPTHI | 606 | 27/09/03 | TELANGANA |
| Heat 3 | | | | |
| 1 | JYOTHI YARRAJI | 104 | 28/08/99 | ANDHRA PRADESH |
| 2 | ANJU A S | 722 | 17/10/95 | KERALA |
| 3 | PREETI . | 175 | 14/08/98 | HARYANA |
| 4 | TARANJEET KAUR | 744 | 09/11/01 | DELHI |
| 5 | HIMA DAS | 743 | 09/01/00 | ASSAM |
| 6 | NITHYA GANDHE | 101 | 11/10/99 | ANDHRA PRADESH |
| Heat 4 | | | | |
| 2 | RAJASHREE MONDAL | 712 | 30/11/94 | WEST BENGAL |
| 3 | MADDALI SUPRIYA | 103 | 05/11/99 | ANDHRA PRADESH |
| 4 | CHAITRALI KALID GUJAR | 395 | 20/03/99 | MAHARASHTRA |
| 5 | DUTEE CHAND | 434 | 02/03/96 | ODISHA |
| 6 | DANESHWARI A T | 319 | 14/08/00 | KARNATAKA |
| 7 | DHANA LAKSHMI | 545 | 06/05/98 | TAMIL NADU |
| 8 | KM SAPNA GUPTA | 617 | 09/10/99 | UTTAR PRADESH |
| Event # 3 MENS 400m Run | | | | HEATS |
| NR:MUHAMMED ANAS KLDNO, CZE 45.21 13/07/2019 | | | | TIME: 10:10 HRS |
| MR:AROKIA RAJIV NEW DELHI 45.47 2016 | | | | |
| OLY.Q MARK: 44.90 | | | | |
| 7 HEATS: 3Q + 3q | | | | |
| Heat 1 | | | | |
| 1 | SATISH . | 501 | 14/03/97 | RAJASTHAN |
| 2 | PARVEEN KUMAR KASWAN | 508 | 01/11/01 | RAJASTHAN |
| 3 | SIDDARTH M G | 338 | 15/10/97 | KARNATAKA |
| 4 | JEEVAN K.S | 335 | 26/01/93 | KARNATAKA |
| 5 | ADITYA RAJA SINGH | 153 | 16/03/01 | DELHI |
| 6 | PARVEEN . | 216 | 12/10/98 | HARYANA |
| 7 | RASHID . | 133 | 01/08/01 | DELHI |
| 8 | KARANPREET SINGH | 473 | 25/08/00 | PUNJAB |
| Heat 2 | | | | |
| 1 | JASHANPREET SINGH | 471 | 07/04/00 | PUNJAB |
| 2 | KANWAR PAL SINGH | 534 | 20/06/95 | RAJASTHAN |
| 3 | SARTHAK BHAMBRI | 137 | 14/08/98 | DELHI |

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| 4 | PRAVEEN KUMAR | 267 | 01/07/00 | HARYANA |
| 5 | SUBODH BHATI | 138 | 06/12/95 | DELHI |
| 6 | LAKSHAYDEEP . | 210 | 18/09/00 | HARYANA |
| 7 | AAMIR KHAN | 142 | 11/04/05 | DELHI |
| 8 | MOHIT .. | 238 | 10/01/99 | HARYANA |
| Heat 3 | | | | |
| 1 | NAVEEN - | 738 | 18/12/98 | HARYANA |
| 2 | ADESH GARSA | 504 | 12/07/00 | RAJASTHAN |
| 3 | AMOJ JACOB | 141 | 05/02/98 | DELHI |
| 4 | PRINCE . | 218 | 08/11/99 | HARYANA |
| 5 | DIVAKAR DAWAS | 643 | 16/01/95 | UTTAR PRADESH |
| 6 | AYUSH DABAS | 249 | 28/09/99 | HARYANA |
| 7 | PRASHANT SINGH | 155 | 08/07/99 | DELHI |
| 8 | GOWRI SHANKAR V | 343 | 17/03/98 | KARNATAKA |
| Heat 4 | | | | |
| 1 | RUPENDER . | 630 | 30/10/02 | UTTAR PRADESH |
| 2 | DEEPAK ROHILLA | 282 | 02/08/03 | HARYANA |
| 3 | NIHAL JOEL W | 344 | 13/07/00 | KARNATAKA |
| 4 | ANGREJ SINGH | 289 | 19/02/94 | HARYANA |
| 5 | DHARUN AYYASAMY | 566 | 31/12/96 | TAMIL NADU |
| 6 | KANHAIYA KUMAR | 112 | 25/04/99 | BIHAR |
| 7 | PHOOL KUMAR | 266 | 12/06/97 | HARYANA |
| 8 | AMAL JOSEPH | 367 | 09/03/94 | KERALA |
| Heat 5 | | | | |
| 2 | PRINCE .. | 239 | 24/12/01 | HARYANA |
| 3 | SAJIN V | 375 | 28/01/91 | KERALA |
| 4 | EUSUP ALI | 109 | 01/01/90 | ASSAM |
| 5 | CIBBIN KUMAR | 577 | 02/10/00 | TAMIL NADU |
| 6 | S AROKIA RAJIV | 591 | 22/05/91 | TAMIL NADU |
| 7 | SANDEEP KUMAR.. | 662 | 06/01/99 | UTTAR PRADESH |
| 8 | HITENDRA BHATI | 635 | 03/10/00 | UTTAR PRADESH |
| Heat 6 | | | | |
| 2 | NAGANATHAN PANDI | 589 | 23/04/96 | TAMIL NADU |
| 3 | AMAN AULUCK JAI BHAGWAN | 255 | 22/12/96 | HARYANA |
| 4 | MUHAMMED ANAS YAHIYA | 376 | 17/09/94 | KERALA |
| 5 | RAVINDER .. | 241 | 07/05/97 | HARYANA |
| 6 | SUMIT KUMAR. | 661 | 05/05/93 | UTTAR PRADESH |
| 7 | VIKRAM . | 233 | 14/07/02 | HARYANA |
| 8 | JAGMEET SINGH | 468 | 28/12/96 | PUNJAB |
| Heat 7 | | | | |
| 2 | ABIMANIYU P | 587 | 29/11/00 | TAMIL NADU |
| 3 | GAJANAND BAHADU MISTRY | 163 | 05/08/92 | GUJARAT |
| 4 | JASHANJOT SINGH | 470 | 02/07/95 | PUNJAB |
| 5 | VIKRANT PANCHAL | 281 | 30/01/00 | HARYANA |
| 6 | SANTHOSH KUMAR T | 734 | 01/01/98 | TAMIL NADU |
| 7 | SHUBHAM . | 726 | 23/11/98 | HARYANA |
| 8 | AMAN KUMAR | 259 | 31/10/98 | HARYANA |
| Event # 13 MENS Long Jump | | | | Q. ROUND |
| NR:MURALI SREESHANKAR BHUBANESWAR 8.20 27/09/2018 | | | | TIME: 10:20 HRS |
| MR:AMRITPAL SINGH NEW DELHI 8.08 2004 | | | | |
| OLY.Q MARK: 8.22 | | | | |
| BEST 12 | | | | |
| GROUP A | | | | |
| 1 | KRISHNA BRAJKIS SHARMA | 387 | 08/02/99 | MADHYA PRADESH |

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|---|-----------------------|-----|----------|------------------------|
| 2 | NARINDER SINGH | 477 | 17/05/93 | PUNJAB |
| 3 | ATHISTAM KASIMAYAN | 576 | 17/05/93 | TAMIL NADU |
| 4 | ANOOPKUMAR SAROJ | 674 | 16/06/99 | UTTAR PRADESH |
| 5 | YUGANT SINGH | 684 | 10/02/97 | UTTAR PRADESH |
| 6 | SAMIT SINGH | 683 | 07/04/99 | UTTAR PRADESH |
| 7 | JAGROOP SINGH | 469 | 18/08/98 | PUNJAB |
| 8 | VINOTH YUVARAJ | 604 | 26/09/94 | TAMIL NADU |
| 9 | BIKRAMJIT SINGH | 458 | 25/04/95 | PUNJAB |
| 10 | MATHANA S | 595 | 25/05/90 | TAMIL NADU |
| 11 | MUHAMMED ANEES YAHIYA | 377 | 12/03/95 | KERALA |
| 12 | SANTHOSH KUMAR.C | 580 | 06/10/95 | TAMIL NADU |
| 13 | AADHAR SINGH | 675 | 16/12/03 | UTTAR PRADESH |
| 14 | JAGMEET SINGH | 292 | 24/12/99 | HARYANA |
| 15 | ASADULLAH MUJAHITH | 742 | 17/01/02 | TAMIL NADU |
| 16 | RISHABH RISHISHWAR | 671 | 03/09/00 | UTTAR PRADESH |
| GROUP B | | | | TIME: 10:20 HRS |
| 1 | SURENDER . | 228 | 12/11/00 | HARYANA |
| 2 | BALJINDER SINGH | 457 | 17/12/94 | PUNJAB |
| 3 | MOHAMMED SALIH K K | 373 | 17/12/98 | KERALA |
| 4 | M MAHESH | 581 | 28/12/98 | TAMIL NADU |
| 5 | SREESHANKAR M | 368 | 27/03/99 | KERALA |
| 6 | SIDDHARTH NAIK | 339 | 09/08/95 | KARNATAKA |
| 7 | SAHIL MAHABALI | 278 | 27/12/97 | HARYANA |
| 8 | SOURABH . | 225 | 12/05/00 | HARYANA |
| 9 | KULDEEP SAINI | 530 | 29/05/98 | RAJASTHAN |
| 10 | BHUPENDER SINGH | 290 | 13/11/01 | HARYANA |
| 11 | SANDEEP KUMAR. | 275 | 06/05/97 | HARYANA |
| 12 | SWAMINATHAN R | 590 | 04/07/96 | TAMIL NADU |
| 13 | PARDEEP ARYA | 244 | 20/06/94 | HARYANA |
| 14 | DEEPAK NAGAR | 149 | 12/08/00 | DELHI |
| 15 | PARVEEN KUMAR | 265 | 07/04/95 | HARYANA |
| 16 | S LOKESH | 337 | 21/12/99 | KARNATAKA |
| 17 | JESWIN ALDRIN | 563 | 24/12/01 | TAMIL NADU |
| Event # 48 MENS Shot Put Decathlon - 3 | | | | TIME: 10:30 HRS |
| GROUP A | | | | |
| | | | | |
| | | | | |
| Event # 21 WOMENS 400m Run | | | | HEATS |
| NR:HIMA DAS JAKARTA 50.79 26/082018 | | | | TIME: 10:35 HRS |
| MR:NIRMALA SHEORAN PATIALA 51.28 2017 | | | | |
| OLY.Q MARK: 51.35 | | | | |
| 3 HEATS: 2Q + 2q | | | | |
| Heat 1 | | | | |
| 3 | SUMMY . | 183 | 21/05/03 | HARYANA |
| 4 | POOVAMMA RAJU | 329 | 05/05/90 | KARNATAKA |
| 5 | R VITHYA RAMRAJ | 553 | 20/09/98 | TAMIL NADU |
| 6 | JAUNA MURMU | 436 | 16/08/90 | ODISHA |
| 7 | NEETU PRAJAPATI | 382 | 07/05/95 | MADHYA PRADESH |
| 8 | DANDI JYOTHIKA SRI | 102 | 16/07/00 | ANDHRA PRADESH |
| Heat 2 | | | | |
| 3 | POOJA . | 116 | 16/02/98 | DELHI |
| 4 | NANCY . | 171 | 09/01/00 | HARYANA |

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| 5 | VISMAYA V K | 359 | 14/05/97 | KERALA |
| 6 | NEESHU KUMARI | 122 | 29/10/97 | DELHI |
| 7 | AISHWARYA KAILA MISHRA | 400 | 16/08/97 | MAHARASHTRA |
| 8 | RAJNI NAGAR | 192 | 17/10/97 | HARYANA |
| Heat 3 | | | | |
| 2 | SMRUTHIMOL VAKA RAJENDRAN | 355 | 08/07/96 | KERALA |
| 3 | SUBHA VENKATESAN | 558 | 31/08/99 | TAMIL NADU |
| 4 | DEEPANSHI . | 165 | 11/04/02 | HARYANA |
| 5 | KIRAN PAHAL | 193 | 08/05/00 | HARYANA |
| 6 | DEBASHRI MAZUMDAR | 124 | 04/06/91 | DELHI |
| 7 | MANISHA KUSHWAH | 618 | 07/10/00 | UTTAR PRADESH |
| 8 | SALINI VALUPARAMBIL KRISHNA | 360 | 01/10/98 | KERALA |
| Event # 48 MENS Shot Put Decathlon - 3 | | | | |
| GROUP B | | | | TIME: 11:15 HRS |
| | | | | |
| | | | | |
| Event # 30 WOMENS Pole Vault | | | | |
| NR:V.S. SUREKHA NEW DELHI 4.15 04/11/2014 | | | | FINAL |
| MR:KRISHNA RACHAN PATIALA 4.06 2019 | | | | TIME: 15:00 HRS |
| OLY.Q MARK: 4.70 | | | | |
| | | | | |
| 1 | BARANICA ELANGO VAN | 542 | 02/03/97 | TAMIL NADU |
| 2 | CHELAMANGAI SP | 555 | 24/07/99 | TAMIL NADU |
| 3 | MANJU M | 546 | 13/08/99 | TAMIL NADU |
| 4 | ROSY PAULRAJ | 550 | 28/10/97 | TAMIL NADU |
| 5 | PAVITHRA VENKATESH | 559 | 12/08/01 | TAMIL NADU |
| 6 | BABITA PATEL | 380 | 08/12/00 | MADHYA PRADESH |
| 7 | NIVYA ANTONY | 346 | 21/03/00 | KERALA |
| 8 | MARIYA JAISON | 349 | 23/09/97 | KERALA |
| 9 | POOJA . | 173 | 09/05/01 | HARYANA |
| Event # 49 MENS High Jump Decathlon - 4 | | | | |
| | | | | TIME: 15:10 HRS |
| | | | | |
| | | | | |
| Event # 1 MENS 100m Run | | | | |
| NR:AMIYA KUMAR MALLICK NEW DELHI 10.26 28/04/2016 | | | | SEMI FINAL |
| MR:AMIYA KUMAR MALLICK NEW DELHI 10.26 2016 | | | | TIME: 15:30 HRS |
| OLY.Q MARK: 10.05 | | | | |
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| Event # 19 WOMENS 100m Run | | | | |
| NR:DUTEE CHAND RANCHI 11.22 11/10/2019 | | | | SEMI FINAL |
| MR:DUTEE CHAND NEW DELHI 11.33 2016 | | | | TIME: 15:45 HRS |
| OLY.Q MARK: 11.15 | | | | |
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| Event # 33 WOMENS Shot Put | | | | FINAL |
| NR:MANPREET KAUR KOLKATA 17.96 16/09/2015 | | | | TIME: 15:50 HRS |
| MR:MANPREET KAUR PATIALA 17.04 2017 | | | | |
| OLY.Q MARK: 18.50 | | | | |
| | | | | |
| 1 | SONAL GOYAL | 120 | 27/03/98 | DELHI |
| 2 | DIVYA JEETHBHAD SONAR | 404 | 30/04/92 | MAHARASHTRA |
| 3 | ANAMIKA DAS | 709 | 28/03/99 | WEST BENGAL |
| 4 | KIRAN BALIYAN | 614 | 03/06/99 | UTTAR PRADESH |
| 5 | RENU .. | 487 | 01/01/00 | RAJASTHAN |
| 6 | TUNLAI NARZARY | 108 | 02/10/94 | ASSAM |
| 7 | MANPREET KAUR | 446 | 03/05/96 | PUNJAB |
| 8 | FLORENCE ALPHONSO | 390 | 27/10/99 | MAHARASHTRA |
| 9 | NIDHI PAWAIYA | 381 | 07/07/97 | MADHYA PRADESH |
| 10 | HARKIRAT KAUR | 443 | 10/08/92 | PUNJAB |
| 11 | SRISHTI VIG | 127 | 15/07/95 | DELHI |
| 12 | MEGHANA BALAKRI DEVANGA | 394 | 22/03/97 | MAHARASHTRA |
| 13 | AMBIKA V | 331 | 13/04/00 | KARNATAKA |
| 14 | KACHNAR CHAUDHARY | 488 | 05/11/99 | RAJASTHAN |
| 15 | YOGITA . | 185 | 11/01/00 | HARYANA |
| | | | | |
| Event # 36 WOMENS Javelin Throw | | | | FINAL |
| NR:ANNU RANI DOHA 62.43 30/09/2019 | | | | TIME: 17:00 HRS |
| MR:ANNU RANI PATIALA 62.34 2019 | | | | |
| OLY.Q MARK: 64.00 | | | | |
| | | | | |
| 1 | MONIKA . | 170 | 20/03/98 | HARYANA |
| 2 | HEMAMALINI NEELAKANDAN | 549 | 04/12/00 | TAMIL NADU |
| 3 | SANJANA CHOUDHARY | 490 | 07/09/99 | RAJASTHAN |
| 4 | HARITA . | 166 | 12/04/01 | HARYANA |
| 5 | RASHMI K | 323 | 24/11/93 | KARNATAKA |
| 6 | KARISHMA S SANIL | 330 | 06/04/00 | KARNATAKA |
| 7 | ANNU RANI | 718 | 29/08/92 | UTTAR PRADESH |
| 8 | KUMARI SHARMILA | 195 | 03/02/95 | HARYANA |
| 9 | UMA CHOUDHARY | 491 | 10/04/99 | RAJASTHAN |
| | | | | |
| Event # 3 MENS 400m Run | | | | SEMI FINAL |
| NR:MUHAMMED ANAS KLDNO, CZE 45.21 13/07/2019 | | | | TIME: 17:10 HRS |
| MR:AROKIA RAJIV NEW DELHI 45.47 2016 | | | | |
| OLY.Q MARK: 44.90 | | | | |
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| Event # 50 MENS 400m Decathlon - 5 | | | | TIME: 17:25 HRS |
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| Event # 5 MENS 1500m Run | | | | HEATS |
| NR:JINSON JOHNSON BERLIN 3:35.24 01/09/2019 | | | | TIME: 17:45 HRS |
| MR:JINSON JOHNSON PATIALA 3:39.69 2018 | | | | |
| OLY.Q MARK: 3:35.00 | | | | |
| 2 HEATS: 4Q + 4q | | | | |
| Heat 1 | | | | |
| 1 | DILIP NAIK | 724 | 15/01/02 | ODISHA |
| 2 | VISHAL . | 234 | 22/09/96 | HARYANA |
| 3 | SUKHAN PREET SINGH | 480 | 30/04/98 | PUNJAB |
| 4 | LAKSHYA NAYAK LAKSHYA | 521 | 01/01/03 | RAJASTHAN |
| 5 | AJAY KUMAR SAROJ | 673 | 05/01/97 | UTTAR PRADESH |
| 6 | SHASHI BHUSHAN SINGH | 717 | 01/10/96 | WEST BENGAL |
| 7 | RAKESH MANDAL | 703 | 16/04/99 | UTTARKHAND |
| 8 | MANJIT SINGH | 294 | 09/01/89 | HARYANA |
| 9 | CHAITANYA VILAS HOLGARE | 414 | 07/07/99 | MAHARASHTRA |
| 10 | FATHE SINGH | 291 | 05/01/95 | HARYANA |
| 11 | JASBEER . | 207 | 17/08/94 | HARYANA |
| Heat 2 | | | | |
| 1 | VIKASH . | 232 | 12/10/04 | HARYANA |
| 2 | RAHUL . | 132 | 12/01/96 | DELHI |
| 3 | HRITIK BALYAN | 136 | 31/10/02 | DELHI |
| 4 | AJEET KUMAR | 162 | 07/03/99 | GUJARAT |
| 5 | ANU KUMAR | 701 | 11/02/02 | UTTARKHAND |
| 6 | ISHU SOLANKI | 301 | 22/06/00 | HARYANA |
| 7 | SURENDER CHAHAL | 246 | 23/08/98 | HARYANA |
| 8 | SAHIL THAKRAN | 305 | 15/07/98 | HARYANA |
| 9 | NAVDEEP . | 214 | 20/09/03 | HARYANA |
| 10 | HARENDRA KUMAR | 144 | 03/12/02 | DELHI |
| 11 | DINESH LATHWAL | 277 | 13/04/97 | HARYANA |