

## National Federation Cup Senior Meet Records (as of 31.12.2020)

### MEN

100m	10.26	1.2	Amiya Kumar Mallick	Odisha	2016	New Delhi
200m	20.79	1.1	Anand Menezes	Andhra Pradesh	2002	Chennai
400m	45.47		Arokia Rajiv	Tamil Nadu	2016	New Delhi
800m	1:46.32		Jinson Johnson	Kerala	2018	Patiala
1500m	3:39.69		Jinson Johnson	Kerala	2018	Patiala
5000m	13:47.28		G. Lakshmanan	Tamil Nadu	2018	Patiala
10000m	28:57.90		Surendra Singh	Army	2007	Kolkata
3000m Steeplechase	8:28.94		Avinash Sable	Maharashtra	2019	Patiala
110m Hurdles	13.65	0.6	Siddhant Thingalaya	O N G C	2012	Patiala
400m Hurdles	48.80		A. Dharun	Tamil Nadu	2019	Patiala
High Jump	2.28		Tejaswin Shankar	Delhi	2018	Patiala
Pole Vault	5.16		S. Siva	Tamil Nadu	2019	Patiala
Long Jump	8.08	-0.8	Amritpal Singh	Punjab	2004	New Delhi
Triple Jump	16.85	0.6	Renjith Maheshwary	Tamil Nadu	2012	Patiala
Shot Put	20.65		Inderjeet Singh	Haryana	2015	Mangalore
Discus Throw	59.55		Anil Kumar	Telco	2000	Lucknow
Hammer Throw	68.46		Niraj Kumar	Rajasthan	2016	New Delhi
Javelin Throw	85.94		Neeraj Chopra	Haryana	2018	Patiala
Decathlon	7502		Jora Singh	Haryana	2006	New Delhi

### WOMEN

100m	11.33	0.3	Dutee Chand	Odisha	2016	New Delhi
200m	23.30		P.T. Usha	Southern Railway	1998	Chennai
400m	51.28		Nirmala Sheoran	Haryana	2017	Patiala
800m	2:01.84		Tintu Luka	Railways	2016	New Delhi
1500m	4:08.1		Sunita Rani	Punjab	1999	Bangalore
5000m	15:39.59		Suriya Loganathan	Tamil Nadu	2016	New Delhi
10000m	32:23.96		Suriya Loganathan	Tamil Nadu	2018	Patiala
3000m Steeplechase	9:27.09		Lalita Babar	Maharashtra	2016	New Delhi
100m Hurdles	13.48	1.9	Anuradha Biswal	Orissa	2006	New Delhi
400m Hurdles	57.21		Saritaben Gayakwad	Gujarat	2019	Patiala
High Jump	1.89		Bobby Aloysius	Kerala	2003	Hyderabad
Pole Vault	4.06		Krishna Rachan	Kerala	2019	Patiala
Long Jump	6.59	-0.1	Anju B. George	Tamil Nadu	2002	Chennai
Triple Jump	13.57	-0.5	Anisha K. Vijayan	C R P F	2006	New Delhi
Shot Put	17.04		Manpreet Kaur	Haryana	2017	Patiala
Discus Throw	61.05		Seema Punia	Uttar Pradesh	2018	Patiala
Hammer Throw	65.25		Sarita R. Singh	Uttar Pradesh	2017	Patiala
Javelin Throw	62.34		Annu Rani	Uttar Pradesh	2019	Patiala
Heptathlon	6211		J.J. Shobha	Andhra Pradesh	2004	New Delhi