



# ATHLETICS FEDERATION OF INDIA

A-90, Phase I, Naraina Industrial Area, New Delhi - 110028

E: [afi@indianathletics.in](mailto:afi@indianathletics.in), [indianathletics@gmail.com](mailto:indianathletics@gmail.com) W : [www.indianathletics.in](http://www.indianathletics.in)

F. No. 4-13/AFI/21

Circular No.: 30/06-2021

To,  
All Affiliated Units – AFI

June 07, 2021

**Subject:- 60th National Inter State Senior Athletics Championships 2021**

Dear Sir,

I am pleased to inform you that 60th edition of National Inter State Senior Athletics Championships is scheduled to be conducted at Patiala from 25-29 June 2021. This Championships which is an Olympic qualifier and last chance for Indian Athletes to qualify for Olympics will be held at two venues 1. NSNIS Patiala 2. Punjabi University, Patiala.

The Championships and events shall be organized in accordance with the Rules of World Athletics – Competition & Technical Rules 2020 Edition & Indian Athletics Manual (updated as on 01.10.2020).

The SOP (Standard Operating Procedure) issued by Govt. of India/MYAS/SAI/AFI & Government of Punjab shall be followed for hosting this National Athletics Championships.

**Championships & Eligibility Details:**

1. The Competition will be organized in **MEN & WOMEN** section.
2. 24 events will be conducted at NSNIS Patiala and 18 events will be conducted at Punjabi University, Patiala.
3. An Athlete can enter in **TWO individual events** and **two relays**. Each State Unit can send maximum of **three entries** in each Event. No reserve entry is permitted.
4. It is the **responsibility of the State Units** to include the names of their athletes who are attending the **National Athletics Coaching Camp**, in their Entry list.
5. **The athletes who meet the Entry Standards (enclosed) will only be allowed to enter in the Competition. This is the responsibility of State Units to send only those athletes who meet the entry standards.** The performance must have been achieved either in National Championships/State Championships or AFI recognised Championships **in last 3 years** where electronic system had been used.
6. **State Units** will also have to **submit the proof of achieving the qualification standard** of all athletes. In the Online Entry portal, State Units have to attach the documents in a single pdf file in respect to qualifying standard of athletes. Failing to attach these documents, athletes will not be allowed to participate.
7. The entries should be submitted "ONLINE" on AFI Website **by the Affiliated States/UT from 10th to 18th June 2021**. Entries sent by the mode other than "ONLINE" will not be accepted. In other words, no manual entry will be accepted. It should also be noted that AFI has closed the new registrations so the athletes who have the AFI UID can only participate.
8. Athletes have to carry **negative RTPCR report**, without valid RTPCR report **athletes will not be allowed to enter in the Stadium**. This report should only be **72 hours prior** to the commencement of the event.
9. No spectator/coach/family member/accompanying person will be allowed for this championship and athletes will be allowed only 2 hours before the start of their event. Athletes have to vacate the stadium immediately after the completion of their event.
10. Entry fee of INR 500/- per event per athlete will have to be paid online alongwith entry. **Last date** for receipt of Entries is **18th June 2021**. In no case, entries after the target date will be entertained.
11. It may also be noted that it is mandatory for State Units to conduct State meet for selection of National Inter State Senior Athletics Championships, in special circumstances due to COVID-19 pandemic, trials are also accepted for the selection of teams. In no case, entries will be accepted without conducting State meet/trials.

**BIB Nos:**

**Bib nos.** will be issued to **Team Manager** from **1:00 PM to 4:00 PM a day before the competition** at the Entry Gate of NSNIS. It is the **responsibility of athlete** to collect their BIB nos. from **respective Team Manager**.

**Medals & Certificates:**

No Medal ceremony will be conducted. However, the medals and participation Certificates will be sent to the Secretary of respective State Unit. Participation Certificates will be issued only to those athletes who achieve the qualification standards set by AFI. The Merit certificates will be issued only after receiving the "Dope Test" report from NADA and will be send to State Units.

**Dope:**

Dope Samples will be collected by the officials of National Anti-Doping Agency (NADA).

**Events to be conducted:**

Due to Covid-19 pandemic, AFI has decided to conduct the events at two venues:

**At NS NIS, Patiala**

**Men** – 100m, 200m, 400m, 1500m, 400m Hurdles, 3000m SC, Long Jump, Shot Put, Javelin Throw, 4x100m Relay, 4x400m Relay

**Women** - 100m, 200m, 400m, 800m, 1500m, 5000m, 400m Hurdles, 3000m SC, Discus Throw, Javelin Throw, 4x100m Relay, 4x400m Relay

**At Punjabi University, Patiala**

**Men** – 800m, 5000m, 10000m, 110m Hurdles, High Jump, Triple Jump, Pole Vault, Discus Throw, Hammer Throw, Decathlon

**Women** - 10000m, 100m Hurdles, High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Hammer Throw, Heptathlon

**Entry Standards:**

Entry Standards is enclosed with this circular. It is once again advised to send the entry of only those athletes who have achieved the Entry standards and the proof is must to be attached in online portal.

**Failure to Participate:**

If any athlete fails to participate after sending the entry without any valid reason, he/she may not be allowed to take part in any subsequent event. The Federation has the right to reject any entry without assigning any reason.

**Boarding & Lodging:**

Pleased be informed that the Boarding, Lodging & Local Transport facilities to participating Athletes will not be provided by the Athletics Federation of India. Athletes will therefore have to make their own arrangements in this regard.

No media will be allowed for this event, however the championships will be streamed LIVE on AFI youtube channel. It may please be noted that other guidelines issued by the concerned State Government in connection with Covid-19 Pandemic, shall be strictly followed to ensure that the competition is conducted smoothly. Any Athlete/Official violating the SOP, Guidelines issued with regard to Covid-19 Pandemic will be debarred from participation in this Championships.

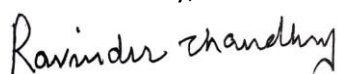
**Disclaimer**

AFI will not be held responsible directly or indirectly for any loss of life/damage/illness/injury in connection to participation in 60<sup>th</sup> National Inter State Senior Athletics Championships 2021. All Athletes/officials/vendors have to participate on their own risk.

You are requested to bring it to the notice of your athletes. Your cooperation in this regard is solicited.

Thanking You,

Yours sincerely,



(Ravinder Chaudhry)

Secretary, AFI



**LIST OF EVENTS AND ENTRY STANDARDS FOR 60TH NATIONAL INTER STATE SENIOR ATHLETICS CHAMPIONSHIPS 2021  
25-29 JUNE 2021 AT PATIALA (PUNJAB)**

MEN			WOMEN		
EVENT	ENTRY STANDARD	OLY GAMES Q.M.	EVENT	ENTRY STANDARD	OLY GAMES Q.M.
100m	10.75s	10.05s	100m	12.00s	11.15s
200m	21.75s	20.24s	200m	24.40s	22.80s
400m	47.70s	44.90s	400m	56.00s	51.35s
800m	1:53.50s	1:45.20s	800m	2:08.00s	1:59.50s
1500m	3:52.00s	3:35.00s	1500m	4:30.00s	4:04.20s
5000m	14:20.00s	13:13.50s	5000m	16:52.00s	15:10.00s
10000m	30:30.00s	27:28.00s	10000m	35:00.00s	31:25.00s
110m Hurdles	14.40s	13.32s	100m Hurdles	14.75s	12.84s
400m Hurdles	52.00	48.90s	400m Hurdles	1:05.00s	55.40s
3000m SC	9:08.00s	8:22.00s	3000m SC	11:00.00s	9:30.00s
High Jump	2.05m	2.33m	High Jump	1.70m	1.96m
Pole Vault	4.50m	5.80m	Pole Vault	3.50m	4.70m
Long Jump	7.35m	8.22m	Long Jump	5.80m	6.82m
Triple Jump	15.50m	17.14m	Triple Jump	12.50m	14.32m
Shot Put	17.00m	21.10m	Shot Put	14.00m	18.50m
Discus Throw	52.00m	66.00m	Discus Throw	45.00m	63.50m
Hammer Throw	60.00m	77.50m	Hammer Throw	52.00m	72.50m
Javelin Throw	75.00m	85.00m	Javelin Throw	46.50m	64.00m
Decathlon	6000pts.	8350pts.	Heptathlon	4500pts.	6420pts.
4x100m Relay	Best 4 teams of Interstate 2019	Best 16 in Ranking	4x100m Relay	Best 4 teams of Interstate 2019	Best 16 in Ranking
4x400m Relay	Best 4 teams of Interstate 2019	Best 16 in Ranking	4x400m Relay	Best 4 teams of Interstate 2019	Best 16 in Ranking