

60TH NATIONAL INTER STATE SR. ATHLETICS CHAMPIONSHIPS

23/06/2021

25-29 JUNE 2021

6/25/21 - 6/29/21

NS NIS, PATIALA (PUNJAB)

Event # 1 MENS 100m Run**PRELIM**

OLY.Q.MARK: 10.05

MR:KRISHNA KUMAR RANE LUCKNOW 10.32 2014

NR:AMIYA KUMAR MALLICK NEW DELHI 10.26 28/04/2016

1	NALUBOTHU SHANUMAGA	103	09/10/02	ANDHRA PRADESH	_____
2	SHASHANK BALWANTRAO	107	07/08/94	CHHATTISGARH	_____
3	NEHAL SAGAR	116	05/04/02	DELHI	_____
4	AMIT TIWARI	118	16/09/97	DELHI	_____
5	SHIVAM VASHNAV	117	10/12/03	DELHI	_____
6	RAJVEERSINH VAGHELA	129	05/07/98	GUJARAT	_____
7	CHIRAG CHIRAG	145	17/10/98	HARYANA	_____
8	NEVIL FRANCIS FERNANDE	203	19/06/99	KERALA	_____
9	ASWIN K.P	202	16/09/96	KERALA	_____
10	MIDHUN T	204	13/03/97	KERALA	_____
11	MUTHURAJ CHELLA	230	26/05/96	MADHYA PRADESH	_____
12	SANJU RANA	229	17/09/97	MADHYA PRADESH	_____
13	KIRAN PANDURANG BHOS/	249	17/09/98	MAHARASHTRA	_____
14	AKSHAY PRAKASH KHOT	250	05/07/94	MAHARASHTRA	_____
15	SAURABH RAJESH NAITAM	251	23/03/01	MAHARASHTRA	_____
16	IBADULLA ADAM	431	14/01/02	MALDIVES	_____
17	NUJOOM HASSAN	430	23/02/96	MALDIVES	_____
18	AMIYA KUMAR MALLICK	262	14/11/92	ODISHA	_____
19	LOVE PREET SINGH	279	27/11/99	PUNJAB	_____
20	GURINDERVIR SINGH	278	24/12/00	PUNJAB	_____
21	NARINDER SINGH	280	17/05/93	PUNJAB	_____
22	KATHIRAVAN G	340	09/12/98	TAMIL NADU	_____
23	ELAKKIYADASAN KANNAL	343	31/01/95	TAMIL NADU	_____

Event # 2 MENS 200m Run**PRELIM**

OLY.Q.MARK: 20.24

MR:ANIL KUMAR CHENNAI 20.80 2000

NR:M.ANAS JABLONEC NAD NISOU 20.63 15/08/2018

1	NALUBOTHU SHANUMAGA	103	09/10/02	ANDHRA PRADESH	_____
2	SHASHANK BALWANTRAO	107	07/08/94	CHHATTISGARH	_____
3	GAJANAND BAHADU MISTI	130	08/05/92	GUJARAT	_____
4	KAPIL .	146	10/11/03	HARYANA	_____
5	ASHISH DAHIYA	233	01/07/98	MADHYA PRADESH	_____
6	RAHUL KUMAR	234	10/10/96	MADHYA PRADESH	_____
7	EMMANUEL PAUL	232	10/07/99	MADHYA PRADESH	_____
8	LOVE PREET SINGH	279	27/11/99	PUNJAB	_____
9	GURINDERVIR SINGH	278	24/12/00	PUNJAB	_____
10	TARANDEEP SINGH	282	05/11/00	PUNJAB	_____
11	NITHIN B	344	12/04/99	TAMIL NADU	_____
12	ELAKKIYADASAN KANNAL	343	31/01/95	TAMIL NADU	_____
13	S AROKIA RAJIV	345	22/05/91	TAMIL NADU	_____
14	RAVINDRA KUMAR	385	02/05/96	UTTAR PRADESH	_____

Event # 3 MENS 400m Run**PRELIM**

OLY.Q.MARK: 44.90

MR:PARAMJIT SINGH CHENNAI 45.56 2000

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Event # 3 MENS 400m Run					PRELIM
OLY.Q.MARK: 44.90					
MR:PARAMJIT SINGH CHENNAI 45.56 2000					
NR:MUHAMMED ANAS KLADNO,CZE 45.21 13/07/2019					
1	RASHID .	121	08/01/01	DELHI	_____
2	SARTHAK BHAMBRI	120	14/08/98	DELHI	_____
3	AMOJ JACOB	122	02/05/98	DELHI	_____
4	AYUSH DABAS	150	28/09/99	HARYANA	_____
5	VIKRANT PANCHAL	151	30/01/00	HARYANA	_____
6	ANGREJ SINGH	152	19/02/94	HARYANA	_____
7	ALEX A	206	03/09/94	KERALA	_____
8	MUHAMMED ANAS YAHIYA	207	17/09/94	KERALA	_____
9	NOAH NIRMAL TOM	208	13/11/94	KERALA	_____
10	JASHANJOT SINGH	285	07/02/95	PUNJAB	_____
11	JASHANPREET SINGH	284	04/07/00	PUNJAB	_____
12	KARANPREET SINGH	283	25/08/00	PUNJAB	_____
13	KALIGA KUMARAGE	419	25/09/92	SRI LANKA	_____
14	SANTHOSH KUMAR T	346	01/01/98	TAMIL NADU	_____
15	NAGANATHAN PANDI	347	23/04/96	TAMIL NADU	_____
16	S AROKIA RAJIV	345	22/05/91	TAMIL NADU	_____

Event # 4 MENS 800m Run					PRELIM
OLY.Q.MARK: 1:45.20					
MR:JINSON JOHNSON GUWAHATI 1:45.65 2018					
NR:JINSON JOHNSON GUWAHATI 1:45.65 27/06/2018					
1	ARUN KUMAR	123	01/12/95	DELHI	_____
2	ANKIT .	153	01/12/99	HARYANA	_____
3	KRISHAN KUMAR	155	12/10/97	HARYANA	_____
4	MANJIT SINGH	154	01/09/89	HARYANA	_____
5	KUMARASWAMY BK	182	13/09/89	KARNATAKA	_____
6	GOURAV SHARMA	236	25/03/98	MADHYA PRADESH	_____
7	JAS PREET SINGH	286	23/08/99	PUNJAB	_____
8	SUKHAN PREET SINGH	287	30/04/98	PUNJAB	_____
9	RAMDEV .	317	30/04/96	RAJASTHAN	_____
10	IRFAN .	391	21/04/03	UTTAR PRADESH	_____
11	ANU KUMAR	412	02/11/02	UTTRAKHAND	_____

Event # 5 MENS 1500m Run					FINAL
OLY.Q.MARK: 3:35.00					
MR:BAHADUR PRASAD CHENNAI 3:40.10 1995					
NR:JINSON JOHNSON BERLIN 3:35.24 01/09/2019					
1	RAHUL .	119	01/12/96	DELHI	_____
2	ANKIT .	153	01/12/99	HARYANA	_____
3	AJAY KUMAR SAROJ	383	01/05/97	UTTAR PRADESH	_____
4	SAURABH RAWAT	384	02/06/02	UTTAR PRADESH	_____
5	SHASHI BHUSHAN SINGH	417	10/01/96	WEST BENGAL	_____

Event # 6 MENS 5000m Run					FINAL
OLY.Q.MARK: 13:13.50					
MR:SURENDRA SINGH CHENNAI 13:51.31 2009					

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Event # 6 MENS 5000m Run					FINAL
OLY.Q.MARK: 13:13.50					
MR:SURENDRA SINGH CHENNAI 13:51.31 2009					
NR:BAHADUR PRASAD BIRMINGHAM 13:29.70 27/06/1992					
1	HARMAN JOT SINGH	227	10/10/95	MADHYA PRADESH	_____
2	ADESH YADAV	253	03/02/99	MAHARASHTRA	_____
3	DHARMENDER .	316	20/07/99	RAJASTHAN	_____
4	ARJUN KUMAR	389	03/12/97	UTTAR PRADESH	_____
5	KARTIK KUMAR	390	12/05/99	UTTAR PRADESH	_____
Event # 7 MENS 10000m Run					FINAL
OLY.Q.MARK: 27:28.00					
MR:SURENDRA SINGH BHOPAL 29:06.17 2007					
NR:SURENDRA SINGH VIGO 28:02.89 12/07/2008					
1	BELLIAPPA AB	181	11/02/92	KARNATAKA	_____
2	VIKRAM BHARATSINH BAN	228	02/04/94	MADHYA PRADESH	_____
3	HARMAN JOT SINGH	227	10/10/95	MADHYA PRADESH	_____
4	DINESH .	248	09/05/99	MAHARASHTRA	_____
5	ROHIT YADAV	247	02/07/98	MAHARASHTRA	_____
6	MAKHAN SINGH	277	10/10/90	PUNJAB	_____
7	MAKHAN SINGH	276	16/08/94	PUNJAB	_____
8	DHARMENDER .	316	20/07/99	RAJASTHAN	_____
9	ARJUN KUMAR	389	03/12/97	UTTAR PRADESH	_____
10	KARTIK KUMAR	390	12/05/99	UTTAR PRADESH	_____
Event # 8 MENS 110m Hurdles					PRELIM
OLY.Q.MARK: 13.32					
MR:SIDDHANTH THINGALAYA LUCKNOW 13.65 2019					
NR:SIDDHANTH THINGALAYA MESA 13.48 10/06/2017					
1	YASHWANTH KUMAR LAVE	104	28/08/01	ANDHRA PRADESH	_____
2	MOHAMMED FAIS C	205	06/04/99	KERALA	_____
3	PRAVEEN KUMAR	231	25/02/92	MADHYA PRADESH	_____
4	SIDDHANTH UMANANDA T	252	03/01/91	MAHARASHTRA	_____
5	AMRINDER SINGH AULAKH	281	03/12/96	PUNJAB	_____
6	VEERAMANI P	342	17/03/94	TAMIL NADU	_____
7	VEERARAGAVENDRA S	341	12/12/99	TAMIL NADU	_____
8	KUNAL CHAUDHARY	381	24/03/99	UTTAR PRADESH	_____
9	NARESH YADAV	382	05/12/97	UTTAR PRADESH	_____
10	DEBARJUN MURMU	416	09/02/98	WEST BENGAL	_____
Event # 9 MENS 400m Hurdles					FINAL
OLY.Q.MARK: 48.90					
MR:A. DHARUN TAMILNADU 49.68 2018					
NR:A. DHARUN PATIALA 48.80 16/03/2019					
1	JABIR MADARI PALLIYALIL	209	08/06/96	KERALA	_____
2	SATHISH K	348	01/09/94	TAMIL NADU	_____
3	PRAVIN KUMAR	349	15/11/96	TAMIL NADU	_____
4	AFTAB ALAM	388	03/03/97	UTTAR PRADESH	_____
Event # 10 MENS 3000m Steeplechase					FINAL

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Event # 10 MENS 3000m Steeplechase					FINAL
OLY.Q.MARK: 8:22.00					
MR:AVINASH SABLE LUCKNOW 8:33.19 2019					
NR:AVINASH SABLE PATIALA 8:20.20 17/03/2021					
1	BALKISHAN .	148	09/11/98	HARYANA	_____
2	RAJKUMAR .	149	12/12/99	HARYANA	_____
3	SHANKAR LAL SWAMI	147	05/07/96	HARYANA	_____
4	VIKRAM SINGH	235	03/07/96	MADHYA PRADESH	_____
5	RAKESH KUMAR SWAMI	315	07/01/94	RAJASTHAN	_____
6	LOKESH CHAUDHARY	386	01/07/99	UTTAR PRADESH	_____
7	MD NUR HASAN	387	18/08/01	UTTAR PRADESH	_____
Event # 11 MENS High Jump					FINAL
OLY.Q.MARK: 2.33					
MR:B. CHETHAN GUWAHATI 2.25 2018					
NR:TEJASWIN SHANKAR LUBBOCK 2.29 27/04/2018					
1	TEJASWIN SHANKAR	128	21/12/98	DELHI	_____
2	MANDEEP NAIN	162	27/03/01	HARYANA	_____
3	AKASH .	161	03/10/01	HARYANA	_____
4	NISHAD KUMAR	175	03/10/99	HIMACHAL PRADESH	_____
5	CHETHAN BALASUBRAMA	184	18/08/92	KARNATAKA	_____
6	JESSE SANDESH	183	22/10/95	KARNATAKA	_____
7	MUHAMMED JASEEM.C	213	06/03/00	KERALA	_____
8	AROMAL T	212	13/09/98	KERALA	_____
9	GEO JOS	211	24/09/98	KERALA	_____
10	VEERAMANI S	351	28/08/94	TAMIL NADU	_____
Event # 12 MENS Pole Vault					FINAL
OLY.Q.MARK: 5.80					
MR:KUNDAN . GUWAHATI 5.10 2018					
NR:S. SIVA JALAHALLI 5.30 19/09/2018					
1	PARVEEN KUMAR	170	10/10/92	HARYANA	_____
2	MANISH SINGH	169	12/07/99	HARYANA	_____
3	PARSHANT SINGH KANHIY	168	14/02/00	HARYANA	_____
4	SANDEEP KUMAR	240	01/01/03	MADHYA PRADESH	_____
5	VIGNESH V	355	02/11/93	TAMIL NADU	_____
6	DHIRENDRA KUMAR	405	28/08/99	UTTAR PRADESH	_____
7	KUNWAR GYANENDRA SIN	404	30/06/97	UTTAR PRADESH	_____
8	SHEKHAR KUMAR PANDEY	403	01/02/01	UTTAR PRADESH	_____
Event # 13 MENS Long Jump					FINAL
OLY.Q.MARK: 8.22					
MR:K. PREM KUMAR CHENNAI 8.00 2013					
NR:MURALI SREESHANKAR PATIALA 8.26 16/03/2021					
1	BHUPENDER SINGH	167	13/11/01	HARYANA	_____
2	SAHIL MAHABALI	166	27/12/97	HARYANA	_____
3	SREESHANKAR M	216	27/03/99	KERALA	_____
4	AMAL TP	215	21/03/99	KERALA	_____
5	MUHAMMED ANEES YAHYI	214	03/12/95	KERALA	_____
6	AJAY CHOUHAN	239	31/08/91	MADHYA PRADESH	_____

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Event # 13 MENS Long Jump continued...

7	ANILKUMAR BHAGIRATHI	255	19/04/98	MAHARASHTRA	_____
8	MEHAKPREET SINGH	297	26/03/95	PUNJAB	_____
9	BIKRAMJIT SINGH	296	25/04/95	PUNJAB	_____
10	VINOTH KUMAR YUVARAJ	354	26/09/94	TAMIL NADU	_____
11	SWAMINATHAN R	353	07/04/96	TAMIL NADU	_____
12	VISHNU SIVA SANKAR	352	22/11/96	TAMIL NADU	_____
13	YUGANT SHEKHAR SINGH	402	02/10/97	UTTAR PRADESH	_____
14	RISHABH RISHISHWAR	401	09/03/00	UTTAR PRADESH	_____

Event # 14 MENS Triple Jump

FINAL

OLY.Q.MARK: 17.14

MR:ARPINDER SINGH LUCKNOW 17.17 2014

NR:RENJITH MAHESWARY BANGALORE 17.30 11/07/2016

1	RANJEET KUMAR	106	30/05/94	BIHAR	_____
2	TEJASWIN SHANKAR	128	21/12/98	DELHI	_____
3	JESSE SANDESH	183	22/10/95	KARNATAKA	_____
4	ELDHOSE PAUL	219	07/11/96	KERALA	_____
5	ABDULLA ABOOBACKER	218	17/01/96	KERALA	_____
6	KARTHIK U	217	03/06/93	KERALA	_____
7	KRISHNA SINGH	256	18/07/98	MAHARASHTRA	_____
8	ANILKUMAR BHAGIRATHI	255	19/04/98	MAHARASHTRA	_____
9	GURJOBAN SINGH	303	26/08/98	PUNJAB	_____
10	HARPAL SINGH MANN	302	21/06/02	PUNJAB	_____
11	RAHUL .	301	31/10/98	PUNJAB	_____
12	ARAVINTH E	356	30/06/00	TAMIL NADU	_____

Event # 15 MENS Shot Put

FINAL

OLY.Q.MARK: 21.10

MR:INDERJEET SINGH CHENNAI 20.44 2015

NR:TAJINDER PAL SINGH TOOR RANCHI 20.92 12/10/2019

1	SOURABH VIJ	127	14/06/87	DELHI	_____
2	SAHIB .SINGH	126	05/11/00	DELHI	_____
3	OMPRAKASH SINGH KANH	172	11/01/87	HARYANA	_____
4	CHETAN KAPOOR	171	23/12/93	HARYANA	_____
5	SAMARDEEP SINGH GILL	242	03/01/01	MADHYA PRADESH	_____
6	ABHILASH SAXENA	241	05/07/93	MADHYA PRADESH	_____
7	DEVINDER SINGH	300	30/10/92	PUNJAB	_____
8	KARANVEER SINGH	299	24/07/97	PUNJAB	_____
9	TAJINDERPAL SINGH TOOR	298	13/11/94	PUNJAB	_____
10	AKSHAY .	325	28/12/98	RAJASTHAN	_____
11	VANAM SHARMA	324	13/04/98	RAJASTHAN	_____
12	SHIVAM CHOUDHARY	408	25/08/97	UTTAR PRADESH	_____
13	ABHISHEK SINGH	407	18/07/01	UTTAR PRADESH	_____
14	SAURABH MISHRA	406	10/07/02	UTTAR PRADESH	_____

Event # 16 MENS Discus Throw

FINAL

OLY.Q.MARK: 66.00

MR:KIRPAL SINGH HYDERABAD 59.74 2016

NR:VIKAS GOWDA NORMAN 66.28 12/04/2012

1	ARJUN .	124	01/07/93	DELHI	_____
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2	NIRBHAY SINGH	159	20/11/96	HARYANA	_____
3	VAZEER .	158	19/07/97	HARYANA	_____
4	SACHIN .	157	05/09/95	HARYANA	_____
5	IKRAM ALI KHAN	237	01/07/01	MADHYA PRADESH	_____
6	GAGANDEEP SINGH	291	20/05/95	PUNJAB	_____
7	HARPREET SINGH	290	18/07/93	PUNJAB	_____
8	KIRPAL SINGH	289	19/05/92	PUNJAB	_____
9	AMIT KUMAR	321	10/12/96	RAJASTHAN	_____
10	VIKAS POONIA	320	15/09/88	RAJASTHAN	_____
11	PRAVEEN KUMAR	319	02/02/96	RAJASTHAN	_____
12	BANVIR SINGH	395	18/01/89	UTTAR PRADESH	_____
13	DHARAMRAJ YADAV	394	26/01/91	UTTAR PRADESH	_____

Event # 17 MENS Hammer Throw

FINAL

OLY.Q.MARK: 77.50

MR:NIRAJ KUMAR HYDERABAD 70.73 2016

NR:NEERAJ KUMAR HYDERABAD 70.73 29/06/2016

1	RAVI .	160	23/10/99	HARYANA	_____
2	GURPREET SINGH	293	19/05/96	PUNJAB	_____
3	DAMNEET SINGH	292	10/03/00	PUNJAB	_____
4	NITESH POONIA	323	31/12/00	RAJASTHAN	_____
5	NIRAJ KUMAR	322	17/09/90	RAJASTHAN	_____
6	MANJEET SIROHI	398	01/07/95	UTTAR PRADESH	_____
7	VIPIN KUMAR	397	03/03/03	UTTAR PRADESH	_____
8	MERAJ ALI	396	30/05/99	UTTAR PRADESH	_____

Event # 18 MENS Javelin Throw

FINAL

OLY.Q.MARK: 85.00

MR:SHIVPAL SINGH GUWAHATI 82.28 2018

NR:NEERAJ CHOPRA PATIALA 88.07 05/03/2021

1	ABHISHEK DRALL	125	11/05/98	DELHI	_____
2	YASHVIR SINGH	165	22/10/01	HARYANA	_____
3	SAHIL SILWAL	164	17/12/00	HARYANA	_____
4	RAJENDER SINGH	163	05/04/86	HARYANA	_____
5	MANU D P	185	24/01/00	KARNATAKA	_____
6	BIBIN ANTONY	238	04/05/94	MADHYA PRADESH	_____
7	KUNWER AJAIRAJ SINGH R.	295	13/01/02	PUNJAB	_____
8	ARSHDEEP SINGH	294	05/04/99	PUNJAB	_____
9	SUMEDHA RANASINGHE	420	10/02/91	SRI LANKA	_____
10	SHIVPAL SINGH	400	07/06/95	UTTAR PRADESH	_____
11	ROHIT YADAV	399	06/06/01	UTTAR PRADESH	_____

Event # 19 MENS 4x100m Relay

FINAL

MR:TAMIL NADU TEAM GUWAHATI 40.22 2018

NR:INDIAN TEAM NEW DELHI 38.89 12/10/2010

1	MAHARASHTRA A	637		MAHARASHTRA	_____
2	PUNJAB B	638		PUNJAB	_____
3	TAMIL NADU C	639		TAMIL NADU	_____
4	UTTAR PRADESH D	667		UTTAR PRADESH	_____

Event # 20 MENS 4x400m Relay

FINAL

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Event # 20 MENS 4x400m Relay**FINAL**

MR:KERALA TEAM CHENNAI 3:09.29 2006

NR:INDIAN TEAM BANGALORE 3:00.91 10/07/2016

1	DELHI A	640		DELHI	_____
2	HARYANA B	641		HARYANA	_____
3	INDIA G	661		INDIA	_____
4	INDIA-B K	668		INDIA-B	_____
5	KERALA C	642		KERALA	_____
6	MADHYA PRADESH H	662		MADHYA PRADESH	_____
7	MALDIVES I	663		MALDIVES	_____
8	PUNJAB D	643		PUNJAB	_____
9	SRI LANKA J	664		SRI LANKA	_____
10	TAMIL NADU E	644		TAMIL NADU	_____
11	UTTAR PRADESH F	645		UTTAR PRADESH	_____

Event # 21 WOMENS 100m Run**PRELIM**

OLY.Q.MARK: 11.15

MR:DUTEE CHAND GUWAHATI 11.29 2018

NR:DUTEE CHAND RANCHI 11.22 11/10/2019

1	MADDALI SUPRIYA	101	11/05/99	ANDHRA PRADESH	_____
2	HIMA DAS	105	09/01/00	ASSAM	_____
3	PRIYA THAKUR	174	11/09/00	HIMACHAL PRADESH	_____
4	DANESHWARI A T	176	14/08/00	KARNATAKA	_____
5	NAVAMI HR	177	15/05/97	KARNATAKA	_____
6	ANJALI P D	186	22/03/01	KERALA	_____
7	SHILPI SHARMA	224	27/09/98	MADHYA PRADESH	_____
8	RIFA MOHAMED	435	24/09/04	MALDIVES	_____
9	AISHATH SHABAA SALEEM	436	17/04/03	MALDIVES	_____
10	DUTEE CHAND	259	03/02/96	ODISHA	_____
11	NAINY BALA	263	25/01/92	PUNJAB	_____
12	AMRIT KAUR	264	09/11/96	PUNJAB	_____
13	DHANA LAKSHMI	328	05/06/98	TAMIL NADU	_____
14	ARCHANA S SUSEENDRAN	329	09/06/94	TAMIL NADU	_____
15	JEEVANJI DEEPTHI	357	27/09/03	TELANGANA	_____
16	HARIKA DEVI ANTARAM	358	01/07/94	TELANGANA	_____
17	NITHYA GANDHE	359	10/11/99	TELANGANA	_____
18	HIMANI CHANDEL	418	23/08/96	UTTAR PRADESH	_____
19	HIMASHREE ROY	414	15/03/95	WEST BENGAL	_____

Event # 22 WOMENS 200m Run**PRELIM**

OLY.Q.MARK: 22.80

MR:HIMA DAS GUWAHATI 23.10 2018

NR:SARASWATI SAHA LUDHIANA 22.82 28/08/2002

1	MADDALI SUPRIYA	101	11/05/99	ANDHRA PRADESH	_____
2	HIMA DAS	105	09/01/00	ASSAM	_____
3	PRIYA HABBATHANAHALL	178	15/03/03	KARNATAKA	_____
4	ANCY SOJAN E	189	01/03/01	KERALA	_____
5	ANJALI P D	186	22/03/01	KERALA	_____
6	DUTEE CHAND	259	03/02/96	ODISHA	_____
7	DHANA LAKSHMI	328	05/06/98	TAMIL NADU	_____

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Event # 22 WOMENS 200m Run continued...

8	ARCHANA S SUSEENDRAN	329	09/06/94	TAMIL NADU	_____
9	REVATHI VEERAMANI V	330	23/11/97	TAMIL NADU	_____
10	JEEVANJI DEEPTHI	357	27/09/03	TELANGANA	_____
11	HARIKA DEVI ANTARAM	358	01/07/94	TELANGANA	_____

Event # 23 WOMENS 400m Run**PRELIM**

OLY.Q.MARK: 51.35

MR:HIMA DAS GUWAHATI 51.13 2018

NR:HIMA DAS JAKARTA 50.79 26/08/2018

1	DANDI JYOTHIKA SRI	102	16/07/00	ANDHRA PRADESH	_____
2	NEHA .	108	15/03/93	DELHI	_____
3	SHALU CHAUDHARY	109	27/01/94	DELHI	_____
4	NEESHU KUMARI	110	29/10/97	DELHI	_____
5	RACHNA .	133	30/07/00	HARYANA	_____
6	ANJALI DEVI	132	15/09/98	HARYANA	_____
7	KIRAN PAHAL	131	05/08/00	HARYANA	_____
8	PRIYA HABBATHANAHALL	178	15/03/03	KARNATAKA	_____
9	POOVAMMA RAJU	179	05/05/90	KARNATAKA	_____
10	JISNA MATHEW	192	07/01/99	KERALA	_____
11	VISMAYA V K	191	14/05/97	KERALA	_____
12	SALINI VALUPARAMBIL KR	190	10/01/98	KERALA	_____
13	AISHATH HIMNA HASSAN	434	07/01/02	MALDIVES	_____
14	JAUNA MURMU	260	16/08/90	ODISHA	_____
15	NADEESHA RAMANAYAKE	421	28/12/94	SRI LANKA	_____
16	REVATHI VEERAMANI V	330	23/11/97	TAMIL NADU	_____
17	SUBHA VENKATESAN	331	31/08/99	TAMIL NADU	_____
18	SABHYA PATEL	366	08/08/96	UTTAR PRADESH	_____

Event # 24 WOMENS 800m Run**FINAL**

OLY.Q.MARK: 1:59.50

MR:K.C. ROSA KUTTY BANGALORE 2:00.49 1997

NR:TINTU LUKA SPLIT 1:59.17 4/09/2010

1	CHANDA .	111	16/08/01	DELHI	_____
2	NEHA .	108	15/03/93	DELHI	_____
3	SHALU CHAUDHARY	109	27/01/94	DELHI	_____
4	POOVAMMA RAJU	179	05/05/90	KARNATAKA	_____
5	YAMUNA ATMARAM LADK	244	20/04/98	MAHARASHTRA	_____
6	TWINKLE .	269	17/10/95	PUNJAB	_____
7	HARMILAN BAINS	268	23/07/98	PUNJAB	_____
8	NIMALI LIYANAARACHCHI	422	19/09/89	SRI LANKA	_____
9	SNEHLATA YADAV	370	16/07/96	UTTAR PRADESH	_____
10	LILI DAS	415	18/03/98	WEST BENGAL	_____

Event # 25 WOMENS 1500m Run**FINAL**

OLY.Q.MARK: 4:04.20

MR:SINIMOL PAULOSE CHENNAI 4:10.51 2006

NR:SUNITA RANI BUSAN 4:06.03 11/10/2002

1	CHANDA .	111	16/08/01	DELHI	_____
2	CHITRA PALAKEEZ UNNIK	188	09/06/95	KERALA	_____
3	HARMILAN BAINS	268	23/07/98	PUNJAB	_____

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Event # 25 WOMENS 1500m Run continued...					
4	ANKITA .	413	05/02/02	UTTRAKHAND	_____
Event # 26 WOMENS 5000m Run					FINAL
OLY.Q.MARK: 15:10.00					
MR:L. SURIYA GUNTUR 15:46.92 2017					
NR:PREEJA SREEDHARAN GUANGZHOU 15:15.89 26/11/2010					
1	SONIKA .	135	12/06/99	HARYANA	_____
2	KOMAL CHANDRAKANT JA	243	26/01/99	MAHARASHTRA	_____
3	POOJA HARIJAN	306	07/07/94	RAJASTHAN	_____
4	JYOTI .	367	05/07/97	UTTAR PRADESH	_____
5	PARUL CHAUDHARY	369	15/04/95	UTTAR PRADESH	_____
6	PHOOLAN PAL	368	05/01/96	UTTAR PRADESH	_____
7	ANKITA .	413	05/02/02	UTTRAKHAND	_____
Event # 27 WOMENS 10000m Run					FINAL
OLY.Q.MARK: 31:25.00					
MR:PREEJA SREEDHARAN PATIALA 32:36.53 2010					
NR:PREEJA SREEDHARAN GUANGZHOU 31:50.47 21/11/2010					
1	POOJA HARIJAN	306	07/07/94	RAJASTHAN	_____
2	JYOTI .	367	05/07/97	UTTAR PRADESH	_____
3	PHOOLAN PAL	368	05/01/96	UTTAR PRADESH	_____
4	SAVITA PAL	362	15/12/99	UTTAR PRADESH	_____
Event # 28 WOMENS 100m Hurdles					FINAL
OLY.Q.MARK: 12.84					
MR:ANURADHA BISWAL CHENNAI 13.44 2000					
NR:ANURADHA BISWAL NEW DELHI 13.38 08/09/2002					
1	ANN ROSE TOMY	187	25/02/02	KERALA	_____
2	SUMAN DEEP KAUR	265	10/04/94	PUNJAB	_____
3	GURDEEP KAUR	266	02/06/01	PUNJAB	_____
4	KANIMOZHI C	326	08/11/97	TAMIL NADU	_____
5	NANDHINI K	327	13/07/99	TAMIL NADU	_____
6	AGASARA NANDINI	360	07/08/03	TELANGANA	_____
7	RITWIKI SINGH	363	11/12/98	UTTAR PRADESH	_____
Event # 29 WOMENS 400m Hurdles					FINAL
OLY.Q.MARK: 55.40					
MR:JAUNA MURMU GUWAHATI 57.02 2018					
NR:P.T USHA LOS ANGELES 55.42 08/08/1984					
1	NIRMAL PUNIA	134	15/01/03	HARYANA	_____
2	SALINI VALUPARAMBIL KR	190	10/01/98	KERALA	_____
3	KHUSHDEEP KAUR	267	03/04/00	PUNJAB	_____
Event # 30 WOMENS 3000m Steeplechase					FINAL
OLY.Q.MARK: 9:30.00					
MR:SUDHA SINGH GUWAHATI 93:39.59 2018					
NR:LALITA BABAR RIO DE JANEIRO 9:19.76 13/08/2016					
1	CHHAVI YADAV	225	15/08/92	MADHYA PRADESH	_____
2	KOMAL CHANDRAKANT JA	243	26/01/99	MAHARASHTRA	_____
3	NILANI RATHNAYAKE	423	08/08/90	SRI LANKA	_____

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Event # 30 WOMENS 3000m Steeplechase continued...

4	G MAHESHWARI	361	18/08/00	TELANGANA	_____
5	CHINTA .	365	26/03/93	UTTAR PRADESH	_____
6	PARUL CHAUDHARY	369	15/04/95	UTTAR PRADESH	_____
7	SUDHA SINGH	364	25/06/86	UTTAR PRADESH	_____

Event # 31 WOMENS High Jump

FINAL

OLY.Q.MARK: 1.96

MR:SAHANA KUMARI HYDERABAD 1.92 2012

NR:SAHANA KUMARI HYDERABAD 1.92 23/06/2012

1	ANGEL P DEVASIA	193	06/12/94	KERALA	_____
2	GIJI GEORGE STEPHEN	333	30/12/00	TAMIL NADU	_____

Event # 32 WOMENS Pole Vault

FINAL

OLY.Q.MARK: 4.70

MR:KHYATI VAKHARIA CHENNAI 4.00 2018

NR:V.S. SUREKHA NEW DELHI 4.15 04/11/2014

1	BABITA PATEL	226	12/08/00	MADHYA PRADESH	_____
2	ROSY MEENA PAULRAJ	338	28/10/97	TAMIL NADU	_____
3	BARANICA ELANGOVAN	337	03/02/97	TAMIL NADU	_____

Event # 33 WOMENS Long Jump

FINAL

OLY.Q.MARK: 6.82

MR:MAYOOKHA JOHNY BANGALORE 6.63 2011

NR:ANJU B. GEORGE ATHENS 6.83 27/08/2004

1	RENU .	143	12/12/98	HARYANA	_____
2	ANCY SOJAN E	189	01/03/01	KERALA	_____
3	POOJA SAINI	313	10/10/99	RAJASTHAN	_____
4	SHERIN A	336	24/02/00	TAMIL NADU	_____
5	PUNITHA RAMASAMY	335	13/04/00	TAMIL NADU	_____
6	AGASARA NANDINI	360	07/08/03	TELANGANA	_____
7	SHIVANI SINGH	378	06/06/98	UTTAR PRADESH	_____
8	SHAILI SINGH	377	07/01/04	UTTAR PRADESH	_____
9	SHIWANGI DUBEY	376	03/08/98	UTTAR PRADESH	_____

Event # 34 WOMENS Triple Jump

FINAL

OLY.Q.MARK: 14.32

MR:MAYOOKHA JOHNY LUCKNOW 13.72 2014

NR:MAYOOKHA JOHNY KOBE 14.11 09/07/2011

1	RENU .	143	12/12/98	HARYANA	_____
2	ATHIRA SURENDRAN	194	21/09/96	KERALA	_____
3	ASHAI	339	18/06/99	TAMIL NADU	_____
4	KM. SONAM	380	15/05/98	UTTAR PRADESH	_____

Event # 35 WOMENS Shot Put

FINAL

OLY.Q.MARK: 18.50

MR:HARBANS KAUR KOLKATA 16.98 1998

NR:MANPREET KAUR KOLKATA 17.96 16/09/2015

1	SRISHTI VIG	114	15/07/95	DELHI	_____
2	SONAL GOYAL	113	27/03/98	DELHI	_____
3	REKHA .	144	02/02/01	HARYANA	_____

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Event # 35 WOMENS Shot Put continued...

4	HARKIRAT KAUR	273	08/10/92	PUNJAB	_____
5	MANPREET KAUR	272	05/03/96	PUNJAB	_____
6	KACHNAR CHAUDHARY	314	11/05/99	RAJASTHAN	_____
7	NANDHINI VELLAICHAMY	332	11/01/94	TAMIL NADU	_____
8	KIRAN BALIYAN	379	06/03/99	UTTAR PRADESH	_____

Event # 36 WOMENS Discus Throw

FINAL

OLY.Q.MARK: 63.50

MR:NEELAM J. SINGH CHENNAI 62.49 2000

NR:KAMAL PREET KAUR PATIALA 65.06 19/03/2021

1	SRISHTI VIG	114	15/07/95	DELHI	_____
2	SONAL GOYAL	113	27/03/98	DELHI	_____
3	KAMAL PREET KAUR	270	04/03/96	PUNJAB	_____
4	MADHU RENU	307	01/05/97	RAJASTHAN	_____
5	NANDHINI VELLAICHAMY	332	11/01/94	TAMIL NADU	_____
6	SEEMA PUNIA	372	27/07/83	UTTAR PRADESH	_____
7	SHIVANI .	371	08/10/99	UTTAR PRADESH	_____

Event # 37 WOMENS Hammer Throw

FINAL

OLY.Q.MARK: 72.50

MR:SARITA R SINGH GUWAHATI 63.28 2018

NR:SARITA SINGH PATIALA 65.25 01/06/2017

1	HARSHITA SEHRAWAT	112	01/04/03	DELHI	_____
2	RENU .	136	06/03/94	HARYANA	_____
3	SNEHA SURYAKANT JADHA	246	10/01/00	MAHARASHTRA	_____
4	SURABHI GANESH VEDPATI	245	29/08/98	MAHARASHTRA	_____
5	DIVYA SHANDILYA	261	05/07/98	ODISHA	_____
6	SARABJIT KAUR	271	12/04/84	PUNJAB	_____
7	MANJU BALA	310	01/07/89	RAJASTHAN	_____
8	KULVINDER KAUR	309	15/02/98	RAJASTHAN	_____
9	BHAGWATI CHOUDHARY	308	23/07/01	RAJASTHAN	_____
10	SARITA R SINGH	374	26/10/89	UTTAR PRADESH	_____
11	NIKETA .	373	16/11/95	UTTAR PRADESH	_____

Event # 38 WOMENS Javelin Throw

FINAL

OLY.Q.MARK: 64.00

MR:ANNU RANI HYDERABAD 59.87 2016

NR:ANNU RANI PATIALA 63.24 15/03/2021

1	HARITA .	142	04/12/01	HARYANA	_____
2	SHILPA RANI	141	15/06/96	HARYANA	_____
3	PUSHPA JAKHAR	140	29/11/97	HARYANA	_____
4	KARISHMA S SANIL	180	04/06/00	KARNATAKA	_____
5	UMA CHOUDHARY	312	04/10/99	RAJASTHAN	_____
6	SANJANA CHOUDHARY	311	09/07/99	RAJASTHAN	_____
7	HEMAMALINI NEELAKAND	334	12/04/00	TAMIL NADU	_____
8	ANNU AMARPAL RANI	375	29/08/92	UTTAR PRADESH	_____

Event # 39 WOMENS 4x100m Relay

FINAL

MR:TAMIL NADU TEAM LUCKNOW 45.69 2019

NR:INDIAN TEAM ALMATY 43.42 04/07/2016

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Event # 39 WOMENS 4x100m Relay					FINAL
MR:TAMIL NADU TEAM LUCKNOW 45.69 2019					
NR:INDIAN TEAM ALMATY 43.42 04/07/2016					
1	DELHI E	653		DELHI	_____
2	HARYANA G	655		HARYANA	_____
3	INDIA J	658		INDIA	_____
4	INDIA-B M	669		INDIA-B	_____
5	KERALA A	646		KERALA	_____
6	MADHYA PRADESH I	657		MADHYA PRADESH	_____
7	MAHARASHTRA H	656		MAHARASHTRA	_____
8	MALDIVES K	659		MALDIVES	_____
9	PUNJAB B	647		PUNJAB	_____
10	SRI LANKA L	660		SRI LANKA	_____
11	TAMIL NADU C	648		TAMIL NADU	_____
12	TELANGANA D	649		TELANGANA	_____
13	UTTAR PRADESH F	654		UTTAR PRADESH	_____
Event # 40 WOMENS 4x400m Relay					FINAL
MR:KARNATAKA TEAM GUWAHATI 3:35.32 2018					
NR:INDIAN TEAM ATHENS 3:26.89 27/08/2004					
1	DELHI A	650		DELHI	_____
2	KERALA B	651		KERALA	_____
3	PUNJAB C	665		PUNJAB	_____
4	UTTAR PRADESH D	666		UTTAR PRADESH	_____
Event # 42 WOMENS 100m Hep Hurdles					FINAL
1	KAJAL .	138	21/02/00	HARYANA	_____
2	MADHU .	139	03/01/99	HARYANA	_____
3	SONU KUMARI	137	23/11/00	HARYANA	_____
Event # 50 MENS 100m Dec Dash					FINAL
1	MOHIT SAINI	156	21/08/95	HARYANA	_____
2	GOKUL S	210	17/12/96	KERALA	_____
3	KUSHAL KUMAR MOHITE	254	02/04/03	MAHARASHTRA	_____
4	MAYENGBAM ALKEN SING	258	16/05/97	MANIPUR	_____
5	GURLAL SINGH	288	12/10/94	PUNJAB	_____
6	YAMAN DEEP SHARMA	318	10/03/99	RAJASTHAN	_____
7	KRISHNA KUMAR	350	30/04/97	TAMIL NADU	_____
8	USAID KHAN	393	19/03/02	UTTAR PRADESH	_____
9	SOURABH RATHI	392	02/01/01	UTTAR PRADESH	_____