

<b>60TH NATIONAL INTER STATE SR. ATHLETICS CHAMPIONSHIPS</b>				
<b>25-29 JUNE 2021</b>				
<b>NS NIS, PATIALA (PUNJAB)</b>				
<b>START LIST DAY-2 (26 JUNE 2021)</b>				
<b>Event # 55 MENS 110m Hurdles Decathlon-6</b>				<b>TIME: 07:00 HRS</b>
2	SOURABH RATHI	392	02/01/01	UTTAR PRADESH
3	USAID KHAN	393	19/03/02	UTTAR PRADESH
4	GOKUL S	210	17/12/96	KERALA
5	YAMAN DEEP SHARMA	318	10/03/99	RAJASTHAN
6	GURLAL SINGH	288	12/10/94	PUNJAB
7	KRISHNA KUMAR	350	30/04/97	TAMIL NADU
8	KUSHAL KUMAR MOHITE	254	02/04/03	MAHARASHTRA
<b>Event # 8 MENS 110m Hurdles</b>				<b>FINAL</b>
<b>OLY.Q.MARK: 13.32</b>				<b>TIME: 07:30 HRS</b>
<b>NR:SIDDHANTH THINGALAYA MESA 13.48 10/06/2017</b>				
<b>MR:SIDDHANTH THINGALAYA LUCKNOW 13.65 2019</b>				
<b>2 HEATS: 3Q + 2q</b>				
<b>Heat 1</b>				
3	VEERARAGAVENDRA S	341	12/12/99	TAMIL NADU
4	YASHWANTH KUMAR LAVETI	104	28/08/01	ANDHRA PRADESH
5	SIDDHANTH UMANANDA THINGALAYA	252	03/01/91	MAHARASHTRA
6	KUNAL CHAUDHARY	381	24/03/99	UTTAR PRADESH
7	AMRINDER SINGH AULAKH	281	03/12/96	PUNJAB
<b>Heat 2</b>				
3	NARESH YADAV	382	05/12/97	UTTAR PRADESH
4	MOHAMMED FAIS C	205	06/04/99	KERALA
5	PRAVEEN KUMAR	231	25/02/92	MADHYA PRADESH
6	VEERAMANI P	342	17/03/94	TAMIL NADU
7	DEBARJUN MURMU	416	09/02/98	WEST BENGAL
<b>Event # 56 MENS Discus Throw Decathlon-7</b>				<b>TIME: 07:45 HRS</b>
<b>Event # 42 WOMENS 100m Hurdles Heptathlon-1</b>				<b>TIME: 07:45 HRS</b>
3	MADHU .	139	03/01/99	HARYANA
4	SONU KUMARI	137	23/11/00	HARYANA
5	KAJAL .	138	21/02/00	HARYANA

<b>Event # 21 WOMENS 100m Run</b>				<b>HEATS</b>
OLY.Q.MARK: 11.15				<b>TIME: 08:00 HRS</b>
NR:DUTEE CHAND RANCHI 11.22 11/10/2019				
MR:DUTEE CHAND GUWAHATI 11.29 2018				
3 HEATS: 2Q + 2q				
<b>Heat 1</b>				
2	AMRIT KAUR	264	09/11/96	PUNJAB
3	SHILPI SHARMA	224	27/09/98	MADHYA PRADESH
4	SHALINDA JANSEN	425	16/03/01	SRI LANKA
5	DANESHWARI A T	176	14/08/00	KARNATAKA
6	DUTEE CHAND	259	03/02/96	ODISHA
7	JEEVANJI DEEPHI	357	27/09/03	TELANGANA
8	HIMANI CHANDEL	418	23/08/96	UTTAR PRADESH
<b>Heat 2</b>				
2	ANJALI P D	186	22/03/01	KERALA
3	NITHYA GANDHE	359	10/11/99	TELANGANA
4	AISHATH SHABAA SALEEM	436	17/04/03	MALDIVES
5	ARCHANA S SUSEENDRAN	329	09/06/94	TAMIL NADU
6	HIMASHREE ROY	414	15/03/95	WEST BENGAL
7	PRIYA THAKUR	174	11/09/00	HIMACHAL PRADESH
8	NAVAMI HR	177	15/05/97	KARNATAKA
<b>Heat 3</b>				
2	NAINY BALA	263	25/01/92	PUNJAB
3	HIMA DAS	105	09/01/00	ASSAM
4	DHANA LAKSHMI	328	05/06/98	TAMIL NADU
5	AMASHA DE SILVA	424	12/08/99	SRI LANKA
6	RIFA MOHAMED	435	24/09/04	MALDIVES
7	HARIKA DEVI ANTARAM	358	01/07/94	TELANGANA
8	MADDALI SUPRIYA	101	11/05/99	ANDHRA PRADESH
<b>Event # 43 WOMENS High Jump Heptathlon-2</b>				<b>TIME: 08:30 HRS</b>
<b>Event # 57 MENS Pole Vault Decathlon-8</b>				<b>TIME: 09:00 HRS</b>
<b>Event # 58 MENS Javelin Throw Decathlon-9</b>				<b>TIME: 18:00 HRS</b>
<b>Event # 44 WOMENS Shot Put Heptathlon-3</b>				<b>TIME: 18:45 HRS</b>

<b>Event # 29 WOMENS 400m Hurdles</b>				<b>FINAL</b>
<b>OLY.Q.MARK: 55.40</b>				<b>TIME: 19:00 HRS</b>
<b>NR:P.T USHA LOS ANGELES 55.42 08/08/1984</b>				
<b>MR:JAUNA MURMU GUWAHATI 57.02 2018</b>				
3	SALINI VALUPARAMBIL KRISHNA	190	10/01/98	KERALA
4	NIRMAL PUNIA	134	15/01/03	HARYANA
5	KHUSHDEEP KAUR	267	03/04/00	PUNJAB
<b>Event # 9 MENS 400m Hurdles</b>				<b>FINAL</b>
<b>OLY.Q.MARK: 48.90</b>				<b>TIME: 19:15 HRS</b>
<b>NR:A. DHARUN PATIALA 48.80 16/03/2019</b>				
<b>MR:A. DHARUN TAMILNADU 49.68 2018</b>				
3	AFTAB ALAM	388	03/03/97	UTTAR PRADESH
4	JABIR MADARI PALLIYALIL	209	08/06/96	KERALA
5	PRAVIN KUMAR	349	15/11/96	TAMIL NADU
6	SATHISH K	348	01/09/94	TAMIL NADU
<b>Event # 45 WOMENS 200m Heptathlon-3</b>				<b>TIME: 19:30 HRS</b>
<b>Event # 1 MENS 100m Run</b>				<b>FINAL</b>
<b>OLY.Q.MARK: 10.05</b>				<b>TIME: 19:45 HRS</b>
<b>NR:AMIYA KUMAR MALLICK NEW DELHI 10.26 28/04/2016</b>				
<b>MR:KRISHNA KUMAR RANE LUCKNOW 10.32 2014</b>				
1	SHASHANK BALWANTRAO SHINDE	107	07/08/94	CHHATTISGARH
2	ASWIN K.P	202	16/09/96	KERALA
3	GURINDERVIR SINGH	278	24/12/00	PUNJAB
4	AMIYA KUMAR MALLICK	262	14/11/92	ODISHA
5	NALUBOTHU SHANUMAGA SRINIVAS	103	09/10/02	ANDHRA PRADESH
6	LOVE PREET SINGH	279	27/11/99	PUNJAB
7	SAURABH RAJESH NAITAM	251	23/03/01	MAHARASHTRA
8	NARINDER SINGH	280	17/05/93	PUNJAB
<b>Event # 21 WOMENS 100m Run</b>				<b>FINAL</b>
<b>OLY.Q.MARK: 11.15</b>				<b>TIME: 19:55 HRS</b>
<b>NR:DUTEE CHAND RANCHI 11.22 11/10/2019</b>				
<b>MR:DUTEE CHAND GUWAHATI 11.29 2018</b>				
<b>Event # 59 MENS 1500m Decathlon-10</b>				<b>TIME: 20:10 HRS</b>

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<b>Event # 33 WOMENS Long Jump</b>				<b>FINAL</b>
<b>OLY.Q.MARK: 6.82</b>				<b>TIME: 17:00 HRS</b>
<b>NR:ANJU B. GEORGE ATHENS 6.83 27/08/2004</b>				
<b>MR:MAYOOKHA JOHNY BANGALORE 6.63 2011</b>				
1	RENU .	143	12/12/98	HARYANA
2	SHERIN A	336	24/02/00	TAMIL NADU
3	SHIWANGI DUBEY	376	03/08/98	UTTAR PRADESH
4	ANCY SOJAN E	189	01/03/01	KERALA
5	AGASARA NANDINI	360	07/08/03	TELANGANA
6	PUNITHA RAMASAMY	335	13/04/00	TAMIL NADU
7	POOJA SAINI	313	10/10/99	RAJASTHAN
8	SHAILI SINGH	377	07/01/04	UTTAR PRADESH
9	SHIVANI SINGH	378	06/06/98	UTTAR PRADESH
<b>Event # 35 WOMENS Shot Put</b>				<b>FINAL</b>
<b>OLY.Q.MARK: 18.50</b>				<b>TIME: 17:00 HRS</b>
<b>NR:MANPREET KAUR KOLKATA 17.96 16/09/2015</b>				
<b>MR:HARBANS KAUR KOLKATA 16.98 1998</b>				
1	REKHA .	144	02/02/01	HARYANA
2	KIRAN BALIYAN	379	06/03/99	UTTAR PRADESH
3	KACHNAR CHAUDHARY	314	11/05/99	RAJASTHAN
4	SONAL GOYAL	113	27/03/98	DELHI
5	HARKIRAT KAUR	273	08/10/92	PUNJAB
6	MANPREET KAUR	272	05/03/96	PUNJAB
7	NANDHINI VELLAICHAMY	332	11/01/94	TAMIL NADU
8	SRISHTI VIG	114	15/07/95	DELHI
<b>Event # 11 MENS High Jump</b>				<b>FINAL</b>
<b>OLY.Q.MARK: 2.33</b>				<b>TIME: 18:00 HRS</b>
<b>NR:TEJASWIN SHANKAR LUBBOCK 2.29 27/04/2018</b>				
<b>MR:B. CHETHAN GUWAHATI 2.25 2018</b>				
1	AKASH .	161	03/10/01	HARYANA
2	CHETHAN BALASUBRAMANYA	184	18/08/92	KARNATAKA
3	MUHAMMED JASEEM.C	213	06/03/00	KERALA
4	GEO JOS	211	24/09/98	KERALA
5	NISHAD KUMAR	175	03/10/99	HIMACHAL PRADESH
6	MANDEEP NAIN	162	27/03/01	HARYANA
7	VEERAMANI S	351	28/08/94	TAMIL NADU
8	JESSE SANDESH	183	22/10/95	KARNATAKA
9	TEJASWIN SHANKAR	128	21/12/98	DELHI
10	AROMAL T	212	13/09/98	KERALA

<b>Event # 17 MENS Hammer Throw</b>				<b>FINAL</b>
<b>OLY.Q.MARK: 77.50</b>				<b>TIME: 18:00 HRS</b>
<b>NR:NEERAJ KUMAR HYDERABAD 70.73 29/06/2016</b>				
<b>MR:NIRAJ KUMAR HYDERABAD 70.73 2016</b>				
<b>1</b>	RAVI .	160	23/10/99	HARYANA
<b>2</b>	MERAJ ALI	396	30/05/99	UTTAR PRADESH
<b>3</b>	NIRAJ KUMAR	322	17/09/90	RAJASTHAN
<b>4</b>	VIPIN KUMAR	397	03/03/03	UTTAR PRADESH
<b>5</b>	NITESH POONIA	323	31/12/00	RAJASTHAN
<b>6</b>	DAMNEET SINGH	292	10/03/00	PUNJAB
<b>7</b>	GURPREET SINGH	293	19/05/96	PUNJAB
<b>8</b>	MANJEET SIROHI	398	01/07/95	UTTAR PRADESH