

60TH NATIONAL INTER STATE SR. ATHLETICS CHAMPIONSHIPS				
25-29 JUNE 2021				
NS NIS, PATIALA (PUNJAB)				
START LIST DAY-4 (28 JUNE 2021)				
Event # 27 WOMENS 10000m Run				FINAL
OLY.Q.MARK: 31:25.00				TIME: 06:00 HRS
NR:PREEJA SREEDHARAN GUANGZHOU 31:50.47 21/11/2010				
MR:PREEJA SREEDHARAN PATIALA 32:36.53 2010				
1	SAVITA PAL	362	15/12/99	UTTAR PRADESH
2	PHOOLAN PAL	368	05/01/96	UTTAR PRADESH
3	POOJA HARIJAN	306	07/07/94	RAJASTHAN
4	JYOTI .	367	05/07/97	UTTAR PRADESH
Event # 3 MENS 400m Run				FINAL
OLY.Q.MARK: 44.90				TIME: 18:30 HRS
NR:MUHAMMED ANAS KLADNO,CZE 45.21 13/07/2019				
MR:PARAMJIT SINGH CHENNAI 45.56 2000				
1	JASHANPREET SINGH	284	04/07/00	PUNJAB
2	SARTHAK BHAMBRI	120	14/08/98	DELHI
3	KALIGA KUMARAGE	419	25/09/92	SRI LANKA
4	ALEX A	206	03/09/94	KERALA
5	VIKRANT PANCHAL	151	30/01/00	HARYANA
6	JASHANJOT SINGH	285	07/02/95	PUNJAB
7	KARANPREET SINGH	283	25/08/00	PUNJAB
8	RASHID .	121	08/01/01	DELHI
Event # 38 WOMENS Javelin Throw				FINAL
OLY.Q.MARK: 64.00				TIME: 18:35 HRS
NR:ANNU RANI PATIALA 63.24 15/03/2021				
MR:ANNU RANI HYDERABAD 59.87 2016				
1	HARITA .	142	04/12/01	HARYANA
2	ANNU AMARPAL RANI	375	29/08/92	UTTAR PRADESH
3	SANJANA CHOUDHARY	311	09/07/99	RAJASTHAN
4	UMA CHOUDHARY	312	04/10/99	RAJASTHAN
5	PUSHPA JAKHAR	140	29/11/97	HARYANA
6	HEMAMALINI NEELAKANDAN	334	12/04/00	TAMIL NADU
7	SHILPA RANI	141	15/06/96	HARYANA
8	KARISHMA S SANIL	180	04/06/00	KARNATAKA
Event # 23 WOMENS 400m Run				FINAL
OLY.Q.MARK: 51.35				TIME: 18:45 HRS
NR:HIMA DAS JAKARTA 50.79 26/08/2018				
MR:HIMA DAS GUWAHATI 51.13 2018				
1	JISNA MATHEW	192	07/01/99	KERALA
2	RACHNA .	133	30/07/00	HARYANA

3	PRIYA HABBATHANAHALLY MOHA	178	15/03/03	KARNATAKA
4	POOVAMMA RAJU	179	05/05/90	KARNATAKA
5	SUBHA VENKATESAN	331	31/08/99	TAMIL NADU
6	REVATHI VEERAMANI V	330	23/11/97	TAMIL NADU
7	NADEESHA RAMANAYAKE	421	28/12/94	SRI LANKA
8	KIRAN PAHAL	131	05/08/00	HARYANA
Event # 13 MENS Long Jump				FINAL
OLY.Q.MARK: 8.22				TIME: 18:50 HRS
NR:MURALI SREESHANKAR PATIALA 8.26 16/03/2021				
MR:K. PREM KUMAR CHENNAI 8.00 2013				
1	MUHAMMED ANEES YAHIIYA	214	03/12/95	KERALA
2	ANILKUMAR BHAGIRATHI SAHOO	255	19/04/98	MAHARASHTRA
3	AJAY CHOUHAN	239	31/08/91	MADHYA PRADESH
4	VINOTH KUMAR YUVARAJ	354	26/09/94	TAMIL NADU
5	SREESHANKAR M	216	27/03/99	KERALA
6	SAHIL MAHABALI	166	27/12/97	HARYANA
7	SWAMINATHAN R	353	07/04/96	TAMIL NADU
8	RISHABH RISHISHWAR	401	09/03/00	UTTAR PRADESH
9	YUGANT SHEKHAR SINGH	402	02/10/97	UTTAR PRADESH
10	BHUPENDER SINGH	167	13/11/01	HARYANA
11	BIKRAMJIT SINGH	296	25/04/95	PUNJAB
12	MEHAKPREET SINGH	297	26/03/95	PUNJAB
13	VISHNU SIVA SANKAR	352	22/11/96	TAMIL NADU
14	AMAL TP	215	21/03/99	KERALA
Event # 19 MENS 4x100m Relay				FINAL
NR:INDIAN TEAM NEW DELHI 38.89 12/10/2010				TIME: 19:00 HRS
MR:TAMIL NADU TEAM GUWAHATI 40.22 2018				
2	MAHARASHTRA A	637		MAHARASHTRA
3	UTTAR PRADESH D	667		UTTAR PRADESH
4	KERALA E	689		KERALA
5	PUNJAB B	638		PUNJAB
6	TAMIL NADU C	639		TAMIL NADU
Event # 15 MENS Shot Put				FINAL
OLY.Q.MARK: 21.10				TIME: 19:30 HRS
NR:TAJINDER PAL SINGH TOOR PATIALA 21.49 21/06/2021				
MR:INDERJEET SINGH CHENNAI 20.44 2015				
1	AKSHAY .	325	28/12/98	RAJASTHAN
2	SAHIB .SINGH	126	05/11/00	DELHI
3	SHIVAM CHOUDHARY	408	25/08/97	UTTAR PRADESH
4	CHETAN KAPOOR	171	23/12/93	HARYANA
5	SAURABH MISHRA	406	10/07/02	UTTAR PRADESH
6	ABHILASH SAXENA	241	05/07/93	MADHYA PRADESH
7	VANAM SHARMA	324	13/04/98	RAJASTHAN
8	ABHISHEK SINGH	407	18/07/01	UTTAR PRADESH

9	DEVINDER SINGH	300	30/10/92	PUNJAB
10	KARANVEER SINGH	299	24/07/97	PUNJAB
11	SAMARDEEP SINGH GILL	242	03/01/01	MADHYA PRADESH
12	OMPRAKASH SINGH KARHANA	172	11/01/87	HARYANA
13	TAJINDERPAL SINGH TOOR	298	13/11/94	PUNJAB
14	SOURABH VIJ	127	14/06/87	DELHI
Event # 5 MENS 1500m Run				FINAL
OLY.Q.MARK: 3:35.00				TIME: 19:35 HRS
NR:JINSON JOHNSON BERLIN 3:35.24 01/09/2019				
MR:BAHADUR PRASAD CHENNAI 3:40.10 1995				
1	SAURABH RAWAT	384	02/06/02	UTTAR PRADESH
2	SHASHI BHUSHAN SINGH	417	10/01/96	WEST BENGAL
3	RAHUL .	119	01/12/96	DELHI
4	ANKIT .	153	01/12/99	HARYANA
5	AJAY KUMAR SAROJ	383	01/05/97	UTTAR PRADESH
Event # 25 WOMENS 1500m Run				
OLY.Q.MARK: 4:04.20				
NR:SUNITA RANI BUSAN 4:06.03 11/10/2002				
MR:SINIMOL PAULOSE CHENNAI 4:10.51 2006				
This Event has been Shifted on 29/06/2021 at 19.40 HRS				