

60TH NATIONAL INTER STATE SR. ATHLETICS CHAMPIONSHIPS				
25-29 JUNE 2021				
NS NIS, PATIALA (PUNJAB)				
START LIST DAY-5 (29 JUNE 2021)				
Event # 18 MENS Javelin Throw				FINAL
OLY.Q.MARK: 85.00				TIME: 18:30 HRS
NR:NEERAJ CHOPRA PATIALA 88.07 05/03/2021				
MR:SHIVPAL SINGH GUWAHATI 82.28 2018				
1	BIBIN ANTONY	238	04/05/94	MADHYA PRADESH
2	MANU D P	185	24/01/00	KARNATAKA
3	ABHISHEK DRALL	125	11/05/98	DELHI
4	SUMEDHA RANASINGHE	420	10/02/91	SRI LANKA
5	SAHIL SILWAL	164	17/12/00	HARYANA
6	ARSHDEEP SINGH	294	05/04/99	PUNJAB
7	RAJENDER SINGH	163	05/04/86	HARYANA
8	SHIVPAL SINGH	400	07/06/95	UTTAR PRADESH
9	YASHVIR SINGH	165	22/10/01	HARYANA
10	KUNWER AJAIRAJ SINGH RANA	295	13/01/02	PUNJAB
11	ROHIT YADAV	399	06/06/01	UTTAR PRADESH
Event # 39 WOMENS 4x100m Relay				FINAL
NR:INDIAN TEAM ALMATY 43.42 04/07/2016				TIME: 19:00 HRS
MR:TAMIL NADU TEAM LUCKNOW 45.69 2019				
1	UTTAR PRADESH F	654		UTTAR PRADESH
2	PUNJAB B	647		PUNJAB
3	INDIA J	658		INDIA
4	KERALA A	646		KERALA
5	SRI LANKA L	660		SRI LANKA
6	TAMIL NADU C	648		TAMIL NADU
7	TELANGANA D	649		TELANGANA
8	MALDIVES K	659		MALDIVES
Event # 40 WOMENS 4x400m Relay				FINAL
NR:INDIAN TEAM ATHENS 3:26.89 27/08/2004				TIME: 19:10 HRS
MR:KARNATAKA TEAM GUWAHATI 3:35.32 2018				
2	PUNJAB C	665		PUNJAB
3	INDIA E	715		INDIA
4	INDIA MIX G	717		INDIA MIX
5	INDIA MIX-B F	718		INDIA MIX-B
6	DELHI A	650		DELHI
7	KERALA B	651		KERALA
8	UTTAR PRADESH D	666		UTTAR PRADESH
Event # 20 MENS 4x400m Relay				FINAL
NR:INDIAN TEAM BANGALORE 3:00.91 10/07/2016				TIME: 19:20 HRS

MR:KERALA TEAM CHENNAI 3:09.29 2006				
2	MALDIVES I	663		MALDIVES
3	INDIA G	661		INDIA
4	DELHI A	640		DELHI
5	PUNJAB D	643		PUNJAB
6	KERALA C	642		KERALA
7	HARYANA B	641		HARYANA
Event # 25 WOMENS 1500m Run				FINAL
OLY.Q.MARK: 4:04.20				TIME: 19:40 HRS
NR:SUNITA RANI BUSAN 4:06.03 11/10/2002				
MR:SINIMOL PAULOSE CHENNAI 4:10.51 2006				
1	CHITRA PALAKEEZ UNNIKRISHNAN	188	09/06/95	KERALA
2	HARMILAN BAINS	268	23/07/98	PUNJAB
3	CHANDA .	111	16/08/01	DELHI
4	ANKITA .	413	05/02/02	UTTRAKHAND
Event # 10 MENS 3000m Steeplechase				FINAL
OLY.Q.MARK: 8:22.00				TIME: 19:50 HRS
NR:AVINASH SABLE PATIALA 8:20.20 17/03/2021				
MR:AVINASH SABLE LUCKNOW 8:33.19 2019				
1	BALKISHAN .	148	09/11/98	HARYANA
2	RAJKUMAR .	149	12/12/99	HARYANA
3	SHANKAR LAL SWAMI	147	05/07/96	HARYANA
4	LOKESH CHAUDHARY	386	01/07/99	UTTAR PRADESH
5	VIKRAM SINGH	235	03/07/96	MADHYA PRADESH
6	MD NUR HASAN	387	18/08/01	UTTAR PRADESH
7	RAKESH KUMAR SWAMI	315	07/01/94	RAJASTHAN
Event # 36 WOMENS Discus Throw				FINAL
OLY.Q.MARK: 63.50				TIME: 20:00 HRS
NR:KAMAL PREET KAUR PATIALA 65.06 19/03/2021				
MR:NEELAM J. SINGH CHENNAI 62.49 2000				
1	SHIVANI .	371	08/10/99	UTTAR PRADESH
2	SONAL GOYAL	113	27/03/98	DELHI
3	KAMAL PREET KAUR	270	04/03/96	PUNJAB
4	SEEMA PUNIA	372	27/07/83	UTTAR PRADESH
5	MADHU RENU	307	01/05/97	RAJASTHAN
6	NANDHINI VELLAICHAMY	332	11/01/94	TAMIL NADU
7	SRISHTI VIG	114	15/07/95	DELHI
Event # 30 WOMENS 3000m Steeplechase				FINAL
OLY.Q.MARK: 9:30.00				TIME: 20:10 HRS
NR:LALITA BABAR RIO DE JANEIRO 9:19.76 13/08/2016				

MR:SUDHA SINGH GUWAHATI 93:39.59 2018				
1	CHHAVI YADAV	225	15/08/92	MADHYA PRADESH
2	SUDHA SINGH	364	25/06/86	UTTAR PRADESH
3	PARUL CHAUDHARY	369	15/04/95	UTTAR PRADESH
4	NILANI RATHNAYAKE	423	08/08/90	SRI LANKA
5	CHINTA .	365	26/03/93	UTTAR PRADESH
6	KOMAL CHANDRAKANT JAGADALE	243	26/01/99	MAHARASHTRA
7	G MAHESHWARI	361	18/08/00	TELANGANA
Event # 2 MENS 200m Run				FINAL
OLY.Q.MARK: 20.24				TIME: 20:30 HRS
NR:M.ANAS JABLONEC NAD NISOU 20.63 15/08/2018				
MR:ANIL KUMAR CHENNAI 20.80 2000				
1	RAVINDRA KUMAR	385	02/05/96	UTTAR PRADESH
2	ELAKKIYADASAN KANNADASAN	343	31/01/95	TAMIL NADU
3	KALIGA KUMARAGE	419	25/09/92	SRI LANKA
4	NALUBOTHU SHANUMAGA SRINIVAS	103	09/10/02	ANDHRA PRADESH
5	NITHIN B	344	12/04/99	TAMIL NADU
6	SHASHANK BALWANTRAO SHINDE	107	07/08/94	CHHATTISGARH
7	LOVE PREET SINGH	279	27/11/99	PUNJAB
8	TARANDEEP SINGH	282	05/11/00	PUNJAB
Event # 22 WOMENS 200m Run				FINAL
OLY.Q.MARK: 22.80				TIME: 20:40 HRS
NR:SARASWATI SAHA LUDHIANA 22.82 28/08/2002				
MR:HIMA DAS GUWAHATI 23.10 2018				
1	JEEVANJI DEEPTHI	357	27/09/03	TELANGANA
2	ANJALI P D	186	22/03/01	KERALA
3	HIMA DAS	105	09/01/00	ASSAM
4	B.I.M. JAYAMANNE	426		SRI LANKA
5	ANCY SOJAN E	189	01/03/01	KERALA
6	PRIYA HABBATHANAHALLY MOHA	178	15/03/03	KARNATAKA
7	MADDALI SUPRIYA	101	11/05/99	ANDHRA PRADESH
8	HARIKA DEVI ANTARAM	358	01/07/94	TELANGANA