

| <b>19th National Fed. Cup Jr. U20 Athletics Championships</b> |                          |     |          |                        |
|---|--------------------------|-----|----------|------------------------|
| <b>War Hero Stadium Sangrur (Punjab)</b>                      |                          |     |          |                        |
| <b>31st July to 2nd August 2021</b>                           |                          |     |          |                        |
| <b>Start List Day-1 (31/07/2021)</b>                          |                          |     |          |                        |
| <b>Event # 7 JUNIOR BOYS 5000m Run 19-20</b>                  |                          |     |          | <b>FINAL</b>           |
| <b>W.C. U/20. Q. MARK: 14:12.00</b>                           |                          |     |          | <b>TIME: 06:00 HRS</b> |
| <b>NR:SUNIL DAWAR GUWAHATI 14:13.95 08/02/2021</b>            |                          |     |          |                        |
| <b>MR:RAHUL KUMAR PAL PUNE 14:16.67 2012</b>                  |                          |     |          |                        |
|   |                          |     |          |                        |
| 1   | AMIT JANGIR              | 414 | 20/07/02 | RAJASTHAN              |
| 2   | BALJEET SINGH            | 204 | 11/08/05 | HARYANA                |
| 3   | PUNEET .                 | 296 | 19/12/02 | MADHYA PRADESH         |
| 4   | AJAY .                   | 245 | 29/01/02 | HARYANA                |
|   |                          |     |          |                        |
| <b>Event # 26 JUNIOR GIRLS 5000m Run 19-20</b>                |                          |     |          | <b>FINAL</b>           |
| <b>W.C. U/20. Q. MARK: 16:35.00</b>                           |                          |     |          | <b>TIME: 06:30 HRS</b> |
| <b>NR:ANKITA GUWAHATI 16:21.19 06/02/2021</b>                 |                          |     |          |                        |
| <b>MR:ANKITA BHOPAL 16:37.90 2021</b>                         |                          |     |          |                        |
|   |                          |     |          |                        |
| 1   | ANTIMA PAL               | 496 | 01/01/04 | UTTAR PRADESH          |
| 2   | ANKITA .                 | 547 | 02/05/02 | UTTARKHAND             |
| 3   | SUPRITI KACHHAP          | 250 | 04/03/03 | JHARKHAND              |
| 4   | DRASHTIBEN PRAV CHAUDHRI | 158 | 16/08/03 | GUJARAT                |
|   |                          |     |          |                        |
| <b>Event # 48 JUNIOR BOYS 100m Decathlon - 1</b>              |                          |     |          | <b>TIME: 07:00 HRS</b> |
| <b>Heat 1</b>   |                          |     |          |                        |
| 3   | LALIT .                  | 215 | 20/01/02 | HARYANA                |
| 4   | SUNIL KUMAR              | 237 | 27/05/04 | HARYANA                |
| 5   | LOGESHKUMAAR A.S         | 452 | 13/01/03 | TAMIL NADU             |
| 6   | JOGINDER .               | 294 | 09/11/02 | MADHYA PRADESH         |
| 7   | KUSHAL KUMAR MOHITE      | 350 | 04/02/03 | MAHARASHTRA            |
| 8   | MANPREET .               | 216 | 08/11/03 | HARYANA                |
| <b>Heat 2</b>   |                          |     |          |                        |
| 3   | USAID .                  | 533 | 19/03/02 | UTTAR PRADESH          |
| 4   | ROHIT SHARMA .           | 384 | 28/10/03 | PUNJAB                 |
| 5   | VIKAS PARMAR             | 238 | 08/10/03 | HARYANA                |
| 6   | YOGESH .                 | 303 | 12/12/03 | MADHYA PRADESH         |
| 7   | SRI VIKRAMAN E.M         | 463 | 15/08/03 | TAMIL NADU             |
| 8   | RAJ WARDHAN SINGH        | 226 | 21/07/04 | HARYANA                |
|   |                          |     |          |                        |
| <b>Event # 1 JUNIOR BOYS 100m Run 19-20</b>                   |                          |     |          | <b>HEATS</b>           |
| <b>W.C. U/20. Q. MARK: 10.58</b>                              |                          |     |          | <b>TIME: 07:20 HRS</b> |
| <b>NR:GURINDERVIR SINGH COIMBATORE 10.47 21/04/2018</b>       |                          |     |          |                        |
| <b>MR:GURINDERVIR SINGH COIMBATORE 10.47 2018</b>             |                          |     |          |                        |
| <b>3 HEATS: 2Q + 2q</b>                                       |                          |     |          |                        |
| <b>Heat 1</b>   |                          |     |          |                        |
| 1   | AMANDEEP SINGH           | 375 | 14/03/02 | PUNJAB                 |
| 2   | MUHAMMAD KAIF YENEPLOYA  | 266 | 16/12/02 | KARNATAKA              |
| 3   | AADITYA TOMAR            | 499 | 14/03/03 | UTTAR PRADESH          |
| 4   | SHIVAM VASHNAV           | 151 | 12/10/03 | DELHI                  |

|  |                                |     |  |          |                        |
|--|--------------------------------|-----|--|----------|------------------------|
| 5  | SIVASUBRAMANIAN M              | 462 |  | 06/03/02 | TAMIL NADU             |
| 6  | DAVE YASH ASHVINBHAI           | 161 |  | 02/07/02 | GUJARAT                |
| 7  | ARYAN SAMSON FRANCIS           | 353 |  | 07/12/02 | MAHARASHTRA            |
| 8  | VIJAY PARTAP SINGH             | 112 |  | 20/04/04 | CHANDIGARH             |
| <b>Heat 2</b>                                  |                                |     |  |          |                        |
| 2  | ABHISEKH DALABEHERA            | 358 |  | 12/04/03 | ODISHA                 |
| 3  | AKASH .                        | 149 |  | 11/05/02 | DELHI                  |
| 4  | ARYAN .                        | 259 |  | 28/11/03 | KARNATAKA              |
| 5  | KAPIL KHOKRAN                  | 514 |  | 13/01/02 | UTTAR PRADESH          |
| 6  | HARJEET SINGH                  | 378 |  | 18/12/02 | PUNJAB                 |
| 7  | KARAN VEER SINGH               | 114 |  | 06/05/03 | CHANDIGARH             |
| 8  | NARENDER KUMAR                 | 150 |  | 21/10/04 | DELHI                  |
| <b>Heat 3</b>                                  |                                |     |  |          |                        |
| 3  | NALUBOTHU SHANU SRINIVAS       | 104 |  | 10/09/02 | ANDHRA PRADESH         |
| 4  | GOVIND KUMAR                   | 211 |  | 07/03/02 | HARYANA                |
| 5  | GURPREET SINGH                 | 377 |  | 22/01/03 | PUNJAB                 |
| 6  | AKASH SINGH                    | 352 |  | 08/06/03 | MAHARASHTRA            |
| 7  | NEHAL SAGAR                    | 152 |  | 04/05/02 | DELHI                  |
| 8  | SHASHIKANTH VIRUPAKSHAPPA ANGA | 267 |  | 24/06/02 | KARNATAKA              |
| <b>Event # 20 JUNIOR GIRLS 100m Run 19-20</b>  |                                |     |  |          |                        |
| <b>W.C. U/20. Q. MARK: 11.85</b>               |                                |     |  |          | <b>HEATS</b>           |
| <b>NR:DUTEE CHAND CHENNAI 11.63 09/05/2014</b> |                                |     |  |          | <b>TIME: 07:40 HRS</b> |
| <b>MR:DUTEE CHAND CHENNAI 11.63 2014</b>       |                                |     |  |          |                        |
| <b>3 HEATS: 2Q + 2q</b>                        |                                |     |  |          |                        |
| <b>Heat 1</b>                                  |                                |     |  |          |                        |
| 1  | DEVYANIBA MAHENDRASINH ZALA    | 157 |  | 15/03/02 | GUJARAT                |
| 2  | ATHMIKHA .                     | 435 |  | 22/09/03 | TAMIL NADU             |
| 3  | TANUSHREE POREL                | 558 |  | 12/08/02 | WEST BENGAL            |
| 4  | SIMRAN KAUR                    | 111 |  | 03/05/04 | CHANDIGARH             |
| 5  | AVANTIKA SANTOS NARALE         | 326 |  | 07/11/03 | MAHARASHTRA            |
| 6  | KAJAL .                        | 187 |  | 09/01/03 | HARYANA                |
| 7  | RASHDEEP KAUR                  | 370 |  | 02/01/02 | PUNJAB                 |
| 8  | RADHA DEVI                     | 368 |  | 10/08/02 | PUNJAB                 |
| <b>Heat 2</b>                                  |                                |     |  |          |                        |
| 2  | YUGADHI SHREE                  | 434 |  | 11/08/02 | TAMIL NADU             |
| 3  | SUDESHNA HANMAN SHIVANKAR      | 329 |  | 09/09/03 | MAHARASHTRA            |
| 4  | JEEVANJI .                     | 476 |  | 27/09/03 | TELANGANA              |
| 5  | HARITA BHADRA                  | 327 |  | 06/06/03 | MAHARASHTRA            |
| 6  | KAMALPREET .                   | 372 |  | 09/01/04 | PUNJAB                 |
| 7  | YUKTA GHOSALKAR                | 288 |  | 03/06/02 | MADHYA PRADESH         |
| 8  | TAMANNA .                      | 184 |  | 29/09/04 | HARYANA                |
| <b>Heat 3</b>                                  |                                |     |  |          |                        |
| 2  | CYNTHIA FRANCIS                | 122 |  | 04/06/03 | DELHI                  |
| 3  | KANU PRIYA                     | 365 |  | 16/07/04 | PUNJAB                 |
| 4  | SAFINA ZOYA HUSSAIN            | 254 |  | 21/03/03 | KARNATAKA              |
| 5  | ANKITA PATHAK                  | 371 |  | 06/09/03 | PUNJAB                 |
| 6  | MAYAVATHI NAKIREKANTI          | 477 |  | 26/01/04 | TELANGANA              |
| 7  | SAKSHI CHAMPALA CHAVAN         | 328 |  | 18/01/05 | MAHARASHTRA            |
| 8  | LARANYA N                      | 428 |  | 24/08/05 | TAMIL NADU             |

|   |                         |     |          |                |                        |
|---|-------------------------|-----|----------|----------------|------------------------|
| <b>Event # 49 JUNIOR BOYS Long Jump 19-20 Decathlon - 2</b> |                         |     |          |                | <b>TIME: 07:45 HRS</b> |
|   |                         |     |          |                |                        |
|   |                         |     |          |                |                        |
|   |                         |     |          |                |                        |
| <b>Event # 3 JUNIOR BOYS 400m Run 19-20</b>                 |                         |     |          |                | <b>HEATS</b>           |
| <b>W.C. U/20. Q. MARK: 47.35</b>                            |                         |     |          |                | <b>TIME: 08:00 HRS</b> |
| <b>NR:AMOJ JACOB MANGALAGIRI 46.59 18/11/2017</b>           |                         |     |          |                |                        |
| <b>MR:GOURAV COIMBATORE 46.93 2018</b>                      |                         |     |          |                |                        |
| <b>3 HEATS: 2Q + 2q</b>                                     |                         |     |          |                |                        |
| <b>Heat 1</b>   |                         |     |          |                |                        |
| 2   | BHAVI KUMAR             | 128 | 07/12/03 | DELHI          |                        |
| 3   | ABDUL C R               | 274 | 23/05/02 | KERALA         |                        |
| 4   | ABINESH J               | 440 | 01/05/04 | TAMIL NADU     |                        |
| 5   | ARYAN EKKA              | 359 | 25/09/03 | ODISHA         |                        |
| 6   | KAPIL RAIKA             | 194 | 13/09/04 | HARYANA        |                        |
| 7   | RAM SANGA               | 251 | 03/12/03 | JHARKHAND      |                        |
| <b>Heat 2</b>   |                         |     |          |                |                        |
| 2   | KANHAIYA JAT            | 415 | 19/02/02 | RAJASTHAN      |                        |
| 3   | KESHAV TANWAR           | 135 | 24/05/02 | DELHI          |                        |
| 4   | NEHAL SAGAR             | 152 | 04/05/02 | DELHI          |                        |
| 5   | PANKAJ .                | 407 | 15/10/02 | RAJASTHAN      |                        |
| 6   | SHAHU BHOYAR            | 345 | 12/05/04 | MAHARASHTRA    |                        |
| 7   | SUMIT CHAHAL            | 235 | 18/01/03 | HARYANA        |                        |
| <b>Heat 3</b>   |                         |     |          |                |                        |
| 2   | MAHENDAR CHOUDHARY      | 340 | 02/09/02 | MAHARASHTRA    |                        |
| 3   | BARATH S                | 469 | 08/10/03 | TAMIL NADU     |                        |
| 4   | ABIJITH K.              | 275 | 05/11/03 | KERALA         |                        |
| 5   | NAGARJUNAN S            | 470 | 11/07/02 | TAMIL NADU     |                        |
| 6   | AKSHAY SUBODH GOVARDHAN | 355 | 05/09/02 | MAHARASHTRA    |                        |
| 7   | DEEPAK ROHILLA          | 207 | 02/08/03 | HARYANA        |                        |
| 8   | KAPIL .                 | 244 | 10/11/03 | HARYANA        |                        |
| <b>Event # 22 JUNIOR GIRLS 400m Run 19-20</b>               |                         |     |          |                | <b>HEATS</b>           |
| <b>W.C. U/20. Q. MARK: 54.85</b>                            |                         |     |          |                | <b>TIME: 08:20 HRS</b> |
| <b>NR:HIMA DAS TAMPERE 51.46 12/07/2018</b>                 |                         |     |          |                |                        |
| <b>MR:MANJIT KAUR BANGALORE 53.25 2001</b>                  |                         |     |          |                |                        |
| <b>2 HEATS: 3Q + 2q</b>                                     |                         |     |          |                |                        |
| <b>Heat 1</b>   |                         |     |          |                |                        |
| 2   | SUMMY .                 | 183 | 21/05/03 | HARYANA        |                        |
| 3   | JYOTHIKA .              | 255 | 29/09/02 | KARNATAKA      |                        |
| 4   | SWASTIDIPA KARMAKAR     | 559 | 09/06/02 | WEST BENGAL    |                        |
| 5   | TAI HIRAMAN BAMHANE     | 331 | 31/12/02 | MAHARASHTRA    |                        |
| 6   | KUNJA RAJITHA           | 101 | 01/01/03 | ANDHRA PRADESH |                        |
| 7   | TANNU LATHAR            | 124 | 02/01/02 | DELHI          |                        |
| <b>Heat 2</b>   |                         |     |          |                |                        |
| 2   | OLIMBA STEFFI .         | 437 | 15/02/02 | TAMIL NADU     |                        |
| 3   | DEEPANSHI .             | 164 | 11/04/02 | HARYANA        |                        |
| 4   | PAYAL VOHRA             | 123 | 04/06/03 | DELHI          |                        |
| 5   | PRIYA MOHAN             | 256 | 15/03/03 | KARNATAKA      |                        |
| 6   | MANISHA .               | 190 | 24/05/02 | HARYANA        |                        |

|  |                     |     |  |          |                        |
|--|---------------------|-----|--|----------|------------------------|
| 7  | MADHU KAVYA LINGALA | 103 |  | 04/02/02 | ANDHRA PRADESH         |
|  |                     |     |  |          |                        |
| <b>Event # 50 JUNIOR BOYS Shot Put 19-20 Decathlon - 3</b>                           |                     |     |  |          | <b>TIME: 09:00 HRS</b> |
|  |                     |     |  |          |                        |
|  |                     |     |  |          |                        |
| <b>The Start List of Evening Session of 31/07/2021, will be declared by 12 Noon.</b> |                     |     |  |          |                        |
|  |                     |     |  |          |                        |