



START LIST
DAY-5
on
19th September 2021

60th National Open Athletics Championships - 2021

JN Stadium Warangal

Competition Schedule

Version 1.1 updated on 12th September 2021

Day-5 19th September,2021

Morning Session

Event No	Time	Event	Section	Round	Group
501	6.00 hrs	10,000m	Men	Final 39	
502	6.40 hrs	10,000m	Women	Final 40	

Evening Session

503	13.00 hrs	Hammer Throw	Women	Final 41	
504	14.30 hrs	Hammer Throw	Men	Final 42	
505	15.30 hrs	Triple Jump	Men	Final 43	
506	16.00 hrs	200m	Men	Final 44	
507	16.10 hrs	200m	Women	Final 45	
508	16.15 hrs	Discus Throw	Women	Final 46	
509	17.00 hrs	4x400 m Relay	Men	Final 47	
510	17.10 hrs	4x400 m Relay	Women	Final 48	

60th National Open Athletics Championships 2021					
J.N. Stadium, Hanamkonda, Warangal (Telangana)					
15-19 September 2021					
Start List Day-5 (19/09/2021)					
Event # 7 MENS 10000m Run					FINAL
NR:SURENDRA SINGH VIGO 28:02.89 12/07/2008					TIME: 06:00 HRS
MR:SHIVNATH SINGH JALANDHAR 28:58.10 1978					
1	SATHISH KUMAR M	587		12/07/01	TAMIL NADU
2	MAKHAN SINGH.	387		16/08/94	PUNJAB
3	AFTAB ANSARI	177		10/12/03	DELHI
4	RAKESH KUMAR MEENA	132		15/02/89	ALL INDIA POLICE
5	MANOJ KUMAR	661		10/05/93	HARYANA
6	MAN SINGH	556		20/06/89	SERVICES
7	KULDEEP SINGH	309		06/07/87	MADHYA PRADESH
8	ROHIT YADAV.	333		02/07/98	MAHARASHTRA
9	DHARMENDER .	502		20/07/99	SERVICES
10	DINESH .	433		09/05/99	RAILWAYS
11	SHRAWAN KUMAR BENIWAL	130		16/08/98	ALL INDIA POLICE
12	NARENDRA PRATAP SINGH	458		05/03/97	RAILWAYS
13	KARTIK KUMAR	531		12/05/99	SERVICES
14	N D SUNIL DHARMAPPA	264		10/06/97	KARNATAKA
15	PANKAJ SINGH	653		15/04/98	UTTRAKHAND
16	SANDEEP KUMAR	298		02/07/91	LIC
17	AMARESH KUMAR PRAJAPATI	181		10/09/01	DELHI
18	MAKHAN SINGH	144		10/10/90	ALL INDIA POLICE
Event # 30 WOMENS 10000m Run					FINAL
NR:PREEJA SREEDHARAN GUANGZHOU 31:50.47 21/11/2010					TIME: 06:40 HRS
MR:KAVITA RAUT KOCHI 32:41.31 2010					
1	CHHAVI YADAV	302		15/08/92	MADHYA PRADESH
2	JYOTI ..	615		05/07/97	UTTAR PRADESH
3	SANJIVANI BABURAO JADHAV	314		12/07/96	MAHARASHTRA
4	K M LAXMI	251		01/02/98	KARNATAKA
5	SAVITA PAL	626		15/12/99	UTTAR PRADESH
6	KAVITA YADAV	430		08/11/98	RAILWAYS
Event # 42 WOMENS Hammer Throw					FINAL
NR:SARITA SINGH PATIALA 65.25 01/06/2017					TIME: 13:00 HRS
MR:HARDEEP KAUR NEW DELHI 61.67 2002					
1	AMREEN .	245		14/08/99	KARNATAKA
2	PALLAVI .	614		15/02/97	UTTAR PRADESH
3	RENU .	198		12/12/98	HARYANA
4	SANJITA .	199		23/12/00	HARYANA
5	RENU ..	206		06/03/94	HARYANA
6	MANJU BALA	478		01/07/89	RAJASTHAN
7	TANYA CHAUDHARY	619		21/09/03	UTTAR PRADESH
8	BHAGWATI CHOUDHARY	480		23/07/01	RAJASTHAN
9	JYOTI JAKHAR	406		25/03/93	RAILWAYS
10	REKHA SINGH	427		30/12/97	RAILWAYS
11	SARITA R SINGH	428		26/10/89	RAILWAYS
12	JYOTI YADAV	631		01/01/99	UTTAR PRADESH

Event # 25 WOMENS 200m Run				FINAL
NR:SARASWATI SAHA LUDHIANA 22.82 28/08/2002				TIME: 16:10 HRS
MR:SARASWATI SAHA NEW DELHI 22.83 2002				
1	INCHARA N S	255	06/06/97	KARNATAKA
2	HIMANSHI MALIK	212	22/04/02	HARYANA
3	ARCHANA S SUSEENDRAN	576	09/06/94	TAMIL NADU
4	TARANJEET KAUR	168	09/11/01	DELHI
5	CHANDRA LEKHA ANANDHAN	414	28/03/97	RAILWAYS
6	KIRAN PAHAL	419	05/08/00	RAILWAYS
7	DIANDRA DUDLEY VALLADARES	316	13/01/98	MAHARASHTRA
8	DANESHWARI A T	394	14/08/00	RAILWAYS
Event # 41 WOMENS Discus Throw				FINAL
NR:KAMALPREET KAUR PATIALA 66.59 21/06/2021				TIME: 16:15 HRS
MR:NEELAM J. SINGH BANGALORE 61.17 2003				
1	GRIMA .	187	18/07/02	HARYANA
2	SHIVANI .	392	08/10/99	RAILWAYS
3	SUNITA .	201	20/03/00	HARYANA
4	SURAVI BISWAS	655	13/10/97	WEST BENGAL
5	GURVEER KAUR	346	19/10/95	PUNJAB
6	HARKIRAT KAUR	347	08/10/92	PUNJAB
7	NAVJEET KAUR DHILLON	357	06/03/95	PUNJAB
8	SALMI KISPOTTA	108	13/01/99	ALL INDIA POLICE
9	KAMAL PREET KAUR	420	04/03/96	RAILWAYS
10	NIDHI RANI	422	03/01/97	RAILWAYS
11	MADHU RENU	482	01/05/97	RAJASTHAN
12	RAJBALA SAINI	484	23/07/97	RAJASTHAN
13	RAKHI SANGWAN	115	10/07/95	ALL INDIA POLICE
14	NANDHINI VELLAICHAMY	664	11/01/94	TAMIL NADU
15	NEETIKA VERMA	630	04/03/01	UTTAR PRADESH
Event # 23 MENS 4x400m Relay				FINAL
NR:INDIAN TEAM TOKYO 3:00.25 06/08/2021				TIME: 17:00 HRS
MR:SERVICES TEAM KOLKATA 3:06.63 2015				
2	KARNATAKA C			KARNATAKA
3	HARYANA B			HARYANA
4	RAILWAYS E			RAILWAYS
5	SERVICES F			SERVICES
6	TELANGANA G			TELANGANA
7	PUNJAB D			PUNJAB
8	DELHI A			DELHI
Event # 45 WOMENS 4x400m Relay				FINAL
NR:INDIAN TEAM ATHENS 3:26.89 27/08/2004				TIME: 17:10 HRS
MR:RAILWAYS TEAM LUCKNOW 3:37.90 2016				
3	RAILWAYS E			RAILWAYS
4	HARYANA C			HARYANA
5	ALL INDIA POLICE A			ALL INDIA POLICE
6	TELANGANA F			TELANGANA
7	DELHI B			DELHI
8	PUNJAB D			PUNJAB