



# ATHLETICS FEDERATION OF INDIA

A-90, Phase I, Naraina Industrial Area, New Delhi - 110028

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## IMPORTANT NOTICE

To,  
All Affiliated Units – AFI

September 25, 2021

Subject: - Revised Entry Standards for - 1st National U-23 Years Athletics Championships 2021

Dear Sir,

This is to inform you that AFI has relaxed the entry standards for some events as mentioned below for Athletes who wants to participate in **1st National U-23 Years Athletics Championships 2021** to be held in Delhi from 27-29 September 2021.

The athletes who have already sent their entry and achieved the **revised** entry standards and submitted the valid proof of performance will be entered in the list and **revised list with such athletes will be published on AFI website at 17:00hrs on 25<sup>th</sup> September 2021.**

All other athletes who wish to participate and couldn't register themselves due to some reason can enroll themselves latest by 26<sup>th</sup> September 2021 till 14:00hrs. **The entry for all events is once again open for all the events as per entry standards attached with this circular from 14:00hrs of 25<sup>th</sup> September 2021 to 14:00hrs of 26<sup>th</sup> September 2021.**

The A and B – Qualifying Standard are enclosed below with this letter.

You are requested to bring it to the notice of your athletes.

Thanking You,

Yours sincerely,

*Ravinder Chaudhry*

**(Ravinder Chaudhry)**  
Secretary, AFI



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## A – QUALIFYING STANDARD FOR ATHLETES ABOVE 20 YEARS

### 1ST NATIONAL U-23 YEARS ATHLETICS CHAMPIONSHIPS 2021

#### LIST OF EVENTS

S.No.	Under 23 Men	Entry Standard	Under 23 Women	Entry Standard
1	100m	10.85s	100m	12.10s
2	200m	22.00s	200m	25.00s
3	400m	48.50s	400m	56.00s
4	800m	1:53.00s	800m	2:15.00s
5	1500m	3:52.00s	1500m	4:30.00s
6	5000m	14:40.00s	5000m	17:30.00s
7	10000m	31:30.00s	10000m	37:00.00s
8	3000m SC	9:20.00s	3000m SC	12:30.00s
9	110m Hurdles (1.067m)	15.00s	100m Hurdles (0.838m)	15.00s
10	400m Hurdles (0.914m)	53.00s	400m Hurdles (0.762m)	1:03.00s
11	High Jump	2.00m	High Jump	1.60m
12	Pole Vault	4.40m	Pole Vault	3.30m
13	Long Jump	7.30m	Long Jump	5.85m
14	Triple Jump	15.30m	Triple Jump	12.30m
15	Shot Put (7.260 kg)	16.20m	Shot Put (4.0 kg)	12.50m
16	Discus Throw (2 kg)	50.00m	Discus Throw (1.0 kg)	43.00m
17	Hammer Throw (7.260 kg)	60.00m	Hammer Throw (4.0 kg)	45.00m
18	Javelin Throw (800g)	72.00m	Javelin Throw (600g)	46.00m
19	Decathlon	5500pts	Heptathlon	4000pts
20	20KM/20000m Race Walk (Road/Track)	1:32:00s	20KM/20000m Race Walk (Road/Track)	1:45.00s



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## **B – QUALIFYING STANDARD FOR ATHLETES BELOW 20 YEARS (ONLY FOR ENTRY)**

### **1ST NATIONAL U-23 YEARS ATHLETICS CHAMPIONSHIPS 2021**

#### **LIST OF EVENTS**

S.No.	Junior Men (Under-20 Boys)	Entry Standard	Junior Women (Under-20 Girls)	Entry Standard
1	100m	11.00s	100m	12.75s
2	200m	23.00s	200m	26.50s
3	400m	49.50s	400m	58.50s
4	800m	1:55.00s	800m	2:20.00s
5	1500m	4:00.00s	1500m	4:50.00s
6	5000m	15:10.00s	5000m	18:50.00s
7	3000m SC	10:10.00s	3000m SC	14:05.00s
8	110m Hurdles (0.991m)	15.00s	100m Hurdles (0.838m)	16.20s
9	400m Hurdles (0.914m)	54.00s	400m Hurdles (0.762m)	1:07.50s
10	High Jump	1.80m	High Jump	1.50m
11	Pole Vault	3.80m	Pole Vault	2.80m
12	Long Jump	6.80m	Long Jump	5.30m
13	Triple Jump	14.50m	Triple Jump	11.50m
14	Shot Put (6.0 kg)	15.50m	Shot Put (4.0 kg)	10.50m
15	Discus Throw (1.75 kg)	44.00m	Discus Throw (1.0 kg)	35.00m
16	Hammer Throw (6.0 kg)	55.00m	Hammer Throw (4.0 kg)	35.00m
17	Javelin Throw (800g)	62.00m	Javelin Throw (600g)	38.50m
18	Decathlon	5000pts	Heptathlon	3250pts
19	10000m Race Walk	50:00.00s	10000m Race Walk	1::06:00.0s