

# Standard Operating Procedure

## State and National Athletics Competitions

Version -4



INDIAN ATHLETICS  
**FASTER**  
**HIGHER**  
**STRONGER**





## Objectives of Standard Operating Procedure

The Pandemic Covid-19 has disrupted traditional and routine athletics activities globally; however AFI endeavors that Indian Athletes compete in Athletics Competitions in safe and conducive atmosphere at District / State / National Competitions.

In this endeavor AFI has prepared the Standard Operating Procedure (SOP) to be followed by all stake holders and ensure that Athletics Competitions are held with all precautions and safety norms.

This SOP is subject to changes as and when required on the basis of Guidelines issued by the authorities.



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- ✓ The Athletes, Organizational staff, Technical Officials, Volunteers, concerned AFI approved Vendors etc. will only be allowed to enter the venue of the Competition (Outermost Periphery gate of the Stadium). AFI will not allow entry without the required documents prescribed in the SOP.
- ✓ Athletes to report at the venue 3 hours before their event time, displayed on AFI Website. [www.indianathletics.in](http://www.indianathletics.in)
- ✓ Athletes are required to carry a copy of their **Covid-19 RT – PCR** negative test report, conducted 3 days (72 hours) prior to their date of event, and on-line submission on AFI website, at least 24 hours prior to their event. If need be, the athlete may be asked to undergo a fresh RT – PCR test at the sole discretion of AFI Medical team, before they are allowed to participate. However, the same RT-PCR report may be considered for the other event scheduled on the later date, during the same competition. The cost of the test will be borne by the concerned Athlete.



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### Medical Guidelines

**These guidelines are subject to changes as and when Pandemic Covid19 situation changes.**

- Athlete's approach to compete should be “**Get in, Compete and Exit**” the venue, to minimize unnecessary contact with others.
- Athletes will enter the venue one by one and will stand in the earmarked circle and maintain standard social distancing. For other entrants, a separate entry will be earmarked and they will also maintain same social distancing and all safety norms in place at that point of time.
- Body temperature of one & all will be checked by a non-contact thermometer (wrist/forehead) before being allowed to enter the venue.





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### Medical Guidelines

- All the participants including Athletes & Officials will proceed towards the warm up area through the Sanitizer Tunnel. Any athlete or official with documented co-morbidity (e.g. diabetes, hypertension, lung disease etc.) may be asked to report separately before being allowed inside the venue/warm up area, at the sole discretion of AFI Medical Team.
- All entrants to the venue to hand over their RT – PCR report at the entry point of warm up area/will be checked in AFI system as the case may be.
- Once entered the warm up area, the athlete will proceed to call room when announced. (No re-entry will be allowed in the warm up area).



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### Medical Guidelines

- The Sanitizer Tunnel to be created at the entry point of the venue and every individual must pass through the channel by doing 360° rotation.
- An additional Sanitizer tunnel will be placed at the entry to the warm up area.



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### Medical Guidelines

- After entering in the warm up Bubble Area, one should not be allowed to leave until his / her participation/ assignment is over. After going out from this area, one should not be allowed to come back again in the same Bubble Area.
- This applies to all officials posted in the warm up area (except under compelling circumstances and approved by the warm up area In-charge)
- All used tissues and other use and throw items to be carried along with the personal belongings by all.

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### Medical Guidelines

- Athlete and other officials must sanitize their hands from time to time and should avoid touching their nose, mouth and eyes.
- In the venue, avoid face to face meetings where possible and instead use mobile phone, social media, or online conferencing and maintain social distancing of two meters.
- Before entry to the Call Room, hands must be sanitized and should be supervised by designated staff.
- Inside the Call Room, Athletes and other staff members are advised to maintain social distancing.





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### Medical Guidelines

- Athletes may use a **Cotton Mask** and use their own personal sanitizer.
- Before line up, athletes will be required to remove their face mask and keep it in their bag along with other personal belongings.
- For throws group, athletes to use their own powder. All implements will be sanitized prior to and during the event, by the designated Official
- After their event is over, there will be no hugs, handshakes, celebrations, high fives , fist/elbow bump and athlete will exit the FOP there after. They can check the results on AFI website.



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### Medical Guidelines

All officials including organizational staff, AFI approved Vendors, AFI Guests etc. must maintain social distancing of two meters and will use “Cloth Face Mask & Face Shield” and keep personal hand sanitiser all the time during the competition.



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### Medical Guidelines

- One self-assessment form (available as annexure - I) must be submitted on-line by concerned and carry a copy of the same. All officials including vendors to submit this form to AFI by email at least 24 hours prior to the competition.
- In age restricted competitions, a declaration (consent form as annexure-II) must be filled and signed by the legal guardian of athlete below 18 years of age and hard copy of the same needs to be carried.

***This form is required to be submitted along with athlete's online entry.***

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### **MEDICAL QUESTIONNAIRE (Annexure-III)**

{To be submitted by the athlete along with the online entry}

**Do you currently have/had any of the following symptoms within last 14 days from the date of this competition (Please tick Yes/No)**

- **Fever:** Yes / No
- **Cough:** Yes / No
- **Difficulty in breathing:** Yes / No
- **Running Nose:** Yes / No
- **Sore Throat:** Yes / No
- **Fatigue:** Yes / No
- **Redness of eyes:** Yes / No
- **Any skin lesions:** Yes / No

If any of the answer is yes, the athlete will not be allowed to participate until he has undergone a complete check up by a medical doctor at his place of residence which should be documented on the doctor's letter head and uploaded along with the online entry in AFI system.

All officials to submit this form to organizing committee official designated for this assignment.



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### Technical Guidelines

- ✓ Number of competition days may be increased and limited number of events will be held at a time in Field of Play (FOP).
- ✓ After participation, if an athlete wins the medal, shall collect the same from the Call Room which will be the final exit for them from the Competition Venue.
- ✓ There will be Only One Call Room-1 that too shall be closer to the FOP. No Technical Official or Volunteers shall be deployed for escorting the Athletes in the FOP. There will be no Call Room – 2.
- ✓ However, Call Room - 1 will have more stations.

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There will be Only One Call Room-1 that too shall be closer to the FOP.

No Technical Official/ Volunteers shall be deployed for escorting the Athletes in the FOP. There will be no Call Room-2.

However, Call room-'1' will have more stations

Call Room-1  
Station -1

Call Room-1  
Station -2

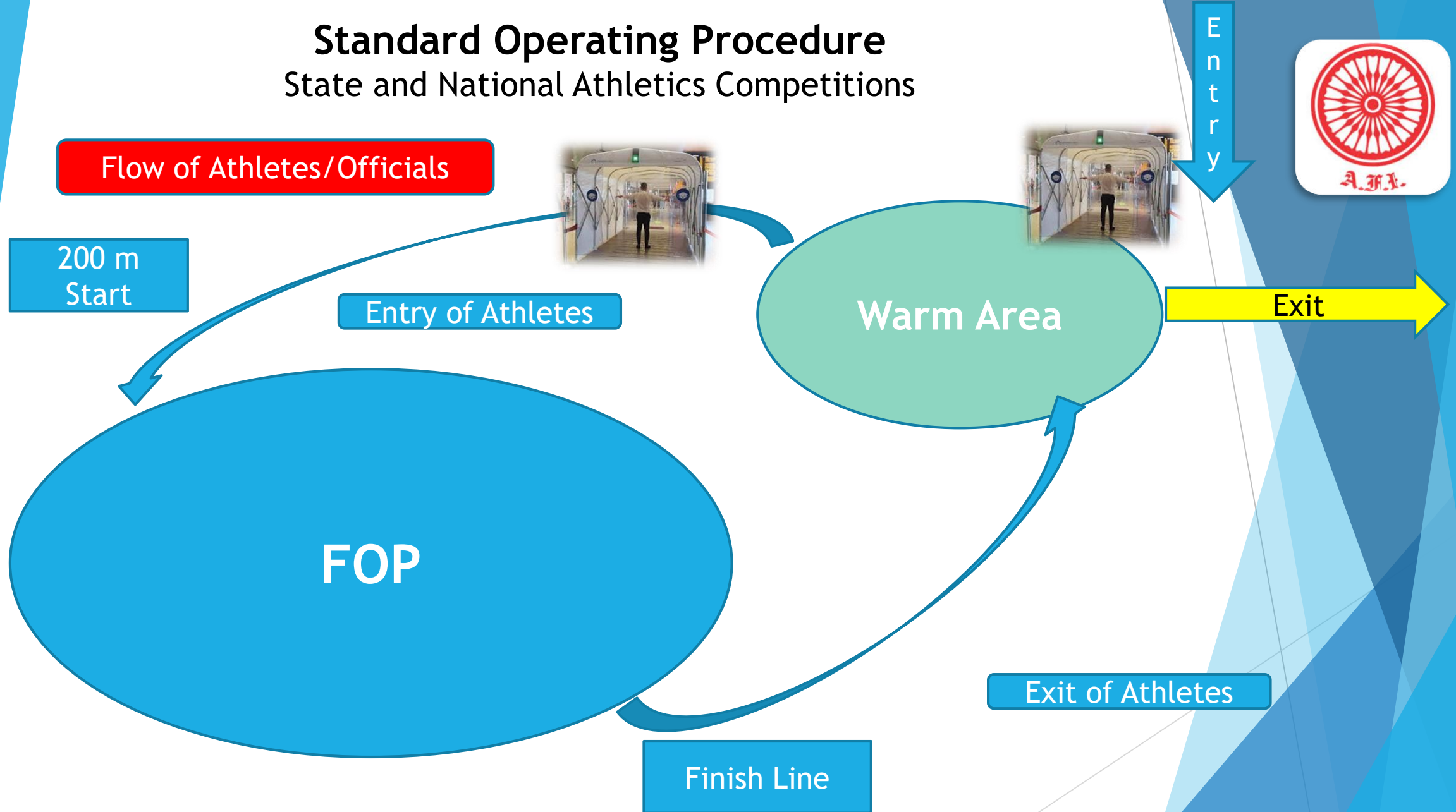
Call Room-1  
Station -3

Call Room-1  
Station -4

Warm up area

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Above procedure can be changed as per the design/layout of the stadium.

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### Technical Guidelines

- ✓ The officials will be deployed for sanitising each throwing implement after each attempt.
- ✓ The Circle/Runway/Take Off Board will not be sanitised by any sanitising solution etc.
- ✓ Relay Events will not be organised.
- ✓ The critical areas of sanitisation will be manned and monitored by (Local) Technical Officials who are fully aware of the SOP.
- ✓ The minimum possible officials should be deployed in the FOP.
- ✓ No Boarding & Lodging (Accommodation) will be provided to Athlete & Coaches etc.
- ✓ No Transport facility will be provided to any of the participant (Athlete & Coaches).
- ✓ There will be no Official Medal Ceremony. Medals will be handed over in Call Room at the exit point.





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### Seating in FOP and Stadium

As per protocol of Government of India



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### Technical Guidelines

- ✓ There will be no Team Championships.
- ✓ In order to protect the health and safety of our athletes/officials/organisers the events will be segregated by increasing the duration of the Competitions. Even multiple venues, wherever possible can be a good effort to maintain all Safety & Health measures.
- ✓ Different venues may be used for different type of competitions.



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### Synopsis

#### OPENING & SUBMISSION OF ENTRY ONLINE AS DECIDED BY AFI

- Submission of Entry – On-Line, will be in accordance with the AFI Rules.
- Submit Certificate of Undertaking by Parent/Guardian /self as per requirements. (Annexure -1)
- Get the Receipt of acceptance of entry by AFI.
- Print a copy of AFI acceptance, which shall be submitted at the ENTRY into Stadium.



- Submit **COVID 19** Negative Test Certificate On-line on the AFI Link before proceeding to participate in any Competition.
- Arrange Own Accommodation during the Competition.

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### Synopsis

- No extra person other than the athletes will be allowed.
- Report at the Warm up area Entry Point three Hours before the scheduled Time of Competition with the above documents without which entry shall not be permitted in what-so-ever circumstances may be.
- Complete a questionnaire at entry gate and submit it to the official concerned.
- After getting the permission, enter in to the Campus.
- Get the Body Temperature done at the 'Entry Point' and complete the formalities if advised by officials posted thereat at the Call Room.
- Carry your Own Face Mask / Face Shield / Hand Sanitizer / other substance needed for competition, specially, for throws events.



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### Synopsis

- Report at the designated Call Room and receive the BIB Number.
- Keep your belongings at a suitable distance from the fellow athlete's belonging.
- Keep your other belongings like face shield/Face mask or any non usable items carried by you in your own Hand Bag.
- **DO REMEMBER - YOU MUST KEEP/CARRY YOUR BELONGINGS UNDER YOUR SUPERVISION DURING THE COMPETITION.**

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### Synopsis

- After you finish warm-up, on the advice of designated Officials, walk through the designated Gate / Sanitizer Tunnel for going to Competition area.
- Immediately go out of the Stadium under the supervision of designated Officials.
- Report to the concerned officials.
- Complete your event.
- Carry Original COVID 19 Negative Certificate with a Copy in your possession .
- Medals (If won by you) will be handed over in Call Room at the exit point.
- Return Back to your Place of Stay.
- If events completed, return back to home by following the entire Government Protocols.

# **Standard Operating Procedure**

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### **General guidelines**

#### **For State Athletics Associations**

The duration of competitions may be increased for longer duration and at different venues to minimise the number of participants. This will also help in maintaining physical distancing.

The State association must follow SOP issued by AFI and State Government guidelines.