

16th UTTARAKHAND STATE ATHLETICS MEET-2018

M.P.SPORTS COLLEGE,RAIPUR

DEHRADUN

6/13/18 - 6/14/18

Event # 1 BOYS 14&UN 100m Run**RESULTS OF FINALS**

1	GOPAL SINGH THKUR	131	20/07/05	CHAMPAWAT	11.59
2	DIPANSHU KUMAR	114	09/11/04	PITHORAGARH	11.91
3	MANSUKH SINGH	68	28/11/04	UDHAM SINGH NAGAR	12.04
4	VISHAL KUMAR .	273	20/09/05	HARIDWAR	12.10
5	NIRAJ BHANDHARI	130	11/12/04	CHAMPAWAT	12.80
6	RAJENDRA FARSWAN	328	02/09/04	BAGESHWAR	12.88
7	ABHAY BHIST	16	01/10/04	NAINITAL	13.06
	SUJAL RAWAT	120	20/02/05	PAURI	DQ

Event # 2 BOYS 14&UN 600m Run

1	SORABH KUMAR	99	04/06/05	M.P.SPORTS COLL.	1:30.79
2	PRIYANSHU LAKRA	115	30/01/05	PITHORAGARH	1:31.44
3	GAURAV PATEL	97	25/10/05	SAI STC-KASHIPUR	1:32.02
4	AKASH KUMAR	100	15/11/04	M.P.SPORTS COLL.	1:37.34
5	AYUSH PANWAR	221	15/11/10	DEHRADUN	1:41.68
6	AJAY SINGH BISHT	132	02/07/04	CHAMPAWAT	1:42.99

Event # 3 BOYS 14&UN Long Jump

1	ANJUL .	272	14/07/04	HARIDWAR	5.94m
2	MUKUL .	279	16/03/03	HARIDWAR	5.72m
3	RAKESH MANDAL	66	04/10/05	UDHAM SINGH NAGAR	5.60m
4	AJAY SINGH BISHT	132	02/07/04	CHAMPAWAT	5.59m
5	ADITYA PAL .	248	03/07/06	DEHRADUN	5.34m
6	NIRAJ BHANDHARI	130	11/12/04	CHAMPAWAT	5.33m
7	SUJAL RAWAT	120	20/02/05	PAURI	5.10m
8	ANSHU KASHYAP	249	16/05/05	DEHRADUN	5.03m
9	SULABH KUMAR	101		M.P.SPORTS COLL.	4.97m

Event # 4 BOYS 14&UN Shot Put

1	RAKSHIT DAHIYA	67	01/01/05	UDHAM SINGH NAGAR	12.18m
2	SIDHARTH NEGI .	180	03/09/05	DEHRADUN	11.87m
3	SAHIB SALMANI	387	05/02/07	DEHRADUN	8.27m

Event # 5 BOYS 16&UN 100y Run**RESULTS OF FINALS**

1	ADIYA RAJ SINGH	382	20/02/03	DEHRADUN	12.01
2	AMARDEEP .	422	07/09/02	NAINITAL	12.01
3	ABHAY NEGI	423	18/02/03	NAINITAL	12.02
4	SACHIN KUMAR	104	05/05/03	M.P.SPORTS COLL.	12.06
5	SAGAR SINGH	105	18/06/03	M.P.SPORTS COLL.	12.37
6	DIVYANSHU JOSHI	363	04/03/04	DEHRADUN	12.56
7	PRINCE VINAYAK	71	23/12/02	UDHAM SINGH NAGAR	12.72
8	AKSHYA LOHANI	424	14/07/03	UKDAA	13.02

Event # 6 BOYS 16&UN 400y Run**Heat 1**

1	MRIDUL SHARMA	390	02/02/04	DEHRADUN	57.04
2	VIKASH KUMAR	251	04/04/03	DEHRADUN	1:01.26
3	SAMEER KUMAR	205	10/01/04	DEHRADUN	1:07.24

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Heat 2

1	SHUBHAM KUMAR	9	20/05/05	HOSTEL-RUDRAPUR	55.41
2	UTTAM .	10	16/04/04	HOSTEL-RUDRAPUR	56.33
3	SAGAR .	276	21/08/03	HARIDWAR	58.73

Event # 7 BOYS 16&UN 1000y Run

1	ARUN RANA	6	30/09/02	HOSTEL-RUDRAPUR	2:42.48
2	ARUN KUMAR	237	15/12/04	DEHRADUN	2:43.09
3	ANKIT CHANDRA BHATT	116	02/12/03	PITHORAGARH	2:45.42
4	NITIN .	86	01/06/04	UDHAM SINGH NAGAR	2:46.15
5	PRABHU MEHTO	122	30/12/03	PAURI	3:02.39
6	KARANDANU .	165	05/01/04	ALMORA	3:02.97
7	VISHAL KUMAR	103	02/07/04	M.P.SPORTS COLL.	3:04.04
8	SHIVAM .	142	09/03/01	CHAMPAWAT	3:05.32

Event # 8 BOYS 16&UN Long Jump

1	RAKESH ROSHAN .	183	15/12/02	DEHRADUN	6.25m
2	ASHISH .	277	16/03/03	HARIDWAR	6.15m
3	NISHANT RAWAT	123	31/07/02	PAURI	5.63m
4	SURAJ NEGI	8	17/06/02	HOSTEL-RUDRAPUR	5.47m
5	HIMANSHU RANA .	344	15/02/03	BAGESHWAR	4.94m
6	MAYANK RAWAT	166	09/11/02	ALMORA	4.81m

Event # 9 BOYS 16&UN Shot Put

1	YOGESH SANDAL	278	30/11/03	HARIDWAR	14.39m
2	SHOBHIT SEMWAL	181	28/12/03	DEHRADUN	12.44m
3	ROHAN KAPOOR	389		DEHRADUN	10.77m
4	DEEPAK KUMAR	271	10/08/02	HARIDWAR	9.06m
5	PAWAN SINGH .	330	30/04/03	BAGESHWAR	8.24m
6	ARJUN PUNDIR	222	10/02/03	DEHRADUN	8.12m
7	ADITYA KASHYAP	252	01/05/04	DEHRADUN	6.74m

Event # 10 BOYS 18&UN 100y Run

1	MOHD SHADAB .	77	02/04/01	UDHAM SINGH NAGAR	11.60
2	SATENDERA SINGH	75	20/11/00	UDHAM SINGH NAGAR	11.79
3	AMAN GOEL	357	05/06/01	DEHRADUN	12.07
4	ROHAN SINGH	360	20/12/01	DEHRADUN	12.18
5	ABHISHEK CHAUDHARY	358	01/03/01	DEHRADUN	12.22
6	AVINASH CHAUHAN	280	14/01/01	HARIDWAR	12.59
	DEEPAKGIRI .	350	15/03/02	BAGESHWAR	DNS

Event # 11 BOYS 18&UN 200y Run**RESULTS OF FINALS**

1	MOHD SHADAB .	77	02/04/01	UDHAM SINGH NAGAR	23.47
2	GAURAV KUMAR	265	09/08/01	BEG CENTER-RK	23.76
3	LOVEPREET SINGH	78	26/01/02	UDHAM SINGH NAGAR	23.83
4	AMAN GOEL	357	05/06/01	DEHRADUN	24.54
5	AVINASH CHAUHAN	280	14/01/01	HARIDWAR	25.82
6	JAY BORA .	349	20/02/02	BAGESHWAR	28.23
	RAJ KIRAN SHAH	245	04/03/01	DEHRADUN	DNF
	ANIL KUMAR	79	04/07/01	UDHAM SINGH NAGAR	DNS

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Event # 12 BOYS 18&UN 400y Run**Heat 1**

1	MOHIT PUROHIT	112	18/11/02	M.P.SPORTS COLL.	50.63
2	GAURAV KUMAR	265	09/08/01	BEG CENTER-RK	50.93
3	ANIL KUMAR	79	04/07/01	UDHAM SINGH NAGAR	53.62
4	AKASH KUMAR	281	05/10/01	HARIDWAR	54.21
5	SURAJ SINGH	433	30/06/01	DEHRADUN	56.49
6	SANNY KUMAR	5	20/06/01	HOSTEL-RUDRAPUR	58.59
7	AMAN GOEL	357	05/06/01	DEHRADUN	1:10.62

Event # 13 BOYS 18&UN 800y Run

1	HARSHDEEP SINGH	110	28/12/02	M.P.SPORTS COLL.	2:01.02
2	SAGAR .	266	04/08/01	BEG CENTER-RK	2:01.58
3	MOHD ADIL .	74	25/12/01	UDHAM SINGH NAGAR	2:03.12
4	MANISH .	96	20/09/02	SAI STC-KASHIPUR	2:06.14
5	AJAY SINGH .	11	10/09/01	HOSTEL-RUDRAPUR	2:14.76

Event # 14 BOYS 18&UN 1500y Run

1	BHARAT VERMA	108	05/10/01	M.P.SPORTS COLL.	4:05.46
2	SIDHARTH PHOR	111	20/11/02	M.P.SPORTS COLL.	4:08.36
3	AKASH PATEL .	94	01/12/02	SAI STC-KASHIPUR	4:11.98
4	GOPAL SINGH LAMGARIYA	4	20/10/01	HOSTEL-RUDRAPUR	4:19.73
5	LALIT SINGH GADIYA	3	01/07/02	HOSTEL-RUDRAPUR	4:21.98
6	MANISH .	96	20/09/02	SAI STC-KASHIPUR	4:26.05

Event # 15 BOYS 18&UN 3000y Run

1	AMIT .	169	03/01/01	ALMORA	9:06.76
2	GOPAL SINGH LAMGARIYA	4	20/10/01	HOSTEL-RUDRAPUR	9:08.76
3	MONU SINGH	232	10/10/02	DEHRADUN	9:10.32
4	BHAVESH BHATT	117	26/06/02	PITHORAGARH	9:13.66
5	LALIT SINGH GADIYA	3	01/07/02	HOSTEL-RUDRAPUR	9:33.19
6	PRAVEEN TAMTA	167	22/08/01	ALMORA	9:53.87
7	GAURAV KUMAR	127	25/06/01	PAURI	10:06.84

Event # 16 BOYS 18&UN 2000y Steeplechase

1	SUNIL KUMAR	109	20/06/01	M.P.SPORTS COLL.	6:25.53
2	PRAVEEN TAMTA	167	22/08/01	ALMORA	7:07.67
	AJAY SINGH .	11	10/09/01	HOSTEL-RUDRAPUR	DNS

Event # 17 BOYS 18&UN 10000y Walk

1	SURAJ PANWAR	228	02/04/01	DEHRADUN	43:33.23
2	ANKIT SINGH	2	12/08/01	HOSTEL-RUDRAPUR	44:14.55
3	MUKESH KUMAR	229	10/08/01	DEHRADUN	44:23.17
4	GAJENDER S. NEGI	231	02/02/04	DEHRADUN	52:15.09
5	ABHISHEK .	255	11/05/06	DEHRADUN	53:06.48
6	SUMIT KUMAR	256	10/03/03	DEHRADUN	53:23.61

Event # 18 BOYS 18&UN Long Jump

1	ABHESHEK KUMAR	282	14/12/02	HARIDWAR	6.51m
2	RITESH KUMAR	283	11/12/01	HARIDWAR	6.36m
	AJAJ AHMED .	139	21/07/02	CHAMPAWAT	NM

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Event # 19 BOYS 18&UN Shot Put

1	ADHISH GHILDYAL	391		DEHRADUN	19.07m
2	ANIKET .	392		DEHRADUN	17.00m
3	SAMANBAY YADAV	76	19/03/01	UDHAM SINGH NAGAR	10.98m
	SIDDARATH CHAUHDARY	284	09/08/01	HARIDWAR	NM

Event # 20 BOYS 18&UN Discus Throw

1	ANIKET .	392		DEHRADUN	51.45m
2	SIDDARATH CHAUHDARY	284	09/08/01	HARIDWAR	46.85m
3	ABHISHEK SINGH .	264	28/09/01	BEG CENTER-RK	46.03m
4	KESHAV CHAUDHAN	238	15/12/01	DEHRADUN	29.60m
5	SAMANBAY YADAV	76	19/03/01	UDHAM SINGH NAGAR	23.82m
6	AYUSH CHAND RAMOLA	185	26/08/02	DEHRADUN	22.70m

Event # 21 BOYS 18&UN Javelin Throw

1	ABHISHEK SINGH .	264	28/09/01	BEG CENTER-RK	54.78m
2	DEV DAKSH .	240	30/07/03	DEHRADUN	51.46m
3	HUNNY .	239	12/02/03	DEHRADUN	48.72m
	ROHAN KUMAR .	188		DEHRADUN	DNS

Event # 22 BOYS 20&UN 100y Run**RESULTS OF FINALS**

1	VIVEK CHAUDHARY	414	14/09/99	DEHRADUN	11.52
2	PRASHANT CHO	82	21/04/99	UDHAM SINGH NAGAR	11.62
3	TANJEEM .	145	22/05/00	CHAMPAWAT	11.99
4	AKSHAY MALIK	300	26/06/99	HARIDWAR	12.01
5	YASH VERMA .	394	02/01/99	UKDAA	12.20
6	UJAIR .	302	11/12/98	HARIDWAR	12.74
	ANKIT THAPIYAL	243	01/07/99	DEHRADUN	DNS
	ANAND YADAV	409	20/08/00	UKDAA	DNS

Event # 23 BOYS 20&UN 400y Run**Heat 1**

1	PANKAJ SINGH GARIYA	12	19/07/99	HOSTEL-RUDRAPUR	52.94
2	YASH VERMA .	394	02/01/99	UKDAA	54.68
3	SACHIN KANWAL	170	16/08/00	ALMORA	55.32
4	RAKESH ARYA	58	18/03/99	NAINITAL	58.46
5	JEEWAN CHANDRA	351	25/11/99	BAGESHWAR	1:01.88
	SURAJ SINGH .	352	29/05/99	BAGESHWAR	DNF

Heat 2

1	AYUSH KUMAR	219	23/03/99	DEHRADUN	51.11
2	MANOJ MEHTA	54	21/06/99	NAINITAL	54.23
3	NEERAJ SAINI	299	17/09/97	HARIDWAR	54.83
4	AMIT KUMAR	55	11/07/99	NAINITAL	59.39
5	8 .	372		UKDAA	1:02.17
	2 .	366		UKDAA	DNF

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Event # 24 BOYS 20&UN 800y Run

1	GURPREET SINGH	81	30/12/98	UDHAM SINGH NAGAR	1:58.99
2	MANPREET SINGH	13	04/02/99	HOSTEL-RUDRAPUR	1:59.12
3	PANKAJ SINGH GARIYA	12	19/07/99	HOSTEL-RUDRAPUR	2:00.47
4	ANKUSH SHARMA	236	16/02/99	DEHRADUN	2:01.86
5	GIRISH RAM	171	10/11/00	ALMORA	2:04.60
6	MANOJ PADIYAR	57	11/11/99	NAINITAL	2:08.93

Event # 25 BOYS 20&UN 1500y Run**Heat 1**

1	ANKUSH .	95	14/08/00	SAI STC-KASHIPUR	4:09.86
2	ANKUSH SHARMA	236	16/02/99	DEHRADUN	4:09.95
3	MANPREET SINGH	13	04/02/99	HOSTEL-RUDRAPUR	4:10.72
4	CHHOTELAL YADAV	93	12/07/00	SAI STC-KASHIPUR	4:16.83
5	MANOJ PADIYAR	57	11/11/99	NAINITAL	4:25.88
6	BHARTENDU JOSHI	56	16/10/99	NAINITAL	4:27.14
7	YOGENDRA SINGH	384	15/01/00	DEHRADUN	4:30.96
8	SANDEEP S.KHATRI	226	25/08/02	DEHRADUN	4:33.84
9	UTTAM .	10	16/04/04	HOSTEL-RUDRAPUR	4:34.26

Event # 26 BOYS 20&UN Long Jump

1	UJAIR .	302	11/12/98	HARIDWAR	6.11m
2	AKASH SINGH	118	03/03/00	PITHORAGARH	5.64m
3	SUMIT TEJWAL	241	14/09/98	DEHRADUN	5.54m
4	JEEWAN CHANDRA	351	25/11/99	BAGESHWAR	4.97m

Event # 27 BOYS 20&UN Shot Put

1	ROBIN .	364	16/12/98	DEHRADUN	15.84m
2	ANIL KUMAR	304	10/05/99	HARIDWAR	11.79m
3	KUNAL .	298	02/07/01	HARIDWAR	10.95m
4	YASHWANT .	322	30/04/99	UTTARKASHI	9.40m
5	ASHU .	321	30/06/98	UTTARKASHI	9.23m

Event # 28 BOYS 20&UN Javelin Throw

1	GAURAV SINGH	242	15/07/98	DEHRADUN	47.61m
2	SUMIT TEJWAL	241	14/09/98	DEHRADUN	44.97m
3	KESHAV CHAUDHAN	238	15/12/01	DEHRADUN	44.66m
4	KUNAL .	298	02/07/01	HARIDWAR	34.20m

Event # 29 MENS 100y Run**RESULTS OF FINALS**

1	SURAJ BISHT	311	16/12/84	UK-POLICE	10.99
2	ANKUR CHAUDHARY	415	17/05/96	DEHRADUN	11.53
3	BHARAT KHANNA	359	25/09/93	DEHRADUN	11.71
4	RAHUL BISHT	175	11/01/98	ALMORA	11.80
5	NITIN HUR	83	15/12/98	UDHAM SINGH NAGAR	11.90
6	MOHD ARSHAD .	305	15/06/95	HARIDWAR	11.93
7	MOHD WASEEM .	149	12/07/96	CHAMPAWAT	12.18
	MAHESH PURI	313	05/02/90	UK-POLICE	DNS

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Event # 30 MENS 400y Run**Heat 1**

1	SOHANVEER SINGH	267	16/07/91	BEG CENTER-RK	50.49
2	ABHIMANYU SHARMA	397	09/01/94	DEHRADUN	54.71
3	NAGENDRA .	386	17/04/98	DEHRADUN	55.38
4	32 .	396		UKDAA	55.85
5	HEMANT SINGH	173	16/06/98	ALMORA	57.26
6	ABHISHEK CHANCHAL	307	13/06/99	HARIDWAR	1:01.38

Heat 2

1	GURDEEP SINGH	88	14/02/98	UDHAM SINGH NAGAR	50.37
2	ANKUR CHAUDHARY	415	17/05/96	DEHRADUN	51.63
3	TRILOK SINGH	314	06/06/89	UK-POLICE	52.71
4	SUDESH KHATRI	312	01/07/92	UK-POLICE	53.56
5	MINESH SEHGAL .	306	10/09/96	HARIDWAR	56.87
6	430 .	430		UKDAA	1:03.86

Event # 31 MENS 800y Run

1	NAGENDRA .	386	17/04/98	DEHRADUN	2:06.78
2	CHANCHAL SINGH	15	06/08/96	HOSTEL-RUDRAPUR	2:07.34
3	ABHIMANYU SHARMA	397	09/01/94	DEHRADUN	2:07.86
4	GOPAL YADAV	407	05/09/03	DEHRADUN	2:36.02
5	PANKAJPANDEY .	192		DEHRADUN	2:36.78

Event # 32 MENS 1500y Run

1	MOHAN SAINI	92	14/10/98	SAI STC-KASHIPUR	4:08.19
2	MOHD ADIL .	74	25/12/01	UDHAM SINGH NAGAR	4:22.38
3	MOHD RIYAZ .	87	12/05/98	UDHAM SINGH NAGAR	4:24.93
4	NEERAJ JOSHI	177	20/02/98	ALMORA	4:30.13
5	OM PRAKASH .	91	05/08/96	UDHAM SINGH NAGAR	4:40.90
6	VISHAL PAL	367	30/04/98	DEHRADUN	4:50.60
7	CHAMAN PRAJAPATI	148	17/08/98	CHAMOLI	5:16.42
8	MOHD BOBY .	147	19/07/94	CHAMPAWAT	5:16.60
9	VIKAS .	399	15/01/92	DEHRADUN	5:43.09
10	LAVKUSH .	439	05/07/88	DEHRADUN	7:05.56

Event # 33 MENS 10000y Run

1	MOHAN SAINI	92	14/10/98	SAI STC-KASHIPUR	32:35.99
2	MOHD RIYAZ .	87	12/05/98	UDHAM SINGH NAGAR	34:36.94
3	KRISHNA KUMAR	176	20/01/92	ALMORA	35:30.79
4	ROHIT BHIST	60	07/06/98	NAINITAL	36:14.84

Event # 34 MENS Long Jump

1	PUNIT SHRMA	89	27/08/97	UDHAM SINGH NAGAR	6.15m
2	MOHD WASEEM .	149	12/07/96	CHAMPAWAT	6.09m
3	RAHUL BISHT	175	11/01/98	ALMORA	5.98m
4	SUKHDEV KUMAR	309	05/04/97	HARIDWAR	5.95m
5	SIDDHARTH SHARMA	310	04/07/94	HARIDWAR	5.57m

Event # 35 MENS Shot Put

1	SOURABH .	400		DEHRADUN	18.11m
2	SHIVAM .	274		HARIDWAR	8.37m
3	PRAKASH .	353	01/07/87	BAGESHWAR	7.19m

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Event # 36 GIRLS 14&UN 100y Run

RESULTS OF FINALS

1	AANCHAL BHANDARI	260	11/08/05	DEHRADUN	14.08
2	MANANI ARYA	48	05/07/04	NAINITAL	14.34
3	JASKIRAN KAUR	69	29/06/06	UDHAM SINGH NAGAR	14.45
4	TANISHA BHATT	378	22/12/06	UKDAA	15.18
5	PRACHI .	153	01/06/05	AGAUSTMUNI-R.PRAYAG	15.20
6	ANCHAL .	152	10/03/08	AGAUSTMUNI-R.PRAYAG	15.38
7	BHAWANA THAKUR	327	09/11/04	BAGESHWAR	16.71
	LAXMI JEENA	179	24/06/04	ALMORA	DNS

Event # 37 GIRLS 14&UN 600y Run

1	PRACHI .	153	01/06/05	AGAUSTMUNI-R.PRAYAG	1:49.01
2	RESHMA PATEL	206	15/09/02	DEHRADUN	1:53.93
3	PRERNA KALA	121	10/12/05	PAURI	1:55.84
4	BHAWANA THAKUR	327	09/11/04	BAGESHWAR	2:06.16
5	DRISHTI ARORA	29	06/02/04	NAINITAL	2:07.39
6	LAXMI JEENA	179	24/06/04	ALMORA	2:07.81
7	MANISHA SHARMA .	287	21/12/04	HARIDWAR	2:08.65

Event # 38 GIRLS 14&UN Long Jump

1	AANCHAL BHANDARI	260	11/08/05	DEHRADUN	4.92m
2	AASHKAN .	475		CHAMPAWAT	4.37m
3	MANANI ARYA	48	05/07/04	NAINITAL	4.28m
4	YAMUNA .	133	16/12/05	CHAMPAWAT	4.24m

Event # 39 GIRLS 14&UN Shot Put

1	JOSHINA DADWAL	70	16/04/05	UDHAM SINGH NAGAR	7.07m
2	ANCHAL .	152	10/03/08	AGAUSTMUNI-R.PRAYAG	6.98m
3	ANUSHKA PAGWAL	261	29/11/05	DEHRADUN	6.80m

Event # 40 GIRLS 16&UN 100y Run

1	NIKITA .	161	27/02/03	AGAUSTMUNI-R.PRAYAG	14.21
2	ANISHA .	162	04/08/04	AGAUSTMUNI-R.PRAYAG	14.34
3	ISHANVI SINGH	195	21/04/04	DEHRADUN	14.48
4	MUSKAN RAWAT	126	15/12/03	PAURI	15.25
5	A.. A	406		UKDAA	15.35

Event # 41 GIRLS 16&UN 400y Run

1	ANKITA DYANI	156	05/02/02	AGAUSTMUNI-R.PRAYAG	1:01.72
2	ANISHA .	162	04/08/04	AGAUSTMUNI-R.PRAYAG	1:02.64
3	ISHANVI SINGH	195	21/04/04	DEHRADUN	1:07.45
4	LOVLEEN YADAV	290	25/09/03	HARIDWAR	1:11.15
5	SANDHYA BIND	208	07/10/03	DEHRADUN	1:11.44
6	SUNITA BHIST	51	05/05/03	NAINITAL	1:12.38

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Event # 42 GIRLS 16&UN 1000y Run

1	ANKITA DYANI	156	05/02/02	AGAUSTMUNI-R.PRAYAG	3:04.18
2	NIKITA .	161	27/02/03	AGAUSTMUNI-R.PRAYAG	3:17.49
3	SANDHYA BIND	208	07/10/03	DEHRADUN	3:27.05
4	SHIVANI .	98	07/04/04	SAI STC-KASHIPUR	3:32.09
5	PRIYANKA GUPTA	135	07/05/03	CHAMPAWAT	3:40.66
6	GUNJAN SANWAL	50	06/04/03	NAINITAL	3:43.64
7	SHRISTY BISHT	128	15/12/02	PAURI	3:53.73

Event # 43 GIRLS 16&UN Long Jump

1	BHAGWATI .	136	02/12/03	CHAMPAWAT	4.64m
2	UMA .	154	05/08/04	AGAUSTMUNI-R.PRAYAG	4.32m
3	LOVLEEN YADAV	290	25/09/03	HARIDWAR	3.90m

Event # 44 GIRLS 16&UN Shot Put

1	ANJALI NAUTIYAL	262	13/09/03	DEHRADUN	9.50m
2	UMA .	154	05/08/04	AGAUSTMUNI-R.PRAYAG	7.19m
3	MANJILI SHARMA	289	14/07/03	HARIDWAR	6.76m
4	DEEPSHIKHA .	124	27/10/03	PAURI	6.23m
5	MALA .	125	04/03/04	PAURI	5.88m

Event # 45 GIRLS 18&UN 100y Run

1	PRIYANKA RAWAT	129	18/11/01	PAURI	14.14
2	SHEETAL .	393		DEHRADUN	14.18
3	RUPANSHI PAL	440	15/07/00	DEHRADUN	18.63

Event # 46 GIRLS 18&UN 200y Run

1	SHEETAL .	393		DEHRADUN	30.16
2	SANDYA NEGI .	347	22/02/02	BAGESHWAR	30.20
3	REKHA RANI	52	05/05/01	NAINITAL	33.72
4	A .	408		UKDAA	34.06
5	NAINA KUSHWAHA	293	01/01/02	HARIDWAR	34.10

Event # 47 GIRLS 18&UN 400y Run

1	RUPA .	155	12/10/02	AGAUSTMUNI-R.PRAYAG	1:05.97
2	RINKI BIND	196	02/09/01	DEHRADUN	1:07.80
3	KOMAL .	159	17/11/99	AGAUSTMUNI-R.PRAYAG	1:16.88

Event # 48 GIRLS 18&UN 800y Run

1	RINKI BIND	196	02/09/01	DEHRADUN	2:33.84
2	BHAWANA .	119	04/07/01	PITHORAGARH	2:40.78
3	RUPA .	155	12/10/02	AGAUSTMUNI-R.PRAYAG	2:53.41
4	ANJILI NAUTIYAL	294	12/02/02	HARIDWAR	3:04.44

Event # 49 GIRLS 18&UN 1500y Run

1	BHAWANA .	119	04/07/01	PITHORAGARH	5:39.02
2	ANJILI NAUTIYAL	294	12/02/02	HARIDWAR	6:05.89
3	RUCHI BOHRA	143	29/04/02	CHAMPAWAT	6:25.89

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Event # 52 GIRLS 18&UN 5000y Walk					
1	ROJI PATEL	199	23/08/01	DEHRADUN	25:06.37
2	VAISHNAVI NEGI	263	20/04/05	DEHRADUN	27:51.91
3	NEHA SAINI	200	16/10/01	DEHRADUN	28:35.27
4	MANSI NEGI	198	03/05/03	DEHRADUN	28:50.92
5	DIKSHITA NEGI	202	09/11/02	DEHRADUN	30:49.84
6	KIRTI .	201	14/03/01	DEHRADUN	32:42.47
7	SHWETA BIND	197	07/10/03	DEHRADUN	34:56.07
8	SWATI .	214	03/07/02	DEHRADUN	35:40.67
Event # 53 GIRLS 18&UN Long Jump					
1	PRIYANKA RAWAT	129	18/11/01	PAURI	4.78m
2	NIKITA NATH	141	05/07/01	CHAMPAWAT	4.72m
	RAMANPREET .	295	27/07/01	HARIDWAR	NM
Event # 54 GIRLS 18&UN Shot Put					
1	RAMNEET K.	388		DEHRADUN	11.73m
2	SHIVANI NEGI	157	14/05/01	AGAUSTMUNI-R.PRAYAG	9.76m
3	BANDANA .	80	12/08/01	UDHAM SINGH NAGAR	8.69m
Event # 55 GIRLS 18&UN Discus Throw					
1	RAMNEET K.	388		DEHRADUN	36.03m
2	VIBHUTI VERMA	296	06/01/02	HARIDWAR	25.62m
3	SHIVANI NEGI	157	14/05/01	AGAUSTMUNI-R.PRAYAG	22.91m
4	BANDANA .	80	12/08/01	UDHAM SINGH NAGAR	21.37m
Event # 57 GIRLS 20&UN 100y Run					
1	PARUL .	224	06/11/98	DEHRADUN	13.08
2	PRATIBHA .	225	18/09/99	DEHRADUN	14.53
3	POOJA RAWAT	355	20/02/99	NAINITAL	15.80
Event # 58 GIRLS 20&UN 400y Run					
1	PARUL .	224	06/11/98	DEHRADUN	59.19
2	ANJALI .	160	10/03/99	AGAUSTMUNI-R.PRAYAG	1:05.55
3	RINKI BIND	196	02/09/01	DEHRADUN	1:09.95
4	ANNANYA .	365	15/01/00	DEHRADUN	1:14.24
Event # 59 GIRLS 20&UN 800y Run					
1	RADHA .	223	19/05/00	DEHRADUN	2:36.62
2	ANJALI .	160	10/03/99	AGAUSTMUNI-R.PRAYAG	2:38.95
3	SONIYA .	158	25/07/00	AGAUSTMUNI-R.PRAYAG	2:42.13
4	POOJA RAWAT	355	20/02/99	NAINITAL	2:51.91
Event # 60 GIRLS 20&UN 1500y Run					
1	NEHA .	85	05/09/98	UDHAM SINGH NAGAR	4:57.24
2	SONIYA .	158	25/07/00	AGAUSTMUNI-R.PRAYAG	5:04.35
3	RADHA .	223	19/05/00	DEHRADUN	5:06.48
4	KOMAL .	159	17/11/99	AGAUSTMUNI-R.PRAYAG	5:41.73
Event # 61 GIRLS 20&UN Long Jump					
1	PRATIBHA .	225	18/09/99	DEHRADUN	4.13m
2	ANGALI .	376	04/03/00	PITHORAGARH	3.76m

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Event # 63 GIRLS 20&UN Javelin Throw

NIKITA RAWAT	203	08/12/98	DEHRADUN	DNS
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Event # 65 WOMENS 400y Run

1	PRABHA NEGI	178	20/06/98	ALMORA	1:06.61
2	NEHA ADHIKARI	371	14/06/98	DEHRADUN	1:08.05
3	MEENU SHARMA	84	15/04/99	UDHAM SINGH NAGAR	1:12.85

Event # 66 WOMENS 800y Run

1	ANKITA CHAUDHARY	163	01/07/98	AGAUSTMUNI-R.PRAYAG	2:27.38
2	RENU BOHRA	244	05/01/97	DEHRADUN	2:29.44
3	PRABHA NEGI	178	20/06/98	ALMORA	2:40.94

Event # 67 WOMENS 1500y Run

1	ANKITA CHAUDHARY	163	01/07/98	AGAUSTMUNI-R.PRAYAG	5:15.91
2	RENU BOHRA	244	05/01/97	DEHRADUN	5:21.41
3	MEENU SHARMA	84	15/04/99	UDHAM SINGH NAGAR	5:23.91

Event # 69 WOMENS Shot Put

1	ARCHANA BISHT	395	06/03/71	DEHRADUN	9.36m
2	SHAHEEN NAAZ	401		DEHRADUN	8.76m