

25th National Federation Cup Senior Athletics Competition

CH Muhammed Koya Stadium, University of Calicut, Calicut (Kerala)

02-06 April 2022

Tentative Event Schedule

Version 1.1 as on 31st March 2022

3rd April 2022 (Day-2)

E. No.	Time	Event	Section	Round
Morning Session				
201	07.30	110m Hurdles	Men	Decathlon 6
202	08.00	110m Hurdles	Men	Round 1
203	08.10	Discus Throw	Men	Decathlon 7
204	08.40	100m Hurdles	Women	Round 1
205	09.05	Pole Vault	Men	Decathlon 8
Evening Session				
206	15.30	Javelin Throw	Men	Decathlon 9
207	16.30	Javelin Throw	Men	Final 4
208	16.35	100m	Men	Final 5
209	16.40	Long Jump	Men	Final 6
210	16.45	100m	Women	Final 7
	16.50	100m	Men	Medal Ceremony 4
211	16.50	Shot Put	Women	Final 8
	17.00	100m	Women	Medal Ceremony 5
212	17.05	400m	Women	Final 9
	17.10	400m	Women	Medal Ceremony 6
213	17.15	400m	Men	Final 10
	17.25	400m	Men	Medal Ceremony 7
214	17.35	1500m	Men	Final 11
	17.45	1500m	Men	Medal Ceremony 8
215	17.45	1500m	Women	Final 12
	17.55	1500m	Women	Medal Ceremony 9
	18.00	Javelin Throw	Men	Medal ceremony 10
216	18.00	1500m	Men	Decathlon 10-Final 13
	18.10	Long jump	men	Medal Ceremony 11
	18.20	Shot Put	Women	Medal Ceremony 12
	18.30	Decathlon	Men	Medal Ceremony 13

IMPORTANT INSTRUCTIONS

- No Athlete will be allowed to participate without RTPCR negative report not earlier than 72 hours.
- BIBS will be distributed from 10.00 am to 2.00 pm from 1st April to 6th April, 2022 at the entrance gate of warm area.
- Medals ceremony will be held as per the schedule. No medal will be given if athlete is absent from Medal ceremony.

Progression Height**High Jump Men**

Practice Height: 1.90-2.20 Progression: 1.90-5 cm - 2.10 3 cm - 2.16 - 2cm

High Jump Women

Practice Height: 1.50 -1.75 Progression: 1.50 -5 cm- 1.65- 3cm- 1.71- 2cm

Pole Vault Men

Practice Height: 4.00-5.00 Progression: 4.00- 20 cm- 4.60- 10 cm- 4.80- 5 cm

Pole Vault Women

Practice Height: 2.80-4.00 Progression: 2.80- 20 cm- 3.40- 10 cm- 3.80 - 5 cm

Call Room Procedures

Event	Call Room -1	FOP
Track Events	30 Minutes Before Start Time	10 Minutes before start
Hurdles	40 Minutes Before Start Time	15 Minutes before start
Field Event	45 Minutes Before Start Time	30 Minutes before start
Pole Vault	90 Minutes Before Start Time	60 Minutes before start
High Jump	60 Minutes Before Start Time	45 Minutes before start

Important Phone Numbers

Mr. G. Krishnan: +91 9582040882 Mr. Haridass: +917907266486

25th National Federation Cup Senior Athletics Competition				
CH Muhammed Koya Stadium, University of Calicut, Calicut (Kerala)				
02-06 April 2022				
Start List Day-2 (03 April 2022)				
Event # 51 MENS 110m Hurdles Decathlon-6				TIME: 07:30 HRS
1	HAPPY SINGH	462	11/07/98	PUNJAB
2	ANGRAJ SINGH	453	03/10/88	PUNJAB
3	STALIN JOES S	543	01/06/99	TAMIL NADU
4	BOOTA SINGH	337	01/04/91	HARYANA
5	SOURABH RATHI	581	02/01/01	UTTAR PRADESH
6	MOHIT .	308	10/09/01	HARYANA
7	GURLAL SINGH	461	12/10/94	PUNJAB
8	MIDHUN MURALI	383	12/04/95	KERALA
Event # 8 MENS 110m Hurdles				HEATS
NR:SIDDHANTH THINGALAYA MESA 13.48 10/06/2017				TIME: 08:00 HRS
MR:SIDDHANTH THINGALAYA PATIALA 13.65 2012				
Heat 1				
2	TARUNDEEP SINGH BHATIA	448	06/09/94	PUNJAB
3	SHUBHAM PAWAR	434	14/12/97	MAHARASHTRA
4	DHANUSH ADITHAN G	514	30/09/01	TAMIL NADU
5	PARAS PATIL	432	18/07/98	MAHARASHTRA
6	KRISHIK. M	356	16/10/03	KARNATAKA
7	AMRUT TANAJI TIWALE	442	13/08/93	MAHARASHTRA
8	A. GRACESON JEEVA	445	05/04/03	ODISHA
Heat 2				
2	VEERAMANI P	531	17/03/94	TAMIL NADU
3	VISHAL RAJ RUSILY VELAN	540	31/01/03	TAMIL NADU
4	YASHWANTH LAVETI	259	28/08/01	ANDHRA PRADESH
5	FASIL FEROKE AHAMMED SEEMA	366	04/02/02	KERALA
6	VIKAS KHODKE	425	16/08/01	MAHARASHTRA
7	SRIKANTH MADHYA CP	351	27/11/92	KARNATAKA
8	SIDDHANTH THINGALAYA	441	03/01/91	MAHARASHTRA
Event # 52 MENS Discus Throw Decathlon-7				TIME: 08:10 HRS
Event # 26 WOMENS 100m Hurdles				
NR:ANURADHA BISWA NEW DELHI 13.38 08/09/2002				TIME: 08:40 HRS
MR:ANURADHA BISWAL NEW DELHI 13.48 2006				
Heat 1				
3	KANIMOZHI C	223	08/11/97	TAMIL NADU
4	UNNATHI BOLLANDA	146	06/05/05	KARNATAKA
5	KIRANMANJARIE R	231	21/08/02	TAMIL NADU
6	MOUMITA MONDAL	257	09/12/01	WEST BENGAL
7	MEDHA RAJESH KAMATH	151	04/12/97	KARNATAKA

Heat 2					
3	NANDHINI. S	234		12/12/98	TAMIL NADU
4	PUSHPANJALI .	143		28/01/97	KARNATAKA
5	PRANJALI DILIP PATIL	197		23/01/03	MAHARASHTRA
6	S. SRIRESHMA .	219		04/05/01	TAMIL NADU
7	JYOTHI YARRAJI	105		28/08/99	ANDHRA PRADESH
Event # 53 MENS Pole Vault Decathlon-8					TIME: 09:05 HRS
Event # 54 MENS Javelin Throw Decathlon-9					TIME: 15:30 HRS
Event # 18 MENS Javelin Throw					FINAL
NR:NEERAJ CHOPRA PATIALA 88.07 05/03/2021					TIME: 16:30 HRS
MR:NEERAJ CHOPRA PATIALA 87.80 2021					
1	ANKIT ..	313		16/11/96	HARYANA
2	ARUN BABY	370		30/04/93	KERALA
3	ABHISHEK DRALL	272		11/05/98	DELHI
4	HARISH KUMAR	489		30/10/96	RAJASTHAN
5	AMIT MALIK	329		11/12/98	HARYANA
6	VIKRANT MALIK	332		02/01/96	HARYANA
7	MANU P	359		24/01/00	KARNATAKA
8	UTTAM BALASAHEB PATIL	433		01/11/98	MAHARASHTRA
9	ANIL KUMAR RAJBHAR	408		08/04/92	MADHYA PRADESH
10	SAHIL SILWAL	335		17/12/00	HARYANA
11	ABHISHEK SINGH	585		20/05/95	UTTAR PRADESH
12	ARSHDEEP SINGH	455		05/04/99	PUNJAB
13	ROHIT YADAV	597		06/06/01	UTTAR PRADESH
14	VIKAS YADAV	600		22/12/01	UTTAR PRADESH
Event # 1 MENS 100m Run					FINAL
NR:AMIYA KUMAR MALLICK NEW DELHI 10.26 28/04/2016					TIME: 16:35 HRS
MR:AMIYA KUMAR MALLICK NEW DELHI 10.26 2016					
1	ASWIN K.P	379		16/09/96	KERALA
2	VIGNESH A	503		04/07/96	TAMIL NADU
3	SIVA KUMAR B	511		13/10/94	TAMIL NADU
4	HARJIT SINGH	463		28/08/97	PUNJAB
5	ELAKKIYADASAN K	518		31/01/95	TAMIL NADU
6	LOVE PREET SINGH	470		27/11/99	PUNJAB
7	KATHIRAVAN G	515		09/12/98	TAMIL NADU
8	TAMIL ARASU	506		20/05/02	TAMIL NADU

Event # 13 MENS Long Jump					FINAL
NR:M. SREESHANKAR PATIALA 8.26 16/03/2021					TIME: 16:40 HRS
MR:M. SREESHANKAR PATIALA 8.26 2021					
1	SREESHANKAR M	380	27/03/99	KERALA	
2	JESWIN ALDRIN	504	24/12/01	TAMIL NADU	
3	DAVID P	530	17/03/02	TAMIL NADU	
4	YUGANT SINGH	591	02/10/97	UTTAR PRADESH	
5	MUHAMMED ANEES YAHIIYA	401	03/12/95	KERALA	
6	SWAMINATHAN R	536	07/04/96	TAMIL NADU	
7	SETHU S NAIR	389	10/07/97	KERALA	
8	SAHIL MAHABALI	328	27/12/97	HARYANA	
9	ASADULLAH MUJAHITH	528	17/01/02	TAMIL NADU	
10	SIDDHARTH MOHAN NAIK	358	08/09/95	KARNATAKA	
11	S. LOKESH .	348	21/12/99	KARNATAKA	
12	VINOTH YUVARAJ	552	26/09/94	TAMIL NADU	
Event # 19 WOMENS 100m Run					FINAL
NR:DUTEE CHAND PATIALA 11.17 21/06/2021					TIME: 16:45 HRS
MR:DUTEE CHAND NEW DELHI 11.33 2016					
1	ANJALI P D	177	22/03/01	KERALA	
2	HIMANI CHANDEL	187	23/08/96	MADHYA PRADESH	
3	DUTEE CHAND	201	03/02/96	ODISHA	
4	JILNA M V	174	28/12/97	KERALA	
5	ARCHANA S SUSEENDRAN	236	09/06/94	TAMIL NADU	
6	DANESHWARI A T	145	14/08/00	KARNATAKA	
7	SIMI N S	154	22/10/97	KARNATAKA	
8	AVANTIKA SANTOS NARALE	195	11/07/03	MAHARASHTRA	
Event # 33 WOMENS Shot Put					FINAL
NR:MANPREET KAUR KOLKATA 17.96 16/09/2015					TIME: 16:50 HRS
MR:MANPREET KAUR PATIALA 17.04 2017					
1	YOGITA .	129	01/11/00	HARYANA	
2	KACHNAR CHAUDHARY	215	17/05/99	RAJASTHAN	
3	MANPREET KAUR	612	05/03/96	PUNJAB	
4	MANPREET KAUR	132	06/07/90	HARYANA	
5	ABHA KHATUA	192	09/07/95	MAHARASHTRA	
Event # 21 WOMENS 400m Run					FINAL
NR:HIMA DAS JAKARTA 50.79 26/08/2018					TIME: 17:05 HRS
MR:NIRMALA SHEORAN PATIALA 51.28 2017					
1	KAVITA .	122	30/12/97	HARYANA	
2	INCHARA N S	153	06/06/97	KARNATAKA	
3	AISHWARYA KAILA MISHRA	194	16/08/97	MAHARASHTRA	
4	POOVAMMA RAJU	156	05/05/90	KARNATAKA	
5	DANDI JYOTHIKA SRI	104	16/07/00	ANDHRA PRADESH	
6	SUMMY .	127	21/05/03	HARYANA	
7	R VITHYA RAMRAJ	232	20/09/98	TAMIL NADU	
8	JISNA MATHEW	175	07/01/99	KERALA	

Event # 3 MENS 400m Run					FINAL
NR:MUHAMMED ANAS KLADNO,CZE 45.21 13/07/2019					TIME: 17:15 HRS
MR:AROKIA RAJIV NEW DELHI 45.47 2016					
1	NAGANATHAN PANDI	532		23/04/96	TAMIL NADU
2	ANGREJ SINGH	336		19/02/94	HARYANA
3	AMOJ JACOB	273		02/05/98	DELHI
4	RAJESH RAMESH	539		28/03/99	TAMIL NADU
5	NOAH NIRMAL TOM	395		13/11/94	KERALA
6	MUHAMMED AJMAL V	367		01/06/98	KERALA
7	SANTHOSH KUMAR T	523		01/01/98	TAMIL NADU
8	AKASH KUMAR	573		01/01/99	UTTAR PRADESH
Event # 5 MENS 1500m Run					FINAL
NR:JINSON JOHNSON BERLIN 3:35.24 01/10/2019					TIME: 17:35 HRS
MR:JINSON JOHNSON PATIALA 3:39.69 2018					
1	AMAN .	296		27/11/96	HARYANA
2	SHASHI BHUSHAN SINGH	609		10/01/96	WEST BENGAL
3	ISHU SOLANKI	341		22/06/00	HARYANA
4	RAMAN KUMAR	322		20/11/00	HARYANA
5	RAHUL .	269		01/12/96	DELHI
6	HARENDRA KUMAR	274		12/03/02	DELHI
7	AJEET KUMAR	289		03/07/99	GUJARAT
8	JINSON JOHNSON	373		15/03/91	KERALA
9	JASBEER .	304		17/08/94	HARYANA
10	NIRMIT DAHIYA	271		03/01/99	DELHI
11	AJAY KUMAR SAROJ	583		01/05/97	UTTAR PRADESH
12	BHOOPENDRA SINGH	496		07/08/02	RAJASTHAN
13	RAKESH MANDAL	604		16/04/99	UTTARKHAND
14	UTTAM YADAV	599		09/09/03	UTTAR PRADESH
15	RAHUL BALODA	480		05/06/99	RAJASTHAN
16	ABHINANDH SUNDARESAN	391		20/08/99	KERALA
17	VIKASH .	312		10/12/04	HARYANA
Event # 23 WOMENS 1500m Run					FINAL
NR:HARMILAN BAINS WARANGAL 4:05.39 16/09/2021					TIME: 17:45 HRS
MR:SUNITA RANI BANGALORE 4:08.10 1999					
1	PRISCILLA DANIEL	164		01/07/02	KERALA
2	SHRADDHA KATHIRIYA	117		20/12/01	GUJARAT
3	SUNITA ...	140		31/03/98	HIMACHAL PRADESH
4	BHAGYALAXMI DONTU LAXMI	239		13/06/03	TELANGANA
5	ANKITA .	252		05/02/02	UTTARKHAND
6	LILI DAS	256		18/03/98	WEST BENGAL
7	NIKITA SHARMA	141		04/07/01	HIMACHAL PRADESH
8	CHANDA .	107		16/08/01	DELHI
9	NIKITA VIJAY RAUT	198		03/11/97	MAHARASHTRA
10	NAMITA PRADHAN	204		10/07/96	ODISHA
Event # 55 MENS 1500m Decathlon-10					TIME: 18:00 HRS