



61ST NATIONAL INTER STATE SENIOR ATHLETICS CHAMPIONSHIPS

J.N STADIUM, CHENNAI

10TH to 14th of JUNE 2022

Event Schedule

DAY-1 (10-06-2022)

VER. 1.2(Updated on 08.06.2022)

Event no.	Time	Event	Section	Round	Group
MORNING SESSION					
101	06.00 hrs	10000m	Men	Final 1	
102	06.40 hrs	10000m	Women	Final 2	
103	07.50 hrs	100m	Men	Decathlon 1	
104	08.10 hrs	100m	Men	Round 1	
105	08.30 hrs	Long Jump	Men	Decathlon 2	
106	08.40 hrs	100m	Women	Round 1	
107	09.10 hrs	400m	Men	Round 1	
108	09.20 hrs	Long Jump	Men	Qualifying Round	Group A & B
109	09.30 hrs	Shot Put	Men	Decathlon 3	
110	09.35 hrs	400m	Women	Round 1	
EVENING SESSION					
111	17.00 hrs	Pole Vault	Women	Final 3	
112	17.15 hrs	High Jump	Men	Decathlon 4	
	18.45 hrs	10000m	Men	MEDAL CEREMONY -1	
	19.00 hrs	10000m	Women	MEDAL CEREMONY-2	
113	19.00 hrs	100m	Men	Semi Final	
114	19.15 hrs	100m	Women	Semi Final	
	19.15 hrs	Pole Vault	Women	MEDAL CEREMONY-3	
115	19.30 hrs	400m	Men	Semi Final	
116	20.00 hrs	400m	Women	Semi Final	
117	20.30 hrs	400m	Men	Decathlon 5	
118	20.45 hrs	1500m	Men	Round 1	
119	21.00 hrs	1500m	Women	Round 1	
DAY-2 (11-06-2022)					
MORNING SESSION					
201	07.30 hrs	110m Hurdles	Men	Decathlon 6	
202	08.00 hrs	110m Hurdles	Men	Round 1	
203	08.10 hrs	Discus Throw	Men	Decathlon 7	
204	08.40 hrs	100m Hurdles	Women	Round 1	
205	09.00 hrs	Pole Vault	Men	Decathlon 8	
206	09.00 hrs	4x100m relay	Men	Round 1	
207	09.30 hrs	4x100m relay	Women	Round 1	
208	09.45 hrs	4x400m relay	Mixed	Round 1	
EVENING SESSION					
210	17.00 hrs	Pole Vault	Men	Final 4	
211	17.00 hrs	Javelin Throw	Men	Decathlon 9	
212	18.00 hrs	110m Hurdles	Men	Semi Final	
213	18.30 hrs	100m Hurdles	Women	Semi Final	
214	19.00 hrs	100m	Men	Final 5	
215	19.10 hrs	Long Jump	Men	Final 6	
	19.15 hrs	100m	Men	MEDAL CEREMONY-4	
216	19.15 hrs	100m	Women	Final 7	
217	19.15 hrs	Javelin Throw	Men	Final 8	
218	19.15 hrs	Shot Put	Women	Final 9	
	19.30 hrs	100m	Women	MEDAL CEREMONY-5	
219	19.30 hrs	400m	Women	Final 10	
	19.40 hrs	Pole Vault	Men	MEDAL CEREMONY-6	
220	19.45 hrs	400m	Men	Final 11	
	19.50 hrs	400m	Women	MEDAL CEREMONY-7	
221	20.00 hrs	1500m	Men	Final 12	
	20.00 hrs	400m	Men	MEDAL CEREMONY-8	
	20.10 hrs	1500m	Men	MEDAL CEREMONY-9	
222	20.15 hrs	1500m	Women	Final 13	

	20.30 hrs	1500m	Women	MEDAL CEREMONY-10	
223	20.30 hrs	1500m	Men	Decathlon 10-Final 14	
	20.40 hrs	Long Jump	Men	MEDAL CEREMONY-11	
	20.50 hrs	Shot Put	Women	MEDAL CEREMONY-12	
	21.00 hrs	Javelin Throw	Men	MEDAL CEREMONY-13	
	21.10 hrs	DECATHLON	Men	MEDAL CEREMONY-14	
DAY-3 (12-06-2022)					
MORNING SESSION					
301	06.00 hrs	3000m SC	Women	Final 15	
302	06.30 hrs	3000m SC	Men	Final 16	
303	07.40 hrs	100m Hurdles	Women	Heptathlon 1	
304	08.30 hrs	High Jump	Women	Heptathlon 2	
EVENING SESSION					
	17.30 hrs	3000m SC	Women	MEDAL CEREMONY -15	
305	17.30 hrs	Shot Put	Women	Heptathlon 3	
	17.40 hrs	3000m SC	Men	MEDAL CEREMONY-16	
306	18.00 hrs	High Jump	Men	Final 17	
307	19.00 hrs	110m Hurdles	Men	Final 18	
	19.10 hrs	110m Hurdles	Men	MEDAL CEREMONY-17	
308	19.20 hrs	100m Hurdles	Women	Final 19	
	19.30 hrs	100m Hurdles	Women	MEDAL CEREMONY-18	
309	19.30 hrs	Javelin Throw	Women	finals 20	
310	19.30 hrs	Shot Put	Men	Final 21	
311	19.35 hrs	Long Jump	Women	Qualifying Round	Group A & B
312	19.50 hrs	200m	Women	Heptathlon 4	
	20.00 hrs	High Jump	Men	MEDAL CEREMONY-19	
313	20.10 hrs	800m	Men	Round 1	
314	20.30 hrs	800m	Women	Round 1	
	21.00 hrs	Javelin Throw	Women	MEDAL CEREMONY-20	
315	21.00 hrs	4x100m relay	Women	final 22	
	21.10 hrs	Shot Put	Men	MEDAL CEREMONY-21	
316	21.10 hrs	4x100m relay	Men	final 23	
	21.20 hrs	4x100m relay	Women	MEDAL CEREMONY-22	
317	21.20 hrs	4x400m relay	mixed	final 24	
	21.30 hrs	4x100m relay	Men	MEDAL CEREMONY-23	
	21.40 hrs	4x400m relay	Mixed	MEDAL CEREMONY-24	
DAY-4 (13-06-2022)					
MORNING SESSION					
401	08.00 hrs	Long Jump	Women	Heptathlon 5	
402	08.20 hrs	200m	Men	Round 1	
403	08.50 hrs	200m	Women	Round 1	
404	09.00 hrs	4x400m relay	Men	Round 1	
405	09.15 hrs	4x400m relay	Women	Round 1	
406	09.15 hrs	Javelin Throw	Women	Heptathlon 6	
EVENING SESSION					
407	18.00 hrs	Discus Throw	Men	Final 25	
408	18.15 hrs	High Jump	Women	Final 26	
409	18.30 hrs	Triple Jump	Women	Final 27	
410	19.00 hrs	400m Hurdles	Men	Round 1	
411	19.30 hrs	Discus Throw	Women	Final 28	
412	19.30 hrs	400m Hurdles	Women	Round 1	
	19.30 hrs	Discus Throw	Men	MEDAL CEREMONY-25	
	19.40 hrs	High Jump	Women	MEDAL CEREMONY-26	
413	19.45 hrs	800m	Men	Final 29	
	19.50 hrs	Triple Jump	Women	MEDAL CEREMONY-27	
	19.55 hrs	800m	Men	MEDAL CEREMONY-28	
414	19.55 hrs	800m	Women	Final 30	
415	20.05 hrs	800m	Women	Heptathlon 7-Final 31	
	20.05 hrs	800m	Women	MEDAL CEREMONY-29	
	20.15 hrs	HEPTATHLON	Women	MEDAL CEREMONY-30	
	20.30 hrs	Discus Throw	Women	MEDAL CEREMONY-31	

DAY-5 (14-06-2022)					
MORNING SESSION					
501	06.00 hrs	5000m	Men	Final 32	
502	06.30 hrs	5000m	Women	Final 33	
EVENING SESSION					
503	17.00 hrs	Hammer Throw	Men	Final 34	
504	17.00 hrs	Triple Jump	Men	Final 35	
505	18.00 hrs	200m	Men	Final 36	
	18.10 hrs	200m	Men	MEDAL CEREMONY-32	
506	18.10 hrs	200m	Women	Final 37	
	18.20 hrs	5000m	Men	MEDAL CEREMONY-33	
507	18.30 hrs	Hammer Throw	Women	Final 38	
	18.30 hrs	5000m	Women	MEDAL CEREMONY-34	
508	18.30 hrs	400m Hurdles	Men	Final 39	
	18.40 hrs	200m	Women	MEDAL CEREMONY-35	
509	18.40 hrs	Long Jump	Women	Final 40	
510	18.40 hrs	400m Hurdles	Women	Final 41	
	18.50 hrs	Hammer Throw	Men	MEDAL CEREMONY-36	
	19.00 hrs	Triple Jump	Men	MEDAL CEREMONY-37	
511	19.00 hrs	4x400m relay	men	final 42	
	19.10 hrs	400m Hurdles	Men	MEDAL CEREMONY-38	
512	19.15 hrs	4x400m relay	men	final 43	
	19.20 hrs	400m Hurdles	Women	MEDAL CEREMONY-39	
	19.30 hrs	Hammer Throw	Women	MEDAL CEREMONY-40	
	19.40 hrs	4x400m relay	men	MEDAL CEREMONY-41	
	19.50 hrs	4x400m relay	men	MEDAL CEREMONY-42	
	20.00 hrs	Long Jump	Women	MEDAL CEREMONY-43	