



ATHLETICS FEDERATION OF INDIA

A-90, Phase I, Naraina Industrial Area, New Delhi - 110028
E: afi@indianathletics.in, indianathletics@gmail.com W : www.indianathletics.in

QUALIFYING GUIDELINES FOR 4TH ASIAN YOUTH ATHLETICS CHAMPIONSHIPS 2022

S.No.	Under 18 Boys	Entry Standard	Under 18 Girls	Entry Standard
1	100m	10.66s	100m	12.08s
2	200m	21.93s	200m	24.78s
3	400m	48.59s	400m	57.05s
4	800m	1:55.81s	800m	2:09.76s
5	1500m	3:57.25s	1500m	4:36.09s
6	3000m	8:38.60s	3000m	10:06.94s
7	110m Hurdles (0.914m)	13.74s	100m Hurdles (0.762m)	14.44s
8	400m Hurdles (0.838m)	55.28s	400m Hurdles (0.762m)	1:01.42s
9	2000m SC (0.838m)	6:08.79s	2000m SC (0.762m)	7:32.53s
10	10000m Race Walk (Track)	45:00.00s	5000m Race Walk (Track)	24:00.00s
11	High Jump	2.00m	High Jump	1.69m
12	Pole Vault	4.50m	Pole Vault	3.30m
13	Long Jump	7.30m	Long Jump	5.73m
14	Triple Jump	15.00m	Triple Jump	12.02m
15	Shot Put (5 Kg)	18.59m	Shot Put (3 Kg)	15.42m
16	Hammer Throw (5 Kg)	65.85m	Hammer Throw (3 Kg)	59.90m
17	Discus Throw (1.50 Kg)	54.93m	Discus Throw (1 Kg)	43.00m
18	Javelin Throw (700g)	69.36m	Javelin Throw (500g)	48.94m
19	Decathlon	5943pts	Heptathlon	4634pts
20	Medley Relay	1:55.45s	Medley Relay	2:13.79s

- No previous performance will be considered for selection
- The performance in 17th National Youth Championships will be considered for selection
- The decision of the Selection Committee will be final