

61ST NATIONAL OPEN ATHLETICS CHAMPIONSHIPS					
KANTEERAVA STADIUM, BANGALORE					
15th to 19th of OCTOBER 2022					
Organised by Karnatka Athletics Association under the Aegis of Athletics Federation of India					
Tentative Schedule version 1.1 as on 11th October, 2022 (10.00 hrs)					
DAY-1 (15-10-2022)					
Event no.	Time	Event	Section	Round	Group
Morning Session					
101	06.00 hrs	20km RW	Men	Final 1	
102	06.05 hrs	20km RW	Women	Final 2	
103	07.00 hrs	100m Hurdles	Women	Heptathlon 1	
104	07.30 hrs	100m	Men	Round 1	
105	07.35 hrs	Shot Put	Men	Qualifying Round A&B	
106	07.40 hrs	Long Jump	Men	Qualifying Round	Group A & B
107	08.15 hrs	100m	Women	Round 1	
108	08.45 hrs	400m	Men	Round 1	
109	09.15 hrs	400m	Women	Round 1	
Inauguration : 10.00 hrs					
Evening Session					
110	14.00 hrs	Pole Vault	Women	Final 3	
111	14.15 hrs	High Jump	Women	Heptathlon-2	
112	14.30 hrs	Discus Throw	Women	Final 4	
	14.45 hrs	20 KM RW	Men	MEDAL CEREMONY -1	
113	15.00 hrs	100m	Men	Semi Final	
114	15.20 hrs	100m	Women	Semi Final	
	15.30 hrs	20 KM RW	Women	MEDAL CEREMONY -2	
115	15.45 hrs	Shot Put	Women	Heptathlon-3	
116	16.00 hrs	400m	Men	Semi Final	
117	16.30 hrs	400m	Women	Semi Final	
118	17.00 hrs	1500m	Men	Round 1	
119	17.15 hrs	1500m	Women	Round 1	
	17.20 hrs	Discus Throw	Women	MEDAL CEREMONY-3	
120	17.30 hrs	200m	Women	Heptathlon-4	
	17.35 hrs	Pole Vault	Women	MEDAL CEREMONY-4	
DAY-2 (16-10-2022)					
Event no.	Time	Event	Section	Round	Group
Evening Session					
201	15.25 hrs	Long Jump	Women	Heptathlon 5	
202	15.30 hrs	110m Hurdles	Men	Round 1	
203	16.20 hrs	4x100m relay	Men	Round 1	
204	16.30 hrs	Javelin Throw	Women	Heptathlon 6	
205	16.40 hrs	4x100m relay	Women	Round 1	
206	17.00 hrs	4x400m relay	mixed	Round 1	
207	17.00 hrs	Pole Vault	Men	Final 5	
208	17.30 hrs	Javelin Throw	Men	Qualifying round Group-A	
209	17.35 hrs	110m Hurdles	Men	Semi Final	
210	18.00 hrs	100m	Men	Final 6	
211	18.15 hrs	100m	Women	Final 7	
212	18.45 hrs	400m	Women	Final 8	
213	19.00 hrs	400m	Men	Final 9	
214	19.10 hrs	Long Jump	Men	Final 10	
215	19.15 hrs	Javelin Throw	Men	Qualifying round Group-B	
216	19.20 hrs	Shot Put	Men	Final 11	
	19.25 hrs	100m	Men	MEDAL CEREMONY-5	
	19.35 hrs	100m	Women	MEDAL CEREMONY-6	
	19.40 hrs	400m	Women	MEDAL CEREMONY-7	
	19.50 hrs	400m	Men	MEDAL CEREMONY-8	
217	20.00 hrs	1500m	Men	Final 12	
218	20.15 hrs	1500m	Women	Final 13	
219	20.30 hrs	800m	Women	Heptathlon 7-Final 14	
	20.40 hrs	1500m	Men	MEDAL CEREMONY-9	
	20.50 hrs	1500m	Women	MEDAL CEREMONY-10	
	21.00 hrs	Pole Vault	Men	MEDAL CEREMONY-11	
	20.40 hrs	Long Jump	Men	MEDAL CEREMONY-12	
	20.50 hrs	Shot Put	Women	MEDAL CEREMONY-13	
	21.00 hrs	Heptathlon	Women	MEDAL CEREMONY-14	

DAY-3 (17-10-2022)					
Event no.	Time	Event	Section	Round	Group
Morning Session					
301	06.30 hrs	5000m	Men	Final 15	
302	07.00 hrs	5000m	Women	Final 16	
303	07.40 hrs	100m	Men	Decathlon 1	
304	07.40 hrs	Discus Throw	Men	Qualifying Round Group-A	
305	08.10 hrs	Long Jump	Men	Decathlon 2	
306	09.00 hrs	Discus Throw	Men	Qualifying Round Group-B	
307	09.30 hrs	Shot Put	Men	Decathlon 3	
Evening Session					
308	17.00 hrs	High Jump	Men	Decathlon 4	
	18.30 hrs	5000m	Men	MEDAL CEREMONY-15	
	18.40 hrs	5000m	Women	MEDAL CEREMONY-16	
309	19.00 hrs	High Jump	Men	Final 17	
310	19.00 hrs	110m Hurdles	Men	Final 18	
	19.10 hrs	110m Hurdles	Men	MEDAL CEREMONY-17	
311	19.20 hrs	100m Hurdles	Women	Final 19	
	19.30 hrs	100m Hurdles	Women	MEDAL CEREMONY-18	
312	19.30 hrs	Javelin Throw	Women	Final 20	
313	19.30 hrs	Shot Put	Women	Final 21	
314	19.30 hrs	400m	Men	Decathlon 5	
315	19.35 hrs	Long Jump	Women	Qualifying Round	Group A & B
316	20.00 hrs	800m	Men	Round 1	
317	20.15 hrs	800m	Women	Round 1	
	20.45 hrs	High Jump	Men	MEDAL CEREMONY-19	
	20.55 hrs	Javelin Throw	Women	MEDAL CEREMONY-20	
318	21.05 hrs	4x100m relay	Women	Final 22	
	21.15 hrs	Shot Put	Men	MEDAL CEREMONY-21	
319	21.15 hrs	4x100m relay	Men	Final 23	
	21.35 hrs	4x100m relay	Women	MEDAL CEREMONY-22	
320	21.35 hrs	4x400m relay	mixed	Final 24	
	21.45 hrs	4x100m relay	Men	MEDAL CEREMONY-23	
	21.55 hrs	4x400m relay	mixed	MEDAL CEREMONY-24	
DAY-4 (18-10-2022)					
Event no.	Time	Event	Section	Round	Group
Morning Session					
401	07.30 hrs	110m Hurdles	Men	Decathlon 6	
402	08.10 hrs	Discus Throw	Men	Decathlon 7	
403	08.20 hrs	200m	Men	Round 1	
404	08.50 hrs	200m	Women	Round 1	
405	09.30 hrs	Hammer Throw	Men	Qualifying Group A	
406	11.00 hrs	Hammer Throw	Men	Qualifying Group B	
407	11.00 hrs	Pole vault	Men	Decathlon 8	
Evening Session					
408	16.00 hrs	Javelin Throw	Men	Decathlon 9	
409	17.30 hrs	Discus Throw	Men	Final 25	
410	18.00 hrs	200m	Men	Semi final	
411	18.15 hrs	High Jump	Women	Final 26	
412	18.30 hrs	200m	Women	Semi final	
413	18.30 hrs	Triple Jump	Women	Final 27	
414	19.05 hrs	Javelin Throw	Men	Final 28	
415	19.10 hrs	400m Hurdles	Men	Round 1	
416	19.30 hrs	400m Hurdles	Women	Round 1	
	19.30 hrs	Discus Throw	Men	MEDAL CEREMONY-25	
	19.40 hrs	High Jump	Women	MEDAL CEREMONY-26	
417	19.45 hrs	800m	Men	Final 29	
	19.50 hrs	Triple Jump	Women	MEDAL CEREMONY-27	
	19.55 hrs	800m	Men	MEDAL CEREMONY-28	
418	19.55 hrs	800m	Women	Final 30	
419	20.05 hrs	1500m	Men	Decathlon 10- 31	
	20.05 hrs	800m	Women	MEDAL CEREMONY-29	
420	20.25 hrs	3000m SC	Women	Final 32	
421	20.45 hrs	3000m SC	Men	Final 33	
	21.00 hrs	Decathlon	Men	MEDAL CEREMONY-30	
	21.10 hrs	Javelin Throw	Men	MEDAL CEREMONY-31	
	21.20 hrs	3000m SC	Women	MEDAL CEREMONY-32	
	21.30 hrs	3000m SC	Men	MEDAL CEREMONY-33	

Day-5 (19-10-2022)					
Event no.	Time	Event	Section	Round	Group
Morning Session					
501	06.00 hrs	35km RW	Men	Final 34	
502	06.10 hrs	35km RW	Women	Final 35	
503	06.30 hrs	10000m	Men	Final 36	
504	07.30 hrs	10000m	Women	Final 37	
Evening Session					
505	14.00 hrs	Hammer Throw	Men	Final 38	
506	14.05 hrs	Triple Jump	Men	Final 39	
	14.20 hrs	35km RW	Men	MEDAL CEREMONY-34	
	14.30 hrs	35km RW	Women	MEDAL CEREMONY-35	
	14.40 hrs	10000m	Men	MEDAL CEREMONY -36	
507	14.50 hrs	200m	Men	Final 40	
508	15.00 hrs	200m	Women	Final 41	
	15.05 hrs	10000m	Men	MEDAL CEREMONY -37	
509	15.20 hrs	400m Hurdles	Men	Final 42	
	15.25 hrs	200m	Men	MEDAL CEREMONY-38	
	15.35 hrs	200m	Women	MEDAL CEREMONY-39	
510	15.45hrs	Long Jump	Women	Final 43	
511	15.50 hrs	400m Hurdles	Women	Final 44	
512	15.10 hrs	Hammer Throw	Women	Final 45	
	16.00 hrs	Hammer Throw	Men	MEDAL CEREMONY-40	
	16.10 hrs	Triple Jump	Men	MEDAL CEREMONY-41	
513	16.20 hrs	4x400m relay	Men	Final 46	
	16.30 hrs	400m Hurdles	Men	MEDAL CEREMONY-42	
514	16.45 hrs	4x400m relay	Women	Final 47	
	16.55 hrs	400m Hurdles	Women	MEDAL CEREMONY-43	
	17.05 hrs	Hammer Throw	Women	MEDAL CEREMONY-44	
	17.55 hrs	4x400m relay	men	MEDAL CEREMONY-45	
	18.05 hrs	4x400m relay	men	MEDAL CEREMONY-46	
	18.15 hrs	Long Jump	Women	MEDAL CEREMONY-47	

Note: Technical Meeting (Managers) will be held on 14th October at 15.00 hrs at Kantevera Stadium

Final schedule will be published after confirmation of Entries.