

Event # 1 MENS 100 Run

NR:Anil Kumar Chennai 10.33 15/07/99

1	H. JAYACHANDRAN	LIC	-0.93m/s	10.56
2	PIYUSH KUMAR	RAILWAYS	-0.93m/s	10.59
3	VISHAL SAXSENA	RAILWAYS	-0.93m/s	10.59
4	R. SRINIVASAN	SERVICES	-0.93m/s	10.66
5	C.T. DURAI	RAILWAYS	-0.93m/s	10.66
6	BHARMAPPA C. NAGRAJ	RAILWAYS	-0.93m/s	10.67
7	JAGDISH BASAK	BSF	-0.93m/s	10.68
8	CLIFFORD JOSHUA	KARNATAKA	+1.41m/s	10.71
9	SANDEEP SARKARIA	ONGC	-0.93m/s	10.75
10	ARSHAD HUSSAIN	RAILWAYS	+1.41m/s	10.87
11	RITESH ANAND	JHARKHAND	+1.41m/s	10.89
12	SURENDER SINGH	RAILWAYS	+1.41m/s	10.95
13	KULWINDER SINGH	SERVICES	+1.41m/s	11.20
14	SHASHIDAHAR V.C.	SERVICES	+1.41m/s	11.27
15	MUNANDEP KUMAR	DELHI	+1.41m/s	11.31
16	ASHOK KUMAR	DELHI	+1.41m/s	11.43

Event # 2 MENS 400 Run

NR:K. M. Binu Athens 45.48 20/08/04

1	SATBIR SINGH	SERVICES		46.83
2	SARISH PAUL	SERVICES		47.92
3	ABOO BACKER	KERALA		48.15
4	K. SURESH	RAILWAYS		48.24
5	T.G. AJESH	SERVICES		48.49
6	P.S. SREEJETH	RAILWAYS		48.54
7	ABHISHEK PANDEY	LIC		48.58
8	PATLAVATH SHANKAR	ONGC		48.71
9	SAJI P.S.	CRPF		48.83
10	GURVINDERPAL SINGH	RAILWAYS		48.85
11	SRIKANT PADHI	RAILWAYS		48.96
12	SUNIL KUMAR	HARYANA		49.05
13	KULDEV SINGH	PUNJAB		49.20
14	K. RAJI KUMAR	UTTAR PRADESH		49.55
15	SHIVPRATAP SINGH	ONGC		49.77
16	GURVINDER SINGH	PUNJAB		49.87
17	SAJI V.K.	SERVICES		49.88
18	SATINDERJIT SINGH	PUNJAB POLICE		49.89
19	JAGDEV SINGH	PUNJAB		50.18
20	JATINDER SINGH	PUNJAB POLICE		50.43
21	RAJESH KUMAR	SERVICES		51.20
	AMIT SHARMA	DELHI		DNS
	BALJIT SINGH	PUNJAB POLICE		DNS

Event # 3 MENS 1500 Run

NR:Bahadur Prasad Chennai 3:38.00 23/12/95

1	GHMANDA RAM	SERVICES		3:52.11
2	PRIMESH P.S.	LIC		3:57.99
3	JOSEMON MATHEW	SERVICES		3:58.04
4	BINESH SOMAN	RAILWAYS		3:59.57
5	S. J. SOHESH	SERVICES		4:00.63
6	JASKARAN .	HARYANA		4:02.82
7	JAGDIP SINGH	PUNJAB POLICE		4:06.04

8	SURENDERA KUMAR	RAJASTHAN	4:11.01
9	PARVEEN KUMAR	PUNJAB POLICE	4:12.01
10	ARUN KUMAR	DELHI	4:17.27
11	KULDEEP SINGH	DELHI	4:17.36
12	RAKESH BIRLA	DELHI	4:28.17

Event # 4 MENS 10K Run

NR: Hari Chand Montreal :28:48.72 23/07/76

1	KULDEEP KUMAR	UTTAR PRADESH	30:44.94
2	SANTOSH .	RAILWAYS	31:04.58
3	PRITAM BIND	RAILWAYS	31:20.93
4	VIKRAM SINGH	SERVICES	32:08.63
5	JAGMAL SINGH	HARYANA	32:51.43
6	RAGHUNATH .	RAILWAYS	32:53.17
7	DIVENDER .	PUNJAB	33:04.17
8	MAHINDER .	RAJASTHAN	33:08.89

Event # 5 MENS 3000 Steeplechase

NR: Gopal Saini Tokyo 8:30.88 06/05/81

1	ARUN D'SOUZA	RAILWAYS	9:09.67
2	R. B. SUBBA	PUNJAB POLICE	9:12.16
3	VIKAS SINGH	UTTAR PRADESH	9:17.23
4	JASWINDER SINGH	DELHI	10:16.78
5	BALWINDER SINGH	ONGC	10:19.26

Event # 7 MENS High Jump

NR: Hari Shankar Roy Singapore 2.25 25/09/04

1	ANILKUMAR CHAHAL	RAILWAYS	2.16
2	KAKKAD RAZACK ROSHAN	KERALA	2.05
3	DHANANJAY RAI	RAILWAYS	1.95
4	ROMINDER SINGH	PUNJAB	1.90
5	RAM NIWAS	RAILWAYS	1.85
	PAWAN PRAKASH	SERVICES	NM

Event # 8 MENS Long Jump

NR: Amritpal Singh Delhi 8.08 16/03/04

1	MAHA SINGH	PUNJAB	+0.9m/s	7.91
2	PUSHPENDRA SINGH	DELHI	+2.0m/s	7.56
3	AMRITPAL SINGH	PUNJAB	+1.26m/s	7.52
4	RAJEEV KUMAR	RAILWAYS	+1.2m/s	7.40
5	SUNIL KUMAR SOLANKI	CRPF	+2.19m/s	7.18
6	RAJESH BABU	KERALA	+2.13m/s	7.15
7	K. J. CLINTON	TAMILNADU	+0.77m/s	7.02
8	RANJAN SHARMA	ONGC	+2.12m/s	6.90
9	SANDEEP DABAS	DELHI	+1.45m/s	6.46
10	KULWINDER SINGH	SERVICES	+0.47m/s	6.25

Event # 9 MENS Shot Put

NR: Shakti Singh Chennai 20.42 29/07/00

1	RANVIJAY SINGH	UTTAR PRADESH	19.23
2	JAIVEER SINGH	SERVICES	18.56
3	SHAKTI SINGH	RAILWAYS	18.38
4	PAKINDER SINGH	ONGC	17.56
5	KULDEEP MANN	CISF	17.06

Event # 10 MENS Discus Throw

NR: Anil Kumar Sagwan Szombathely 64.37 17/07/04

1	AMRITPAL SINGH	PUNJAB	52.35
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2	SUKHBIR SINGH	PUNJAB POLICE	51.39
3	SIMRANJIT SINGH	PUNJAB	50.71
4	HARPREET SINGH	DELHI	49.88
5	AMARDEEP SINGH	PUNJAB POLICE	49.76
6	HARINDER SINGH	PUNJAB POLICE	48.89
7	GURSEWAK SINGH	PUNJAB POLICE	48.59
8	JAGJIT SINGH	ONGC	47.88
9	VIPENDER SINGH	DELHI	45.78
10	AMANDEEP SINGH	PUNJAB POLICE	45.33
	HARBHAJAN SINGH	PUNJAB POLICE	FOUL

Event # 11 MENS Hammer Throw

NR:Rakesh Kumar Yadav Bangalore 70.16 17/07/03

1	KULWINDER SINGH	PUNJAB POLICE	65.27
2	HARPAL SINGH	PUNJAB POLICE	63.39
3	BIRKIRAN SINGH	ONGC	62.98
4	PARGAT SINGH	RAILWAYS	61.35
5	MADHU KUMAR	RAILWAYS	61.22

Event # 12 MENS Javelin Throw

NR:Satbir Singh Kolkata 79.68 28/10/98

1	JAGDISH BISHNOI	PUNJAB POLICE	74.18
2	SUNIL GOSWAMI	DELHI	72.03
3	GAJENDER KUAMR	RAILWAYS	71.67
4	GURKIRAT SINGH	PUNJAB POLICE	70.34
5	DALJEET SINGH	PUNJAB POLICE	69.92
6	ANIL KUMAR	RAILWAYS	67.31
7	HARMINDER SINGH	PUNJAB POLICE	66.89
	MANOHAR SINGH	PUNJAB POLICE	FOUL
	TAJINDER SINGH	PUNJAB	FOUL

Event # 13 WOMENS 100 Run

NR:Rachita Mistry Trivandrum 11.38 12/08/00

1	POONAM TOMAR	RAILWAYS	+0.68m/s	11.62
2	KAVITA PANDYA	RAILWAYS	+0.68m/s	12.02
3	K.M. GREESHAMMA	KERALA	+0.68m/s	12.07
4	MANDEEP KAUR	PUNJAB	+0.68m/s	12.41
5	DHANYA PUROSHOTTAM	KERALA	+0.68m/s	12.63
6	ANURADHA BISWAL	ORISSA	+1.03m/s	12.64
7	MANJU PAULOSE	RAILWAYS	+1.03m/s	12.93
8	K.ARUNA DEVI	ANDHRA PRADESH	+1.03m/s	13.13
9	AMITH SETHI	BSNL	+1.03m/s	13.45

Event # 14 WOMENS 400 Run

NR:Manjeet Kaur Chennai 51.05 16/06/04

1	CHITRA SOMAN	JHARKHAND	52.94
2	MANJEET KAUR	PUNJAB POLICE	53.64
3	RAJWINDER KAUR	PUNJAB POLICE	54.46
4	BINDU RANI	KARNATAKA	56.30
5	BALJEET KAUR	PUNJAB	57.86
6	SAHIBRANI ORAM	ORISSA	59.05

Event # 15 WOMENS 1500 Run

NR:Sunita Rani Busan 4:06.03 10/10/02

1	SINIMOL PAULOSE	TATA ACEDEMY	4:29.31
2	SUNITA KUMARI	RAILWAYS	4:31.62
3	SALMA M. C.	CRPF	4:37.12

4	VENKATA LAKSHMI	RAILWAYS	4:44.87
5	RUPINDER KAUR	RAILWAYS	4:47.20
6	SUTAPPA DAS	WEST BENGAL	4:56.39
7	REKHA M.K.	RAILWAYS	4:59.15

Event # 16 WOMENS 10000m Run

NR:L. Aruna Devi Chennai :34:30.20 29/07/00

1	SUNITA RANI	PUNJAB POLICE	34:57.42
2	BEANT KAUR	PUNJAB POLICE	37:21.18
3	PREEJA SREEDHARAN	RAILWAYS	37:33.43
4	JAISHA O P	RAILWAYS	37:51.38
5	JAYANTI NEGI	DELHI	38:07.32
6	SINDHU V V	RAILWAYS	38:51.07
7	PREETI L. RAO	KARNATAKA	39:10.37

Event # 17 WOMENS Discus Throw

NR:Seema Antil Chennai 64.64 16/06/04

1	NEELAM SINGH	RAILWAYS	60.65
2	KRISHNA POONIA	RAILWAYS	58.33
3	SEEMA ANTIL	HARYANA	53.85
4	PRIYANKA BHANOT	DELHI	40.39
	HARWANT KAUR	PUNJAB POLICE	ND
	MANMEET BAINS	RAILWAYS	ND