

33rd NORTH ZONE JUNIOR ATHLETICS CHAMPIONSHIPS

02-04 September 2022

24-11-2022

9/2/22 - 9/4/22

KARNAL HARYANA

Event # 1 MENS U-20 100m Run

1	ABHIJEET SINGH LANGEH	570	09/12/03	JAMMU & KASHMIR	+1.3m/s	10.86
2	HARJEET SINGH	685	18/12/02	PUNJAB	+1.3m/s	10.90
3	ASHISH KUMAR	611	12/11/02	UTTAR PRADESH	+1.3m/s	10.99
4	RAVI KUMAR RAJBHAR	615	03/07/04	UTTAR PRADESH	+1.3m/s	11.08
5	AYUSH RAIKHY	102	17/12/02	CHANDIGARH	+1.3m/s	11.22
6	AYOUSH DHAKA	380	26/02/03	HARYANA	+1.3m/s	11.22
7	ANIRUDH CHAUDHA .	153	12/11/02	DELHI	+1.3m/s	11.23

Event # 2 MENS U-20 200m Run

1	ABHIJEET SINGH LANGEH	570	09/12/03	JAMMU & KASHMIR	+1.0m/s	22.21
2	ROHIT SINGH	394	10/12/02	HARYANA	+1.0m/s	22.76
3	HARSHAAN SINGH MASHIAN	689	15/10/03	PUNJAB	+1.0m/s	22.77
4	SACHIN NARWAL	357	26/12/02	HARYANA	+1.0m/s	23.43
5	BUPENDER .	282	24/01/04	UTTARAKHAND	+1.0m/s	23.49
	AFTAB .	156	30/12/03	DELHI		DNS
	SURAJ .	173	21/12/04	DELHI		DNS

Event # 3 MENS U-20 400m Run**RESULTS OF FINALS Heat 1**

1	VIJAY KASHYAP	585	02/07/04	UTTAR PRADESH		48.87
2	RAHUL CHOUDHRY	336	05/04/04	HARYANA		49.24
3	AMAN .	132	03/02/04	DELHI		49.44
4	HARSHAAN SINGH MASHIAN	689	15/10/03	PUNJAB		49.73
5	AYUSH NAITHANI	273	19/08/03	UTTARAKHAND		51.27
6	ARVIND KUMAR	802		CHANDIGARH		51.54
	ROHIT SINGH	394	10/12/02	HARYANA		DNS
	PRASH .	141	16/11/02	DELHI		DNS

RESULTS OF PRELIMS Heat 1

1	AMAN .	132	03/02/04	DELHI		49.10
2	VIJAY KASHYAP	585	02/07/04	UTTAR PRADESH		49.64
3	HARSHAAN SINGH MASHIAN	689	15/10/03	PUNJAB		50.24
4	ARVIND KUMAR	802		CHANDIGARH		52.01
5	PRASH .	141	16/11/02	DELHI		52.46
	VISHAL CHOUDHARY	572	21/11/03	JAMMU & KASHMIR		DNS

RESULTS OF PRELIMS Heat 2

1	RAHUL CHOUDHRY	336	05/04/04	HARYANA		49.59
2	ROHIT SINGH	394	10/12/02	HARYANA		50.02
3	AYUSH NAITHANI	273	19/08/03	UTTARAKHAND		50.07
4	KARTIKEY SHARMA	542	29/02/04	HIMACHAL PRADESH		56.51
	SACHIN KUMAR	582	18/04/04	UTTAR PRADESH		DNS
	AMAN .	183	03/04/05	DELHI		DNS

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KARNAL HARYANA**Event # 4 MENS U-20 800m Run**

1	YUVRAJ TYAGI	600	13/04/04	UTTAR PRADESH	1:54.44
2	SUNIL .	376	17/07/03	HARYANA	1:54.71
3	AKASHDEEP SINGH	686	02/02/04	PUNJAB	1:55.24
4	VIRENDER .	334	13/04/03	HARYANA	1:55.39
5	SUNNY .	898	06/01/10	UTTAR PRADESH	1:56.53
6	HAPPY .	167	21/12/02	DELHI	1:57.14
7	HARNOOR SINGH NARANG	698	02/02/04	PUNJAB	1:59.15
8	MOHIT THAKUR	540	11/03/03	HIMACHAL PRADESH	2:06.08
	VISHAL SHARMA	567	10/08/03	JAMMU & KASHMIR	DNS
	HARENDRA .	133	08/08/03	DELHI	DNS

Event # 5 MENS U-20 1500m Run

1	SHIVAM SHARMA	538	11/10/02	HIMACHAL PRADESH	3:52.09
2	TANUJ .	586	11/04/04	UTTAR PRADESH	3:59.92
3	RITIK SHARMA	571	31/05/04	JAMMU & KASHMIR	4:02.86
4	MAHESH KUMAR	189	29/12/04	DELHI	4:06.10
5	SUMIT SINGH	387	12/05/04	HARYANA	4:12.09
6	SIDDHARTH PHOR	276	20/12/02	UTTARAKHAND	4:19.49
7	JATIN JIT SINGH	690	23/10/02	PUNJAB	4:30.97
	AYUSH NAITHANI	273	19/08/03	UTTARAKHAND	DNS
	HRITIK BALYAN	164	31/10/02	DELHI	DNS
	ADETYA SINGH	568	03/02/03	JAMMU & KASHMIR	DNF
	VIKASH .	388	01/01/04	HARYANA	DNS

Event # 6 MENS U-20 5000m Run

1	DUSHYANT KUMAR	589	02/02/04	UTTAR PRADESH	14:45.12
2	RITIK SHARMA	571	31/05/04	JAMMU & KASHMIR	14:59.91
3	AFTAB ANSARI	122	10/12/03	DELHI	15:06.65
4	NAVDEEP .	381	20/09/03	HARYANA	15:07.18
5	TARUN .	705	11/03/04	PUNJAB	15:38.06
	JASHANDEEP SINGH	706	12/01/04	PUNJAB	DNS
	PAVAN KUMAR	165	10/04/04	DELHI	DNS
	VINIT RATHI	593	05/08/03	UTTAR PRADESH	DNS
	AJAY .	395	10/04/03	HARYANA	DNS

Event # 7 MENS U-20 3000m Steeplechase

1	AJAY .	393	27/12/03	HARYANA	9:48.84
2	RAHUL ..	379	03/06/03	HARYANA	9:52.56
3	DEEPAK KUMAR	131	26/12/03	DELHI	10:27.58
	JASHANDEEP SINGH	706	12/01/04	PUNJAB	DNS
	AKASH .	700	09/03/03	PUNJAB	DNS
	RAHUL ...	487	26/10/07	HARYANA	DNS
	NIITIN .	281	14/04/03	UTTARAKHAND	DNF
	HRITIK BALYAN	164	31/10/02	DELHI	DNS

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KARNAL HARYANA**Event # 8 MENS U-20 110m Hurdles**

1	SHUBHAM SINGH RAWAT	138	24/08/04	DELHI	+1.4m/s	15.38
2	MANDEEP .	390	01/06/03	HARYANA	+1.4m/s	15.63
3	HARSH .	333	26/04/04	HARYANA	+1.4m/s	15.96
4	PANKAJ PAL SAHU	709	01/10/03	PUNJAB	+1.4m/s	16.91
	HARI OM YADAV	159	03/04/03	DELHI		DNS

Event # 9 MENS U-20 400m Hurdles

1	ANKUSH DESWAL	815	06/01/10	HARYANA		55.73
2	LALIT PAL	598	25/08/04	UTTAR PRADESH		55.84
3	JARMANJIT SINGH	697	15/02/03	PUNJAB		56.67
4	SHUBHAM SINGH RAWAT	138	24/08/04	DELHI		57.75
	AASHISH KUMAR KUMAR	692	04/07/04	PUNJAB		DNS
	ROHIT KUMAR	617	15/08/04	UTTAR PRADESH		DNS
	MOHD IMRAN	120	01/01/03	DELHI		DNS

Event # 10 MENS U-20 10000m Race Walk

1	LAVISH BANSAL	696	21/09/03	PUNJAB		49:50.11
2	DEEPANSHU .	363	20/09/03	HARYANA		51:17.82
3	VIVEK RATHI	365	05/02/03	HARYANA		52:59.62
	VISHAL BATHAM	583	21/10/02	UTTAR PRADESH		DNS

Event # 11 MENS U-20 Long Jump

1	LAKHVEER SINGH	702	13/01/03	PUNJAB		7.44m
					7.28, X, X, 7.44, 6.86, 7.37	
2	DIGVIJAY SINGH	279	07/11/03	UTTARAKHAND		7.40m
					7.30, 7.40, 6.99, 7.38, X, X	
3	AVINASH KUMAR	343	16/10/02	HARYANA		7.10m
					7.10, X, X, X, X, X	
4	ABHISHEK CHOUDHARY	277	14/12/02	UTTARAKHAND		7.09m
					6.61, X, 6.99, 7.09, 7.00, X	
5	AADHAR SINGH	602	16/12/03	UTTAR PRADESH		7.06m
					6.91, X, 7.04, 6.87, 7.05, 7.06	
6	MONTI .	382	31/01/03	HARYANA		7.00m
					6.75, 6.80, 6.98, 6.85, 7.00, X	
7	VIJAY KUMAR	712	22/05/04	PUNJAB		6.51m
					6.27, X, X, 6.51, 6.41, X	
	NIKHIL .	161	31/07/03	DELHI		DNS
	RAHBAR KHAN	145	10/05/03	DELHI		DNS

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KARNAL HARYANA

Event # 12 MENS U-20 High Jump**HEIGHTS: 1.60, 1.65, 1.70, 1.75, 1.80, 1.85, 1.90, 1.95, 2.01, 2.05, 2.08**

1	ADARSHPREET SINGH	715	15/10/02	PUNJAB	2.06m
	O O O O XXX				
2	ARNAV TYAGI	609	12/06/03	UTTAR PRADESH	1.90m
	O O O XO O XXX				
3	MD FAIJAN	128	28/02/04	DELHI	1.80m
	O O XXX				
3	SURAJ SINGH YADAV	123	08/03/03	DELHI	1.80m
	O O XXX				
5	AJAY .	395	10/04/03	HARYANA	1.75m
	XXO XXO XXX				
6	AKASH .	349	24/11/03	HARYANA	1.70m
	XO XO XO XXX				
	ANUJ BIND	584	30/12/03	UTTAR PRADESH	DNS
	PRIYANSHU MANDAL	275	25/06/04	UTTARAKHAND	DNS

Event # 13 MENS U-20 Triple Jump

1	NARPINDER SINGH	688	06/11/02	PUNJAB	15.14m
	15.05, 15.04, X, 14.77, 15.04, 15.14				
2	TUSHAR .	331	29/11/03	HARYANA	14.43m
	13.95, X, 13.60, 14.20, 13.96, 14.43				
3	ABHISHEK SINGH TANWAR	372	30/10/03	HARYANA	14.28m
	13.84, X, X, 13.87, 14.04, 14.28				
4	JAS KARAN SINGH	713	26/06/03	PUNJAB	13.90m
	RAHBAR KHAN	145	10/05/03	DELHI	DNS
	KULJEET SINGH	154	20/12/02	DELHI	DNS

Event # 14 MENS U-20 Pole Vault**HEIGHTS: 4.00, 4.10, 4.20, 4.30, 4.50, 4.65**

1	TANUJ KUMAR	383	27/12/03	HARYANA	4.50m
	XXO XXO XXO XXX				

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Event # 26 MENS U-20 Shot Put

1	SANYAM .	392	05/10/03	HARYANA	18.80m
2	JAIDEV DIKKA	127	27/06/04	DELHI	18.38m
3	VIKASH .	210	10/12/04	DELHI	17.66m
4	ARJUN .	107	13/10/02	CHANDIGARH	17.52m
5	YAJAT .	544	30/05/03	HIMACHAL PRADESH	17.42m
6	OMESH RANGA	687	31/05/03	PUNJAB	16.94m
	RUDRA NARAYAN PANDEY	597	01/07/03	UTTAR PRADESH	DNS
	KUNAL KAUSHIK	355	28/12/03	HARYANA	DNS
	MOHAMMAD SAHIB SALMAN	274	05/02/07	UTTARAKHAND	DNS

Event # 27 MENS U-20 Discus Throw

1	ZAANBAZ SINGH	711	15/07/03	PUNJAB	52.92m
2	ANIL KUMAR	338	08/12/02	HARYANA	52.51m
3	SHYAM CHAUDHARY	613	25/12/03	UTTAR PRADESH	47.89m
4	VISHWAJEET SINGH	116	10/09/02	DELHI	47.48m
5	VIPIN YADAV	118	08/02/03	DELHI	45.91m
	MOHAMMAD SAHIB SALMAN	274	05/02/07	UTTARAKHAND	DNS
	VIRENDER OLLA	329	25/11/02	HARYANA	DNS

Event # 28 MENS U-20 Javelin Throw

1	GAURAV KUMAR	599	06/08/04	UTTAR PRADESH	61.50m
2	SANUJ .	348	30/06/03	HARYANA	61.13m
3	LAKSHAY SINGH	143	15/09/03	DELHI	59.70m
4	SUNNY .	386	08/04/04	HARYANA	57.32m
5	LOVPREET SINGH	796		PUNJAB	55.65m
	KUNAL .	158	23/08/03	DELHI	DNS

Event # 29 MENS U-20 Hammer Throw

1	NEERAJ .	367	25/03/03	HARYANA	63.08m
	VIPIN KUMAR	596	03/03/03	UTTAR PRADESH	DNS
	MOHAMMAD SHAHBAN	595	16/04/04	UTTAR PRADESH	DNS
	MAYANK YADAV	155	25/12/03	DELHI	DNS
	DEVANG .	119	20/12/03	DELHI	DNS

Event # 33 BOYS U-18 100m Run

1	NARENDER KUMAR	185	21/10/04	DELHI	nwi	10.90
2	MANJEET .	404	16/09/04	HARYANA	nwi	11.12
3	PARAS SANDHU	736	26/03/05	PUNJAB	nwi	11.42
4	AKRIT DHADWAL	551	20/01/05	HIMACHAL PRADESH	nwi	11.73
5	SORAV SINGH SINGH	575	11/12/04	JAMMU & KASHMIR	nwi	11.98
6	TANVIR SINGH	576	09/08/06	JAMMU & KASHMIR	+1.1	12.28
	MD AMIR	191	12/12/05	DELHI		DNS
	ANKIT KUMAR	642	20/06/05	UTTAR PRADESH		DNS
	NITIN KUMAR	638	01/09/05	UTTAR PRADESH		DNS

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KARNAL HARYANA**Event # 34 BOYS U-18 200m Run**

1	DEEPANSHU KUMAR	301	09/11/04	UTTARAKHAND	nwi	22.41
2	NARENDER KUMAR	185	21/10/04	DELHI	nwi	22.54
3	MANJEET .	404	16/09/04	HARYANA	nwi	22.72
4	JOGESHWAR .	452	21/10/04	HARYANA	nwi	23.19
5	SAHIL MALIK	296	19/04/06	UTTARAKHAND	nwi	23.68
6	SUJEET KUM .	801	06/01/10	CHANDIGARH	+1.1	24.18
7	TINKU KUMAR	574	22/02/06	JAMMU & KASHMIR	nwi	26.28

Event # 35 BOYS U-18 400m Run

1	DEEPANSHU KUMAR	301	09/11/04	UTTARAKHAND		49.80
2	AYUSH BALIYAN	655	10/05/05	UTTAR PRADESH		50.88
3	SAHIL MALIK	296	19/04/06	UTTARAKHAND		51.00
4	FARUKH KHAN	553	05/02/06	HIMACHAL PRADESH		55.44
	SAHIL KUMAR	579	26/01/05	JAMMU & KASHMIR		DNS
	SUNIL KUMAR	451	27/09/05	HARYANA		DNS
	SURAJ .	173	21/12/04	DELHI		DNS

Event # 36 BOYS U-18 800m Run

1	HIMANSHU RATHI	634	10/04/06	UTTAR PRADESH		1:54.93
2	NIKSHIT CHAUHAN	299	07/07/05	UTTARAKHAND		1:56.19
3	SHUBHAM KUMAR	211	11/05/05	DELHI		1:57.46
4	MANPREET SINGH	751	14/11/04	PUNJAB		1:57.68
5	RISHI JOSHI	743	15/10/05	PUNJAB		1:59.36
	PRINCE BHULLAR .	625	11/12/04	UTTAR PRADESH		DNS
	ANKIT .	455	12/05/05	HARYANA		DNS
	ANKIT -	184	08-11-04	DELHI		DNS

Event # 37 BOYS U-18 1500m Run

1	AMIT CHAUDHRY	637	04/04/05	UTTAR PRADESH		3:55.33
2	PRIYANSHU .	295	20/05/06	UTTARAKHAND		3:56.85
3	KAPIL .	422	21/10/05	HARYANA		3:57.69
4	SHAILABH .	202	11/09/05	DELHI		3:57.96
	VIVEK CHAND	643	03/09/05	UTTAR PRADESH		DNS
	VANSH .	420	14/11/05	HARYANA		DNS
	RITIK DEOL	176	10/02/05	DELHI		DNS

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Event # 38 BOYS U-18 3000m Run

1	SAWAN .	425	10/12/04	HARYANA		8:30.24
2	SOURABH RATHEE RATHEE	461	17/12/04	HARYANA		8:40.23
3	GAURAV YADAV	651	04/10/05	UTTAR PRADESH		8:42.91
4	PRABHU MAHATO	298	30/12/05	UTTARAKHAND		8:52.86
5	RAVI YADAV	109	11/07/06	CHANDIGARH		8:55.17
6	UDAY PANWAR	290	07/12/04	UTTARAKHAND		9:00.74
	GULAB SINGH	723	01/10/04	PUNJAB		DNS
	RAGHAV BHARDWAJ	554	28/11/05	HIMACHAL PRADESH		DNS
	ADITYA RANA	552	24/11/04	HIMACHAL PRADESH		DNS
	ANUJ MATHUR	208	09/02/06	DELHI		DNS

Event # 39 BOYS U-18 2000m Steeplechase

1	TANEESH KUMAR	182	10/08/05	DELHI		6:20.32
2	CHANDER SINGH	442	30/10/05	HARYANA		6:22.80
3	ARYAN KUMAR KUMAR	427	17/06/06	HARYANA		6:29.34
	VIKASH .	210	10/12/04	DELHI		DNS

Event # 40 BOYS U-18 110m Hurdles

1	ANUJ KUMAR	399	13/08/05	HARYANA	+1.4m/s	14.21
2	KUNAL KUMAR	180	24/12/04	DELHI	+1.4m/s	14.37
3	ANKUSH .	747	14/02/06	PUNJAB	+1.4m/s	15.16
4	YASH PHALSWAL	209	08/12/04	DELHI	+1.4m/s	16.01
	ARUN SINGH .	748	26/10/04	PUNJAB		DNF
	ARYAN .	515	15/01/09	HARYANA		DNS

Event # 41 BOYS U-18 400m Hurdles

1	KUNAL KUMAR	180	24/12/04	DELHI		54.30
2	ANKUSH .	747	14/02/06	PUNJAB		54.31
3	SHATRUDHAN .	645	12/02/05	UTTAR PRADESH		57.23
4	SAURABH SINGH	644	11/09/05	UTTAR PRADESH		58.57
5	SALAB KUMAR	297	07/04/06	UTTARAKHAND		1:05.38
	HIMANSHU BARAK	450	04/05/06	HARYANA		DNS
	ANKIT .	455	12/05/05	HARYANA		DNS
	MAHESH KUMAR	189	29/12/04	DELHI		DNS

Event # 42 BOYS U-18 10000m Race Walk

1	ADITYA NEGI	289	19/11/04	UTTARAKHAND		47:36.06
2	RAM MOHAN	413	02/02/05	HARYANA		52:17.21
3	AMAR .	750	15/06/05	PUNJAB		52:30.81
4	ROBINPREET .	746	16/10/04	PUNJAB		53:11.46
5	OMKAR PATEL	635	01/06/05	UTTAR PRADESH		55:45.71
	DEEPANSHU .	410	09/04/05	HARYANA		DNS

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KARNAL HARYANA**Event # 43 BOYS U-18 Long Jump**

1	DEEPAK .	216	09/10/05	DELHI	7.10m
2	ANJUL .	303	20/12/04	UTTARAKHAND	6.71m
3	ARSH NOOR MAINI	733	02/07/05	PUNJAB	6.53m
4	ASHISH KUMAR	440	13/04/05	HARYANA	6.44m
5	AMAN .	183	03/04/05	DELHI	6.43m
	LOVEJEET SINGH	730	17/12/05	PUNJAB	DNS
	MOHD ATTA SAZID	418	10/02/06	HARYANA	DNS

Event # 44 BOYS U-18 High Jump

1	VINAY .	535	01/04/09	HARYANA	1.98m
2	ROBANPREET SINGH	740	05/08/05	PUNJAB	1.95m
3	KULBIR SINGH	752	25/12/05	PUNJAB	1.85m
4	ISHU JAKHAR	406	08/02/05	HARYANA	1.80m
5	MR FAIZAN	170	03/02/06	DELHI	1.65m
6	SHREYAS ASATKAR	171	03/07/05	DELHI	1.60m

Event # 45 BOYS U-18 Triple Jump

1	SACHIN THAKUR	633	03/08/05	UTTAR PRADESH	14.60m
2	DEEPAK .	216	09/10/05	DELHI	14.11m
3	VIPIN KUMAR	283	07/08/05	UTTARAKHAND	13.95m
4	GURNOOR SINGH	755	07/03/05	PUNJAB	13.59m
	MOHD ATTA SAZID	418	10/02/06	HARYANA	DNS
	AMAN .	183	03/04/05	DELHI	NM
	KRISHNA .	621	24/10/05	UTTAR PRADESH	DNS
	MOHAR SINGH	432	23/05/06	HARYANA	NM
	ANJUL .	303	20/12/04	UTTARAKHAND	NM

Event # 46 BOYS U-18 Pole Vault

1	AAYUSH TANWAR	401	13/03/05	HARYANA	4.10m
2	DEEPAK .	437	17/09/05	HARYANA	3.80m
	SURAJ KUMAR PATEL	650	01/01/05	UTTAR PRADESH	DNS
	KULDEEP KUMAR	632	12/03/05	UTTAR PRADESH	DNS
	AMAN CHAUDHARY	177	04/04/06	DELHI	DNS

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KARNAL HARYANA**Event # 58 BOYS U-18 Shot Put**

1	KARTIK .	424	09/06/05	HARYANA	18.08m
2	HUSHANPREET SINGH DHINI	753	21/12/05	PUNJAB	17.17m
3	KUSHAL DANGI KUSHAL DAI	456	30/07/05	HARYANA	16.20m
4	BHAVISH RANA	197	16/02/05	DELHI	13.89m
5	NAZAKAT HUSSAIN	811		JAMMU & KASHMIR	9.53m
	NAVJOT SINGH	800		CHANDIGARH	DNS
	ARMANDEEP SINGH	738	30/06/06	PUNJAB	DNS
	ANURAG SINGH KALER	631	24/07/05	UTTAR PRADESH	DNS
	DEVANSHU GUPTA	217	20/08/05	DELHI	DNS

Event # 59 BOYS U-18 Discus Throw

1	RISHABH .	412	03/12/04	HARYANA	54.81m
		49.39, 53.17, X, X, 54.81, X			
2	AMITESH DWIVEDI	627	17/10/04	UTTAR PRADESH	51.61m
		41.25, 49.92, 49.92, 48.13, 51.61, 49.38			
3	ARSHDEEP SINGH KHOSA	720	30/12/05	PUNJAB	47.66m
		X, 47.31, 46.03, X, 47.66, X			
4	NITIN .	200	02/11/04	DELHI	39.76m
		33.17, X, X, 39.53, 39.76, X			
	BAKE BIHARI YAD YADAV	648	25/12/05	UTTAR PRADESH	DNS
	ATUL .	426	17/01/05	HARYANA	DNS

Event # 60 BOYS U-18 Javelin Throw

1	HARSH RAWAT	111	26/02/06	CHANDIGARH	60.80m
		59.75, 60.68, 53.97, 60.80, X, 53.29			
2	TANISH .	794		PUNJAB	60.11m
		56.98, 43.60, 58.42, 58.21, 60.11, 53.96			
3	AJEET KUMAR YADAV	292	01/07/05	UTTARAKHAND	58.96m
		52.22, X, 53.53, 54.65, 58.96, 52.30			
4	JASPREET SINGH	760	07/09/07	PUNJAB	57.53m
		53.98, X, 57.53, 53.65, 56.94			
5	SULAKSHYA SINGH	578	18/08/05	JAMMU & KASHMIR	49.35m
		X, 49.35, 43.42, 43.14, X			
6	TANUJ THAKURATHI	285	22/01/05	UTTARAKHAND	49.13m
		49.13, X, 46.82, 47.28, 47.46, X			
	DIPANSHU SHARMA	626	25/04/06	UTTAR PRADESH	DNS
	GAURAV PATEL	623	25/10/05	UTTAR PRADESH	DNS
	MANISH .	430	14/05/05	HARYANA	DNS
	YASH .	419	19/10/04	HARYANA	DNS
	SHIVANG CHAUDHARY	213	11/12/04	DELHI	DNS
	PAWAN .	178	01/02/06	DELHI	DNS

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KARNAL HARYANA**Event # 61 BOYS U-18 Hammer Throw**

1	PRATEEK .	415	31/10/05	HARYANA	64.48m
		58.64, X, 64.21, 61.50, 64.48, X			
2	GURVEER SINGH	732	28/12/04	PUNJAB	61.68m
		X, 55.45, 61.29, 54.37, 59.64, 61.68			
3	SHANTANU KADIAN	439	08/10/05	HARYANA	59.19m
		X, 55.75, 55.55, X, 59.19, X			
4	YASH KINHA	187	04/02/05	DELHI	49.57m
		X, 46.24, 49.57, X, X, 46.68			
5	ARYAN DAGAR .	175	16/12/04	DELHI	48.72m
		48.04, 48.72, X, X, X, 48.20			
	MOHD AMAN	646	10/01/05	UTTAR PRADESH	DNS
	ARYAN DAGAR	260	25/11/08	DELHI	DNS

Event # 66 BOYS U-16 800m Run

1	VISHAL PAL	669	05/11/07	UTTAR PRADESH	1:58.56
2	ANIL KUMAR	670	03/04/07	UTTAR PRADESH	1:58.72
3	MOHIT YADAV	227	27/10/06	DELHI	1:59.97
4	PRIYANSHU .	235	10/11/06	DELHI	2:00.23
5	SACHIN PANWAR LAYAK RAM	307	01/03/07	UTTARAKHAND	2:00.83
6	AKSHAY DABRE	314	15/05/08	UTTARAKHAND	2:03.08
	BILLU .	474	28/12/06	HARYANA	DNS
	VINEET SINGH	467	04/02/07	HARYANA	DNS

Event # 67 BOYS U-16 2000m Run

1	AMAN KUMAR	477	06/05/07	HARYANA	5:42.03
2	DEEPANSHU .	657	27/08/07	UTTAR PRADESH	5:42.06
3	NISHANT KARHANA	476	04/08/08	HARYANA	5:45.38
4	SAGAR CHOUDHARY	246	10/09/07	DELHI	5:49.04
5	RAHUL .	563	23/10/06	HIMACHAL PRADESH	5:50.11
6	LALIT KHATANA	236	03/01/07	DELHI	6:08.63
	JASPREET SINGH	760	07/09/07	PUNJAB	DNS
	ANMOL SHARMA	561	01/09/06	HIMACHAL PRADESH	DNS

Event # 68 BOYS U-16 5000m Race Walk

1	NITIN GUPTA	667	01/01/08	UTTAR PRADESH	24:40.53
2	ADITYA MATHUR	242	10/08/07	DELHI	24:40.68
	PRADEEP KUMAR	672	16/04/07	UTTAR PRADESH	DNS
	NASEEB .	466	20/09/07	HARYANA	DNS
	TANUJ DANGWAL	306	08/06/07	UTTARAKHAND	DQ
	MOHIT MATHUR	220	05/10/06	DELHI	DNS

Event # 69 BOYS U-16 80m Hurdles

1	AMIT DAHIYA	492	10/10/06	HARYANA	10.86
2	UDIT DAGAR	240	03/10/06	DELHI	11.31
3	SUKHANDEEP SINGH	761	29/01/07	PUNJAB	11.41
4	NIKUNJ DAGAR	237	18/09/07	DELHI	11.91

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KARNAL HARYANA**Event # 77 BOYS U-16 Long Jump**

1	ABHISHEK YADAV	668	29/12/06	UTTAR PRADESH	7.04m
2	PARVEZ ALI	229	29/12/06	DELHI	6.79m
3	ANURAG .	674	21/08/08	UTTAR PRADESH	6.75m
4	MOHAMMAD SAMEER	320	22/11/06	UTTARAKHAND	6.50m
5	VIKRAM SINGH	245	15/12/07	DELHI	6.26m
6	PRANAV CHAUDHARY	321	17/05/08	UTTARAKHAND	6.03m
7	VIVEK TANWAR	508	10/08/07	HARYANA	5.76m
8	SORAB .	478	03/08/08	HARYANA	5.69m
9	PREET CHAUDHRY	557	09/01/08	HIMACHAL PRADESH	5.48m
10	ABHIMANYU BHARDWAJ	556	25/03/08	HIMACHAL PRADESH	4.84m

Event # 79 BOYS U-16 Shot Put

1	HARPARTAP SINGH .	776	16/01/08	PUNJAB	17.46m
2	YASH CHHIKARA	250	19/07/07	DELHI	17.05m
3	AKHAND PRATAP SINGH	662	08/04/08	UTTAR PRADESH	16.52m
4	YUVRAJ SAINI	497	26/07/08	HARYANA	14.32m
5	NITIN .	500	25/07/07	HARYANA	14.22m
6	YASH VERMA	230	27/10/06	DELHI	13.62m
7	PREET CHAUDHRY	557	09/01/08	HIMACHAL PRADESH	10.53m
	TRIPTDEEP SINGH	757	26/09/07	PUNJAB	DNS

Event # 80 BOYS U-16 Discus Throw

1	DEVANSH JAGGA	763	09/12/06	PUNJAB	54.08m
2	VAIBHAV .	555	16/10/06	HIMACHAL PRADESH	52.39m
3	NITIN .	500	25/07/07	HARYANA	47.55m
4	RUDAR .	484	15/12/07	HARYANA	43.18m
5	YASH VERMA	230	27/10/06	DELHI	38.48m
	ABDUL RAHAMAN	661	10/12/06	UTTAR PRADESH	DNS
	PARTH SOLANKI	224	06/11/07	DELHI	NM

Event # 81 BOYS U-16 Javelin Throw

1	DEEP YUVRAJ SINGH	762	22/12/06	PUNJAB	58.69m
2	SAGAR RUHAL	469	18/12/06	HARYANA	56.69m
3	JITENDER .	488	01/12/06	HARYANA	49.00m
4	VEER PRATAP JOON	222	07/06/07	DELHI	46.73m
5	JOBAN PAL SINGH	769	09/08/07	PUNJAB	43.68m
	ABDUL RAHAMAN	661	10/12/06	UTTAR PRADESH	DNS
	ASHUVENDRA PRATAP SINGH	658	24/06/07	UTTAR PRADESH	DNS
	HANSA .	493	25/12/06	HARYANA	DNS

Event # 82 BOYS U-16 Hammer Throw

1	HANSA .	493	25/12/06	HARYANA	46.98m
	AAKASH BHATT	252	28/12/06	DELHI	DNS
	ASHISH YADAV	251	26/12/07	DELHI	DNS

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KARNAL HARYANA**Event # 84 BOYS U-14 60m Run**

1	ANKUSH CHAUDHARY	262	04/03/10	DELHI	7.63
2	ROHIT .	510	10/11/08	HARYANA	7.64
3	MOHIT .	514	09/12/08	HARYANA	7.71
4	AEHREN SINGH SALUJA	267	30/09/08	DELHI	7.72
5	PRABHDEEP SINGH	792	29/10/08	PUNJAB	7.72
6	GAURAV ROY	806	06/01/10	JAMMU & KASHMIR	7.99
	VINEET .	679	27/03/09	UTTAR PRADESH	DNS
	PRIYANSHU PAL	323	21/04/09	UTTARAKHAND	DNF

Event # 85 BOYS U-14 600m Run

1	SURAJ SINGH	328	20/01/09	UTTARAKHAND	1:29.54
2	MAYANK .	256	28/12/08	DELHI	1:30.24
3	TARUN .	523	16/01/09	HARYANA	1:30.27
4	JAGJIT SINGH	790	26/04/09	PUNJAB	1:31.63
5	SAVAN KUMAR	565	03/09/08	HIMACHAL PRADESH	1:39.64
	GAURAV ROY	806	06/01/10	JAMMU & KASHMIR	DNS
	VIKAS SINGH	683	05/11/09	UTTAR PRADESH	DNS
	ARYAN .	515	15/01/09	HARYANA	DNS
	RAMBABU JHA	259	07/02/09	DELHI	DNS

Event # 86 BOYS U-14 Long Jump

1	HARNOOR SINGH	784	13/06/09	PUNJAB	6.08m
2	VIVEK SHARMA	258	08/12/09	DELHI	6.07m
3	SURAJ SINGH	328	20/01/09	UTTARAKHAND	5.74m
4	DINESH .	522	26/01/10	HARYANA	5.72m
5	DIGVIJAY SINGH	512	21/06/09	HARYANA	5.44m
	AMRITPAL SINGH	782	14/11/08	PUNJAB	DNS
	ABHYUDAY VIKRAM SINGH	264	02/02/09	DELHI	DNS

Event # 87 BOYS U-14 High Jump

1	SANYOG SINGH	533	21/10/08	HARYANA	1.75m
2	ARYAN DAGAR	260	25/11/08	DELHI	1.45m
3	VIVEK SHARMA	258	08/12/09	DELHI	1.40m
	RAM KUMAR PANDEY	682	28/08/09	UTTAR PRADESH	NM
	PRINCE .	518	11/09/08	HARYANA	NM

Event # 88 BOYS U-14 Shot Put

1	HARSHIT MISHRA	681	18/12/08	UTTAR PRADESH	17.31m
2	VINAY .	535	01/04/09	HARYANA	15.91m
3	YASH JAGLAN	528	18/04/09	HARYANA	14.11m
4	MANINDERJIT SIN .	780	25/10/08	PUNJAB	13.51m
5	GHANIEST .	684	03/10/09	UTTAR PRADESH	12.77m
6	JIVESH .	270	19/10/09	DELHI	11.94m
7	RAJYAVARDHAN SINGH	325	05/02/09	UTTARAKHAND	10.90m
8	SUKHDEV DAGAR	263	05/12/08	DELHI	10.19m

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KARNAL HARYANA

Event # 89 BOYS U-14 Javelin Throw

1	ANIKET .	527	28/12/09	HARYANA	47.58m
2	YUVRAJ RANA	322	22/09/08	UTTARAKHAND	44.76m
3	OM BATTAN	531	03/01/10	HARYANA	43.00m
4	RYAN HASTIR	791	15/03/09	PUNJAB	41.27m
5	HITESH SINGH GARIYA	327	25/03/10	UTTARAKHAND	36.59m
6	TAKSH LOHIYA	269	15/03/09	DELHI	31.60m
7	HIMANSHU KUMAR	787	14/11/09	PUNJAB	28.94m
8	KRISHNA TYAGI	257	08/04/09	DELHI	23.20m
	GOLU BIND	680	05/11/09	UTTAR PRADESH	DNS

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KARNAL HARYANA

Event # 94 WOMENS U-20 100m Run

1	PRIYA .	142	27/12/02	DELHI	-0.4m/s	12.29
2	SWEETY VERMA	619	20/12/02	UTTAR PRADESH	-0.4m/s	12.64
3	SIMRAN KAUR	103	05/03/04	CHANDIGARH	-0.4m/s	12.87
4	MANSI BANDUNI	148	29/09/02	DELHI	-0.4m/s	12.95
5	RISHITA KA .	804	06/01/10	CHANDIGARH	-0.4m/s	13.37
6	AARTI AGROIYA	345	26/12/02	HARYANA	-0.4m/s	13.41
7	SANJNA .	546	07/07/04	HIMACHAL PRADESH	-0.4m/s	13.80

Event # 95 WOMENS U-20 200m Run

1	PRIYA .	142	27/12/02	DELHI		25.22
2	SWEETY VERMA	619	20/12/02	UTTAR PRADESH		26.25
3	SHIVANI .	342	28/09/03	HARYANA		26.44
4	SRISHTI SAINI	144	23/05/03	DELHI		26.71
5	RITIKA GAUR	378	22/06/03	HARYANA		27.44
6	SAMRITI JAMWAL	547	04/12/03	HIMACHAL PRADESH		28.06
7	KUSUM THAKUR	541	27/07/03	HIMACHAL PRADESH		29.33
8	TANVI KOHLI KOHLI	566	09/12/03	JAMMU & KASHMIR		30.59

Event # 96 WOMENS U-20 400m Run

1	LAVIKA SHARMA	152	22/05/03	DELHI		57.07
2	KULDEEP KAUR	708	01/05/03	PUNJAB		58.53
3	SHIVANI .	342	28/09/03	HARYANA		59.36
4	TANU TONGER	606	10/06/04	UTTAR PRADESH		1:01.02
5	AKSHITA ..	121	29/10/03	DELHI		1:03.10
6	JASVIR KAUR	694	17/08/03	PUNJAB		1:06.51
	ANAMIKA DEVI	590	27/07/03	UTTAR PRADESH		DNS

Event # 97 WOMENS U-20 800m Run

1	LAVIKA SHARMA	152	22/05/03	DELHI		2:14.46
2	RUHI BOHRA	130	07/04/04	DELHI		2:14.68
3	TANU TONGER	606	10/06/04	UTTAR PRADESH		2:18.72
4	SIMRAN .	371	01/08/04	HARYANA		2:21.24
5	ANAMIKA DEVI	590	27/07/03	UTTAR PRADESH		2:24.28
6	VIJETA .	352	15/08/04	HARYANA		2:27.73
7	RICHA SHARMA	537	05/09/03	HIMACHAL PRADESH		2:34.87
8	SANEHA .	691	02/07/04	PUNJAB		2:40.37
9	MEHAK KOUNDAL	536	17/01/04	HIMACHAL PRADESH		2:43.21

Event # 98 WOMENS U-20 1500m Run

1	RUHI BOHRA	130	07/04/04	DELHI		4:40.23
2	VIJETA .	352	15/08/04	HARYANA		5:02.04
3	SIMRAN .	371	01/08/04	HARYANA		5:06.78
4	DIYANSHI .	900		UTTAR PRADESH		5:12.79
5	SHALU .	129	02/11/02	DELHI		5:14.95
	NEHA VERMA	608	15/12/03	UTTAR PRADESH		DNS
	MAMATA PAL	592	15/07/03	UTTAR PRADESH		DNS

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KARNAL HARYANA**Event # 99 WOMENS U-20 5000m Run**

1	POOJA VERMA	594	10/08/03	UTTAR PRADESH	17:51.89
2	RAVINA KUMARI	695	05/03/03	PUNJAB	17:54.04
3	SHIVALI PATHANIA	539	04/08/03	HIMACHAL PRADESH	19:28.07
4	COFFEE COFFEE CHAHAL	350	30/08/03	HARYANA	20:01.35
5	JYOTI .	717	20/08/03	PUNJAB	20:39.53
6	ANANYA SINGH	151	25/03/04	DELHI	21:01.06
7	KAVITA RANI	330	08/09/02	HARYANA	21:28.64
	MAMATA PAL	592	15/07/03	UTTAR PRADESH	DNS
	SHAKUNTALA DEVI	160	01/01/04	DELHI	DNS

Event # 100 WOMENS U-20 3000m Steeplechase

1	MEENA .	354	15/04/03	HARYANA	12:21.26
2	ANKITA .	414	17/02/05	HARYANA	12:30.96

Event # 101 WOMENS U-20 100m Hurdles

1	JASVIR KAUR	694	17/08/03	PUNJAB	19.11
2	MANSI NEGI	157	10/02/04	DELHI	19.65
3	SHILPA .	389	16/06/04	HARYANA	20.60
	MONIKA .	520	22/11/08	HARYANA	DNS
	MUSKAN RANA	126	26/11/02	DELHI	DNS

Event # 102 WOMENS U-20 400m Hurdles

1	LOVELY RAJPUT	591	29/05/04	UTTAR PRADESH	1:04.64
2	KULDEEP KAUR	708	01/05/03	PUNJAB	1:08.94
3	ANNU RANI	340	28/08/04	HARYANA	1:11.44
4	MANSI NEGI	157	10/02/04	DELHI	1:12.73
	MONIKA .	520	22/11/08	HARYANA	DNS
	RITU BALA RITU BALA	693	19/11/02	PUNJAB	DNS

Event # 103 WOMENS U-20 10000m Race Walk

1	MONIKA .	396		HARYANA	1:07.13.1
2	TAPSI .	601	01/09/03	UTTAR PRADESH	1:10.23.7
3	KHUSHI ...	346	10/08/03	HARYANA	1:17.59.8
4	KAJAL KANDHAI LAL	707	02/03/04	PUNJAB	1:20.06.7
	RUPALI .	604	06/07/03	UTTAR PRADESH	DNS

Event # 104 WOMENS U-20 Long Jump

1	RITU RITU	124	12/03/03	DELHI	5.09m
2	AARTI YADAV	360	08/07/04	HARYANA	5.01m
3	RINKU .	356	31/10/02	HARYANA	4.94m
4	BHAGWATI BISHT	280	02/12/03	UTTARAKHAND	4.74m
	SUKHVEER KAUR	716	01/10/03	PUNJAB	DNS
	ANKITA CHAUDHARY	140	12/11/02	DELHI	DNS

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KARNAL HARYANA***Event # 105 WOMENS U-20 High Jump***

1	ISHU .	163	20/11/02	DELHI	1.56m
2	POOJA RAWAT	278	01/01/03	UTTARAKHAND	1.56m
3	KIRAN .	359	26/01/03	HARYANA	1.45m
4	KUSUM .	364	28/02/04	HARYANA	1.30m

Event # 106 WOMENS U-20 Triple Jump

1	MANALI CHAUHAN	397	21/01/03	HARYANA	11.37m
2	POOJA YADAV	612	01/01/03	UTTAR PRADESH	11.16m
3	SONAM .	704	02/03/03	PUNJAB	10.84m
4	RINKU .	356	31/10/02	HARYANA	10.39m
	ANKITA CHAUDHARY	140	12/11/02	DELHI	DNS

Event # 107 WOMENS U-20 Pole Vault

1	NIDHI .	373	20/02/04	HARYANA	3.05m
	RAJNI .	341	12/03/04	HARYANA	DNS

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KARNAL HARYANA**Event # 116 WOMENS U-20 Shot Put**

1	NEHA RAGHAV	587	06/03/04	UTTAR PRADESH	12.14m
2	KHUSHI RANA	101	10/12/02	CHANDIGARH	11.82m
3	KIRTI .	344	01/12/02	HARYANA	11.36m
	BHAVANA UPADHYAY	607	15/12/03	UTTAR PRADESH	DNS
	SIMRANJEET KAUR	146	26/01/03	DELHI	DNS

Event # 117 WOMENS U-20 Discus Throw

1	JASMEET KAUR JAGDEO	714	15/09/03	PUNJAB	39.85m
2	MUSKAN .	391		HARYANA	34.57m
	SIMRANJEET KAUR	146	26/01/03	DELHI	DNS
	ANUSHA YADAV	135	15/04/03	DELHI	DNS

Event # 118 WOMENS U-20 Javelin Throw

1	SAKSHI .	353		HARYANA	39.04m
2	KIRTI ISHARWAL	147	20/12/02	DELHI	32.93m
3	PURNIMA .	588	15/04/04	UTTAR PRADESH	29.15m
4	YOGITA .	149	17/02/04	DELHI	25.39m
	HIMANSHI .	398	28/04/04	HARYANA	DNS
	RASHMI KUMARI	618	27/03/03	UTTAR PRADESH	DNS

Event # 119 WOMENS U-20 Hammer Throw

1	MEENAKSHI .	620	15/12/03	UTTAR PRADESH	41.73m
2	PARUL .	339	05/06/03	HARYANA	36.66m
3	NITIKA .	168	05/04/03	DELHI	36.08m
4	VANSHIKA .	616	12/04/04	UTTAR PRADESH	34.93m
	SIMRANJEET KAUR	773	22/12/06	PUNJAB	DNS
	HIMANSHI .	398	28/04/04	HARYANA	DNS
	AESHWARYA SINGH PUNDEE	139	29/04/03	DELHI	DNS

Event # 122 GIRLS U-18 100m Run

1	DEVAKI DHAR	207	29/06/05	DELHI	13.06
2	RITU BANGARI	169	02/11/05	DELHI	13.09
3	VAISHNAVI SINGH	628	31/12/04	UTTAR PRADESH	13.24
4	SHALENSHI .	435	25/03/05	HARYANA	13.32
	SIMRANJEET KAUR .	735	11/05/05	PUNJAB	DNS
	KRITIKA .	722	16/07/05	PUNJAB	DNS
	SNEH .	421	30/10/05	HARYANA	DNS

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KARNAL HARYANA

Event # 123 GIRLS U-18 200m Run

1	AKANKSHA .	447	30/12/04	HARYANA	25.19
2	RINKI PAL	624	11/12/04	UTTAR PRADESH	25.28
3	SHIREEN AHLUWALIA	110	04/04/06	CHANDIGARH	26.64
4	DEVAKI DHAR	207	29/06/05	DELHI	27.10
5	NIKITA PANWAR	459	07/07/06	HARYANA	27.11
6	RITU BANGARI	169	02/11/05	DELHI	28.72
7	KRITIKA CHAUHAN	302	24/01/06	UTTARAKHAND	29.20
8	RAVNEET KAUR	729	09/10/05	PUNJAB	31.44
	ROSHANI YADAV	649	08/08/06	UTTAR PRADESH	DNS

Event # 124 GIRLS U-18 400m Run**RESULTS OF FINALS Heat 1**

1	AKANKSHA .	447	30/12/04	HARYANA	55.67
2	SHIREEN AHLUWALIA	110	04/04/06	CHANDIGARH	58.80
3	DIVYA RAJPUT	549	09/09/04	HIMACHAL PRADESH	59.94
4	NIKITA PANWAR	459	07/07/06	HARYANA	1:02.39
5	SONALI .	192	24/11/05	DELHI	1:02.41
6	POOJA .	737	09/08/05	PUNJAB	1:04.89
	NOORPREET KAUR	721	16/01/06	PUNJAB	DNS
	ANUPREET KAUR	293	04/03/05	UTTARAKHAND	DNS

RESULTS OF PRELIMS Heat 1

1	NIKITA PANWAR	459	07/07/06	HARYANA	1:00.37
2	DIVYA RAJPUT	549	09/09/04	HIMACHAL PRADESH	1:01.06
3	SONALI .	192	24/11/05	DELHI	1:02.67
4	NOORPREET KAUR	721	16/01/06	PUNJAB	1:05.77
5	SRISHTI .	186	05/08/06	DELHI	1:05.84

RESULTS OF PRELIMS Heat 2

1	AKANKSHA .	447	30/12/04	HARYANA	57.41
2	SHIREEN AHLUWALIA	110	04/04/06	CHANDIGARH	1:00.64
3	POOJA .	737	09/08/05	PUNJAB	1:03.37
4	ANUPREET KAUR	293	04/03/05	UTTARAKHAND	1:04.55
5	KASHISH .	284	01/01/06	UTTARAKHAND	1:07.23

Event # 125 GIRLS U-18 800m Run

1	ANJU .	460	13/11/04	HARYANA	2:15.98
2	INDERJOT KAUR	741	26/05/06	PUNJAB	2:22.77
3	ASHWANI SINGH	174	17/03/06	DELHI	2:24.64
4	RUPINDER KAUR .	727	08/12/05	PUNJAB	2:27.16
	SARA NAQASH	577	16/12/05	JAMMU & KASHMIR	DNF
	KAVITA RAWAT	300	30/03/05	UTTARAKHAND	DNF
	PRABHITI RAO	215	21/11/05	DELHI	DNS

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KARNAL HARYANA

Event # 126 GIRLS U-18 1500m Run

1	ANKITA MISHRA	294	01/04/06	UTTARAKHAND	4:56.68
2	CHANCHAL JAKHAD	454	26/10/05	HARYANA	5:00.51
3	POOJA .	423	13/07/06	HARYANA	5:08.83
4	HARSHIKA .	214	22/11/05	DELHI	5:09.96
	PRATIMA VERMA	654	20/01/06	UTTAR PRADESH	DNS
	RAJNI TYAGI	218	08/12/04	DELHI	DNF

Event # 127 GIRLS U-18 3000m Run

1	ANNU .	405	16/09/04	HARYANA	10:46.06
2	MANDEEP KAUR .	742	06/12/04	PUNJAB	11:17.67
3	RASHI .	550	20/05/05	HIMACHAL PRADESH	11:26.80
4	SANJANA .	719	12/06/05	PUNJAB	11:28.60
5	SOMYA .	172	29/06/05	DELHI	12:00.96
6	KAVITA TARIYAL	287	02/07/05	UTTARAKHAND	12:54.94
	SUNITA DEVI	630	12/04/05	UTTAR PRADESH	DNS
	ANJU BALA	431	27/08/06	HARYANA	DNS

Event # 128 GIRLS U-18 5000m Race Walk

1	ANCHAL MOTLA	291	24/06/06	UTTARAKHAND	29:43.70
2	KAMALPREET KAUR DEOL	744	04/05/06	PUNJAB	29:51.06
3	SIYA .	436	24/03/06	HARYANA	31:00.77
4	RAGINI .	641	03/04/05	UTTAR PRADESH	31:12.08
5	MONIKA .	463		HARYANA	32:25.57
	ANUSHKA KUMARI	622	23/07/06	UTTAR PRADESH	DNS

Event # 129 GIRLS U-18 100m Hurdles

1	MUSKAN .	400		HARYANA	15.46
2	MUSKAN KHA .	799	06/01/10	HARYANA	16.14
3	HIMANSHI .	190	02/09/05	DELHI	17.35
4	SANJU KUMARI	725	02/10/04	PUNJAB	18.11
5	ASHWANI CHHIBBER	195	18/08/06	DELHI	19.41
6	KASHISH .	284	01/01/06	UTTARAKHAND	29.35
	SHEETAL .	458	26/12/04	HARYANA	DNS

Event # 130 GIRLS U-18 400m Hurdles

1	MUSKAN .	400		HARYANA	1:07.51
2	ASHA .	429	13/10/05	HARYANA	1:07.76
3	NOORPREET KAUR	721	16/01/06	PUNJAB	1:15.45
4	RIYA .	199	27/05/06	DELHI	1:16.93
5	HARPREET KAUR	771	04/11/06	PUNJAB	1:20.12
6	HIMANSHI .	190	02/09/05	DELHI	1:20.31

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KARNAL HARYANA***Event # 131 GIRLS U-18 Long Jump***

1	NAVPREET KAUR	754	23/08/05	PUNJAB	5.33m
2	SHIKHA .	656	15/12/04	UTTAR PRADESH	4.98m
3	SHWETA .	212	20/04/05	DELHI	4.71m
4	NEHA .	304	23/06/06	UTTARAKHAND	4.41m
5	KSHIRJA KUMAR	286	06/01/06	UTTARAKHAND	4.41m
	SIMRANJEET KAUR .	735	11/05/05	PUNJAB	DNS
	PARIKSHA .	407	23/12/05	HARYANA	DNS
	PRIYA .	509	17/01/09	HARYANA	DNS
	VISHAKHA SHARMA	179	30/08/05	DELHI	DNS

Event # 133 GIRLS U-18 Triple Jump

1	SIMRAN .	739	17/10/05	PUNJAB	11.18m
2	PRIYA .	448		HARYANA	10.74m
	KRITIKA .	722	16/07/05	PUNJAB	DNS
	PRIYA .	509	17/01/09	HARYANA	DNS
	DIYA .	194	19/09/04	DELHI	DNS
	SRISHTI SHEKHAWAT	181	08/12/05	DELHI	DNS

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KARNAL HARYANA**Event # 143 GIRLS U-18 Shot Put**

1	VIDHI .	647	27/12/04	UTTAR PRADESH	16.45m
2	JASHANDEEP KAUR	726	01/11/05	PUNJAB	14.79m
3	BHARTI .	408	14/12/04	HARYANA	13.63m
4	HARLEEN PUREWAL	108	22/11/05	CHANDIGARH	13.45m
5	ANISHA .	201	03/07/05	DELHI	13.40m
6	JASKANWAL KAUR	724	18/11/04	PUNJAB	12.95m
7	NIKITA KUMARI	204	13/12/04	DELHI	9.98m
8	TANYA MODI	288	11/01/05	UTTARAKHAND	9.81m
	JHALAK CHAHAL	640	13/07/05	UTTAR PRADESH	DNS
	TAMANNA .	462	31/08/06	HARYANA	DNS

Event # 144 GIRLS U-18 Discus Throw

1	NISTHA .	438	24/05/05	HARYANA	43.71m
2	ANISHA .	201	03/07/05	DELHI	43.69m
3	VIDHI .	647	27/12/04	UTTAR PRADESH	41.95m
4	MUNESH .	434	15/05/06	HARYANA	39.87m
5	HARLEEN PUREWAL	108	22/11/05	CHANDIGARH	33.87m
6	TANYA MODI	288	11/01/05	UTTARAKHAND	26.00m
	ARSHDEEP KAUR KHANGUR.	734	07/01/05	PUNJAB	DNS
	UJJWAL KASANA	639	06/06/05	UTTAR PRADESH	DNS
	MAHI TOMAR	206	17/04/06	DELHI	DNS

Event # 145 GIRLS U-18 Javelin Throw

1	JYOTI .	402	15/12/05	HARYANA	43.46m
2	SHEETAL .	458	26/12/04	HARYANA	37.49m
3	TANISHKA SHARMA	196	30/11/05	DELHI	34.64m
4	VERSHA .	797		PUNJAB	33.21m
5	MUSKAN PREET KA .	798		PUNJAB	32.63m
6	KAVITA KAUSHIK	198	10/02/05	DELHI	22.46m
	SHIVANI .	652	06/07/06	UTTAR PRADESH	DNS
	ARCHANA YADAV	629	11/02/05	UTTAR PRADESH	DNS

Event # 146 GIRLS U-18 Hammer Throw

1	ANKITA .	414	17/02/05	HARYANA	54.30m
2	SAKSHI .	428		HARYANA	48.58m
3	HAQIKAT KAUR GREWAL	731	28/09/05	PUNJAB	45.29m
4	RENUKA YADAV	205	24/12/05	DELHI	36.11m
5	VERONICA SOLANKI	203	09/12/05	DELHI	33.99m

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KARNAL HARYANA**Event # 148 GIRLS U-16 100m Run****RESULTS OF FINALS Heat 1**

1	MEGHA RAWAT	225	28/12/06	DELHI	+1.3m/s	12.84
2	TANISHA BHATT	311	22/12/06	UTTARAKHAND	+1.3m/s	12.89
3	JASKIRAN KAUR	318	29/06/07	UTTARAKHAND	+1.3m/s	13.22
4	RAMANJOT K .	774	26/10/07	PUNJAB	+1.3m/s	13.28
5	PRISHA MISHRA	491	29/01/08	HARYANA	+1.3m/s	13.38
6	MANPREET KAUR	481	14/10/07	HARYANA	+1.3m/s	13.54
7	KANU PRIYA	558	12/10/06	HIMACHAL PRADESH	+1.3m/s	13.83
8	ANMOLDEEP KAUR	765	29/10/07	PUNJAB	+1.3m/s	13.89

RESULTS OF PRELIMS Heat 1

1	MEGHA RAWAT	225	28/12/06	DELHI	-0.7m/s	12.97
2	PRISHA MISHRA	491	29/01/08	HARYANA	-0.7m/s	13.35
3	KANU PRIYA	558	12/10/06	HIMACHAL PRADESH	-0.7m/s	13.81
4	MAANYA .	560	04/08/08	HIMACHAL PRADESH	-0.7m/s	14.36
5	JHANVI SHARMA	581	03/02/08	JAMMU & KASHMIR	-0.7m/s	15.46
	SHEETAL NAGAR	243	18/03/08	DELHI		DNS

RESULTS OF PRELIMS Heat 2

1	RAMANJOT K .	774	26/10/07	PUNJAB	+0.4m/s	13.06
2	JASKIRAN KAUR	318	29/06/07	UTTARAKHAND	+0.4m/s	13.26
3	TANISHA BHATT	311	22/12/06	UTTARAKHAND	+0.4m/s	13.39
4	MANPREET KAUR	481	14/10/07	HARYANA	+0.4m/s	13.64
5	ANMOLDEEP KAUR	765	29/10/07	PUNJAB	+0.4m/s	13.91
6	PRITI PAL	671	18/08/07	UTTAR PRADESH	+0.4m/s	14.03
	AAYUSHI RAWAL	676	05/05/08	UTTAR PRADESH		DNS

Event # 149 GIRLS U-16 300m Run

1	TANISHA BHATT	311	22/12/06	UTTARAKHAND		41.98
2	JASKIRAN KAUR	318	29/06/07	UTTARAKHAND		42.20
3	HEENA .	496	22/10/07	HARYANA		42.91
4	MAYA .	764	28/07/07	PUNJAB		43.52
5	NISHU .	506	10/07/07	HARYANA		43.93
6	AVIKA .	665	01/05/07	UTTAR PRADESH		44.18
7	SIMRANJEET KAUR	773	22/12/06	PUNJAB		47.13
8	KANU PRIYA	558	12/10/06	HIMACHAL PRADESH		48.21
9	JHANVI SHARMA	581	03/02/08	JAMMU & KASHMIR		51.61
	RESHMA .	673	07/11/06	UTTAR PRADESH		DNS
	MEGHA RAWAT	225	28/12/06	DELHI		DNS

Event # 150 GIRLS U-16 800m Run

1	MANNAT BRAR	772	23/03/08	PUNJAB		2:21.88
2	RIYA BISHT	228	12/01/08	DELHI		2:24.92
3	ANGEL .	253	06/02/08	DELHI		2:34.56
4	MANISHA .	308	21/12/07	UTTARAKHAND		2:55.80
	GEETIKA DAHIYA	503	04/10/06	HARYANA		DNS
	AARJU .	472	17/01/08	HARYANA		DNS

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KARNAL HARYANA***Event # 151 GIRLS U-16 2000m Run***

1	SANJANA SINGH	498	23/12/06	HARYANA	7:00.67
2	VANSHIKA .	499	09/08/08	HARYANA	7:01.05
3	KHUSHI SINGH	234	02/11/06	DELHI	7:06.73
4	MEHARDEEP KAUR	758	18/08/07	PUNJAB	7:30.04
5	MONIKA .	316	15/11/06	UTTARAKHAND	7:56.09
6	TANVI THAKUR	559	11/11/07	HIMACHAL PRADESH	8:47.64
7	ARUSHI .	562	12/01/08	HIMACHAL PRADESH	9:12.07
	HARPREET KAUR	771	04/11/06	PUNJAB	DNS
	SALONI DIXIT	239	10/05/07	DELHI	DNS

Event # 152 GIRLS U-16 3000m Race Walk

1	MUSKAN .	501		HARYANA	17:10.70
2	DIYA .	756	26/05/07	PUNJAB	17:59.25
3	SHASHI .	775	30/11/06	PUNJAB	18:38.64
	YOGITA .	495	07/01/08	HARYANA	DNS

Event # 153 GIRLS U-16 80m Hurdles

1	SEEMA .	504	12/08/08	HARYANA	16.06
2	KIMPREET KAUR BAINS	777	26/12/07	PUNJAB	16.25
3	NAVLEEN KAUR	767	29/04/07	PUNJAB	17.79
4	JAANVI .	241	02/10/07	DELHI	18.98
	SARITA .	479	30/09/06	HARYANA	DNS
	ISHIKA DAGAR .	223	22/12/07	DELHI	DNS

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KARNAL HARYANA**Event # 161 GIRLS U-16 Long Jump**

1	SHAGUN SINGH	310	15/07/07	UTTARAKHAND	5.60m
2	MUSKAN .	465		HARYANA	5.52m
3	BHUMIKA .	494	15/10/07	HARYANA	5.16m
4	JAHNAVI GULATI	247	01/11/06	DELHI	4.76m
	CHANCHAL .	226	27/09/07	DELHI	DNS

Event # 162 GIRLS U-16 High Jump

1	CHALACY .	471	22/09/07	HARYANA	1.40m
2	MAHI SHUKLA	309	08/10/07	UTTARAKHAND	1.40m
3	JAHNAVI GULATI	247	01/11/06	DELHI	1.25m
	MUSKAN .	465		HARYANA	NM

Event # 163 GIRLS U-16 Shot Put

1	ANSHU .	464	13/11/07	HARYANA	13.91m
2	MANASVI SIDDHU	677	30/09/06	UTTAR PRADESH	11.68m
3	KHUSHI ..	675	07/07/07	UTTAR PRADESH	11.51m
4	DISHA .	248	03/08/07	DELHI	11.47m
5	VANSHIKA .	499	09/08/08	HARYANA	10.73m
6	PRIYANKA .	249	28/12/06	DELHI	9.94m
7	RIYA CHAND	313	30/10/06	UTTARAKHAND	8.99m
	AMANAT KAMBOJ	778	18/11/07	PUNJAB	DNS

Event # 164 GIRLS U-16 Discus Throw

1	RIDDHI .	480	28/04/07	HARYANA	41.90m
2	NIVEDITA .	113	15/10/07	CHANDIGARH	32.34m
3	RIYA CHAND	313	30/10/06	UTTARAKHAND	23.19m
4	KHUSHBOO .	221	06/12/07	DELHI	21.39m
	NANCY -	666	21/09/07	UTTAR PRADESH	DNS

Event # 165 GIRLS U-16 Javelin Throw

1	NAVREET KAUR	768	29/07/07	PUNJAB	36.68m
2	DISHA .	248	03/08/07	DELHI	33.13m
3	NISHA .	475	14/03/07	HARYANA	31.58m
4	JYOTI KUMARI	233	24/04/08	DELHI	30.60m
5	NANCY .	507	09/02/08	HARYANA	26.85m
	ALKA RAJ	659	20/01/08	UTTAR PRADESH	DNS

Event # 167 GIRLS U-14 60m Run

1	DIXSHA .	532	29/12/09	HARYANA	8.26
2	KHUSHI SHARMA	534	29/06/09	HARYANA	8.31
3	AMAIRAA CHAWLA	268	20/02/09	DELHI	8.54
4	MANREET KAUR	788	01/01/09	PUNJAB	8.68
	KOMAL RAJPOOT	678	11/10/09	UTTAR PRADESH	DNS
	LATISHA .	255	23/05/09	DELHI	DNS

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KARNAL HARYANA**Event # 168 GIRLS U-14 600m Run**

1	TANNU .	524	10/03/09	HARYANA	1:40.39
2	RIDHIMA .	530	24/10/08	HARYANA	1:42.12
3	MANJOT .	793	06/01/10	PUNJAB	1:43.83
4	ANUSHKA PAL	254	25/12/09	DELHI	1:49.52
5	RAJBINDER KAUR	789	26/12/08	PUNJAB	1:50.78
6	ANSHIKA SHARMA	114	11/12/08	CHANDIGARH	1:56.02
	SHRISTI .	266	01/01/09	DELHI	DNS

Event # 169 GIRLS U-14 Long Jump

1	PRIYA .	509	17/01/09	HARYANA	5.11m
2	DIXSHA .	532	29/12/09	HARYANA	4.91m
3	AMAIRAA CHAWLA	268	20/02/09	DELHI	4.82m
4	MANSIRAT KAUR	781	10/02/09	PUNJAB	4.36m
	LATISHA .	255	23/05/09	DELHI	DNS

Event # 170 GIRLS U-14 High Jump

1	KASHISH KHANCHI	516	24/10/08	HARYANA	1.25m
2	SONAKSHI .	529	07/11/08	HARYANA	1.15m
3	M E G H A R A N I	783	17/12/08	PUNJAB	1.00m

Event # 171 GIRLS U-14 Shot Put

1	GURKANWAL KAUR	786	18/11/08	PUNJAB	13.29m
2	RIYA YADAV	517	03/12/09	HARYANA	12.98m
3	BHAWANA .	519	10/11/08	HARYANA	11.90m
4	DIVJOT KAUR	785	14/08/09	PUNJAB	11.84m
5	HARMANJEET KAUR	115	14/11/08	CHANDIGARH	11.28m
6	POOJA .	261	14/01/09	DELHI	8.74m
7	GARGI BAGHEL	265	13/10/08	DELHI	8.55m
8	MANINI YADAV	326	05/09/08	UTTARAKHAND	7.09m

Event # 172 GIRLS U-14 Javelin Throw

1	GARGI BAGHEL	265	13/10/08	DELHI	18.66m
2	MONIKA .	520	22/11/08	HARYANA	17.50m
3	SUMIT .	513	07/08/10	HARYANA	14.47m
4	ISHIKA DABAS	272	08/09/08	DELHI	12.85m

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KARNAL HARYANA

Event # 177 MENS U-20 10000m Run

1	DUSHYANT KUMAR	589	02/02/04	UTTAR PRADESH	31:21.56
2	VISHAL SHERWAL	166	07/03/03	DELHI	32:04.35
3	VIKAS .	362		HARYANA	33:06.02
4	VISHAL .	361	01/11/03	HARYANA	34:06.13
	PANKAJ KUMAR	603	24/07/03	UTTAR PRADESH	DNS
	ABHISHEK .	543	28/11/02	HIMACHAL PRADESH	DNS
	PAVAN KUMAR	165	10/04/04	DELHI	DNS

Event # 178 GIRLS U-18 2000m Steeplechase

1	SONAM .	188	18/12/04	DELHI	6:58.55
2	KHUSBU .	453	11/06/06	HARYANA	8:25.70
3	PRITI .	433	21/10/04	HARYANA	8:28.22

Event # 179 WOMENS U-20 3000m Run

1	RAVINA KUMARI	695	05/03/03	PUNJAB	10:36.88
2	ANANYA SINGH	151	25/03/04	DELHI	12:05.25
3	REETU .	347	23/07/03	HARYANA	15:55.67
	PUSHPA YADAV .	610	09/07/04	UTTAR PRADESH	DNS
	MUSKAN .	136	20/03/04	DELHI	DNS

Event # 181 MENS U-20 400m Run

1	VIJAY KASHYAP	585	02/07/04	UTTAR PRADESH	48.87
2	RAHUL CHOUDHRY	336	05/04/04	HARYANA	49.24
3	AMAN .	132	03/02/04	DELHI	49.44
4	HARSHAAN SINGH MASHIAN	689	15/10/03	PUNJAB	49.73
5	AYUSH NAITHANI	273	19/08/03	UTTARAKHAND	51.27
6	ARVIND KUMAR	802	06/01/10	CHANDIGARH	51.54
	SACHIN KUMAR	582	18/04/04	UTTAR PRADESH	DNS
	KARTIKEY SHARMA	542	29/02/04	HIMACHAL PRADESH	DNS
	ROHIT SINGH	394	10/12/02	HARYANA	DNS
	PRASH .	141	16/11/02	DELHI	DNS

Event # 182 BOYS U-16 100m Run

1	JAMIL ALI	664	01/01/08	UTTAR PRADESH	11.59
2	ROHAN SINGH	317	25/12/06	UTTARAKHAND	11.61
3	MOHAMMAD ZUNAID	486	14/05/07	HARYANA	11.67
4	FARDDIN KHAN	238	22/12/06	DELHI	11.69
5	DEVANSH BHARDWAJ	112	23/10/07	CHANDIGARH	11.80
6	MUHAMMAD ISHAN	319	03/11/07	UTTARAKHAND	11.84
7	KRISHIV RAJGURU	564	24/12/07	HIMACHAL PRADESH	12.42
8	MANAV SIKHAN	766	06/12/07	PUNJAB	12.64

33rd NORTH ZONE JUNIOR ATHLETICS CHAMPIONSHIPS**02-04 September 2022**

23-11-2022

9/2/22 - 9/4/22

KARNAL HARYANA

Event # 183 BOYS U-16 300m Run

1	VIKAS .	485	22/02/07	HARYANA	35.50
2	ROHAN SINGH	317	25/12/06	UTTARAKHAND	36.24
3	KARTIK DHAMI	312	13/01/07	UTTARAKHAND	38.11
4	KRISHIV RAJGURU	564	24/12/07	HIMACHAL PRADESH	38.66
	AMRITPAL SINGH .	779	05/11/07	PUNJAB	DNS
	DEEPAK .	759	30/06/07	PUNJAB	DNS
	LALIT BHATI	244	01/11/06	DELHI	DNS
	SANDEEP .	232	31/08/07	DELHI	DNS