

**INDIAN GRAND PRIX-1  
KOCHHI KERALA {3rd MAY 2009}**

**Event # 1 MENS 100m Run**

**TIME:-15:00 HRS**

**#NATIONAL RECORD:A.PRAKASH NEW DELHI 10.30 24.08.2005**

1	108 ABDUL NAJEEB QURESHI	ANDHRA PRADESH	10.59
2	187 B.G.NAGRAJ .	RAILWAYS	10.63
3	214 SAMEER MON .	SERVICES	10.67
4	107 VILAS NEELGUND .	ANDHRA PRADESH	10.70
5	185 ARUNJITH .	RAILWAYS	10.75
6	117 RITESH ANAND .	JHARKHAND	10.75
7	142 ANOOP P.K. .	KERALA	11.01
	203 AJAY KUMAR NAYAK	RAILWAYS	DNS

**Event # 2 MENS 400m Run**

**TIME:-15:55 HRS**

**#NATIONAL RECORD:K.BINU ATHENS 45.48 20.08.2004**

1	188 BIBIN MATHEW .	RAILWAYS	46.85
2	202 V.B.BEENISH .	RAILWAYS	47.60
3	191 JOSEPH ABRAHAM .	RAILWAYS	47.72
4	109 AJAY KUMAR .	BSF	47.78
5	213 S.K.MORTAJA .	SERVICES	47.86
6	157 MODH ZAFRIL MOHD ZUSLAINI	MALAYSIA	48.14
7	146 KUNHI MOHAMMED .	KERALA	48.23
8	152 SREEJITH P.S .	KERALA	48.52
9	145 JITHIN PAUL .	KERALA	48.67
10	186 AVIN A THOMAS .	RAILWAYS	48.89
11	169 KULDEV SINGH .	PUNJAB POLICE	49.18
12	106 P.SHANKAR .	ANDHRA PRADESH	49.20
13	113 DHARAMBIR .	HARYANA	50.81
	162 BHUPINDER SINGH .	ONGC	DNF
	125 JAYAPRAKASH SHETTY	KARNATAKA	DNS

**RACE -B**

1	188 BIBIN MATHEW .	RAILWAYS	46.85
2	202 V.B.BEENISH .	RAILWAYS	47.60
3	109 AJAY KUMAR .	BSF	47.78
4	213 S.K.MORTAJA .	SERVICES	47.86
5	157 MODH ZAFRIL MOHD ZUSLAINI	MALAYSIA	48.14
6	145 JITHIN PAUL .	KERALA	48.67
7	106 P.SHANKAR .	ANDHRA PRADESH	49.20
	162 BHUPINDER SINGH .	ONGC	DNF

**RACE- A**

1	191 JOSEPH ABRAHAM .	RAILWAYS	47.72
2	146 KUNHI MOHAMMED .	KERALA	48.23
3	152 SREEJITH P.S .	KERALA	48.52
4	186 AVIN A THOMAS .	RAILWAYS	48.89
5	169 KULDEV SINGH .	PUNJAB POLICE	49.18
6	113 DHARAMBIR .	HARYANA	50.81
	125 JAYAPRAKASH SHETTY	KARNATAKA	DNS

**Event # 3 MENS 800m Run**

**TIME:-17:55 HRS**

**#NATIONAL RECORD:S.SINGH MONTREAL 1:45.77 27.07.1976**

1	196 PRAKASH VERMA .	RAILWAYS	1:49.60
2	171 PANKAJ DIMRI .	POLICE	1:49.79
3	208 C.HAMZA .	SERVICES	1:49.85
4	164 RAJEEV R. .	ONGC	1:50.00
5	199 SATNAM SINGH .	RAILWAYS	1:50.16
6	212 NARESH KUMAR .	SERVICES	1:51.01
7	234 JOMAT C.J. .	SERVICES	1:51.47
8	163 GHAMANDA RAM .	ONGC	1:51.71
9	156 VADIVELLAN MAHENDRAN	MALAYSIA	1:54.20
10	239 ABNASWAR P. .	TAMILNADU	1:55.11

11	235 ANOOP T.K .	SERVICES	1:57.67
	190 JASKARAN SINGH .	RAILWAYS	DNF

**Event # 4 MENS 3000m Run**

**TIME:-17:00 HRS**

**#NATIONAL RECORD:S.SINGH TWICKENHAM-LONDON 7:50.30 04.06.2008**

1	215 SURINDER SINGH .	SERVICES	7:55.40
2	192 KASHINATH .	RAILWAYS	8:08.06
3	198 SANDEEP BATHAM .	RAILWAYS	8:08.32
4	209 ELAM SINGH .	SERVICES	8:11.11
5	170 OM PRAKASH .	SERVICES	8:18.89
6	204 SANTOSH KUMAR PATEL	RAILWAYS	8:19.46
7	161 ARVIND KUMAR .	ONGC	8:26.29
8	168 AJAY KUMAR .	POLICE	8:26.65
9	227 YUNUS KHAN .	SERVICES	8:27.23
10	194 MUKESH KUMAR .	RAILWAYS	8:32.47
11	229 T.SANJIT LUWANG .	SERVICES	8:33.39
12	236 RANJITH C.K .	SERVICES	8:33.93
13	230 V.L.DANGI .	SERVICES	8:35.80
14	233 SOBRAJ SINGH .	SERVICES	8:37.71
15	228 AMAR SINGH .	SERVICES	8:41.31
16	232 JAIVEER SINGH .	SERVICES	8:44.23
	197 RAVINDAR .	RAILWAYS	DNF
	172 SUNIL KUMAR .	POLICE	DNF
	231 PRINJAL GOGAI .	SERVICES	DNF
	201 SOJI MATHEW .	RAILWAYS	DNS

**Event # 5 MENS 110m Hurdles**

**TIME:-14:00 HRS**

**#NATIONAL RECORD:K.MOHAN KOCHI 13.96 10.09.2008**

1	105 K.KRISHNA MOHAN .	ANDHRA PRADESH	14.34
2	116 SANDEEP PARMAR .	INCOME TAX-PUNE	14.46
3	148 NIBU GEORGE .	KERALA	15.01
4	253 T.BALA MURUGAN .	RAILWAYS	15.24
	143 DELIP VENUGOPAL .	KERALA	DNF
	216 A.KARUPPUSAMY .	TAMILNADU	DNS
	221 P.MUTHUSAMY .	TAMILNADU	DNS

**Event # 6 MENS High Jump**

**TIME:-14:00 HRS**

**#NATIONAL RECORD:H.ROY SINGAPORE 2.25 28.09.2004**

1	223 BENEDICT STARLEY	TAMILNADU	2.10m
2	263 HARI SHANKAR ROY	RAILWAYS	2.10m
3	262 JITIN THOMAS .	KERALA	2.10m
4	147 MANOJ THOMAS .	KERALA	2.05m
5	219 B.ELANGUMARAN .	TAMILNADU	2.05m
6	220 L.YOGRAJ .	TAMILNADU	2.00m
	151 SAIJU SAIMON .	KERALA	NM
	144 JIJO P.V. .	KERALA	NM
	264 ABHISHEK ROY .	WEST BENGAL	NM
	222 C.NIKIL CHITTARASU	TAMILNADU	DNS

**Event # 7 MENS Long Jump**

**TIME:-14:10 HRS**

**#NATIONAL RECORD:A.SINGH DELHI 8.08 16.03.2004**

1	193 Maha Singh .	RAILWAYS	7.75m
	7.48, 7.54, 7.56, 7.69, FOUL, 7.75		
2	153 Ankit Sharma .	MADHYA PRADESH	7.36m
	7.25, FOUL, 7.36, 7.11, FOUL, FOUL		
3	206 Shiv Shanker Yadav	RAILWAYS	7.24m
	7.05, 7.11, 7.00, FOUL, FOUL, 7.24		
4	217 A.rositto Sax .	TAMILNADU	6.91m
	FOUL, FOUL, FOUL, 6.91, 6.79, 6.86		
5	150 Raja Oommen .	KERALA	6.85m
	6.29, 6.02, 6.14, 6.83, 6.85, 6.68		
	211 Md Ibrar .	SERVICES	FOUL
	FOUL, FOUL, FOUL		

**Event # 8 MENS Shot Put****TIME:-14:15 HRS****#NATIONAL RECORD:S.SINGH CHENNAI 20.42 29.07.2000**

1	114 Om Prakash .							ONGC	19.74m
		18.94,	18.78,	FOUL,	18.98,	19.14,	19.74		
2	200 Satyender Singh .							RAILWAYS	18.72m
		16.60,	17.70,	18.40,	18.60,	18.72,	18.69		
3	237 Sandeep Kumar .							SERVICES	17.63m
		16.90,	17.18,	17.01,	17.63,	FOUL,	FOUL		
4	195 Naveen Singh .							RAILWAYS	16.92m
		16.24,	16.86,	16.92,	16.88,	16.45,	FOUL		
5	155 Adi Aliffudin Hussin							MALAYSIA	16.40m
		15.85,	16.40,	FOUL,	16.30,	16.10,	FOUL		

**Event # 9 MENS Discus Throw****TIME:-15:40 HRS****#NATIONAL RECORD:V.GOWDA SALINAS,CA 64.96 17.05.2007**

1	110 Simranjit Singh .							BSF	51.52m
		49.00,	51.35,	51.52,	FOUL,	FOUL,	FOUL		
2	173 Kripal Singh .							PUNJAB	49.82m
		44.25,	49.82,	49.38,	49.24,	47.64,	49.82		
3	226 Sunil Kumar .							UTTAR PRADESH	48.22m
		46.07,	47.66,	48.22,	FOUL,	FOUL,	48.06		
4	207 Vikash Punia .							RAJASTHAN	47.93m
		47.93,	FOUL,	47.10,	FOUL,	44.88,	FOUL		
5	189 Dinesh Kumar .							RAILWAYS	45.76m
		45.54,	FOUL,	FOUL,	45.76,	FOUL,	FOUL		
	115 Rahul .							HARYANA	FOUL
		FOUL,	FOUL,	FOUL					

**Event # 10 MENS Javelin Throw****TIME:- 17:00 HRS****#NATIONAL RECORD:A.SINGH BHOPAL 80.72 18.09.2008**

1	210 Kashi Nath .							SERVICES	73.78m
		69.53,	FOUL,	67.83,	72.14,	71.24,	73.78		
2	224 Rohit Kumar .							UTTAR PRADESH	72.14m
		72.14,	68.64,	68.70					
3	205 Anil Kumar Singh							RAILWAYS	69.50m
		65.97,	68.30,	68.05,	FOUL,	69.50,	69.37		
4	111 Purendar P.J. .							KARNATAKA	65.65m
		65.65,	FOUL,	59.08,	65.19,	59.09,	60.52		
5	225 Sandeep Yadav .							UTTAR PRADESH	65.11m
		59.87,	62.20,	FOUL,	65.11,	63.85,	63.54		
6	238 Sandeep .							SERVICES	61.30m
		61.30,	54.49,	58.19,	59.44,	59.62,	58.40		
	124 P.J.purandar .							KARNATAKA	DNS

**Event # 11 WOMENS 100m Run****TIME:-15:20 HRS****#NATIONAL RECORD:R.MISTRY TRIVANDRAM 11.38 12.08.2000**

1	101 H.M.JYOTI .							ANDHRA PRADESH	11.54
2	103 K.SOWJANYA .							ANDHRA PRADESH	11.97
3	255 NAMITA SAMAL .							RAILWAYS	12.24
4	177 MANDEEP KAUR .							RAILWAYS	12.34
5	135 PRIYA P.K. .							KERALA	12.37
6	248 JYOTHI E.S. .							KERALA	12.80
7	266 NEETHU RAJAN .							KERALA	13.13
	183 SHARDA NARIAN .							RAILWAYS	DNS

**Event # 12 WOMENS 400m Run****TIME:-16:25 HRS****#NATIONAL RECORD:M.KAUR CHENNAI 51.05 16.06.2004****Event # 12 WOMENS 400m Run****TIME:-16:25 HRS****#NATIONAL RECORD:M.KAUR CHENNAI 51.05 16.06.2004**

1	102 K.MRIDULA .							ANDHRA PRADESH	55.50
2	259 MANDEEP KAUR .							ONGC	56.59

3	179 PRIYANKA PANWAR .	RAILWAYS	56.99
4	128 ASWATHY MOHAN .	KERALA	57.02
5	137 SINI JOSE .	KERALA	57.21
6	260 ASHWINI A.C. .	JHARKHAND	57.63
7	140 TIANA MARY THOMAS	KERALA	57.81
8	159 CHITRA K.SOMAN .	ONGC	58.29
9	131 JASEER N.K. .	KERALA	59.45
10	261 JAUNA MURMU .	ORISSA	1:00.08
11	247 ANU RAGHAVA .	KERALA	1:01.52
	129 CHINCHU JOSE .	KERALA	DNS
	138 TINTU LUKA .	KERALA	DNS
	246 SINDHYA MOL C.S .	KERALA	DNS
	104 S.GEETHA .	ANDHRA PRADESH	DNS

**RACE - B**

1	259 MANDEEP KAUR .	ONGC	56.59
2	179 PRIYANKA PANWAR .	RAILWAYS	56.99
3	137 SINI JOSE .	KERALA	57.21
4	140 TIANA MARY THOMAS	KERALA	57.81
5	159 CHITRA K.SOMAN .	ONGC	58.29
6	261 JAUNA MURMU .	ORISSA	1:00.08
	138 TINTU LUKA .	KERALA	DNS
	104 S.GEETHA .	ANDHRA PRADESH	DNS

**RACE -A**

1	102 K.MRIDULA .	ANDHRA PRADESH	55.50
2	128 ASWATHY MOHAN .	KERALA	57.02
3	260 ASHWINI A.C. .	JHARKHAND	57.63
4	131 JASEER N.K. .	KERALA	59.45
5	247 ANU RAGHAVA .	KERALA	1:01.52
	129 CHINCHU JOSE .	KERALA	DNS
	246 SINDHYA MOL C.S .	KERALA	DNS

**Event # 13 WOMENS 800m Run**

**TIME:-18:15 HRS**

**#NATIONAL RECORD:S.WILSON CHENNAI 1:59.85 20.12.1995**

1	184 SUSHMA DEVI .	RAILWAYS	2:06.41
2	138 TINTU LUKA .	KERALA	2:06.73
3	180 PRIYANKA PATEL .	RAILWAYS	2:15.09
4	174 BINDU S.R. .	RAILWAYS	2:18.31

**Event # 14 WOMENS 3000m Run**

**TIME:-17:25 HRS**

**#NATIONAL RECORD:M.CHACKO HIROSHIMA 9:06.42 11.10.1994**

1	256 O.P.JAISA .	RAILWAYS	9:28.35
2	178 PREEJA SRIDARAN .	RAILWAYS	9:33.28
3	160 KAVITA RAUT .	ONGC	9:45.20
4	258 KIRAN TIWARI. .	RAILWAYS	9:48.39
5	257 SUDHA SINGH .	RAILWAYS	9:51.42
6	240 PRITI L.RAO .	RAILWAYS	9:53.24
7	242 THARA M.D. .	KERALA	11:04.21
8	241 RAMESHWARY .	KERALA	11:40.84
9	243 SOBHA V.V. .	KERALA	12:19.23

**Event # 15 WOMENS 100m Hurdles**

**TIME:-14:30 HRS**

**#NATIONAL RECORD:A.BISWAL NEW DELHI 13.38 08.09.2002**

1	265 SUSHMITA SINGHA ROY	RAILWAYS	14.32
2	130 DARSANA M.S. .	KERALA	14.78
3	126 ANCHU M.M. .	KERALA	15.27
4	267 JOJI MOL JOSEPH .	KERALA	16.10
	122 SHILPA SUNDER .	KARNATAKA	DNS
	127 ANURADHA BISWAL .	KERALA	DNS
	249 JYOTHI KUMARI .	KERALA	DNS

**Event # 16 WOMENS High Jump**

**TIME:-16:00 HRS**

**#NATIONAL RECORD:B.ALOYSIUS CHENNAI 1.91 18.07.2004**

1	182 SAHANA KUMARI .	<b>RAILWAYS</b>	1.78m
2	119 CHANDANA K.C. .	<b>KARNATAKA</b>	1.68m
3	139 TINTU N.D. .	<b>KERALA</b>	1.68m
4	136 SIJI N.K. .	<b>KERALA</b>	1.68m
5	265 SUSHMITA SINGHA ROY	<b>RAILWAYS</b>	1.68m
5	120 KAVYA MUTHANNA .	<b>KARNATAKA</b>	1.68m
7	167 MARY ANN C. THARIYAN	<b>UTTAR PRADESH</b>	1.68m
8	121 SANJANA SHETTY .	<b>KARNATAKA</b>	1.65m
9	245 STENY MICHOO .	<b>KERALA</b>	1.65m
	176 MALLIKA MONDAL .	<b>RAILWAYS</b>	DNS

**Event # 17 WOMENS Triple Jump**

**TIME:-16:25 HRS**

**#NATIONAL RECORD:A.GEORGE HYDRABAD 13.67 18.12.2002**

1	134 Prajusha M.a. .	<b>KERALA</b>	13.54m
	13.06, 13.54, FOUL, FOUL, 11.58, FOUL		
2	181 Resmi Bose .	<b>RAILWAYS</b>	12.39m
	12.39, 11.94, 12.35		
3	132 Mareena Joseph .	<b>KERALA</b>	11.73m
	FOUL, 11.73, FOUL, FOUL		

**Event # 18 WOMENS Discus Throw**

**TIME:-14:05 HRS**

**#NATIONAL RECORD:S.ANTIL. CHENNAI 64.64 16.06.2004**

1	175 Krishna Punia .	<b>RAILWAYS</b>	57.74m
	55.75, 55.49, 55.95, 57.74, 54.06, 56.99		
2	112 Seema Antil .	<b>CRPF</b>	54.39m
	51.35, FOUL, 54.39, 50.89, 51.61, 50.93		
3	166 Harwant Kaur .	<b>PUNJAB POLICE</b>	52.42m
	51.90, 51.94, 52.42, 50.62, FOUL, 50.36		
4	133 Parbati Sethi .	<b>ORISSA</b>	46.91m
	46.15, 46.91, 43.89, 46.38, FOUL, 46.15		
5	154 Yap Jeng tzan .	<b>MALAYSIA</b>	43.01m
	38.83, FOUL, 43.01, FOUL, 42.10, 41.86		